

# Slate Belt Town Topics

SPORTS, NEWS & SPECIAL EVENTS

## TODAY'S PAPER

Slate Belt Weather Forecast Radar &  
Current Conditions

Slate Belt Public Libraries

Slate Belt Church Information

Special Events Calendar

— **WEATHER**  
AND YOUR **HEALTH**

Arthritis Forecast Today - [Click Here](#)

Asthma Forecast Today - [Click Here](#)

Sinus Forecast Today - [Click Here](#)

Air Quality Index Today - [Click Here](#)

Slate Belt Obituaries

Updated Daily

([Click Here](#))

## This Day In History

The Caracas earthquake of 1812 occurred at 4:37 p.m the 26th March and measured 7.7 on the Richter magnitude scale. Two major shocks struck the city and that of La Guaira, Barquisimeto, San Felipe, and Mérida and an estimated 15-20,000 people died.



## Elvis Will Perform In East Stroudsburg



Elvis as performed by  
The Macintires do Elvis

Sat. April 13 at the  
BPOE #319 East  
Stroudsburg Elks Lodge,  
260 Washington St.

Open at 11:30. Food 12-  
2. Show is 2-4. There is an  
\$8 food voucher included  
in the price and a cash  
bar. For more information

call Sonya Cole 570-350-1475 and leave a  
message or email [sonyakcole@gmail.com](mailto:sonyakcole@gmail.com).  
Prefer email.

Come and have a great time sharing the  
songs of Elvis. You will be thrilled at our  
performers' ability to make it seem so  
real. Time for a little toe tappin' and sing  
alongs!!!

## High School Sports Schedules

### Boys Tennis

3/26/ Bangor @ Palisades	4:00pm
3/26/ Saucon V @ Pen Argyl	4:00pm
3/28 Pen Argyl @ Lehigh	4:00pm
3/29 Whitehall @ Bangor	10:00am
4/1/ Bangor @ NDGP.	4:00pm
4/1/ Pen Argyl @ S. Lehigh	4:00pm

### Track & Field

3/26/ Wilson @ Pen Argyl	3:30pm
3/26/ Notre Dame G.P. @ Bangor	4:00pm
4/2/ Northwestern @ Pen Argyl	3:30pm
4/2/ Catasauqua @ Bangor	4:00pm
4/9/ Palisades, Bangor @ Salisbury	3:30pm
4/9/ NDGP., Pen Argyl @ Palmerton	3:30pm

### Baseball

3/26/ Palmerton @ Bangor	4:00pm
3/26/ Pen Argyl @ NDGP.	4:00pm
3/28 Bangor @ ESS	4:00pm
4/1/ Saucon Valley @ Pen Argyl	4:00pm
4/1/ Notre Dame G.P. @ Bangor	4:15pm
4/3 Pen Argyl @ NDES	4:00pm

### Softball

3/26/ Pen Argyl @ NDGP	4:00pm
3/28 Pen Argyl @ PME	3:00pm
3/28 Salisbury @ Bangor	3:30pm
4/1/ Saucon @ Pen Argyl	4:00pm
4/1 NDGP @ Bangor	4:15pm
4/3/ Bangor @ Saucon Valley	4:15pm



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# Bangor Park Egg Hunt



Bangor Egg Hunt  
**PHOTO GALLERY**  
Photos: *Larry Cory*



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# Knights Top Lehigh 13-3



Pen Argyl - Lehigh  
**PHOTO GALLERY**  
Photos: *Elliot Lorah-Pfeiffer*

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# 2024 TROUT SEASON STATEWIDE OPENING DAY

Saturday, April 6



## NEWS EVERY DAY

**FEATURES - PHOTOS - WEATHER  
REGULAR & SPECIAL EVENTS  
CHURCH - SPORTS - MORE**

**SLATE BELT TOWN TOPICS  
SBTOPS.WEEBLY.COM**

## Mean Girls

Mean Girls, the High School Version, will be staged at the Bangor High School Performing Arts Theater April 12, 13 and 14.

The April 12 performance will be held at 7:30pm. There will be performances at 2:00 pm and 7:30 pm April 13. The final performance will be 2:00pm April 14.

Tickets are on sale at [WWW.SHOWTIX4U.COM/EVENTS/BAHSMEANGIRLS](http://WWW.SHOWTIX4U.COM/EVENTS/BAHSMEANGIRLS)



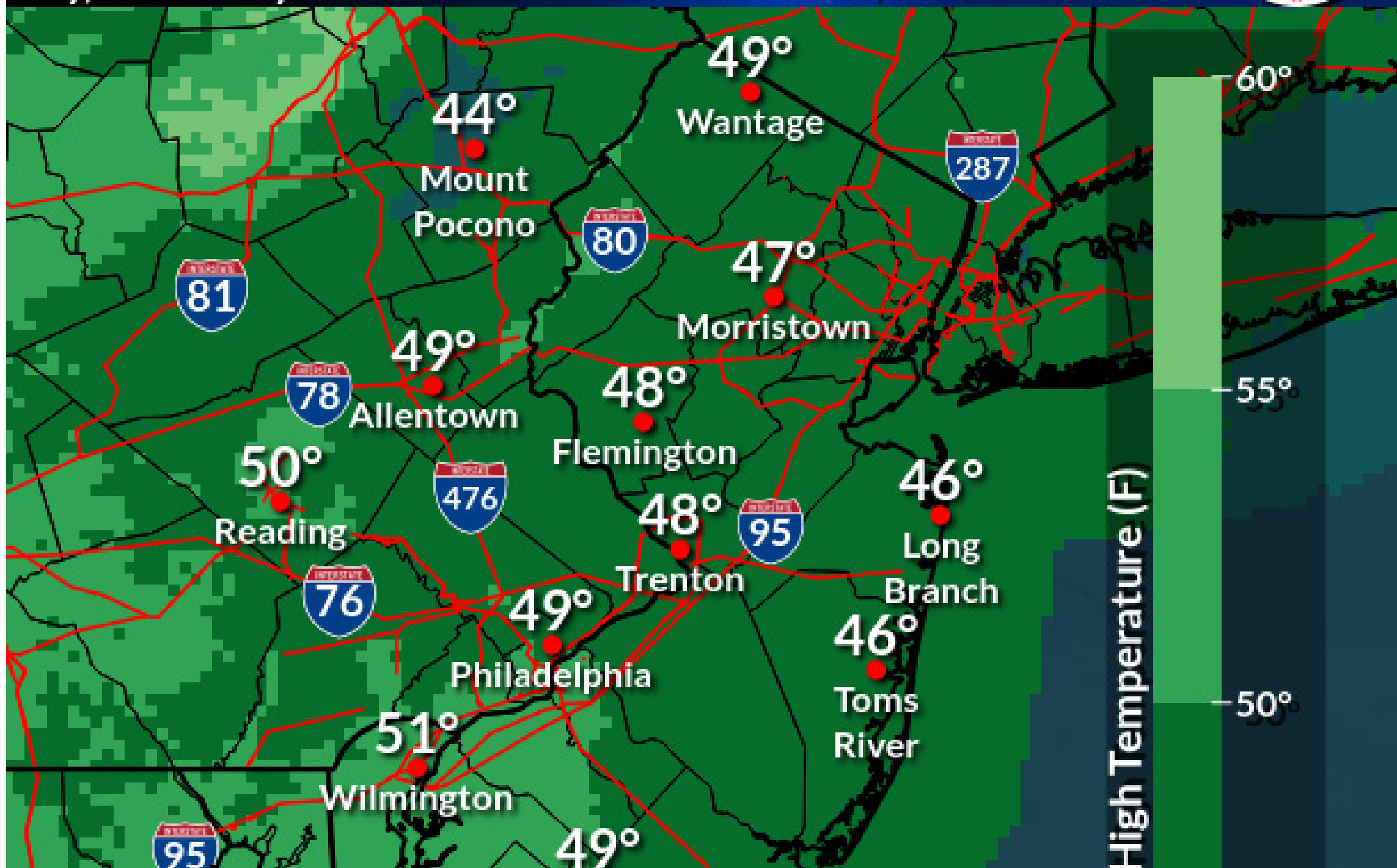
# Highs Tuesday

Weather Forecast Office  
Mount Holly



Issued Mar 26, 2024 5:59 AM EDT

Dry, but cloudy





# Mean Girls Pancake Breakfast Show



Mean Girls Breakfast  
**PHOTO GALLERY**  
Photos: *Larry Cory*



# SLATE BELT TOWN TOPICS



**ALL State CHORUS**

**Jonathan Frank**  
Tenor 2

**Rachel Finkbeiner**  
Alto 2

**Gia Altieri**  
Alto 2

**Nick Janneck**  
Bass 2

**Jaleil Ward**  
Tenor 1

**Makayla Angus**  
Soprano 1

**Bean Cesari**  
Soprano 2

**PMEA**  
Pennsylvania Music Educators Association

## 23' Colonial League Competitive Cheerleading Champions



**BANGOR SLATERS**

**BANGOR AREA CHEERLEADING TRYOUTS**  
Tryout meeting will be held in the High School Cafeteria (senior side) on March 27th  
-MS @ 5  
-V/JV @ 7  
TRYOUT PACKETS WILL BE DISTRIBUTED AT THE PARENTS MEETING, ATHLETES MUST ATTEND

**Tryout Practices:**  
April 15th: MS- 3:30-5:30 V/JV- 5:45-8:45  
April 16th: MS- 3:30-5:30 Varsity/JV- 7-9  
April 17th: Varsity/JV- 3:30-6 MS- 6-8

