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# **Improve Indoor Air Breathe Better at Home**

(StatePoint) With more of life centered at home due to cool weather and social distancing, it's time to ensure the space where your family spends the majority of its time is healthy and safe.

However, there are many simple actions you can take to breathe better in your home:

• Monitor carbon monoxide: This potentially deadly gas can be emitted by a faulty gas-burning home

app m CO DANGER Carbon Monoxide

be emitted by a faulty gas-burning home appliance. Monitor for carbon monoxide using detectors placed in major areas of the home, especially the bedrooms.

WN PICS

News Today - NOT Next Week

• Make the switch to VOCfree: Most paints and stains, along with aerosol sprays, air fresheners and other household

products, contain Volatile Organic Compounds (VOCs), which emit gases that can result in respiratory problems, headaches and irritation to the eyes, nose and throat, among other health problems. Take a cue from forwardthinking institutions like the Getty Museum and Google and swap out conventional paints in your home interiors for an eco-friendly, non-toxic alternative such as ECOS Paints. To learn more, visit <u>ecospaints.net</u>

• Keep airborne dust to a minimum: Dust carries a variety of contaminants, including bacteria and allergens. Mop and dust often using a wet mop and dust

See AIR Page 4

# **Grants Save Money and Reduce Pollution**

Harrisburg, PA – Grant funding for energy efficiency and pollution prevention projects for small business owners and farmers is still available from the Pennsylvania Department of Environmental

Protection (DEP) through the Small Business Advantage Grant program.

"This grant program was created with small businesses and



farmers in mind. There are tremendous monetary savings available to Pennsylvania's small business owners by installing energy-efficient equipment, such as boilers, LED lighting, and Energy Star certified heating, ventilation, and air conditioning systems," said DEP Secretary Patrick McDonnell. "Pennsylvania farmers can also benefit by using these funds to undertake projects which will divert sediment and nutrient runoff from our waterways."

Pennsylvania farmers and other small business owners with 100 or fewer full-time employees are eligible for the grants. Projects must save the business a minimum of \$500 and 25 percent annually in energy consumption or pollution related expenses. Natural resource protection projects are exempt from

#### See **GRANTS** Page 4

Whether you are buying or selling a home, finding the right Realtor is the most important step. You need a Realtor with knowledge of today's changing market; someone with integrity and service to you. We pride ourselves in all those qualities and invite you to visit us

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### **NWS Forecast - November 4**

#### Today

Sunny, with a high near 60. Calm wind becoming southwest around 5 mph in the afternoon.

### Tonight

Mostly clear, with a low around 40. South wind around 5 mph becoming calm.

### Thursday

Mostly sunny, with a high near 59. Southwest wind 5 to 10 mph.

### Thursday Night

Mostly cloudy, with a low around 45. Southwest wind around 5 mph becoming calm.

#### Friday

Mostly sunny, with a high near 63. West wind around 5 mph.

#### Friday Night

Mostly clear, with a low around 45.

### Saturday

Sunny, with a high near 65.

### Saturday Night

Patchy fog after 1am. Otherwise, mostly clear, with a low around 44.

#### Sunday

Sunny, with a high near 64.

**Sunday Night** Partly cloudy, with a low around 48.

Monday

Mostly sunny, with a high near 64.

**Monday Night** Mostly cloudy, with a low around 53.

# **Struggling With Substances?**

People struggling with substances can now walk in for drug and alcohol assessments at the Clean Slate Bangor, 100 South First Street St, Bangor 610-452-9348 Mondays from 10am - 12pm Many times this is the first step toward treatment and a new life.

# Surviving The Holidays'

A 'Surviving The Holidays' seminar will be held on Sunday, Nov. 22nd 3-5pm at Mt Bethel Lutheran Church, 1270 Belvidere Corners Rd., Mt Bethel.

Sign up by November 15. The seminar will be in person, as well as zoom acces. Social distancing will be practiced. Call Diane to register. More info: 973-202-3317 Grieving? Know someone who is?

When you are grieving a loved ones death, the holiday season can be especially painful.



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Sabatino Insurance Agency Inc 17 S Robinson Ave Pen Argyl,PA 18072-1765

#### ROBIN@SABATINOINS.COM 610-863-6033

Discounts, rates and coverages vary by state and are subject to eligibility and applicable rates and rules. ERIE® insurance services are provided by one or more of the following insurers: Erie Insurance Exchange, Erie Insurance Company, Erie Insurance Property & Casualty Company, Flagship City Insurance Company and Erie Family Life Insurance Company (home ofices: Erie, Pennsylvania) or Erie Insurance Company of New York (home ofice:Rochester, New York). Not all companies are licensed or operate in all states. Not all products are offered in all states. Go to Erie insurance.com for company licensure and territory information. S1693 10/15



### **Bangor Library WiFi**

To help patrons at this time the library will be allowing patrons to access the library wifi from their cars in the parking lot. You



must come into the library for the password as it will change monthly.

This is for a limited time and will stop once we are allowing patrons to sit in the library again. The library reserves the right to stop this service if COVID

### **Stone Church Pastie Sale**

A Pastie Sale will be held at Christ Evangelical Lutheran Church, 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church) on Saturday, November 14. Pasties can be picked up between 11am and 1 pm. The cost is \$6.00 per beef pastie. Place your order with or without onions. Advance orders are recommended and can be placed until the November 10. To place your order or for additional information call Chrissy at 610-588-0809

### **Protect Yourself Outdoors During Fall Months**

As people continue to spend time outdoors during the fall months, the Wolf Administration wants to remind residents of the dangers of tick and mosquito-borne illnesses, and to take steps to protect themselves.

