Slate Belt Town Topics

NEWS TODAY NOT NEXT WEEK

May 8, 2023 <u>INDEX</u>

Weather Numbers Recent Pics Sports Special Events Church (Click Above)

LMBT FLOWER & TOMATO PLANT SALE



WHEN: SATURDAY, MAY 20, 2023 from 10-2 p.m. WHERE: MUNICIPAL BUILDING: 2004 HUTCHISON AVE. MARTINS CREEK \$4 each or 3 for \$10 - Cash or checks only

COME OUT AND SUPPORT OUR RECREATION COMMITTEE! Proceeds go towards Community Day





Pen Argyl Softball Senior Day: (l-r) Asst. Coach Tom Rotzell, Madison Abbott, Hailey Frey, Callie Shneck, Andrea Black, Katie Knecht, Head Coach Bill Schankel.



Praying for Maya

Our little granddaughter Maya was airlifted to Children's Hospital of Philadelphia earlier with a brain bleed. Our family has been asking for lots of prayers lately. This one's super huge! Put her on a convoy of prayer chains.)

My husband came home last night from his monthly photography club meeting. Walked over to me and secretly handed me the cutest little group of miniature ducks. Right away I thought in my mind , Maya would love one of those. Because she has a fascination for tiny little creatures. Of any nature. And I began to think.

So hence begins my quest from everyone out there seeing this message. Today begins MAYAS Miniature Collect till She's Home. I am asking for a favor from any one of you reading this. Send or drop off a mini of your choice for Maya to give hope and encouragement for her to come home healed. PM me for address . Thank you , God Bless (this mini is about the size of an adults fingernail) but use your own judgement.

The bleeding in her brain has stopped, however she has and infection and won't be home anytime soon.

Please contact Shelly Mensch on Facebook.



Victorian Tea For Mothers & Daughters Please join us for a family-friendly Victorian Tea Date: Saturday, May 20th 2023 Time: 1-4 pm Location: Christ Presbyterian Church Fellowship Hall 332 Kennedy Drive Bangor PA 18013 Hosted by: Christ Presbyterian Church of the Slate Belt (There will be a craft table for the children.) No charge **Reservations are required** Please contact the church office 610.588.4864 or office@christpcsb.org

Graduates of the Bangor Area High School Class of 1973

You are invited to be our honored guests at the Bangor Area School District One Hundred Thirty-Eighth Commencement Exercises on Friday, May 26, 2023 (rain date – Saturday, May 27, 2023) Bangor Veterans Memorial Park Stadium Eisenhart Boulevard, Bangor, Pennsylvania

Attendees should report to the VIP Tent at 5:30 p.m. near the stadium entrance at Broadway and Eisenhart Boulevard.

Commencement Exercises will begin at 6:30 p.m.

R.S.V.P. to: gwynneth_hughes@yahoo.com by May 15, 2023 Reminder: 50th Class Reunion events will be held on October 6, 7, and 8, 2023

Tuesday Evening Yoga Classes YOGA Classes with Becky Gillen are held at A Clean Slate

YOGA Classes with Becky Gillen are held at A Clean Slate Join anytime instructor led class anytime on Tuesday evenings 8:00pm at A Clean Slate. Becky brings her registered yoga teacher skills to help you implement your health and wellness routines. There is a \$8 suggested session fee, thank you in advance.

Text Scores of Your Games to

570-688-3724

Pen Argyl Area High School Memorial Day Assembly Pen Argyl Area High School will be hosting a Memorial Day Assembly on

Thursday, May 25 from 8:00 a.m. to 9:30 a.m. in the Alumni Stadium of the high school. On May 25 the student body will gather outside for the student run assembly where speakers will talk about the importance of Memorial Day and the history behind it. In coordination with the branches of the military, many traditions and services will be held throughout the assembly to honor fallen soldiers.

The event will include a flag folding ceremony, complete with the playing of taps, using a flag we had flown over the United States Capitol. The goal of the assembly is to stress the importance of Memorial Day and honor all the brave men and women who served for our country and gave their lives protecting our nation.

The high school is also selling flags for anyone in the district to buy. The flags can be dedicated to honor a fallen soldier for their service to our country. These flags will then be planted in the front of the high school on the hill for everyone to see. Community involvement can include purchasing the flags and attending the assembly.

After this event we aim to have everyone understand the importance of Memorial Day and hope that everyone will remember the soldiers who have served. The Knights' Order, the Character Education program at Pen Argyl High School that organized the event, is responsible for service projects throughout the school and community. The Knights' Order focuses on improving school climate, culture, and tolerance through hosting events and

Carousel's 100th Anniverary

Weona Park Carousel 100th Anniversary Celebration will be held June 3 from 1 P.M. – 4 P.M.

From 6/3/2023 through 8/27/2023 hours of operation will be as follows: Fridays: 3 P.M to 9 P.M. - Sizzling Sale \$2 off a game of Golf. Saturday & Sundays & July 4th -- 1:00 P.M. to 9:00 P.M. On 6/23, 7/21, & 8/18 -Fidelity Bank's Sweet Treats Truck will provide free ice cream from 4 P.M. to 7 P.M

Moravian Historical Society's 45th Annual Arts & Crafts Festival

Nazareth, PA - The Moravian Historical Society is pleased to announce the 45th Annual Arts & Crafts Festival, held on Saturday, June 3, 2023, from 10:00 am to 4:00 pm. Enjoy a fun-filled day with beautiful arts and crafts, good food, and live entertainment. The Arts & Crafts Festival is open to the public with free admission.

Hosted on the beautiful lawn of the Moravian Historical Society in downtown Nazareth, the Arts & Crafts Festival is the Lehigh Valley's longest-running outdoor arts and crafts festival. This family-friendly day is filled with arts and crafts, musical entertainment, food and beverage trucks, and free children's activities. A colonial-costumed guide will give free walking tours of historic Nazareth.

The 45th Annual Arts & Crafts Festival will feature more than 100 local artisans representing a wide variety of goods including original artwork, woodworked items, jewelry, soaps and candles, fabric and fiber arts, and more.

Handmade craft artisans and food and beverage vendors are being accepted through May 26. Applications are available on our website.

Businesses interested in sponsoring the 45th Annual Arts & Crafts Festival are also encouraged to contact the Moravian Historical Society for a range of sponsorship opportunities. Sponsorship helps support this beloved festival while providing businesses with opportunities to market their products and brands.

For more information visit us at www.moravianhistory.org, call 610-759-5070, or email events@moravianhistory.org

Recognizing Pen Argyl's Judy Piper for Her Service

If you see Judy Piper around town, please congratulate her on being recognized for her many hours of volunteering by the Advisory Council of the Northampton County Area Agency on Aging with a 2023 recipient of Northampton County's Outstanding Senior Award. After retiring from teaching in 1999 from Whitehall Area School District, Judy began her volunteering at the Blue Mountain Community library and became board treasurer in 2011.

She has a passion for helping others through personal action, inspiration, and public service. She served as Mayor of Pen Argyl from 2002 to 2009. Her other volunteer activities include: GUMC treasurer, the senior choir, and Fairview Cemetery; taught swimming lessons at Weona Park for 45 years; Pen Argyl Zoning board and was a member of the Slate Belt YMCA Founders Committee.

Pen Argyl Yard Sales Pen Argyl Community Yard Sales - No permit needed. June 9th – 11th & September 15th - 17th.



showers across the region with the best chances to the south.

Sunny skies for the rest of the week with warming temperatures. Some places may reach 80 on Friday!



Philadelphia 🏗 Mount Holly

Skin Care Prevention

Did you know skin cancer is the most common type of cancer in the U.S. is skin cancer, estimated to affect one in five Americans in their lifetime? Fortunately, there are steps we can take to reduce our risk as summer arrives:

Apply sunscreen - When you're spending time outdoors, make 1. sure to apply sunscreen with an SPF of at least 30 every two hours. It's especially important to do this between 10 a.m. and 4 p.m. when the sun's rays are strongest.

Cover up - Wearing protective clothing, like a wide-brimmed hat 2. and long-sleeved shirt, can help protect your skin from the sun's harmful rays. Unlike sunscreen, which must be reapplied constantly, UPF clothing protects your skin from sun rays all day.

Seek shade - When possible, stay in the shade, especially during 3. peak sun hours, or bring along a portable sun tent.