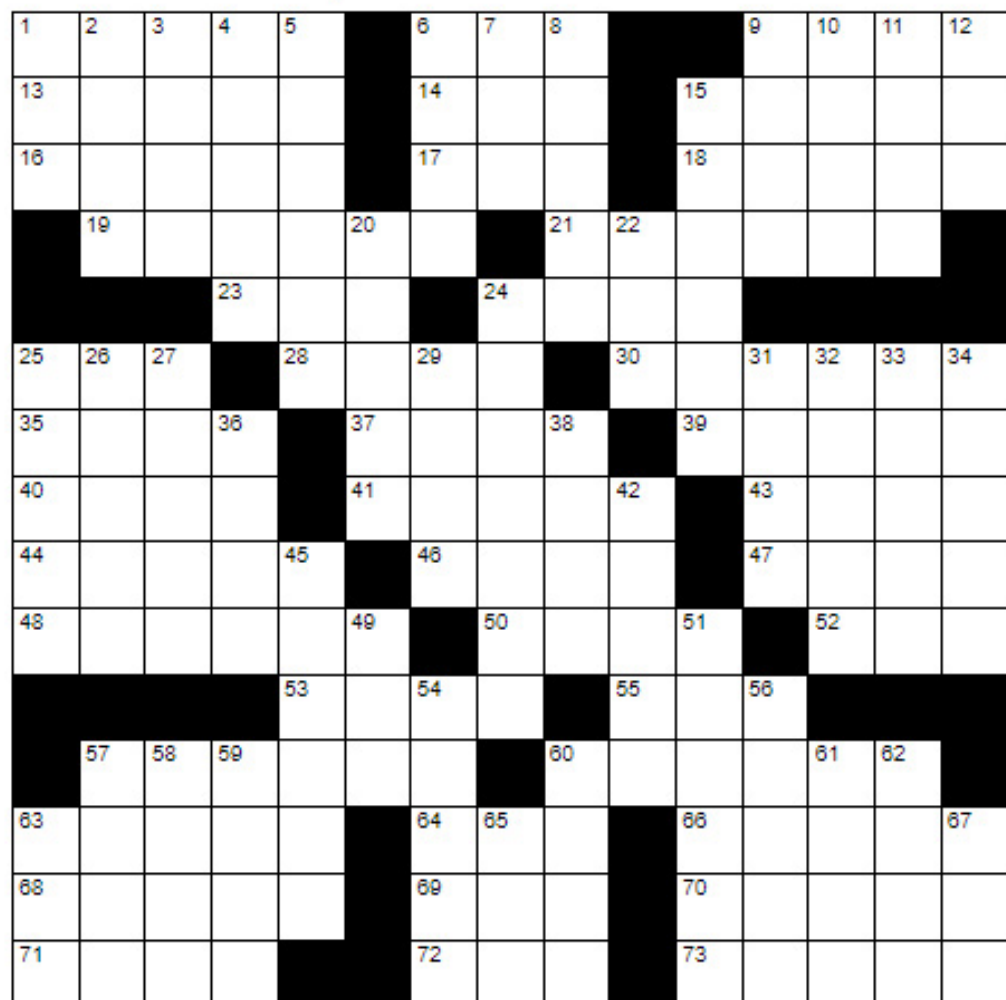
**INTERVIEW TRYOUTS: APRIL 18TH**  
VARSITY/JV- 7-9  
MS- 3:30-6

**MATERIAL TRYOUTS: APRIL 19TH**  
MS- 3:30  
V/JV- 6

## Solve Crosswords Online

(Click Below)

### Crossword:




## 2024 Pennsylvania FIELD HOCKEY SENIOR CUP

HUMMELSTOWN, PA

### FAN

*Bethany Kuster & Shawna Mammak*





# Workshop Teaches Dads How To Do Their Daughters' Hair

They Learn The Basics Like Ponytails, Bunches And Buns On Their Kids

By George Mathias via SWNS

A mom runs hairdressing workshops teaching dads how to style their daughters' hair because it's "not just a job for women".

**Sarah Eaton, 38, teaches men how to brush hair, tie it back, style it and do plaits and braids.**

**She got the idea after she started lessons showing moms how to do elaborate braids - and many said their male partners would like to brush up on their skills too.**

Now she runs hour-long Dad & Me workshops at her local community center where they learn how to do the basics like ponytails, bunches and buns on their kids.

Sarah, a hairstylist, from Armadale, West Lothian, said: "It's for any child with long hair and acts as a safe environment where they can ask any questions.

"I teach them the basics of how to brush their hair and how to use de-tangle spray.

"At the end of the hour session they are all able to do the basics and every dad has said to me how much more confident it has made them feel.

"The look of admiration on their face after each session is amazing."

Sarah, who runs her own company Bonnie Braids, came up with the dad workshop idea after trying to dress up her two daughters Ella, nine, and Aisling, seven, for Halloween in 2022.

Dad's style their daughter's hair at Sarah Eaton's 'Dad & Me' workshop. (SWNS)

She bought them both red synthetic wigs which she planned to braid but was surprised to find how hard it was to do.

After chatting to moms in her town, Sarah decided to launch a workshops to show moms how to do Dutch and French braids.

Sarah said: "It went really well, and then a few moms started telling me how their husbands wanted to learn how to tie and brush hair, so I decided to set one up for them."

Sarah has run three sessions so far, and says they are only getting more and more popular.

"It's usually the moms who are signing the dads up, but then the dads come and the reaction of their face when it finally clicks is so nice to see," she said.







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(610) 863-6100



CHEVROLET



# Knights' Boys & Girls Win Track Openers



Pen Argyl - Salisbury  
Track & Field

**PHOTO GALLERY**

Photos:Ellior-Lorah Pfeifer

The Pen Argyl girls defeated Salisbury 100-41 while the boys team also emerged as a 76-57 winner in the home openers for both teams on a cool blustery day on the “hill” at Pen Argyl High School.



# Slaters Track & Field Frosty Opening Day



Bangor - S. Lehigh  
Track & Field  
**PHOTO GALLERY**  
Photos: *Larry Cory*

With the wind chill hovering at 38 degrees at 4:00pm Tuesday afternoon at Bangor Park, the Slaters Track & Field team opened its season with Southern Lehigh. Just a few miles away Pen Argyl opened its season with Salisbury. (Photos tomorrow)

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# Breastfeeding Babies After Exercise Boosts Their Health

Researchers Say The Aim Is To Limit The Development Of Overweight Children.

By Jim Leffman via SWNS

New moms can boost the health of their babies by breastfeeding after exercise, a new study has revealed.

**Scientists have discovered that an intense workout increases levels of a hormone in their milk that protects babies against diabetes and regulates their metabolism.**

Many moms ask whether exercise affects the quality of their breast milk but until now there has not been a definitive answer with some women even worried their milk will sour if they exercise.

Researcher Dr. Trine Moholdt at the Norwegian University of Science and Technology (NTNU) said: "There are so many myths about exercise and breast milk. We simply need more knowledge.

"The primary aim of our research is to find out if we can limit the development of overweight in children."

The team took 240 samples of breast milk from 20 new moms before and at specific times after two exercise sessions, and then compared with the corresponding times after the participants had been more sedentary.

Those who had just completed a vigorous HIIT session had higher levels of the hormone adiponectin in their milk.

This hormone regulates the body's metabolism to ensure a supply of energy and substances that the body needs to function.

This is absorbed through the intestines of breastfeeding babies, changing their metabolism.

Having low levels of adiponectin is associated with insulin resistance and type 2 diabetes.

**Dr. Moholdt said: "The period from conception to two years of age is considered the most critical period for possible development of obesity later in life.**

"The hormone is secreted from fatty tissue and enters the bloodstream, and much of what is in the blood goes into the milk.

"We were not that surprised by the findings, but now we know for certain."

The study, published in the journal *Frontiers in Nutrition* shows that moderately intense exercise did not have the same effect on this particular hormone.

In 2020, the World Health Organization estimated that 39 million children under the age of five were overweight or obese.

They also found that the incidence of overweight and obesity among children and adolescents aged 5–19 rose from four percent in 1975 to 18 percent in 2018.



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# Grace UMC Egg Hunt



Photos: *Katrina Valente*

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# Slater Softball and Baseball Teams Train in Myrtle Beach



The Bangor High School softball and baseball teams traveled to Myrtle Beach, South Carolina where they played Northampton High School this past weekend. Photos: Slater Softball@X



# Roseto Egg Hunt



**PHOTO GALLERY**  
Photos: *Larry Cory*



# Over Half Of Women Say Shower Only Place They Get ‘Me Time’

By Talker Research

According to new research, half of women said showers are the only “me time” they get in a given day (52%).

For many women, the shower is a place to process their stressors, various emotions, and the ups and downs of daily life.

They can get bogged down with finances (27%), work (24%) and thinking about the best way to care for their kids (19%), and these thoughts often sneak up on them in the shower.

To escape from it all, respondents turn to the shower to let their random thoughts roam (60%), reflect on the past day or day ahead (44%) and think about their memories (42%).

One in six has even imagined themselves as the triumphant winner of a past argument while in the shower.

This newfound energy may be just the boost they need: two in three women feel like they can do anything after a great shower (68%), enjoying a boost of confidence that lasts over four hours.

Conducted by OnePoll results revealed that shower routines are an essential part of self-care, as 79% of those who have a shower routine agree that spending this time on themselves makes them feel good from the inside out.

Women shared that they play soothing music (62%), use aromatherapy products (44%) and massage with lotion afterward (44%) to make their shower routine feel more luxurious.

For many, how their shower goes also influences how their day will go. The majority of women agree that missing out on their sacred shower routine impacts how they feel mentally (61%), physically (54%) and emotionally (53%), and 67% shared that how their skin looks and feels can make or break their day.

Although showers influence how the day will go, all showers are not created equal. In fact, of the average six showers a week, the women we surveyed said only four are considered “great showers.”

So what makes a great shower? The survey looked at what women want from their shower experience and found that more than half of women want to feel renewed (56%), calm (60%) and more confident (43%).

However, only 29% of women are very confident that they’re currently getting those feelings out of their current shower routine.

“A shower is more than just a way to get clean, it’s an escape that provides physical and emotional benefits. In fact, the majority of women agree that a great shower with the right body care routine can result in glowing, healthy-looking skin (82%) and believe that achieving this would positively impact their wellbeing (82%),” said Dr. Maiysha Jones, principal scientist at Olay. “Just like feeling confident comes from within, glowing skin starts beneath the surface, so it’s important to consider how your shower routine is impacting your skin.”



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# Study Finds Interacting With Dogs Can Reduce Depression And Stress

The Results Show “Pet Therapy” Could Boost Mental Health

By James Gamble via SWNS

Playing with a dog changes our brain waves, boosting relaxation and concentration, reducing stress and depression.

Scientists believe the results show that “pet therapy” could be prescribed to bolster mental health.

Researchers measured the effects on the brain waves of participants as they interacted with dogs and found countless benefits to the activities.

The South Korean study concluded that the results provided strong evidence of the potential benefits of “animal-assisted interventions” (AAI) for humans.

The study, published in the journal PLOS ONE, sought to explore the effects on the brain of playing and performing activities with dogs.

The researchers noted how AAI was already in use in some hospitals, schools and other environments to help reduce anxiety, relieve stress and foster feelings of trust.

However, studies measuring the potential benefits of these animal interactions often take the more holistic approach of comparing people’s moods or hormone levels before and after spending time with the animals.

This type of research therefore fails to differentiate between types of interactions like grooming, feeding or playing with an animal - therefore limiting our understanding of how each specific activity impacts our health and well-being.