"Fall is for many the best time for hiking with beautiful colors, crisp air, and fewer bugs, but many people are surprised to learn that there are ticks that remain active throughout the year, so it's always important to take preventative measures so you can enjoy the mental and physical health benefits of being in the outdoors," DCNR Secretary Cindy Adams Dunn said.

Before heading outdoors, it is important to cover exposed skin, wear light-colored clothing (to aid in insect detection), tuck your pants into your socks, and use an insect repellent containing 20 percent or more DEET.

Remember all the restaurants and small businesses that you've asked for years and years to donate to your clubs, events, and organizations? They're calling in a favor. Answer the call.

> Laura McLain Slate Belt Chamber of Commerce



## Women's Wellness Group

Women's Wellness Group starting is held Thursday Nights from 6:30 to 7:30 at A Clean Slate Recovery Center in Bangor. Join, this free and confidential group and learn the pathways of wellness with other women in a safe, fun, and healthy environment. Guest speakers and other professionals will be participating at various meetings. Bring a friend.

### Slater Family Network Fall Harvest Online Auction

Slater Family Network Fall Harvest Online Auction will be conducted at <u>https://www.SlaterFamilyNetwork.</u> OurRaffle.org

Auction Winner Prize Pick-Up :Sunday, November 8th, 2020 between 11:00 AM - 2:00 PM at Bangor Area High School (Outside The Craig Paine Theater)

# Holiday Wreath Sale Benefit

Fresh evergreen wreaths festively decorated by members of the Bangor Womens Club GFWC will be sold on Friday November 27 and Saturday November 28 from 10 am to 3 pm, in the parking lot of the Bangor Public Library. These elegant holiday wreaths will be sold for \$25.00, with proceeds going to the Bangor Public Library. Wreaths can be preordered by calling Club President, Heidi Bates at 610-599-8815.



### **AIR** continued from page 1

cloth. Vacuum often as well using a vacuum with a HEPA filter, which traps small particles.

• Eliminate moisture from the air: Moisture promotes mold, which can cause serious health problems when left unabated. Reduce moisture by eliminating sources of water leaks, installing exhaust fans in kitchens, using air conditioning, and positioning dehumidifiers in high-moisture rooms such as bathrooms, laundry rooms and basements.

• Reduce airborne particles: Install an air purifier to trap irritating particles, including mold, pollen and pet dander, which are particularly bad for people with respiratory problems like asthma. Brush pets often -- outdoors if possible -- and give pets regular baths.

• Decrease dirty air: Replace HVAC filters regularly.

**GRANTS** continued from page 1

the minimums; however, the projects must be able to quantify sediment and nutrient reductions into nearby waterways.

Businesses can apply for 50 percent matching funds for equipment or materials, up to \$7,000, when adopting energy-efficient or pollution prevention equipment or processes. Applications are considered on a first come, first served basis, and will be accepted until fiscal year 2020-21 funds are exhausted, or Monday, April 12, 2021, whichever occurs first.

The complete grant application package is available by visiting the DEP Small Business Ombudsman's Office's site.

To contact the Small Business Ombudsman's Office, call 717-772-5160 or email <u>raepadvantagegrant@pa.gov.</u>



#### November 5

### **Outdoor School with Jacobsburg**

Thursdays, 8:30am-3:30pm Sept through Nov.

You may know Jacobsburg as a place to enjoy public environmental programs for individuals, families, and scouts, but we also serve over 35 different public and private K-12 schools for free throughout the academic year. Whichever way your students are learning this year, Jacobsburg is here to help with standards-based outdoor education in biology, environmental science, earth science, history, and language arts. If your student needs to get outside for an in-person educational experience, give them a call. They are prepared to offer in-person and virtual programs by request to groups of families, as well as schools. They require at least 5 students for a free hour-long lesson and group sizes are limited to no more than 20 people total. Please call to find out more, 610-746-2801 or <u>Click Here.</u>

#### November 7

**Volunteer Day at** Jacobsburg Saturday, November 7 at 2:30pm to 4:30pm

Join them for this last volunteer event of the season as

### Wind Gap Turkey Drive

Thanksgiving is not far away. Plans are underway for another Turkey Drive this year for the food bank in Wind Gap.

Last year was a beautiful display of generosity on the community's part. That said, this year they want to start earlier, possibly reaching more people. Drop off date is is not definitive as of yet. They suggest that you pick up an extra can of vegetables or mashed potatoes when you shop up to drop off date.

And if financially you can't help, there are other ways. A simple share and



like is an incredible way to help.

The food bank accepts non perishable items throughout the year.

There is a drop off box outside the old catholic church located on 512 and Genoga in Wind Gap . (On the Genoga side )

we work in our native plant gardens, build brush piles for birds, pick up litter, and plant trees. Work gloves and tools will be provided. Dress for the weather and bring water. All participants must wear a mask and practice social distancing. Registration is required. Your help will be greatly appreciated!

**Saw-whet Owl Banding** at Jacobsburg Saturday, November 7 at 7:00pm to 9:00pm

The Northern Saw-whet Owl is the smallest owl in Pennsylvania. During October and November, Sawwhet owls that have bred north of us migrate through our area.

Join Darryl and Jackie Speicher of the Pocono Avian Research Center as they try to catch and band Sawwhet owls at Jacobsburg. Dress for the weather. All participants must wear a mask and practice social distancing during the program.

Program limited to 20 participants. Registration is required.

You can also view and register for community programs online at <u>http://events.dcnr.pa.gov/.</u>

### Craft, Vendor, Tack Swap

The Plainfield Riding Club will sponsor a Craft, Vendor and Tack Swap November 7 from 9am to 2pm at 1053 State Park Road, Wind Gap.

Pampered Chef, Color Street, Thirty One, East View Designs Equestrian Gifts, Homemade, Jewelry, Return to Rhythm, Rio By Sarah Nicole, Simile Soy and Scent, & so much more.

#### November 10

### **Stone Church Pastie Sale**

A Pastie Sale will be held at Christ Evangelical Lutheran Church, 703 S. Delaware Dr. (Route 611), Mt.

#### See HAPPENINGS page 6



### **HAPPENINGS** continued from page 5

Bethel (Stone Church) on Saturday, November 14. Pasties can be picked up between 11am and 1 pm. The cost is \$6.00 per beef pastie. Place your order with or without onions. Advance orders are recommended and can be placed until the November 10. To place your order or for additional information call Chrissy at 610-588-0809

#### November 12

#### **Outdoor School with Jacobsburg**

Thursdays, 8:30am-3:30pm Sept through Nov. Whichever way your students are learning this year, Jacobsburg is here to help with standards-based outdoor education in biology, environmental science, earth science, history, and language arts. If your student needs to get outside for an in-person educational experience, give them a call. They are prepared to offer in-person and virtual programs by request to groups of families, as well as schools. They require at least 5 students for a free hour-long lesson and group sizes are limited to no more than 20 people total. Please call to find out more, 610-746-2801 or <u>Click Here.</u>



### November 14

### **Car Show and Event**

Mark your calendar! Saturday, November 14, 2020 10am-4pm at East Bangor Park on Park Road in East Bangor.

Free car show and event. Variety of cars, food trucks, vendors, East Bangor Fire Co. Events will be there with fire trucks, fire fighters and cooking some food as well!

#### November 19

### **Outdoor School with Jacobsburg**

Thursdays, 8:30am-3:30pm Sept through Nov. You may know Jacobsburg as a place to enjoy public environmental programs for individuals, families, and scouts, but we also serve over 35 different public and private K-12 schools for free throughout the academic year. Whichever way your students are learning this year, Jacobsburg is here to help with standards-based outdoor education in biology, environmental science, earth science, history, and language arts. If your student needs to get outside for an in-person educational experience, give them a call. They are prepared to offer in-person and virtual programs by request to groups of families, as well as schools. They require at least 5 students for a free hour-long lesson and group sizes are limited to no more than 20 people total. Please call to find out more, 610-746-2801 or <u>Click Here.</u>

#### November 22

### Surviving The Holidays' Seminar

A 'Surviving The Holidays' seminar will be held on Sunday, Nov. 22nd 3-5pm at Mt Bethel Lutheran Church, 1270 Belvidere Corners Rd., Mt Bethel.

Sign up by November 15. The seminar will be in person, as well as zoom acces. Social distancing will be practiced. Call Diane to register. More info: 973-202-3317 Grieving? Know someone who is?

When you are grieving a loved ones death, the

#### See HAPPENINGS page 7



#### HAPPENINGS continued from page 6

holiday season can be especially painful.

#### November 27,28

### Holiday Wreath Sale Benefit

Fresh evergreen wreaths festively decorated by members of the Bangor Womens Club GFWC will be sold on Friday November 27 and Saturday November 28 from 10 am to 3 pm, in the parking lot of the Bangor Public Library. These elegant holiday wreaths will be sold for \$25.00, with proceeds going to the Bangor Public Library. Wreaths can be preordered by calling Club President, Heidi Bates at 610-599-8815.

#### November 28

### **Small Business & Vendor Event**

Support our small business owners and vendors.Join them on Robinson Ave. in Pen argyl on November 28, Saturday for a fun filled day from10:00 To 3:00! Rain date Sunday November 29.

#### November 29

### **Portland Tree Lighting**

The Tree Lighting will go on as planned. There will be some changes and it may be smaller but it will take place. Information will be forth coming.

#### **December** 3

### **Pearl Harbor Program**

The Slate Belt Heritage Center will post a Pearl Harbor Program on their Facebook page November 19 by 7:00 p.m.

The program, given by James Paynter, will look at the attack on Pearl Harbor on December 7, 1941. Mr. Paynter, a graduate of Bangor High School, served in the United States Navy from 1967 – 1969, and has spent many years studying the events on "the day that will live in infamy."

Paynter will be sharing stories from people who were there the day of the attack, showing pictures of the ships that were at Pearl Harbor at the time of the attack, as well as other presenting other artifacts and displays. It promises to be an interesting and informative talk about the day that led the United States to enter World War II. Facebook page address is Slate-Belt-Heritage-Center-SBHC. Remember all the restaurants and small businesses that you've asked for years and years to donate to your clubs, events, and organizations? They're calling in a favor. Answer the call.

> Laura McLain Slate Belt Chamber of Commerce

### **CDC Expands the Definition of 'Close Contact'**

The Centers for Disease Control and Prevention released new guidelines on Wednesday regarding what counts as "close contact" with someone who has COVID-19.

The expanded definition includes brief but repeated exposure to others with the virus that adds up to 15 minutes over a 24-hour period. Previously, the CDC defined close contact as spending 15 consecutive minutes or more within six feet of someone with COVID-19.

This makes mask-wearing even more important for preventing transmission



# Where to Eat

### Napoli Pizza

Dine-In, pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. M- Sat 11-9. Sun. 12-8, Tue - Closed. More Info: Click Here

### **Slate Belt Diner**

Open for take out. Outdoor Dining 610-452-9205, 370 Blue Valley Drive. More Info: <u>Click Here</u>

## **Daisy Family Restaurant**

Open 11-9 Sun-Thurs. 11-10 Fri. & Sat. Order by phone for curbside pickup and have your food brought to your vehicle, or order at the counter and take it with you. 6589 Sullivan Trail Wind Gap, (610) 863-4044. Cash or credit still accepted. More info: <u>Click Here</u>

## **Three Brothers Pizza**

Three Brothers Pizza is now open in the former Plainfield Diner on Sullivan Trail. Dine In 7am-10pm Call 610-863-4950 to order.

