

Slate Belt Town Topics

sbtopics@rcn.com

May 29, 2021

www.sbtopics.com

How to Control and Combat Allergies

(StatePoint) Used as a remedy for centuries, propolis is a bee product increasingly turning heads in the scientific community. Here's what the research says how propolis can potentially support health during the warm weather months, as well as year-round:

The Research

- An April 2021 case report published in Acta Medica Mediterranea about a patient at the Ahi Evran University Hospital, showed the potential of Anatolian propolis to be used as an adjuvant therapeutic agent in COVID-19 infections.
- Other research conducted in 2021 at Black Sea Technical University concluded that Anatolian propolis has the potential to prevent the entry of the virus causing COVID-19 into the host. Additionally, a 2020 review article published by Melbourne University scientists concluded that PAK1-blockers like propolis could serve as potential therapeutic agents against COVID-19.
- Authors of a Hodeidah University study suggest that propolis is an effective antimicrobial agent to support the treatment of throat infections caused by bacterial and candidal species in children.

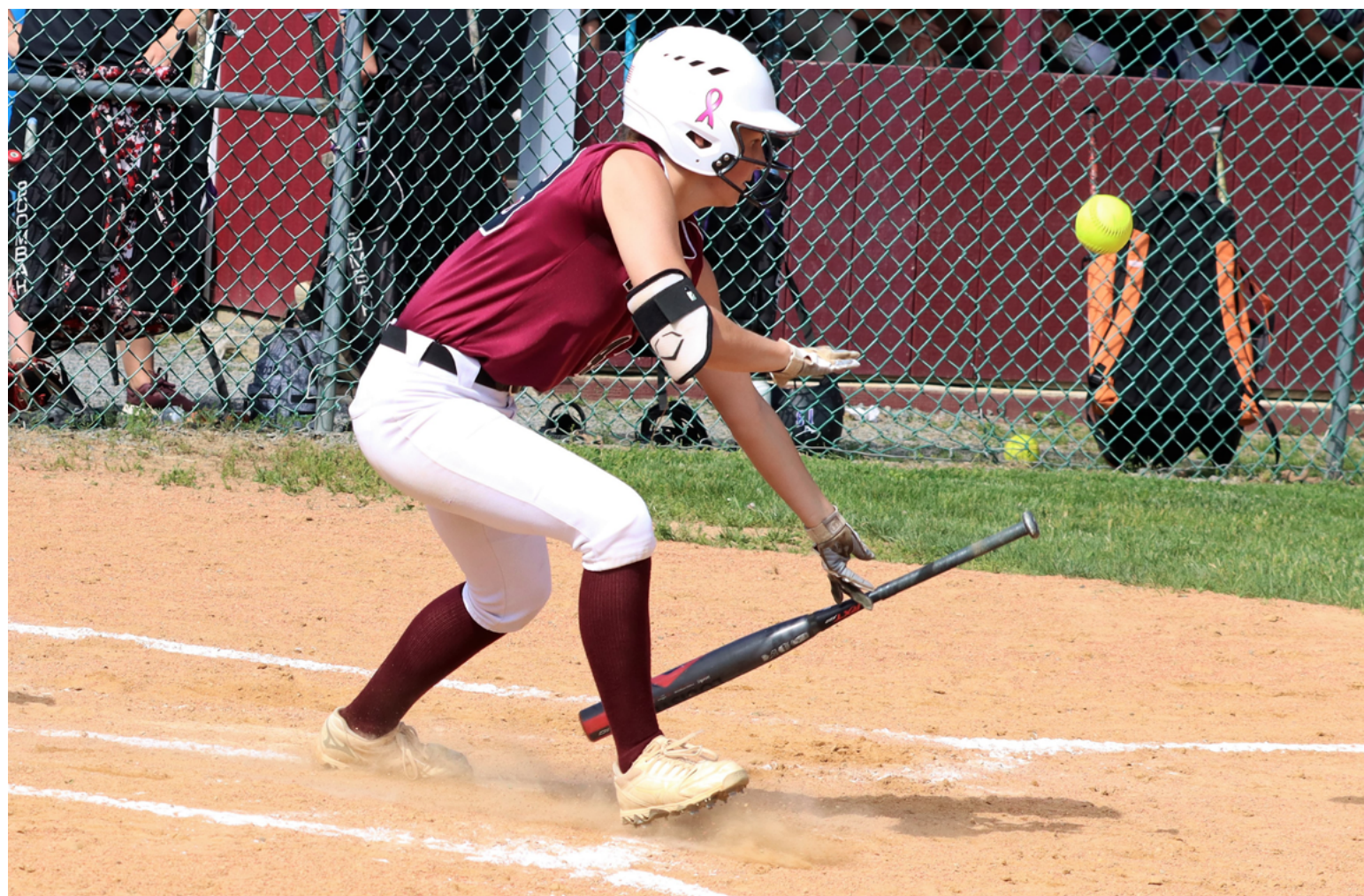
Your Health

"As the seasons change, it's common to suffer from cold, flu and allergies. The strength of your immune system determines how fast you can

recover and kick symptoms like cough, sore throat, itchy throat, and runny nose to the curb," says Dr. Asli Samanci, a food scientist and the founder of BEE&YOU.