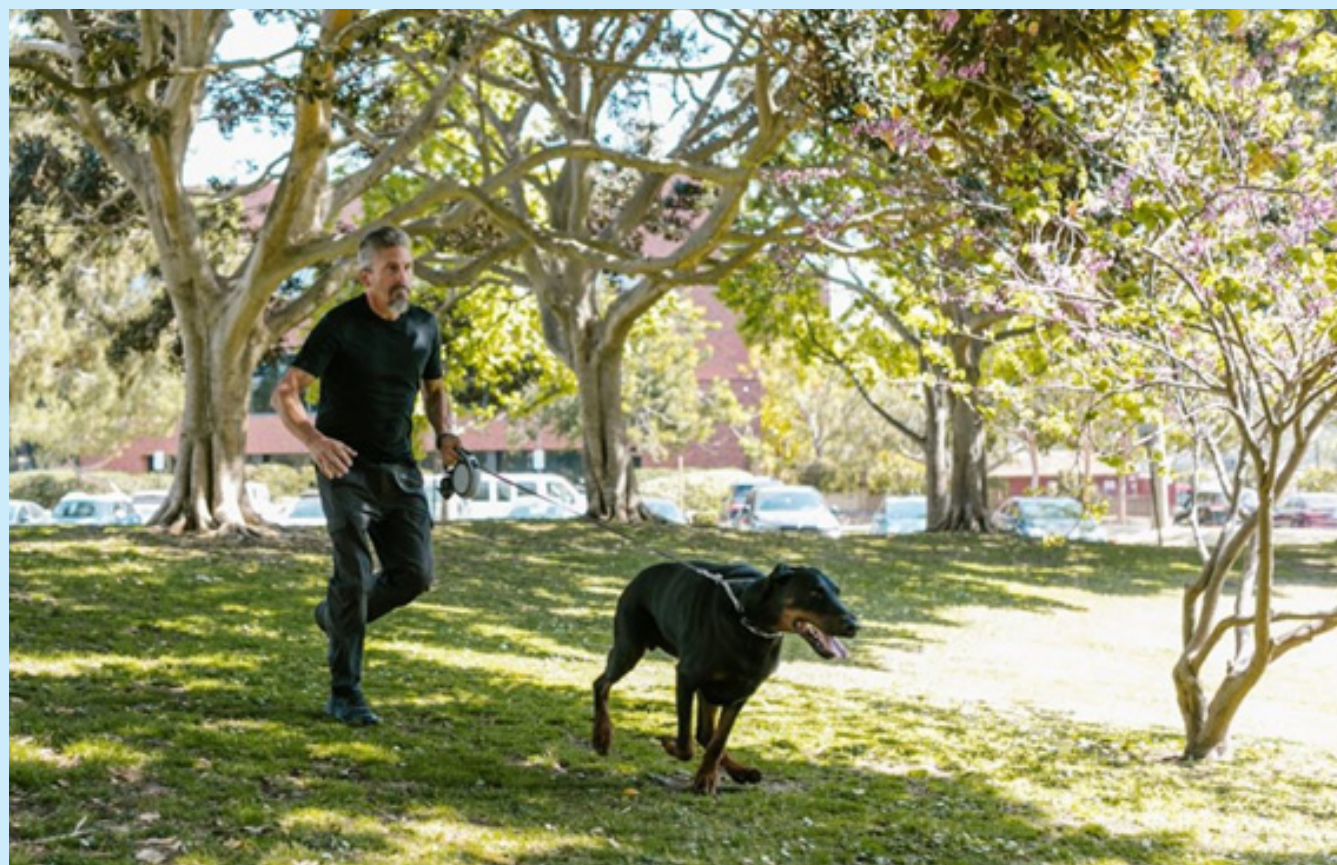
To better understand how AAI might affect our brains and moods, Onyoo Yoo and colleagues from Konkuk University in South Korea recruited 30 adult participants to perform eight different activities for three minutes each with a well-trained, four-year-old female poodle.

The activities included: playing with a hand-held toy, giving the dog treats, massaging, hugging, walking and taking pictures with the dog.

Participants simultaneously wore electroencephalography (EEG) electrodes to record electrical activity from the brain while they interacted with the poodle, and recorded their subjective emotional state immediately after each activity.

The relative strength of alpha-band oscillations in the brain increased whilst participants played with and walked the dog, reflecting a state of ‘relaxed wakefulness’.

While grooming, massaging or playing with the dog, relative beta-band oscillation strength was found to increase - a boost typically linked to heightened concentration levels.



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# Aongus Miller Scholarship Applications Available



Applications for the Blue Collar Scholarship are being accepted in honor of Aongus Miller! <https://www.aoamfoundation.org/>

Aonghus loved to create and build things! From a very young age he would build with wood, Legos, metal, anything he could get his hands on. When he got a little older, he got interested in 3D Printing. He taught himself CAD design, saved up birthday money and bought himself a printer. It hummed away in his room at all hours of the

day and night! His plan was to go to CIT for Machining and Tooling so that he could expand on his skill and work toward a career in that area.

The goal is to help a Senior who is enrolled at CIT or who plans to attend a Post Secondary Trade School for a traditional trade to get a jump start on their tools and materials needed to pursue their career!

They are raising money to do just that annually.

Their goal is \$2000 in tools and materials and \$500 cash .

APPLICATION PROCESS:

THIS IS NOT GRADE DEPENDENT! THIS IS FOR YOU!!! APPLY NOW!!!

Anyone who is Enrolled in a Traditional Trade at CIT or is going to a post secondary trade school:

Building and Property Maintenance, Building Construction CAD, Electrical Construction, Heating Ventilation Refrigeration and Plumbing, Machine Tool, Masonry, Small Engine, Welding may apply

## Pen Argyl Women's Club Meets

The Women's Club of Pen Argyl met on Tuesday, March 5 at the Phoebe Wind Gap Manor. A slate of officers was presented and will be installed in June at our spring luncheon.

Working with Families First, club will sponsor a family for Easter. Food for breakfast and dinner will be provided along with Easter baskets for the children.

The SLATE PUB in Pen Argyl will host a fundraiser for the Women's Club on Tuesday, April 9. Come join us and support our community service organization.

Leslie Stine, a club member, gave an informative talk about her recent visit to Cuba.

The Women's Club will next meet on Tuesday, April 2 at 12:00 noon for a pizza luncheon. Any woman in the Pen Argyl, Wind Gap, or Plainfield Twp. area who would like to join us please call 610-863-7371.



## Pastor Hikes After Heart Procedure

Local Pastor Hikes with Granddaughter Thanks to St. Luke's Expert Heart Care

When Rick Edmund conquered the hike up a butte in South Dakota's Custer State Park with his granddaughter last year, he had a big smile on his face and offered a huge shoutout.

Rick, 75, pastor at Chapman Quarries United Methodist Church in Bath, recorded thank you videos to Steven Stevens, MD, FHRS, and James Gallagher, MD, of St. Luke's Cardiology Associates.

If not for the extraordinary cardiovascular care that has led to St. Luke's being ranked among the leading heart and vascular centers in the nation, Rick may have never made that climb in Custer State Park – or any of the other climbs – as he and granddaughter Elisabeth trekked through North and South Dakota, visiting several national parks.

Rick was trying to live with persistent atrial fibrillation (AFIB) that was robbing him of his active lifestyle last year. Before that, he had been an active hiker, walker and had been working out at two gyms, but those activities went by the wayside as he had trouble catching his breath while struggling to climb the church steps.

He knew he had lifelong blood pressure issues – for which he was on medication – but nothing prepared him for the struggle to breathe during activity that started last spring.

When he told his primary care physician of his struggles, she referred him to Dr. Gallagher, who examined Rick and referred him to Dr. Stevens, the director of Cardiac Electrophysiology-Device and Ambulatory Service Lines for St. Luke's University Health Network for an ablation.

An ablation is used to correct the electrical signals that cause the heart to go into AFIB or other heart arrhythmias. The electrophysiologist will run the catheter to the heart from veins in a patient's leg.

## Mean Girls Pancake Breakfast

The Theater Dept is holding a Pancake Breakfast again this year at the Bangor High School Cafeteria on March 23 from 8 to 11 AM. This is to benefit the high school production this year of Mean Girls, April 12, 13 and 14th.

If possible, could you please cover this fun event with a photographer?

Contact Tracy Finkbeiner at [finkbeit@bangorsd.org](mailto:finkbeit@bangorsd.org) with any questions you may have.

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## PUBLISH YOUR EVENT

To publish info about your event, e-mail [sbtopics@rcn.com](mailto:sbtopics@rcn.com) Please send in text form. Do not send photos of text.

## Slate Belt Mail-In Dropbox

According to Armchair Lehigh Valley, a newsletter about all things politics in Lehigh and Northampton counties, is adding mail-in dropbox in the Slate Belt.

According to the Northampton County Elections Office, the new secure boxes will be located at:

- **Washington Township Municipal Building, 1021 Washington Blvd., Washington Township.**

## Feral Cat Program

Pen Argyl Borough has a new contract with FURR/Fix in Bangor. Contact the Borough office for information about the trap neuter return program exclusively for feral cats (free vouchers provided with proof of I.D.).

## Chamber of Commerce Scholarship Applications

The Slate Belt Chamber of Commerce is pleased to announce applications for Scholarship Achievement Award 2024 are available at the guidance departments of Bangor High School, Pen Argyl High School, Faith Christian & Career Institute of Technology. The Chamber will award one scholarship to a senior from each of these schools. Applicants must reside in the Slate Belt to apply.

The scholarships will be presented to the students based upon the following criteria; academic accomplishment, demonstrated service to school and/or community, demonstration of leadership capabilities and future college or vocational plans.

Please note: A separate award, The Frederick R. Curcio, Jr. Scholarship Award, may also be applied for at this time. To qualify a senior must have been enrolled in a computer science related course or planning to attend a Technical School of their choice or majoring in computer science.

Applications must be received by April 11, 2024.

## Rental Fishing Equipment

Borrow fly rods, spinning rods, fly boxes, and tackle to use in Jacobsburg's creeks! To borrow equipment, you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email [jacobsburgsp@pa.gov](mailto:jacobsburgsp@pa.gov).

## DiscoverE Adventure Backpacks Available

When: Monday thru Friday, 8:00am to 2:30pm

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth

Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars, note pad, colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email [jacobsburgsp@pa.gov](mailto:jacobsburgsp@pa.gov).

## Preservation Awards

The Slate Belt Heritage Center, located at 30 Forth 1st Street, Bangor, Pa, is pleased to announce that it is now accepting applications for its' annual 'Preservation Award'.

The purpose of this award is to acknowledge individuals and businesses (Architecture Award only) who have performed exemplary acts that promote and preserve the culture and heritage of the Slate Belt.