Check your skin - Be sure to regularly check your skin for any 4. unusual spots or changes. If you notice anything suspicious, make an appointment with a dermatologist.

Protect your kids - Children's skin is especially sensitive, so make 5. sure to apply sunscreen regularly and keep them covered up with hats and clothing.

Remember, prevention is key when it comes to skin cancer. By following these simple steps, you can ensure that you and your family have a safe, enjoyable, and sun-filled summer.

This PSA presented by: Robin Tinsley Sabatino Insurance Agency, 17 South Robinson Ave, Pen Argyl, PA 18072 Office: (610) 863-6033 Fax: (610) 863-7819 Robin@sabatinoins.com

Horticulture Program's

The BAHS

SPRING PLANT SALE

Saturday, May 13, 2023 8AM-11AM **Bangor Area High School** Cafeteria **Rain or Shine!** Visit us on FB: Bangor Area HS Horticulture/Greenhouse

Dotta's Yard Sale June 3

Dotta's famous yard sale will be held June 3. Everyone welcome. Wide assortment of sale items

Trinity Rummage/Bake Sale

A rummage and bake sale will be held June 1,2,3 from 9:00am to 2:00om at Trinity Evangelical Lutheran Church at Fourth and Broadway, Bangor.

Summer Festival

Jump Into Summer Festival Saturday, June 3, 2023 At 10 Am – 3 Pm Celebrate Summer in a big way! Come out and shop w/ unique vendors & crafters. Enjoy yummy food from a selection of awesome food trucks! For those 21+, enjoy adult beverages while you mingle in the park. Don't forget to purchase Tricky Tray tickets for a chance to win prizes! Oh! Bring those swimsuits! It's also opening day at the pool!

Come to Shop-N-Stroll w/ Your Pup

Come to Shop-N-Stroll w/Your Pup at Wind Gap Park Saturday, July 8, 2023 At 10 Am – 3 Pm

Join them for the 3rd annual Shop-N-Stroll w/ Your Pup at Wind Gap Park! Bring the pup out for a day of fun! No pup? That's okay! We will have pet rescues joining us with their adoptable pups!

There will be vendors/crafters (pet and non-pet related) to shop with, adoptable dogs, pet rescues, food trucks, music, and more!

Pup cooling stations will be set up throughout the event. There are also shaded areas for you and your pup to get out of the sun

B.A.C.K. Rides for the Red

Bike Run May 21 at 12pm starting and ending at Riverside Barr \$25 for Rider \$20 for passengers includes event tee shirt, Breakfast sandwich and coffee other food and drinks will be available for purchase.

There will be vendors a Tricky Tray, 50/50 raffle and Off The Road Band featuring Greg Smith will be preforming. Event is open to the public come on out for a good time and support your local Fire Company



New More Infectious Covid Subvariant Spreading

St. Luke's Health Network sas that although we may have emerged from the pandemic stage of COVID-19, the virus continues to evolve and be active. The CDC reports over 13,000 reported cases a day and over 1,000 COVID related deaths per week.

The Omicron variant, which emerged in November 2021, has been responsible for many subvariants. The latest is XBB 1.16, more commonly known as Arcturus, which is also the name of the brightest star in the northern sky. Compared to previous strains, this subvariant is more infectious but not more fulminant, meaning that it does not cause worse illness.

Currently, Arcturus is responsible for 10% of the COVID-19 cases in the United States and is rapidly increasing. Since outbreaks have been reported in California, Washington, Virginia, Texas, as well as our bordering states of New Jersey and New York, it can be assumed that it is present in Pennsylvania, said Dr. Jeffrey Jahre, St. Luke's senior vice president of medical and academic affairs and section chief emeritus of infectious diseases.

Patients who become ill with this strain more frequently have fevers. In addition, there appears to be an increased association with conjunctivitis an inflammation of the outer membrane of the eye that is more commonly known as pink eye causing localized redness, blurriness, itching and a feeling of grittiness.

Prior to the emergence of this variant, COVID conjunctivitis was seen in previous strains up to 3% of the time. There are reports that COVID conjunctivitis is more frequently seen in children, including babies. In addition to COVID, conjunctivitis usually is caused by bacteria, other viruses such as Adenovirus an agent of the common cold and particularly at this time of year allergies.

"Differentiating viral conjunctivitis, including COVID-19, from allergies, may be difficult and may require evaluation by an eye specialist," Jahre said. "If a fever is present, it is more likely to be COVID. If another individual in the family has diagnosed COVID, then anyone else in the family experiencing conjunctivitis symptoms should assume that he/she may also have COVID and take appropriate health measures and precautions to avoid affecting others."

East Bangor Memorial Day

The East Bangor Memorial Day Service will he held Memorial Day at the East Bangor Cemetary at 1:00pm.

LTC Anthony Manganiello, U.S. Army Retired will be the speaker. Manganiello, who is a Slate Belt Resident, is a West Point Graduate and former Air Borne Ranger.

In the event of Bad Weather, the service will be held at the East Bangor United Methodist Community Church, 136 West Central Ave. (Rt 512) East Bangor.

Effective ways to ease arthritis pain that are safe for most adults

Regular physical activity can help relieve adult arthritis pain as effectively as over-the-counter medications!

physical activity helps to improve physical function + mood, decreased disability + reduced anxiety!

pennsylvania DEPARTMENT OF HEALTH

Slate Belt Chamber Announces Scholarship Award Winners

Ryan DeBellis - Pen Argyl ASD Misericordia University

Undergraduate: Healthcare Management Graduate: Physical Therapy

Abigail Duyssen - Bangor ASD

US Military Academy at West Point Undergraduate: Life Science Graduate: Veterinary School

Abigail Frey - CIT

St Lukes Nursing Program Registered Nurse

The Frederick R. Curcio Jr. Scholarship Award: Ryan DeVito - CIT Northampton Community College Information Science

The awards dinner will be held Thursday, May 18th at 6:00pm at Tuscarora Inn. Go to **www.slatebeltchamber.org** to register.

James Gloria Fine Arts Studio Classes For All Artists

The James Gloria Fkine Arts Studio is n ow offering studio classes for artists of all levels, beginner to experienced — teen through adults.

AI and the Artist

It seems that there are at least a few breathless articles a day about the power of Artificial Intelligence, and warnings about its potential pitfalls.

For artists, AI is presented as an existential threat; a device that will make artists obsolete. After all, anyone will be able to enter a few words into the AI program Dall-E and it will produce an image. Why hire an artist? Why paint for that matter when you can just order up an image in any style from a keypad.

This seems to miss the essence of why we make art. We mistake the product of a painting for the experience of painting. I paint to have an experience; for the challenge of the process. It reminds me of the 1970's intro to ABC's "Wide World of Sports"...I paint for "the thrill of victory and the agony of defeat...the human drama of ... competition".

Maybe painting a landscape outdoors isn't quite as risky as a ski jump, but grappling with visual challenges and learning a craft has its own rewards. And unlike the ski jump, you can do it safely for years to come.

Private classes tailored to your personal goals and abilities. Paint for fun or hone your skills and experiment with new techniques

- Learn the Fundamentals of Art and Design
- Hone skills of observation and perception
- Explore new media: watercolor, oils, sculpture and more
- Portfolio prep classes for art majors applying to college

(570)236-1466 art@JamesGloria.com

<u>WHAT'S GOING ON????</u> Your News Published Free Reach 2500 -3000 Daily Readers Via Socia,l Media sbtopics@rcn.com



open to girls and boys in grades K through 6th

Monday, June 5th through Thursday, June 8th 9am - Noon

Bangor Area Middle School Soccer Fields 401 Five Points Richmond Road, Bangor PA 18013

Camp will include skill development, games, awards and prizes

All sessions will be under the direction of the Bangor Girls' Soccer Coaching Staff and team

All campers should dress accordingly to the weather and come with sneakers/soccer cleats, soccer ball, shin guards, water and snack

COST \$100 before May 22, 2023 (additional siblings \$80 each) \$110 after May 22, 2023 (additional siblings \$90 each) all campers are guaranteed a t-shirt if registered before May 22, 2023

REGISTRATION COST INCLUDES instruction, games, awards, prizes, player certificate, team picture, t-shirt (if registered before May 22nd) and pizza party after final session on Thursday, June 8th

> **QUESTIONS** please email bhsgsbc@gmail.com



DID YOU KNOW?