According to Samanci, here are a few ways to incorporate propolis into your wellness routine:

- Take it as an extract: For a natural immunity booster, try taking BEE&YOU Water Soluble Propolis 15% Extract. Its CAPE content, the main antioxidant that gives propolis its incredible benefits, is significantly higher than alternatives. With three times more antioxidant and antibacterial activity than the highest-grade Manuka honey, as well as antiviral properties, it's a great way to support your immunity and fight against cold and flu. Usage is as easy as adding 20 drops per day to your favorite cold drink.
- Soothe with sprays: Soothe and protect your throat with the antiviral and antibacterial activity of BEE&YOU Propolis Raw Honey Throat Spray. With its strong formula, it soothes sore throat, supports the treatment of respiratory infections and relieves allergy symptoms, while offering immunity support.
- Take a tablet: Add BEE&YOU Royal Jelly Bee Pollen Propolis Tablets to your daily routine for a range of health benefits, such as supporting anti-aging and skin health, improving cognitive functions, and strengthening the immune system.



Bangor will play Pocono Mountain East Tuesday 5:00pm at Pates Park for the District 5A title

Cool Rainy Weekend Sunny Memorial Day?

Today, periods of rain, mainly before noon. High near 52. Northeast wind 10 to 15 mph.

Tonight, rain likely, mainly after 2am. Cloudy, with a low around 45.

Sunday, Periods of rain. High near 55.

Air Quality: Good. Reading of 46 from monitor in Columbia, NJ (0-50 - 100 is good)

Pollen today: Low with a 0.9 rating on a scale of 12. Top pollen producers today will be oaks, mulberry and grasses.

UV Rays Today Low danger from the Sun's UV rays for the average person.. High 0.8 on a scale of 12 at 3pm.

Slate Belt Weather Slate Belt Area

Memorial Day Ceremonies

Roseto New Catholic Cemetery at 9:00am, Presbyterian Cemetery at 9:30am, Our Lady of Mount Carmel Church Saint Johns Cemetery in Bangor at 10:30am, Roseto Municipal Building at 11:00am

Service at the Roseto Municipal building this year that will include the placing of the wreaths at the war monuments and Gun Salute.

East Bangor Memorial Day

Memorial Day service will be held on 1pm in East Bangor Cemetery. Scott Saltern will serve as Master of Ceremonies. The speaker will be Paul Karner, a US Army veteran. Jesse Geiger will recite the "Gettysburg Address". Kilee Goss will recite "In Flanders Fields". Roll call of veterans who have died in the past two years and buried in the East Bangor Cemetery. A gun salute by the Martocci-Capobianco Post 750 American Legion, Roseto. Taps will be played by Taryn Geiger. In case of rain, the service will be held at the East Bangor UMC Church, service sponsor. For more info., call 610-588-4453 or visit www.ebumc.org

UMBT Memorial Day

UMBT Memorial Day Drive-By Parade, 11 a.m. to 2 p.m. Monday, May 31: Upper Mount Bethel Community Park, 1535 Potomac St. Guests will drive through various military displays while listening to patriotic music; TAPS will be played; and veterans will be welcomed by area fire departments and saluted.

Pen Argyl Memorial Day

VFW post 502 will hold its Memorial Day Service at Fairview Cemetery on May 31st at 9:00 am. If there is inclement weather, the service will be at Grace United Methodist Church, 404 E. Mountain Ave., Pen Argyl

Event Calendar

May 27 Weekly Weeders

Thursday, May 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required.

All participants over the age of two are required to wear a mask in order to participate. All participants are required to maintain a safe social distance at all times during the program. Our written health and safety plan is available upon request.

