Slate Belt Town Topics

NEWS TODAY NOT NEXT WEEK

Summer Fun

Weona Park Carousel and Golf

From 9/9 to 10/1 - Saturdays & Sundays 1-8.

Weather and Your Health Today

Arthritis - **Moderate**

Asthma - Low - High

Sinus - Low

UV Index - High 11-4pm

Air Quality - Moderate

Pollen - Low - Medium - High

OBITUARIES

Ruggiero Funeral Home

(Pen Argyl)

Gaffney Parsons Funeral Homes

(Johnsonville)

(Bangor)

(Pen Argyl)

James J. Palmeri Funeral Home

(Martins Creek)

Schmidt Funeral Home

(Wind Gap)

Scroll Down To Our Featured Stories and Photos

>Or...... Click on a Link Below

Slate Belt Weather Forecast & Current Conditions

Slate Belt Public Libraries

Slate Belt Church Information

Special Events Calendar

Regular Events Calendar

High School Sports Schedules



Tickets Will Be Mailed

SPECIALTY BINGO

Sunday, September 10, 2023 Bangor Elks Lodge, 120 Broadway, Bangor

Sponsored by the Slate Belt Chamber of Commerce

Designer Bags; Coach, Michael Kors, Vera Bradley Kate Spade, Longaberger Baskets & More

Make Checks payable to: Slate Belt Chamber of Commerce 187 Blue Valley Dr., Bangor, PA 18013



NORTHAMPTON COUNTY

DROP-OFF IS BY APPOINTMENT ONLY!

Online Pre-Registration is Required to Participate & Opens August 30

Household Hazardous Waste

2023 RESIDENTIAL COLLECTION EVENT

SEPTEMBER 30

One-Day Event • Rain or Shine

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Tickets \$20

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• Bingo1 PM

Doors12 PM

Refreshments



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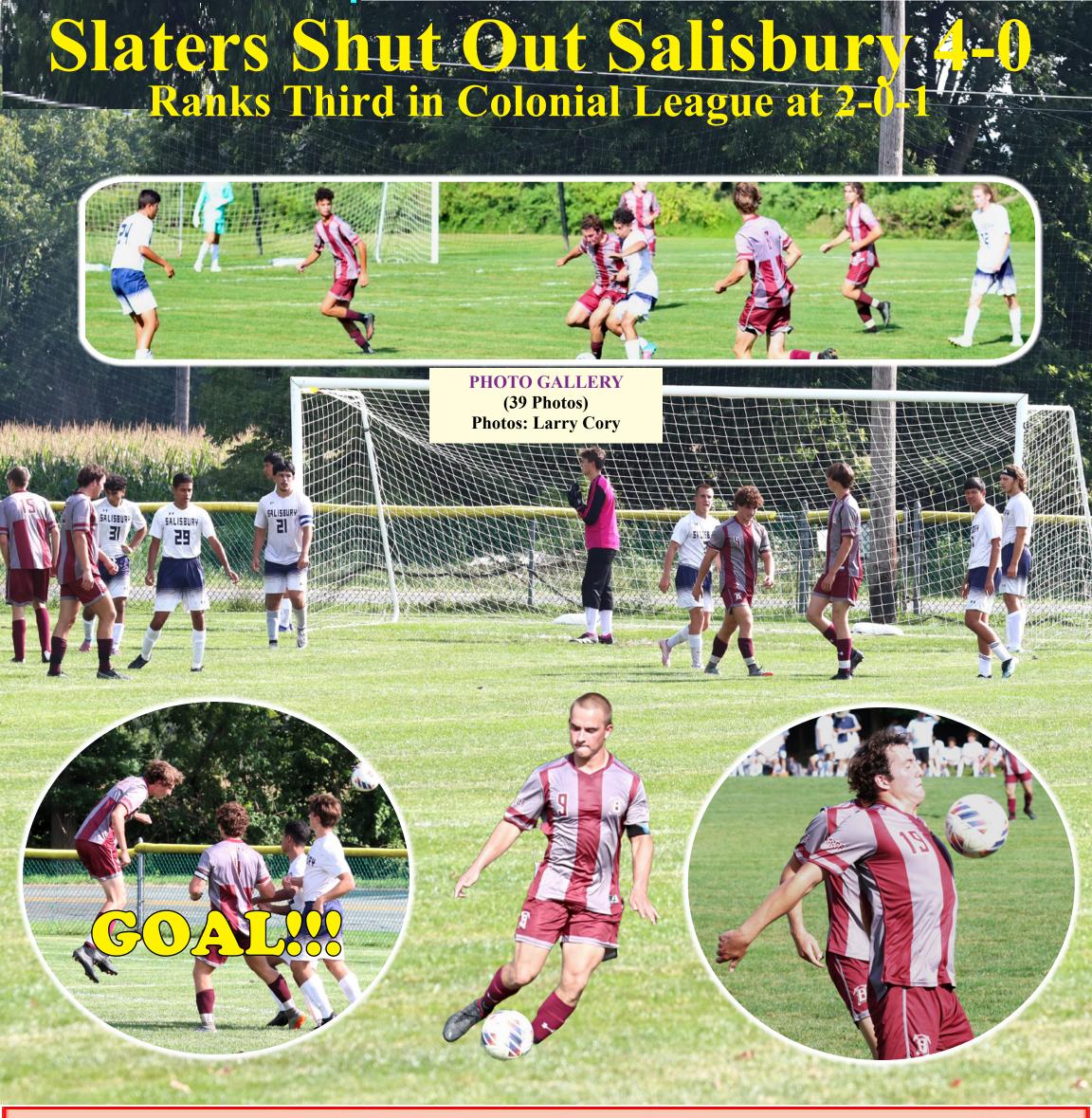














State Farm

Debbie Pettinari Agency 106 S. Broadway, Wind Gap, PA 610-881-4433

www.debbieinsurespa.com debbie.pettinari.wz73@statefarm.com



Wallbillich Sets School Record



Pen Argyl's Ellie Wallbillich 79 career goals, broke Stephanie Smith's Girls Soccer Career Goals record of 77.

Interested In Joining 4-H? Please come and join our meet and greet informational session to learn

Please come and join our meet and greet informational session to lear more about our club and the Northampton County 4-H Livestock Club **Opportunities available for the upcoming year!**

- Livestock not required for membership.
- Clover buds ages 5-7 & 4-H members age 8-18
- Friendly and inviting session for anyone interested in learning more.
- Light refreshments will be provided. Live animals to meet.
- October 14th @ 2:00pm

DelBrook Fam, 5503 Berry Hollow Road, Bangor PA. 18013 For any other questions reach out to club leaders Julie Farrell - 908-343-5595 & Elena Poliskiewicz - 570-872-4470

Trinity Annual Rummage Sale
Come on out and see what we have this year. Lots of holiday items to decorate and

Come on out and see what we have this year. Lots of holiday items to decorate and to purchase as gifts, clothing for men, women, children and babies, housewares, small kitchen appliances and gadgets galore! We have lots of items to choose from. Stop on by and don't forget to get yourself a treat from our homemade baked goods selection, they never disappoint! Oct 19-21 from 8 am - 2 pm.

Trinity Evangelical Lutheran Church, 404 Broadway, Bangor.

Learn About Water Safety Interested in learning about water safety through hands-on experience?

Interested in learning about water safety through hands-on experience? Join rangers at Hidden Lake in the Delaware Water Gap National Recreation Area Sept 18, 11-2 to learn about water safety by getting properly fitted with a lifejacket, practicing paddling techniques, and learning the basics of hydrology!

Challenge yourself to a 'Throwbag Throwdown' by using water safety and rescue equipment.

Build confidence in your paddling abilities by trying different vessels, like canoes and kayaks!

This event is subject to change at any time due to weather condition

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.





WHAT'S GOING ON????
Your News Published Free
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A to Z Performance Engines

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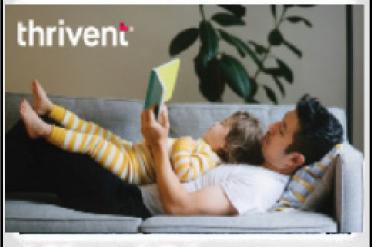


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Some Things
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Save when you insure your home and auto with ERIE. You can have superb insurance coverage, outstanding service, great rates and discounts too. Take advantage of ERIE's multi-policy discount and we're willing to bet your tail will be waggin'. Also ask us about ERIE's other available discounts.



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Discounts, rates and coverages vary by state and are subject to eligibility and applicable rates and rules. ERIE® insurance services are provided by one or more of the following insurers: Erie Insurance Exchange, Erie Insurance Company, Erie Insurance Property & Casualty Company, Flagship City Insurance Company and Erie Family Life Insurance Company (home ofices: Erie, Pennsylvania) or Erie Insurance Company of New York (home ofice:Rochester, New York). Not all companies are licensed or operate in all states. Not all products are offered in all states. Go to Erie insurance.com for company licensure and territory information. S1693 10/15

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Fri 8:00 AM - 6:00 PM • Sat 8:00 AM - 2:00 PM

Which Wedding Traditions Do Couples Want To Leave Behind?

The Bride Wearing A White Dress Is One Of The Traditions Considered Outdated (36%).

Talker Research

Forget walking down the aisle to "The Wedding March" — a new survey suggests couples are looking to make their wedding as unique as they are themselves.

A poll of 2,000 adults in serious relationships, engaged or married, split evenly by generation, revealed 68% feel it is important that their wedding is customized to be unique to them rather than follow tradition.

For 45%, that means hosting the ceremony in a place with personal significance.

Meanwhile, others agreed that it means ditching the same old tunes and choosing a different song to walk down the aisle (36%), leaving dress code norms behind (29%) and choosing an unconventional theme (18%).

One in five millennials would even take it a step further and incorporate a surprise performance by the couple, guests or a professional performer.

In fact, more than three-quarters (78%) of respondents feel weddings are more memorable when they reflect the couple's lives.

Conducted by OnePoll on behalf of Minted Weddings, the survey revealed that regardless of how the couple chooses to customize their day, some traditions are best left in the past.

Customs like not seeing each other before the ceremony (36%) and wearing a white dress (36%) are considered outdated.

But that doesn't mean guests should come in their all-white attire. Almost one in five (19%) Gen-Zers say wearing white is the rudest thing you can do as a guest, whereas only 2% of baby boomers would also take offense.

Top Locations For A Wedding Ceremony

Beach - 24% House of worship - 23% Garden - 23% Backyard - 17% Banquet hall - 14% Hotel or resort - 12% National park - 9%







Tomato Fight Leave Streets Awash In Red Pulp In Spanish Town's Tomatina Party

BUÑOL, Spain (AP) — Some 15,000 people, including many tourists, pasted each other with tomatoes Wednesday as Spain's annual "Tomatina" street battle took place in the eastern town of Buñol. Workers on trucks tipped 120 tons of overripe tomatoes into the main street of the town for participants to throw. The street fight leaves both the street, its houses and participants drenched in red pulp. Tickets for the festival start at 12 euros (\$13).





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Early Slate Belt Labor Day Celebrations Began in 1908

Bangor

The first recorded evidence of a Labor Day Celebration in the Slate Belt occurred in 1908 in Bangor, featuring many union men at the head of a Labor Day Parade.

The art on Main Street in Bangor decorated the street for the occasion, and Fitzgeral-Speer Company of Pen Argyl entered a float in the parade.

Two baseball games were scheduled for the day featuring Pen Argyl and the "All-Bangor Team" to be played at Flory's Field on North Main Street.

There were plenty of speeches, and a picnic was held in the Lutheran Grove on Broadway.

In 1912, the main speaker was James Maurer, president of the State Federation of Labor and others "well known to the public were also on hand."

It was decided that "no band would be employed for the parade unless its members belonged to the musicians' Union."

Pen Argyl

Labor Day celebrations in the Slate Belt reached a new peak in 1921 in Pen Argyl where Northampton County held its second celebration which would "far exceed any of its kind that was ever held in the county."

Speeches by P.F. Duffy from the American Federation of Labor and others highlighted the day. Baseball games were played at Pen Argyl's new "athletic diamond" at the recently constructed Weona Park.

The East Bangor Band held a concert throughout the afternoon, but the main event, however, was a "mammoth parade" with YMCA bands from Nazareth, Quakertown and Roseto. Nearly every labor organization in the county participated with over 2,000 union men.

Observed the first Monday in September, Labor Day is an annual celebration of the social and economic achievements of American workers. The holiday is rooted in the late nineteenth century, when labor activists pushed for a federal holiday to recognize the many contributions workers have made to America's strength, prosperity, and well-being.

Before it was a federal holiday, Labor Day was recognized by labor activists and individual states. After municipal ordinances were passed in 1885 and 1886, a movement developed to secure state legislation. New York was the first state to introduce a bill, but Oregon was the first to pass a law recognizing Labor Day, on February 21, 1887. During 1887, four more states – Colorado, Massachusetts, New Jersey and New York – passed laws creating a Labor Day.







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Average American Employee Hasn't Had A Raise In 3 Years

Almost Six In 10 Men Believe Salary Is Influenced By Their Gender Compared To 54% Of Females

Talker Research

The average American employee hasn't received a raise at their current job in the last three years.

That's according to a recent OnePoll survey of 2,000 American adults ahead of Labor Day.

Although Labor Day's core mission is to celebrate workers' contributions to America, 46% out of the 1,859 employees polled said they feel "somewhat recognized" at work, while 8% said they don't feel recognized at all.

Respondents also laid out their top concerns about the current workforce, with Gen Z saying they're more concerned about the nationwide worker strikes than the lack of job security (69% vs. 49%).

Meanwhile, half of millennials surveyed were more worried about salary cuts (53%) than wage gaps (49%) and worker strikes (45%).

The Gen X and boomer generations, however, had similar worries when it came to lack of job security (45% and 49%) and wage gaps (44% and 46%).

Regarding pay disparities, 73% of all adults agree the gender wage gap is still very real.

In fact, almost six in 10 working men believe their current salary is influenced by their gender (58%), compared to 54% of female employees.

When it comes to making a difference in the workplace, half believe speaking directly to management is the most effective way to pressure companies and bosses to improve work conditions and pay (51%).

Many also think labor/union strikes (49%), filing an HR complaint (40%) or posting on social media (36%) could positively change workplace conditions.

As worker strikes continue to dominate headlines, 41% of respondents said they previously participated in a labor strike, while 47% had never done so.

Of those who have participated in a strike, most protested for better work schedules (68%), higher pay (58%), better health insurance (56%) and to negotiate for better benefits (48%).

When asked if they currently belong to a union, 43% of workers said yes, while 43% said no.

Most union members said joining one was the best work-related decision they've ever made (93%).











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Special Events

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

September 7

Weekly Weeders
Thursday, September 7, 14, 21, 28 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

September 8-9

POP's Treasures

Gently Used Resale Boutique 2445 Lake Minsi Drive, Bangor, PA, September 8th- 10-2 September 9th, 9-12

Flower Show

The Nazareth Area Garden Club is pleased to announce its 21th Annual Flower and Garden Show, on September 8th from 4:00 – 7:00 p.m. and the 9th from 10:00 a.m. to 3:00 p.m. They are located at the Schoeneck Moravian Church at 316 N. Broad St. Ext., Nazareth. Admission is free.

September 9

Bangor Public Library's 4th Annual Farm Jubilee

From 11am-2pm September 9 support the Bangor Public Library as they host their 4th annual Farm Jubilee at Apple Blossom Village. Enjoy all things farm! They will have a petting zoo open,

Ziggy will be giving pony rides, and they will have local farms and crafters from our community with their products and knowledge to share with you! Crafts and contests available for the kids and lots of family fun as we begin setting up for the fall season!

All proceeds go to support the Bangor Public Library! Come, enjoy, and open your wallets to help keep our library for everyone to enjoy!

Families First 5K

Join Families First as they celebrate their 21st year serving residents in the Pen Argyl Area School District and participate with annual 5K Race & 1 Mile Fun Walk on Saturday, September 9, 2023.

The Race and Walk will start at 9 am in the Wind Gap Borough Park. Registration the day of the Race will begin at 7:30 am.

This event is for the entire family. All proceeds will go to support the Adopt-A-Family Holiday program and activities provided by Families First. "PEOPLE HELPING PEOPLE" in the Pen Argyl

Area School District!

A copy of our official registration form can be downloaded from the Families First website: www.familiesfirstofpenargyl.org.

Laura Gonzalez Art Display

The artwork of Laura Gonzalez will be on display throughout the month of September from Saturday, september 9, 2023 at 11 am – 1 pm at Kettle Creek Environmental Education Center

Her work includes various subject matters and can be seen in places throughout Stroudsburg.

She will demonstrate how to create frameable artwork out of leaves. Participants should bring a variety of leaves, preferably ones that are not too dry, as we will use them as patterns. You may also bring either hard board or stretch canvas in any size. Event is family-friendly, free of charge. Must pre-register, please call 570-629-3061.

September 10

Monarch Tagging – Girl Scouts Love State Parks

Sunday, September 10 at 9:00am to 11:00am or 1:00pm to 3:00pm

Mid-September is the perfect time to witness migrating monarchs on their way to overwintering grounds in Southern North America. During this program you will have the opportunity to participate as a citizen scientist for Monarch Watch, a conservation and research program based at the University of Kansas. Participants will learn to catch, handle, and tag monarch butterflies. We will also discuss current conservation efforts and ways that you can help the species to thrive throughout its life cycle. This program is only for girl scouts and their families. Registration is required. https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

Speciality Bingo

Slate Belt Chanber of Commerce Specialty Binaog will be held 1:00pm September 10 at the Bangor Elks. Sponsorships are available and ticket sales are open

September 11

Weona Park Pool Pals

The Weona Park Pool Pals will meet on Monday, September 11th at the social room of the borough hall on North Robinson Avenue. The meeting will begin at 7:00. Upcoming fundraising events will be discussed. The public is invited to attend this meeting in our continued efforts to build a pool at Weona Park.

September 12

DiscoverE: Tales for Tots

Tuesdays, September 5, 12, 19, 26, October 3, 10, 17 at 10:00am to 11:00am or 1:00pm to 2:00pm

Our popular Tales for Tots program returns with all new explorations! Join us for story time followed by nature activities for preschoolers ages 3-5. Each week we will explore a different topic by reading a book followed by a craft and short scavenger hunt. Children must be accompanied by an adult. Please note that we will be meeting at the pavilion across the street from the Visitor's Center each week. Children that attend six sessions will earn a DiscoverE Hide n' Seekers certificate. Please note that morning and afternoon sessions will be identical during a given week..

September 13

Monarch Tagging for Adults

Wednesday, September 13 at 10:00am to 12:00pm

During this program you will have the opportunity to participate as a citizen scientist for Monarch Watch, a conservation and research program based at the University of Kansas. Participants will learn to catch, handle, and tag monarch butterflies. We will also discuss current conservation efforts and ways that you can help the species to thrive throughout its life cycle. This program is for adults only. Registration is required. https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

September 14

Weekly Weeders
Thursday, September 7, 14, 21, 28 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

September 15

Family Science Night: Monarch Madness

September 15 at 6:30pm to 8:00pm During this program you will have the opportunity to participate as a citizen scientist for Friday, Monarch Watch, a conservation and research program based at the University of Kansas. Participants will learn to catch, handle, and tag monarch butterflies. We will also discuss current conservation efforts and ways that you can help the species to thrive throughout its life cycle. This program is specifically for families with young children. Registration is required. https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

September 16

Indoor Flea Market

The East Bangor United Methodist Community Church will be holding an Indoor Flea Market/ Crafts on Friday, September 15th, from 10:00 a.m. to 7:00 p.m., and on Saturday, September 16th, from 10:00 a.m. to 3:00 p.m. Tables will be for rent: \$15 for one day or \$25 for both days. Lunch and a bake sale will be available. Contact Cheryl Hower (484-221-4197).

September 15-17

Pen Argyl Yard Sales

Pen Argyl Community Yard Sales - No permit needed. September 15th – 17th.

September 16

Library Yard and Bake Sale

The Friends of the Bangor Public Library will hold their annual "Yard & Bake Sale" on Saturday, September 16th from 9:00 AM – 3:00 PM, the lot on the corner of 4th & Market Streets.

Homemade baked goods as well as like new household items and books will be for sale. Proceeds from the sale will benefit the Bangor Public Library. For additional information please contact:

September 17

Monarch Watch

Sunday, September 17 at 1:00pm to 3:00pm

During this program you will have the opportunity to participate as a citizen scientist for Monarch Watch, a conservation and research program based at the University of Kansas. Participants will learn to catch, handle, and tag monarch butterflies. We will also discuss current conservation efforts and ways that you can help the species to thrive throughout its life cycle. These programs are very popular! Please pick only one! Registration is required. https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

September 19

DiscoverE: Tales for Tots

Tuesdays, September 5, 12, 19, 26, October 3, 10, 17 at 10:00am to 11:00am or 1:00pm to 2:00pm

Our popular Tales for Tots program returns with all new explorations! Join us for story time followed by nature activities for preschoolers ages 3-5. Each week we will explore a different topic by reading a book followed by a craft and short scavenger hunt. Children must be accompanied by an adult. Please note that we will be meeting at the pavilion across the street from the Visitor's Center each week. Children that attend six sessions will earn a DiscoverE Hide n' Seekers certificate. Please note that morning and afternoon sessions will be identical during a given week

September 20

East Bangor Bible Study

The East Bangor United Methodist Community

Church is having a Bible Study on Wednesdays beginning September 20 at 10:30 a.m. and 7:00 p.m. The topics are the Pastoral Epistles of 1st and 2nd Timothy and Titus. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA. FMI, call 610-588-4453 or go to www.ebumc.org.

September 21

Weekly Weeders

Thursday, September 7, 14, 21, 28 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

September 23

Volunteer Event: Native Seed Dispersal

Saturday, September 23 at 9:00am to 11:00am Fall is a great time to collect seeds from plants. We will learn about different native plants and their preferred habitats, collect the seeds from the native plant garden and disperse them around the park to enhance the wildlife value. Registration is Required. https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

Beginner Archery

Saturday, September 23 at 1:00pm to 3:00pm We're celebrating National Hunt and Fish Day! Learn the basics of archery at Jacobsburg! Join a park educator for two hours of learning and practicing field archery! Attendees must be at least 12 years old. No experience is required, and archery supplies will be provided. Registration is required. https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

September 26

DiscoverE: Tales for Tots

Tuesdays, September 5, 12, 19, 26, October 3, 10, 17 at 10:00am to 11:00am or 1:00pm to 2:00pm

Our popular Tales for Tots program returns with all new explorations! Join us for story time followed by nature activities for preschoolers ages 3-5. Each week we will explore a different topic by reading a book followed by a craft and short scavenger hunt. Children must be accompanied by an adult. Please note that we will be meeting at the pavilion across the street from the Visitor's Center each week. Children that attend six sessions will earn a DiscoverE Hide n' Seekers certificate. Please note that morning and afternoon sessions will be identical during a given week..

Author Luncheon

Pen Argyl graduate Ethan Joella will be the guest of the Blue Mountain Community Library Author Luncheon on Tuesday, Sept. 26, 2023 at Grace United Methodist Church, 404 E. Mountain Ave.,

Pen Argyl, PA. Doors open at 11:30 am and lunch begins at 12:00 pm.

Tickets are \$15.00 and includes a soup, a sandwich (both catered by Café on Broadway) desserts and beverage. All tickets MUST be purchased at the library through September 15, 2023 and will not be available at the door.

September 27

Cat Neutering

Sept 27 Cat Neutering Transport Pick Up Pen Argyl Municipal Parking Lot

You do not have to live in Pen Argy to schedule. This is a drop off /return location.

Communities within 25 minutes of Pen Argyl: Nazareth, Bath, Easton, Forks, Palmer, Plainfield and Bushkill Townships, Wind Gap, Bangor, Mt Bethel, Roseto, Saylorsburg, Kunkeltown, Portland, Brodheadsville, Stroudsburg/East Stroudsburg/Tannersville

It's less than a month away and the van is not close to half filled- we need 8 more PET cats and 3 feral cats to fill the van. To schedule go to www. nnnlv.org and click on Cat Transport 2023. This is an email application.

All healthy cats 3 months/3lbs and older qualify. Cats 6+ need bloodwork so they do not qualify for a transport.

FEMALE PET cat: \$90 includes rabies & distemper vaccines

MALE PET CAT: \$85 includes rabies & distemper vaccines

\$40 feral cat, male or female: \$40 includes a rabies vaccine, parasite treatments. A left eartip is required.

Lets fill this van! Its the last one this year.

September 28

Weekly Weeders

Thursday, September 7, 14, 21, 28 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

September 30

No Pumpkin Way

Enjoy a family fun filled day September 30 in the Roseto Ball Park from 10-3.! Shop with unique vendors & crafters, purchase some Tricky Tray tickets for a chance to win some amazing baskets filled with goodies! While you're there, grab some delicious food! If you're feeling ambitious you can participate in the pumpkin throwing contest. Before you leave, be sure to get your FREE Fall digital photo! This event is FREE to attend and open to the public.

We're looking for vendors and crafters to participate in this event. To request a registration please text (272)-200-8163.

Sponsorship and advertising packages are also available for this event! For more information call (272)-200-8163 or email blueflameevents@yahoo.com.

Bangor Marching Band Festival

The 45th Annual Bangor Area High School Festival of Marching Bands will be held 2:00pm Saturday September 30 at Bangor Memorial Park 90 Eisenhart Blvd, Bangor.

The festival will feature seven marching bands including Bangor and Pen Argyl.

For more information about the Bangor Band program see: bangorareabands.weebly.com

Sept 30 - Oct 1

Revolutionary War Weekend

Saturday & Sunday September 30, 2023 October 1, 2023 Revolutionary War Encampment, Marching Drills, Life, Makers,'Merchants. Blltish Encampment, Skirmishes. Food Truck, Historic Buildings and Museums open for tours Saturday 10-am 4pm and Sunday 12pm - 4pm

October 3

DiscoverE: Tales for Tots

Tuesdays, September 5, 12, 19, 26, October 3, 10, 17 at 10:00am to 11:00am or 1:00pm to 2:00pm

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October 10

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October 14

Designer Purse Bingo

It's time for the second annual Designer Purse Bingo Wind Gap Fire Social Hall Octobre 14 at 5pm .Tickets are \$35 in advance and \$45 at the door. Beer and Wine Slushes will be included with your ticket. Tables are available to reserve on a first come first serve basis. We will have a tricky-tray and door prize! Doors will open at 4:00 and bingo will start at 5:00. We had so much fun last year and are looking forward to another fun night.

For further questions contact Kailey at (484) 626-3132

October 15

The Washington Twp. Fire Co. Fall Craft Fair is on October 15th, 2023 from 10am to 4pm.

Spaces are \$30 for (1) 10ft x 10ft space or \$50 for (2) 10ft x 10ft spaces. Please note that all spaces are outdoors and that this is a rain or shine event. Vendors are also required to bring their own tables, chairs, and coverings. All of this plus other information is listed on the application. Also, previous Vendors/Crafters will not be able to request their spot locations from last year's events.

Please email us at craft.wtvfc@gmail.com or call Aundrea at 610-984-7101 to request an application.

Please also remember that we only accept paper applications with cash or check. No one should be asking you to pay online with a credit card.

October 17

DiscoverE: Tales for Tots

Tuesdays, September 5, 12, 19, 26, October 3, 10, 17 at 10:00am to 11:00am or 1:00pm to 2:00pm

Our popular Tales for Tots program returns with all new explorations! Join us for story time followed by nature activities for preschoolers ages 3-5. Each week we will explore a different topic by reading a book followed by a craft and short scavenger hunt. Children must be accompanied by an adult. Please note that we will be meeting at the pavilion across the street from the Visitor's Center each week. Children that attend six sessions will earn a DiscoverE Hide n' Seekers certificate. Please note that morning and afternoon sessions will be identical during a given week..

October 19-21

Trinity Rummage Sale

A rummage sale will be held at Trinity Evangelical Lutheran Church at 404 Broadway, Bangor, October 19-21 from 8am to 2pm.

Oct 29.30

Market Faire Rendezvous Living History Weekend

Saturday & Sunday, October 29 & 30, 2023 Fur Trade Era Encampment and 18th c. Market Faire. Early American Arts & Crafts, exhib-

its and demonstrations. Open Hearth Cooking.. Food truck. Historic Buildings and Museums open for tours. Saturday 10-4 pm and Sunday 12pm - 4pm

November 12

Roseto Helping Hands Bingo

The Roseto Helping Hands is hosting a bingo at the Roseto Legion at 143 Garibaldi Ave on November 12. Tickets are \$20 in advance and \$25 at the door. Doors open at Noon with games starting at 1pm. Text 484-779-1088 with questions and to get tickets.

November 17-19

Aladdin

Bangopr Area Middle School will present Aladdin Novemver 17-19.

December 1

Tree Lighting With Santa in Washington Twsp.

More Details to come on Facebook.

December 2

Bangor Tree Lighting

Bangor Borough Holiday Artisan Market & Tree Lighting 45 Broadway, Bangor Saturday, December 2, 2023 At 1 Pm – 6 Pm

Join us downtown Bangor for the 3rd annual Holiday Artisan Market! Shop with an wonderful and unique selection of artisans! Be sure to enjoy delicious food from a variety of food trucks. Stick around for the live music, a visit from Santa and the town tree lighting.

December 3

Painting with A Purpose Christmas Edition

Painting with a Twist (Bethlehem, PA) Event by Pink Heals Lehigh Valley Chapter Sunday, December 3, 2023 At 1:30 pm – 3:30 pm

Save the Date to join us on December 3rd for another fun afternoon as we get into the Christmas Spirit by painting Galactic Christmas Eve. We will add the link to register as soon as it becomes available.

Don't think you can paint? Don't worry; the instructors break it down step-by-step for you to create your very own masterpiece.

This event is open to those 18 and older. Those 13-17 are welcome to attend, provided they are accompanied by a parent or guardian.

Arrive 30 minutes prior and join us for a "happy half-hour" to unwind, mix and mingle.

50% of all proceeds go towards their benevolent fun to help those in need in our community.





All Veterans Get an Additional 10 Free Games

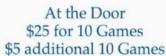
Roseto Helping Hands

American Legion 143 Garibaldi Ave., Roseto, PA

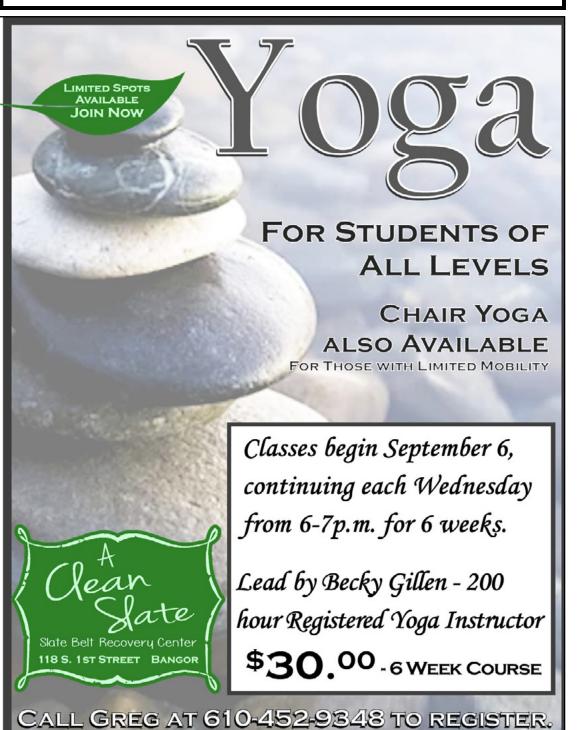
November 12, 2023

Doors open at 12:00 Games begin at 1:00









A Clean Slate will be hosting a six week yoga course beginning Wednesday, September 6, instructed by Becky Gillen, 200 hour registered yoga instructor. This class will explore the fundamentals of yoga while introducing the wellness benefits of aroma therapy and focus on mindfulness. Sign-up today and help bring balance to your self care!