Northampton County has a 24-hour emergency hotline for all Human Servicesrelated emergencies.

Anyone struggling with a mental health crisis, abuse, neglect, suicidal thoughts, evictions, substance abuse, food insecurity, etc. can call:

> 610-252-9060 FOR HELP AND REFERRALS

PEN ARGYL

BA

BREAKFAST

FOOT



PA Senior Food Box Program

Seniors interested in participating should call

1-800-468-2433

 Image: Constraint of the second consecond consecond constraint of the second constraint of

 OURCES
 S10/person cash only

 S5 for under 10 y/o
 S5 for under 10 y/o

 ding-Hunger
 S y/o & under eat free

Sy/o 2 under eat free Buffet 4 basket raffle

Sunday, May 21st

8:00am-1:00pm

Wind Gap Fire Hall



sbtopics@rcn.com

May 8 2023

www.sbtopics.com

Slate Belt 7-Day Weather Forecast

Mostly Sunny 74 Today Few Showers, Cloudy 61 Tuesday National Weather Service Forecast - 6am Today

Today, Mostly sunny, with a high near 74. North wind 5 to 10 mph.

Tonight, Scattered showers after 5am. Mostly cloudy, with a low around 48. North

wind 5 to 10 mph. Chance of precipitation is 30%.

Tuesday, Scattered showers before 2pm. Mostly cloudy, with a high near 61.

Northeast wind around 5 mph. Chance of precipitation is 30%. New precipitation

amounts of less than a tenth of an inch possible.

Tuesday Night, Partly cloudy, with a low around 43. North wind around 5 mph.

Wednesday, Sunny, with a high near 71. North wind around 5 mph becoming northwest in the afternoon.

Wednesday Night, Mostly clear, with a low around 45.

Thursday, Sunny, with a high near 77.

Thursday Night, Mostly clear, with a low around 52.

Friday, Mostly sunny, with a high near 80.

Friday Night, Partly cloudy, with a low around 56.

Saturday, A chance of showers. Partly sunny, with a high near 78. Chance of precipitation is 30%.

Saturday Night, A chance of showers. Partly

cloudy, with a low around 54. Chance of precipitation is 30%.

Sunday, A chance of showers. Partly sunny, with a high near 74. Chance of precipitation is 30%.55.



Special Events

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

May 10 Band Concert

May 10th 7:30 PM the Bangor High School Spring Band Concert High will be held in the School Theater Five Points Richmond Rd. Bangor

May 11 Jacobsburg Weekly Weeders

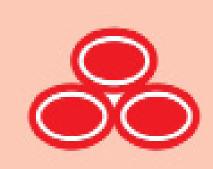
Thursday, May 4, 11, 18, & 25 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. https://events.dcnr. pa.gov/search/events?order=date&search =jacobsburg

May 15 Beginner Birding for Retirees

Monday, May 15 at 9:00am to 11:00am It's never too late to pick up a new hobby. The act of "birding" simply means to observe birds in their natural habitat. Conservation volunteers Doug and Dan will help you discover the entertaining aspects of looking and listening for birds while on a short hike around the center. Please wear sturdy shoes and dress for the weather. Registration is required https://events.dcnr.pa.gov/search/ events?order=date&search=jacobsburg

CONTINUED PAGE 14



State Farm

Debbie Pettinari Agency 106 S. Broadway, Wind Gap, PA 610-881-4433 www.debbieinsurespa.com

debbie.pettinari.wz73@statefarm.com



SLATE BELT TODAY BY THE NUMBERS

Temperature		COPD	Asthma Index
(Today's Forecast		0 1 2 3 4 5 6 7 8 9 10	0 1 2 3 4 5 6 7 8 9 10
<u>High</u>	Low	1	1
74	48	Combination of weather factors that can make	Combination of weather factors that can
Daily Average Temps		one less or more likely to develop a pulmonary attack. Lower numbers are less while higher	trigger asthma. A higher index mean more people w/asthma could be affected by
69	46	numbers increase the chance.	temperature and allergens.
Sinus Headache		Migraine Headache	Common Cold
0 1 2 3 4 5 6 7 8 9 10		0 1 2 3 4 5 6 7 8 9 10	012345678910
1		1	1
Combination of weather factors that can make one less or more likely to develop a migraine.		Combination of weather factors that can make one less or more likely to develop a migraine.	Combination of weather factors that can make one less or more likely to catch a cold
Lower numbers are less while higher numbers increase the chance.		Lower numbers are less while higher numbers increase the chance.	Lower numbers are less while higher numbers increase the chance.
merease une chance.		increase the chance.	mercase the chance.
Air Quality		Arthritis Index	Cooling Degree Days
AM Reading	→ Good 0-50	0 1 2 3 4 5 6 7 8 9 10	<u>Yesterday</u> <u>Season</u>
Columbia N.J - 4	Moderate (51, 100)	1	3 41
Bethlehem - 34	(51-100) Bad for Some	Scale of 0-10 with 0 indicating a very	Used to track energy use. Add the
Allentown - 31	(101-150)	low risk of weather-related arthritis pain, and 10 indicating the highest	daily high and low temperatures, divide by 2 and add 65 to calculate heating
Monroe - 20	Very Bad 150+	chance of pain.	degree days.
Rainfall/Snowfall		UV Index	Heating Degree Days
		0 1 2 3 4 5 6 7 8 9 10 11 12	<u>Yesterday</u> <u>Season</u>
Rain Recent00	Snow Recent - 0.0	↑	<u>4 4963</u>
Month 51	Month - 0.0	High Risk -10:00pm - 5:00pm Today	Used to track energy use. Add the daily
Year - 17.28	Season - 10.50	(Ultra Violet Rays) Lower number indicates low	high and low temperatures, divide by 2 and subtract 65 to calculate heating
		risk of harm from unprotected sun exposure, higher numbers indicate greater risk	degree days.
Sun		Pollen-Allergy Forecast	Flu Index
<u>Sunrise</u> 5.51 A M	Sunset	0 1 2 3 4 5 6 7 8 9 10 11 12	012345678910
5:51AM	8:04 PM	1	
		Top Allergens - Maple, Oak, Birch	Flu index: (0-10) Combo of historical
		Scale of 0-12 with zero indicating the least potential allergy and 12 the most. Most	data and temperature. A high flu index means the spread of a flu is very favorable,
		prevalent allergen is Ragweed	assuming the disease is present

Bangor Library - New Books

Adult Fiction

- An American Beauty by Shana Ab
- Dirty Laundry: A Novel by Disha Bose
- Sea Change by Gina Chung
- The Cuban Heiress by Chanel Cleeton
- The Last Agent by Robert Dugoni
- The Silent Sisters by Robert Dugoni
- Walking Toward Freedom:
- The Hunting Party: A Novel by Lucy Foley
- Madameoiselle Chanel by C.W. Gortner
- Happy Place by Emily Henry
- In the Lives of Puppets by T.J. Klune
- Love and Other Words by Christina Lauren
- Small Mercies: A Novel by Dennis Lehane
- Only the Beautiful by Susan Meissner
- Murder Book by Thomas Perry
- The Great Reclamation by Rachel Heng

Adult Non Fiction

- Soul Boom: Why We Need a Spiritual Revolution by Rainn Wilson
- A Fever in the Heartland: The Ku Klux Klan's Plot to Take Over America, and the Woman Who Stopped Them by Timothy Egan
- The Parallel Election: A Blueprint for Deception by Leah Hoopes and Gregory Stenstrom
- The Book Your Dog Wishes You Read by Louise Glazebrook
- Honey, Baby, Mine: A Mother and Daughter Talk Life, Death, Love (and Banana Pudding) by Laura Dern
- Large Print Fiction
- Love Letters: A Rose Harbor Novel by Debbie Macomber

Easy Fiction

- My Mother is Mine by Marion Dane Bauer
- Dolly Parton's Billy the Kid Makes It Big by Dolly Parton
- Because of You, Mom by Kobi Yamada

Easy Reader Fiction

• Paw Patrol: Five Puptacular Tales!

Junior Fiction

- The Last Comics on Earth by Max Brallier
- Jacky Ha-Ha Gets the Last Laugh by James Patterson
- Magic Required by Obert Skye
- Johnny Tremain By Esther Forbes

Young Adult Fiction

- From the Grave by Kresley Cole
- Warriors, A Starless Clan 3 Shadow by Erin Hunter
- Spice Road by Maiya Ibrahim
- 100 Figures: What Impact Did They Have on the World? by W.D. Palmer

Women vaccinated during pregnancy pass protective antibodies to babies.