More Info: <u>Click Here</u>

## Mt. Bethel Diner

Mt. Bethel Diner open for Dine-In and Take-Out Mon - Sun 8am - 7pm. Call ahead to order 570-897-6409, 2600 N. Delaware Drive, Mt. Bethel,Pa 18343. More Info: <u>Click Here</u>

# **Family & Friends Takeout**

Family and friends country restaurant is open for take out at are window or curbside pick up. Full menu available. Call for daily specials 610-759-7477. They are located on route 512 in wind gap next to Albanese garden center. More info: <u>Click Here</u>

## **Gap Diner**

The Gap Diner in Wind Gap is open for dining-in Sun.-Wed 6am-Midnight and 24 hrs Thurs, Fri, & Sat. More info: <u>Click Here</u>

### TK's Restaurant

TK's will open June 5 in their outdoor seating and To Go services. 7am - 11pm 7 Days A Week. 570-897-6112. There will be a 75-minute limit for each table service if instructed by staff.NO MORE than 10 people per table unless you are a family from the SAME household. To See menu: <u>Click Here</u>

## Little Creek BBQ

Hours: Tue--Wed 3-7. Thurs., Fri., Sat 11-7. Sundays 12-5. 610-588-3831.More info: <u>Click Here</u>

## Fuher's Tavern & Grill

Fuhrer's Tavern & Grill at 104 Main St., Portland has opened (previously O'Neill's Place) Non-smoking. Families welcome. Masks required. No bar seating Table seating at 25% capacity. Reservations not required but suggested. Outside seating available. Open 10 am - 9 pm. Kitchen open 11-9, last seating at 8 .last call for food and drinks at 8:30. (570) 897-5590.

WHERE TO EAT continued on page 9







### Where to Eat

### Sal's Pizza

Sal's Pizza 487 E. Moorestown Road, Wind Gap. 610-863-7665. Open daily 11am -9pm. Closed Tuesday Mor Info: <u>Click Here</u>

### **Doughboys**

Original Doughboys Pizza and Restaurant, 230 W. Moorestown Rd, Wind Gap. Open 11-9 daily. 610-759-3776. More Info: <u>Click Here</u>

### Pen Argyl Pizza

Pen Argyl Pizza 510 E. Main St, Pen Argyl. 610-863-6670. M-Sat (11-10) Sun (10-10) More Info: Click Here

### 512 Restaurant

512 Restaurant 2 East Pennsylvania Ave, Pen Argyl. Tues-Sunday, Curbside and delivery. 610-881-4540. More Info: <u>Click Here</u>

### Detzi's Tavern

Detzi's Tavern 570 North Lehigh Ave., Wind Gap. 863-9882. Open 4 -7:30. and Noon-7:30 Wed., Thurs, Fri & Sat. More Info: <u>Click Here</u>

## **Slate Pub**

Slate Pub 509 E. Main St., Pen Argyl. 610-881-4700. Opens 12. Tables both under and outside the tent. No reservations will be taken at this time. All social distancing and government mandates will be followed.

- Masks must be except at the table.
- No more than 4 people per table.
- Tables must remain 6' apart More Info: Click Here

### **Broadway Pub**

Broadway Pub 62 Broadway, Bangor. 610-452-9226. COVID Hrs. Tues-Sun (2-8). More Info: <u>Click Here</u>

### Daily COVID 19 Updates sbtopics.com

### **Boar Barbecue**

Boar Barbecue 690 Allegheny Road, Mt. Bethel. 484-908-3407. More Info: <u>Click Here</u>

# JT Grill

JT Grill at Miller's Egg Ranch on Route 12, East Bangor is serving breakfast and lunch from 10am-3pm Tuesdays through Saturdays! Tuesday, June 9th lunch special:Italian Hot Dog with Beverage Outdoor seating available. More info: <u>Click Here</u>

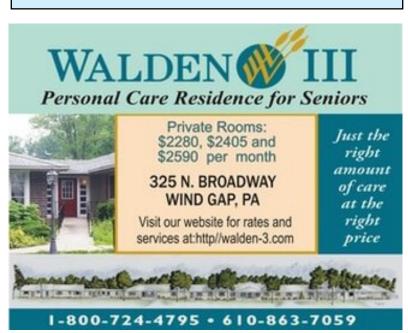
## **Five Points Grill & Pub**

Five Points Grill & Pub 1001 Mt. Bethel Highway, Mt. Bethel. 610-588-1773. Reservations are highly encouraged! It helps make your dining experience run as smoothly as possible. Beginning August 11.

New hours are:

Tuesday-Wednesday (3pm-10pm) Thursday-Saturday (11am-11pm) Now open Sunday (12pm-8pm) Please call us at (610)588-1773 More Info: <u>Click Here</u>

These Restaurant listings are free because of the limitations placed on eateries due to the Coronavirus pandemic. If you have any other listing you want to add contact Slate Belt Town Topics sbtopics@rcn.com or call 610-863-1988





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\* Free initial health exam for new clients only. Not to be combined with any other offer. Not good towards boarding, grooming, prescription and non-prescription medication, and retail items. Not good towards emergency and/or specialty veterinary services. Coupon good for up to two pets (dogs or cats only) per household. Redeemable only at a general practice VCA Animal Hospital. For pet owners who are aged 18 and older. Offer expires on 12/31/2016. Cashier Code: 700.500. \*\* VCA CareClub® Wellness Plans are preventive pet healthcare plans and are not insurance plans. VCA CareClub® Wellness Plans do not cover any services which are not specifically identified in the VCA CareClub® Wellness Plan purchased.



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# **Bangor Library New Books**

#### October 23- October 29

#### Adult Fiction

The Trust by Ronald Balson A Simple Favor: A Novel by Darcey Bell House of Thieves: A Novel by Charles Belfoure Shelter Mountain by Robyn Carr Whispering Rock by Robyn Carr Outlander by Diana Gabaldon Wait for Dark by Kay Hooper Invisible Girl: A Novel by Lisa Jewell One Flew Over the Cuckoo's Nest by Ken Kesey Missionaries by Phil Klay Bluebird, Bluebird: A Novel by Attica Locke Gobble, Gobble Murder: Two Lucy Stone Novels by Leslie Meier Mercy by Daniel Palmer Salem Falls by Jodi Picoult The French Widow by Mark Pryor The Other Typist by Suzanne Rindell By the Book: A Novel by Julia Sonneborn The Paris Secret by Karen Swan Fitness Junkie: A Novel by Lucy Sykes Adult Non-Fiction Pieometry: Modern Tart Art and Pie Design for the Eye and the Palate by Lauren Ko Greenlights by Matthew McConaughey **Easy Fiction** A Polar Bear in the Snow by Mac Barnett Cozy by Jan Brett **Easy Non-Fiction** Natalie Portman's Fables **Easy Reader Fiction** Days with Frog and Toad by Arnold Lobel Pete the Cat: Snow Daze by James Dean Sir Pete the Brave by James Dean Junior Fiction Enola Holmes: The Case of the Cryptic Crinoline by Nancy Springer, The Case of the Bizarre Bouquets, The Case of the Gypsy Good-Bye: The Case of the Left-Handed Lady:

The Case of the Missing Marquess, The Case of the Peculiar Pink Fan: Enola Holmes Mysteries by Nancy Springer

#### **Junior Non-Fiction**

Cristiano Ronaldo: A Biography of the Portuguese Superstar by Benjamin Southerland

#### Young Adult Fiction

The Brightest Night by Jennifer Armentrout

### Young Adult Non-Fiction

Superpowered: Transform Anxiety into Courage, Confidence, and Resilience

#### DVDs

Ace Ventura Collection: Pet Detective & When Nature Calls The Witches

# Blue Mt. Community Library

Located at 216 S. Robinson Ave., Pen Argyl, PA. Open: M, Th and Sat from 10-Noon and M, & Th from 6-8 PM. Visit the website at <u>www.bmcl.org</u> or call 610-863-3029 for information or to request books. Their Facebook page is <u>www.facebook.com/</u> <u>bmclpenargyl.</u>

### October 2020

#### **New Fiction** Secrets of My Heart, Tracie Peterson Mrs. Lincoln's Sister, Jennifer Chiaverini House of Privilege, Mike Lawson The Lies that Bind, Emily Giffin Her Last Flight, Beatriz Williams What You Wish For, Katherine Center The Woman in the Woods, John Connolly The Pull of the Stars, Emma Donoghue The Last Trial, Scott Turow The Banty House, Carolyn Brown Salt Air Secrets, Joanne DeMaio Girl From Widow Hills, Megan Miranda The Request, David Bell Someone Else's Secret, Julia Spiro **New Non-fiction** More Than Love, Natasha Gregson Wagner Too Much and Never Enough, Mary Trump **New Juvenile** The Chubby Cheek Chipmunk, Allie Kat The Berenstain Bears and the Baby Chipmunk, Stan Berenstain

# **October Silent Auction**

The Blue Mt. Community Library will once again hold a Silent Auction during the month of October. 18 items, including Kitchen, Home, Jewelry and Leather Fashions will be available to bid on.

Library membership is not necessary to participate. Please go to the library's Facebook page or visit <u>www.bmcl.org</u> for a list of the items and instructions for bidding.

Any questions, call 610-863-3029 during Library hours.

# Slate Belt Dining Information Pages 8 & 9

### **County Assistance**

In light of Pennsylvania's eviction moratorium expiring on August 31st, Lamont McClure reminds residents that Northampton County has approximately \$3.6 million available for rental assistance, rapid rehousing and utility payments. The Department of Human Services and the Department of Community and Economic Development worked together to develop the Community Mediation and Eviction Diversion Program (CMED). CMED offers experienced mediators, emergency financial assistance and rapid rehousing to prevent homelessness. Contact: Third Street Alliance at 610-438-1763 or email Ziana Keith at zkeith@thirdstreetalliance.org

### **Hotline for Human Services**

Northampton County has a 24-hour Emergency hotline for all Human Services-related emergencies. Anyone struggling with a mental health crisis, abuse, neglect, suicidal thoughts, evictions, substance abuse, food insecurity, etc. can call 610-252-9060 for help and referrals.

# **Confidential Grief Group**

A Clean Slate is partnering with <u>Kainoa's Ohana</u> to start their 6-week confidential grief group for parents/ caretakers who have lost their child to a stigmatized death (addiction/suicide).

This has been a very powerful group that has filled a need in our area. This group caps at a small number so please pass this on to anyone who may benefit. They are looking at starting Saturday mornings in mid-October. For more information or to sign up contact jana@recoveryrevolution.org 610-599-7700.

### **COVID 19 Test Site**

A new COVID-19 drive-through testing site opened in Northampton County Monday.

The new site opened at Coordinated Health on 3100 Emrick Boulevard in Bethlehem Township. The site will be open Monday through Friday from 10 a.m. to 4 p.m. Saturday hours will be available twice a month from 9 a.m. to noon. The drive-through testing center is in the parking area to the rear of the Coordinated Health Building and is separate from patient parking and routine patient care.

# Pen Argyl High School Stuff the Bus



The Pen Argyl High School's students and staff are preparing for another productive year of Stuff the Bus. Nonperishable food items, paper products, and winter wear items will be collected in the Pen Argyl High School parking lot from November 2 to

November 19. These goods will be collected between 7:00am and 7:30am and again between 2:30pm and 2:45pm during the weekdays. Donation boxes will also be set up at Wind Gap Middle School, Plainfield Elementary School, Slate Belt Nazareth Baptist Church, and Waste Management for collections during their operating hours.

Suggested donations would include canned goods (such as fruits or vegetables), stuffing, instant mashed potatoes, as well as other non-perishables like cereal, oatmeal, gravy mix, soups, etc. The group is also in need of paper products, gloves, and hats, gift cards for meals, and turkeys. All items are appreciated!

Donations will be given to those in need throughout the Pen Argyl School District. Partnering with Families First, these items will benefit over 100 families within the school district if the goal is met. Last year, 87 families benefited from the support and kindness of the community, staff, and students donation of the bus used for this great event.



# **County Road Work**

**Bushkill Township Road name: Cherry Hill Road** Between: Bushkill Center Road and Nazareth Drive Daytime Lane restriction with flagging 09:00 AM To 02:00 PM. Start date: 11/2/20 Est completion date: 11/6/20

Lehigh Township Road name: Blue Mountain Drive Between: Long Lane Road and Carbon County Line. Daytime Lane restriction with flagging 09:00 AM To 02:00 PM.Start date: 11/2/20 Est completion date: 11/6/20

**Williams township. Road name: Lower Saucon Road** Daytime Lane restriction with flagging 09:00 AM To 02:00 PM.Start date: 11/2/20 Est completion date: 11/3/20

Interstate 78 Between: Exit 75 (To PA 611) and Exit 60 (PA 309). Daytime Lane restriction with flagging 09:00 AM To 02:00 PM.Start date: 11/2/20 Est completion date: 11/5/20

**City of Easton Road name: North 13th Street Bridge** over Bushkill Creek Between: Bushkill Drive and Wood Avenue: Daytime Lane restriction with flagging 09:00 AM To 02:00 PM. Lane restriction with flagging for milling and paving work on the 13th Street bridge over Bushkill Creek.Start date: 11/2/20 Est completion date: 11/6/20





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# Weona Park Books

The 100th Anniversary History of Weona Park book written by Walter Cole will be available by mid-November. Details including book price and purchase details will follow. This book includes park history, sports events, family reunions, group gatherings, and park celebrations. Many photographs and various flyers will be included. Also included will be interviews and recollections. This fund raising activity will include ads and an opportunity to remember or honor someone. Ad deadlines are October 23, 2020. Ad forms may be obtained at www. facebook.com/Weona100 or http://penargylborough. com/PABAdmin/images/Centennial Ad form.pdf . The 100th anniversary committee would like to thank Gaffney Parsons Funeral Homes and Ruggiero Funeral Home for underwriting the printing costs of the book.

### Library's Foreign Language Vocabulary Builder

The Bangor Public Library announces that it has added LingoLITE to its online reference offerings which helps users learn basic words and phrases in 30 languages using interactive native speaker videos.

"Foreign language training and references are very popular at the library, but in the past, we've never been able to offer one source for learning so many languages using such an interactive video format, so we're very excited to offer this database to our patrons," says Kathleen Lynch, Director at Bangor Public Library.

LingoLITE is a vocabulary builder and contains thousands of native speaker video clips in 30 languages including Spanish, French, Italian, German, Chinese, Japanese, Chinese, Farsi, Hindi, German, Swahili, Thai, and 18 others. Anyone can access LingoLITE using the library's computers, or from anywhere in the world from the library's portal at <u>www.bangorlibrary.</u> org with their library card.

LingoLITE was designed anyone who wants to learn basic terms and phrases in a new language. The resource has glossaries for greetings, introductions, food, transportation, relations, numbers, and more.

This is an example of the Library's mission to increase its coverage of topics that are of interest to its diverse population of patrons young and old.

### St. John's Cemetery

Donations for St. John's Cemetery in Bangor are being accepted for maintenance. You can mail them to St. John's Cemetery c/o Carol Hummel, 136 Messinger Street, Bangor, Pa 18013.

### **Plainfield Trail Closure**

The section of the Plainfield Township Recreation Trail which is located between Engler Road and Gall Road will be closed to all pedestrians and cyclists starting on September 21, 2020. This section of the trail will remain closed until further notice. The closure is necessary in order to repair a section of the trail which was damaged due to excessive stormwater runoff events.

Please contact the Plainfield Township Municipal Office at 610-759-6944 with any questions. Thank you for your anticipated patience and understanding as the Township takes the necessary steps to maintain the Plainfield Township Recreation Trail to ensure that current and future generations will be able to enjoy the trail.

### **PUMP Needs Your Help**

With an increase of 30%-40% of people coming because of COVID-19, PUMP is currently serving 150 - 175 families who receive food weekly from the pantry. All the food is distributed by approximately 30 to 40 volunteers.

Food supply also has risen 25%-30% and continues to come from donations, Second Harvest, Trader Joe's, Northampton County and Salvation Army.

They are asking at this time for the communities cooperation in helping secure the funds to purchase a parcel of land and construction of a new building.

Donations can be sent directly to Portland Upper Mt. Bethel Food Pantry Inc. P.O. Box 69 Portland Pa. 18351 or visit the PUMP at 111 State St.Portland Pa.. Mondays from 9:30 AM to 12 PM.

### **Struggling With Substances?**

People struggling with substances can now walk in for drug and alcohol assessments at the Clean Slate Bangor, 100 South First Street St, Bangor 610-452-9348 Mondays from 10am - 12pm Many times this is the first step toward treatment and a new life.

## **Community Programs Offered at Jacobsburg**



**Volunteer Day at** Jacobsburg Saturday, November 7 at 2:30pm to 4:30pm Join them for this last volunteer event of the season as we work in our native plant gardens, build brush piles for birds, pick up litter, and plant trees. Work gloves and tools will be provided. Dress for the weather and bring water. All participants must wear a mask and practice social distancing. Registration is required. Your help will be greatly appreciated!

**Saw-whet Owl Banding** at Jacobsburg Saturday, November 7 at 7:00pm to 9:00pm The Northern Saw-whet Owl is the smallest owl in Pennsylvania. During October and November, Saw-whet owls that have bred north of us migrate through our area.

Join Darryl and Jackie Speicher of the Pocono Avian Research Center as they try to catch and band Sawwhet owls at Jacobsburg. Dress for the weather. All participants must wear a mask and practice social distancing during the program.



# **Bangor Chili Trail & Competition**

You're invited to join the Historic Bangor Business Association for a fun chili competition to crown the best chili in the Slate Belt judged by attendees and an esteemed panel of judges November 7 from Noon to 3pm



in downtown Bangor. (Rain Date November 8.

Awarded plaques will include:

"People's Choice", "Hottest Chili", "Mayor's Choice", "Most Unusual", and "Judges Best Overall". Attendees will have raffle and 50/50 tickets.

Proceeds from ticket sales will be donated to Bangor's Fire Departments.Help raise some \$\$\$ for a good cause and have some safe delicious fun during COVID-19!

Please dress accordingly. Festival attendees will receive a Chili Trail Map and voting card to rate and score chili in downtown Bangor.

If you do not have a business storefront in the downtown you may still participate. Outside Vendors will be set up in the Murray Street Courtyard, on sidewalks, and inside participating businesses that offer COVID-19 safe safe service. A map of all vendors will be given to attendees with your name listed.

Requirements: no competition entry fee, just agree to bring and serve at least 3 gallons (12 quarts) of chili for 2oz samples for attendees (one sample per attendee). For agreeing to participate, the HBBA will include your business in all marketing efforts, listed on <u>HBBAPA.org</u> and social media.

Vendors will each receive 2 comp tickets to sample and vote. Tickets will be \$15 presale or \$18 day of. Have a raffle prize set up at your store or table for a tricky-tray. Guests will have raffle tickets to win your prizes. For more info or questions please contact HBBA event organizers at <u>HBBAPA@gmail.com</u> or Traci at 610-554-1460.

### **Free Hunter-Trapper Education Course Available**



Although COVID-19 has limited in-person hunter-trapper education opportunities, the course - a requirement for all firsttime hunters and trappers in order to buy a license in the Commonwealth – is also available online.

The online course includes live-action, high-definition videos to provide comprehensive instruction in hunting safety practices. It can be taken on any computer or mobile device. You are free to complete it at your own pace, as your progress is saved each time you log out of the system.

The cost of the course is normally \$19.50 but is currently being waived during the COVID-19 pandemic with the use of a code. Once you've studied and passed the course, you can immediately print your temporary hunter education certificate. The permanent certificate will arrive in the mail in two to three weeks.

To qualify, students must be at least 11 years old. For more information, visit www.pgc.pa.gov and click on "Hunter-Trapper Education" under the "Education" tab. To register, visit https://www.register-ed.com/ programs/pennsylvania/25-pennsylvania-huntertrapper-education and use the code provided in the yellow box at the top of the page for free registration. *Rep. Joe Emrick* 

# **Creative Flora** Workshop Fundraiser On Saturday November 7 from 10am - noon,

Eva Marie Workshops will offer a "Creative Flora Workshop" featuring Susan Lubbe of Gardens of Grace.

She will bring her passion and years of experience to show us how to create a versatile greens centerpiece for the upcoming holidays. Participants will be guided in crafting a beautiful, lasting tabletop centerpiece to usher in Thanksgiving and Christmas.

You will work with several textured, fragrant greens touch to your creation. and add your special All supplies will be provided

. Feel free along your garden clippers scissors, like work your tools. from this benefit women

trafficking, trauma and

addiction. Held at 263 Riverton Road, Mount Bethel in a beautifully restored barn —- outside seating will be available (weather permitting), masks will be required and social distancing guidelines followed. Space is limited so purchase your reservation to secure a spot.





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### **Bangor Spellers Beat Pen Argyl**

A large crowd attended a spelling bee between five graduates of Bangor High school class of 1938 and five graduates of Pen Argyl high school class of 1938.

The participants from Bangor were: Aurelia Sleeman, Theresa Falcone, Antonette DeFrank, Helen Nicholas and Vera Buzzard. Those from Pen Argyl were: Evelyn Stine, Joyce Parker, William Dawe, Lawrence Hendershot, and Joseph Braido.

Pen Argyl was the first to lose one contestant. He was followed by another from Pen Argyl, two of Bangor and then two more from Pen Argyl, leaving Joseph Braido to defend his school against three girls from Bangor.

During intermissions soap box derby entrants gave remarks about their derby car and hopes of winning a future race.

Joseph Braido finally went down under a difficult word leaving the Bangor high team victorious.