Please register all members of your party as space for this program is limited to 4 attendees total each day. View and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>



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May 29

Borough Yard Sale Craft Vendor Event

The Borough of Portland will be holding Town Wide Yard Sales, Saturday, May 29, 2021 from 8am to 2pm. There will be a map of participating homes will be given out at the Mayor's Table located at the Park and Walk in downtown Portland. An Outdoor Craft and Vendor Event will be held Saturday, May 29, 2021 from 9am to 3pm, to benefit Portland Hook and Ladder Co. #1 at the Portland Train Depot, Rt 611 in downtown Portland. Craft and Vendor Info contact Stephanie at 610-216-6716.

Summer Movies

Grab a blanket or a lawn chair and your fam and join us for our summer movie series!

Popcorn, cheese plates, wine, beer, slushies and flights will all be available for purchase. You may bring your own snacks, but no outside alcohol please. We recommend bringing a flashlight for a safe walk to your car.

No advance tickets required, but parking is \$10.00 per car to be paid cash at the gate. Movie starts at 8:30, arrive at early as 730pm

May 29--Trolls World Tour

June 26-- Sonic the Hedgehog

July 31- Frozen II

Aug 21- Spongebob, Sponge out of Water

Blue Mountain Library Half Price Book Sale

The Blue Mountain Community Library will hold a Half-Price Book Nook Sale on Saturday, May 29, 2021 from 10:00 am to 12:00 pm. Anyone wishing to come into the Library must call for a scheduled appointment.

Thirty-minute time slots will be assigned with a maximum of 3 people per time slot. The book nook is located on the second floor of the library at 216 S. Robinson Ave., Pen Argyl, PA. The phone number is 610-863-3029.

Masks are required and gloves will be supplied by the library. Cash and checks will be accepted. Please no \$50 bills.

For information, visit our website at www.bmcl.org or find us on Facebook at www.facebook.com/bmclpenargyl.

May 31

Slate Belt Area Memorial Day Ceremonies

The Roseto Legion will hold services at the following times and places:

- The New Catholic Cemetery at 9:00am

See Calendar Next Page

BANGOR MEMORIAL PARK



Summer Youth Basketball League

**We are looking for teams to
compete during the summer.
Grades 5th, 6th, 7th & 8th
Girls and Boys**

**Coaches can contact Eric Striba for
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BUSINESS HOURS

Mon 8:00 AM - 8:00 PM • Tue 8:00 AM - 6:00 PM

Wed-Thu 8:00 AM - 8:00 PM

Fri 8:00 AM - 6:00 PM • Sat 8:00 AM - 2:00 PM

Calendar Continued

- The Presbyterian Cemetery at 9:30am
- Our Lady of Mount Carmel Church at 10:00am
- Saint Johns Cemetery in Bangor at 10:30am
- Roseto Municipal Building at 11:00am

They are only having a small service at the Roseto Municipal building this year that will include the placing of the wreaths at the war monuments and Gun Salute.

East Bangor Memorial Day

A Memorial Day service will be held on 1pm May 31 in East Bangor Cemetery. Scott Saltern will serve as Master of Ceremonies. The speaker will be Paul Karner, a US Army veteran. Jesse Geiger will recite the "Gettysburg Address". Kilee Goss will recite "In Flanders Fields". There will be a roll call of those veterans who have died in the past two (2) years and are now buried in the East Bangor Cemetery. A gun salute will be fired by the Martocci-Capobianco Post 750 American Legion, Roseto. Taps will be played by Taryn Geiger. The East Bangor Fire Co. will be in attendance. In case of rain, the service will be held at the East Bangor United Methodist Community Church, The church is sponsoring the service. For more info., call 610-

588-4453 or visit www.ebumc.org

UMBT Memorial Day

UMBT Memorial Day Drive-By Parade, 11 a.m. to 2 p.m. Monday, May 31: Upper Mount Bethel Community Park, 1535 Potomac St. Guests will drive through various military displays while listening to patriotic music; TAPS will be played; and veterans will be welcomed by area fire departments and saluted. Visitors are asked to decorate their vehicles in a patriotic theme.

June 3

Food & Wine Festival

The Lehigh Valley Food & Wine Festival is returning in grand style June 3-12, both virtually and at participating restaurants. Plans are in the works for a special online event featuring Chef Emeril Lagasse, the first-ever Lehigh Valley Food & Wine Festival Restaurant Week, and an in-person "sponsors only" event showcasing restaurant favorites from festivals past.

June 5

Mount Bethel Meltdown

Mount Bethel Meltdown Cheese Event will be held at 805 Orchard Rd, Mt Bethel, Saturday, June 5, 2021 from 12-9pm

Hardball Cider celebrates one of their favorite ingredients with a cheese event to melt any heart!

Three Cheese Vendors starting at NOON:

*Massive Mac 'n' Cheese menu by FonDippity Food truck with NINE different MAC options!