About 2 weeks after vaccination, the mother develops antibodies to influenza + whooping cough.

Antibodies enter the placenta + transfer to the baby.

The baby is born with antibodies that provide protection against influenza + whooping cough for the first few months of life.

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Blue Mountain Library - New Books

Adult Fiction:

A Chance Inheritance, Carolyn Brown An Amish Forever Home, Amy Grochowski The Book Club on Waverly Lane, Rachel Hanna Code Name Sapphire, Pam Jenoff The Greedy Three, Karen Katchur The Mitford Affair, Marie Benedict The Villa, Rachel Hawkins The Sunshine Girls, Molly Fader Unnatural History, Jonathan Kellerman Someone Else's Shoes, Jojo Moyes The Little Wartime Library, Kate Thompson The Personal Assistant, Kimberly Belle Just The Nicest Couple, Mary Kubica The Amish Mother's Secret, Diane Craver

Large Print:

Tick Tock, Fern Michaels

Adult Non-fiction:

Head On, Larry Csonka Running in Trauma Stilettos, Whitney Lyn Allen Spare, Prince Harry, Duke of Sussex Walk The Blue Line, James Patterson

Cookbooks in the Book Nook

Do you like to cook or collect cookbooks? If so, stop into the Blue Mt. Community Library, located at 216 S. Robinson Ave. Pen Argyl and browse through the Book Nook.

Along with many adult and children's gently used books and puzzles, there is a large collection of cookbooks available to purchase. The library is open M-Sa, 10:00 am to Noon, and M & Th 6:00 to 8:00 pm.

Membership is not needed to purchase items in the Book Nook, but is free to all residents of the Pen Argyl Area School District. Nonresidents may join for a small yearly fee.

The library also has Pen Argyl yearbooks available to buy. Call 610-863-3029 or visit our Facebook page or website at **www.bmcl.org.** for information about the library

Spring Silent Auction

The Bue Mountain Community Library is sponsoring a Spring Silent Auction that will be held Monday, April 17 through Wednesday, May 10, 2023.

There are twenty items which include small appliances, luggage, gardening tools and bedding. All are new and displayed on the first floor of the library and posted on our website at **bmcl.org** and social media.

Bids may be placed in person or by calling 610 863 3029 during hours of operation.

Please stop by the library to view the items and place your bid. The winners will be contacted on Thursday, May 11, 2023.



Adults need 7 or more hours of sleep each night!

3



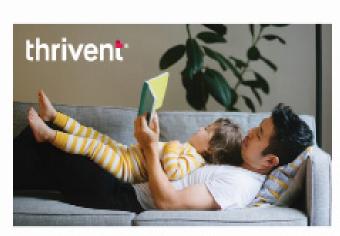
Bruce J. Kline

DALE ALBERT'S GARAGE Inc.

• Oil Change • • Tires -Tune-Ups • • Wheel Alignment • • Major or Minor Repair • • PA Emissions and Inspection •

A to Z Performance Engines

19 Blue Valley Drive, Bangor 610-588-1902 Fax 588-1887 stodd86@frontier.com



A life worth living Is a life worth insuring.

Live your life to the fullest knowing your family can continue the one you envisioned for them—even when you're gone. Purchase insurance today to protect their tomorrow.

Schedule time to discuss your needs today.

Jowel Williamson-Burns, CLU®, FIC Financial Associate 18 Mauch Churk St, Nazareth, PA 18064 610-746-0344 jewel.wiliamson-burns@thrivent.com connect.thrivent.com/jewel-wiliamson-burns CA Insurance 0M53186

This is a solicitation for insurance. A loonsed insurance agent/producer may contact you. This contract has exclusions, imitations, and terms under which the benefits may be reduced, or the contract may be discontinued. For cests and complete details of exverage contact your licensed insurance agent/producer. Thrivent is the marketing name for Thrivent Financial for Lutterans. Insurance products issued by Thrivent. Not exclude in all states. Licensed agent/producer of Thrivent. Thrivent com/disclosures. 295861, R8-20

Daily Schedule

Monday May 8

Blue Mountain Library - Open 10-12 &

6-8pm Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Pen Argyl Sewer Auth. - 4:30pm (If needed) Pen Argyl Municipal Auth. - 5pm (If needed) Bangor Borough Council - Meets Bee Hive Community Center, 7pm Portland Council - 7pm Pump - 8:30-11:30 Upper Mount Bethel Supervisors - Meets 7:00pm Roseto Borough Council - Municipal Building, 7:30pm Slate Belt YMCA - Open 6:00am - 8:00pm

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Tuesday May 9 Bingo - Portland Fire Co., 7pm. Blue Mountain Library - Open 10-12 Bangor Public Library - Open 10-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-12 Slate Belt YMCA - Open 6:00am - 8:00pm

Wednesday May 10

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.

Blue Mountain Library - Open 10-12 Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Washington Township Supervisors Meet -Municipal Building, 7pm Pen Argyl Park Board - 7pm Plainfield Township Supervisors - Meets 7:00pm Municipal Building. Slate Belt YMCA - Open 6:00am - 8:00pm East Bangor Municipal Authority - Municipal Authority Hall, 555 Messinger St., East Bangor, 7:00pm

Thursday May 11

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 10-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Bingo - Plainfield Fire Co., 6:30pm Slate Belt YMCA - Open 6:00am - 8:00pm

Friday May 12

Bingo - Wind Gap Fire Co., 6:45. Blue Mountain Library - Open 10-12 Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday May 13

Blue Mountain Library - Open 10-12 Bangor Public Library - Open 10-4 Slate Belt YMCA - 8-4 Slate Belt Heritage Center - Open 12-3 Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday May 14

Slate Belt Heritage Center - Open 12-3. Slate Belt YMCA - 10-2

Monday May 15

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8 **Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show

Plainfield Township Planning Commission -Municipal Building, 7:00 pm.

Lower Mount Bethel Supervisors - Meets Centerfield Building - 7pm

Pump - 8:30-11:30 Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday May 16

Bingo - Portland Fire Co., 7pm. Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 10-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-2 Roseto Planning Commission - 7:00pm Borough Hall Slate Belt YMCA - Open 6:00am - 8:00pm Washing Twsp. Planning - 7pm Wind Gap Boro - Council 7pm



Daily Schedule

Wednesday May 17

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.**Blue Mountain Library -** Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show UMBT Planning Commission -Township Building, 7:30pm Slate Belt YMCA - Open 6:00am

- 8:00pm

Thursday May 18

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm. **Blue Mountain Library** - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show UMBT Planning Commission -Township Building, 7:30pm Slate Belt YMCA - Open 6:00am -8:00pmm

Friday May 19

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm. Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show UMBT Planning Commission -Township Building, 7:30pm Slate Belt YMCA - Open 6:00am - 8:00pm

Saturday May 20

Blue Mountain Library - Open 10-12 Bangor Public Library - Open

10-4 Slate Belt YMCA - 8-4

Slate Belt Heritage Center - Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am -12:30pm

Sunday May 21

Fellowship Dinner - First UMC Bangor, 12:30-1:30. Portland Sunday Sundaes - 6:30 - 8:00pm (Summer only) Slate Belt Heritage Center -Open 12-3. Slate Belt YMCA - 10-2

Monday May 22

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show Bangor Borough Council -Workshop, Bee Hive, 7:00pm Pump - 8:30-11:30 UMBT Supervisors -7pm Slate Belt YMCA - Open 6:00am -8:00pm

Tuesday May 23

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show Washington Twp. Recreation - 7pm Roseto Zoning - 7pm Slate Belt YMCA - Open 6:00am -8:00pm UMBT Zoning - 7pm Room, 7pm

Wednesday May 24

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.. **Blue Mountain Library** - Open 10-12 & 6-8pm **Bangor Public Library** - Open 1-8 **Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show
Washington Township
Supervisors Meet - Municipal
Building, 3:30pm.
Slate Belt YMCA - Open 6:00am 8:00pm
Plainfield Zoning - 6:30pm
UMBT Open Space Advisory
7pm

Thursday May 25

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 10-8 Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show Slate Belt YMCA - 6:00am -8:00pm Pen Argyl Council Workshop -7pm Plainfield Supervisors - 7pm Plainfield Twp Fire Co. Bingo -6:30pm UMBT Development - 7pm

Friday May 26

Bingo - Wind Gap Fire Co., 6:45. **Blue Mountain Library** - Open 10-12 **Bangor Public Library** - Open

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday May 27

Blue Mountain Library - Open 10-12 Bangor Public Library - Open

10-4 Slata Balt VMCA 8.4

Slate Belt YMCA -8-4 Slate Belt Heritage Center -Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am -12:30pm

Sunday May 28

Slate Belt Heritage Center -Open 12-3. Slate Belt YMCA - 10-2 Bangor Pool - Open 11-7 Weona Park - Carousel & Golf Open 3-9

Monday May 29

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show Slate Belt YMCA - Open 6:00am -8:00pm

Tuesday May 30

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show Slate Belt YMCA - Open 6:00am -8:00pm

Wednesday May 31

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm. **Blue Mountain Library** - Open 10-12 & 6-8pm **Bangor Public Library** - Open 1-8 **Slate Belt Senior Center** - Open 8-3:30. Blue Valley Farm Show **Slate Belt YMCA** - Open 6:00am -8:00pm

Thursday June 1

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 10-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Bingo - Plainfield Fire Co., 6:30pm Plainfield Environmental Advisory Board - Municipal Building, 7:00pm Slate Belt YMCA - Open 6:00am -



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SPECIAL EVENTS CONTINUED

May 17

Watershed Education Educator Workshop – Virtual

Wednesday, May 17 at $\overline{3}$:30pm to 5:00pm, Thursday, May 25, or June 8 at 6:00pm to 7:30pm Educators with any certification for grades 6-12 are invited to join us virtually for an introduction to the Bureau of State Parks' Watershed Education Curriculum to discover lessons and resources that can be used to teach cross-curricular, inquiry-based lessons in the classroom that will prepare students for an optional field experience at a stream. An online homework assignment will follow. You MUST attend a virtual meeting AND the field day (Thursday, June 28) to be awarded 14 Act 48 Hours. Register for both the virtual meeting and field day separately on DCNR's calendar of events. https:// events.dcnr.pa.gov/search/events?order=date& search=jacobsburg

May 18 Jacobsburg Weekly Weeders Thursday, May 4, 11, 18, & 25 at 8:30am to

Thursday, May 4, 11, 18, & 25 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. https://events.dcnr. pa.gov/search/events?order=date&search=jaco bsburg

May 20 Sliding Into Summer Festival

Join us for the 2nd annual Sliding Into Summer Event! This is day by the lake that you won't want to miss.

Spend your day with friends and family tasting delicious foods from a variety of unique food trucks. While your there be sure to check out the variety of wines, sangrias, hard Italian ice, and craft beer. Don't forget to shop with a variety of vendors and crafters for that much needed summer decor! Before you call it a day sit by the lake and enjoy a variety of games and activities with your friends and family! Saturday, May 20, 2023 at 1 PM

Birds of a Feather

Saturday, May 20 at 9:00am to 10:30am Rise and shine! Over 150 species of birds have been recorded at Jacobsburg. Amateur birdwatchers will improve their skills at identifying birds by sight and sound during this morning hike. Intermediate and experienced birders will also enjoy these walks. Wear comfortable walking shoes and bring binoculars and a field guide. Registration is required. https://events.dcnr.pa.gov/search/even ts?order=date&search=jacobsburg

Wildflower Folklore

Saturday, May 20 at 1:00pm to 3:00pm

Join us on a two-hour search for the late spring botanical treasures of Jacobsburg! We'll discuss how flowers got their names as well as legends, myths and stories that surround them. Be prepared for a moderate hike that may involve muddy slopes and uphill climbs. Please bring binoculars, a camera, water and a snack and wear sturdy shoes. Registration is required. https://events. dcnr.pa.gov/search/events?order=date&searc h=jacobsburg

Luau by the Lake

Blue Flame Events is looking for a unique variety of vendors, crafters, and food trucks to join us at 407 Greenview Dr., Saylorsburg, PA on May 20th for the Luau by the Lake! To register for this unique opportunity simply text (272)-200-8163.

Vendors/Crafters = \$40 per space

Food Vendors = \$75

https://facebook.com/events/s/luau-by-thelake/470525375222384/

For more opportunities check out our website at www.blueflameevents.co

Christ Presbyterian Church of the Slate Belt is hosting a family-friendly Victorian Tea on Saturday, May 20, 2023 from 1PM to 4PM with tea, refreshments and a crafts area for kids. This is a free event for the community, but reservations are required. Please call 610-588-4864 or email office@christpcsb.org for more information or to make reservations, or check out our website: www.christpcsb.org or Facebook page.

May 25 Jacobsburg Weekly Weeders

Thursday, May 4, 11, 18, & 25 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. https:// events.dcnr.pa.gov/search/events?order=date &search=jacobsburg

May 27 Knotweed Knockdown

Saturday, May 27 at 1:00pm to 3:30pm Join us in walking the banks of the Bushkill Creek to eliminate Japanese Knotweed. We will be using machetes to chop down large stands throughout the park before the plant goes to seed later in the summer. Registration is required. https://events.dcnr.pa.gov/search/events?ord er=date&search=jacobsburg

> May 29 East Bangor Memorial Day

The East Bangor Memorial Day Service will he held Memorial Day at the East Bangor Cemetary at 1:00pm.

LTC Anthony Manganiello, U.S. Army Retired will be the speaker. Manganiello, who is a Slate Belt Resident, is a West Point Graduate and former Air Borne Ranger.

In the event of bad weather, the service will be held at the East Bangor United Methodist Community Church, 136 West Central Ave. (Rt 512) East Bangor.

June 1-3

Rummage/Bake Sale

A rummage and bake sale will be held June 1,2,3 from 9:00am to 2:00om at Trinity Evangelical Lutheran Church at Fourth and Broadway, Bangor.

June 3

Summer Festival

Blue Flame Events is looking for a variety of unique vendors/crafters, food trucks, and alcohol vendors to join us for the Jump into June Summer Festival on June 3rd from 10AM to 3PM at Bangor Park!

It's going to be a fantastic day! Don't forget to bring your swimsuits because they're also celebrating opening day of the pool and they're hosting a Tricky Tray to raise money for Bangor Memorial Park.

Vendor/Crafter = \$40 for 10x10 space Food/Alcohol = \$65 per space

Dotta's Yard Sale June 3

Dotta's famous yard sale will be held June 3. Everyone welcome. Wide assortment of sale items.

Carousel's 100th

Weona Park Carousel 100th Anniversary Celebration will be held June 3 from 1 P.M. – 4 P.M.

Shop-N-Stroll w/ Your Pup

Come to Shop-N-Stroll w/Your Pup at Wind Gap Park Saturday, July 8, 2023 At 10 Am – 3 Pm

Join them for the 3rd annual Shop-N-Stroll w/ Your Pup at Wind Gap Park! Bring the pup out for a day of fun! No pup? That's okay! We will have pet rescues joining us with their adoptable pups!

There will be vendors/crafters (pet and non-pet related) to shop with, adoptable dogs, pet rescues, food trucks, music, and more!

Pup cooling stations will be set up throughout the event. There are also shaded areas for you and your pup to get out of the sun.

Arts and Crafts Festival

The Moravian Historical Society is pleased to announce the 45th Annual Arts & Crafts Festival, held on Saturday, June 3, 2023, from 10:00 am to 4:00 pm. Enjoy a fun-filled day with beautiful arts and crafts, good food, and live entertainment. The Arts & Crafts Festival is open to the public with

free admission.

June 9-11 Pen Argyl Yard Sales

Pen Argyl Community Yard Sales - No permit needed. June 9th – 11th

July 15

BAHS Class of 1963

Bangor High School Class of 1963 is going to hold their 60th reunion at the ScoreCard in Wind Gap on Saturday, July 15, 2023? They don't have all the details ironed out yet, but I will follow up with that at a later date.

July 15-16 Sangria Festival

Blue Flame Events is looking for unique food trucks as well as vendors and crafters to join them for the 3rd annual Sangria Around the World Festival at Stone Lake Inn, located in Saylorsburg July 15 & 16..

To register, text (272)-200-8163. Spaces are \$40 for an outdoor 10x10 space. Food vendors are \$75 per space.

https://fb.me/e/230E93K77?mibextid=RQdjqZ For more upcoming events check out our website at www.blueflameevents.co!

July 8

Shop-N-Stroll w/ Your Pup

Join us for the 3rd annual Shop-N-Stroll w/ Your Pup at Wind Gap Park Saturday, July 8, 2023 at 10 am.

Bring the pup out for a day of fun! No pup? That's okay! We will have pet rescues joining us with their adoptable pups!

There will be vendors/crafters (pet and non-pet related) to shop with, adoptable dogs, pet rescues, food trucks, music, and more!

Pup cooling stations will be set up throughout the event. There are also shaded areas for you and your pup to get out of the sun!

July 22

Summer of Pride

Please join us on July 22, 2023 from 12-6pm to celebrate "Summer of Pride" we are joining in with Pocono Pride and Lehigh Valley Pride this year for the first annual Slate Belt Pride Fest. They are doing this to bring awareness, to educate and to build a better and stronger community. Please see our flyer below.

They are also looking for sponsorships, vendors and entertainment. So if you would like to join in all the fun that we are bringing please reach out to Marc Royal personally.

August 26 Delaware Riverfest

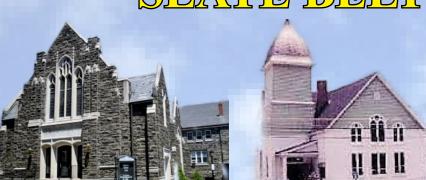
Delaware Riverfest 422 Delaware Avenue, Portland, Saturday, August 26, 2023 at 10 am by Blue Flame Events Enjoy the day along the Delaware River shopping w/ vendors, food trucks, drinks, music, and more!

September 15-17

Pen Argyl Yard Sales

Pen Argyl Community Yard Sales - No permit needed. September 15th – 17th.

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http://www.celcpa.org/ Email: celcpaorg@yahoo.com 610-588-7056 Worship: Sundays 9:00 a.m. Holy Communion: First and Third Sunday Toddler Sunday School: Sept-May 10:15

Richmond United Methodist Church

Rev. Peter Jamieson, Pastor http://richmondumc.com/ 8538 Delaware Dr, Bangor, PA 18013 610.588.7317 | richmondumc@epix.net Sunday Worship - Weekly at 10:00 a.m.

First United Methodist Church of Bangor

Pastor Elisandra Garcia - 610-588-4673 55 North Third Street, Bangor PA 11:00am service (Communion First Sunday)

Prince of Peace Ev. Lutheran Church

Rev. Michael J. Scholtes, 610-588-2355 2445 Lake Minsi Dr, Bangor popbangor.org poplcbangor@gmail.com Sunday Worship 9:45 am (Weekly

Communion) Sunday School 8:30 am

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Trinity Lutheran Church

404 Broadway Bangor (610-588-2023) telcbangor@frontier.com Sunday worship 10:30am Sunday School:10:15 - 11:30 Holy Communion: First and Third Sundays **Refreshments after. Masks optional.**

East Bangor UMC 136 W. Central Ave. (Rt.512) East Bangor

May 9 - UMW Potluck May 10 - Books Study 10:30am Book Study 7:00 pm (Online) May 13- A.A Meeting 8pm May 14 9:30 a.m. Worship Service (Live & on Zoom) 10:45 Fellowship Hour (For Zoom, go to ebumc.org to sign in)

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064 www.gracebelfastpa.org 610-759-9080 Email:gracebelfast@rcn.com May 7 (Fifth Sunday of Easter) 9:00 am Holy Communion, **10am Sunday Morning Adventures**

Flicksville UCC

1337 Lower South Main St., Bangor Pastor Ken Hess 610-588-4648 www.flicksvilleucc.com Worship at 10:45am Sunday School - 9:30am

Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor www.christpcsb.org More info 610-588-4864. E-mail: info@christpcsb.org. Sunday Worship, 10:00 a.m. in-person/Zoom/Facebook Live. For more info: 610-588-4864.



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House on the Rock Family Church 1336 Jacobsburg Road, Wind Gap Pa 18091

Enter through the Seeds of Faith entrance located at the south side of the building (blue canopy)

For more information please contact HOTR's Children's Ministry Director: Gerry Weaver 610.762.9544 or visit our website www.hotrfc.org

REGISTER BY MAY 12!



Slate Belt Town Topics Sports



2023 Sports Schedule

Bangor Baseball (16-1)

(H) 03/17/23 4:00 PM vs East Stroudsburg S. W 4-0 (H) 03/22/23 4:00 PM vs PalisadesW 9-7 (A) 03/24/23 4:00 PM vs Wilson Area W 8-6 (A) 03/28/23 4:00 PM vs Notre Dame GP W 14-1 (H) 03/30/23 4:00 PM vs Saucon Valley W 4-3 (A) 04/03/23 4:00 PM vs Northwestern W 19-1 (H) 04/04/23 4:00 PM vs Moravian Academy W 11-0 (A) 04/12/23 4:00 PM vs Salisbury W 12-10 (H) 04/14/23 4:00 PM vs Catasauqua W 12-2 (A) 04/15/23 11:00 AM vs Nazareth Area L 4-3 (A) 04/17/23 4:00 PM vs Pen Argyl Area W 10-0 (A) 04/18/23 4:00 PM vs Northern Lehigh W 14-3 (H) 04/20/23 4:00 PM vs Palmerton Area W 4-3 (A) 04/22/23 11:00 AM vs Southern Lehigh W 10-2 (A) 04/24/23 4:00 PM vs Palisades W 10-0 (H) 04/25/23 4:00 PM vs Wilson Area W 11-4 (A) 04/28/23 4:00 PM vs Moravian Academy (H) 05/03/23 7:00 PM vs NDGP W 2-0 (A) 05/04/23 4:15 PM vs Saucon Valley (H) 05/08/23 7:00 PM vs Pen Argyl Area Sr Night

Bangor Boys (3-4) Girls Track (3-4)

H) 03/21/23 4:00 PM vs Palisades
Boys L 71-70 Girls L 92-53
(A) 03/28/23 3:30 PM vs Catasauqua HS
Boys W 83-58 Girls W 75-71
(H) 04/04/23 4:00 PM vs Notre Dame G.P.
Girls L 110-40 Boys L 82-67
(A) 04/11/23 3:30 PM vs Pen Argyl
Boys W 93-57 Girls W 104-43
(A) 04/11/23 3:30 PM vs Palmerton
Boys W 105-45 Girls L 103-46
(H) 04/25/23 4:00 PM vs Multiple Opponents
Boys 1-1 Girls 1-1
(H) 05/02/23 4:00 PM vs Multiple Opponents

Bangor Softball (10-6)

- (A) 03/17/23 4:00 PM vs Freedom L 5-2 (H) 03/22/23 4:00 PM vs Palisades L 4-1 (A) 03/24/23 4:00 PM vs Wilson Area W 9-7 (A) 03/28/23 4:00 PM vs Notre Dame G.P. W 9-3 (H) 03/30/23 4:00 PM vs Saucon Valley W 14-3 (A) 04/03/23 4:00 PM vs Northwestern Lehigh L 9-5 (A) 04/06/23 4:00 PM vs Easton Area L (A) 04/12/23 4:00 PM vs Salisbury W 22-10 (H) 04/14/23 4:00 PM vs Catasauqua W 6-1 (A) 04/17/23 4:00 PM vs Pen Argyl Area L 2-1 (A) 04/18/23 4:00 PM vs Northern Lehigh W11-10 (H) 04/20/23 4:00 PM vs Palmerton Area W 3-1 (A) 04/22/23 5:00 PM vs S. Lehigh W20-10 (A) 04/24/23 4:00 PM vs Palisades L 5-3 (H) 04/25/23 4:00 PM vs Wilson Area W 19-17 (A) 04/28/23 4:00 PM vs Northampton Area (H) 05/02/23 4:00 PM vs NDGP W 15-3 (A) 05/04/23 4:15 PM vs Saucon Valley (A) 05/06/23 12:30 PM vs Nazareth Area
- (H) 05/08/23 4:00 PM vs Pen Argyl Area

Bangor Tennis (9-7)