Candidates may be an individual or group (including businesses as mentioned below) and can be nominated by themselves or by another party.

There are three (3) categories:

1. **Initiative Award:** Applicant who has performed exemplary actions in promoting and preserving the Slate Belt heritage through in-kind actions. This means acts that do not necessarily involve monetary donations, but can be unpaid service for a preservation cause.

2. **Architectural Award:** Applicant (individual property or business) who is saving or conserving a historic building, place or artifact where restoration is authentic to preservation; and

3. **Special Focus Award:** Applicant who is saving or conserving tradition or a body of knowledge. That individual who contributes to educational information via exhibits, documentation, internet, archival, etc.

Consideration is given to projects with:

- a) specific start and end date;
- b) meet generally accepted preservation or scholar standards;
- c) considered 'complete', i.e. the project had a goal and potentially achieved the goal; and
- d) significant impact with before and after photographs (as proof) that information or a structure that would have otherwise been lost if the nominee had not done the project.

Nominations are now being accepted until March 1st. Nominations should include a description of entry, photos (if applicable), and any pertinent documentation.

The awards are then presented at a special program in June. One prize will be awarded with the possibility of one per category depending on the Committee's review of candidates.

Note: The Heritage Center retains the right to exhibit and/or publish the application materials,

including photographs. Applications for those not chosen will be held on file, indefinitely, for future consideration.

Interested parties may obtain an application at the Heritage Center (Sundays 12-3pm during Winter hours), local municipal offices or by contacting Jason Huggan @ 484-574-2480 (Committee Chairperson). If calling, please leave an address to where applications can be mailed in addition to name and phone number.

## Quality Family Time

Come to the Slate Belt Y on Fridays for some quality family time! They will have an assortment of board games to choose from.

Register online at [gv-ymca.org](http://gv-ymca.org) under Family Friday Programs!

Family Friday's are FREE for members!

Snacks and water available for purchase

## International Women Exhibit

"International Women Featuring The Fine Art of Monika Stefany Judy Holland & Marie Jeanne Habba is coming to the Nazareth Center for the Arts. Please join them for the Artist's Reception on International Women's Day, Friday, March 8th from 6-8PM.

Rebecca Pieper will be entertaining on piano.

This exhibit will run until March 31st with gallery ho

**March 27**

## Poetry Workshop

Coming up on Wednesday, March 27th at the Nazareth Center for the Arts.

Meets every last Wednesday of the month from 6:30-8:30PM and ALL are welcome. Pen, paper, and an open mind required.

An open poetry workshop where we use both conventional and unconventional exercises, as well as, meditative and abstract expressions of what poetry can sound, read, and feel like.

We emphasize being present with the words and those around you. F or all ranges of poets.

**March 28**

## Weekly Weeders

Thursday, March 28 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

**March 30**

## Weona Egg Hunt

An Easter Egg Hunt will be available for children at Weona Park March 30 at 11:00pm. Age groups 0-2, 3-4, 5-6, 7-8, 9-10. Rain or shine.



## Washington Egg Hunt

Annual Egg Hunt Sponsored by WTVFC from 10:00am to noon March 30 at the township recreational fields.

Loads of prizes donated by the local community members and local businesses

Ages groups similar to last year

Meet behind the Municipal Bldg for quick directions then down to the Rec Fields. One age group at a time to handle the flow of kiddos

## Portland Egg Hunt

The Portland Egg Hunt will be held Saturday March 30 at Noon in the Portland Ballf ield. Age Groups 0-3, 4-6, 7-9 and 10-12.

**April 3**

## Hike for Health: Special Excursion

Wednesday, April 3 at 5:30pm to 7:00pm

Get moving after work with a brisk hike guided by a Jacobsburg educator! This is a special excursion hike that will take us to Wayne A. Grube Park to hike on the Nor-Bath Trail in honor of Northampton County Parks 50th Anniversary! Join us as we explore one of the many trails that Northampton County Parks has to offer and how trail connections can enhance communities. These guided monthly hikes are 2 to 3 miles over uneven terrain. You must be able to maintain a hiking pace of two miles per hour to attend. Dogs are welcome to hike on a leash. \*\*Meet at 1200 Willowbrook Rd, Northampton, PA 18067\*\*. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or [jacobsburgsp@pa.gov](mailto:jacobsburgsp@pa.gov).

**April 4**

## Weekly Weeders

Thursdays, April 4, 11, 18, 25 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

**April 6**

## Spring break baby!!! Beach bash 2024

Come join awareness 365 April 6 at 6:00pm at the Blue Valley Farm Show and the community for an amazing night, an absolute great fundraiser for awareness 365 inc. That we can pay it forward to so many warriors.

Doors open at 5:30pm \$35.00 Per person includes Beer, slushies, soda, water, byob, snacks, food catered by the smokin' pasty co.

Music provided by romeo vegas. Photobooth by rockin ramaley. Door prize, 50/50 split, many tricky

trays and baskets

Get your sunglasses, flip flops, and suntan lotions ready for a beaching great time!!!!

You can purchase tickets by contacting Tammy pritchard 484 239 8997, Jena rutt 570 977 3324 or Jennifer Mutchler 610 442 5786

## Volunteer Event Community Tree Planting

Saturday, April 6 at 3:00pm to 5:00pm

Celebrate Earth Day a little early with us in our education area to plant small trees and shrubs to replace removed invasive species. All tools and equipment will be provided. Registration required.

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

## Slater Family Network Silent Auction

Seeking donations for our annual Silent Auction happening April 6 from 10am to 1pm.

This is their BIGGEST FUND RAISER of the year!!! All proceeds go to assisting Slater Families in need!

They are accepting baskets, gift cards, services, items and financial donations and will shop for you!! Help soliciting for prizes is also welcome!

Let's make this the best auction yet.

## Volunteer Ultraviolet Nighttime Litter Pick Up

Saturday, April 6 at 7:30pm to 9:00pm

Gain a different perspective of you environment as we walk trails with UV flashlights. Not only may we see luminescing critters, but also plenty of glowing litter to place in bags as we walk along. Registration required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

**April 7**

## SBHC Remember When Program

On April 11 at 7 pm, there will be a public program "Remember When...the Start of the Heritage Center" with a panel of people remembering SBHC's early years.

**April 10**

## Hike for Health

Wednesday, April 10 at 5:30pm to 7:00pm

Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 3 miles over uneven terrain. You must be able to maintain a hiking pace of two miles per hour to attend. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. This monthly hiking program will repeat on April 10, May 1, June 5, July 10, August 14, September 4, and October 2 at the same time and place. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or [jacobsburgsp@pa.gov](mailto:jacobsburgsp@pa.gov).

**April 11**

## Weekly Weeders

Thursdays, April 11, 18, 25 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

**April 12, 13, 14**

## Mean Girls

Mean Girls, the High School Version, will be staged at the Bangor High School Performing Arts Theater April '12, 13 and 14.

The April 12 performance will be held at 7:30pm. There will performances at 2:00pm and 7:30 pm April 13. The final performance will be 2:00pm April 14.

Tickets will go on sale January 18 at [WWW.SHOWTIX4U.COM/EVENTS/BAHSMEANGIRLS](http://WWW.SHOWTIX4U.COM/EVENTS/BAHSMEANGIRLS)

**April 13**

## Apparel & Accessories Expo

The Apparel & Accessories Expo is coming to the Palmer Park Mall Saturday, April 13, 2024 at 11 AM. This is the one place where you'll be able to find something for everyone!

While you're there take advantage of the free mini manicure with any Color Street purchase.

Would you like to be a vendor? Simply text (272)-200-8163 or email [kstocker@blueflameevents.co](mailto:kstocker@blueflameevents.co). Vendor spaces are \$45 each.

## Heritage Center Opening

Beginning April 13, the Center will open to the public every Saturday and Sunday, from 12 to 3 pm through October featuring the show in the Council Chamber, "25 Years: Then and Now at the Slate Belt Heritage Center." Each of the nine rooms will also have a special display.

On April 13 at 1 pm, there will be a ceremony in front of Pen Argyl Town Hall to dedicate three outdoor display units about Pen Argyl History. The panels are funded by the Northampton County Department of Community and Economic Development Hotel Tax Grant and by the Slate Belt Heritage Center. The units follow national park service standards and join three similar units that were placed in Bangor last year.

## 4-H Equine Garage Sale Open to the Public

On Saturday, April 13, 2024, the annual tack swap or "equine garage sale" will be held at the Northampton County 4-H Center, Nazareth, PA. The tack swap will be held from 11 AM - 2 PM. The public is invited to attend.

The Northampton County 4-H Center is located at 777 Bushkill Center Rd., 2.2 miles south of Rte. 512 from the traffic light for Bushkill Center Rd. or 3 miles north of Nazareth on Bushkill Center Rd.



There will be new and used items for sale for all horse interests and disciplines. Also there will be horse crafts, Breyer model horses, clothing and other horse related items. All sellers are pre-registered for a sale table or space inside, outside space is available the day of the swap; there are no consignments. No live animals are permitted. No dogs permitted.

Food, courtesy of Backtrackers 4-H Horse and Pony Club, will be available during the sale hours. This is a rain/shine event; being held inside non-heated buildings and outside.

The 4-H program is open to youths between the ages of 8-19 years. It offers over 150 hands-on projects, a wide variety of experiences, and builds life skills for the future. Volunteer leaders are always welcome.

Anyone wishing information concerning the tack swap is asked to call Janice Martin at 610-837-7294. Anyone wishing general information concerning the 4-H program in Northampton County is asked to call the Northampton County 4-H Offices, weekdays, 8 AM - 4 PM, at 610-746-1970, or your local Agricultural Extension Service in your county.

## Free Shredder Event

It's time to mark your calendars for my upcoming event! Join Rep. Ann Flood at a free paper shredding event on Saturday, April 13, 10 a.m. to noon at the Blue Valley Farm Show in Bangor.

Help to protect your identity by safely disposing of sensitive documents at my free shredder event. Additionally, literature on how to protect yourself from identity theft and common scams will be distributed.

## April 14 Sunday Sessions “at the Bell”

Sunday Sessions “at the Bell” featuring Lilly Moss & Dustin Flyte is planned for April 14, 2024 from 4 to 6 PM BYOB Food available

**Lilly Moss:** What happens when a fresh young face with the voice described as a cross between Adele and Stevie Nicks takes the stage to perform? Well, people stop, listen, and become completely mesmerized by a voice so unique you can't help but think ... THIS is Lilly Moss.

Lilly is a singer/songwriter rising from Easton, PA, where she first started performing live at the local farmers' market, wineries, and festivals. Inspired by greats like Billie Eilish, Chris Stapleton, Jason Isbell, and Adele, Lilly began writing music for a variety of genres, from pop to country and everything in between, and recording with Grammy-nominated producerr, Dan Malsch of Soundmine Recording Studios.

**Dustin Flyte:** An up and coming emerging artists who was described as “pretty strictly classic country, doing a lot of old standards, heavy on the Johnny Cash influence.” Should be a great warm up act for Lily keeping the variety of music at the Bell intact.

## April 17 Woodland Wildflower Walk

Wednesday, April 17 at 10:00am to 12:00pm

Join conservation volunteer Doug Burton for a one-mile hike in Sobers Run to learn about the early spring blooms scattered throughout the forest. Please wear sturdy shoes and dress for the weather. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

## April 18 Weekly Weeders

Thursdays, April 18, 25 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

## April 19,20 Youth Climate Summit

The Nurture Nature Center, Northampton St., Easton is excited to announce that our 5th Annual Youth Climate Summit of the Lehigh Valley will be held on Friday and Saturday, April 19 and 20, 2024 at our center in Easton, PA.

The summit is designed to give middle- and high-school students the chance to develop as climate leaders through collaborating with other students, exploring their own strengths and interests, speaking with experts and climate professionals, engaging in hands-on climate solutions activities, learning about sustainability and climate careers and developing related skills, and more.

The summit is free to attend, and food will be provided. Please send us a message with any questions or reach out to Lauren at [lfsobenner@nurturenaturecenter.org](mailto:lfsobenner@nurturenaturecenter.org).

## April 20 Festival of Peculiarities

Welcome to the world of the strange and unusual at the South Mall 11:00am Saturday April 20. This is the place where there is always something odd around each corner or should we say on each table. Take a stroll and explore the sustainable sourced specimens, creepy dolls, handcrafted oddities, taxidermy, and much more.

Would you like to join us for this unique event? Simply text (272)-200-8163 or email [kstocker@blueflameevents.co](mailto:kstocker@blueflameevents.co). You can also click the link below for the registration. The cost is \$45 per space.

**Registration Link:** [https://docs.google.com/forms/d/e/1FAIpQLSdINM0TWEytCu49ZLdiE14aD6RBD-S---znvZolnG2u3VD4LQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdINM0TWEytCu49ZLdiE14aD6RBD-S---znvZolnG2u3VD4LQ/viewform?usp=sf_link)

## Lehigh Valley Wine Gala

Come raise a glass with us at the Lehigh Valley Wine Gala on Saturday, April 20, 2024 | 6:00PM-10:00PM

This year's event will be hosted at Northampton Country Club with Honorary Wine Chair, Steve Pride of Pride Mountain Vineyards.

Read more about our annual fundraiser with The Children's Home of Easton, about Pride Mountain Vineyards, and event sponsorship opportunities.

2024 Wine Gala

Saturday, April 20, 2024 | 6:00PM-10:00PM

Northampton Country Club Jessica Edris, Event Director

610-217-2125

[jessica@lehighvalleywinegala.com](mailto:jessica@lehighvalleywinegala.com)

## Woodland Wildflower Walk

Saturday, April 20 at 10:00am to 12:00pm

Join us on a two-hour search for the late spring botanical treasures of Jacobsburg! We'll discuss how flowers got their names as well as legends, myths and stories that surround them. Be prepared for a moderate hike that may involve muddy slopes and uphill climbs. Please bring binoculars, a camera, water and a snack and wear sturdy shoes. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

## April 25 Weekly Weeders

Thursday, April 25 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

## April 26-27 Rummage Sale

Huge Rummage & Bake Sale. April 26-27 9am-1pm. Richmond United Methodist Church, 8538 S Delaware Dr., Bangor, PA

## April 27 Camp Papillon Fund Raiser

Camp Papillon Animal Shelter presents a Wise Crackers Comedy Fundraiser located at The Lodge at Mountain Springs Lake in Reeders, PA on Saturday, April 27, 2024 at 7:00 PM!

Doors will open at 5:00 PM. There will be a cash bar, appetizers and hors d'oeuvres for purchase, a tricky tray and 50/50. Tickets are \$40 in advance, \$50 at the door. Seating is limited, tickets sell out fast so buy yours today! There will be no physical ticket to pick up. Just give your name on the order the night of the event for admission. You must be



18 years or older to attend.  
Bring something from our wish list for entry into a special raffle.  
To purchase tickets, go to <https://www.camppapillon.org/.../Wise-Crackers-Comedy...> or contact Sami Ely at 570-730-9226

**May 11**

## Flash Back to the 70s in April 2024

We're flashing back to the 1970's! Put on your best hippie attire and join us for Plantstock, inside the Palmer Park Mall! Enjoy those 70's sounds playing while you shop with a variety of vendors and crafters selling everything including houseplants, garden supplies, and more! There will also be some non-planty vendors and crafters joining us for those who just aren't plant people. While you're there, be sure to enter the best dressed hippie costume and be entered for a chance to win a prize! Also, before you leave, stop and get your photo taken and receive a free digital download to take home! Saturday, May 11, 2024 at 11 AM

## LMBT Fire Co. Picnic

Lower Mt. Bethel Fire Company Picnic 4:00pm May 11 at the Riverton Fields is open to the public Family Fun event bounce house and activities for the kid, meat drawings throughout the event, vendors,

The Timewhys will be performing from 4 to 7:30, we will pull our pew pew winners after that followed by Fireworks at dusk by Pyro Joe. \$5 a car to park will be waved with pre purchase of a pew pew ticket plus you get 1 sandwich out of the fire co stand..Food and drinks will be available through out the event. Come on out and support your local fire co and have a good time

**May 18**

## Wolf and Whiskers Festival

Party with pets inside the South Mall!  
Come visit with pet rescues Saturday, May 18 at 11 AM and learn about each organization. While you're there visit with adoptable pups. Who knows, maybe you'll find your new bestie.

While you're there shop with unique vendors and crafters (pet & non-pet related).

This is a pet friendly event so feel free to bring your well-behaved leashed pups to the mall. No retractable leashes.

They's looking for vendors, crafters, pet rescues, and alcohol vendors to join them for this fantastic event! To register click the link below. For questions text or call (272)-200-8163.

We have fantastic advertising opportunities available! For more information give us a call at (272)-200-8163.

**June 15**

## Dad Fest - Vendor, Car, Truck & Bike Festival

Come to Palmer Park Mall Saturday, June 15, 2024 at 11 AM and enjoy the indoor/outdoor car & bike show, shop with dad centric vendors, and get a keepsake photo to

remember this special day. Make Father's Day memorable with Dad Fest.

Partnering with Mexico Rolls for the Truck, Bike, & Car segment of the event. Truck, Bike & Car Registration Details: Same day registration will be \$10.00

**June 22**

## Geek Fest

Join the Geek Fest June 22, 2024 at the South Mall.

It's okay to embrace the weird in the world! We're bringing a variety of unique and fun nerdy & geeky things to do throughout the day!

Come out and participate in our cosplay dress up contest for a chance to win something unique! Stop in at the mall arcade and play some classic video games or swing by one of the open space board game tables that will be set up throughout the mall.

Don't forget to shop with vendors and artisans who will be set up with unique and weird items! DiscoverE Hide 'n Seekers (Age 3-5): Neature Detectives Morning Session

Tuesday, June 25 to Friday, June 28 at 10:00am to 11:00am

The world is full of all sorts of exciting things to explore! Come see how much fun learning about nature can be. Campers must be accompanied by an adult each day of camp. This program combines our autumn Tales for Tots program and our summer camp for 5 year old children. There will not be separate programs for those age groups this year. Please choose only one session of camp to sign up for. This camp begins on Tuesday, June 25th and ends on Friday, June 28th and will be from 10:00am - 11:00am each day. There is a non-refundable \$15.00 registration fee for this camp.

**July 14-20**

## Northampton County Junior Conservation School

Sunday, July 14 to Saturday, July 20, 2024

This weeklong residential environmental education experience offers students ages 13-17 an opportunity to work with other youth and adults in a hands-on, non-traditional learning experience. Instruction includes hiking, archery, camping, canoeing, forest ecology, boater water safety, water quality monitoring, firearms safety and handling, and other outdoor experiences. Conservation School places a strong emphasis on field experiences to educate and instill a conservation ethic in its students. The program is designed to develop the leaders of the next generation who have an awareness of the critical environmental and ecological issues that affect our communities and how decision-making and management practices can limit those impacts. The school is staffed by a group of dedicated volunteers composed of sportsmen, returning students, community leaders, state agencies, and organizations. Instruction is provided by Jacobsburg Environmental Education Center and other professionals from the conservation and environmental fields. The school is held at the Northampton County 4-H Center 777 Bushkill Center Road Nazareth, PA 18064. A \$50.00

registration fee is required to attend NCJCS, the \$50.00 will be refunded upon the student's successful completion of the week of school. Registration is open now at [www.ncjcs.org](http://www.ncjcs.org). Please fill out the online application at <https://ncjcs.org/preapp/> to register for the 2024 session. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

**July 22-26**

## Art in Nature Camp for Teens

Monday, July 22 to Friday, July 26 at 9:00am to 3:00pm

Jacobsburg is partnering with ArtsQuest and PA Council on the Arts to host a day camp that merges nature with art. Teens ages 13-17 are invited to join teaching artist, Chris Spohn, to learn the processes of sculpting, mold making, and casting to create a conglomerate sculpture related to the theme: "Diversity makes an ecosystem strong." Attendees will be able to bring home a casting and mold after camp. Camp will include outdoor adventures to inspire artists as they learn about the species that call Jacobsburg home. This camp will be held 9:00 AM- 3:00 PM, Monday July 22nd – Friday, July 26th. This camp is free.

**July 20**

## KittyCon

KittyCon is coming to the Lehigh Valley on July 20, 2024 at the South Mall at 11am. It's going to be a cat-tastic event where the world of cat culture and pop culture collide!

Shop with a variety of cat related (and non-cate related) vendors. Visit with cat rescues and their adoptable felines. Come dressed in your favorite cosplay costume and get your photo taken with some awesome backgrounds. This is a cat friendly event and you can bring your well-behaved leashed and secured cat!

This is going to be one of the most unique cat-tastic, pop culture events around that is dedicated to cats and cat lovers from all over! You won't want to miss this!

Registration is open! Vendor Cost = \$45 per space Rescue Cost = FREE

**August 3**

## Mind, Body & Spirit Expo

Explore an incredible selection of the best in alternative health, wellness, holistic products and resources Saturday August 3 at the Palmer Park Mall at 11:00am.

Expand your mind and take in mini-sessions and presentations featuring psychics, experts and holistic practitioners at the top of their fields! It will be a fantastic day to nourish your mind, body & spirit.