*All things cheese like loaded nachos, quesadillas, and more by The Nacho Depot!

*Local artisan cheeses for those with a more sophisticated palate, paired with a cider flight!

Live Music all day, No cover.

Columcille Tours

Celtic storyteller Tom Egan leads walking tours at 9 a.m. every other Saturday through Oct. 9. Tours start from the stone circle and last until about 11:30 a.m.

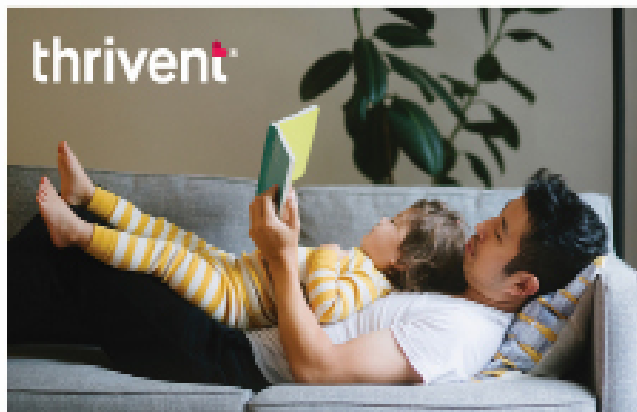
Intro to Mountain Biking

Bring Your Own Bike

Saturday, June 5 at 10:00am to 12:00pm

This two-hour program is designed to make a first-time mountain biker feel comfortable exploring Jacobsburg's multi-use trails. During the first portion of the program we will discuss essential information such as; bike parts, preparedness,

See Calendar Next Page



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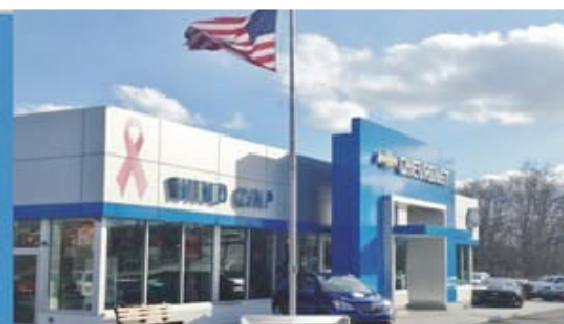
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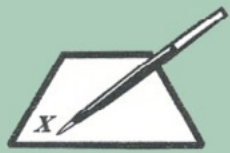
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Calendar Continued

safety, Jacobsburg's trails, and proper trail etiquette. The second portion of the program will be used to inspect your bike for fit and function followed by a ride on a beginner trail led by an experienced rider. Registration required.

View and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Dotta's Yard Sale

The area's famous Dotta's community-wide yard sale will be held Saturday June 5 from 8am to 4pm.

Strawberry Festival

The East Bangor United Methodist Community Church will host a "Strawberry Festival" on SATURDAY, June 5th, from 1:00 p.m. to ????. It will be held at the Blaine Reimel Memorial Park on Park Rd. in East Bangor (rain or shine). Lots of good food and "Jacktown" ice cream will be available. (Masking will be per CDC guidelines.) For more info., call 610-588-4453 or visit www.ebumc.org.

Wildlife Walkways

Saturday, June 5 at 2:00pm to 3:00pm

To celebrate National Trails Day, we will take a short hike while discussing the wildlife at Jacobsburg and the ways they use the trails. We will also look for trails that are created by wildlife and learn about how they use them to help them survive. Registration is required.

View and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

June 6

Archery for Teens

Sunday, June 6 at 1:30pm to 3:30pm

Join other teens for an introduction to the sport of archery! Participants will learn the beginner level skills of target shooting with a compound or recurve bow and arrow. The program will be led by a USA Archery certified instructor. All equipment will be provided. This program is for teens ages 13 and up. Each teen may bring one adult guest to participate with them. Please register adult guests if they will be participating as spaces are limited. There will be audience seating if the guest prefers to watch rather than participate. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Vendor/Craft Show

The Washington Twp Fire Co. 920 Washington Blvd. will sponsor a Vendor/Craft Show June 6, 2021 from 10am - 4pm.

Vendors/Crafters if you are interest in a space our contact info is on the flyer. Spaces are \$30 for (1) 10ft x 10ft or \$50 for (2) 10ft x 10ft. All spaces are outdoors and will be socially distanced apart from other vendors. No access to Utilities (water, electric, wifi, etc). Applications must be mailed. Vendors will be accepted as first come, first serve.