(A) 03/18/23 10:00 AM vs Northampton Area 3 - 4 L (H) 03/20/23 4:00 PM vs Wilson Area 5 - 0 W (H) 03/21/23 4:00 PM vs Notre Dame - 4 - 1 W (H) 03/24/23 4:00 PM vs Jim Thorpe Area W 5-0 (A) 03/28/23 3:30 PM vs Whitehall W 3-2 (A) 03/29/23 4:00 PM vs Southern Lehigh L 4-1 (A) 03/30/23 4:00 PM vs Salisbury W 4-1 (H) 04/03/23 4:00 PM vs Notre Dame G.P. W 5-0 (A) 04/04/23 3:30 PM vs Stroudsburg L 4-2 (H) 04/05/23 3:30 PM vs Easton Area L 5-2 (H) 04/10/23 4:00 PM vs Saucon Valley L 5-0 (A) 04/12/23 4:00 PM vs Moravian Academy W 5-0 (H) 04/13/23 4:00 PM vs Palmerton W 3-2 (H) 04/14/23 3:30 PM vs Nazareth Area L 7-0 (A) 04/17/23 4:00 PM vs Pen Argyl Area W 5-0 (H) 04/18/23 4:00 PM vs Palisades W 3-2

Pen Argyl Baseball (7-10)

H) 03/17/23 3:30 PM vs East Stroudsburg North (H) 03/22/23 4:00 PM vs Wilson Area L 4-3 (A) 03/24/23 4:00 PM vs Moravian W 12-2 (H) 03/27/23 11:00 AM vs Notre Dame W 12-11. (A) 03/28/23 4:15 PM vs Saucon Valley L 12-0 (H) 03/30/23 4:00 PM vs Notre Dame E.S. W 14-5 (A) 04/03/23 4:00 PM vs Palisades W 6-0 (A) 04/05/23 4:15 PM vs Northwestern L 12-2 (A) 04/06/23 4:00 PM vs Moravian W 12-2 (H) 04/10/23 4:00 PM vs Catasauqua W 14-13 (A) 04/12/23 4:00 PM vs Northern Lehigh L 22-16 (H) 04/14/23 4:00 PM vs Palmerton Area L 8-3 (H) 04/17/23 4:00 PM vs Bangor Area L 10-0 (H) 04/20/23 4:00 PM vs Southern Lehigh L 11-8 (H) 04/22/23 11:00 AM vs Palisades W 11-4 (A) 04/24/23 4:00 PM vs Wilson Area L 7-3 (H) 04/26/23 4:00 PM vs Moravian Academy L 11-0 (A) 04/27/23 4:00 PM vs Notre Dame G.P. L 9-8 (A) 04/29/23 2:00 PM vs Lehighton Area (H) 05/06/23 4:00 PM vs Saucon Valley Senior Day (A) 05/04/23 4:00 PM vs Salisbury (A) 05/08/23 7:00 PM vs Bangor Area Bangor Park

Pen Argyl Boys (1-3) Girls (0-4) Track

(H) Northern Lehigh
Boys W 82-50 Girls L 101 - 47
(A) 03/28/23 4:00 PM vs Saucon Valley
Boys L Girls L
(H) 04/04/23 3:30 PM vs Southern Lehigh
Girls L 127-23 Boys L 191-49
(H) 04/11/23 3:30 PM vs Bangor
Boys L Girls L
(H) 04/11/23 3:30 PM vs Palmerton
Boys L 99-51 Girls L 115-35
(H) 04/18/23 3:30 PM vs Multiple Opponents
(A) 04/25/23 4:00 PM Salisbury Home Meet

Palisades

(A) 05/02/23 3:30 PM vs Multiple Opponents Northwestern

Pen Argyl Softball (12-3)

- (H) 03/18/23 11:00 AM vs ESS W 5-3
- (H) 03/22/23 4:00 PM vs Wilson Area L 3-2
- (A) 03/28/23 4:15 PM vs Saucon Valley HS W 3-0
- (A) 04/03/23 4:00 PM vs Palisades HS W 3-1
- (A) Notre Dame W 6-5
- (H) 04/10/23 4:00 PM vs Catasauqua HS W 9-3
- (A) 04/12/23 4:00 PM vs Northern Lehigh W 7-1
- (H) 04/14/23 4:00 PM vs Palmerton Area L 13-0
- (H) 04/15/23 11:00 AM vs Pocono Mt East W 7-5
- (H) 04/17/23 4:00 PM vs Bangor Area W 2-1
- (A) 04/18/23 4:00 PM vs Northwestern Lehigh W 8-6
- (H) 04/20/23 4:00 PM vs Southern Lehigh W 4-2
- (H) 04/22/23 3:00 PM vs Palisades L 8-0
- A) 04/24/23 4:00 PM vs Wilson Area HS W 12-2
- (A) 04/27/23 4:00 PM vs Notre Dame G.P. W 5-1
- (A) 04/29/23 2:00 PM vs Lehighton
- (H) 05/02/23 4:00 PM vs Saucon Valley Senior Day
- (A) 05/04/23 4:00 PM vs Salisbury
- (A) 05/08/23 4:00 PM vs Bangor Årea

Pen Argyl Tennis (3-9)

- (H) 03/17/23 4:00 PM vs Palisades L 3-2
 (A) 03/28/23 4:00 PM vs Moravian Academy L 5-0
 (A) 03/30/23 4:00 PM vs Wilson Area W 5-0
 (A) 03/31/23 4:00 PM vs Notre Dame W 4-1
 (H) 04/03/23 4:00 PM vs Southern Lehigh L 5-0
 (H) 04/04/23 4:00 PM vs Lehighton Area L 5-0
 (A) 04/06/23 3:30 PM vs Jim Thorpe W 5-0
 (A) 04/10/23 4:00 PM vs Palisades L 3-2
 (H) 04/12/23 4:00 PM vs Salisbury L 5-0
 (H) 04/14/23 4:00 PM vs Palmerton Area L 3-2
 (A) 04/15/23 4:00 PM vs Bangor Area L 5-0
 (A) 04/17/23 4:00 PM vs Bangor Area L 5-0
- (A) 04/18/23 4:00 PM vs Whitehall

Bangor Tennis

Caleb Atkinson 2025 Hayden Burns 2023 Max Culbertson 2023 Kaden Dowd 2023 Jonathan Frank 2024 Joshua Gallagher 2024 Reed Guerin 2023 Olivia Hall Manager 2025 Karla Hampton Mgr 2024 Justin McNeely 2023 Evan Refvik 2023 David Saunders 2025 Chayse Strohe 2026 Piotr Sulewski 2023

Pen Argyl Tennis Hunter Beers Soph Mason Beers Senior Blake Boyer Soph Lucas Doney Junior Evan Frable Sophomore Justin Garrity Freshman Jonathan Hauspurg Junior Jacob Hockman Freshman Andrew Kondisko Junior Cole Lobb Freshman Fletcher Marsh Freshman Matthew Oakley Senior Jacob Oyer Sophomore Collin Ramsay Freshman Vincent Reto Junior Mason Soos Freshman

Bangor Softball

1 Kyleena Gonzalez 2024

- 2 Kelli Snow 2026
- 4 Emma Schwartz 2023
- 7 Mikaela Caprood 2023
- 8 Cameron Howarth 2026
- 9 Brook Hermanski 2025
- 10 Abby Orlemann 2026
- 11 Jade Hendricks 2024
- 12 Caliana Huratiak 2026
- 15 Kristina Langdon 2023
- 16 Emma Etzkorn 2023
- 19 Grace Hartzell 2026
- 21 Jaelyn Silfies 2024
- 20 Marissa Siu 2025
- 23 Jayleigh Figurski 2023
- 22 Kaylynn Figurski 2026
- 22 Isayiyini I iguiski 2020 24 Iooleolin Millon 2026
- 24 Jackelin Miller 2026



Bangor Baseball

1 Dylan Keith 2025 2 Hunter Rydell 2023 4 Max Siu 2024 6 Braiden Pysher 2023 5 Jacob LaBarre 2025 7 Ashdon Buist 2024 8 Kurtis Snyder 2025 9 Thomas Buck 2023 10 Riley Stapp 2024 11 Blake Kornafel 2024 13 Gregory Campbell 2024 15 Tyler Balok 2025 21 Ryan Orellana 2023 22 Dylan Miller 2023 22 Andrew Bosco 2024 24 Thomas Aulisi 2023 25 Nolan Koza 2025 27 Cody Quagliato 2024 45 Gavin Nelson 2024

Pen Argyl Baseball

Kalista Weeast Manager # Bethany Kuster Manager 1 Dylan Corsetti OF 2024 2 Lance Albanese OF 2024 3 Riley Badua C-P 2024 4 Jacob Guthrie OF-P 2023 5 Luke Hackman IF 2024 7 Kristoffer Kessler IF 2023 8 Nicholas Haros C-P 2026 10 Brad Rissmiller IF-P 2024 11 Jacob Dieter IF-P 2023 14 Logan Dehart IF-P 2024 15 Lucas Lerch IF-P 2025 18 Gavin Cunningham IF-C 2024 20 Colin McMahon IF-P 2025 21 Cayden Vishnesky 2026 24 Alex Moser OF 2024

≡Team Rosters ≡

Bangor Girls Track & Field

Vera Cooper 2023 Kylie DallaPalu 2026 Abigail Damiecki 2024 Hannah Flyte 2026 Sydney Flyte 2025 Jenna Freeman 2023 Ariana Hartzell 2026 Grace Hartzell 2026 Hannah Hartzell 2026 Sarah Hartzell 2024 Madison Heckman 2026 Hailey Howell 2026 Ana Jones 2024 Addison Karasek 2024 Sophia Lanier 2026 Jacklyn Law 2026 Saiyuri Lopez 2025 Abigail Maguire 2023 Kirsten Murphy 2023 Cecilia O'Brien 2023 Julia Pinter 2024 Addison Priestaf 2025 Chloe Proko 2024 Kaylee Simmons 2024 Brynn Stackhouse 2026 Nia Suarez 2024 Emma Szabo 2023

Pen Argyl Softball

2 Madacyn Rivera IF-OF 2025 4 Addison Mack C-OF 2025 7 Callie Schneck 2B 2023 9 Delaney Brinker 3B-OF-P 2025 10 Miyah Rivera P 2024 11 Jillian Bradley OF-1B-P 2025 12 Grace Weaver SS-P 2025 13 Kristen O'Brien OF-1B 2024 21 Ashlyn Oessenick OF 2026 23 Shea Black OF 2025 24 Isabella Groves OF 2024 27 Katie Knecht 1B 2023 28 Andrea Black C-3B 2023 33 Madison Abbott CF 2023 34 Hailey Frey 3B 2023



Pen Argyl BoysTrack & Field

Diego Arce 11 Evan Keat 11 Jack Binder 9 Colton Keat 12 Gavin Casey 10 John Keller 10 Dominic Dauley 11 Brayden Krasnopera 10 Ryan DeBellis 12 Taylor LaBarre 12 Keegan Deremer 11 Blayke Lacey 9 Amadio Eisenhauer 11 Scott Lamoreaux 11 Terrell Estes 9 Zachary Metzgar 9 Kelton Giamoni 9

Pen Argyl Girls Track & Field

Emma Albanese 10 Natosha Morrison 9 Carlena Alfred 9 Madilynn Moyer 9 Julia Antonioli 11 Finley Schneck 10 Julia Apostol 11 Grace Shenk 9 Olivia Apostol 10 Rylee Straub-Keiper 11 Danielle DeBellis 10 Sophia Turtzo 11 Brooke Engler 10 Ella Wagner 12 Lilly Falletta 11 Ellianna Wallbillich 11 Hannah Fitch 10 Katrina Webber 12 Kaylie Hettel 10 Kayla Weeast 10 Ella Mamana 9 Callia Wilgus 10

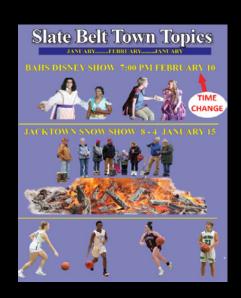
Bangor Boys Track & Field

Alex Alvarado 2026 Riley Alvarado 2024 Tyler Campbell 2026 Tyler Carlson 2026 Jack Coleman 2025 Kamal Crockett 2026 Kaden Dowd 2023 Kaden Graziano 2024 Jacob Hartzell 2023 Eric Hays 2026 Eric Hays 2026 Jacob Hillis 2026 Noah Hillis 2024 Markus Kiernan 2024 Dylan Krugh 2024 Aiden Lilly 2026 Brody Martin 2025 Isaac Martin 2025 Justin McNeely 2023 Tyler Naysmith 2025 Ivan O'Rourke 2025 Steven Paolillo 2026 Anthony Pelucacci 2026 Anthony Regalado-Baez 2023

Joseph Roldan 2025 Makhias Romain 2024 Landon Sandt 2025 Parker Sandt 2024 Tyler Scholato 2026 Mason Sipley 2026 Landen Smith 2024 Maddox Spinelli 2026 Noah Stacknick 2025 Brian Stetz 2026 Isaac Stevens 2024 Brody Stone 2023 Cameron Stout 2024 Brandon Striba 2025 Owen Sylvester 2024 Alden Twist 2025 Jaydon Vilmenay 2023



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Bangor Softball Senior Day Improve to 10-6, Beat NDGP 15-3





(l-r) Emma Etzkorn, Jayleigh Figurski, Kristin Langdon, Emma Schwartz,, Mikaela Caprood

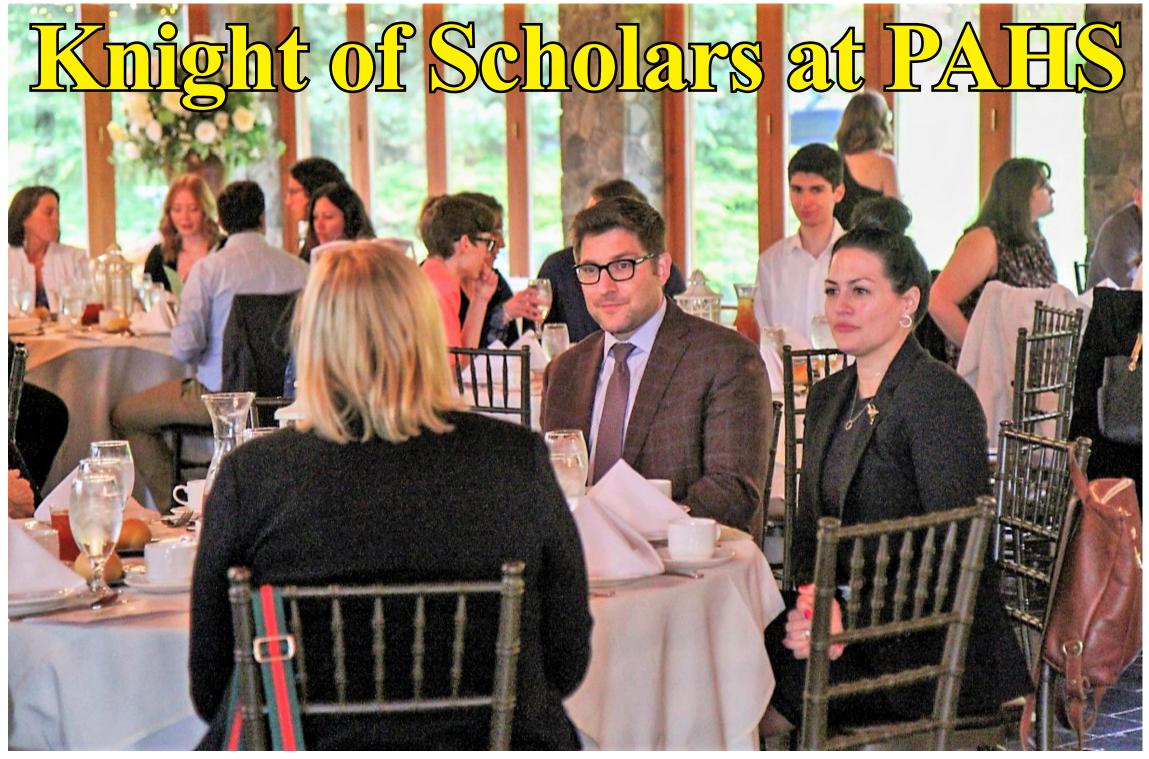


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Photos: Larry Cory More Photos Below PHOTO GALLERY





Pen Argyl School administrators and students gathered at Stroudsmoor Monday for a Knight of Scholars



Ryan Debellis leads the crowd in a moment of prayer

Alyssa Williams stands as her future aspirations are read to the crowd

Prom Night at BAHS

Photos: Lynn Cistone More Photos Below

4

























Healthy Kids Day at The Slate Belt Y





Photos: Larry Cory More Photos Below



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