# OCTOBER 1

**NORTHAMPTON COUNTY** 

# HOUSEHOLD HAZARDO RESIDENTIAL DROP-OFF EVENT WASTE





ONLINE PRE-REGISTRATION IS REQUIRED & OPENS SEPTEMBER 1

LEARN MORE www.northamptoncounty.org



Tickets Will Be Mailed

SPECIALTY BINGO

Sunday, September 11, 2022 Bangor Elks Lodge, 120 Broadway, Bangor

Sponsored by the Slate Belt Chamber of Commerce

Designer Bags; Coach, Michael Kors, Vera Bradley Kate Spade, Longaberger Baskets & More

Commerce • Doors .....12 PM

Refreshments

• 20 Bingo Games

• Bingo .....1 PM

• Tickets \$20

Make Checks payable to: Slate Belt Chamber of Commerce 187 Blue Valley Dr., Bangor, PA 18013



**SAVE THE DATE** 

# 2022 Annual Meeting

WEDNESDAY, SEPTEMBER 21 from 12:00-1:30 PM

WIND GAP FIRE CO SOCIAL HALL
III North Broadway
Wind Gap, PA 18091

Recent Features Pages 16-23

sbtopics@rcn.com September 2 2022 www.sbtopics.com

# **Scoring**

Kluska 23 run, Landen Kick 7-0 Landen 26 FG 10-0 Kluska 3 run (Landen Kick) 17-0 Kluska 31 run (kick failed) 23-7 Striba 34 run (kick failed) 29-7

# **Passing**

		0			
#	<b>Athlete Name</b>	C	Att	Yds	TD
	Team Totals	9	12	86	0

# Rushing

#	Athlete Name	Car	Yds	Avg
	Team Totals 35	199	5.7	34
3	Ashton Kluska	11	101	9.2
10	Eric Striba	12	74	6.2
11	Alex Farensbach	1	-4	-4.0
13	Greg Campbell	1	6	6.0
36	Noah Hillis	6	15	2.5

# Receiving

#	<b>Athlete Name</b>	Rec	Yds	Avg
	Team Totals	9	86	9.6
5	Mj Siu (Jr)	2	12	6.0
6	Tommy Aulisi	1	11	11.0
13	Greg Campbell	5	24	4.8
36	Noah Hillis	1	39	39.0

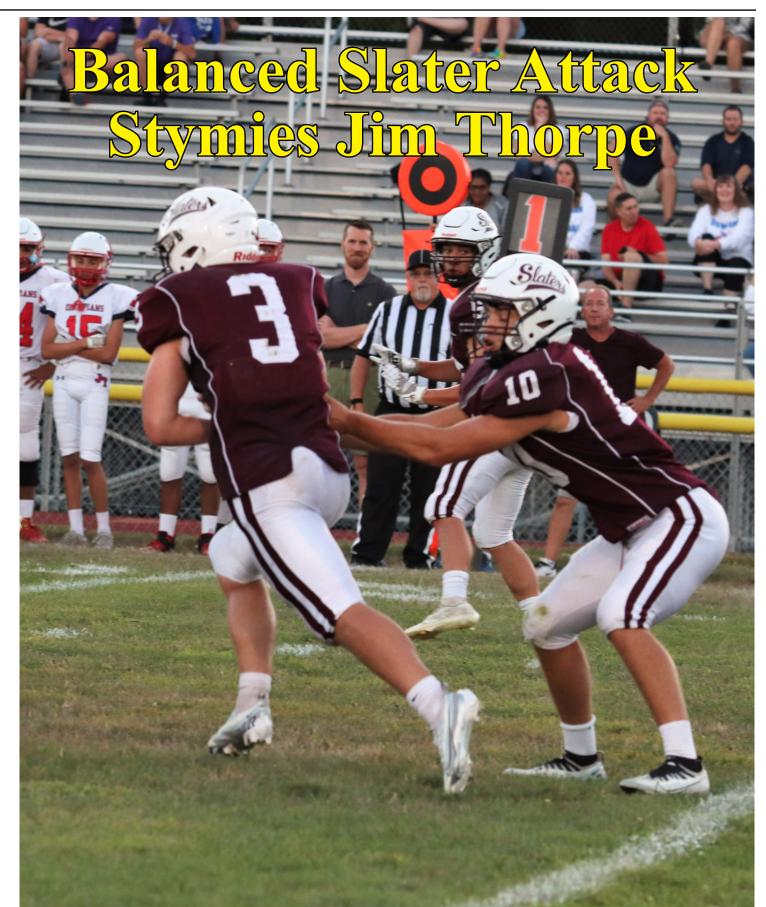
#### **Tackles**

#	Athlete Name	Solo	Asst
	Team Totals 32	5	
3	Ashton Kluska	4	1
5	Mj Siu (Jr)	5	
6	Tommy Aulisi	7	
8	Riley Stapp (Jr)	2	
9	Jacob Weaver (Jr)	1	
10	Eric Striba (Sr)	4	
11	Alex Farensbach		1
13	Greg Campbell	4	1
26	Troy Brownell	1	
36	Noah Hillis 1		
60	Dylan Krugh		1

**Photos Larry Cory** 

PHOTO GALLERY (31- Photos)

Senior Photos Tomorrow



Ashton Kluska (3) rushed for 101 yards and three touchdowns while Eric Striba (10) rushed for 74 yards and one touchdown and completed 9-12 passes for 86 yards to lead the Slaters.



The Slater defense only allowed one score for second straight game.

Recent Features Pages 16-23

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# **Slate Belt Weather**

# **Sunny 81 Today - Partly Sunny 85 Saturday**

**National Weather Service Forecast - 6am Today** 

Today, Sunny, with a high near 81. Northeast wind around 5 mph becoming southeast in the afternoon.

**Tonight,** Partly cloudy, with a low around 57. Southeast wind around 5 mph becoming northeast after midnight.

**Saturday,** Partly sunny, with a high near 85. Calm wind becoming south around 5 mph in the afternoon.

Saturday Night, Mostly cloudy, with a low around 65. Calm wind.

**Sunday,** A chance of showers and thunderstorms between 2pm and 5pm, then showers likely and possibly a thunderstorm after 5pm. Partly sunny, with a high near 86. Calm wind becoming southwest around 5 mph in the afternoon. Chance of precipitation is 60%. New rainfall amounts between a tenth and quarter of an inch, except higher amounts possible in thunderstorms.