Outdoor Event - Rain or Shine. Food and Drinks For Space Info contact, Aundrea Morrison 610-984-7101 or email bdjm@gmail.com

June 9-11

Great Nazareth Carnival

Great Nazareth Carnival will be held at Nazareth Boro Park June 9 from 6 pm - 11pm through June 11.

Entertainment:

June 9th - Timewhys

June 10th - Uncle Smiley

June 11th - Flirtin' with the Mod

June 12th - Naked Jake See Less

June 12

A Deer's Year

Saturday, June 12 at 2:00pm to 3:00pm

As white-tailed deer fawning season wraps up, we will discuss the changes that our newly born state mammal will experience for years to come followed by a walk to look for traces of these graceful cervids. Registration is required.

View and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Knotweed SmackDown

Saturday, June 12 at 9:00am to 12:00pm

We will be challenging the ever-bothersome plant invader, Japanese Knotweed to a duel! Using machetes as our defense with feet firmly planted in the stream, we will help reclaim the lost territory of our native streambank inhabitants to once again diversify and prosper. En garde! We will be walking in the stream to cut down Japanese Knotweed (an invasive plant) on streambanks. Please wear shoes you are comfortable with getting wet. Participants must be ages 16+. Waders and boots may be provided but are not guaranteed. Registration is

See Calendar Next Page

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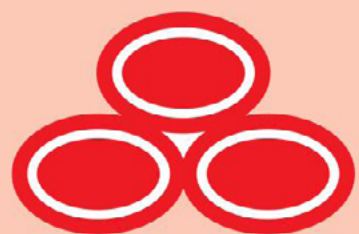
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Calendar Continued

required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

June 13

Forks Food Truck Fest

The Forks Township Food Truck Festival sponsored by the Forks Township Parks and Recreation will be held Sunday, June 13, 2021 from 12pm – 6 pm.

Food, Beer, Wine, & Music from The Hazmats and The Stefanie Johnson Trio

June 15

Master Watershed Steward

Tuesday-Friday, June 15-18 at 1:30pm to 4:30pm
Youth ages 13-18 are invited to join DCNR at Jacobsburg Environmental Education Center and Penn State Extension Master Watershed Steward Volunteers for the Future Master Watershed Steward Day Camp program! Youth will learn about the environment, water resources management, and complete a stream-side service project along the Bushkill Creek. Youth will participate in science-based activities that focus on local watersheds and waterways with plenty of opportunities to get hands-on and participate in field investigations. Upon completion of the program, participants

will receive a certificate and are eligible for 2 hours of service toward High School community service requirements. This free program will be held outdoors and will only take place if there is a change in the current COVID-19 guidelines. This camp is Tuesday, June 15th, Wednesday, June 16th, Thursday, June 17th, and Friday, June 18th from 1:30pm - 4:30pm each day. Registration required.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

June 19

Swing at the Stand

“Swing at the Stand” will be held on Saturday, June 19th ...1:00pm-8:00pm...(RAIN or SHINE) at Weona Park, Rt. 512, Pen Argyl. Listen and dance to the “Oldies” and meet with friends. Everyone is welcome!

Dirt on Detritivores

Saturday, June 19 at 3:00pm to 4:00pm

What exactly is a detritivore and why are they important? Join us as we investigate these fascinating and often overlooked animals. Be prepared to get your hands dirty as we explore under rocks and logs. Please bring water, a snack, and wear sturdy shoes. This program is best for ages 8 and up. Registration is required.

View and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

June 24

Tails And Tales Summer Reading Program

Readers of all ages will explore the animal kingdom this summer as Bangor Public Library presents “Tails and Tales” during their summer library program. Activities may include songs,

CHURCH

East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor
Sat., May 29
-8:00 p.m. AA Meeting
Sun., May 30
-10:00 a.m. Worship Service (Live & on Zoom)
Mon., May 31 -1:00 Memorial Day Service @ EB Park
(For Zoom, go to ebumc.org to sign in)

Grace Lutheran Church

Starting June 6th and every Sunday thereafter Grace Lutheran Church 5907 Sullivan Trail Nazareth Pa 18064 will be open for in person worship at 9:00am.

County Assistance

In light of Pennsylvania’s eviction moratorium expiring on August 31st, Lamont McClure reminds residents that Northampton County has approximately \$3.6 million available for rental assistance, rapid rehousing and utility payments.

The Department of Human Services and the Department of Community and Economic Development worked together to develop the Community Mediation and Eviction Diversion Program (CMED). CMED offers experienced mediators, emergency financial assistance and rapid rehousing to prevent homelessness.

