

Slate Belt Town Topics

sbttopics@rcn.com

September 17, 2021

www.sbttopics.com

St. Luke's Offers Aid for PTSD To First Responders

While first responders excel at preventing harm, rescuing people and giving medical treatment during traumatic incidents and accidents, these everyday heroes rarely seek help to combat the emotional toll this occupation can have on their own mental health.

St. Luke's is addressing this launching a program that provides support and therapy for first responders. This one-of-a-kind service in the area offers symptom evaluation, communication and coping skills training, medication management and a variety of therapies, provided by psychiatrists and therapists.

A first responder may experience mounting symptoms of emotional burnout such as fatigue, depression, sleep problems, guilt, anger and more if they don't have coping skills or receive some kind of mental health therapy, says James James, DO, Vice Chairman of Behavioral Health for St. Luke's University Health Network (SLUHN) and founder of this new treatment resource and outreach program.

"Recent research suggests that, in extreme cases, emergency medical services (EMS) workers and other first responders are at a higher risk for suicide

compared to the general public."

"Sometimes, a single incident, or repeated exposures to horrific situations, can erode a rescuer's emotional resilience if not addressed," he says. The St. Luke's program was started after Dr. James learned from several first responders that few local resources exist to help this group, and when they do, first responders rarely access them.

John Semonich, St. Luke's EMS liaison, long-time paramedic and collaborator with Dr. James, says working long hours and multiple jobs, witnessing on-the-job trauma and violence and the don't-discuss-it culture among first responders can create an unhealthy mix.

"It's estimated that over 70 percent of first responders work two jobs and often overtime to make ends meet," Semonich says. "Some people believe that reaching out for help can be seen as weak, and that calling out sick for a mental health day can add to the already severe staffing shortage EMS services face daily."

Chance of Showers 20% Today & Sat.

National Weather Service Forecast

Today, A slight chance of showers after noon. Cloudy, with a high near 76. East wind around 5 mph. Chance of precipitation is 20%.

Tonight, A slight chance of showers before 11pm. Patchy fog after 11pm. Otherwise, mostly cloudy, with a low around 64. Northeast wind around 5 mph becoming calm. Chance of precipitation is 20%.

Saturday, A slight chance of showers and thunderstorms after 2pm. Mostly sunny, with a high near 82. Northwest wind around 5 mph. Chance of precipitation is 20%.

Saturday Night, Mostly clear, with a low around 60. North wind around 5 mph.

Sunday, Sunny, with a high near 78. North wind around 5 mph.

Monday, Sunny, with a high near 78.

Air Quality: Good (0-50) Unhealthy for some groups Current reading of (22) in Columbia, NJ.

Pollen today: Low - Medium 3.8 rating on a scale of 12. Top pollen producers today will be grasses, ragweed, grasses and chenopods.

UV Rays Today: Moderate Risk of harm from sun exposure today from for five hours from 3:00pm to 4pm. High 3.2 on a scale of 12 at 1:00pm

Slate Belt Weather

Summer Concert Series

Live music September 18 from 6 to 9pm in the Murray St. Courtyard. Get ready to enjoy all your rock favorites from these local musicians. Your small donation helps to put on these events in the Bangor Summer Concert Series at Murray Street Courtyard in downtown Bangor.

Free Piano Mini Concert

A free piano mini concert is planned for this Friday September 17. at 5 pm. Bring your chairs and support local artist Chris Miller. Across from the Broadway Pub.



With Bangor goalie Lilyana Hickler on her back, Pen Argyl attempts to score a goal during Wednesday's game. Pictured for Pen Argyl is Emily Atwell (1). For Bangor: Emma Toth (5) and Ana Jones (5). Photo: Hannan Bonanducci [PHOTO GALLERY](#).

Ticket Mailing Sponsorships
610.588.1000

Tickets \$20

SPECIALTY BINGO

Sunday, September 26, 2021
Bangor Elks Lodge, 120 Broadway, Bangor

Sponsored by the Slate Belt Chamber of Commerce
Designer Bags; Coach, Michael Kors, Vera Bradley, Kate Spade

- 20 Bingo Games
- Bingo1 PM
- Doors12 PM
- Refreshments
- Silent Auction

Make Checks payable to: Slate Belt Chamber of Commerce 187 Blue Valley Dr., Bangor, PA 18013



Bangor's Reagan Heard (L) and Pen Argyl's Michelle Yu (4) and Shawna Mamrak (5) watch with anticipation during Bangor's 4-1 win Wednesday in a game played at Pen Argyl High School. Photo: Hannan Bonanducci [PHOTO GALLERY.](#)



Atlanta Zoo Gorillas Test Positive for COVID 19

(AP) A number of western lowland gorillas at Zoo Atlanta have tested positive for the coronavirus, the zoo announced on its website.

"Recently, Gorilla Care Team members observed coughing, nasal discharge, and minor changes in appetite in several members of the gorilla population," the zoo wrote Friday. "Upon the onset of these signs, the Animal Care and Veterinary Teams immediately pursued testing for SARS-CoV-2. Fecal samples and nasal and oral swab samples were sent to the Athens Veterinary Diagnostic Laboratory at the University of Georgia, where they tested presumptively positive. Zoo Atlanta is waiting to receive the results of the confirmatory tests on samples sent to the National Veterinary Services Laboratory in Ames, Iowa."

It was not clear how many gorillas tested positive.

The gorillas at risk of experiencing COVID-19 complications are receiving monoclonal antibodies, the zoo said.

"The teams are collecting samples for testing for the Zoo's entire gorilla population, which includes 20 members living in four troops, and will regularly test the gorillas regardless of the presence of symptoms," the zoo said.

The zoo believes the gorillas were infected by an employee who was fully vaccinated and wearing Personal Protective Equipment while caring for the animals, but later tested positive for COVID-19.

"While humans are known to be able to transmit the virus to animals such as gorillas, and these cases have occurred at other zoos, there is currently no data to suggest that zoo animals can transmit the virus to humans," it said. "Regardless, Zoo Atlanta visitors do not pose a transmission threat to the gorillas or vice versa given the distance between the areas used by guests and the animals' habitats."

Slater Family Network

Help collect items for [Slater Family Network Foundation, Inc.](#) They're asking for cleaning supplies, paper products, non-perishable food items for thanksgiving, wrapping paper, hygiene products, school supplies, etc.

Donation box is set up at the front of the Pen Argyl Holiday Hair Salon. All donations greatly appreciated and will be dropped off in a timely manner before Thanksgiving.

Pen Argyl Yard Sales

Pen Argyl Borough's Community Wide Yard Sales will be held Friday, September 17th, Saturday September 18th and Sunday September 19th. No permits required.

Please follow all CDC guidelines for Covid 19.

Plainfield Line Painting

Line painting of local Plainfield Township roadways will occur the week of October 4, 2021 (weather permitting).

Please call the Plainfield Township Municipal Office (610-759-6944) with any questions.

Wine Auction

Save the date, September 18, 2021 (September 25 rain date), for our auction event! Celebrate the wine, food, and culture of Argentina with us under the stars at Hugh Moore Park.

Summer Museum Open House

PA Longrifle Museum, open to the public 12 pm–4 pm Saturday & Sunday, September 18 & 19, 2021 J. Joseph Henry House, Summer Kitchen & Grounds Sunday, September 18: Open to the public 12 pm–4 pm

Specialty Bingo

Specialty Bingo Featuring Vera Bradley, Michael Kor, Coach, Kate Spade and more sponsored by the Slate Belt Chamber of Commerce is planned for the Bangor Elks Lodge, 120 Broadway, Bangor Sunday, September 26. Doors open at 12 noon, bingo starts at 1 pm. Tickets are \$20 Call 610-588-1000 for your tickets today.

Get 20 games of Bingo, Specials & Silent Auction. Tickets also available online. Make sure you remit your address so they know where to mail your ticket.



43rd Annual Bangor Area High School Festival of Marching Bands

Paul Farnan Field
90 Eisenhart Blvd. Bangor, PA

6:00 PM

Saturday September 25

**Featuring the Bangor Slater Marching Band
.....and.....**

Six Marching Bands

Adults \$10, Students and Seniors 65+ \$5.

Children 3 and under are free



Fall Bake Sale

Bangor Womens Club GFWC

Capital Ace Hardware

**Saturday September 25
9am - 3pm**

**Home baked goodies will be available for sale.
Proceeds from the sale will be used for local student
scholarships and other community projects.**



Event Calendar

September 17

Trappers Convention

Pennsylvania Trappers Association District 10 Trappers Convention: September 17, 2021 12-6pm, and September 18, 2021 8am-6pm. West End Fairgrounds 570 Fairgrounds Rd. Gilbert, PA. Free admission. There will be something for every sportsman at this convention. Tailgaters welcome. Contact Bob Counterman 610-759-9203.

Pen Argyl Yard Sales

Pen Argyl Borough's Community Wide Yard Sales will be held Friday, September 17th, Saturday September 18th and Sunday September 19th. No permits required.

Please follow all CDC guidelines for Covid 19.



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September 18

Lehigh Valley Wine Auction

Save the date, September 18, 2021 (September 25 rain date), for our auction event! Celebrate the wine, food, and culture of Argentina with us under the stars at Hugh Moore Park.

Summer Concert Series

Splitting The Atoms will play in the Bangor Summer Concert Series Saturday September 18 at the Murray Street Courtyard in downtown Bangor.

September 18,19

Jacobsburg Summer Museum Open House Weekend

PA Longrifle Museum, open to the public 12 pm-4 pm Saturday & Sunday, September 18 & 19, 2021 J. Joseph Henry House, Summer Kitchen & Grounds Sunday, September 18: Open to the public 12 pm-4 pm

September 19

Car Show

The 24th Annual Moore Township Lions & Lioness-Lions Car Show at Moore Twsp. Rec. Center. Will be held September 19 from 9-3.

Alumni Bingo

The Pen Argyl Area Alumni Association Bingo will be held Sunday, September 19, 2021 at Wind Gap Fire Co. 111 N. Broadway Wind Gap, PA

Doors open 11:30 am Bingo starts at 1:00pm. Plans for 20 regular games, special bingos, tricky tray and a 50/50.

Tickets are \$20 in advance \$25.00 at the door. Must have a ticket for entry. Light lunch will be available.

Tickets: 610-8634600. Proceeds benefit: The Alumni Scholarship Fund

September 23

Heritage Center Program

The Slate Belt Heritage Center will be having an in-person talk on Thursday, September 23 at 7:00 in the Council Chamber at the Center. Todd Kneebone, a former Bangor resident, recently returned from a trip to Wales and Cornwall, where he connected with his ancestors and the heritage of his hometown. What attracted settlers from Cornwall, in southern England, to the Slate Belt?

Was Bangor, Wales and the surrounding area really the slate capital of the world? And why is there such a thick rim of crust on Cornish pasties? Todd's presentation will answer these questions, and more, to help us connect with the past. Masks are required for everyone who attends the presentation and social distancing will be observed.

VALOR Clinic Thursday Meetings

"You knew that you had each other's backs in battle. That can't change now that you're home. Find your brothers. Fight for each other as hard and as desperately as you did when people were shooting at you." - Unknown

Every Thursday night at 7:00pm is an open invite to all veterans to join the Peer to Peer group in a safe environment at Paul's House 1130 Scenic Drive. Kunkletown, PA.

You are welcome to join them for dinner at 6:00pm.

September 24

Night of Worship

Come for a night of worship! Build Your Kingdom Here - A Night of Worship at 14 Broadway, Bangor 7pm September 24th. Free concert with the Kings of Spring Street for the entire family, all are welcome.

Worship Bands from Family Life Community Church and Hopesprings Community of Faith.

September 24-26

Celtic Classic

The Celtic Cultural Alliance has announced its music line-up for the Celtic Classic Highland Games and Festival, which will take place on September 24-26, 2021, in downtown Bethlehem.

The Celtic Classic has 5 free stages of Celtic music throughout the festival grounds and in the Ice House. Celtic bands will perform over 100 hours of free Celtic music, ranging in styles from traditional to Celtic rock. Many of the Celtic tunes are the traditional Irish jigs, shanties, drinking songs and ballads combined with lyrical story-telling.

For full line-up and schedule, www.celticfest.org

See Calendar Next Page

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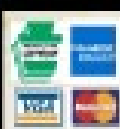
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BUSINESS HOURS

Mon 8:00 AM - 7:00 PM • Tue - Wed 8:00 AM - 6:00 PM

Thurs 8:00 AM - 7:00 PM

Fri 8:00 AM - 5:00 PM • Sat 8:00 AM - 2:00 PM

Calendar Continued

September 25

Free Ice Cream

Portland residents are invited to enjoy free ice cream at the Portland Park and Walk June 26, July 24, August 28 and September 25.

Grand Opening

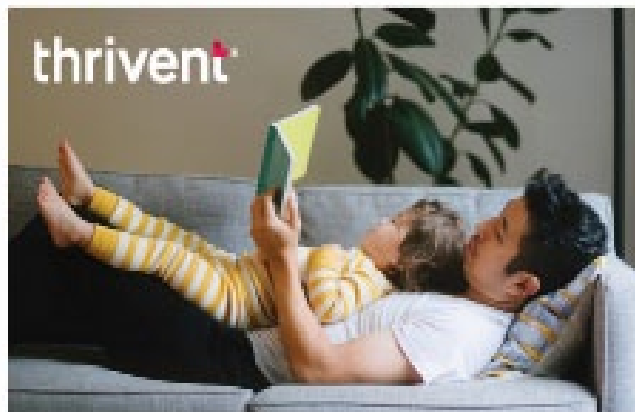
All are welcome to the Big Grand Opening Event of All Aspects at the Barn in its new location at 1584 S Delaware Drive, Mount Bethel on September 25, from 10-5pm.

They have spent two years restoring the barn and would love for you to come out and enjoy the day with them as they open their doors.

Come shop & enjoy the festivities. They will have hourly giveaways, food trucks and an M & M Winery tent.

Bring your little ones to their petting zoo and playground and vote on their new baby goats' names to be entered into their raffle.

All Aspects at the Barn is an antique, vintage, home decor and upcycled store in a restored barn formerly known as Aspects Restored & Recycled.



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BAHS Band Festival

The 43rd Annual Bangor Area High School Festival of Marching Bands Bangor Memorial Park 90 Eisenhart Blvd. Bangor, PA Saturday, September 25, 2021 6:00 PM

Six Marching Bands including the Slater Band. Adults \$10, Students and Seniors 65+ \$5.

Children 3 and under are free

September To Remember Vendor Festival

Enjoy the day shopping with over 50 unique small business vendors. Grab yourself a drink, some amazing food, and enjoy the day filled with entertainment, shopping, and more!

September 25, 2021 10 am to 3pm at bangor memorial park

90 Eisenhart blvd. Bangor, pa 18013 for more information on being a vendor call: 484-633-0185 or Email: blueflameevents@yahoo.com

September 26

Awareness 365

AWARENESS 365 Crafter/Vendor Event

Sunday, September 26, 9am - 4pm

Awareness 365 is Breast Cancer Awareness every day not just October.

Second Annual Let's Pinkout Breast Cancer

Crafter/ Vendor Event. There's going to be something for all ages. A fun full day of Crafters, Vendors, Food, Food, Food, Wineries, Brewery, games, raffles, 50/50 Two Bands, Special entertainment.

Miller Blood Bank - Donate Blood by appointment only details to follow.

Lehigh Valley Mammogram Coach, Pink Heals Firetrucks

707 American Bangor Rd, Bangor,

CRAFTER, VENDOR, etc. please email your info to

Pinkoutwithignite@yahoo.com or message page Awareness 365

Specialty Bingo

Specialty Bingo Featuring Vera Bradley, Michael Kor, Coach, Kate Spade and more sponsored by the Slate Belt Chamber of Commerce is planned for the Bangor Elks Lodge, 120 Broadway, Bangor Sunday, September 26.

Doors open at 12 noon, bingo starts at 1 pm.

See Calendar Next Page



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Calendar Continued

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Get 20 games of Bingo, Specials & Silent Auction. Tickets also available online. Make sure you remit your address so they know where to mail your ticket.

September 28

Families First 5K One-mile Fun Walk

The Families First 5K One-mile Fun Walk will be held at Wind Gap Park Saturday, September 28, 2019 from 9-11:30 am. The 5K/1 Mile Fun Walk will be held rain or shine.

Registration will begin at 7:30 am on race day.
Registration Fees:

- \$20 per person BEFORE race day
- \$40 for a family of three or more BEFORE race day *family entry must be submitted together*
- \$25 per person on race day
- \$15 student entry

Entry includes t-shirt (guaranteed to the first 100 runners) and a raffle ticket for prizes. Awards will be given to the fastest overall male and female and to the top three finishers in each age category. The 1 Mile Fun Walk is noncompetitive.

This fundraiser supports the free programs of Families First: Families-In-Need, After-School Tutoring, College Scholarship Fund, Mentoring Programs, Adopt-A-Family, and many others.

September 29

Fall Story Hour

The Blue Mountain Community Library will once again be offering Story Hour to pre-school children. The Fall Program will be held at Weona Park under the large pavilion on alternate Wednesdays in September, October and November, weather permitting. The dates are September 29; Oct. 13 and 27; and Nov. 10. The programs will begin at 10:30 am and consist of two stories, singing and rhythm sticks, and a craft.

The programs are free to all, but a reservation must be made by the Monday before the program in order that we will have a craft kit for each child. Call the Library at 610-863-3029 to make a reservation

October 1

Senior Expo

A senior expo will be held Friday October 1 from 10am to 1pm at the Plainfield Township Volunteer Fire Co. on Sullivan Trail, Wind Gap.

October 2

Chili Cookoff

Grand Central Landfill will sponsor a Chili Cookoff, October 2 from 11-1 at 910 W. Pennsylvania Avenue, Pen Argyl.

Slate Belt non-profits will compete for your vote. Donation of \$5.00 to benefit non-profits. Free event, Giveaways, Family Fun, Ice Cream, Tours.

Questions: email Adrienne Fors at afors1@wm.com

Bethlehem Soup Trail

The ever popular Bethlehem HarvestFest Soup Trail is back. Sample some of your favorite Soups from your favorite Downtown Bethlehem Restaurants!

Tickets on sale September 1st on their website. On October 2nd, pick up your Soup Trail Passport and Map. You'll travel to each restaurant on your passport. All participants have from 12PM to 5PM to sample each soup.

October 3

Library's 100th Anniversary

All are welcome to join in a celebration 100 years in the making as the Bangor Public Library showcases its past, present, and future October 3 2021 from 2-4pm.

Visit their website at www.bangorlibrary.org for more information. You can also donate gently used books, become a friend, volunteer, or library patron.

Door prizes, library tours, scavenger hunts and library memorabilia will be available in addition to light refreshments.

The Bangor Womens Club will be on site to help in the celebration. Membership trifold, club photos, and cookies will be available.

October 9

Brewsic Fest

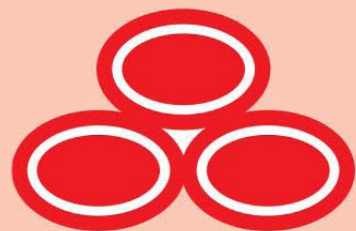
Join Washington Township Volunteer Fire Co. for their first-ever Brewsic Fest on October 9th on the fire house grounds.

Beer and Wine Tasting along with live music will take place from 4-7 and live music and food and drink for purchase will be from 7-10.

Musical guests include Naked Jake from 4-6 and Cody Templeton Band from 7-10.

Ticket options include a \$25 ticket for alcohol

See Calendar Next Page



State Farm

Debbie Pettinari Agency
106 S. Broadway, Wind Gap, PA
610-881-4433

www.debbieinsurespa.com

debbie.pettinari.wz73@statefarm.com



Calendar Continued

samples (21+ only), food tasting, and access to the concert. A \$10 ticket is available for food tasting and music and alcohol can be purchased (21+).

For tickets visit <https://bit.ly/fire38brewsic> or see any member or stop by the fire house on Monday evenings from 6:30-9:00 pm

Harvest Festival

Quiet Valley Living Historical Farm celebrates their 47th Annual Harvest Festival on October 9th and 10th, 2021 from 10am to 5pm both days. This year's theme is "From a Seed". Come enjoy learning about many of the seeds found on a 19th century farm, how they were planted, harvested, stored and then used. The main focus will be on Corn, Flax, Wheat, Apple and Bean seeds.

Children will enjoy a variety of activities such as pumpkin decorating, old fashion games, the hands-on heritage craft/activity area, the one room school presentation and pony rides.

Harvest Festival offers visitors of all ages two days of old-fashion fun. All funds raised will help support the mission of our nonprofit, educational organization. Quiet Valley Living Historical Farm is located 3 miles south of Stroudsburg, Pennsylvania off of Business Route 209. This event is held rain or shine. Demonstrations are under tents. Admission

is adults \$12.00 & ages 3 - 12 \$6.00. No pets and no smoking please. The Harvest Festival schedule is subject to change.

For more information: 570-992-6161 or marketing@quietvalley.org or www.quietvalley.org

October 13

Fall Story Hour

The Blue Mountain Community Library will once again be offering Story Hour to pre-school children. The Fall Program will be held at Weona Park under the large pavilion on alternate Wednesdays in September, October and November, weather permitting. The dates are Oct. 13 and 27; and Nov. 10. The programs will begin at 10:30 am and consist of two stories, singing and rhythm sticks, and a craft.

The programs are free to all, but a reservation must be made by the Monday before the program in order that we will have a craft kit for each child. Call the Library at 610-863-3029 to make a reservation

October 16

Blue October

Blue October - This Is What I Live For Tour will be held October 16 at the Sherman Theater, Stroudsburg.

Tickets: www.etix.com/ticket/p/8298119/blue-october-this-is-what-i-live-for-tour-stroudsburg-sherman-theater

These songs should make you want to fall in love with somebody, or miss somebody, or want to do something outrageous with your life," says Justin Furstenfeld, vocalist and lyricist for the unstoppable alt-rock band Blue October. He's talking about the

CHURCH



East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor

Sat., Sept 18

-8:00 p.m. AA Meeting

Sun., Sept 19

-9:30 a.m. Worship Service (Live & on Zoom)

(For Zoom, go to ebumc.org to sign in)

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064

www.gracebelfastpa.org 610-759-9080

Email: gracebelfast@rcn.com

Sept 12— Seventeenth Sunday of Pentecost

9:00am -Holy Communion

Flicksville UCC

1337 Lower South Main St., Bangor

Pastor Ken Hess 610-588-4648

www.flicksvilleucc.com

Worship at 10:45 am following social distancing guidelines

Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor

More info 610-588-4864.

E-mail: info@christpcsb.org.

Sunday Worship, 10:30am in-person/Zoom.

Contact us for more information at 610-588-4864. E-mail: info@christpcsb.org.

Trinity Lutheran Church

404 Broadway Bangor (610-588-2023)

Pastor: Larry Laine

telcbangor@frontier.com

Website: www.tlcbangor.com

Sunday worship services in the church Sanctuary at 10:30am. Refreshments

CALENDAR CONTINUED CLICK HERE

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Blood Donors Needed

Miller-Keystone Blood Center is seeking donors. Recent storms have cancelled blood drives and supplies are running low. Miller-Keystone has 6 donor centers located throughout the region with extended hours.

Anyone interested in donating should call 1-800-B-A-DONOR or make an appointment at <https://www.giveapint.org/>

Weona Park Pavilions

Weona Park Pavilions will be available for rent in the 2021 Summer Season. All CDC rules must be followed.

Please call 610-863-9249 for more rental information.

2021 rates are:

- Pavilion Rentals: Large pavilion \$150
- Kitchen: \$40.00
- Side A or B Large Pavilion :\$75.00
- Small pavilion: \$100.00

Northampton County Aging Agency Call Line

Lamont McClure and the Area Agency on Aging Division (AAA) are operating a call line on Friday mornings for all Northampton County Seniors to make appointments for COVID-19 vaccinations.

This service is intended for those who lack computer or internet access. AAA staff members will make 100 appointments per clinic date. Vaccination clinics will be held at the Wind Creek Event Center at 77 Wind Creek Blvd. Bethlehem, PA.

Residents of Bethlehem City and Northampton County who are age sixty-five and older can call 610-865-7092 to schedule an appointment for a vaccination. AAA employees will also assist with registration at the Wind Creek clinics.

Slate Belt Y Child Care

The Greater Valley YMCA has announced the expansion of its child care offerings at its Slate Belt location. The Y now offers care for toddlers and preschool children ages 2 through 5 in its newly-constructed child care wing.

County Assistance

In light of Pennsylvania's eviction moratorium expiring on August 31st, Lamont McClure reminds residents that Northampton County has approximately \$3.6 million available for rental assistance, rapid rehousing and utility payments.

The Department of Human Services and the Department of Community and Economic Development worked together to develop the Community Mediation and Eviction Diversion Program (CMED). CMED offers experienced mediators, emergency financial assistance and rapid rehousing to prevent homelessness.

Contact: Third Street Alliance at 610-438-1763 or email Ziana Keith at zkeith@thirdstreetalliance.org

Hotline for Human Services

Northampton County has a 24-hour Emergency hotline for all Human Services-related emergencies. Anyone struggling with a mental health crisis, abuse, neglect, suicidal thoughts, evictions, substance abuse, food insecurity, etc. can call 610-252-9060 for help and referrals.

Fall Story Hour

The Blue Mountain Community Library will once again be offering Story Hour to pre-school children. The Fall Program will be held at Weona Park under the large pavilion on alternate Wednesdays in September, October and November, weather permitting. The dates are Sept. 15 and 29; Oct. 13 and 27; and Nov. 10. The programs will begin at 10:30 am and consist of two stories, singing and rhythm sticks, and a craft.

The programs are free to all, but a reservation must be made by the Monday before the program in order that we will have a craft kit for each child. Call the Library at 610-863-3029 to make a reservation

WHAT'S GOING ON????
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VALOR Clinic Thursday Meetings

"You knew that you had each other's backs in battle. That can't change now that you're home. Find your brothers. Fight for each other as hard and as desperately as you did when people were shooting at you." - Unknown

Every Thursday night at 7:00pm is an open invite to all veterans to join the Peer to Peer group in a safe environment at Paul's House 1130 Scenic Drive. Kunkletown, PA.

You are welcome to join them for dinner at 6:00pm.

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610-252-9060 for help and referrals.

Where To Eat

Little Creek BBQ

Hours: Thurs, Fri & Sat 2-7. Sun. 12-5. Closed Mon, Tue, Wed. 610-588-3831. Info: [Click Here](#)

Sal's Pizza

Sal's Pizza 487 E. Moorestown Road, Wind Gap. 610-863-7665. More Info: [Click Here](#)

Doughboys

230 W. Moorestown Rd, Wind Gap. . 610-759-3776. More Info: [Click Here](#)

Pen Argyl Pizza

Pen Argyl Pizza 510 E. Main St, Pen Argyl. 610-863-6670. More Info: [Click Here](#)

512 Restaurant

512 Restaurant 2 East Pennsylvania Ave, Pen Argyl. 610-881-4540. More Info: [Click Here](#)

Detzi's Tavern

Detzi's Tavern 570 North Lehigh Ave., Wind Gap. 863-9882. More Info: [Click Here](#)

Slate Pub

Slate Pub 509 E. Main St., Pen Argyl. 610-881-4700. More Info: [Click Here](#)

Broadway Pub

Broadway Pub 62 Broadway, Bangor. 610-452-9226. More Info: [Click Here](#)

Five Points Grill & Pub

Five Points Grill & Pub 1001 Mt. Bethel Highway, Mt. Bethel. 610-588-1773. . More Info: [Click Here](#)

M & M Vineyards

M & M Vineyards 18 Shepherds Hill Dr. Bangor.

See their website at. <http://mmvineyards.com>

Dinky's

Dinky's Ice Cream Parlor Rte 191 and Broadway in Bangor. More info [Click Here](#)

Clever Girl Winery

Clever Girl Winery's 15 Broadway in Bangor (484) 484-8907 www.clevergirlwinery.com/

Napoli Pizza

Dine-In, pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. [Click Here](#)

Slate Belt Diner

610-452-9205, 370 Blue Valley Drive. More Info: [Click Here](#)

Daisy Family Restaurant

6589 Sullivan Trail Wind Gap, (610) 863-4044. More info: [Click Here](#)

Three Brothers Pizza

Three Brothers Pizza at Plainfield Diner, Sullivan Trail. 610-863-4950 .More Info: [Click Here](#)

Mt. Bethel Diner

570-897-6409, 2600 N. Delaware Drive, Mt. Bethel, Pa 18343. More Info: [Click Here](#)

Family & Friends

610-759-7477. Rt 512 Wind Gap. More info: [Click Here](#)

Gap Diner

Rt. 512 Wind Gap. More info: [Click Here](#)

TK's Restaurant

570-897-6112. Rt 611, Mt. Bethel More info: [Click Here](#)

Fuher's Tavern & Grill

104 Main St., Portland (570) 897-5590.

Tolino's Family Food Truck Friday Lineup

*August 27 Music by Steve McDaniel, Food by Flying V & Pizza

Family Food Truck Friday Lineup in Sept.

*September 3 Music by Moondogs, Food by Blendlife & Pizza

*September 10 Music by Lonesome Found, Food by Flying V & Pizza

*September 17 Music by James Supra, Food by Little Creek & Pizza

*September 24 Music by Steve McDaniel Food by Blendlife & Pizza

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Daily Weather Updates

slatebeltweather.com

tracks on the quintet's tenth studio album, *This Is What I Live For*, recently released on October 23rd, 2020.

October 21 **Halloween Parade**

Bangor Lodge #1106 of the Benevolent and Protective Order of Elks is pleased to announce the 2021 edition of the Bangor Elks Halloween Parade in the Borough of Bangor.

The parade is scheduled to take place Thursday October 21, 2021 at 7:00 pm with no rain date.

The parade theme for 2021 will be "Salute to Emergency Services and Healthcare Workers".

Individuals and groups wishing to participate in the parade can sign up for free online at <https://forms.gle/8MJ3j3mq3qhnU7AY8>.

It will be necessary to include an email address for registration for further communications and on the parade. Online registration will be available until October 14, 2021.

The parade route will be the same as 2019. Starting at Pennsylvania Ave (Near The Beehive/Fidelity Bank) and then moving right onto N Main St past the CVS Pharmacy then making a right onto Broadway and ending at the Elks Lodge.

After the parade, the Bangor Lodge will once again host free hot dogs and soda at the lodge for the parade participants.

October 23 **Harvest Festival**

The Moravian Historical Society is pleased to announce its Harvest Festival, held on Saturday, October 23, 2021 from 10 a.m.–5 p.m. This free, fun-filled day celebrates 18th and 19th century history with local artisans, farms, music, demonstrations, food, and beverages.

Hosted on the beautiful lawn of the historic 1740-1743 Whitefield House in downtown Nazareth, this family-friendly day is filled with history, demonstrations, musical entertainment, great food, and free children's activities.

Visitors can learn about Pennsylvania's history of cider-making, the many ways plants were used in the 18th and 19th centuries, and tips for preparing your gardens for the fall!

The Dina Hall Trio will provide Americana music.

Interested artisan and food vendors can find an application on our website: www.moravianhistory.org/harvestfestival. The deadline to apply is Friday, October 8th

October 24 **Vendor/Craft Show**

WTVFC is planning their Fall Vendor/Craft Fair on Sunday October 24th from 10am to 4pm.

Spaces are \$30 for (1) 10ft x 10ft space or \$50 for (2) 10ft x 10ft space. All spaces are outdoors, and this is a rain, shine, or snow event. If you are interested in a space, please email them at bdjm987@gmail.com.

Please remember that we use paper applications only and that payments must be in the form of cash or check. No one should be contacting you to fill out an online application and pay with a

credit card.

October 27 **Fall Story Hour**

The Blue Mountain Community Library will once again be offering Story Hour to pre-school children. The Fall Program will be held at Weona Park under the large pavilion on alternate Wednesdays in September, October and November, weather permitting. The dates are October 27; and Nov. 10. The programs will begin at 10:30 am and consist of two stories, singing and rhythm sticks, and a craft.

The programs are free to all, but a reservation must be made by the Monday before the program in order that we will have a craft kit for each child. Call the Library at 610-863-3029 to make a reservation

October 30,31 **Jacobsburg Market Faire & Rendezvous History Weekend**

Saturday, October 30, 2021: 10 am–4 pm

Sunday, October 31, 2021: 10 am–4 pm

Fur Trade Era encampment, 18th c. Market Faire, Early American Arts & Crafts exhibits with demonstrations

Open Hearth Cooking – Music – Food

October 30 **Craft and Vendor Show**

The Portland Hook and Ladder Fire Co. Craft and Vendor Show will be held October 30 from 9am - 3pm in downtown Portland

Trick or Treat and Halloween Party

A Halloween trick-or-treat day will be held October 30 from 4-6pm in Portland. A Halloween Party and Costume contest follows from 6:15pm to 8:00pm in downtown Portland at the Train Station lot.

October 31 **Bangor Trick or Treat**

Bangor Borough will hold Trick or Treat Sunday October 31 from 2-5pm. There is no rain or snow date.

November 5-7 **Pink Heals Tricky Tray**

Come to the Pink Heals third Annual Tricky Tray located at Nancy Run Fire Company 3564 Easton Ave, Bethlehem, PA 18020.

Fri, November, 5th: 9am – 8pm, Sat, November 6th: 9am – 6pm, Sun, November 7th: Drawing of Prizes

Admission is free

Plenty of chances to win:

- 3 tiers of tickets & prizes
- 50/50 Raffle
- Lottery Apron
- Dan Campanelli Painting Raffle

This is a CASH only event.

All proceeds to benefit our benevolent fund

November 10 **Fall Story Hour**

The Blue Mountain Community Library will once again be offering Story Hour to pre-school children. The Fall Program will be held at Weona Park under the large pavilion on alternate Wednesdays in September, October and November, weather permitting. The date is November 10. The programs will begin at 10:30 am and consist of two stories, singing and rhythm sticks, and a craft.

The programs are free to all, but a reservation must be made by the Monday before the program in order that we will have a craft kit for each child. Call the Library at 610-863-3029 to make a reservation

November 27 **Philly Keys at WGFC**

Philly Keys Dueling Pianos will return to Wind Gap Fire Co. 111 North Broadway, Wind Gap Fire Co. Social Hall November 27 from 7-10 pm.

Doors open 6:00pm. Cost is \$20.00 per person. Beer included, bring your own wine. Kitchen open.

Questions, call Ryan 484-325-0808.

All proceeds benefit WGFC truck fund.

Craft Show

The Mt. Bethel Fire Co. Ladies Auxiliary will hold their 32nd annual craft show, Saturday November 27 from 9-3 at the fire co. 2341 N. Delaware Drive, Mt. Bethel, PA.

To be a vendor or for questions call Diane 973-202-3317.

November 28 **Christmas Tree Lighting**

A Christmas Tree lighting will be held at 6:30pm November 28 in downtown Portland.

December 11,12 **A Very Special Christmas at Boulton**

Saturday, December 11: 11 am-4 pm & Sunday, December 12: 12 pm–4 pm Visit the 1832 J. Joseph Henry House and the PA Longrifle Museum decorated in holiday splendor. Stop by our Museum Gift Shop for holiday shopping! Music – Refreshments – Jacobsburg Brew

May 21,2022 **Belvidere Ambulance 75th Anniversary Parade**

This is the rescheduled date from 2020 will be held Saturday May 21, 2022 at noon.

Beginning at the Belvidere High School and ending at the Fireman's Field for a celebration, this will be an event you don't want to miss! Come and join us in celebrating 75 years of service to our community.

There will be music, food, drinks, and more!

Registration form for participation can be filled out here:

<https://docs.google.com/.../1FAIpQLSdMkxLxp.../viewform..>