**Sunday Night,** Showers likely and possibly a thunderstorm before 8pm, then a chance of showers and thunderstorms between 8pm and 2am, then a chance of showers after 2am. Mostly cloudy, with a low around 66. Chance of precipitation is 60%. Rainfall between a quarter and half of an inch possible.

**Labor Day,** A chance of showers, then showers likely and possibly a thunderstorm after 2pm. Mostly cloudy, with a high near 78. Chance of precipitation is 60%.

Monday Night, Showers likely and possibly a thunderstorm before 8pm, then a chance of showers. Mostly cloudy, with a low around 64. Chance of precipitation is 60%.

Tuesday, A chance of showers. Partly sunny, with a high near 78. Chance of precipitation is 40%. Air Quality - Good (0-50) Bethlehem (17) Columbia N.J (39)

Pollen: 9.7 Medium High (Top Alergen (s) Ragweed.

UV: High Risk Hours: 10-5 Peak 6.8 at 1:00 pm

# **Area Roadwork This Week**

Wind Gap Borough - CLOSED for PAVING - Lower Alpha Road from the intersection at S.R. 512 south to the Wind Gap Borough - Plainfield Township line. Starting Wednesday, August 31 through approximately Thursday, September 8, 2022.

**US 22 Between**: 25th Street Interchange and Bethman Road Overpass Nighttime lane restrictions 07:00 PM To 06:00 AM both directions for pavement rehabilitation work. Start date: 8/29/22 Est completion date: 9/2/22

US 22 East Between: PA 512 and Farmersville Road. Single lane conditions on US 22. Traffic disruptions between the hours of 9:00pm and 6:00am weeknights, as well as weekend lane closures from Friday 9:00pm to Monday 6:00am. Start date: 8/26/22 Est completion date: 9/2/22 Restrictions 09:00 PM To 06:00 AM

Martin's Creek Belvidere Highway Between: S. Delaware Drive and Riverton Road Lane restriction 09:00 AM To 02:00 PM with flagging. Start date: 8/29/22 Est completion date: 9/2/22

**Delabole Road Between: Sullivan Trail and Broadway**. Lane restriction 09:00 AM To 02:00 PM with flagging. Start date: 8/31/22 Est completion date: 9/2/22

Mt. Pleasant Road Between: PA 611 and Martin's Creek Boulevard Lane restriction 09:00 AM To 02:00 PM with flagging. Start date: 8/29/22 Est completion date: 9/2/22

# **Happening Soon**

#### Friday September 2

Bingo - Wind Gap Fire Co., 6:45. Blue Mountain Library - Open 10-12 Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-3:30.

Blue Valley Farm Show

Slate Belt YMCA - Open 6:00am - 8:00pm

#### **Saturday September 3**

Blue Mountain Library - Open 10-12 Bangor Public Library - Open 10-4 Mission of Love Soup Kitchen - N. Main St., Bangor. 11-2

Slate Belt YMCA - 8-4

**Slate Belt Heritage Center** - Open 12-3 **Hope, Faith & Recovery Group,** every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

#### **Sunday September 4**

Fellowship Dinner - E. Bangor UMC, 4-6. Slate Belt Heritage Center - Open 12-3. Slate Belt YMCA - 10-2

**All-You-Can Eat Breaklfast** - Bangor Elks 8-12pm. Adults \$10. Kid 6-12 \$6. Under 6 - Free.

# WHAT'S GOING ON????

Your News Published Free Reach 2500 -3000 Daily Readers Via Socia,l Media sbtopics@rcn.com

# **Slate Belt Weather**

#### **ICYMI**

(Click Below to Read)

Sept 1 August 26
August 31 August 25
August 30 August 24
August 29 August 23
August 28 August 22
August 27 August 21

# Recent Photo Galleries



Pen Argyl Field Hockey



**Bangor - NL Girls Soccer** 



Riverfest



Pen Argyl Boys Soccer



#### **PUBLISH YOUR EVENT**

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

# September 1

# Weekly Weeders

Thursday, September 1, 8, 15, 22, & 29 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and



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610-863-6033

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weeding mats. Registration is required. You can view and register for community programs online at https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg

# September 4

# **East Bangor Free Community Dinner**

The East Bangor United Methodist Community Church welcomes you to a FREE "Hot Dog & Baked Bean Casserole" Dinner with corn bread and cole slaw on Sunday, September 4th from 4:00-4:30 p.m. This is TAKE-OUT ONLY. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA Questions? call 610-588-4453 or visit www.ebumc.org.

# September 6

# **DiscoverE: Tales for Tots Sessions 1-7**

Tuesdays, September 6 thru October 18 at 10:00am to 11:00am & 1:00pm to 2:00pm

Our popular Tales for Tots program returns with all new explorations! Join us for story time followed by nature activities for preschoolers ages 3-5. Each week we will explore a different topic by reading a book followed by a craft and short scavenger hunt. Children must be accompanied by an adult. Please register all members of your party including adults and additional children for each session that you plan to attend as space for this program is limited to 20 attendees total. Children that attend six sessions will earn a DiscoverE Hide n' Seekers certificate. Please note that both sessions will be identical during a given week.

# **September 7**

# Hike for Health

Wednesday, September 7 at 5:30pm to 7:00pm Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 2.5 miles over uneven terrain. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov.

# September 8

# Mystery of Stone Landscapes

The Slate Belt Heritage Center will hold their monthly historic program on Thursday, September 8th @ 7:00 PM. Speaker for the evening will be Mr. Jim Wilson of Northampton County Parks and Recreation and the New England Antiquities Research Association. Mr. Wilson will present: "Mysteries of Constructed Stone Landscapes in our Woodlands and Wetlands". Ceremonial Stone Landscapes is the term used by the United South and Easter Tribes (USET), a nonprofit intertribal organization of American Indians, for stonework sites in eastern North America. USET states that, for thousands of years, before the immigration of Europeans, the medicine people of the USET Tribal ancestors used these sacred landscapes to sustain the people's reliance on Mother Earth and the spirit energies of balance and harmony.

Whether these stone structures are massive or small, stacked, stone rows or effigies, these prayers in stone are often mistake by archeologists and State Historic Preservation Offices as the effort of farmers clearing stone for agricultural or wall building purposes. That long held view in now shifting and is being reevaluated in Pennsylvania, which is rich in stone landscape structures, including here in the Lehigh Valley. In the presentation you'll see scores of photographs of local "Prayer in Stone", learn how the dates of these structures can now be determined and how the PA State Historic Preservation Office is working with citizen volunteers to document ceremonial stone landscapes across the Commonwealth. Learn what history, science and Native Americans have to say about these ambiguous stone works found throughout the Northeaster Woodlands- including" here in the Slate Belt".