Registration is open for vendors, demonstrators, practitioners, and speakers, To register simply



click the link below.

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

**August 6-9**

## Outdoor Explorers (Ages 6-8): Power of Water Session 1

Tuesday, August 6 to Friday, August 9 at 9:00am to 12:00pm

Water is essential for all life on earth. During this camp we will explore how water moves through systems and learn how wildlife and people benefit. We'll discuss weather, historical water usage, water in habitats, and water conservation. Campers will even have an opportunity to build their own miniature waterwheel. So, WATER you waiting for? Let's explore! Please choose only one week of camp to sign up for. This camp begins on Tuesday, August 6th and ends on Friday, August 9th and will be from 9:00am - 12:00pm each day. There is a non-refundable \$25.00 registration fee for this camp. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

## (Ages 9-12): Jacobsburg Survival Challenge Session 1

Tuesday, August 6 to Friday, August 9 at 9:00am to 12:00pm

Do you have what it takes to survive in the wilderness? Join us and learn how to prepare for the most common survival scenarios. There will be lots of fun activities including fire making, building shelters, and orienteering! Please choose only one week of camp to sign up for. This camp begins on Tuesday, August 6th and ends on Friday, August 9th and will be from 9:00am - 12:00pm each day. There is a non-refundable \$25.00 registration fee for this camp. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

**August 10**

## Fairy & Folklore Festival

Bring the family out for a day filled with mystical and magical adventures 11:00am Saturday August 10 at the South Mall.

Come dressed in your best fairy or mystical creature costume for a chance to win a magical surprise. While you're there, hunt for fairies throughout the mall and be entered into a drawing for a surprise. Before you leave be sure to get your free keepsake photo at one of our enchanted photo stations.

Vendor registration is open! Cost is \$45 per space.

To register simply click the link below, text (272)-200-8163, or [email kstocker@blueflameevents.co](mailto:kstocker@blueflameevents.co).

**August 13-16**

## Outdoor Explorers (Ages 6-8): Power of Water Session 2

Tuesday, August 13 to Friday, August 16 at

9:00am to 12:00pm

Water is essential for all life on earth. During this camp we will explore how water moves through systems and learn how wildlife and people benefit. We'll discuss weather, historical water usage, water in habitats, and water conservation. Campers will even have an opportunity to build their own miniature waterwheel. So, WATER you waiting for? Let's explore! Please choose only one week of camp to sign up for. This camp begins on Tuesday, August 13th and ends on Friday, August 16th and will be from 9:00am - 12:00pm each day. There is a non-refundable \$25.00 registration fee for this camp.

## (Ages 9-12): Jacobsburg Survival Challenge Session 2

Tuesday, August 13 to Friday, August 16 at 9:00am to 12:00pm

Do you have what it takes to survive in the wilderness? Join us and learn how to prepare for the most common survival scenarios. There will be lots of fun activities including fire making, building shelters, and orienteering! Please choose only one week of camp to sign up for. This camp begins on Tuesday, August 13th and ends on Friday, August 16th and will be from 9:00am - 12:00pm each day. There is a non-refundable \$25.00 registration fee for this camp. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

**August 18**

## Sticks Reunion

The 24th Annual Sticks Reunion will held 3-7pm Sunday August 18 at the Mountain View Drag Strip 206 E. Mountain Road, Wind Gap.

See Muscle Cars, Street Rods, Antiques, Drag Cars, Motorcycles and enjoy Food, DJ Music, and door prizes.

Proceeds benefit Merit Awards for Career Institute of Technology, Slate Belt Junior Police Academy, Meals on Wheels and local food banks.

No alcoholic beverage and no pets.

More info: Wayne Bisher 610-703-4889 or Pro Zito 610-588-0521.

**September 21**

## No Pumpkin Way

No Pumpkin Way! It's a Fall Festival & Tricky Tray!

Join us for the 2nd annual No Pumpkin Way, 10:00am Saturday September 21 It's a Fall Festival & Tricky Tray!

This family-friendly event will have a BIG Tricky Tray, a pumpkin throwing contest, delicious food, great music, FREE Fall digital photo, FREE crafts for the family, and an AMAZING selection of unique vendors & crafters for you to shop with. You won't want to miss this event!

Note: All proceeds from the Tricky Tray will benefit the Roseto Helping Hands. Basket donations are being accepted. To arrange a pick up please text or call (272)-200-8163.

**October 20**

## Car, Truck, Tractor & Vendor Show

Lower Mt. Bethel Sandt's Eddy is hosting their 7th annual Car, Truck, Tractor & Vendor Show Sunday, October 20, 2024 at 10 AM, 7701 Martins Creek Belvidere Hwy, Bangor,

You won't want to miss this excitement!

In addition to the cars, trucks, and tractors there will also be a great line up of vendors and crafters for you to shop with!

Let's not forget the activities such as the trunk-or-treat, Tricky Tray, rides, and more! It's going to be a fun family day!



Regular Events Calendar

**Tuesday March 26**  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-4. Blue Valley Farm Show  
**.Bangor Borough Council** - Workshop, Bee Hive, 7:00pm  
**Washington Twp. Recreation** - 7pm  
**Roseto Zoning** - 7pm  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**UMBT Zoning** - 7pm Room, 7pm

**Wednesday March 27**  
**Bingo** - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Washington Township Supervisors Meet** - Municipal Building, 3:30pm.  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**Plainfield Zoning** - 6:30pm  
**UMBT Open Space Advisory ....** 7pm

**Thursday March 28**  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 10-8  
**Slate Belt Senior Center** - Open 8-4. Blue Valley Farm Show  
**Slate Belt YMCA** - 6:00am - 8:00pm  
**Pen Argyl Council Workshop** - 7pm  
**Plainfield Supervisors** - 7pm  
**Plainfield Twp Fire Co.** Bingo - 6:30pm  
**UMBT Development** - 7pm

**Friday March 29**  
**Bingo** - Wind Gap Fire Co., 6:45.  
**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Slate Belt YMCA** - Open 5:00am - 9:00pm

**Saturday March 30**  
**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 10-4  
**Slate Belt YMCA** -8-4  
**Slate Belt Heritage Center** - Open 12-3  
**Hope, Faith & Recovery Group**, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

**Sunday March 31**  
HAPPY EASTER!!!!

**Monday April 1**  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 1-8

**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Pen Argyl Sewer Committee** - 4:30 P.M. Council Chambers  
**Pen Argyl Municipal Authority** - 5:00 P.M. Council Chambers  
**Washington Township Zoning Board** - Municipal Building, 6:30 pm.  
**Roseto Borough Council** - Municipal Building, 7:30pm  
**Lower Mount Bethel Supervisors** - Meets Centerfield Building, 7pm  
**Portland Borough Council** - Borough Hall, 7:00pm  
**Pen Argyl Council** - 7pm  
**Pen Argyl GFWC** - St. John , Pen Argyl, 7pm  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**Pump** - 8:30-11:30  
**Weona Park Pals** - 7pm  
**Wind Gap Boro Council** - 7pm

**Tuesday April 2**  
**Bingo** - Portland Fire Co., 7pm.  
**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 10-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Mission of Love Food Pantry & Clothes Closet** - N. Main St., Bangor, 10-12  
**Pen Argyl Woman’s Club** Meets 1:30 pm St. John’s Lutheran.  
**Plainfield Parks & Rec** - 7pm  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**Wind Gap Boro Council** - 7pm (Monday Holiday meet Tuesday

**Wednesday April 3**  
**Bingo** - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm..  
**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 1-8  
**LMBT Recreation Board** - 7pm, Centerfield building  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**Wind Gap Zoning** - 7pm  
**Bangor Pool** - Open 12-7

**Thursday April 4**  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 10-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Bingo** - Plainfield Fire Co., 6:30pm  
**Plainfield Environmental Advisory Board** - Municipal Building, 7:00pm  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**Wind Gap Planning** - 7pm  
**Bangor Pool** - Open 12-7

**Friday April 5**  
**Bingo** - Wind Gap Fire Co., 6:45.  
**Blue Mountain Library** - Open 10-12

**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Slate Belt YMCA** - Open 5:00am - 9:00pm  
**Bangor Pool** - Open 12-7

**Saturday April 6**  
**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 10-4  
**Mission of Love Soup Kitchen** - N. Main St., Bangor. 11-2  
**Slate Belt YMCA** - 8-4  
**Slate Belt Heritage Center** - Open 12-3  
**Hope, Faith & Recovery Group**, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm  
**Bangor Pool** - Open 11-7  
**Weona Park** - Carousel & Golf Open 3-9

**Sunday April 7**  
**Fellowship Dinner** - East Bangor UMC, 4-6.  
**Slate Belt Heritage Center** - Open 12-3.  
**Slate Belt YMCA** - 10-2  
**All-You-Can Eat Breakfast** - Bangor Elks 8-12pm. Adults \$10. Kid 6-12 \$6. Under 6 - Free.  
**Bangor Pool** - Open 11-7  
**Weona Park** - Carousel & Golf Open 3-9

**Monday April 8**  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Pen Argyl Sewer Auth.** - 4:30pm (If needed)  
**Pen Argyl Municipal Auth.** - 5pm (If needed)  
**Bangor Borough Council** - Meets Bee Hive Community Center, 7pm  
**Portland Council** - 7pm  
**Pump** - 8:30-11:30  
**Upper Mount Bethel Supervisors** - Meets 7:00pm  
**Roseto Borough Council** - Municipal Building, 7:30pm  
**Slate Belt YMCA** - Open 6:00am - 8:00pm

**Tuesday April 9**  
**Bingo** - Portland Fire Co., 7pm.  
**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 10-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Mission of Love Food Pantry & Clothes Closet** - N. Main St., Bangor, 10-12  
**Slate Belt YMCA** - Open 6:00am - 8:00pm

**Wednesday April 10**  
**Bingo** - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.  
**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show



# Regular Events

**Washington Township**  
**Supervisors Meet** - Municipal Building, 7pm  
**Pen Argyl Park Board** - 7pm  
**Plainfield Township Supervisors** - Meets 7:00pm Municipal Building.  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**East Bangor Municipal Authority** - Municipal Authority Hall, 555 Messinger St., East Bangor, 7:00pm  
**Bangor Pool** - Open 12-7

## Thursday April 11

**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 10-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Bingo** - Plainfield Fire Co., 6:30pm  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**Bangor Pool** - Open 12-7

## Friday April 12

**Bingo** - Wind Gap Fire Co., 6:45.  
**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Slate Belt YMCA** - Open 5:00am - 9:00pm  
**Bangor Pool** - Open 12-7