The last two remaining standing of each team, were Aurelia Sleeman and Theresa Falcone of Bangor and Joyce Parker and Joseph Braido of Pen Argyl who will be taken to Philadelphia, Aug. 27 for an educational tour.

Reprint from the Morning Call July 18, 1938 via newspapers.com

# Annual Heritage Center Preservation Awards

The Slate Belt Heritage Center is now accepting applications for its Annual Preservation Award, which seeks to acknowledge individuals who have performed exemplary acts to promote and preserve the culture and heritage of the Slate Belt.



Candidates may be an individual or group and may be nominated by themselves or another party.

There are three categories: Initiative Award, Architectural Award and Special Focus Award. Detailed descriptions of these categories, as well as the criteria involved may be found on the Heritage Center's web site, SBHC.org, and Facebook page, Slate-Belt-Heritage-Center-SBHC. Nominations will be accepted this fall and will be reviewed in January. Awards will be presented in June 2021.

Interested parties may obtain an application at the Heritage Center on Sundays from 12 - 3, at all local municipal offices or by contacting Jason Huggan at 484-754-2480. Please help us recognize those people who are working to preserve our history.





# **East Bangor Car Show and Event**



Mark your calendar! Saturday, November 14, 10am-4pm at East Bangor Park on Park Road in East Bangor.

Free car show and event. Variety of cars, food trucks, vendors, East Bangor Volunteer Fire Co. Events will be there with their fire trucks, fire fighters and cooking some great food as well!

Rockin' Ramaley will be playing a variety of music for all to enjoy! They will also have their a Rockin' Military Truck for kids to climb in, get a photo and receive an American flag.

This is a charity benefit to support a long time Slate Belt Resident Jon James.

Vendors as of today: Scentsy ,Ornaments, Crafts, Thirty One ,Color Street. More welcome, call Lauren at 484-546-6095 to become a vendor:

Food to date: Dinkys ,East Bangor Fire Department,Cille On Wheels ,Rustica Artisan — at East Bangor Blaine Reimel Memorial Park.

Call Lauren above to be added as a food vendor.

# **UMBT Veterans Day Celebration & Parade**

Come to the Upper Mount Bethel community park located at 1535 Potomac street on November 7 to celebrate our military veterans.



Upper Mount Bethel

is hosting a veterans' day celebration with a fireworks display and drive-by parade. Park opens at 3:30pm for the drive by parade and ceremony begins at 5pm.

Fire works show is sponsored by Lamtec and Custom Laminating.

Bangor Area School District will be participating to honor our veterans.

Upon entering will be a drive-by parade where you can see military vehicles and reenactments, there will be singers singing patriotic songs, we will dedicate the flagpole and pavilion, elected officials will speak and fireworks go off at dusk.

All attendees will either remain in their car or can get out of their car - but must remain next to their car or sit on their car to see the fireworks. There will be no mingling and engaging others, you must remain by your car and 10-feet from any other car.

This is a great way to celebrate those who sacrifced for our freedom and those who continue to sacrfice.

God bless the USA our veterans and all military personnel!

### Slate Belt Dining Information Pages 8 & 9

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### Chamber of Commerce Business Person of the Year Kim Green Little Creek Bar-B-Cue

Kim has been in business for over 11 years and runs a successful woman owned take out restaurant located cSPFD just outside of

Bangor. As nomination of the hardest women that exemplifies the "Blood, Sweat



just outside of stated on her "Kim is one working

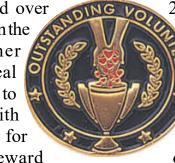
I know. She meaning of and Tears" in

maintaining her business." She works side by side with her staff, has a big heart and supports many nonprofit organizations and events in the Slate Belt region.

### Chamber of Commerce Volunteer of the Year Faith Sarisky

Faith has volunteered her time and efforts to "Beautify Bangor Murals and continues to work above and beyond in the borough of Bangor." Her efforts have created over 25 murals by many

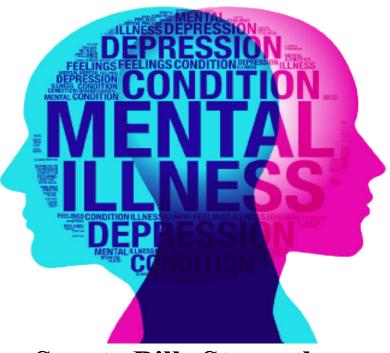
have created over local artists in the Through her with her real she was able to to assist with artists costs for seeks no reward



downtown area. connections estate business secure funding materials and each mural. She other than to make

the Slate Belt more aesthetic to the eye and the promotion of all businesses within the area.





### Senate Bills Strengthen PA.Mental Health Coverage

The State Senate approved legislation to ensure that mental health and substance use disorders receive the same level of care as other health issues, according to Senator Mario Scavello (R-40).

.House Bill 1696 and House Bill 1439 would strengthen enforcement of the federal Mental Health Parity and Addiction Equity Act of 2008 by ensuring insurance plans provide mental health care that is similar to coverage for other diseases and illnesses. The bills also require insurers annually attest to steps they have taken to comply with the law.

The current system of enforcement relies on addressing complaints from consumers who may not know about the law or fully understand the services that are included in their health plan. The package of bills would ensure all insurers offer customers the level of care and services that are required by law.

"This legislation solidifies the Insurance Department's role in regulating insurer compliance with mental health parity and requires insurers to legally attest to compliance efforts and makes certain public disclosures of those efforts. It's a second layer of accountability," Scavello said. "Together, these bills will establish Pennsylvania as a leader in the regulation of insurer compliance with federal mental health parity."

The measures will be sent to the governor to be signed into law.