Roseto Community Events

No Pumpkin Way! It's a Fall Festival! & Tricky Tray

Saturday, September 30 10:00-3:00 Roseto Ballpark

Roseto Fall Festival

Saturday, October 14 6:00-8:00 Roseto Ballpark

Veterans Day Service

Saturday, November 11 9:30

Mount Carmel Cemetry 711 Liberty Ave. Roseto

Roseto Helping Hands Bingo

Sunday, November 12

Doors open at 12 and Games begin at 1:00

American Legion

143 Garibaldi Ave. Roseto

Christmas Tree Lighting

Sunday, November 26 6:00



Gum can get matted in feathers or fur, as well as

Roadside litter can cause wildlife to be hit by cars

string and netting, making it difficult to move

Cigarette butts contain nicotine which is

toxic to wildlife if consumed

Regular Events Calendar

Thursday September 7

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 10-8 Slate Belt Senior Center - Open 8-3:30. Blue

Valley Farm Show

Bingo - Plainfield Fire Co., 6:30pm

Plainfield Environmental Advisory Board - Municipal Building, 7:00pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Wind Gap Planning - 7pm

Friday September 8

Bingo - Wind Gap Fire Co., 6:45. Blue Mountain Library - Open 10-12 Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-3:30. Blue

Valley Farm Show

Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday September 9

Blue Mountain Library - 10-12 Bangor Public Library - 10-4

Columcille Tours - Free. 9:30-11:30. Meet at Stone circle.

Slate Belt YMCA -8-4

Slate Belt Heritage Center - Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor.

11:30am - 12:30pm

Sunday September 10

Breakfast - Bushkill Volunteer Fire C. 7:30-12:30.

Fellowship Dinner - Breaking Bread soup kitchen, 4:00pm. Cross Road Baptist, Bangor.

Slate Belt Heritage Center - Open 12-3.

Slate Belt YMCA - 10-2

Monday September 11

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Pen Argyl Sewer Auth. - 4:30pm (If needed) Pen Argyl Municipal Auth. - 5pm (If needed) Bangor Borough Council - Meets Bee Hive

Community Center, 7pm

Portland Council - 7pm

Pump - 8:30-11:30

Upper Mount Bethel Supervisors - Meets 7:00pm

Roseto Borough Council - Municipal Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday September 12

Bingo - Portland Fire Co., 7pm. Blue Mountain Library - Open 10-12 Bangor Public Library - Open 10-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Mission of Love Food Pantry & Clothes

Closet - N. Main St., Bangor, 10-12

Slate Belt YMCA - Open 6:00am - 8:00pm

Wednesday September 13

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue

Valley Farm Show

Washington Township Supervisors Meet - Municipal Building, 7pm

Pen Argyl Park Board - 7pm

Plainfield Township Supervisors - Meets 7:00pm Municipal Building.

Slate Belt YMCA - Open 6:00am - 8:00pm East Bangor Municipal Authority - Municipal Authority Hall, 555 Messinger St., East Bangor, 7:00pm

Thursday September 14

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 10-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Bingo - Plainfield Fire Co., 6:30pm **Slate Belt YMCA** - Open 6:00am - 8:00pm

Friday September 15

Bingo - Wind Gap Fire Co., 6:45. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday September 16

Blue Mountain Library - Open 10-12 Bangor Public Library - Open 10-4 Slate Belt YMCA - 8-4 Slate Belt Heritage Center - Open 12-3 Hope, Faith & Recovery Group, every

Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday September 17

Slate Belt Heritage Center - Open 12-3. Slate Belt YMCA - 10-2

Monday September 18

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8 **Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show

Plainfield Township Planning Commission - Municipal Building, 7:00 pm.

Lower Mount Bethel Supervisors - Meets Centerfield Building - 7pm

Pump - 8:30-11:30

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday September 19

Bingo - Portland Fire Co., 7pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-2

Roseto Planning Commission - 7:00pm Borough Hall

Slate Belt YMCA - Open 6:00am - 8:00pm Washing Twsp. Planning - 7pm Wind Gap Boro - Council 7pm

Wednesday September 20

Bingo - Bushkill Fire Co. Doors 5pm.Bingo 6:45 pm..

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

UMBT Planning Commission - Township Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Thursday September 21

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

UMBT Planning Commission - Township Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pmm

Friday September 22

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8 **Slate Belt Senior Center** - Open 8-4. Blue Valley Farm Show

UMBT Planning Commission - Township Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Saturday September 23.

Blue Mountain Library - Open 10-12 Bangor Public Library - Open 10-4

Slate Belt YMCA - 8-4 Slate Belt Heritage Center - Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor.

Saturday, at A Clean State, 118 S. 1st, St. Bang 11:30am - 12:30pm

Sunday September 24

Fellowship Dinner - First UMC Bangor,

Regular Events

12:30-1:30.

Portland Sunday Sundaes - 6:30

- 8:00pm (Summer only)

Slate Belt Heritage Center - Open 12-3.

Slate Belt YMCA - 10-2

Monday September 25

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

Bangor Borough Council - Workshop, Bee Hive, 7:00pm

Pump - 8:30-11:30 UMBT Supervisors -7pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday September 26

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8 **Slate Belt Senior Center** - Open 8-4. Blue Valley Farm Show

.Bangor Borough Council - Workshop, Bee Hive, 7:00pm

Washington Twp. Recreation - 7pm Roseto Zoning - 7pm

Slate Belt YMCA - Open 6:00am - 8:00pm

UMBT Zoning - 7pm Room, 7pm

Wednesday September 27

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Washington Township Supervisors 1-8
Meet - Municipal Building, 3:30pm.
Slove Building, 3:30pm.

Slate Belt YMCA - Open 6:00am - 8:00pm

Plainfield Zoning - 6:30pm

UMBT Open Space Advisory 7pm

Thursday September 28

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show **Slate Belt YMCA** - 6:00am -

8:00pm **Pen Argyl Council Workshop** -7pm Plainfield Supervisors - 7pm Plainfield Twp Fire Co. Bingo -6:30pm UMBT Development - 7pm

Friday Sentember 20

Friday September 29

Bingo - Wind Gap Fire Co., 6:45. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday September 30

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 10-4

Slate Belt YMCA -8-4 Slate Belt Heritage Center -Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday October 1

Fellowship Dinner - East Bangor UMC, 4-6.

Slate Belt Heritage Center - Open 12-3.

Slate Belt YMCA - 10-2

All-You-Can Eat Breaklfast - Bangor Elks 8-12pm. Adults \$10. Kid 6-12 \$6. Under 6 - Free.

Monday October 2

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Pen Argyl Sewer Committee - 4:30 P.M. Council Chambers

Pen Argyl Municipal Authority - 5:00 P.M. Council Chambers

Washington Township Zoning Board - Municipal Building, 6:30 pm.

Roseto Borough Council Municipal Building, 7:30pm Lower
Mount Bethel Supervisors - Meets
Centerfield Building, 7pm

Portland Borough Council - Borough Hall, 7:00pm

Pen Argyl Council - 7pm

Pen Argyl GFWC - St. John , Pen Argyl, 7pm

Slate Belt YMCA - Open 6:00am

- 8:00pm

Pump - 8:30-11:30 Weona Park Pals - 7pm

Wind Gap Boro Council - 7pm

Tuesday October 3

Bingo - Portland Fire Co., 7pm. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-12

Pen Argyl Woman's Club Meets 1:30 pm St. John's Lutheran.

Plainfield Parks & Rec - 7pm Slate Belt YMCA - Open 6:00am -8:00pm

Wind Gap Boro Council - 7pm (Monday Holiday meet Tuesday

Wednesday October 4

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm..

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 1-8

LMBT Recreation Board - 7pm, Centerfield building

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Slate Belt YMCA - Open 6:00am - 8:00pm

Wind Gap Zoning - 7pm

Thursday October 5

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Bingo - Plainfield Fire Co., 6:30pm Plainfield Environmental

Advisory Board - Municipal Building, 7:00pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Wind Gap Planning - 7pm

Friday October 6

Bingo - Wind Gap Fire Co., 6:45. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday October 7

Blue Mountain Library - 10-12 Bangor Public Library - 10-4 Columcille Tours - Free. 9:30-

11:30. Meet at Stone circle.

Slate Belt YMCA -8-4

Slate Belt Heritage Center - Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday October 8

Breakfast - Bushkill Volunteer Fire C. 7:30-12:30.

Fellowship Dinner - Breaking Bread soup kitchen, 4:00pm. Cross Road Baptist, Bangor.

Slate Belt Heritage Center - Open 12-3.

Slate Belt YMCA - 10-2

Monday October 9

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show **Pen Argyl Sewer Auth.** - 4:30pm

(If needed)
Pen Argyl Municipal Auth. -

Pen Argyl Municipal Auth. - 5pm (If needed)

Bangor Borough Council - Meets Bee Hive Community Center, 7pm

Portland Council - 7pm Pump - 8:30-11:30

Upper Mount Bethel

Supervisors - Meets 7:00pm **Roseto Borough Council** -

Municipal Building, 7:30pm

Slate Belt VMCA - Open 6:00c

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday October 10

Bingo - Portland Fire Co., 7pm. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-12

Slate Belt YMCA - Open 6:00am - 8:00pm

- 8.00pi

SLATE BELT CHURCH INFORMATION











Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor www.christpcsb.org
More info 610-588-4864.
E-mail: info@christpcsb.org.
Sunday Worship, 10:00 a.m.
in-person/Zoom/Facebook Live.
For more info: 610-588-4864.



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Trinity Lutheran Church

404 Broadway Bangor (610-588-20)
telcbangor@frontier.com
Sunday worship 10:30am
Holy Communion: First and Third Sundays
Masks optional.

East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor
Sept 2 A.A Meeting 8pm
Sept 3- 9:30 a.m. Worship Service
Sept 3 -Adult Sunday School
(Live & on Zoom) 10:45 Fellowship Hour
(For Zoom, go to ebumc.org to sign in)

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064
Sept 3 - 14th Sunday After Pentacost
Holy Communion 9:00am
www.gracebelfastpa.org 610-759-9080
Email:gracebelfast@rcn.com

Flicksville UCC

1337 Lower South Main St., Bangor Pastor Ken Hess 610-588-4648 www.flicksvilleucc.com Follow us on Facebook Children & Adult Sunday School 9:30

Children & Adult Sunday School 9:30 Worship at 10:45 AM

Christ Evangelical Lutheran Church

703 South Delaware Drive Mt. Bethel, 18343

http://www.celcpa.org/ Email: celcpaorg@yahoo.com 610-588-7056

Worship: Sundays 9:00 a.m. Holy Communion: First and Third Sunday Toddler Sunday School: Sept-May 10:15

Richmond United Methodist Church

Rev. Peter Jamieson, Pastor http://richmondumc.com/ 8538 Delaware Dr, Bangor, PA 18013 610.588.7317 | richmondumc@epix.net Sunday Worship - Weekly at 10:00 a.m.

First United Methodist Church of Bangor Pastor Elisandra Garcia - 610-588-4673

Pastor Elisandra Garcia - 610-588-4673 55 North Third Street, Bangor PA 11:00am service (Communion First Sunday)

Prince of Peace Ev. Lutheran Church

Rev. Michael J. Scholtes, 610-588-55 2445 Lake Minsi Dr, Bangor

popbangor.org poplcbangor@gmail.com

Sunday Worship 9:45 am (Weekly Communion) Sunday School 8:30 am



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 Affordable space for bridal or baby shower, birthday, graduation or wedding party and family gatherings.

 Handicap accessible hall with kitchen and large parking lot. Accommodates up to 100 people.

TRINITY LUTHERAN CHURCH

404 Broadway, Bangor More info: 610-588-2023



Bangor Library - New Books

New in the Bangor Public Library August 24 to August 31

Adult Fiction

An Amish Market: Four Novellas In Charm's Way by Lana Harper The Wedding Chapel by Rachel Hauck

The Trade Off by Sandie Jones

The Duet with the Siren Duke by Elise Kova

Christmas

in Silver Springs by Brenda Novak

He Who Drowned the World by Shelley Parker-Chan

Dead Mountain by Douglas J. Preston

After That Night by Karin Slaughter

Sugar Pine Trail by RaeAnne Thayne

Adult Nonfiction

Dark Future: Uncovering the Great Reset's Terrifying Next Phase by

Glenn Beck

Simply Korean: Easy Recipes for Korean Favorites That Anyone Can

Make by Aaron Huh

Bob Dylan: All the Songs: The Story Behind Every Track by Philippe

Margotin

The Faith of Elvis: A Story Only a Brother Can Tell by Billy Stanley

Easy Fiction

First Words by Julie Aigner-Clark

See, Touch, Feel: A First Sensory Book to Share with Your Baby by Ellie

Boultwood

Pajama Time! By Sandra Boynton

Turn, Crank, Zoom! By Erin Rose Wage

Circus: A Pop-up Adventure by Meg Davenport You're My Little Honey Bunny by Nicola Edwards

The Little Mermaid by Hannah Elliot

There's a Unicorn in Your Book by Tom Fletcher

Frozen by Bill Scollon

One

Christmas

Bear by Anne Kennedy

Snow White by Chloe Perkins

Pete the Kitty's Cozy

Christmas: A Touch and Feel Book by Kimberly Dean

That's Not My Train: Its Wheels are Too Squashy by Fiona Watt

Easy Non Fiction

Lunar New Year by Hannah Eliot

Dinosaurs by Jill McDonald

Rainforest Animals by Jill McDonald

Backyard Bugs by Jill McDonald

Birds by Jill McDonald

Construction Site by Jill McDonald

Easy Reader Fiction

The Gingerbread Pup by Maribeth Boelts

Junior Fiction

Descendants: The Rotten to the Core Trilogy: Complete Edition by

Jason Muell

Mary Pope Osborne's Magic Tree House: Night of the Ninjas by Jenny

Laird

Young Adult Fiction

Foxglove by Adalyn Grace

Ethan Joella Author Luncheon

Pen Argyl graduate Ethan Joella will be the guest of the Blue Mountain Community Library Author Luncheon on Tuesday, Sept. 26, 2023 at Grace United Methodist Church, 404 E. Mountain Ave., Pen Argyl, PA. Doors open at 11:30 am and lunch begins at 12:00 pm.

Tickets are \$15.00 and includes a soup, a sandwich (both catered by Café on Broadway) desserts and beverage. All tickets MUST be purchased at the library through September 15, 2023 and will not be available at the door.

Featured this year is Local author, Ethan Joella who will discuss his novels, "A Little Hope" and "A Quiet Life." Ethan's first novel, "A Litle Hope" is a sweet and tender take on small-town life, community, family, and friendship. The author has crafted a story of ordinary moments that connect the characters in extraordinary ways with eventual forgiveness and redemption.

A graduate of Pen Argyl High School, Joella now resides in Rehoboth Beach, Delaware with his wife and two daughters where he teaches English and Psychology at the University of Delaware. Both books are available to borrow at the library and signed copies of Joella's books may be purchased at this event.

WHAT'S GOING ON????

Your News Published Free Reach 2500 -3000 Daily Readers Via Socia,l Media sbtopics@rcn.com

Cookbooks in the Book Nook

Do you like to cook or collect cookbooks? If so, stop into the Blue Mt. Community Library, located at 216 S. Robinson Ave. Pen Argyl and browse through the Book Nook.

Along with many adult and children's gently used books and puzzles, there is a large collection of cookbooks available to purchase. The library is open M-Sa, 10:00 am to Noon, and M & Th 6:00 to 8:00 pm.

Membership is not needed to purchase items in the Book Nook, but is free to all residents of the Pen Argyl Area School District. Nonresidents may join for a small yearly fee.

The library also has Pen Argyl yearbooks available to buy. Call 610-863-3029 or visit our Facebook page or website at **www.bmcl.org.** for information about the library

For those with moderately or severely weakened immune systems:

- You may get an additional updated COVID-19 shot if it has been 2 months since your last recommended updated COVID-19 shot.
- Talk to your healthcare provider to learn if you are able to





Pen Argyl High School Fall Sports Schedule



| Pen | Argyl | Golf | (5-4) |
|-----|-------|-------------|-------|
| | | UUII | しンニすり |

| Thu 8/10/ | Palmerton @ Pen Argyl | W |
|-----------|------------------------------|--------------|
| Mon 8/14/ | Pen Argyl @ Moravian Academy | L |
| Tue 8/15/ | Northwestern @ Pen Argyl | L |
| Thu 8/17/ | Pen Argyl @ Bangor | \mathbf{W} |
| Mon 8/21/ | Pen Argyl @ Southern Lehigh | L |
| Tue 8/22/ | Wilson @ Pen Argyl | \mathbf{W} |
| Thu 8/24/ | Saucon Valley @ Pen Argyl | W |
| Mon 8/28/ | Pen Argyl @ Salisbury | W |
| Tue 8/29/ | Notre Dame G.P. @ Pen Argyl | L |
| Thu 8/31/ | Pen Argyl @ Palmerton | 2:45pm |
| Tue 9/5/ | Moravian Academy @ Pen Argyl | 2:45pm |
| Thu 9/7/ | Pen Argyl @ Northwestern | 2:45pm |
| Mon 9/11/ | Bangor @ Pen Argyl | 2:45pm |
| Thu 9/14 | Notre Dame E.S. | 2:45pm |
| Thu 9/21 | Mutliple Opponents | 2:00pm |
| | | |

Pen Argyl Girls Soccer (2-0)

| | (| , |
|------------|-----------------------------|---------|
| Fri 8/25 | Pocono Mt. West @ Pen Argyl | W 9-0 |
| Tue 8/29/ | Wilson @ Pen Argyl | W 5-0 |
| Thu 8/31/ | Pen Argyl @ Northwestern | 6:30pm |
| Tue 9/5/ | Catasauqua @ Pen Argyl | 4:00pm |
| Thu 9/7/ | Pen Argyl @ Notre Dame G.P. | 4:00pm |
| Wed 9/13/ | Northern Lehigh @ Pen Argyl | 4:00pm |
| Sat 9/16/ | Pen Argyl @ Palisades | 10:00am |
| Mon 9/18/ | Salisbury @ Pen Argyl | 4:00pm |
| Wed 9/20/ | Pen Argyl @ Moravian | 4:00pm |
| Tue 9/26/ | Southern Lehigh @ Pen Argyl | 4:00pm |
| Thu 9/28/ | Pen Argyl @ Saucon Valley | 4:00pm |
| Mon 10/2/ | Palmerton @ Pen Argyl | 4:00pm |
| Wed 10/4/ | Pen Argyl @ Bangor | 4:00pm |
| Sat 10/7 | Pen Argyl @ Lehighton | 10:00am |
| Senior Day | 10/2 | |

Pen Argyl Boys Cross Country (0-0)

| Fri 8/25 | Lion Invitational @ Moravian | 2:50pm |
|------------|-----------------------------------|--------|
| Wed 9/6/ | Bangor, Notre Dame Palisades, Pen | Argyl |
| Saucon Val | lley, Wilson @ Moravian Academy | 4:00pm |

Tue 9/12/ Wilson, Pen Argyl, Palmerton, Northwestern, Northern Lehigh @ Bangor 4:00pm

Tue 9/19/ S. Lehigh Salisbury, Pen Argyl, Catasauqua, Bangor @ Wilson 4:00pm

Tue 9/26/ Wilson, Saucon Valley, Palisades, Notre Dame G.P., Moravian Academy, Bangor @ Pen Argyl 4:00pm

Tue 10/3/ Wilson, Pen Argyl, Northwestern, Northern Lehigh, Bangor @ Palmerton 4:00pm

Tue 10/10/ Wilson, Salisbury, Pen Argyl, Catasauqua, Bangor @ Southern Lehigh 4:30pm

Pen Argyl Girls Cross Country (0-0)

| | | () |
|-----------|-----------------------------------|---------|
| Fri 8/25 | Lion Invitational @ Moravian | 2:50pm |
| Wed 9/6/ | Bangor, Notre Dame Palisades, Per | n Argyl |
| Saucon Va | llev, Wilson @ Moravian Academy | 4:00pm |

Tue 9/12/ Wilson, Pen Argyl, Palmerton, Northwestern, Northern Lehigh @ Bangor 4:00pm

Tue 9/19/ S. Lehigh Salisbury, Pen Argyl, Catasauqua, Bangor @ Wilson 4:00pm

Tue 9/26/ Wilson, Saucon Valley, Palisades, Notre Dame G.P., Moravian Academy, Bangor @ Pen Argyl 4:00pm

Tue 10/3/ Wilson, Pen Argyl, Northwestern, Northern Lehigh, Bangor @ Palmerton 4:00pm

Tue 10/10/ Wilson, Salisbury, Pen Argyl, Catasauqua, Bangor @ Southern Lehigh 4:30pm

Text Game Scores To 570-688-3724



Pen Argyl High School Fall Sports Schedule



Pen Argyl Football (1-0)

| | i chi i ii gyi i docomii (i | <i>•</i> | |
|-------------------|------------------------------|----------|--|
| 8/26/ | Wilson @ Pen Argyl | W 49-20 | |
| 9/2/ | Mahanoy @ Pen Argyl | 1:30pm | |
| 9/8/ | Pen Argyl @ Northern Lehigh | 7:00pm | |
| 9/16/ | Northwestern @ Pen Argyl | 1:30pm | |
| 9/22/ | Pen Argyl @ Catasauqua | 7:00pm | |
| 9/29/ | Pen Argyl @ Minersville | 7:00pm | |
| 10/7/ | Palisades @ Pen Argyl | 1:30pm | |
| 10/14/ | Schuylkill Haven @ Pen Argyl | 1:30pm | |
| 10/20/ | Pen Argyl @ Panther Valley | 7:00pm | |
| 10/27/ | Pen Argyl @ Bangor | 7:00pm | |
| Green | & White Day 8/26 | | |
| Shirt C | off Back Day 9/2 | | |
| Hall of Fame 9/16 | | | |
| Homecoming 10/7 | | | |
| Senior | Day 10/14 | | |
| | | | |

Pen Argyl Tennis (1-2)

| Mon 8/21/ | Wilson @ Pen Argyl | L 6-0 |
|-----------|---------------------------------|--------|
| Wed 8// | Pen Argyl @ Salisbury | W 4-0 |
| Thu 8/24/ | Southern Lehigh @ Pen Argyl | 4:00pm |
| Mon 8/28/ | Pen Argyl @ Notre Dame G.P. | L 3-2 |
| Thu 8/31/ | Pen Argyl @ Palisades | 4:00pm |
| Thu 9/7/ | Pen Argyl @ Saucon Valley | 4:00pm |
| Mon 9/11/ | Moravian Academy @ Pen Argyl | 4:00pm |
| Wed 9/13/ | Bangor @ Pen Argyl | 4:00pm |
| Mon 9/18/ | Salisbury @ Pen Argyl | 4:00pm |
| Wed 9/20 | Pen Argyl @ Jim Thorpe | 4:00pm |
| Mon 9/25/ | Palisades @ Pen Argyl (Sr. Day) | 4:00pm |

Pen Argyl Girls Volleyball (0-2)

| 1 | ch Argyr On is voncyba | III (V- <i>4)</i> |
|-----------|-----------------------------|-------------------|
| Mon 8/28/ | Notre Dame G.P. @ Pen Argyl | L 3-0 |
| Wed 8/30/ | Pen Argyl @ Northwestern | L 3-0 |
| Tue 9/5/ | Southern Lehigh @ Pen Argyl | 6:00pm |
| Thu 9/7/ | Pen Argyl @ Catasauqua | 6:00pm |
| Mon 9/11/ | Palmerton @ Pen Argyl | 6:00pm |
| Wed 9/13/ | Saucon Valley @ Pen Argyl | 6:00pm |
| Thu 9/21/ | Pen Argyl @ Notre Dame G.P. | 7:00pm |
| Mon 9/25/ | Northwestern @ Pen Argyl | 6:00pm |
| Wed 9/27/ | Pen Argyl @ Southern Lehigh | 6:00pm |
| Mon 10/2/ | Catasauqua @ Pen Argyl | 6:00pm |
| Wed 10/4/ | Pen Argyl @ Palmerton | 6:00pm |
| Mon 10/9/ | Pen Argyl @ Saucon Valley | 6:00pm |
| | | |

Pen Argyl Field Hockey (1-1)

| | 1 | () |
|------------|--------------------------|---------|
| Sat 8/26/ | Palisades @ Pen Argyl | W 1-0 |
| Mon 8/28 | Pen Argyl @ Moravian | L 3-0 |
| Wed 8/30/ | Palmerton @ Pen Argyl | W 2-1 |
| Thu 8/31 | Pen Argyl @ Lehighton | 4:00pm |
| Wed 9/6/ | Wilson @ Pen Argyl | 4:00pm |
| Sat 9/9/ | Pen Argyl @ Saucon | 10:00am |
| Mon 9/11/ | Pen Argyl @ N, Lehigh | 4:00pm |
| Wed 9/13/ | Pen Argyl @ Bangor | 4:00pm |
| Sat 9/16 | ESS @ Pen Argyl | 10:00am |
| Tue 9/19/ | Moravian @ Pen Argyl | 4:00pm |
| Thu 9/21/ | Northwestern @ Pen Argyl | 4:00pm |
| Sat 9/23 | Salisbury @ Pen Argyl | 10:00am |
| Wed 9/27/ | Pen Argyl @ Wilson | 4:00pm |
| Sat 9/30/ | Pen Argyl @ S. Lehigh | 10:00am |
| Tue 10/3/ | Pen Argyl @ Catasauqua | 4:00pm |
| Thu 10/5/ | Bangor @ Pen Argyl | 4:00pm |
| Thu 10/12 | Pleasant V. @ Pen Argyl | 4:00pm |
| Fri 10/13 | Pen Argyl @ Whitehall | 3:30pm |
| Youth Day | 9/16 | - |
| Senior Day | | |
| | | |

Pen Argyl Boys Soccer (1-2)

| I ch Argyr Doys Succer (1-2) | | | |
|------------------------------|-----------------------------|---------|--|
| Sat 8/26 | Pen Argyl @ Shenandoah | W3-2 | |
| Sat 8/26 | TBA @ Pine Grove | L 3-0 | |
| Tue 8/29/ | Pen Argyl @ Wilson | L 1-0 | |
| Thu 8/31/ | Northwestern @ Pen Argyl | 4:00pm | |
| Tue 9/5/ | Pen Argyl @ Catasauqua | 4:00pm | |
| Thu 9/7/ | Notre Dame G.P. @ Pen Argyl | 4:00pm | |
| Thu 9/14/ | Pen Argyl @ Northern Lehigh | 4:00pm | |
| Sat 9/16/ | Palisades @ Pen Argyl | 10:00am | |
| Mon 9/18/ | Pen Argyl @ Salisbury | 4:00pm | |
| Wed 9/20/ | Moravian @ Pen Argyl | 4:00pm | |
| Sat 9/23 | Jim Thorpe @ Pen Aryl | 10:00am | |
| Tue 9/26/ | Pen Argyl @ Southern Lehigh | 6:30pm | |
| Thu 9/28/ | Saucon Valley @ Pen Argyl | 4:00pm | |
| Mon 10/2/ | Pen Argyl @ Palmerton | 4:00pm | |

Text Game Scores To 570-688-3724



Bangor High School Fall Sports Schedule



Bangor Girls Soccer (1-2-1)

| 901 01115 200001 (1 = | -, |
|--------------------------|--|
| ESN @ Bangor | W 11-0 |
| Bangor @ Libery | T 0-0 |
| Bangor @ Northern Lehigh | n L 6-0 |
| Palisades @ Bangor | L 3-0 |
| Bangor @ Salisbury | 6:30pm |
| Bangor @ Stroudsburg | 4:00pm |
| Moravian @ Bangor | 4:00pm |
| Bangor @ Pleasant Valley | 4:00pm |
| Bangor @ Southern Lehigh | 6:30pm |
| Saucon Valley @ Bangor | 4:00pm |
| Bangor @ Palmerton | 10:00am |
| Wilson @ Bangor | 4:00pm |
| Bangor @ NDES | 4:00pm |
| Bangor @ Northwestern | 6:30pm |
| Catasauqua @ Bangor | 6:00pm |
| Bangor @ Notre Dame G.F. | P. 4:00pm |
| Pen Argyl @ Bangor | 4:00pm |
| Bangor @ Northampton | 10:00am |
| t 9/28 | |
| nt 10/4 | |
| | Bangor @ Libery Bangor @ Northern Lehigh Palisades @ Bangor Bangor @ Salisbury Bangor @ Stroudsburg Moravian @ Bangor Bangor @ Pleasant Valley Bangor @ Southern Lehigh Saucon Valley @ Bangor Bangor @ Palmerton Wilson @ Bangor Bangor @ NDES Bangor @ Northwestern Catasauqua @ Bangor Bangor @ Northwestern Catasauqua @ Bangor Bangor @ Notre Dame G.F Pen Argyl @ Bangor Bangor @ Northampton t 9/28 |

Bangor Field Hockey (3-0)

| Da | ngor Field Hockey (| 3-0) |
|-----------|--------------------------|--------------|
| Sat 8/26/ | Saucon Valley @ Bangor | W 2-1 |
| Mon 8/28/ | Bangor @ Wilson | W 1-0 |
| Wed 8/30/ | Bangor @ Palisades | W 5-1 |
| Tue 9/5/ | Bangor @ Moravian | 4:00pm |
| Sat 9/9/ | N. Lehigh @ Bangor | 10:00am |
| Mon 9/11/ | Bangor @ Palmerton | 4:00pm |
| Wed 9/13/ | Pen Argyl @ Bangor | 4:00pm |
| Tue 9/19/ | Wilson @ Bangor | 4:00pm |
| Thu 9/21/ | Bangor @ Salisbury | 4:15pm |
| Fri 9/22/ | S. Lehigh @ Bangor | 4:00pm |
| Mon/9/25 | Lehighton @ Bangor | 4:00pm |
| Wed 9/27/ | Moravian @ Bangor | 4:00pm |
| Fri 9/29/ | Catasauqua @ Bangor | 4:00pm |
| Sat 9/30 | Bangor @ ESS | 11:00am |
| Mon 10/2 | Pleasant Valley @ Bangor | :4:00pm |
| Tue 10/3/ | Bangor @ Northwestern | 6:15pm |
| Thu 10/5/ | Bangor @ Pen Argyl | 4:00pm |
| Sat 10/7 | Bangor @ Northampton | 1:00pm |
| Youth Day | 9/9 | |
| a . D | 0/10 | |

Bangor Boys Soccer (2-0-1)

| Mon 8/25 | Bangor @ ESN | W 12-0 |
|------------|--------------------------|----------|
| Tue 8/26 | North Pocono @ Bangor | 12:00pm |
| Tue 8/29/ | Northern Lehigh @ Bangor | · W 3-1 |
| Thu 8/31/ | Bangor @ Palisades | T 1-1 |
| Tue 9/5/ | Salisbury @ Bangor | 4:00pm |
| Thu 9/7/ | Bangor @ Moravian | 4:00pm |
| Tue 9/12/ | Southern Lehigh @ Bangor | 4:00pm |
| Thu 9/14/ | Bangor @ Saucon Valley | 4:00pm |
| Sat 9/16/ | Palmerton @ Bangor | 10:00am |
| Wed 9/20/ | Bangor @ Wilson | 4:00pm |
| Fri 9/22 | NDES @ Bangor | 7:00pm |
| Sat 9/23 | Wallenpaupack @ Bangor | 11:00am |
| Tue 9/26/ | Northwestern @ Bangor | 4:00pm |
| Fri 9/29 | Bangor @ ESS | 3:30pm |
| Thu 9/28/ | Bangor @ Catasauqua | 4:00pm |
| Mon 10/2/ | Notre Dame G.P. @ Bango | r 4:00pm |
| Wed 10/4/ | Bangor @ Pen Argyl | 4:00pm |
| Sat 10/7 | Northampton @ Bangor | 10:00am |
| Youth Nigh | nt 9/22 | |
| Senior Nig | ht 10/2 | |

Bangor Football (2-0)

| Dangor rootban (2 0) | | | | |
|----------------------|--------------------------|---------|--|--|
| 8/25/ | Bangor @ Palisades | W 36-8 | | |
| 8/31 | Bangor @ Jim Thorpe | W 39-14 | | |
| 9/8/ | Southern Lehigh @ Bangor | 7:00pm | | |
| 9/15/ | Saucon Valley @ Bangor | 7:00pm | | |
| 9/22/ | Bangor @ Wilson | 1:30pm | | |
| 9/29/ | Pottsville @ Bangor | 7:00pm | | |
| 10/6/ | Bangor @ Lehighton | 7:00pm | | |
| 10/13/ | Northwestern @ Bangor | 7:00pm | | |
| 10/20/ | Bangor @ Blue Mountain | 7:00pm | | |
| 10/27/ | Pen Argyl @ Bangor | 7:00pm | | |
| Senior Night 9/15 | | | | |
| Youth N | light 9/29 | | | |
| Homecoming 10/13 | | | | |
| | | | | |

Text Game Scores To 570-688-3724



Bangor High School Fall Sports Schedule



| Bangor | Cross | Girls | Country | (0-0) |) |
|--------|-------|-------|---------|-------|---|
| | | | | | |

| Fri 8/25 | Lion Invitational @ Moravian | 2:50pm |
|-----------|-------------------------------------|--------|
| Wed 9/6/ | Bangor, Notre Dame G.P., Palisades, | |
| Pen Argyl | , Saucon Valley, Wilson @ Moravian | 4:00pm |

| Sat 9/02 | Bangor @ Northampton | 9:00am |
|----------|-------------------------|--------|
| Sat 9/9 | Bangor @ Open (DeSales) | 9:00am |

Tue 9/12/ Wilson, Pen Argyl, Palmerton, Northwestern, Northern Lehigh @ Bangor (Senior Day) 4:00pm

Tue 9/19/ S. Lehigh, Salisbury, Pen Argyl, Catasauqua, Bangor @ Wilson 4:00pm

Tue 9/26/ Wilson, Saucon Valley, Palisades, Notre Dame G.P., Moravian Academy, Bangor @ Pen Argyl 4:00pm

Tue 10/3/ Wilson, Pen Argyl, Northwestern, Northern Lehigh, Bangor @ Palmerton 4:00pm

Tue 10/10/ Wilson, Salisbury, Pen Argyl, Catasauqua, Bangor @ Southern Lehigh 4:30pm

Bangor Cross Boys Country (0-0)

| Fri 8/25 | Lion Invitational @ Moravian | 2:50pm |
|------------|-------------------------------------|--------|
| Wed 9/6/ | Bangor, Notre Dame G.P., Palisades, | |
| Pen Argyl, | Saucon Valley, Wilson @ Moravian | 4:00pm |

| Sat 9/02 | Bangor @ Northampton | 9:00am |
|----------|-------------------------|--------|
| Sat 9/9 | Bangor @ Open (DeSales) | 9:00am |

Tue 9/12/ Wilson, Pen Argyl, Palmerton, Northwestern, Northern Lehigh @ Bangor (Senior Day) 4:00pm

Tue 9/19/ S. Lehigh, Salisbury, Pen Argyl, Catasauqua, Bangor @ Wilson 4:00pm

Tue 9/26/ Wilson, Saucon Valley, Palisades, Notre Dame G.P., Moravian Academy, Bangor @ Pen Argyl 4:00pm

Tue 10/3/ Wilson, Pen Argyl, Northwestern, Northern Lehigh, Bangor @ Palmerton 4:00pm

Tue 10/10/ Wilson, Salisbury, Pen Argyl, Catasauqua, Bangor @ Southern Lehigh 4:30pm

Bangor Golf (1-8)

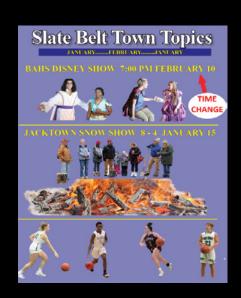
| | . , | |
|-----------|--------------------------|-----------|
| Thu 8/10/ | Moravian Acad @ Bangor | L |
| Mon 8/14/ | Bangor @ Northwestern | L |
| Tue 8/15/ | Bangor @ Saucon Valley | W 522-510 |
| Wed 8/16 | Bangor @ ESS | 12:00 |
| Thu 8/17/ | Pen Argyl @ Bangor | L |
| Mon 8/21/ | Bangor @ Palmerton | L |
| Tue 8/22/ | Bangor @ Salisbury | L 441-460 |
| Thu 8/24/ | NDGP. @ Bangor | L 438-503 |
| Mon 8/28/ | Bangor @ So Lehigh | L 349-436 |
| Tue 8/29/ | Palmerton @ Bangor | L 236-502 |
| Wed 8/30 | Pocono Mt. West @ Bangor | 3:00pm |
| Thu 8/31/ | Bangor @ Moravian Acad | 2:45pm |
| Tue 9/5/ | Northwestern @ Bangor | 2:45pm |
| Wed 9/6 | Bangor @ Easton | 2:30pm |
| Thu 9/7/ | Wilson @ Bangor | 2:45pm |
| Mon 9/11/ | Bangor @ Pen Argyl | 2:45pm |
| Wed 9/13 | Northampton @ Bangor | 1:40pm |

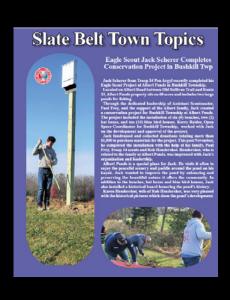
Bangor Tennis (2=3)

| Mon 8/21/ | Bangor @ Moravian Academy | L 5-0 |
|-----------|---------------------------|---------|
| Fri 8/25 | Notre Dame E.S. @ Bangor | 4:00pm |
| Sat 8/26 | Jim Thorpe @ Bangor | 11:00am |
| Mon 8/28/ | Saucon Valley @ Bangor | L 4-1 |
| Wed 8/30 | Pottsville @ Bangor | W 5-1 |
| W 8/30 | Liberty @ Bangor | L 5-0 |
| Thu 8/31/ | Wilson @ Bangor | W 3-2 |
| Tue 9/5/ | Bangor @ Salisbury | 4:00pm |
| Thu 9/7/ | Southern Lehigh @ Bangor | 4:00pm |
| Wed 9/8 | Stroudsburg # Bangor | 3:30pm |
| Mon 9/11/ | Bangor @ Notre Dame G.P. | 4:00pm |
| Wed 9/13/ | Bangor @ Pen Argyl | 4:00pm |
| Fri 9/15 | Palisades @ Bangor | 4:00pm |
| Sat 9/16 | Bangor @ Easton | 10:00am |
| Mon 9/18/ | Bangor @ Southern Lehigh | 4:00pm |
| Wed 9/20/ | Moravian Academy @ Bangor | 4:00pm |
| Fri 9/22 | Bangor @ Northampton | 3:30pm |
| | | |

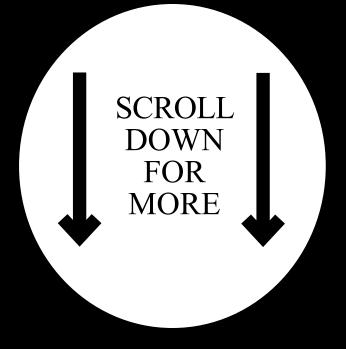
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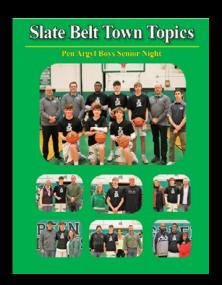


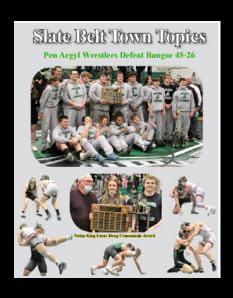












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Playing Newborn Babies Mozart Relieved Their Pain Researchers Measured The Pain Levels Of 100 Newborns Blood Test

By Stephen Beech via SWNS

laying newborn babies a Mozart lullaby relieved their pain during a blood test, suggests a new study. American researchers measured the pain levels of 100 newborns undergoing a heel prick blood test in New York as part of routine screening for conditions such as jaundice.

Half the babies listened to an instrumental Mozart lullaby for 20 minutes before and during the heel prick and for five minutes afterward, while the other half did not listen to any music.

Regarded as one of the greatest composers in history, Wolfgang Amadeus Mozart composed more than 800 works before his death at the age of 35 in 1791.

The babies were, on average, two days old and born at 39 weeks, while just over half were boys.

As part of standard care, all the babies were given 0.5 milliliters of sugar solution two minutes before the heel prick was performed.

A researcher wearing noise-canceling headphones assessed the babies' pain levels before, during, and after the heel prick.

Pain levels were determined according to the babies' facial expressions, degree of crying, breathing patterns, limb movements, and levels of alertness.

The researchers accounted for the potential influence of other sensory inputs on pain levels by consistently performing the procedure in a quiet, dimly lit room at an ambient temperature and by not providing the babies with pacifiers or physical comfort.

The team observed similar pain levels in both groups of babies before the heel prick, with both groups having average pain scores of zero, out of a maximum possible score of seven.

But the pain score of babies who listened to the lullaby was "significantly lower" during and immediately after the heel prick, compared to those who did not listen to music.





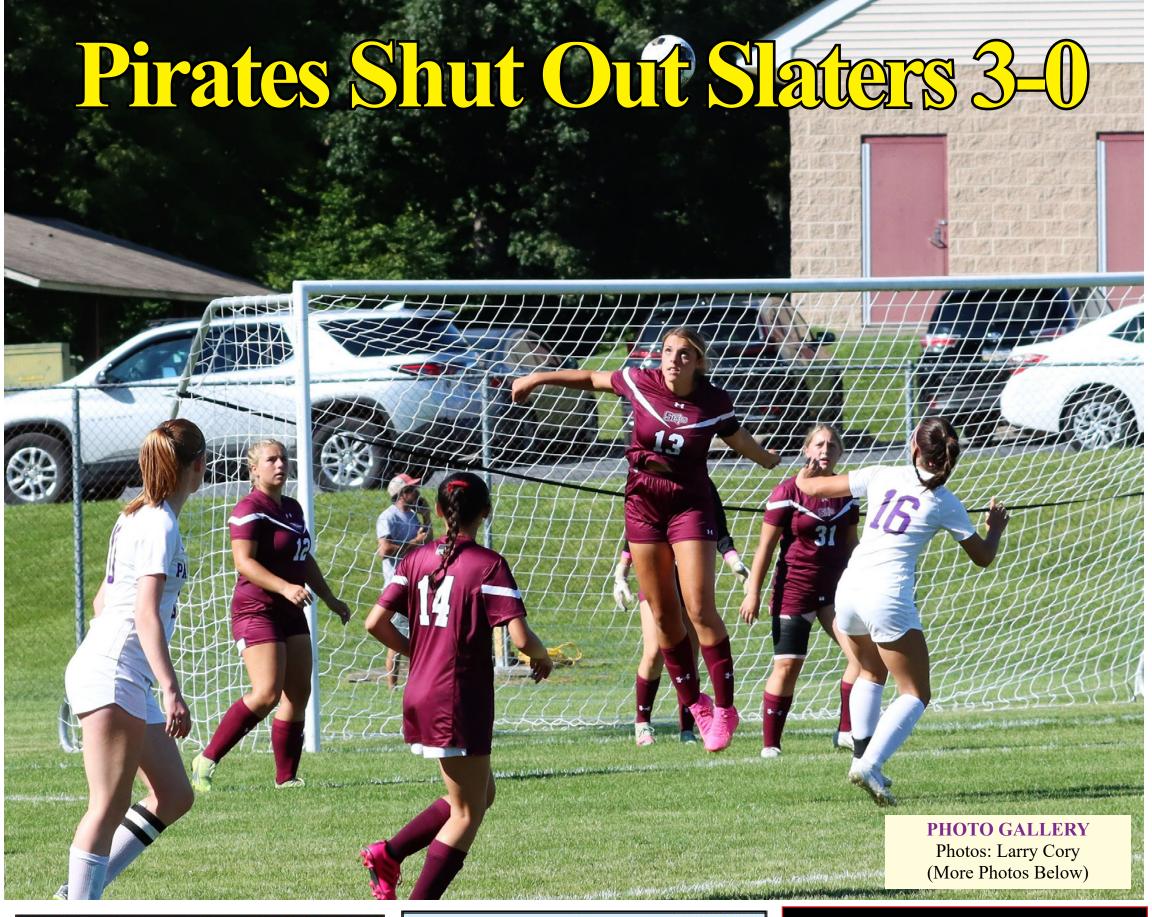


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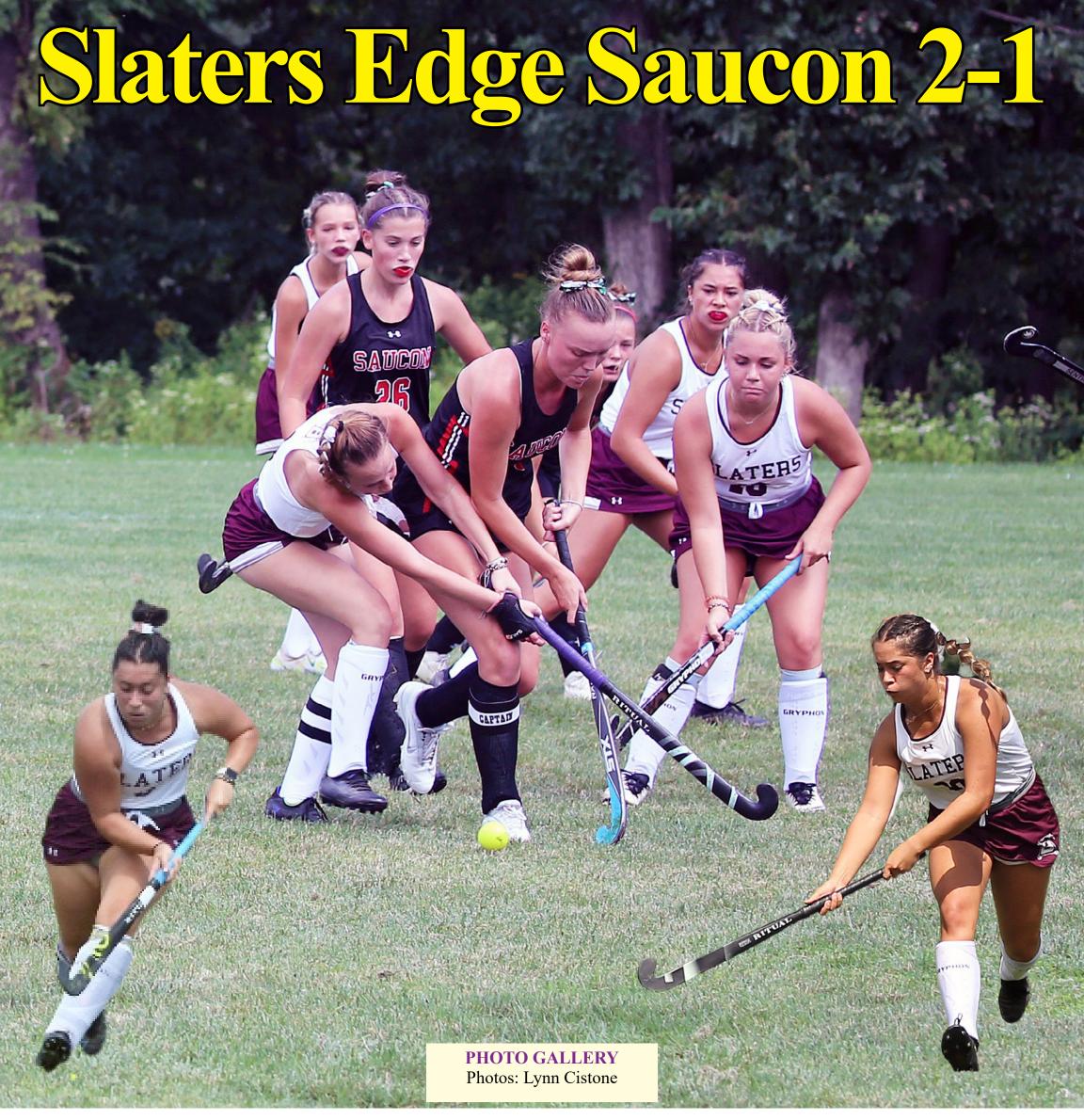
Although Pen Argyl didn't have the distinction of winning its first-ever varsity Colonial League Volleyball game, losing 3-0 to Notre Dame GP, they were competitive throughout the contest last night at Pen Argyl. The play of Julia Vargo, Kelsie Uhler, Ashlyn Oessenick and others was impressive. Moreover, the Green Knights with a team composed of all underclassman, showed that it has an optimistic future.







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Johnsonville Inn Maintains Area Legacy

Beautifully Refurbished 150-Year-Old Restaurant Reopens



Ed and Donna Curry cut the ribbon Wednesday afternoon officially renewing a restaurant that has served the Slate Belt for 147 years. The Innwill be open from 4-10pm everyday but Tuesday. They will also accept reservations by calling them at 570-583-2330. *Photo Larry Cory*





Inn Traces Roots to 1848

Johnsonville Inn has a rich and robust history dating back to 1848 when Jacob and Diana Stier bought the land from George and Elizabeth Beck. While the land was eventually sold to their son, Phillip in 1863, it was not until 1874 that Phillip's brother, William Gould Stier would build The Constitution House on the property.

In 1889, the Constitution House was sold to Lewis Franklin Reimer who then renamed it the Johnsonville House. After the passing of Reimer in 1939, his grandson Ockey took over the Inn in 1941.

In 1976, the property was purchased and renamed the Red Geranium Country Inn until 1980 when Dan and Ethel Paolini took over the Inn. Danet's Red Geranium Country Inn was a local staple until Dan's passing in 2008.

The Inn changed ownership a few times between 2012 and 2015 until finally landing in the hands of Ed and Donna Curry in 2019. With renovations to bring it into the future, while looking back fondly to the past, it was renamed Johnsonville Inn in 2023.

Johnsonville Inn serves contemporary American food specializing in steaks, using USDA-Certified beef. Info from the Inn's website @ www.johnsonvilleinn.com







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Raegen Toomey Scores a Game Record Eight Goals

Bangor sophomore Raegen Toomey set a school record of eight goals in a game during the Bangor Girls Soccer team's 11-0 shutout over East Stroudsburg North Friday afternoon.

Toomey broke the old record of six set by Kylee Will in a game versus Palmerton in 2015.

Meanwhile, the Slater Boys soccer team shutout East Stroudsburg North 12-0 yesterday.

Shutouts were in vogue Friday at the Slater girls tennis team recorded a 5-0 win over Notre Dame of East Stroudsburg.

The Bangor football team came within one touchdown of a shutout, beating Palisades 36-8. Bangor led 36-0 in third quarter when the Pirates scored their only points of the contest.

The Slaters took an early 2-0 lead on a safety in the first quarter before senior quarterback Greg Campbell threw a 27-yard touchdown pass to Riley Stapp for a 9-0 lead.

Campbell and Stapp combined twice more for touchdowns, the last a 29-yard throw on the final play of the half.

Campbell also completed a touchdown pass to Max Siu for his fourth of the game.

Nosh Hillis scored on a one-yard run in he third quarter for the final score of the night.

Campbell's four touchdown passes in a game fell two short of the record of 6 held jointly by Jason Marracinni (1994 vs Pen Argyl) and Steve Menhennitt (1969 vs Pocono Mountain)

The Pen Argyl Girls Soccer team also scored big with a 9-1 win over Pocono Mountain West.

Photos and Info Courtesy Bangor Athletcs @ Twittter

Constitution Avenue Construction

Wind Gap Borough will be starting their Constitution construction project on Tuesday, August 29th.

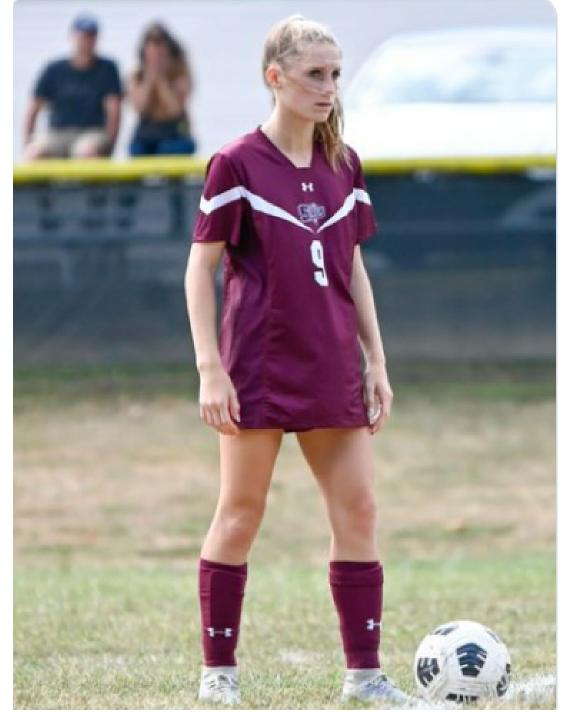
The contractor will be starting with the western most cross pipe replacement which will require the closure of Constitution for the safety of the workers. It is hoped that the cross pipe and inlets can be replaced in one working day but if it's not, there is a possibility Constitution could be closed on Wednesday.

The construction will progress to the east with the replacement of the storm inlets and pipe along the north side of the road. When they the next cross pipe, that will require the closure of Constitution once again. Wind Gap Borough will be updating us on the progress, and we will update as we get them.

There is one additional crossing that will require closure and that timing will be dictated by the pace of construction. Constitution will be closed during the day (7:00-4:00) and opened back up to through traffic at the end of the day.

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.



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