## Saturday April 13

**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 10-4  
**Slate Belt YMCA** - 8-4  
**Slate Belt Heritage Center** - Open 12-3  
**Hope, Faith & Recovery Group**, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm  
**Bangor Pool** - Open 11-7  
**Weona Park** - Carousel & Golf Open 3-9

## Sunday April 14

**Slate Belt Heritage Center** - Open 12-3.  
**Slate Belt YMCA** - 10-2  
**Bangor Pool** - Open 11-7  
**Weona Park** - Carousel & Golf Open 3-9

## Monday April 15

**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Plainfield Township Planning Commission** - Municipal Building, 7:00 pm.  
**Lower Mount Bethel Supervisors** - Meets Centerfield Building - 7pm  
**Pump - 8:30-11:30**  
**Slate Belt YMCA** - Open 6:00am - 8:00pm

## Tuesday April 16

**Bingo** - Portland Fire Co., 7pm.  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 10-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Mission of Love Food Pantry & Clothes Closet** - N. Main St., Bangor, 10-2  
**Roseto Planning Commission** - 7:00pm Borough Hall  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**Washing Twsp. Planning** - 7pm  
**Wind Gap Boro - Council** 7pm

## Wednesday April 17

**Bingo** - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-4. Blue Valley Farm Show  
**UMBT Planning Commission** - Township Building, 7:30pm  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**Bangor Pool** - Open 12-7

## Thursday April 18

**Bingo** - Bushkill Fire Co. Doors 5pm. Bingo 7pm.  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-4. Blue Valley Farm Show  
**UMBT Planning Commission** - Township Building, 7:30pm  
**Slate Belt YMCA** - Open 6:00am -

8:00pmm  
**Bangor Pool** - Open 12-7

## Friday April 19

**Bingo** - Bushkill Fire Co. Doors 5pm. Bingo 7pm.  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-4. Blue Valley Farm Show  
**UMBT Planning Commission** - Township Building, 7:30pm  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**Bangor Pool** - Open 12-7

## Saturday April 20

**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 10-4  
**Slate Belt YMCA** - 8-4  
**Slate Belt Heritage Center** - Open 12-3  
**Hope, Faith & Recovery Group**, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm  
**Bangor Pool** - Open 11-7  
**Weona Park** - Carousel & Golf Open 3-9

## Sunday April 21

**Fellowship Dinner** - First UMC Bangor, 12:30-1:30.  
**Portland Sunday Sundaes** - 6:30 - 8:00pm (Summer only)  
**Slate Belt Heritage Center** - Open 12-3.  
**Slate Belt YMCA** - 10-2  
**Bangor Pool** - Open 11-7  
**Weona Park** - Carousel & Golf Open 3-9

## Monday April 22

**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-4. Blue Valley Farm Show  
**Bangor Borough Council** - Workshop, Bee Hive, 7:00pm  
**Pump - 8:30-11:30**  
**UMBT Supervisors** -7pm  
**Slate Belt YMCA** - Open 6:00am - 8:00pm

## Tuesday April 23

**Blue Mountain Library** - Open 10-12 & 6-8pm

**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-4.  
Blue Valley Farm Show  
**Washington Twp. Recreation** - 7pm  
**Roseto Zoning** - 7pm  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**UMBT Zoning** - 7pm Room, 7pm

## Wednesday April 24

**Bingo** - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm..  
**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Washington Township Supervisors Meet** - Municipal Building, 3:30pm.  
**Slate Belt YMCA** - Open 6:00am - 8:00pm  
**Plainfield Zoning** - 6:30pm  
**UMBT Open Space Advisory ....** 7pm  
**Bangor Pool** - Open 12-7

## Thursday April 25

**Blue Mountain Library** - Open 10-12 & 6-8pm  
**Bangor Public Library** - Open 10-8  
**Slate Belt Senior Center** - Open 8-4. Blue Valley Farm Show  
**Slate Belt YMCA** - 6:00am - 8:00pm  
**Pen Argyl Council Workshop** - 7pm  
**Plainfield Supervisors** - 7pm  
**Plainfield Twp Fire Co. Bingo** - 6:30pm  
**UMBT Development** - 7pm  
**Bangor Pool** - Open 12-7

## Friday April 26

**Bingo** - Wind Gap Fire Co., 6:45.  
**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 1-8  
**Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show  
**Slate Belt YMCA** - Open 5:00am - 9:00pm  
**Bangor Pool** - Open 12-7

## Saturday April 27

**Blue Mountain Library** - Open 10-12  
**Bangor Public Library** - Open 10-4  
**Slate Belt YMCA** -8-4  
**Slate Belt Heritage Center** -



# SLATE BELT CHURCH INFORMATION



**East Bangor UMC**  
136 W. Central Ave. (Rt.512) East Bangor  
**Mar 23** A.A Meeting 8pm  
**Mar 24** - 9:30 a.m. Worship Servicev (Palms)  
**Mar 24** - Fellowship, No Adult Sunday School  
**March 28** - 7:00 p.m. Choir (For Zoom, go to [ebumc.org](http://ebumc.org) to sign in)

**Grace Lutheran Church**  
5907 Sullivan Trail, Nazareth Pa 18064  
**Mar 24** Sunday of Passion  
**9:00 am** Holy Communion  
**10:15: Sunday Morning Adventures**  
[www.gracebelfastpa.org](http://www.gracebelfastpa.org) 610-759-9080  
Email:[gracebelfast@rcn.com](mailto:gracebelfast@rcn.com)

**Flicksville UCC**  
1337 Lower South Main St., Bangor  
Pastor Ken Hess 610-588-4648  
[www.flicksvilleucc.com](http://www.flicksvilleucc.com)  
Follow us on Facebook  
**Children & Adult Sunday School 9:30**  
**Worship at 10:45 AM**

**Trinity Lutheran Church**  
404 Broadway Bangor (610-588-20)  
[telcbangor@frontier.com](mailto:telcbangor@frontier.com)  
**Sunday worship 10:30am**  
**Mar. 24 Palm Sunday - No Communion**  
**7pm Mar. 28 Maundy Thurs. - No Communion**  
**7pm March 29 Good Friday**  
**10: 30 Easter Sunday - Communion**

## Christ Evangelical Lutheran Church

703 South Delaware Drive  
Mt. Bethel, 18343

<http://www.celcpa.org/>

Email: [celcpaorg@yahoo.com](mailto:celcpaorg@yahoo.com)  
610-588-7056

**Worship:** Sundays 9:00 a.m.

**Holy Communion:** First and Third Sunday

**Toddler Sunday School:** Sept-May 10:15

## Richmond United Methodist Church

Rev. Peter Jamieson, Pastor

<http://richmondumc.com/>

8538 Delaware Dr, Bangor, PA 18013

610.588.7317 | [richmondumc@epix.net](mailto:richmondumc@epix.net)

**Sunday Worship** - Weekly at 10:00 a.m.

## First United Methodist Church of Bangor

Pastor Elisandra Garcia - 610-588-4673

55 North Third Street, Bangor PA

11:00am service (Communion First Sunday)

**Free Community Lunch 12:30pm**

(4th Sunday of the Month - Alley Door)

## Prince of Peace Ev. Lutheran Church

Rev. Michael J. Scholtes, 610-588-55

2445 Lake Minsi Dr, Bangor

[popbangor.org](http://popbangor.org)

[poplcbangor@gmail.com](mailto:poplcbangor@gmail.com)

**Sunday Worship 9:45 am** (Weekly Communion) **Sunday School 8:30 am**

## Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor

[www.christpcsb.org](http://www.christpcsb.org) More info 610-588-4864.

E-mail: [info@christpcsb.org](mailto:info@christpcsb.org).

**Sunday Worship, 10:00 a.m.** in-person/  
Zoom/Facebook Live.



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[www.ruggierofuneralhome.com](http://www.ruggierofuneralhome.com)

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# Bangor Library - New Books

New Books : March 15 -21

## Adult Fiction

Still See You Everywhere by Lisa Gardner  
 Until August by Marquez Garcia  
 Jilo: A Witching Savannah Novel by J. D. Horn  
 The Void: A Witching Savannah Novel by J. D. Horn  
 The Source: A Witching Savannah Novel by J. D. Horn  
 Empire of the Damned by Jay Kristoff  
 The Phoenix Crown: A Novel by Kate Quinn  
 The Underground Library: A Novel by Jennifer Ryan  
 The Sunlit Man by Brandon Sanderson  
 Yumi and the Nightmare Painter by Brandon Sanderson  
 One Good Dog by Susan Wilson

## Adult Non Fiction

Dr. Kidd's Guide to Herbal Dog Care by Randy Kidd  
 We've Got Issues: How You Can Stand Strong for America's Soul and Sanity by Phillip McGraw  
 Dr. Pitcairn's Complete Guide to Natural Health for Dogs & Cats by Richard H. Pitcairn

## Easy Fiction

Doris by Lo Cole  
 Furry, Fluffy & Fabulous!: 4 Pet-Tacular Stories by Amy Sky Koster  
 Barn in Spring: Out to Explore on the Farm by Chambræ Griffith  
 Sheila Rae, the Brave by Kevin Henkes  
 The Dog Shelter by Siyona Kumar  
 Why We Need Grandsons by Gregory E. Lang  
 Just in Case You Ever Feel Alone by Max Lucado  
 I Need My Monster by Amanda Noll  
 Fancy Nancy: Fanciest Doll in the Universe by Jane O'Connor  
 Fancy Nancy and the Fabulous Fashion Boutique by Jane O'Connor  
 The Giving Tree by Shel Silverstein  
 The Fairy Ball by Mandy Stanley

## Easy Non Fiction

Let's Go Camping by Jill McDonald

## Easy Reader Fiction

Elephant & Piggie: Are You Ready to Play Outside? By Mo Willems

## Junior Fiction

Coyote Lost and Found by Dan Gemeinhart  
 Dog Man Unleashed by Dav Pilkey

## Young Adult Fiction

The Mortal Instruments: The Graphic Novel Volume 2 by Cassandra Clare  
 The Mortal Instruments: The Graphic Novel Volume 3 by Cassandra Clare  
 The Son of Neptune: The Graphic Novel by Robert Venditti  
 Nimona by ND Stevenson

## DVDs

Aquaman and the Lost Kingdom  
 The Color Purple  
 Freelance  
 Wish

## PUBLISH YOUR EVENT

To publish info about your event, e-mail [sbttopics@rcn.com](mailto:sbttopics@rcn.com)  
 Please send in text form. Do not send photos of text.

## Cookbooks in the Book Nook

Do you like to cook or collect cookbooks? If so, stop into the Blue Mt. Community Library, located at 216 S. Robinson Ave. Pen Argyl and browse through the Book Nook.

Along with many adult and children's gently used books and puzzles, there is a large collection of cookbooks available to purchase. The library is open M-Sa, 10:00 am to Noon, and M & Th 6:00 to 8:00 pm.

Membership is not needed to purchase items in the Book Nook, but is free to all residents of the Pen Argyl Area School District. Nonresidents may join for a small yearly fee.

The library also has Pen Argyl yearbooks available to buy. Call 610-863-3029 or visit our Facebook page or website at [www.bmcl.org](http://www.bmcl.org) for information about the library

## For those with moderately or severely weakened immune systems:

- You may get an additional updated COVID-19 shot if it has been 2 months since your last recommended updated COVID-19 shot.
- Talk to your healthcare provider to learn if you are able to



## Common Cold

Do you need antibiotics?



Antibiotics **DO NOT WORK** against viruses that cause colds. Talk to your healthcare professional about what you can do to feel better.

Visit [www.cdc.gov/antibiotic-use/colds.html](http://www.cdc.gov/antibiotic-use/colds.html) to learn about common colds.  
[www.cdc.gov/antibiotic-use](http://www.cdc.gov/antibiotic-use)



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# Slate Belt Spring Sports Schedule 2024

## Bangor Baseball (2-0)

3/21/	Bangor @ Palisades	W 11-0
3/22/	Wilson @ Bangor	W 11-1
3/26/	Palmerton@Bangor	4:00pm
3/28	Bangor @ ESS	4:00pm
4/1/	Notre Dame G.P. @ Bangor	4:15pm
4/3/	Bangor @ Saucon Valley	4:15pm
4/5/	Pen Argyl @ Bangor	4:15pm
4/9/	Northwestern @ Bangor	4:15pm
4/13/	Salisbury @ Bangor	4:15pm
4/15/	Bangor @ Catasauqua	4:15pm
4/17/	Northern Lehigh @ Bangor	4:15pm
4/19/	Bangor @ Palmerton	4:00pm
4/20	Bangor @ Nazareth	11:00am
4/23/	Southern Lehigh @ Bangor	4:15pm
4/24	Bangor@ NDES	4:00pm
4/25/	Palisades @ Bangor	4:15pm
4/27/	Bangor @ Wilson	11:00am
5/1/	Bangor @ Notre Dame G.P.	4:00pm
5/2/	Saucon Valley @ Bangor	4:15pm
5/7/	Bangor @ Pen Argyl	4:00pm
Senior Day 5/02		

## Pen Argyl Softball (2-0)

3/16	Pen Argyl @ ESS	W 13-6
3/20/	Pen Argyl @ Wilson	SUSP
3/23	Lehighton @ Pen Argyl	W 13-3
3/26/	Pen Argyl @NDG.P.	4:00pm
3/28	Pen Argyl @ PME	3:00pm
4/1/	Saucon @ Pen Argyl	4:00pm
4/5/	Pen Argyl @ Bangor	4:15pm
4/9/	Palisades @ Pen Argyl	4:00pm
4/11/	Pen Argyl @ Catasauqua	4:15pm
4/13/	N Lehigh @ Pen Argyl	11:00am
4/15/	Pen Argyl @ Palmerton	4:00pm
4/17/	Northwestern @ Pen Argyl	4:00pm
4/20/	Pen Argyl @ SLehigh Pates	4:00pm
4/23/	Pen Argyl @ Palisades	4:00pm
4/26/	Wilson @ Pen Argyl	4:00pm
4/27	Stroudsburg @ Pen Argyl	10:00am
4/29/	NDGP @Pen Argyl	4:00pm
5/1/	Pen Argyl @ Saucon	4:15pm
5/2/	Salisbury @ Pen Argyl	4:00pm
5/7/	Bangor @ Pen Argyl	4:00pm
Senior Day 5/02		

## Pen Argyl Baseball (2-1)

3/18	Pen Argyl @ Salisbury	W 15-7
3/20/	Pen Argyl @ Wilson	W 6-5
3/23	Lehighton @ Pen Argyl	L 10-7
3/26/	Pen Argyl @ NDGP.	4:00pm
4/1/	Saucon Valley @ Pen Argyl	4:00pm
4/3	Pen Argyl @ NDES	4:00pm
4/5/	Pen Argyl @ Bangor	4:15pm
4/9/	Palisades @ Pen Argyl	4:00pm
4/11/	Pen Argyl @ Catasauqua	4:15pm
4/13/	N.Lehigh @ Pen Argyl	11:00am
4/15/	Pen Argyl @ Palmerton	4:00pm
4/17/	Northwestern @ Pen Argyl	4:00pm
4/19/	Pen Argyl @ S. Lehigh	7:00pm
4/23/	Pen Argyl @ Palisades	4:00pm
4/25/	Wilson @ Pen Argyl	4:00pm
4/29/	NDGP @ Pen Argyl	4:00pm
5/1/	Pen Argyl @ Saucon Valley	4:15pm
5/2/	Salisbury @ Pen Argyl	4:00pm
5/7/	Bangor @ Pen Argyl	4:00pm
Senior Day 5/2		

## Bangor Tennis (1-1)

3/18/	Bangor @ Wilson	W 4-1
3/21/	S. Lehigh @ Bangor	L 4-1
3/26/	Bangor @ Palisades	4:00pm
3/29	Whitehall @ Bangor	10:00am
4/1/	Bangor @ NDGP.	4:00pm
4/2	Stroudsburg @ Bangor	3:30pm
4/4/	Salisbury @ Bangor	4:00pm
4/5	Bangor @ Jim Thorpe	4:00pm
4/6	Pleasant Valley@ Bangor	10:00am
4/8/	Bangor @ Saucon Valley	4:00pm
4/10/	Moravian @ Bangor	4:00pm
4/11/	Bangor @ Palmerton	4:00pm
4/15/	Pen Argyl @ Bangor	4:00pm
4/17	Bangor @ Easton	3:30pm
4/19	Bangor @ NDES	4:00pm
Senior Day 4/15		

## Pen Argyl Girls Track (1-0)

3/19/	Salisbury @ Pen Argyl	W 100-41
3/26/	Wilson @ Pen Argyl	3:30pm
4/2/	Northwestern @ Pen Argyl	3:30pm
4/9/	NDGP., Pen Argyl @ Palmerton	3:30pm
4/16/	S. Lehigh, N.Lehigh @ Pen Argyl	3:30pm
4/23/	Pen Argyl, Catty @ Palisades	3:30pm
4/27	Pen Argyl @ Zephyr Invitational	9:00am
4/30/	Saucon, Pen Argyl @ Bangor	3:30pm

## Pen Argyl Boys Track (1-0)

3/19/	Salisbury @ Pen Argyl	W 76-57
3/26/	Wilson @ Pen Argyl	3:30pm
4/2/	Northwestern @ Pen Argyl	3:30pm
4/9/	NDGP., Pen Argyl @ Palmerton	3:30pm
4/16/	S. Lehigh, N.Lehigh @ Pen Argyl	3:30pm
4/23/	Pen Argyl, Catty @ Palisades	3:30pm
4/27	Pen Argyl @ Zephyr Invitational	9:00am
4/30/	Saucon, Pen Argyl @ Bangor	3:30pm

## Bangor Softball (0-2)

3/21/	Bangor @ Palisades	L 11-0
3/22/	Wilson @ Bangor	L 8-7
3/28	Salisbury @ Bangor	3:30pm
4/1	NDGP@ Bangor	4:15pm
4/3/	Bangor @ Saucon Valley	4:15pm
4/5/	Pen Argyl @ Bangor	4:15pm
4/6	Easton @ Bangor	11:00am
4/9/	Northwestern @ Bangor	4:15pm
4/13/	Northampton@ Bangor	10:00am
4/15/	Bangor @ Catasauqua	4:15pm
4/17/	N.Lehigh @ Bangor	4:15pm
4/19	Bangor @ Nazareth	4:00pm
4/20/	Bangor @ Palmerton (Pates)	6:30pm
4/23/	S.Lehigh @ Bangor	4:15pm
4/25/	Palisades @ Bangor	4:15pm
4/26	Freedom @ Bangor	4:00pm
4/27/	Bangor @ Wilson	11:00am
5/1/	Bangor @ NDGP.	4:00pm
5/2/	Saucon Valley @ Bangor	4:00pm
5/7/	Bangor @ Pen Argyl	4:00pm
Senior Night 5/02		
Youth Day 4/05		

## Pen Argyl Tennis (1-2)

3/16	Wilson @ Pen Argyl	W 4-1
3/18/	Moravian @ Pen Argyl	L 5-0
3/21/	Pen Argyl @ Palmerton	L3-2
3/26/	Saucon V@ Pen Argyl	4:00pm
3/28	Pen Argyl @ Lehighton	4:00pm
4/1/	Pen Argyl @ S. Lehigh	4:00pm
4/2	NDES@ Pen Argyl	4:00pm
4/4/	Wilson @ Pen Argyl	4:00pm
4/10/	Pen Argyl @ Salisbury	3:30pm
4/11/	NDGP. @ Pen Argyl	4:00pm
4/13	Whitehall @ Pen Argyl	11:00AM
4/15/	Pen Argyl @ Bangor	4:00pm
4/16	Palisades@Pen Argyl	4:00pm
4/22	Jim Thorpe @ Pen Argyl	4:00pm
Senior Day 4/13		

## Bangor Girls Track (0-1)

3/19/	Southern Lehigh @ Bangor	L 114-31
3/26/	Notre Dame G.P. @ Bangor	4:00pm
4/2/	Catasauqua @ Bangor	4:00pm
4/9/	Palisades, Bangor @ Salisbury	3:30pm
4/16/	Northwestern, Bangor @ Palmerton	3:30pm
4/20	Bangor@ Red & Black Inv.	9:00am
4/23/	Wilson, N. Lehigh @ Bangor	3:30pm
4/26	Bangor @ Cavalier Inv.	1:00pm
4/30/	Saucon, Pen Argyl @ Bangor	3:30pm
Senior Day 4/30		

## Bangor Boys Track (0-1)

3/19/	Southern Lehigh @ Bangor	L 92-52
3/26/	Notre Dame G.P. @ Bangor	4:00pm
4/2/	Catasauqua @ Bangor	4:00pm
4/9/	Palisades, Bangor @ Salisbury	3:30pm
4/16/	Northwestern, Bangor @ Palmerton	3:30pm
4/20	Bangor@ Red & Black Inv.	9:00am
4/23/	Wilson, N. Lehigh @ Bangor	3:30pm
4/26	Bangor @ Cavalier Inv.	1:00pm
4/30/	Saucon, Pen Argyl @ Bangor	3:30pm
Senior Day 4/30		