The event is free and open to the public. The Heritage Center is located at 30 North 1st Street, Bangor, PA. For additional information contact: Karen Brewer @ 484-894-5661.

# Weekly Weeders Thursday, September 8, 15, 22, & 29 at 8:30am

Thursday, September 8, 15, 22, & 29 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. You can view and register for community programs online at https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg









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#### BUSINESS HOURS

Mon 8:00 AM - 7:00 PM • Tue - Wed 8:00 AM - 6:00 PM Thurs 8:00 AM - 7:00 PM

Fri 8:00 AM - 5:00 PM • Sat 8:00 AM - 2:00 PM

#### Calendar 2

#### September 10

# Lego Meet-Up

Lego Meet-Up for children aged 5 and above at Hope United Church of Christ, Wind Gap Saturday September 10 from 10am to noon.

Parents and care providers are required to stay with their children. Plenty of healthy refreshments will be available. Ideal opportunity to meet and chat with other families!

All Lego blocks will be provided. All Products created will remain at the facility for the next Lego Club event

# **September 11**

# **Monarch Madness**

Sunday, September 11 at 9:00am to 11:00am Thursday, September 15 at 5:00pm to 7:00pm Saturday, September 17 at 10:00am to 12:00pm Saturday, September 17 at 1:00pm to 3:00pm

During this program you will have the opportunity to participate as a citizen scientist for Monarch Watch, a conservation and research program based at the University of Kansas. Participants



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will learn to catch, handle, and tag monarch butterflies. We will also discuss current conservation effortsand ways that you can help the species to thrive throughout its life cycle. These programs are very popular! Please pick only one! Registration is required. You can view and register

# **Sept 10,11 Revolutionary War** Weekend

Jacobsburg Revolutionary War Weekend September 10,11 10am - 3pm

# September 15

# **Weekly Weeders**

Thursday, September 15, 22, & 29 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. You can view and register for community programs online at https://events.dcnr.pa.gov/search/events?or der=date&search=jacobsburg

# September 16 **Trapping**

Pennsylvania Trappers Association District 10 Trappers Convention: September 16, 2022 12-6pm, and September 17, 2022 8am-6pm. West End Fairgrounds 570 Fairgrounds Rd. Gilbert, PA. Free admission. There will be something for every sportsman at this convention. Tailgaters welcome. Contact Bob Counterman 610-759-9203

Sept 17-19, 2022

# **Family Science Night: Monarch Madness**

Friday, September 16 at 6:00pm to 7:30pm

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#### Calendar 3

During this program you will have the opportunity to participate as a citizen scientist for Monarch Watch, a conservation and research program based at the University of Kansas. Participants will learn to catch, handle, and tag monarch butterflies. We will also discuss current conservation efforts and ways that you can help the species to thrive throughout its life cycle. This program is specifically for families with young children. Registration is required. at <a href="https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg">https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg</a>

# September 17

# **Hot Air Balloon Festival**

2022 Lancaster Hot Air Balloon Festival Sep 17, 2022 At 6 Pm – Sep 19, 2022 At 9

The Lancaster Balloon Festival is a one-of-a-kind event in Lancaster County, Pennsylvania. Hosted in the village of Bird-in-Hand, PA the festival features the mass launch of dozens of big, beautiful balloon, family entertainment, fire works, delicious food, Amish goods, and even buggy rides!

# **Great American Pastie Festival**

The Great American Pastie Festival sponsored by Slate Belt Rising and Bangor Borough will be held Saturday, September 17, 2022 At 11 am – 7 pm on Broadway in Bangor.

Pastie Contests, Pasties to eat, ethnic hand pies from all over the world, music, vendors and more will kick off this first annual event.

# September 18

# **MDPH Open Show**

An MDPH Oipen Show is scheduled for 9:00 a,m. Sunday, September 18 at 2557 Ackermanville Rd, Bangor,

# September 22

# Weekly Weeders

Thursday, September 22, & 29 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. You can view and register for community programs online at <a href="https://events.dcnr.pa.gov/search/events?or">https://events.dcnr.pa.gov/search/events?or</a> and safety, Jacobsburg's trails, and proper trail etiquette. The second portion of the program will be used to inspect your bike for fit and function followed by a ride on a beginner trail led by a professional. Helmets must be worn while biking. To register you MUST meet the following criteria: You are able to ride a bike. You own a bike in proper working condition that fits your body. Your tires fully inflate with proper tread. You can safely transport your

# September 23-25

# Celtic Classic 35th Anniversary

The Celtic Cultural Alliance has announced its music line-up for the 35th annual celebration of

the Celtic Classic Highland Games and Festival, which will take place on September 23-25, 2022, in downtown Bethlehem.

"We are excited this year that many of our crowd favorites are returning, like Gerry Timlin, The Steel City Rovers and Low Lily. "Being an anniversary year, we tried to cover all the Celtic genres from trad to Celtic rock" explained Jayne Ann Recker, Executive Director. Across the Pond, Dave North Trio and The McKrells will satisfy fans of the traditional while The Kilmaine Saints, Emish and the Glengarry Bhoys will raise the tempo. Local favorites Fig For a Kiss and Chivalrous Crickets return as well. Visitors will be surrounded with the distinct Celtic sound of tin whistles, bag pipes and fiddles wherever they are on the grounds.

The Celtic Classic has 5 free stages of Celtic music throughout the festival grounds and in the Ice House. World class Celtic entertaines will perform over 100 hours of free Celtic music. Many of the Celtic tunes are the traditional Irish jigs, shanties, drinking songs and ballads combined with a lyrical story-telling.

In addition to musical performances, O'Grady Quinlan Irish Academy of Dance will have several performances throughout the festival weekend. With precision footwork and dazzling costumes, O'Grady Quinlan shares the Irish culture through their performances. Cultural presentations will be held throughout the day in Celtic Heritage Hollow, including musical workshops, a Scottish shortbread baking contest, lectures, clans & societies and the Children's Activity Tent.

Celtic Classic will also see the return of Gene Sheninger of Wayside Farm. Sheninger will demonstrate how border collies can herd sheep and ducks. Border collies have been used for herding for hundreds of years in the Celtic nations.

For full line-up and schedule, www.celticfest.org

# September 24

# Intro to Mountain Biking-Bring your Own Bike

Saturday, September 24 at 9:00am to 11:00am

This two-hour program is designed to make a firsttime mountain biker feel comfortable exploring Jacobsburg's multi-use trails. During the first portion of the program, we will discuss essential information such as bike parts, preparedness and safety, Jacobsburg's trails, and proper trail etiquette. The second portion of the program will be used to inspect your bike for fit and function followed by a ride on a beginner trail led by a professional. MUST meet the following criteria: You are able to ride a bike. You own a bike in proper working condition that fits your body. Your tires fully inflate with proper tread. You can safely transport your bike to the meeting location. You own a helmet that fits properly. You feel comfortable riding on uneven terrain while performing physical activity. You are 15 or older.

# Mentored Youth in Conservation - The Whitetailed Deer

Saturday, September 24 at 9:00am to 1:00pm
Examining landscapes and drawing conclusions about how wildlife use their habitat is a fun and important part of spending time outdoors. To celebrate National hunting and Fishing Day, youth ages 12-16 are invited to increase their knowledge about how ecosystems are influenced by white-tailed deer populations and experience target archery with a certified archery instructor. Please dress appropriately for the weather. Bring plenty of water and a packed lunch. Registration is required <a href="https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg">https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg</a>

# **Dutch Oven Campfire Cooking**

Saturday, September 24 at 10:00am to 1:00pm Have you been looking for delicious campfire recipes? Join us to learn the basics of campfire cooking with a Dutch Oven! Volunteers Brian and Jean Krenicky will cover general instruction on getting the most from a cast iron Dutch Oven and then participants will have the opportunity to prepare lunch. We'll provide ingredients for soup, a main dish, a side, and dessert. Dishes will include: Soup - Vegetarian Chili, Main dishes - Meatloaf; Turkey, Side - Yams, Apples, and Potatoes, Desserts - Chocolate Cherry Cake; Blueberry Cheese Dump Cake. Please let us know





Associates, Inc., Member FINRA, SIPC.

# Slate Welt Church Information

# **Christ Presbyterian Church** of The Slate Belt

332 Kennedy Drive, Bangor www.christpcsb.org More info 610-588-4864. E-mail: info@christpcsb.org. Sunday Worship, 10:00 a.m. in-person/Zoom/Facebook Live. For more info: 610-588-4864.

# Flicksville UCC

1337 Lower South Main St., Bangor Pastor Ken Hess 610-588-4648 www.flicksvilleucc.com

**Summer Worship at 10 AM** following social distancing guidelines

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# **Trinity Lutheran Church**

404 Broadway Bangor (610-588-2023)

telcbangor@frontier.com Website: www. tlcbangor.com Sunday worship 9:00 a.m.

**Holy Communion:** First and Third Sundays Refreshments after. Masks optional.

# **East Bangor UMC**

136 W. Central Ave. (Rt.512) East Bangor Sat. Sept 3 8pm AA Meeting Sept 4-9:30 a.m. Worship Service (Live & on Zoom) 10:45 Fellowship Hour (For Zoom, go to ebumc.org to sign in)

# **First United Methodist Church of Bangor**

Pastor Elisandra Garcia - 610-588-4673 55 North Third Street, Bangor PA 11:00am service (Communion First Sunday)





# **Christ Evangelical Lutheran Church**

703 South Delaware Drive Mt. Bethel, 18343

http://www.celcpa.org/ Email: celcpaorg@yahoo.com 610-588-7056

Worship: Sundays 9:00 a.m. Holy Communion: First and Third Sunday **Toddler Sunday School:** Sept-May 10:15

# **Richmond United Methodist Church**

Rev. Peter Jamieson, Pastor http://richmondumc.com/ 8538 Delaware Dr, Bangor, PA 18013 610.588.7317 | richmondumc@epix.net Sunday Worship - Weekly at 10:00 a.m.

# **Grace Lutheran Church**

5907 Sullivan Trail, Nazareth Pa 18064 www.gracebelfastpa.org 610-759-9080 Email:gracebelfast@rcn.com **Sept 4-** 9:00 a.m. – 10th Sunday after Pentecost, Service of the Word.





State Farm

Debbie Pettinari Agency 106 S. Broadway, Wind Gap, PA 610-881-4433

www.debbieinsurespa.com debbie.pettinari.wz73@statefarm.com



# Deadline Extended for 2021 Property Tax/Rent Rebate Program

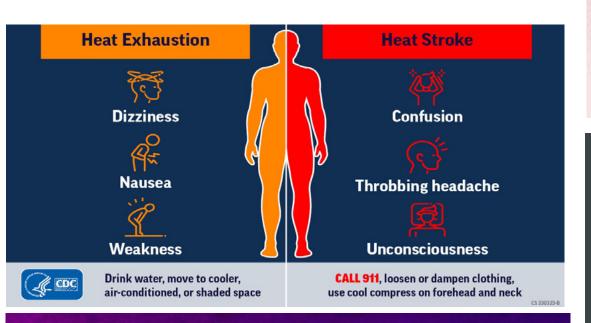
The deadline for senior citizens and Pennsylvanians with disabilities to apply for rebates on rent and property taxes paid in 2021 has been extended to Dec. 31.

The Property Tax/Rent Rebate Program benefits eligible Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with disabilities age 18 and older. The income limit is \$35,000 annually for homeowners and \$15,000 annually for renters, and half of Social Security income is excluded.

The maximum standard rebate for homeowners is \$650, but supplemental rebates for certain qualifying homeowners can boost rebates to \$975. The Department of Revenue automatically calculates supplemental rebates for qualifying homeowners.

Claimants are encouraged to file their rebate applications online by visiting mypath.pa.gov. No account is required. Applicants who still wish to file a paper application form may obtain Property Tax/Rent Rebate claim forms (PA-1000) and related information on the Department of Revenue's website or by calling 1-888-222-9190.

Rebates will be distributed beginning July 1, as required by law. The easiest way to check the status of your rebate after July 1 is to use the Where's My Rebate? tool. To check on the status of your claim, you will need your Social Security number, claim year and date of birth



# 10 Early Signs and Symptoms of Alzheimer's

- 1. Memory loss that disrupts daily life
- 2. Challenges in planning or solving problems
- 3. Difficulty completing familiar tasks
- 4. Confusion with time or place
- Trouble understanding visual images and spatial relationships
- New problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- 8. Decreased or poor judgment
- 9. Withdrawal from work or social activities
- 10. Changes in mood and personality



content credit: Alzheimer's Associatio

# #BeatTheHeat tips

- · drink plenty of water
- stay cool indoors
- · use sunscreen of SPF 15 or higher
- · limit outdoor activity
- · avoid alcohol & caffeine
- · wear light-colored, loose clothing
- · check on older family & friends
- never leave kids, older adults or pets in unattended vehicles





# PREVENT MOSQUITO-SPREAD DISEASE: AVOID MOSQUITO BITES



AVOID BITES AT DAWN & DUSK



USE FDA-REGISTERED INSECT REPELLENT





REMOVE STANDING WATER AROUND HOME





Tumble dry clothes on high heat for 10 minutes to kill ticks on dry clothing.



# **FOOD SAFETY TIPS**

- WASH your hands with soap and water before preparing food.
- SEPARATE raw meats from other foods.
- CLEAN fruits and vegetables to remove dirt.
- CHECK internal temperature with a food thermometer.
- REFRIGERATE leftover foods promptly.

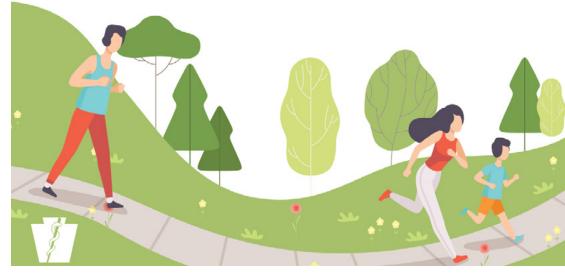








# Make exercise a family activity!





# NEVER LEAVE CHILDREN, OLDER ADULTS OR PETS IN A PARKED VEHICLE







# **DID YOU KNOW**

you can lose some of your hearing after a few minutes around these noises?





**Fireworks** 140-160 dB

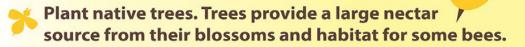


Always protect your hearing. Wear hearing protection such as earplugs or earmuffs.





# Ways to Help'>

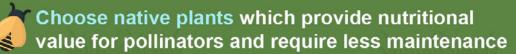




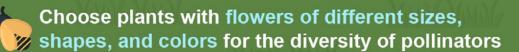
- Avoid using herbicides, pesticides, and insecticides. Find organic ways to garden and remove pests.
  - Provide water and habitat such as bare soil in your garden for ground-nesting bees, leave plant stems standing in winter, dead trees or fallen logs, or bee nesting houses.
- Participate in citizen science opportunities to help count bees like the Bumble Bee Watch, Great Sunflower Project, and more.
- Spread the word! Let others know how they can help.

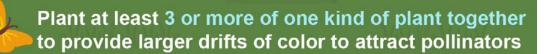


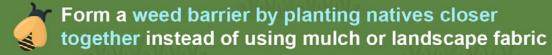
# Tips for planting a LINATOR GARI



Choose native plants that bloom at different times (early spring – late fall), providing food all season









# **Mountain Laurel**

Pennsylvania State Flower Facts



Shrub that grows 4 to 10 feet high and blooms late May through June

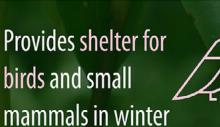
Not an easy to grow landscaping plant, has particular soil needs



Host plant for the Laurel Sphinx Moth



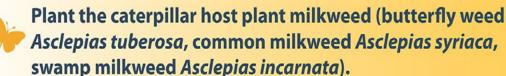
Attracts butterflies, hummingbirds, and other pollinators



Considered one of the most beautiful native flowering shrubs

# Ways to Help Eastern

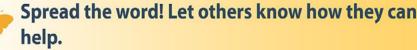
Plant native nectar plants that bloom in the spring, summer, and fall in a sunny area.



Avoid using herbicides and pesticides. Find organic ways to garden.



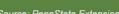
Participate in citizen science opportunities where you can help track monarch sightings in spring and fall.













# Fall Sports Schedules 2022 (Preliminary Schedules)

# **Bangor Football (0-0)**

	0	( )
8/26	Palisades @ Bangor	7:00pm
9/2	Jim Thorpe @ Bangor	7:00pm
9/9	Bangor @ S. Lehigh	7:00pm
9/16	Bangor @ Saucon Valley	7:00pm
9/23	Wilson @ Bangor	7:00pm
9/30	Bangor @ Pottsville	7:00pm
10/7	Lehighton @ Bangor	7:00pm
10/14	Bangor @ Northwestern	7:00pm
10/21	Blue Mountain @ Bangor	·7:00pm
10/28	Bangor @ Pen Argyl	1:30pm

# Pen Argyl Girls Soccer (0-0)

	ren Argyi Giris Succi	ei (u-u)
8/30	Pen Argyl @ Wilson	4:00pm
9/1	Northwestern @ Pen Argyl	4:00pm
9/6	Pen Argyl @ Catasauqua	4:00pm
9/8	NDGP @ Pen Argyl	4:00pm
9/13	Pen Argyl @ ESN	4:00pm
9/15	Pen Argyl @ N.Lehigh	4:00pm
9/17	Palisades @ Pen Argyl	10:00am
9/19	Pen Argyl @ Salisbury	7:00pm
9/21	Moravian @ Pen Argyl	4:00pm
9/27	Pen Argyl @ S. Lehigh	4:00pm
9/29	Saucon Valley @ Pen Argyl	4:00pm
10/3	Pen Argyl @ Palmerton	4:00pm
10/5	Bangor @ Pen Argyl	4:00pm
10/8	Lehighton @ Pen Argyl	10:00am
10/14	Pen Argyl @ NDES	4:00pm





# **Bangor Field Hockey (0-0)**

	C	• ` /
8/29	Wilson @ Bangor	4:00pm
8/31	Palisades @ Bangor	4:00pm
9/3	Bangor @ Saucon Valley	10:00am
9/7	Moravian @ Bangor	4:00pm
9/9	Bangor @ N. Lehigh	3:45pm
9/10	ESS (Youth Day)	10:00 am
9/12	Palmerton @ Bangor	4:00pm
9/14	Bangor @ Pen Argyl	4:00pm
9/20	Bangor @ Wilson	4:00pm
9/22	Salisbury @ Bangor	4:00pm
9/23	Bangor @ S. Lehigh	4:00pm
9/26	Bangor @Lehighton	4:00pm
9/28	Bangor @ Moravian	4:00pm
10/1	Bangor @ Catasauqua	2:00pm
10/4	Northwestern @ Bangor	4:00pm
10/5	Pen Argyl @ Bangor (Srs)	4:00pm
10/8	Northampton @ Bangor	10:00am

#### Pen Argyl Field Hockey (0-0)

J	en Argyr Field Hockey	(U-U)
8/29	Moravian @ Pen Argyl	4:00pm
8/31	Pen Argyl @ Palmerton	4:00pm
9/3	Pen Argyl @ Palisades	10:00am
9/7	Pen Argyl @ Wilson	4:00pm
9/10	Saucon Valley @ Pen Argyl	10:00am
9/12	N. Lehigh @ Pen Argyl	4:00pm
9/14	Bangor @ Pen Argyl	4:00pm
9/17	Lehiighton @ Pen Argyl	10:00am
9/20	Pen Argyl @ Moravian	4:00pm
9/22	Pen Argyl @ Northwestern	6:15pm
9/24	Pen Argyl @ Salisbury	1:30pm
9/26	Pen Argyl @ ESS	4:00pm
9/28	Wilson @ Pen Argyl	4:00pm
10/1	SLehigh @ Pen Argyl	2:00pm
10/4	Catasauqua @ Pen Argyl	4:00pm
10/6	Pen Argyl @ Bangor	4:00pm
		_



# Pen Argyl Football (0-0)

	<b>⊘√</b>	•
8/27	Pen Argyl @ Wilson	2:30pm
9/2	Pen Argyl @ Mahanoy	7:00pm
9/9	N. Lehigh @ Pen Argyl	1:30pm
9/16	Pen Argyl @ Northwestern	7:00pm
9/23	Catasauqua @ Pen Argyl	1:30pm
9/30	Minersville @ Pen Argyl	1:30pm
10/7	Pen Argyl @ Palisades	7:00pm
10/14	Pen Argyl @ Schuylkill Haven	7:00pm
10/21	Pen Argyl @ Panther Valley	7:00pm
10/28	Bangor @ Pen Argyl	1:30pm

# Bangor (0-0) PA (0-0) Boys CC

9/7 Wilson, Southern Lehigh, Salisbury, Pen Argyl, Catasauqua @ Bangor 4:00pm
9/13 Saucon Valley, Pen Argyl, Palisades, Notre Dame G.P., Moravian Academy, Bangor @

9/20 Wilson, Palmerton, Northwestern, Northern Lehigh, Bangor @ Pen Argyl 4:00pm

Wilson 4:00pm

9/27 Wilson, Southern Lehigh, Pen Argyl, Ca tasauqua, Bangor @ Salisbury 4:30pm

Tue 10/4 Wilson, Saucon Valley, Pen Argyl, Notre Dame G.P., Moravian Academy, Ban gor @ Palisades 4:00pm

10/11 Wilson, Pen Argyl, Palmerton, Northwest ern, Bangor @ Northern Lehigh 4:00pm

# Bangor (0-0) PA (0-0) Girls CC

9/7 Wilson, Southern Lehigh, Salisbury, Pen Argyl, Catasauqua @ Bangor 4:00pm

9/13 Saucon Valley, Pen Argyl, Palisades, Notre Dame G.P., Moravian Academy, Bangor @ Wilson 4:00pm

9/20 Wilson, Palmerton, Northwestern, Northern Lehigh, Bangor @ Pen Argyl 4:00pm

9/27 Wilson, Southern Lehigh, Pen Argyl, Ca tasauqua, Bangor @ Salisbury 4:30pm

Tue 10/4 Wilson, Saucon Valley, Pen Argyl, Notre Dame G.P., Moravian Academy, Ban gor @ Palisades 4:00pm

10/11 Wilson, Pen Argyl, Palmerton, Northwest ern, Bangor @ Northern Lehigh 4:00pm



Pen Argyl Girls Tennis (0-0)						
8/22	Moravian A @ Pen Argyl	4:00pm				
8/24	Pen Argyl @ Bangor	4:00pm				
8/29	Wilson @ Pen Argyl	4:00pm				
8/31	Pen Argyl @ NDGP.	4:00pm				
9/1	Palisades @ Pen Argyl	4:00pm				
9/6	Pen Argyl @ Saucon Valley	4:00pm				
9/8	Pen Argyl @ Salisbury	4:00pm				
9/14	S. Lehigh @ Pen Argyl	4:00pm				
9/17	Jim Thorpe @ Pen Argyl	4:00pm				
9/21	NDGP @ Pen Argyl	4:00pm				
9/26	Pen Argyl @ Palisades	4:00pm				

# Pen Argyl Boys Soccer (0-0)

8/30	Wilson @ Pen Argyl	4:00pm
9/1	Pen Argyl @ Northwestern	6:30pm
9/6	Catasauqua @ Pen Argyl	4:00pm
9/8	Pen Argyl @ NDGP.	4:00pm
9/15	N. Lehigh @ Pen Argyl	4:00pm
9/17	Pen Argyl @ Palisades	10:00am
9/19	Salisbury @ Pen Argyl	4:00pm
9/21	Pen Argyl @ Moravian	4:00pm
9/27	S. Lehigh @ Pen Argyl	4:00pm
9/29	Pen Argyl @ Saucon Valley	4:00pm
10/3	Palmerton @ Pen Argyl	4:00pm
10/5	Pen Argyl @ Bangor	4:00pm
10/8	Pen Argyl @ Jim Thorpe	10:00am
10/14	NDES @ Pen Argyl	4:00pm



# Pen Argyl Golf (1-2)

8/11	Pen Argyl @ Palmerton	L
8/15	Moravian @ Pen Argyl	L
8/16	Pen Argyl @ Northwestern	10:00am
8/18	Bangor @ Pen Argyl	W
8/22	S. Lehigh @ Pen Argyl	2:45pm
8/23	Pen Argyl @ Wilson	2:45pm
8/24	Pen Argyl @ Saucon Valley	2:45pm
8/29	Salisbury @ Pen Argyl	2:45pm
8/30	Pen Argyl @ NDGP	2:45pm
9/1	Palmerton @ Pen Argyl	2:45pm
9/6	Pen Argyl @ Moravian	2:45pm
9/8	Northwestern @ Pen Argyl	2:45pm
9/12	Pen Argyl @ Bangor	2:45pm
9/14	Pen Argyl @ Stroudsburg	2:00pm
9/15	Pen Argyl @ NDES	2:30pm

# **Bangor Boys Soccer (0-0)**

	Danger Doys Section	$\mathbf{v}_{\mathbf{i}}$
8/30	Bangor @ N. Lehigh	3:45pm
9/1	Palisades @ Bangor	4:00pm
9/6	Bangor @ Salisbury	4:00pm
9/8	Moravian @ Bangor	4:00pm
9/13	Bangor @ S.Lehigh	4:00pm
9/15	Saucon Valley @ Bangor	4:00pm
9/17	Bangor @ Palmerton	10:00am
9/21	Wilson @ Bangor	4:00pm
9/27	Bangor @ Northwestern	6:30pm
9/29	Catasauqua @ Bangor	4:00pm
9/30	ESS @ Bangor	4:00pm
10/1	Weatherly @ Bangor	1:00pm
10/3	Bangor @ NDGP.	4:00pm
10/5	Pen Argyl @ Bangor Park	7:00pm
10/0	D	10.00

# 10/8 Bangor @ Northampton 10:00am

# **Bangor Girls Tennis (0-0)**

	Dangui Giris Ichin	15 (U-U)
8/23	Bangor @ Salisbury	4:00pm
8/24	Pen Argyl @ Bangor	4:00pm
8/31	S. Lehigh @ Bangor	4:00pm
9/1	NDGP. @ Bangor	4:00pm
9/6	Bangor @ Moravian	4:00pm
9/8	Saucon Valley @ Bangor	4:00pm
9/9	Bangor @ Stroudsburg	3:30pm
9/10	Bangor @ Jim Thorpe	11:00am
9/12	Bangor @ Wilson	4:00pm
9/13	Pottsville @ Bangor	4:00pm
9/14	Bangor @ Palisades	4:00pm
9/17	Bangor @ Pleasant Valley	10:00am
9/19	Bangor @ Saucon Valley	4:00pm
9/21	Wilson @ Bangor	4:00pm
9/23	Northampton @ Bangor	3:30pm
9/26	Bangor @ NDES	4:00pm
	- ~	- `

# Bangor Golf (1-2)

8/11	Bangor @ Moravian	L
8/12	ESS @ Bangor	W
8/15	Northwestern @ Bangor	2:45pm
8/16	Saucon Valley @ Bangor	2:45pm
8/18	Bangor @ Pen Argyl	L
8/22	Palmerton @ Bangor	2:45pm
8/23	Salisbury @ Bangor	10:00am
8/25	Bangor @ NDGP	2:45pm
8/29	S. Lehigh @ Bangor	2:45pm
8/30	Bangor @ Palmerton	2:45pm
9/1	Moravian @ Bangor	2:45pm
9/6	Bangor @ Northwestern	2:45pm
9/8	Bangor @ Wilson	2:45pm
9/12	Pen Argyl @ Bangor	2:45pm

# **Bangor Girls Soccer (0-0)**

	Dungor Giris Soccer	(0 0)
8/30	Northern Lehigh @ Bangor	4:00pm
9/1	Bangor @ Palisades	4:00pm
9/6	Salisbury @ Bangor	4:00pm
9/8	Bangor @ Moravian	4:00pm
9/12	Pleasant Valley @ Bangor	4:00pm
9/13	Southern Lehigh @ Bangor	4:00pm
9/15	Bangor @ Saucon Valley	4:00pm
9/17	Palmerton @ Bangor	10:00am
9/21	Bangor @ Wilson	4:00pm
9/27	Northwestern @ Bangor	4:00pm
9/29	Bangor @ Catasauqua	4:00pm
10/1	Liberty @ Bangor	10:00am
10/3	Notre Dame G.P. @ Bangor	4:00pm
10/5	Bangor @ Pen Argyl	4:00pm
10/7	Stroudsburg @ Bangor	4:00pm
10/8	Northampton @ Bangor	10:00am



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# .....Delaware Riverfest......









Gabrielle Hoffman from the McElligott School of Dance in Stroudsburg performs an Irish Dance at Delaware Riverfest in Portland Saturday.







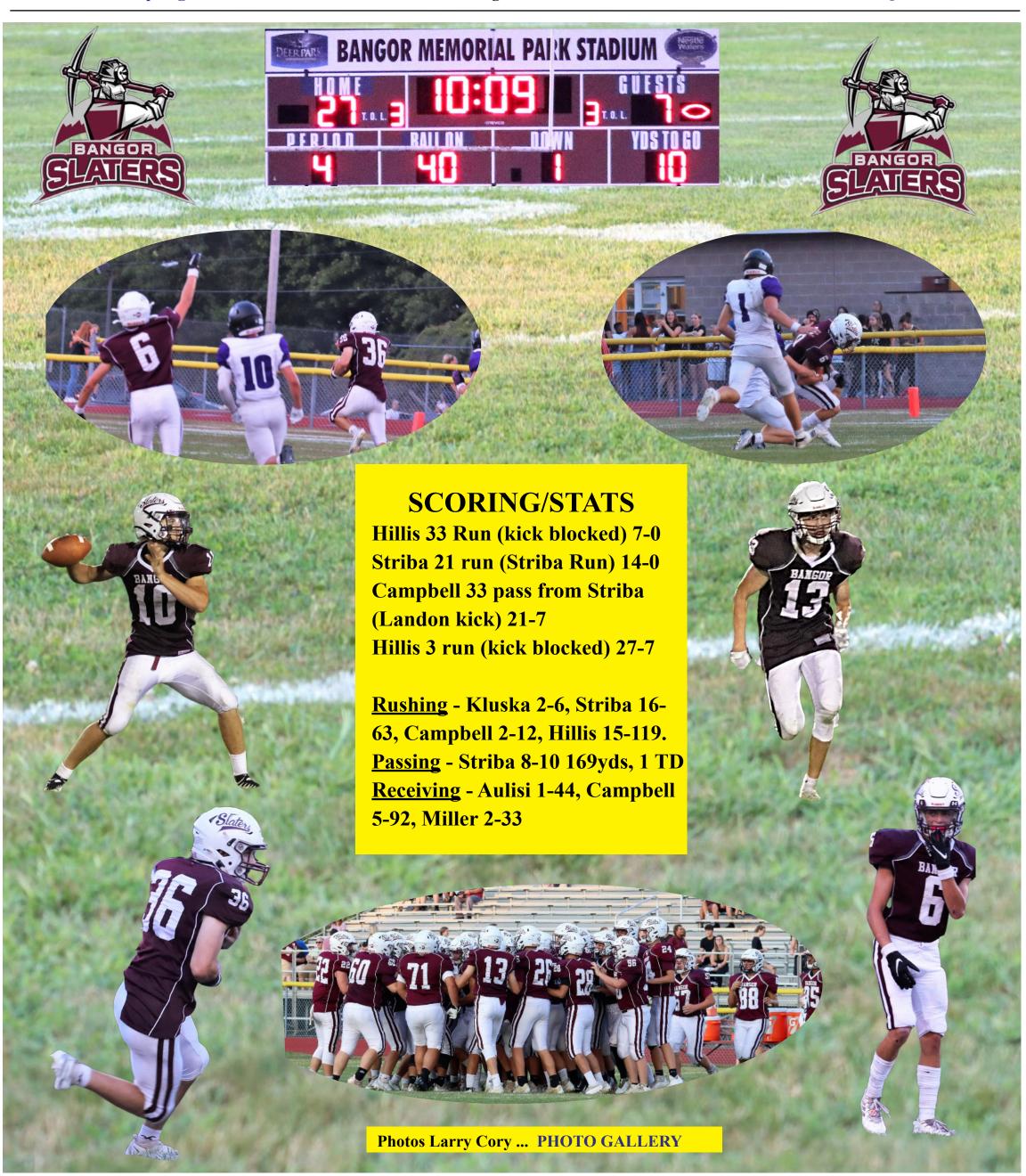


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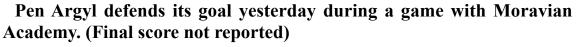
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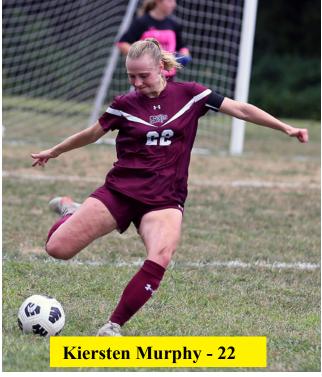














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# Pen Argyl Boys Win Third Straight



**Lance Arce - 31** 







Pen Argyl 5 Wilson 1 Photos Larry Cory ..... PHOTO GALLERY



**Hasan Strandzhev - 10** 



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# Blue Mt. Library Summer Fun



The Blue Mt. Community Library's "Summer Fun" events ended with stories and activities about "Money, Money, Money at Weona Park. Thanks to the three municipalities that participated in our programs this summer. The library will continue Story Time for pre-school children at the park every other Wed., beginning Wed., Sept. 14 through Wed., October 26. Call the library at 610-863-3029 to register.

# **New Books at Local Libraries**

# **Bangor Public**

#### **Adult Fiction**

Overkill by Sandra Brown
The Housekeeper by Joy Fielding
The Blame Game by Sandie Jones
Mercury Pictures Presents by
Anthony Marra
The Sagmetress of New Orleans by

The Seamstress of New Orleans by Diane McPhail

The Maker of Swans by Paraic O'Donnell

The Half Life of Valery K by Natasha Pulley

The Challenge by Danielle Steel

#### **Adult Non Fiction**

The Milky Way by Moiya McTier Diana, William, and Harry by James Patterson

#### Large Print Fiction

The Best is yet to Come by Debbie Macomber

#### Young Adult Fiction

Long Live the Pumpkin Queen by Shea Ernshaw All of Us Villains by Amanda Foody

#### **Junior Fiction**

The Last Kids on Earth and the Doomsday Race by Max Brallier

#### **Easy Fiction**

Old Friends by Margaret Aitken

The Very Hungry Caterpillars
First Fall by Eric Carle
The New Libearian by Alison
Donald

Ten Magic Butterflies by Danica McKellar

Peak a Flan Boo by Bose

Peak-a-Flap Boo by Rosa Von Feder

# Blue Mountain

#### **Adult Fiction:**

The It Girl, Ruth Ware
The 6:20 Man, David Baldacci
The Edge of Summer, Viola
Shipman
Other People's Marriages,
Kerry Fisher
The Boardwalk Bookshop,
Susan Mallery
While Justice Sleeps, Stacey

#### **Large Print:**

Abrams

Sugar and Salt, Susan Wiggs I'll Be Seeing You, Robin Lee Hatcher The Best Is Yet To Come, Debbie Macomber

# Vincent Behe Appointed New Director of Slate Belt Rising

Please welcome Slate Belt Rising's new Director, Vincent Behe. Prior to moving into his director role this past June, Vincent was the Planner for Slate Belt Rising, assisting with program planning, fund development and contract compliance. He is a lifelong Lehigh Valley resident and attended Lehigh University, obtaining both a BA in History and an MA in Environmental Policy.

Vincent looks forward to inspiring others and sparking an enthusiasm for community service as he works with community partners and the great people of the Slate Belt to execute the new plan.



# Rep. Ann Flood Plans Senior Expo

Rep. Ann Flood and her staff is looking forward to hosting their annual Senior Expo, which will take place on Friday, Sept. 30, from 10 a.m. to 1 p.m., at the Plainfield Township Fire Company Hall, 6480 Sullivan Trail in Wind Gap.

This free event will feature dozens of vendors representing a variety of government, not-for-profit and private organizations who will provide information about programs, services and products available to older residents.

Free flu shots will be administered by Wind Gap Community Pharmacy. To be vaccinated, attendees should bring their Medicare card and any secondary or Schedule D card. Vendor door prizes, entertainment and light refreshments will also be offered.

# **East Bangor Free Community Dinner**

The East Bangor United Methodist Community Church welcomes you to a FREE "Hot Dog & Baked Bean Casserole" Dinner with corn bread and cole slaw on Sunday, September 4th from 4:00-4:30 p.m. This is TAKE-OUT ONLY. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA Questions? call 610-588-4453 or visit www.ebumc.org.

# Ag and Youth Grant Program Applications

The Department of Agriculture is inviting proposals for this year's Ag and Youth Grant Program.

The program provides direct grants of up to \$7,500 and matching grants of up to \$25,000 to support projects, programs and equipment purchases by youth-run organizations, and those with programs that benefit youth or promote development in agriculture, community leadership, vocational training and peer fellowship.

Grant applications must be submitted online through the PA Department of Community and Economic Development Electronic Single Application. Applications are due by 4:59 p.m. on Sept. 30, 2022.

# **Trinity Fall Rummage Sale**

Trinity Lutheran Church on Broadway in Bangor will host its Annual Fall Rummage & Bake Sale, October 13 -15 from 9 am-2 pm each day and all proceeds are donated the Church's General Fund. Please add this to your calendar as we have many items for the upcoming holidays as well as fall and winter clothing plus lots of other treasures .Their buy a bag day will be held on Saturday, October 15 and everyday will be buy a bag for our clothing section.If you have any questions, please call the office, 610-588-2023.

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