Contact: Third Street Alliance at 610-438-1763 or email Ziana Keith at zkeith@thirdstreetalliance.org

Blood Donors Needed

Miller-Keystone Blood Center is seeking donors. Recent storms have cancelled blood drives and supplies are running low. Miller-Keystone has 6 donor centers located throughout the region with extended hours. Anyone interested in donating should call 1-800-B-A-DONOR or make an appointment at <https://www.giveapint.org/>

Food Pantry

Did you know The Salvation Army of Pen Argyl has a food pantry?

If you or anyone you know are in need of food, you are welcome to come Tuesdays from 10AM-12 Noon. Curbside pick-up provided. Questions? Please call 610-863-6677

Filetown Road Closure

The Filetown Road (S.R. 1006) Bridge will be closed and have a detour plan in place from Monday, March 22, 2021 to Monday, August 16, 2021.

Please note that this is a Pennsylvania Department of Transportation (PennDOT) project, and it will not be managed by Plainfield Township officials.



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Get Your Tail On The Trail' 165 Challenge Begins with a New Phone App

As participants begin the 165-Mile Challenge this year, they'll have a new app for the "Get Your Tail on the Trail" program, offered by St. Luke's University Health Network and the Delaware & Lehigh National Heritage Corridor (D&L). This free community initiative encourages people of all ages and abilities to meet their personal fitness goals.

From May 1 to November 8, the 165-Mile Challenge encourages participants to log 165 miles of exercise, such as walking, hiking, running, biking or paddling on the D& L trails or anywhere they choose.

- Logging miles and staying motivated has never been easier with our new app:
- Get exclusive content about nutrition, events and upcoming challenges
- Earn badges for your achievements based on your activity log
- Stay engaged all year round in activities and challenges
- Keep informed about your chapter and any organizations you are a member of
- Experience virtual tours of different parts of the trail
- Receive great prizes

Aging Agency Call Line

Lamont McClure and the Area Agency on Aging Division (AAA) are operating a call line on Friday mornings for Northampton County Seniors to make appointments for COVID-19 vaccinations. This service is intended for those who lack computer or internet access. AAA staff members will make 100 appointments per clinic date. Vaccination clinics will be held at the Wind Creek Event Center at 77 Wind Creek Blvd. Bethlehem, PA.

Residents of Bethlehem City and Northampton County who are age sixty-five and older can call 610-865-7092 to schedule an appointment for a vaccination. AAA employees will also assist with registration at the Wind Creek clinics.

Remember all the restaurants and small businesses that you've asked for years and years to donate to your clubs, events, and organizations? They're calling in a favor. Answer the call.

To register, go to Get Your Tail on the Trail.

"Get Your Tail on the Trail" participants register for free as an individual or as part of an organization and log the miles doing a continuous activity for 10 minutes or more. While the program doesn't require participants to exercise exclusively on the 165-mile D&L Trail, it is a great centerpiece resource. The trail stretches from Wilkes-Barre to Bristol, Pennsylvania.

In addition to the 165-Mile Challenge that runs each May to November, there are special events throughout the year, including bike and hike outings, health fairs, history walks and more. Since we launched in 2013, close to 10,000 participants have logged over 5 million miles.

Those who complete the challenge receive a reward. Past rewards have included t-shirts, hats, backpacks, and rain ponchos.

"Our goal is straightforward: To get people outside and get them active," says Kathy Ramson, St. Luke's Network Director for Healthy Living and Chronic Disease.

"We want people to be physically active because it is one of the best ways to prevent chronic disease. There's a good deal of data that show that if you exercise 150 minutes a week, you're going to have better health outcomes overall."

BAHS Class of 1971

Members of the Bangor High School Class of 1971 have been invited to join the school's 136th commencement exercises Friday June 11, 2021.

(Rain date is Saturday June 12 at noon or 6pm depending on conditions.)

The event will be held at Bangor Memorial Park on Eisenhart Boulevard, Bangor.

Attendees should report at 5:15pm for light refreshments at the VIP tent located near the baseball field.

Commencement exercises begin at 6:30pm. RSVP: Denise Cope Sandt 610-905-5763 henden1973@gmail.com or Cynthia Slack Engler 610-588-1083 by May 27, 2021.

Weona Park Pavillions

Weona Park Pavillions will be available for rent in the 2021 Summer Season. All CDC rules must be followed.

Please call 610-863-9249 for more rental information.

2021 rates are:

- Pavilion Rentals: Large pavilion \$150
- Kitchen: \$40.00
- Side A or B Large Pavilion :\$75.00
- Small pavilion: \$100.00

Summer Meals

BASD will again provide summer meals, at no cost, to any child (18 years or younger). Meals will be distributed from Washington Elementary on Mondays and Thursday from 10:30 AM to 11:30 AM, beginning June 21. Email meals@bangorsd.org if you are interested in getting on the schedule.

Bangor Park Yoga Thursdays 6-7pm

This active movement session cultivates awareness of the body, while utilizing the breath for grounding. We will flow with intention; consciously engaging the muscles to increase strength, & holding postures for several breaths to increase flexibility. The steady pace of this class balances effort & ease, making it suitable for all practitioners

Thursday's at 6pm - 7pm

Cash donations are accepted and always appreciated!

Please arrive 10 minutes early and park your car in the lot accessible from the Broadway street entrance. The class is located in the field between this parking lot and the circle.

(Remember to bring your own equipment such as a yoga mat, blanket, blocks, or a strap as they will not be provided.)

DAY CAMP 2021

What better way to start your summer than at Y Summer Camp? Each day of camp comes packed with the perfect amount of activities and fun!

- Sports & Outdoor Activities
- Character Development
- Inclusion Support for Special Needs
- Licensed, Full Day Programs
- Weekly Rates

. Like many Y youth programs, our camp is about learning skills, developing character and making friends. But few environments are as special as day camp, where kids become a community as they learn both how to be more independent and how to contribute to a group as they engage in physical, social and educational activities.

Stop by your branch And pick up a Registration packet!

Day Camp Counselors Needed - Apply today. gv-ymca.org

Greater Valley Ymca Slate Belt Branch
315 West Pennsylvania Ave Pen Argyl, PA 18072

Dog Licenses

Residents are reminded to renew their dog licenses. Licenses can be purchased at <http://www.padoglicense.com> or by contacting Northampton County at 610-829-6186, option 6.

Slate Belt Y Child Care

The Greater Valley YMCA has announced the expansion of its child care offerings at its Slate Belt location. The Y now offers care for toddlers and preschool children ages 2 through 5 in its newly-constructed child care wing.

Hotline for Human Services

Northampton County has a 24-hour Emergency hotline for all Human Services-related emergencies. Anyone struggling with a mental health crisis, abuse, neglect, suicidal thoughts, evictions, substance abuse, food insecurity, etc. can call 610-252-9060 for help and referrals.

Slate Belt Chamber Awards Scholarships



The Slate Belt Chamber of Commerce made its annual scholarship awards last week to: (L-R) Alexandria Carson of Bangor High School who will attend the University of Tampa to major in marine science biology; Tyler Taylor of Pen Argyl High School who will attend Kings College to major in education; Jace Keenhold of Pen Argyl High School who received the Frederick R. Curcio Jr. Scholarship Award and will attend Kings College to major in criminal justice; Houston Andrew Shoup of Career Institute of Technology who will attend Northampton Community College to major in HVAC. Photo: Larry Cory

Tolino’s Family Food Truck Friday Lineup

- *May 28 Music by Erin McClelland, Food by Queen V & Pizza
- Family Food Truck Friday Lineup in June
- *June 4 Music by Erin McClelland, Food by Empanada Chica & Pizza
- *June 11 Music by Erin McClelland, Food by Blendlife & Pizza
- *June 18 Music by Off the Road, Food by Van Pelt Dogs & Pizza
- *June 25 Music by At The Apollo, Food by JT Grill & Pizza
- Family Food Truck Friday Lineup in July
- *July 2 Music by Moondogs, Food by Flying V & Pizza
- *July 9 Music by Steel Creek, Food by Little Creek BBQ & Pizza
- *July 16 Music by Deja Vudu, Food by Empanada Chica & Pizza
- *July 23 Music by At The Apollo, Food by JT Grill & Pizza
- *July 30 Music by James Supra, Food by Flying V & Pizza
- Family Food Truck Friday Lineup in Aug
- *August 6 Music by Moondogs, Food by Queen V & Pizza
- *August 13 Music by James Supra, Food by Little Creek & Pizza
- *August 20 Music by At The Apollo, Food by JT Grill & Pizza
- *August 27 Music by Steve McDaniel, Food by Flying V & Pizza
- Family Food Truck Friday Lineup in Sept.
- *September 3 Music by Moondogs, Food by Blendlife & Pizza
- *September 10 Music by Lonesome Found, Food by Flying V & Pizza
- *September 17 Music by James Supra, Food by Little Creek & Pizza
- *September 24 Music by Steve McDaniel, Food by Blendlife & Pizza

BANGOR MEMORIAL PARK



Summer Youth Basketball League

We are looking for teams to compete during the summer.
Grades 5th, 6th, 7th & 8th
Girls and Boys

Coaches can contact Eric Striba for registration papers, fees, requirements & policies.

Games are on weekend mornings and afternoons from June to July.

For more information contact: Eric @ 610-554-4258 or email: estriba@aol.com

Remember all the restaurants and small businesses that you’ve asked for years and years to donate to your clubs, events, and organizations? They’re calling in a favor. Answer the call.

The Slate Belt’s Only Daily Paper - sbtopics.com
News Today NOT Next Week

Summer Concerts Weona Park

June 20 - Large Flower Heads
Sights & sounds of the groovy '60s.

July 4 - Joyous
R&B, Soul, Pop, and Funk

July 18 - Philadelphia Funk Authority
More than just funk! Dance & party music from the past 5 decades!

August 1 - Desire
Playing oldies music of the 50's-70's

August 15 Inch and the Echoes
Playing Oldies music of the 50's-70's

All concerts are free, begin at 6 P.M
COVID Guidelines in Effect

Summer Concerts Wind Gap Park

June 13 - Steel Creek Band
Country Music

July 11 - New Individuals
Favorite oldies from 60's & 70's

July 25 - Desire
Playing oldies music of the 50's-70's

August 8 - Jesse Wade Gang
Hard-hitting, rockin', country blues tribute band

August 22 - The Comfort Band
Country & Oldies Music

All concerts are free, begin at 6 P.M
COVID Guidelines in Effect

Where To Eat

Little Creek BBQ

Hours: Thurs, Fri & Sat 2-7. Sun. 12-5. Closed Mon, Tue, Wed. 610-588-3831. Info: [Click Here](#)

Sal's Pizza

Sal's Pizza 487 E. Moorestown Road, Wind Gap. 610-863-7665. More Info: [Click Here](#)

Doughboys

230 W. Moorestown Rd, Wind Gap. . 610-759-3776. More Info: [Click Here](#)

Pen Argyl Pizza

Pen Argyl Pizza 510 E. Main St, Pen Argyl. 610-863-6670. More Info: [Click Here](#)

512 Restaurant

512 Restaurant 2 East Pennsylvania Ave, Pen Argyl. 610-881-4540. More Info: [Click Here](#)

Detzi's Tavern

Detzi's Tavern 570 North Lehigh Ave., Wind Gap. 863-9882. More Info: [Click Here](#)

Slate Pub

Slate Pub 509 E. Main St., Pen Argyl. 610-881-4700. More Info: [Click Here](#)

Broadway Pub

Broadway Pub 62 Broadway, Bangor. 610-452-9226. More Info: [Click Here](#)

Boar Barbecue

Boar Barbecue 690 Allegheny Road, Mt. Bethel. 484-908-3407. **CLOSED FOR SEASON.** More Info: [Click Here](#)

Five Points Grill & Pub

Five Points Grill & Pub 1001 Mt. Bethel Highway, Mt. Bethel. 610-588-1773. . More Info: [Click Here](#)

M & M Vineyards

M & M Vineyards 18 Shepherds Hill Dr. Bangor. See their website at. <http://mmvineyards.com>

Dinky's

Dinky's Ice Cream Parlor Rte 191 and Broadway in Bangor. More info [Click Here](#)

Clever Girl Winery

Clever Girl Winery's 15 Broadway in Bangor (484) 484-8907 www.clevergirlwinery.com/

Napoli Pizza

Dine-In, pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. [Click Here](#)

Napoli Pizza

Dine-In, pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. [Click Here](#)

Slate Belt Diner

610-452-9205, 370 Blue Valley Drive. More Info: [Click Here](#)

Daisy Family Restaurant

6589 Sullivan Trail Wind Gap, (610) 863-4044. More info: [Click Here](#)

Three Brothers Pizza

Three Brothers Pizza at Plainfield Diner, Sullivan Trail. 610-863-4950 .More Info: [Click Here](#)

Mt. Bethel Diner

570-897-6409, 2600 N. Delaware Drive, Mt. Bethel, Pa 18343. More Info: [Click Here](#)

Family & Friends

610-759-7477. Rt 512 Wind Gap. More info: [Click Here](#)

Gap Diner

Rt. 512 Wind Gap. More info: [Click Here](#)

TK's Restaurant

570-897-6112. Rt 611, Mt. Bethel More info: [Click Here](#)

Fuher's Tavern & Grill

104 Main St., Portland (570) 897-5590.

Youth Lacrosse Program Gaining Traction in Bangor Area

Bangor Slaters Lacrosse was started by three moms; Becky Dancho, