

Slate Belt Town Topics

NEWS TODAY NOT NEXT WEEK

Current Slate Belt Weather Conditions

(Updated Every 2 Minutes)

National Weather Service Forecast

(Updated 4 Times Daily or Sooner For Warnings)

([Click Here](#))

Slate Belt Weather Radar

National Weather Radar

Track Storms Moving Through
The Country and Slate Belt in Real Time

([Click Here](#))

Slate Belt Town Topics Archives

Daily News and Photos from 2020 to Present
1358 Daily Papers

([Click Here](#))

Slate Belt Obituaries

Updated Daily or When Information is Available

([Click Here](#))

WEATHER AND YOUR HEALTH

Arthritis (0-Good 10-Worst)

0 1 2 3 4 5 6 7 8 9 10



Asthma (0-Good 10-Worst)

0 1 2 3 4 5 6 7 8 9 10



Sinus (0-Good 10-Worst)

0 1 2 3 4 5 6 7 8 9 10



UV Index 12pm - 3pm

Safe - Moderate - High - Extreme



Air Quality

Good - Moderate - Unhealthy - Worst



Click on a Link Below

**Slate Belt Weather Forecast &
Current Conditions**

Slate Belt Public Libraries

Slate Belt Church Information

Special Events Calendar

Regular Events Calendar

High School Sports Schedules

Lots of holiday items to decorate and to purchase as gifts, clothing for men, women, children and babies, housewares, small kitchen appliances and gadgets galore! Stop on by and don't forget to get yourself a treat from our homemade baked goods selection.

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More info: 610-588-2023**



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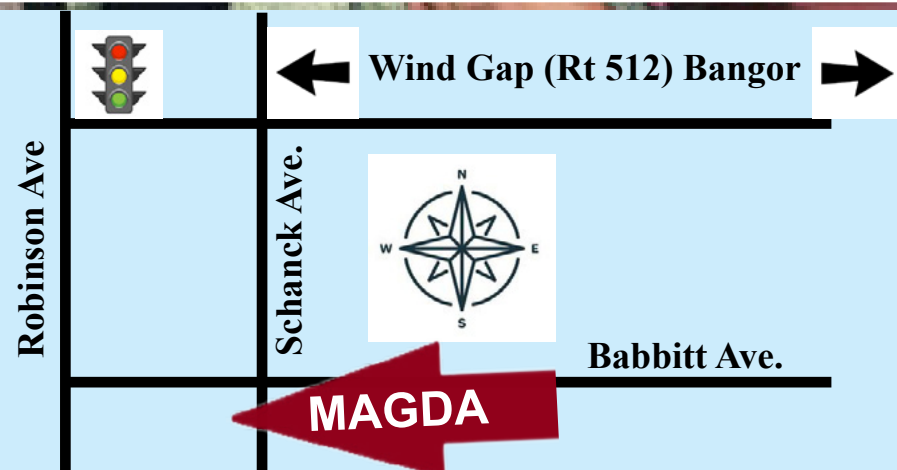
• Tuesday 8:00am - 6:00pm • Thursday 9:00am - 7:00pm
• Alternate Fridays - 8:00am - 1:30pm

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Study: When You Snooze, You Don't Lose

Hitting The Snooze Button Will Make Some People Sharper.

By Jim Leffman via SWNS

When you snooze, you don't actually lose, according to a new study.

Hitting the snooze button in the morning and nodding off again won't improve your mood when you get up but will make some people sharper.

Scientists believe this is because it prevents waking directly from REM or slow-wave sleep, according to their study published in the Journal of Sleep Research.

Surprisingly, although most people said they snoozed because they were tired or in a bad mood on waking, going back to sleep again had no effect on this.

Dr. Tina Sundelin from Stockholm University said: "The findings indicate that there is no reason to stop snoozing in the morning if you enjoy it, at least not for snooze times around 30 minutes.

"In fact, it may even help those with morning drowsiness to be slightly more awake once they get up."

Snoozing resulted in about six minutes of lost sleep but it prevented waking from slow-wave sleep.

There were no clear effects of snoozing on stress hormone levels, morning sleepiness, mood, or overnight sleep structure.

They also looked at 1,732 adults' morning waking habits, with 69 percent saying they used the snooze function or set multiple alarms at least sometimes.

In those who snoozed, the average time spent snoozing per morning was 22 minutes, ranging from one to 180 minutes.

Snoozers tended to be younger than non-snoozers and were more likely to be evening types.

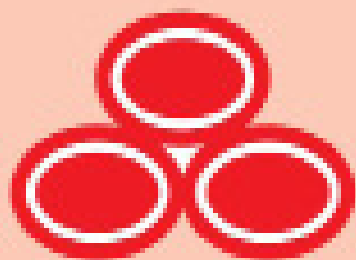
Morning drowsiness and shorter sleep were also more common in those who snoozed.

The most commonly reported reason for snoozing was 'feeling too tired to wake up' (25 percent) followed by 'it feels good' (17 percent) and wanting 'to wake up more slowly/softly'.

Regular snoozers tended to feel more mentally drowsy upon waking, which may be down to the fact that they are younger and go to bed later than those who never snooze.

They may need more time to ward off the effects of sleep inertia, and snoozing may be a potential way of doing this, considering the cognitive improvements.

Even though participants felt equally sleepy upon waking in both conditions, they performed better



State Farm

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5-Day Outlook



NATIONAL WEATHER SERVICE
OCEANIC AND ATMOSPHERIC ADMINISTRATION
Philadelphia  Mount Holly

Overview: A storm system in the Great Lakes Thursday and Friday will move into the Northeast over the weekend and strengthen. This will bring some rain and gusty winds to our area over the weekend. The storm will then move farther away during Sunday and into early next week.

Thursday



60 - 70

Becoming
partly sunny.

Friday



59 - 69

Mainly
cloudy.
Rain
becoming
likely,
especially
PM.

Saturday



54 - 65

Mostly cloudy
with showers.
Turning
breezy.

Sunday



44 - 60

Partly to
mostly sunny
and windy.
Wind gusts 30
to 40 mph.

Monday



47 - 60

Mostly sunny.
Breezy
conditions
gradually
diminish.

Local forecasts: weather.gov/phi

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at

9:30 am

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open to the community immediately following the program at the cemetery.

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Veterans will be free

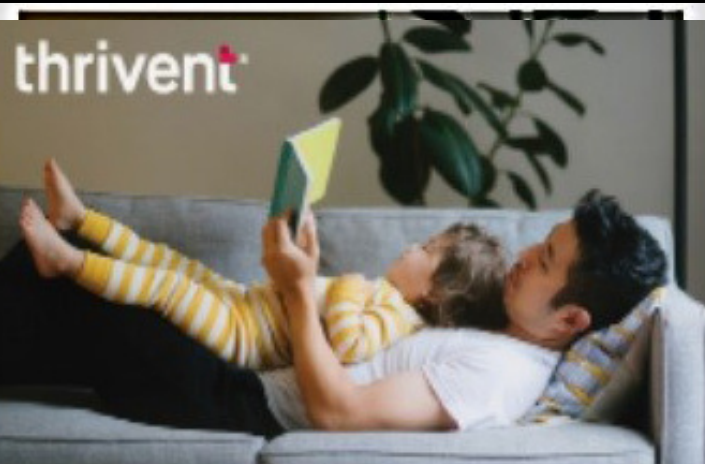
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PHOTO GALLERY
Photos: Larry Cory

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Pen Argyl Senior Day

Photos:
Elliot Lorrh
Pfeifer



Larry Lerdo - Luisana and Jesus Torres



Ty Miller - Russell and Jennifer Miller



Alex Moser - Nolan and Stephanie Moser



Bradley Rissmiller - Heather & Tom Rissmiller



Jack Scherer - Brad & Kate Scherer



Damian Tyminski - Jill & Todd Tyminski



Gavin Cunningham - Patrick & Crystal



Jacob Geary - Nakye & Brian Geary



Kael Grim - Kristen and Jason Grim



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Ethan Holland - Chrissie & Chris Holland



Evan Keat - Jen Keat



Alex Moser - Nolan and Stephanie Moser



Bradley Lacey - Brad Sr. & Aimee Rush: Stepmother Rachel Lacey & Stepfather Ed Rush



Miyah Snyder - Cortnei & Bobby



Luke Hackman - Shawn & Lisa Hackman



Domenic Dauley - Andrea & Daniel Dauley



Julia Antonioni - Bruce and Linda



Molly Wilson - Gina and Jason Wilson



Amadio Eisenhauer - Lois & Enrique Rodriguez



Haley Buskirk - Adelaide & Brian Buskirk Jr.

Bangor Homecoming 2023



King, Gavin Ulmer
Queen, Gia Altieri

PHOTO GALLERY
Photos: Larry Cory



Homecoming Court: (l-r) Blake Kornafel, Jensyn Buist, Sara Greene, Greg Campbell, Gavin Ulmer, Gia Alteri, Dylan Krugh, Noah Hillis, Megan Engle, Emma Lautenbacher



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Slaters Lose to Unbeaten Northwestern 35-6



PHOTO GALLERY
Photos: Larry Cory



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Climate Change Helps Make Better Wine

Warm Summers And Wet Winters Perfect Combo For Growing Good Grapes: New Study.

By Pol Allingham via SWNS

Climate change could make better wine, suggests new research.

Warm summers and wet winters are the perfect combo for growing good grapes, according to the study.

And climate change could make the perfect conditions more frequent, likely improving the quality of wine in Bordeaux.

University of Oxford researchers compared 50 years of wine critic scores for Bordeaux bottles with the weather in the region that year.

Wines from the area in southwest France appear to have improved in quality between 1950 and 2020.

The team found high-quality wine was grown in cooler, wetter winters and warmer, wetter springs. As well as hot, dry summers and cool, dry autumns.

Andrew Wood, University of Oxford, said: "Weather drives wine quality and wine taste.

"We found evidence that temperature and precipitation effects occur throughout the year—from bud break, while the grapes are growing and maturing, during harvesting, and even overwinter when the plant is dormant.

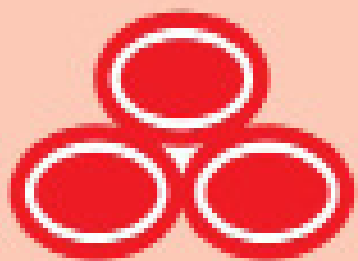
"Perennial crops like grapes are there all the time, and so things that happen outside of the growing season can also impact the wine.

"The trend, whether that's driven by the preferences of wine critics or the general population, is that people generally prefer stronger wines which age for longer and give you richer, more intense flavors, higher sweetness, and lower acidity.

"And with climate change—generally, we are seeing a trend across the world that with greater warming, wines are getting stronger.

"With the predicted climates of the future, given that we are more likely to see these patterns of warmer weather and less rainfall during the summer and more rainfall during the winter, the wines are likely to continue to get better into the future.

"The problem in scenarios where it gets really hot is water. If plants don't have enough, they eventually fail, and when they fail, you lose everything.



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Study Confirms That Childhood Is The Happiest Time Of Our Lives

Positive Emotional States Declined From Age Nine To 94.

By Jim Leffman via SWNS

Childhood really is the happiest time of our lives with satisfaction levels declining after the age of nine, a new study reveals.

Psychologists looked at three markers, life satisfaction, positive emotional states and negative emotional states.

Positive emotional states declined from age nine to 94. Negative emotional states fluctuated slightly between ages nine and 22, then declined until age 60 and then increased once again.

However, life satisfaction decreased between the ages of nine and 16, then increased slightly until the age of 70, and then decreased once again until the age of 96.

The team from the Ruhr-University Bochum in Germany examined trends in subjective well-being over the lifespan based on 443 samples from longitudinal studies with a total of 460,902 participants.

Professor Susanne Bucker said: "We focused on changes in three central components of subjective well-being, life satisfaction, positive emotional states and negative emotional states."

The researchers identified greater average changes in positive and negative emotional states than in life satisfaction.

Bucker added: "Overall, the study indicated a positive trend over a wide period of life, if we look at life satisfaction and negative emotional states."

The researchers attribute the slight decline in life satisfaction between the ages of nine and 16 to, for example, changes to the body and to the social life that take place during puberty.

Satisfaction rises again from young adulthood onwards. Positive feelings tend to decrease from childhood to late adulthood.

In very late adulthood, all components of subjective well-being tended to worsen rather than improve.

She added: "This could be related to the fact that in very old people, physical performance decreases, health often deteriorates, and social contacts diminish; not least because their peers pass away."

The study highlights the need to consider and promote subjective well-being with its various components across the lifespan.

The findings, published in the journal Psychological Bulletin, could provide significant guidance for the development of intervention programs, especially those aimed at maintaining or improving subjective well-being late in life.



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Kratzer Paints for C of C



Artist Blythe Kratzer, a 2023 graduate of Bangor High School, proudly displays the artwork she painted for the Slate Belt Chamber of Commerce office.

Jack-O-Lantern Jive

Sunday, October 29th 2:00-6:00pm

Weona Park Rt. 512 Pen Argyl

Come BOOgie at the Jack-O-Lantern Jive featuring a live performance by Joey & the T-Birds from 4:00 - 6:00 pm.

Tolino's Vineyard will be serving BOOs for the crowd and Dale's Concessions will have their fa-BOO-lous foods from 2:00-6:00 pm.

Couldn't make it to the Halloween SPOOKtacular? The spooky carousel will be spinning from 2:00-6:00 pm. Let the GHOUL times roll at Weona!!

This event is organized by & will benefit the Weona Park Pool Pals

Crochet Class

Beginners and basics of Crochet with Cheyenne will be held at a Clean Slate from 6-8pm October 12, 19, 26. Open to all and free classes. Join any time and learn from Cheyenne how to create and make crochet stitches that will lead to amazing creations. See flyer for more details. Bring a friend

PAHS Stuff The Bus

Pen Argyl Area High School will be collecting food for Stuff the Bus, from Monday October 30th through Friday November 17th at 7:00-7:30 am and 2:30-2:45 pm. (On the last day non-perishable items will only be collected until 7:30 am.)

Students, families, and teachers throughout the district are invited to donate non-perishable items for people in need during the Thanksgiving season. Additionally, local businesses and community members are encouraged to donate items, and in the past five years have donated plentifully.

The school district works with Families First, meaning that all the food collected will be given to families in the Pen Argyl School District who need a little extra help to get through the holiday.

The Knight's Order, the Character Education program at the Pen Argyl High School that organized the event, is responsible for service projects throughout the school and community. The Knight's Order continually looks to give back to the community that has been so supportive of their other initiatives.

The Character Education students put in hours of their time organizing and running this event. We would like to thank Krise Transportation for donating the bus for the event, and the YMCA for donating a space to organize and distribute the food. We hope every local family in need will be able to enjoy their Thanksgiving with an amazing meal

BANGOR SLATER BAND BINGO & TRICKY TRAY

Sunday December 3, 2023

Hosted by the Portland Fire Co.

At The William Pennyl Social Hall 111 State St., Portland, PA 18351

Doors open @ 11:00 am Bingo Starts @ 1:00 pm

20 games of Bingo, Special Raffles,
Tricky Tray, 50/50 Raffle, and Door Prizes

Featuring products from Vera Bradley, Coach, Michael Kors,
Thirty One, Pampered Chef, Tupperware, and more!

Refreshments will be available for purchase

**\$25 in Advance includes Admission, Early Bird Drawing*,
1 bingo book for 20 games & 1 sheet of tricky tray tickets**

* Additional books and tickets available to purchase at event *

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MORE INFO HERE



Questions? Cash/Check Payment? Call or Text

Missy 484-866-6830 or Nicole 570-350-1809

Physical tickets will not be distributed, email receipt will be sent
PLEASE NOTE: Only individuals over the age of 16 will be permitted

* Early Bird Ticket with advanced purchase only



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★ 2023 Municipal Election ★

★ Important Dates ★

Oct
23

**Last day to register to vote
in the Municipal Election.**

vote.pa.gov/Register

Oct
31

**Last day to apply
for a mail ballot.**

vote.pa.gov/ApplyMailBallot

Nov
7

**Election Day. Polls are
open from 7 AM to 8 PM.**

vote.pa.gov/Polls

Nov
7

**Completed mail ballots
must be received by 8 PM.**

vote.pa.gov/County

★ ★ vote.pa.gov ★ ★

Holiday Craft Fair

Trinity Lutheran Church in Bangor will be hosting a Holiday Craft Fair December 2 fro 11-4.

Vendors are Needed!

The cost is \$30 per 8' x 2.6' table.

We have 8' tables available for rent, \$5 each

Doors for Vendors will open at 7 am for set up and 9 am for the Sale

We will have both breakfast and lunch items available for purchase along with beverages, hot and cold and of course, snacks!

Please contact Linda to reserve your space, 570-730-7259. Deadline for reservations is November 25th

Family Prize Bingo

Trinity Lutheran Church in Bangor will be having a Family Prize Bingo. There will be lots of Prizes to choose from for both Kids & Adults

Cost is \$2 for 3 Boards per Bingo Packet

Daubers are Available for Purchase

Hot Dogs, Chips, Candy, Soda, Water, Juice, Coffee, Tea and Hot Chocolate will be available for purchase.

Sunday, November 5th

Doors will open at 1pm

Bingo will begin at 1:30pm

Please call the church office, 610-588-2023, if you have any questions.

Kilts & Shamrock Fest

Grab your best tartan and your luck shamrock and join us for the Kilts & Shamrock Fest 11am - 4pm March 16 at the South Mall.

Come out and participate in the best dressed tartan wearing contest and shamrock scavenger hunt.

While you're there be sure to check out our selection of unique vendors & crafters!

We're looking for unique vendors & crafters to join us for this event. To register text (272)-200-8163 or email kstocker@blueflameevents.co.

Advertising opportunities are also available! To request more information simply text/call (272)-200-8163 or email kstocker@blueflameevents.co.

Magical Mind & Spirit Expo

The Magical Mind & Spirit Expo are coming 11am February 24 to the South Mall in Allentown! Find yourself surrounded by alternative healing, natural & holistic vendors, mystical & magical vendors, guest speakers, and much more! We hope that you will join us for this magical day!

We're accepting unique vendors! We're also looking for guest speakers and demonstrators. To register text/call (272)-200-8163 or email kstocker@blueflameevents.co.

Not able to attend? That's okay! We have some fantastic advertising packages available that will guarantee your noticed at the event! For more information text/call (272)-200-8163 or email kstocker@blueflameevents.co.

KARAOKE

SATURDAY

OCTOBER 21

7-9 P.M.



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Special Events

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

October 4-31

Sock Collecting

Esther's Circle, the women's group at the East Bangor UMC Church, is once again collecting socks in the month of October as part of their mission project. Socks are one of the most-needed items in shelters. New socks can be brought to the church, which is located at 136 W. Central Ave. (Rt. 512), E. Bangor. Men's socks will be donated to Allentown Rescue Mission and women's and children's socks will be donated to Turning Point. FMI call 610-588-4453

Rental Snowshoes

Borrow snowshoe equipment to use on Jacobsburg's trails this winter. Snowshoes are available for folks of any age or shoe size, including small children. Snowshoes will not be made available during times of insufficient snow cover, at least six inches of snow is required. To borrow equipment, you must provide a driver's license or other form of state issued identification. For more information call 610-746-2801 or email jacobsburgsp@pa.gov. Check Their website for current conditions and snow depth: <https://www.dcnr.pa.gov/StateParks/WinterReport/Pages/default.aspx>

Slate Belt Y Basketball

If you are missing your old intramural days or you are looking for a little friendly competition, our adult basketball league will allow you to enjoy a sport you have always loved. Our recreational league allows you to meet new people, enjoy a healthy competition on the court, improve your game and get a good workout. Gather your teammates and sign up today. Each registered player will receive a team colored t-shirt.

If you love the game, you'll feel right at home at the Y!

Participants in our adult basketball league must be 18 years old. You do not need to be a YMCA member to participate. A team must consist of a minimum of 3 players and EACH player must complete a liability waiver. Eight weeks of regular season games guaranteed, plus playoffs. Regular season weeks will be 2 games per night. Full team payment is due when registering. An additional \$10 referee fee is paid cash by each team to the league official at the start of each game.

Games are Wednesdays starting at 6:00PM.

Fees:

Register before 9/27/23 | \$200/team

Register before 10/4/23 | \$225/team

Team rosters must include a minimum of 3 people, maximum of 5.

October 19-21

GO Teach Hiking Educator Workshop

Virtual session: Thursday, October 19, 5:30 to 8:00 PM In-person hike: Saturday, October 21 from 9:30 AM to Noon

Learn how to incorporate more outdoor recreation in the classroom through this curriculum that focuses on hiking. Aimed at physical education, health, informal and classroom teachers alike, this DCNR sponsored cross-curricular guide includes lessons on hiking, nutrition, nature journaling, and more! Participants will receive the Go Teach Hiking Curriculum. Cost: \$10. Registration is required. Act 48: 4.5 hours Questions: Contact Megan Fedor, nescopcecksp@pa.gov, 570-403-2006 You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

October 19-21

Trinity Rummage Sale

A rummage sale will be held at Trinity Evangelical Lutheran Church at 404 Broadway, Bangor, October 19-21 from 8am to 2pm.

October 21

Paint and Sip

Come for a fun-filled evening of creativity and relaxation 5:00pm October 21 at 299 Mill St, Belvidere, NJ, USA The Mill on Mill Street.

Grab your friends and unleash your inner artist as we guide you step-by-step in creating your own masterpiece. No experience necessary! Sip on your favorite beverage while you paint, laugh, and enjoy the company of fellow art enthusiasts.

Whether you're a beginner or an experienced painter, this event is perfect for everyone. Don't miss out on this opportunity to unwind, get inspired, and take home a personalized work of art. Book your spot now and let your creativity flow! This event is a BYOB. You can also venmo. <https://www.eventbrite.com/.../paint-sip-tickets...>

Nazareth Fall Festival

Please join the Nazareth Area Chamber of Commerce Saturday, October 21, 2023 at 2 PM celebrating the autumn season with Nazareth Fall Festival! This event will occur just after the Nazareth Halloween Parade, as we bring craft vendors, food and alcohol trucks, and entertainment for the whole family! Come and enjoy a day of community celebrating the fall season and Historic Downtown Nazareth!

October 23

Bangor Anniversry

A Public Planning Meeting for Bangor Area 150th Anniversary is Slated for Monday, October 23, at the Bangor Borough Hall, 6 pm. All are welcome – bring ideas and start planning for the celebration in 2025."Watch for more details.

October 24

The ELS in STEELS Standards Educator Workshop

Tuesday, October 24 at 9:00am to 3:30pm

Are you an educator passionate about bringing relevant and real environmental literacy experiences to your K-12 students? Join us for a FREE day of on-site, hands-on learning about the new Science, Technology, Engineering, Environmental Literacy, and Sustainability (STEELS) Standards. We will engage in the Meaningful Watershed Educational Experience (MWEE) curricular framework that connects directly to the environmental literacy and sustainability components of the STEELS Standards! MWEEs are learner-centered experiences that focus on investigations into local environmental issues that lead to informed action and civic engagement. Participants from Intermediate Units 20 and 21 will also learn how to borrow MWEE environmental kits to be utilized in the classroom. This professional development workshop is presented in partnership with Colonial Intermediate Unit 20 and Carbon Lehigh Intermediate Unit 21. Registration is required. You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

October 26

Weekly Weeders

Thursday, October 5, 12, 19, 26 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Crochet Class

Beginners and basics of Crochet with Cheyenne will be held at a Clean Slate from 6-8pm October 26. Open to all and free classes. Join any time and learn from Cheyenne how to create and make crochet stitches that will lead to amazing creations. Bring a friend

Card Game/Party

The Bangor Womens Club GFWC is planning to host a card/game party on Thursday October 26 from 1 to 4 pm at Trinity United Church of Christ, 632 S. Delaware Dr, Mt Bethel, PA (Stone Church). Members will be serving desserts, snacks, and beverages

October 27

104th Rivalry Game.

The 104th meeting of the Bangor-Pen Argyl football teams will be played Friday, October

27th at 7:00pm at Paul Farnan Field at Bangor Memorial Park.

Pre-game festivities begin Thursday, October 26th with a Parade from the High School beginning at 6:30pm to our Community Pep Rally & Bonfire at Weona Park at 7pm. There is no parking this year at the Bonfire site, so all Green Knights attending should park at the High School and parade down. There will also be school buses shuttling people to and from the bonfire site from 6-9pm. Pick up and Drop off points will be Pen Argyl HS & Weonna Park on South Main Street (Look Out Fire Company).

Tickets for the 104th Bangor-Pen Argyl Football game on October 27th at 7pm can be purchased online at <https://slaterathletics.org/main/ticketing/>

Advanced General Admission Tickets can be purchased online and are \$7 for Adults and \$5 for Students/Sr. Citizens/Military.

There is only one cash gate for football which is located near Bangor Pool and All cash tickets are \$8.00.

October 28

Pen Argyl Halloween Spooktacular

Join a Halloween SPOOKtacular at Weona Park October 28 from 4-8pm. Enjoy a spooky ride on the Carousel which will be full of fa-boo-lous Halloween decorations! The golf course will be aglow with treats at each of the 18 holes for all the boys & ghouls who play! This celebration would not be complete without a tractor wagon ride through the ball field. There will also be food, vendors, tricky tray, music, costume contest, & more! It's going to be a fang-tastic time!!

Children: \$10.00 (includes the carousel, golf, wagon ride)

Adults: FREE!

All events are not too spooky and are child & family friendly.

This event is organized by & will benefit the Weona Park Pool Pals.

October 29

Jack-O-Lantern Jive

Sunday, October 29th 2:00-6:00pm

Weona Park Rt. 512 Pen Argyl

Come BOOgie with us at the Jack-O-Lantern Jive featuring a live performance by Joey & the T-Birds from 4:00 - 6:00 pm. Tolino's Vineyard will be serving BOOs for the crowd and Dale's Concessions will have their fa-BOO-lous foods from 2:00-6:00 pm. Couldn't make it to the Halloween SPOOKtacular? The spooky carousel will be spinning from 2:00-6:00 pm. Let the GHOUL times roll at Weona!!

This event is organized by & will benefit The Weona Park Pool Pals

Oct 29,30

Market Faire Rendezvous Living History Weekend

Saturday & Sunday, October 29 & 30, 2023

Fur Trade Era Encampment and 18th c. Market

Faire. Early American Arts & Crafts, exhibits and demonstrations. Open Hearth Cooking.. Food truck. Historic Buildings and Museums open for tours. Saturday 10-4 pm and Sunday 12pm - 4pm

October 31

Pen Argyl Trick or Treat

Trick or Treat in Pen Argyl will be held October 31 in Pen Argyl from 6-8pm.

Wind Gap Trick or Treat

Trick or Treat in Wind Gap will be held October 31 in Pen Argyl from 6-8pm.

November 4

Quiet Valley Farm Workshop

Looking for something to jump-start your holiday season? Get in the spirit 9:00am November 4 by joining a workshop where you will make a craft and enjoy a homemade lunch of soup, bread, and dessert! Check in and refreshments from 9:00-9:30, classes begin at 9:30.

Register online here or call the office at 570-992-6161. Quiet Valley Members, check your email for a 15% off discount code.

This year, we will be offering the following full-day workshop choices: Workshop 1: Pilgrim Gourd

Create one of a kind gourd pilgrim! Participants will turn a banana gourd into a pilgrim using epoxy and paint.

Cost: \$55.00 Instructor: Meg Weinhofer

Workshop 2: Felted Wool Feather Tree

Create a variation on a traditional German feather tree with felted wool strips. This project is the perfect addition to your winter home decorations! Minimum age 15.

Cost: \$65

Instructor: Ceal Yost

Workshop 3: Holiday Baking

Make traditional Star Bread and Pecan Tassie Tart! Each participant will leave with their baked goodies to take home and share.

Cost: \$61.00

Instructors: Maryellen Mross and Carole Geary

Workshop 4: Traditional Paper Holiday Ornaments

Participants will learn to make traditional sPA German Folded paper stars and Scherenschnitte Christmas designs. Scherenschnitte is a traditional art of PA German scissor cutting.

Cost: \$53 Instructor: Sue Oiler

November 5

Family Prize Bingo

Trinity Lutheran Church in Bangor will be having a Family Prize Bingo. There will be lots of Prizes to choose from for both Kids & Adults

Cost is \$2 for 3 Boards per Bingo Packet

Daubers are Available for Purchase

Hot Dogs, Chips, Candy, Soda, Water, Juice, Coffee, Tea and Hot Chocolate will be available for purchase.

Sunday, November 5th

Doors will open at 1pm

Bingo will begin at 1:30pm

Please call the church office, 610-588-2023, if you have any questions.

November 9

Project WILD Teacher Workshop

Thursday, November 9 at 9:00am to 2:00pm

Learn how to teach science, math, language arts, music and more with an environmental focus using Project WILD lesson plans! Project WILD provides wildlife-based conservation and environmental education activities that are hands-on, easy to use, and fun. We will introduce activities that focus on Pennsylvania-specific wildlife and habitat and each participant will receive a book and activity guide filled with many innovative and interdisciplinary ready-to-use classroom and outdoor activities. This workshop is open to all K-12 educators and four and a half (4.5) Act 48 hours will be available. Please bring a packed lunch and snack, wear comfortable walking shoes, and be prepared for the weather. Registration for this workshop is required by Friday, October 27, 2023 and is limited to 25 participants. A \$25 registration fee is required and is due the day of the workshop.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

November 12

Roseto Helping Hands Bingo

The Roseto Helping Hands is hosting a bingo at the Roseto Legion at 143 Garibaldi Ave on November 12. Tickets are \$20 in advance and \$25 at the door. Doors open at Noon with games starting at 1pm. Text 484-779-1088 with questions and to get tickets.

Armistice Day to Veterans Day

The Slate Belt Heritage Center will hold their monthly historic presentation on Sunday, November 12th @ 2:00 PM. Speaker for the afternoon will be Mr. Perry Morris, local historian and storyteller.

Mr. Morris will explain how Armistice Day transitioned into Veteran's Day. He will also be reading a letter, written about Patriotism, almost 89 years ago. The Heritage Center will be paying tribute to all veterans, therefore, Veterans and their families are invited to the free program. Refreshments will be served. For additional information please contact: Karen Brewer @ 484-894-5661.

Holiday Bingo

The Washington Township Volunteer Fire Company Ladies Auxiliary are having their annual "Holiday Cash Bingo Game" on November 12, 2023 @ the Washington 920 Washington Blvd. Bangor. Doors open at 11am & games start at

12:30pm, kitchen will be open & no outside food or drinks are allowed. For tickets or information call Donna@484-298-0192, or Jill @484226-7591.

K of C Dinner

Dinner Sunday, November 12, 11 am – 4:30 pm, 1860 W. Bangor Rd. All tickets must be purchased in advance. Tickets will be sold after every Mass through Nov. 5 for \$12, children under 8 are free.

Dinner includes spaghetti w/meatballs, sauce, salad, bread, coffee/tea and dessert. Take out is available.

For tickets: Jim Rose 610-533-9974 or Joe DeFranco 610-751-2330

November 17-19

Aladdin

Bangopr Area Middle School will present Aladdin Novemver 17-19.

December 1

Tree Lighting With Santa in Washington Twsp.

More Details to come on Facebook.

December 2

Bangor Tree Lighting

Bangor Borough Holiday Artisan Market & Tree Lighting 45 Broadway, Bangor Saturday, December 2, 2023 At 1 Pm – 6 Pm

Join us downtown Bangor for the 3rd annual Holiday Artisan Market! Shop with an wonderful and unique selection of artisans! Be sure to enjoy delicious food from a variety of food trucks. Stick around for the live music, a visit from Santa and the town tree lighting.

December 2

Holiday Craft Fair

Trinity Lutheran Church in Bangor will be hosting a Holiday Craft Fair December 2 fro 11-4.

Vendors are Needed!

The cost is \$30 per 8' x 2.6' table.

We have 8' tables available for rent, \$5 each

Doors for Vendors will open at 7 am for set up and 9 am for the Sale

We will have both breakfast and lunch items available for purchase along with beverages, hot and cold and of course, snacks!

Please contact Linda to reserve your space, 570-730-7259. Deadline for reservations is November 25th

MD Performance Horses Sale

A sale on Saturday, December 2 from 10-2 in MD Performance Horses in Bangor.

Please help spread the word as I would like to reach more local businesses this season. They do not have to be horse related.

Single spaces reservedby Nov 15th are only \$15. PM me for more information or to send payment as I am the only contact for the event.

Only 50 total spaces available, first come first serve.

\$20 for a single space \$35 for a double. Entry level thru high end hunter, western, dressage tack, home decor, apparel and much much more! Single spaces are 12x12, doubles are 12x24.

Vendor set up begins at 8:30am. All vendors bring their own tables, saddle racks, clothing bars etc. WE DO NOT PROVIDE TABLES. Held indoors rain or shine. Food vendor on site.

All reservations must be paid in advance no exceptions. We are hosting the sale in our main indoor to fill with vendors, spaces are first come first serve. We also heaters if it happens to be chilly.

Marissa Beers is the ONLY contact taking reservations and Payments via Venmo or Check

December 3

Painting with A Purpose Christmas Edition

Painting with a Twist (Bethlehem, PA) Event by Pink Heals Lehigh Valley Chapter Sunday, December 3, 2023 At 1:30 pm – 3:30 pm

Save the Date to join us on December 3rd for another fun afternoon as we get into the Christmas Spirit by painting Galactic Christmas Eve. We will add the link to register as soon as it becomes available.

Don't think you can paint? Don't worry; the instructors break it down step-by-step for you to create your very own masterpiece.

This event is open to those 18 and older. Those 13-17 are welcome to attend, provided they are accompanied by a parent or guardian.

Arrive 30 minutes prior and join us for a "happy half-hour" to unwind, mix and mingle.

50% of all proceeds go towards their benevolent fun to help those in need in our community..

December 13

Bangor Bands Winter Concert

Bangor Area High School Bands Winter Concert will be held Wednesday December 13, 7:30 PM in the Performing Arts Theatre 187 Five Points Richmond Rd Bangor, PA

March 9

POP Fusion Expo

Finally, a unique pop culture event for everyone to enjoy March 9 , 11-4 at the Palmert Park Mall! Whether you're into anime, comics, cosplay, or horror this will be an event for you!

Come dressed as your favorite character! Take photos with friends! Check out up and coming artists. Find your favorite comic books and more!

Are you interested in being part of the entertainment? Text or call (272)-200-8163.

To request a vendor registration text (272)-200-

8163 or email kstocker@blueflameevents.co.

Vendor Cost = \$45 per space

May 11

Flash Back to the 70s in April 2024

We're flashing back to the 1970's! Put on your best hippie attire and join us for Plantstock, inside the Palmer Park Mall! Enjoy those 70's sounds playing while you shop with a variety of vendors and crafters selling everything including houseplants, garden supplies, and more! There will also be some non-planty vendors and crafters joining us for those who just aren't plant people. While you're there, be sure to enter the best dressed hippie costume and be entered for a chance to win a prize! Also, before you leave, stop and get your photo taken and receive a free digital download to take home! Saturday, May 11, 2024 at 11 AM

February 24

Magical Mind & Spirit Expo

The Magical Mind & Spirit Expo are coming 11am February 24 to the South Mall in Allentown! Find yourself surrounded by alternative healing, natural & holistic vendors, mystical & magical vendors, guest speakers, and much more! We hope that you will join us for this magical day!

We're accepting unique vendors! We're also looking for guest speakers and demonstrators. To register text/call (272)-200-8163 or email kstocker@blueflameevents.co.

Not able to attend? That's okay! We have some fantastic advertising packages available that will guarantee your noticed at the event! For more information text/call (272)-200-8163 or email kstocker@blueflameevents.co.

March 16

Kilts & Shamrock Fest

Grab your best tartan and your luck shamrock and join us for the Kilts & Shamrock Fest 11am - 4pm March 16 at the South Mall.

Come out and participate in the best dressed tartan wearing contest and shamrock scavenger hunt.

While you're there be sure to check out our selection of unique vendors & crafters!

We're looking for unique vendors & crafters to join us for this event. To register text (272)-200-8163 or email kstocker@blueflameevents.co.

Advertising opportunities are also available! To request more information simply text/call (272)-200-8163 or email kstocker@blueflameevents.co.

Regular Events Calendar		
<p>Friday October 20</p> <p>Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.</p> <p>Blue Mountain Library - Open 10-12 & 6-8pm</p> <p>Bangor Public Library - Open 1-8</p> <p>Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show</p> <p>UMBT Planning Commission - Township Building, 7:30pm</p> <p>Slate Belt YMCA - Open 6:00am - 8:00pm</p>	<p>Plainfield Zoning - 6:30pm</p> <p>UMBT Open Space Advisory 7pm</p>	<p>Blue Mountain Library - Open 10-12 & 6-8pm</p> <p>Bangor Public Library - Open 10-8</p> <p>Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show</p> <p>Bingo - Plainfield Fire Co., 6:30pm</p> <p>Plainfield Environmental Advisory Board - Municipal Building, 7:00pm</p> <p>Slate Belt YMCA - Open 6:00am - 8:00pm</p> <p>Wind Gap Planning - 7pm</p>
<p>Saturday October 21</p> <p>Blue Mountain Library - Open 10-12</p> <p>Bangor Public Library - Open 10-4</p> <p>Slate Belt YMCA - 8-4</p> <p>Slate Belt Heritage Center - Open 12-3</p> <p>Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm</p>	<p>Thursday October 26</p> <p>Blue Mountain Library - Open 10-12 & 6-8pm</p> <p>Bangor Public Library - Open 10-8</p> <p>Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show</p> <p>Slate Belt YMCA - 6:00am - 8:00pm</p> <p>Pen Argyl Council Workshop - 7pm</p> <p>Plainfield Supervisors - 7pm</p> <p>Plainfield Twp Fire Co. Bingo - 6:30pm</p> <p>UMBT Development - 7pm</p>	<p>Friday November 3</p> <p>Bingo - Wind Gap Fire Co., 6:45.</p> <p>Blue Mountain Library - Open 10-12</p> <p>Bangor Public Library - Open 1-8</p> <p>Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show</p> <p>Slate Belt YMCA - Open 5:00am - 9:00pm</p>
<p>Sunday October 22</p> <p>Fellowship Dinner - First UMC Bangor, 12:30-1:30.</p> <p>Portland Sunday Sundaes - 6:30 - 8:00pm (Summer only)</p> <p>Slate Belt Heritage Center - Open 12-3.</p> <p>Slate Belt YMCA - 10-2</p>	<p>Friday October 27</p> <p>Bingo - Wind Gap Fire Co., 6:45.</p> <p>Blue Mountain Library - Open 10-12</p> <p>Bangor Public Library - Open 1-8</p> <p>Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show</p> <p>Slate Belt YMCA - Open 5:00am - 9:00pm</p>	<p>Saturday November 4</p> <p>Blue Mountain Library - Open 10-12</p> <p>Bangor Public Library - Open 10-4</p> <p>Mission of Love Soup Kitchen - N. Main St., Bangor. 11-2</p> <p>Slate Belt YMCA - 8-4</p> <p>Slate Belt Heritage Center - Open 12-3</p> <p>Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm</p>
<p>Monday October 23</p> <p>Blue Mountain Library - Open 10-12 & 6-8pm</p> <p>Bangor Public Library - Open 1-8</p> <p>Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show</p> <p>Bangor Borough Council - Workshop, Bee Hive, 7:00pm</p> <p>Pump - 8:30-11:30</p> <p>UMBT Supervisors -7pm</p> <p>Slate Belt YMCA - Open 6:00am - 8:00pm</p>	<p>Saturday October 28</p> <p>Blue Mountain Library - Open 10-12</p> <p>Bangor Public Library - Open 10-4</p> <p>Slate Belt YMCA -8-4</p> <p>Slate Belt Heritage Center - Open 12-3</p> <p>Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm</p>	<p>Sunday November 5</p> <p>Fellowship Dinner - East Bangor UMC, 4-6.</p> <p>Slate Belt Heritage Center - Open 12-3.</p> <p>Slate Belt YMCA - 10-2</p> <p>All-You-Can Eat Breakfast - Bangor Elks 8-12pm. Adults \$10. Kid 6-12 \$6. Under 6 - Free.</p>
<p>Tuesday October 24</p> <p>Blue Mountain Library - Open 10-12 & 6-8pm</p> <p>Bangor Public Library - Open 1-8</p> <p>Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show</p> <p>Washington Twp. Recreation - 7pm</p> <p>Roseto Zoning - 7pm</p> <p>Slate Belt YMCA - Open 6:00am - 8:00pm</p> <p>UMBT Zoning - 7pm Room, 7pm</p>	<p>Sunday October 29</p> <p>Slate Belt Heritage Center - Open 12-3.</p> <p>Slate Belt YMCA - 10-2</p>	<p>Monday November 6</p> <p>Blue Mountain Library - Open 10-12 & 6-8pm</p> <p>Bangor Public Library - Open 1-8</p> <p>Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show</p> <p>Pen Argyl Sewer Committee - 4:30 P.M. Council Chambers</p> <p>Pen Argyl Municipal Authority - 5:00 P.M. Council Chambers</p> <p>Washington Township Zoning Board - Municipal Building, 6:30 pm.</p> <p>Roseto Borough Council - Municipal Building, 7:30pm</p> <p>Lower Mount Bethel Supervisors - Meets Centerfield Building, 7pm</p> <p>Portland Borough Council - Borough Hall, 7:00pm</p> <p>Pen Argyl Council - 7pm</p> <p>Pen Argyl GFWC - St. John , Pen Argyl, 7pm</p> <p>Slate Belt YMCA - Open 6:00am - 8:00pm</p> <p>Pump - 8:30-11:30</p> <p>Weona Park Pals - 7pm</p> <p>Wind Gap Boro Council - 7pm</p>
<p>Wednesday October 25</p> <p>Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.</p> <p>Blue Mountain Library - Open 10-12 & 6-8pm</p> <p>Bangor Public Library - Open 1-8</p> <p>Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show</p> <p>Washington Township Supervisors Meet - Municipal Building, 3:30pm.</p> <p>Slate Belt YMCA - Open 6:00am - 8:00pm</p>	<p>Monday October 30</p> <p>Blue Mountain Library - Open 10-12 & 6-8pm</p> <p>Bangor Public Library - Open 1-8</p> <p>Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show</p> <p>Slate Belt YMCA - Open 6:00am - 8:00pm</p>	<p>Tuesday November 7</p> <p>Bingo - Portland Fire Co., 7pm.</p>
<p>Thursday November 2</p>	<p>Tuesday October 31</p> <p>Blue Mountain Library - Open 10-12 & 6-8pm</p> <p>Bangor Public Library - Open 1-8</p> <p>Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show</p> <p>Slate Belt YMCA - Open 6:00am - 8:00pm</p>	<p>Wednesday November 1</p> <p>Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.</p> <p>Blue Mountain Library - Open 10-12</p> <p>Bangor Public Library - Open 1-8</p> <p>LMBT Recreation Board - 7pm, Centerfield building</p> <p>Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show</p> <p>Slate Belt YMCA - Open 6:00am - 8:00pm</p> <p>Wind Gap Zoning - 7pm</p>

Regular Events

Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-12
Pen Argyl Woman’s Club Meets 1:30 pm St. John’s Lutheran.
Plainfield Parks & Rec - 7pm
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Boro Council - 7pm (Monday Holiday meet Tuesday

Wednesday November 8
Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
LMBT Recreation Board - 7pm, Centerfield building
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Zoning - 7pm

Thursday November 9
Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Bingo - Plainfield Fire Co., 6:30pm
Slate Belt YMCA - Open 6:00am - 8:00pm

Friday November 10
Bingo - Wind Gap Fire Co., 6:45.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday November 11
Blue Mountain Library - 10-12
Bangor Public Library - 10-4
Columcille Tours - Free. 9:30-11:30. Meet at Stone circle.
Slate Belt YMCA -8-4
Slate Belt Heritage Center - Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday November 12
Breakfast - Bushkill Volunteer Fire C. 7:30-12:30.
Fellowship Dinner - Breaking Bread soup kitchen, 4:00pm. Cross Road Baptist, Bangor.
Slate Belt Heritage Center - Open 12-3.
Slate Belt YMCA - 10-2 .

Monday November 13
Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Pen Argyl Sewer Auth. - 4:30pm (If needed)
Pen Argyl Municipal Auth. - 5pm (If needed)
Bangor Borough Council - Meets Bee Hive Community Center, 7pm
Portland Council - 7pm
Pump - 8:30-11:30
Upper Mount Bethel Supervisors - Meets 7:00pm
Roseto Borough Council - Municipal Building, 7:30pm
Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday November 14
Bingo - Portland Fire Co., 7pm.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-12
Slate Belt YMCA - Open 6:00am - 8:00pm

Wednesday November 15
Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Washington Township Supervisors Meet - Municipal Building, 7pm

Pen Argyl Park Board - 7pm
Plainfield Township Supervisors - Meets 7:00pm Municipal Building.
Slate Belt YMCA - Open 6:00am - 8:00pm
East Bangor Municipal Authority - Municipal Authority Hall, 555 Messinger St., East Bangor, 7:00pm

Thursday November 16
Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Bingo - Plainfield Fire Co., 6:30pm
Slate Belt YMCA - Open 6:00am - 8:00pm

Friday November 17
Bingo - Wind Gap Fire Co., 6:45.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday November 18
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-4
Slate Belt YMCA - 8-4
Slate Belt Heritage Center - Open 12-3
Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday November 19
Slate Belt Heritage Center - Open 12-3.
Slate Belt YMCA - 10-2

Monday November 20
Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Plainfield Township Planning Commission - Municipal Building, 7:00 pm.
Lower Mount Bethel

Supervisors - Meets Centerfield Building - 7pm
Pump - 8:30-11:30
Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday November 21
Bingo - Portland Fire Co., 7pm.
Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-2
Roseto Planning Commission - 7:00pm Borough Hall
Slate Belt YMCA - Open 6:00am - 8:00pm
Washing Twsp. Planning - 7pm
Wind Gap Boro - Council 7pm

Wednesday November 22
Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.
Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show
UMBT Planning Commission - Township Building, 7:30pm
Slate Belt YMCA - Open 6:00am - 8:00pm

Thursday November 23
Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.
Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show
UMBT Planning Commission - Township Building, 7:30pm
Slate Belt YMCA - Open 6:00am - 8:00pmm

Friday November 24
Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.
Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

SLATE BELT CHURCH INFORMATION



Trinity Lutheran Church

404 Broadway Bangor (610-588-20)

telcbangor@frontier.com

Sunday worship 10:30am

Holy Communion: First and Third Sundays

Masks optional.

East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor

Oct 14 A.A Meeting 8pm

Oct 15- 9:30 a.m. Worship Service

Oct 15-Adult Sunday School

(Live & on Zoom) 10:45 Fellowship Hour

(For Zoom, go to ebumc.org to sign in)

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064

Oct 15- 20th Sunday After Pentacost

Service of the Word 9:00am

www.gracebelfastpa.org 610-759-9080

Email:gracebelfast@rcn.com

Flicksville UCC

1337 Lower South Main St., Bangor

Pastor Ken Hess 610-588-4648

www.flicksvilleucc.com

Follow us on Facebook

Children & Adult Sunday School 9:30

Worship at 10:45 AM

Christ Evangelical Lutheran Church

703 South Delaware Drive Mt. Bethel,
18343

<http://www.celepa.org/>

Email: celepaorg@yahoo.com

610-588-7056

Worship: Sundays 9:00 a.m.

Holy Communion: First and Third Sunday

Toddler Sunday School: Sept-May 10:15

Richmond United Methodist Church

Rev. Peter Jamieson, Pastor

<http://richmondumc.com/>

8538 Delaware Dr, Bangor, PA 18013

610.588.7317 | richmondumc@epix.net

Sunday Worship - Weekly at 10:00 a.m.

First United Methodist Church of Bangor

Pastor Elisandra Garcia - 610-588-4673

55 North Third Street, Bangor PA

11:00am service (Communion First Sunday)

Prince of Peace Ev. Lutheran Church

Rev. Michael J. Scholtes, 610-588-55

2445 Lake Minsi Dr, Bangor

popbangor.org

poplbangor@gmail.com

Sunday Worship 9:45 am (Weekly

Communion) Sunday School 8:30 am

Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor

www.christpcsb.org

More info 610-588-4864.

E-mail: info@christpcsb.org.

Sunday Worship, 10:00 a.m.

in-person/Zoom/Facebook Live.

For more info: 610-588-4864.



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- Handicap accessible hall with kitchen and large parking lot. Accommodates up to 100 people.

TRINITY LUTHERAN CHURCH

404 Broadway, Bangor

More info: 610-588-2023



Bangor Library - New Books

New in the Bangor Public Library
October 1 - October 6

Adult Fiction

Traitors Gate by Jeffrey Archer
Hunting Adeline by H. D. Carlton
The Armor of Light by Ken Follett
The Running Grave by Robert Galbraith
Icebreaker: A Novel by Hannah Grace
Cheneyville: A Novel of Murder, Loss, and Vengeance by Paulette Jiles
12 Months to Live by James Patterson
23 ½ Lies: Thrillers by James Patterson
The Seven Husbands of Evelyn Hugo: A Novel by Taylor Jenkins Reid
The Fragile Threads of Power: A Novel by Victoria Schwab
Black River Orchard: A Novel by Chuck Wendig

Adult Non Fiction

Killing the Witches: The Horror of Salem, Massachusetts by Bill O'Reilly

Large Print Adult Fiction

Texas Princess by Jodi Thomas

Easy Fiction

Autumn in the Forest by Rusty Finch
Something, Someday by Amanda Gorman

Junior Fiction

Percy Jackson and the Olympians: The Chalice of the Gods by Rick Riordan

Young Adult Fiction

Foul Heart Huntsman by Chloe Gong
The Scarlet Veil by Shelby Mahurin

DVDs

Elemental
Interview with the Vampire Season 1
The Mummy: Tomb of the Dragon Emperor
Mayfair Witches Season 1

Cookbooks in the Book Nook

Do you like to cook or collect cookbooks? If so, stop into the Blue Mt. Community Library, located at 216 S. Robinson Ave. Pen Argyl and browse through the Book Nook.

Along with many adult and children's gently used books and puzzles, there is a large collection of cookbooks available to purchase. The library is open M-Sa, 10:00 am to Noon, and M & Th 6:00 to 8:00 pm.

Membership is not needed to purchase items in the Book Nook, but is free to all residents of the Pen Argyl Area School District. Nonresidents may join for a small yearly fee.

The library also has Pen Argyl yearbooks available to buy. Call 610-863-3029 or visit our Facebook page or website at www.bmcl.org for information about the library

COVID-19 VACCINE UPDATE

Everyone ages 6 months and older should get an updated COVID-19 vaccine.

- ✓ Protection from previous vaccination or infection weakens over time
- ✓ This vaccine is a better match to fight common variants circulating now

Find locations near you: www.vaccines.gov

WHAT'S GOING ON????
Your News Published Free
Reach 2500 -3000 Daily Readers
Via Social Media
sbtopics@rcn.com

Common Cold
Do you need antibiotics?

BE ANTIBIOTICS AWARE
SMART USE, BEST CARE

Antibiotics **DO NOT WORK** against viruses that cause colds. Talk to your healthcare professional about what you can do to feel better.

Visit www.cdc.gov/antibiotic-use/colds.html to learn about common colds.

www.cdc.gov/antibiotic-use

For those with moderately or severely weakened immune systems:

- You may get an additional updated COVID-19 shot if it has been 2 months since your last recommended updated COVID-19 shot.
- Talk to your healthcare provider to learn if you are able to

cdc.gov/coronavirus



Pen Argyl High School Fall Sports Schedule



Pen Argyl Golf (9-6)

Thu 8/10/	Palmerton @ Pen Argyl	W
Mon 8/14/	Pen Argyl @ Moravian Academy	L
Tue 8/15/	Northwestern @ Pen Argyl	L
Thu 8/17/	Pen Argyl @ Bangor	W
Mon 8/21/	Pen Argyl @ Southern Lehigh	L
Tue 8/22/	Wilson @ Pen Argyl	W
Thu 8/24/	Saucon Valley @ Pen Argyl	W
Mon 8/28/	Pen Argyl @ Salisbury	W
Tue 8/29/	Notre Dame G.P. @ Pen Argyl	L
Tue 9/5/	Moravian Academy @ Pen Argyl	L
Thu 9/7/	Pen Argyl @ Northwestern	L
Mon 9/11/	Bangor @ Pen Argyl	W
Thu 9/14/	Pen Argyl @ Palmerton	W
Thu 9/14	Pleasant Valley	W
Thu 9/21	Stroudsburg	W

Pen Argyl Girls Soccer (4-10)

Fri 8/25	Pocono Mt. West @ Pen Argyl	W 9-0
Tue 8/29/	Wilson @ Pen Argyl	W 5-0
Thu 8/31/	Pen Argyl @ Northwestern	L 8-0
Tue 9/5/	Catasauqua @ Pen Argyl	W 7-0
Thu 9/7/	Pen Argyl @ Notre Dame G.P.	L 5-1
Wed 9/13/	Northern Lehigh @ Pen Argyl	L 7-1
Sat 9/16/	Pen Argyl @ Palisades	L 2-0
Mon 9/18/	Salisbury @ Pen Argyl	W 5-0
Wed 9/20/	Pen Argyl @ Moravian	L 3-0
Tue 9/26/	Southern Lehigh @ Pen Argyl	L 6-0
Thu 9/28/	Pen Argyl @ Saucon Valley	L 8-4
Mon 10/2/	Palmerton @ Pen Argyl	L 7-3
Wed 10/4/	Pen Argyl @ Bangor	L 10-2
Tue 10/10	Lehigh @ Pen Argyl	L 4-0
Senior Day 10/2		

Pen Argyl Boys Cross Country (0-18)

Fri 8/25 Lion Invitational @ Moravian 2:50pm
Wed 9/6/ Bangor, Notre Dame Palisades, Pen Argyl
Saucon Valley, Wilson @ Moravian Academy 4:00pm

Tue 9/12/ Wilson, Pen Argyl, Palmerton, Northwestern,
Northern Lehigh @ Bangor 4:00pm

Tue 9/19/ S. Lehigh Salisbury, Pen Argyl, Catasauqua,
Bangor @ Wilson 4:00pm

Tue 9/26/ Wilson, Saucon Valley, Palisades, Notre Dame
G.P., Moravian Academy, Bangor @ Pen Argyl 4:00pm

Tue 10/3/ Wilson, Pen Argyl, Northwestern, Northern
Lehigh, Bangor @ Palmerton 4:00pm

Tue 10/10/ Wilson, Salisbury, Pen Argyl, Catasauqua,
Bangor @ Southern Lehigh 4:30pm

Pen Argyl Girls Cross Country (5-13)

Fri 8/25 Lion Invitational @ Moravian 2:50pm
Wed 9/6/ Bangor, Notre Dame Palisades, Pen Argyl
Saucon Valley, Wilson @ Moravian Academy 4:00pm

Tue 9/12/ Wilson, Pen Argyl, Palmerton, Northwestern,
Northern Lehigh @ Bangor 4:00pm

Tue 9/19/ S. Lehigh Salisbury, Pen Argyl, Catasauqua,
Bangor @ Wilson 4:00pm

Tue 9/26/ Wilson, Saucon Valley, Palisades, Notre Dame
G.P., Moravian Academy, Bangor @ Pen Argyl 4:00pm

Tue 10/3/ Wilson, Pen Argyl, Northwestern, Northern
Lehigh, Bangor @ Palmerton 4:00pm

Tue 10/10/ Wilson, Salisbury, Pen Argyl, Catasauqua,
Bangor @ Southern Lehigh 4:30pm

Text Game Scores To
570-688-3724



Pen Argyl High School Fall Sports Schedule



Pen Argyl Football (4-4)

8/26/	Wilson @ Pen Argyl	W 49-20
9/2/	Mahanoy @ Pen Argyl	W 43-13
9/8/	Pen Argyl @ Northern Lehigh	L 16-12
9/16/	Northwestern @ Pen Argyl	L 41-7
9/22/	Pen Argyl @ Catasauqua	W 36-14
9/29/	Pen Argyl @ Minersville	L 35-20
10/7/	Palisades @ Pen Argyl	W 21-17
10/14/	Schuylkill Haven @ Pen Argyl	L 28-21
10/20/	Pen Argyl @ Panther Valley	7:00pm
10/27/	Pen Argyl @ Bangor	7:00pm

Pen Argyl Tennis (3-9)

Mon 8/21/	Wilson @ Pen Argyl	L 5-0
Wed 8//	Pen Argyl @ Salisbury	W 4-0
Mon 8/28/	Pen Argyl @ Notre Dame G.P.	L 3-2
Thu 8/31/	Pen Argyl @ Palisades	L 3-1
	Notrre Dame ES	W 3-2
Mon 9/12/	Moravian Academy @ Pen Argyl	L 5-0
Wed 9/13/	Bangor @ Pen Argyl	L 4-1
Thu 9/14	Southern Lehigh	L 5-0
Mon 9/18/	Salisbury @ Pen Argyl	W 4-0
Wed 9/20	Pen Argyl @ Jim Thorpe	L 4-1
Thu 9/21	Saucon Valley	L 5-0
Mon 9/26/	Palisades @ Pen Argyl (Sr. Day)	L 5-0

Pen Argyl Girls Volleyball (4-10)

Mon 8/28/	Notre Dame G.P. @ Pen Argyl	L 3-0
Wed 8/30/	Pen Argyl @ Northwestern	L 3-0
Tue 9/5/	Southern Lehigh @ Pen Argyl	L 3-0
Thu 9/7/	Pen Argyl @ Catasauqua	L 3-0
Sat 9/09	Pleasant Valley	L 3-0
Mon 9/11/	Palmerton @ Pen Argyl	W 3-0
Wed 9/13/	Saucon Valley @ Pen Argyl	L 3-0
Thu 9/21/	Pen Argyl @ Notre Dame G.P.	L 3-0
Mon 9/25/	Northwestern @ Pen Argyl	L 3-0
Wed 9/27/	Pen Argyl @ Southern Lehigh	L 3-0
Sat 9/30	ESN @ Pen Argyl	W 3-0
Mon 10/2/	Catasauqua @ Pen Argyl	W 3-0
Wed 10/4/	Pen Argyl @ Palmerton	W 3-0

Pen Argyl Field Hockey (6-9-3)

Sat 8/26/	Palisades @ Pen Argyl	W 1-0
Mon 8/28	Pen Argyl @ Moravian	L 3-0
Wed 8/30/	Palmerton @ Pen Argyl	W 2-1
Thu 8/31	Pen Argyl @ Lehighton	L 5-1
Wed 9/6/	Wilson @ Pen Argyl	L 3-0
Sat 9/9/	Pen Argyl @ Saucon	T 1-1
Wed 9/13/	Pen Argyl @ Bangor	L 4-1
Sat 9/16	ESS @ Pen Argyl	W 3-2
Tue 9/19/	Moravian @ Pen Argyl	W 1-0
Thu 9/21/	Northwestern @ Pen Argyl	L 3-0
Sat 9/25	Salisbury @ Pen Argyl	T 0-0
Wed 9/27/	Pen Argyl @ Wilson	W 1-0
Sat 9/30/	Pen Argyl @ S. Lehigh	L 5-0
Tue 10/3/	Pen Argyl @ Catasauqua	L 3-1
Thu 10/5/	Bangor @ Pen Argyl	L 1-0
Mon 10/10/	Pen Argyl @ N, Lehigh	W 1-0
Thu 10/12	Pleasant V. @ Pen Argyl	T 0-0
Fri 10/13	Pen Argyl @ Whitehall	L 1-0
Youth Day 9/16		
Senior Day 9/25		

Pen Argyl Boys Soccer (2-14)

Sat 8/26	Pen Argyl @ Shenandoah	W 3-2
Sat 8/26	TBA @ Pine Grove	L 3-0
Tue 8/29/	Pen Argyl @ Wilson	L 1-0
Thu 8/31/	Northwestern @ Pen Argyl	L 11-0
Tue 9/5/	Pen Argyl @ Catasauqua	L 2-0
Thu 9/7/	Notre Dame G.P. @ Pen Argyl	L 8-0
Thu 9/14/	Pen Argyl @ Northern Lehigh	L 1-0
Sat 9/16/	Palisades @ Pen Argyl	W 3-0
Mon 9/18/	Pen Argyl @ Salisbury	L 3-2
Wed 9/20/	Moravian @ Pen Argyl	L 7-0
Tue 9/26/	Pen Argyl @ Southern Lehigh	L 8-1
Thu 9/28/	Saucon Valley @ Pen Argyl	L 2-1
Mon 10/2/	Pen Argyl @ Palmerton	L 2-1
Wed 10/4/	Bangor @ Pen Argyl	L 2-0
Wed 10/6	NDES @ Pen Argyl	L 2-1
Sat 10/7	at Jim Thorpe	L 8-3



Bangor High School Fall Sports Schedule



Bangor Girls Soccer (6-10-2)

Mon 8/25	ESN @ Bangor	W 11-0
Tue 8/26	Bangor @ Libery	T 0-0
Tue 8/29/	Bangor @ Northern Lehigh	L 6-0
Thu 8/31/	Palisades @ Bangor	L 3-0
Tue 9/5/	Bangor @ Salisbury	W 5-0
Wed 9/6	Bangor @ Stroudsburg	L 1-0
Mon 9/11	Bangor @ Pleasant Valley	L 2-1
Tue 9/12/	Bangor @ Southern Lehigh	L 7-1
Thu 9/14/	Saucon Valley @ Bangor	L 8-2
Sat 9/16/	Bangor @ Palmerton	L 5-0
Wed 9/20/	Wilson @ Bangor	W 4-0
Tue 9/26/	Bangor @ Northwestern	L 3-0
Thu 9/28/	Catasauqua @ Bangor	W 5-1
Mon 10/2/	Bangor @ Notre Dame G.P.	T 3-3
Wed 10/4/	Pen Argyl @ Bangor	W 10-2
Thu 10/5	Moravian @ Bangor	L 3-1
Sat 10/7	Bangor @ Northampton	L 1-0
Tue 10/11	NDGP @ Bangor	W 3-2
Youth Night 9/28		
Senior Night 10/4		

Bangor Boys Soccer (10-7-2)

Mon 8/25	Bangor @ ESN	W 12-0
Tue 8/26	North Pocono @ Bangor	L 3-1
Tue 8/29/	Northern Lehigh @ Bangor	W 3-1
Thu 8/31/	Bangor @ Palisades	T 1-1
Tue 9/5/	Salisbury @ Bangor	W 4-0
Thu 9/7/	Bangor @ Moravian	L 7-0
Tue 9/12/	Southern Lehigh @ Bangor	L 1-0
Thu 9/14/	Bangor @ Saucon Valley	W 1-0
Sat 9/16/	Palmerton @ Bangor	W 1-0
Wed 9/20/	Bangor @ Wilson	W 1-0
Fri 9/22	NDES @ Bangor	W 3-0
Tue 9/26/	Northwestern @ Bangor	L 2-0
Fri 9/29	Bangor @ ESS	W 2-1
Thu 9/28/	Bangor @ Catasauqua	W 5-0
Mon 10/2/	Notre Dame G.P. @ Bangor	L 6-2
Wed 10/4/	Bangor @ Pen Argyl	W 2-0
Sat 10/7	Northampton @ Bangor	L 7-0
Mon 10/9	Wallenpaupack @ Bangor	T 0-0
M10/15	Southern Lehigh	L1-0 (2ot)

Bangor Field Hockey (10-7-2)

Sat 8/26/	Saucon Valley @ Bangor	W 2-1
Mon 8/28/	Bangor @ Wilson	W 1-0
Wed 8/30/	Bangor @ Palisades	W 5-1
Tue 9/5/	Bangor @ Moravian	L 3-2
Sat 9/9/	N. Lehigh @ Bangor	W 5-0
Mon 9/11/	Bangor @ Palmerton	L 4-1
Wed 9/13/	Pen Argyl @ Bangor	W 2-0
Tue 9/19/	Wilson @ Bangor	T 1-1
Thu 9/21/	Bangor @ Salisbury	W 2-1
Fri 9/22/	S. Lehigh @ Bangor	L 1-0
Wed 9/27/	Moravian @ Bangor	L 5-0
Fri 9/29/	Catasauqua @ Bangor	W 2-1
Sat 9/30	Bangor @ ESS	W 2-1
Mon 10/2	Pleasant Valley @ Bangor	W 5-0
Tue 10/3/	Bangor @ Northwestern	L 4-0
Thu 10/5/	Bangor @ Pen Argyl	W 1-0
Sat 10/7	Bangor @ Northampton	L 5-1
Mon/10/9	Lehigh @ Bangor	T 1-1
Mon 10/16	S. Lehigh	L 1-0

Bangor Football (5-3)

8/25/	Bangor @ Palisades	W 36-8
8/31	Bangor @ Jim Thorpe	W 39-14
9/8/	Southern Lehigh @ Bangor	L 47-6
9/15/	Saucon Valley @ Bangor	W 15-7
9/23/	Bangor @ Wilson	W 41-0
9/29/	Pottsville @ Bangor	L 17-8
10/6/	Bangor @ Lehigh	W 49-20
10/13/	Northwestern @ Bangor	L 35-6
10/20/	Bangor @ Blue Mountain	7:00pm
10/27/	Pen Argyl @ Bangor	7:00pm
Senior Night 9/15		
Youth Night 9/29		
Homecoming 10/13		

Text Game Scores To
570-688-3724



Bangor High School Fall Sports Schedule



Bangor Cross Girls Country (11-7)

Fri 8/25	Lion Invitational @ Moravian	2:50pm
Wed 9/6/	Bangor, Notre Dame G.P., Palisades, Pen Argyl, Saucon Valley, Wilson @ Moravian	4:00pm
Sat 9/02	Bangor @ Northampton	9:00am
Sat 9/9	Bangor @ Open (DeSales)	9:00am
Tue 9/12/	Wilson, Pen Argyl, Palmerton, Northwestern, Northern Lehigh @ Bangor (Senior Day)	4:00pm
Tue 9/19/	S. Lehigh, Salisbury, Pen Argyl, Catasauqua, Bangor @ Wilson	4:00pm
Tue 9/26/	Wilson, Saucon Valley, Palisades, Notre Dame G.P., Moravian Academy, Bangor @ Pen Argyl	4:00pm
Tue 10/3/	Wilson, Pen Argyl, Northwestern, Northern Lehigh, Bangor @ Palmerton	4:00pm
Tue 10/10/	Wilson, Salisbury, Pen Argyl, Catasauqua, Bangor @ Southern Lehigh	4:30pm

Bangor Cross Boys Country (12-6)

Fri 8/25	Lion Invitational @ Moravian	2:50pm
Wed 9/6/	Bangor, Notre Dame G.P., Palisades, Pen Argyl, Saucon Valley, Wilson @ Moravian	4:00pm
Sat 9/02	Bangor @ Northampton	9:00am
Sat 9/9	Bangor @ Open (DeSales)	9:00am
Tue 9/12/	Wilson, Pen Argyl, Palmerton, Northwestern, Northern Lehigh @ Bangor (Senior Day)	4:00pm
Tue 9/19/	S. Lehigh, Salisbury, Pen Argyl, Catasauqua, Bangor @ Wilson	4:00pm
Tue 9/26/	Wilson, Saucon Valley, Palisades, Notre Dame G.P., Moravian Academy, Bangor @ Pen Argyl	4:00pm
Tue 10/3/	Wilson, Pen Argyl, Northwestern, Northern Lehigh, Bangor @ Palmerton	4:00pm
Tue 10/10/	Wilson, Salisbury, Pen Argyl, Catasauqua, Bangor @ Southern Lehigh	4:30pm

Bangor Golf (4-14)

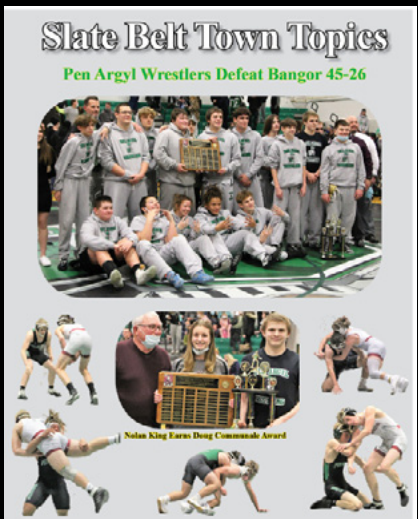
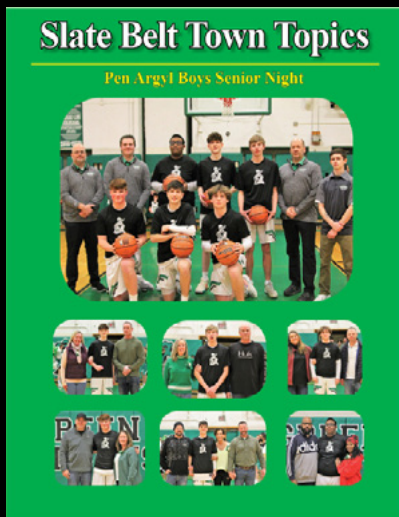
Thu 8/10/	Moravian Acad @ Bangor	L
Mon 8/14/	Bangor @ Northwestern	L
Tue 8/15/	Bangor @ Saucon Valley	W 522-510
Wed 8/16	Bangor @ ESS	W
Thu 8/17/	Pen Argyl @ Bangor	L
Mon 8/21/	Bangor @ Palmerton	L
Tue 8/22/	Bangor @ Salisbury	L 441-460
Thu 8/24/	NDGP. @ Bangor	L 438-503
Mon 8/28/	Bangor @ So Lehigh	L 349-436
Tue 8/29/	Palmerton @ Bangor	L 236-502
Wed 8/30	Pocono Mt. West @ Bangor	W
Thu 8/31/	Bangor @ Moravian Acad	L
Tue 9/5/	Northwestern @ Bangor	L
Wed 9/6	Bangor @ Easton	L
Thu 9/7/	Wilson @ Bangor	W
Mon 9/11/	Bangor @ Pen Argyl	L
Wed 9/13	Northampton @ Bangor	L

Bangor Tennis (9-9)

Mon 8/21/	Bangor @ Moravian Academy	L 5-0
Wed 8/23	Pleasant Valley	W 3-2
Fri 8/25	Notre Dame E.S. @ Bangor	W 5-0
Sat 8/26	Jim Thorpe @ Bangor	W 5-0
Mon 8/28/	Saucon Valley @ Bangor	L 4-1
Wed 8/30	Pottsville @ Bangor	W 5-1
W 8/30	Liberty @ Bangor	L 5-0
Thu 8/31/	Wilson @ Bangor	W 3-2
Tue 9/5/	Bangor @ Salisbury	W 5-0
Thu 9/7/	Southern Lehigh @ Bangor	L 3-2
Wed 9/8	Stroudsburg # Bangor	L 5-0
Mon 9/11/	Bangor @ Notre Dame G.P.	W 5-0
Wed 9/13/	Bangor @ Pen Argyl	W 4-1
Fri 9/15	Palisades @ Bangor	W 4-1
Sat 9/16	Bangor @ Easton	L 7-0
Mon 9/18/	Bangor @ Southern Lehigh	L 3-2
Wed 9/20/	Moravian Academy @ Bangor	L 5-0
Fri 9/22	Bangor @ Northampton	L 4-3

Text Game Scores To
570-688-3724

Slate Belt Town Topics Recent Feature Pages



Read the Town Topics With Fresh News
Every Day

Is Taking Care Of Your Pet More Stressful Than Being A Parent?

Two In Three Pet Owners Think About Their Pet Aging As Much As Themselves

By Talker Research

Taking care of your pet is more stressful than managing a romantic relationship or being a parent, new research suggests.

That's according to a survey of 2,000 pet owners, which found people are more stressed about their ability to care for their fur pal (42%) than their relationship with a partner (37%) or their kids (30%).

That may be because over half (51%) think their fur pals are also experiencing stress.

When asked what would help their pet feel calmer, their human companions noted spending more time outside (47%), connecting with other pets (46%), spending more time with them (44%) and a pet therapist (43%) as potential solutions.

Conducted by OnePoll on behalf of ElleVet Sciences for Pet Wellness Month, the survey also found people think about their pet aging as much as they think about getting older themselves (65% each).

Pet parents think they can identify the signs their pet is slowing down, such as if their pet lacks energy (56%), no longer enjoys their favorite activities (54%) and has difficulty scaling stairs (51%).

Similarly, people pointed to lack of energy (60%), joint soreness (48%) and not enjoying the things they usually do (48%) as signs they, too, are getting older.

People's top three worries about their pet's health are digestion (37%), the inability to play and enjoy life (37%) and their pet's heart health (33%).

When it comes to their own health, people's concerns include not being able to enjoy sports or activities without fear of injury (39%), their heart health (38%) and digestion (37%).

Over two-thirds (68%) of pet parents said watching their pet age and suffer would be very hurtful for them, more so than losing an expensive item (62%), losing their job (61%) and divorcing or breaking up with a partner (61%).

Many grew up with a pet and still cherish those memories, thinking about their childhood fur pal more than three times a week, or about 180 times a year.



HALL RENTAL

- Affordable space for bridal or baby shower, birthday, graduation or wedding party and family gatherings.
- Handicap accessible hall with kitchen and large parking lot. Accommodates up to 100 people.

TRINITY LUTHERAN CHURCH

404 Broadway, Bangor

More info: 610-588-2023



Historical Society holds Bell Tower Open House

This past Sunday the newly formed Three Church Hill Arts and Cultural Center held an open house for its first project known as the Bell Tower in the former Good Shepherd Church in Martins Creek.

In recent years, with declining membership the church's future was suddenly at risk. A group of concerned citizens joined together to form the non-profit "Three Church Hill Arts & Historical Society," a vibrant cultural center and art center.

They also plan to preserve and share the area's rich history, folklore, arts, and humanities of the past and present.

Starting in 2024, the organization has plans for the Bell Tower Book Club. Saturdays at "The Bell" there are plans for a story hour, puppets and crafts for children from 9-11am, and a children's book club. You may also join acclaimed childrens book writer Elvira Woodruff to discuss the best books for your children. Other activities are expected to include a classic movies and popcorn Night.

Many of the paintings on display during Sunday's open house were done by John T. Koshinski, landscape painter and sculptor.

According to his autobiography he says, "I've lived my entire life in the Mud Run Valley where from the earliest years, the diverse flora, fauna and landforms of the eastern forests, streams and meadows were my constant companions and the subjects of study on many levels. To a large extent this has been the inspirational source of my artwork. I began as a sculptor working in stone, wood and cast materials. I spent ten years making my living doing architectural carvings in wood. Eventually I devoted myself more and more to my greatest love which was depicting the landscape in oils and acrylics."

In 1864 a cornerstone was laid for a small rural church outside the village of Martins Creek, Pennsylvania, known today as Three Church Hill.

Over the next 150 years America would experience cataclysmic changes both in industry and lifestyle. Through drought, depression and two World Wars the Trinity Lutheran church stood as a steady sheltering place for both worship and community. Beneath the church's simple wooden rafters, weddings took place, births were celebrated, and funerals were held.

In 1958 the combined congregations of Trinity and Mt. Zion adopted the name of Good Shepherd Lutheran Church.

The church is located at 2804 Church Road, Martins Creek.



(Above) Church today. (Middle) Church Many years ago. (Below) Painting of Mud Run by John T. Koshinski





1043 S Broadway, Wind Gap, PA 18091-0248
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CHEVROLET

Homeowners Find Bugs & Pests Every Week

by Talker Research

When bugs or pests cross their path, one in 10 Americans enter “exterminator mode” faster than you can say “buzz off.”

More specifically, according to a new survey of 2,000 homeowners or renters with a yard or lawn, 15% of respondents will squish a bug regardless of where they see it — inside or outside.

That number is higher when looking at indoor squishers — 43% said if bugs or pests are found inside their home, only then would they kill it. A third (32%) will do the same solely to bugs they see outside.

The average homeowner encounters a bug or pest about five times per week, both inside and outside their home.

Conducted by OnePoll on behalf of TruGreen, results revealed that more than half (56%) feel frustrated when they find a bug or pest in their home. Others feel scared (39%), disgusted (39%) or anxious (39%).

Still, 22% would rather call in a professional or get someone else to squish it for them. Only 17% would swat it, and 12% feel it is their duty to release them back to nature.

But when they step outside, many others said they’d either ignore it (19%) or do some research on what type of bug or pest it is (18%).

Results revealed that more than half (56%) base their decision on whether or not to squish on what the bug or pest looks like. Just as many (56%) will contemplate the harm creepy crawlers could cause their kids and pets or worry about damage they could cause to their home (50%).

But everyone has their limits. Offenses from beetles (43%), centipedes (42%), cockroaches (42%), mosquitoes (21%) and spiders (16%) force respondents to take action when inside the home.

Outside, many respondents will squish or remove centipedes (39%), beetles (38%), bees (36%), and cockroaches (34%).

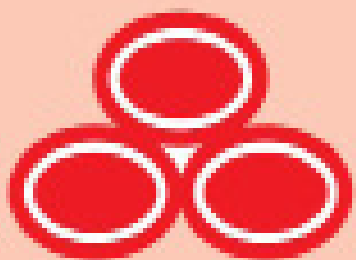
As unveiled by respondents, the worst-case scenarios for encountering a bug or pest in your home include cooking in the kitchen (24%), getting ready to go to sleep (23%), relaxing in the living room (16%) and even while taking a shower (12%).

Almost half (49%) of respondents have had a memorable, or unpleasant, bug/pest experience. Those include “being bitten by fire ants outside my home,” “ate my garden,” and even “(an) ant bit me when I was taking my shower.”

When asked about common bug or pest misconceptions, it’s clear that misinformation is still circulating. Almost half (48%) of respondents think it’s true that bugs or pests won’t come inside a clean home.

Four in 10 even believe the age-old myth that the average person swallows eight spiders in their sleep over their lifetime to be true.

More than two-thirds of respondents (68%) said they would hire a professional for bug or pest issues and concerns.



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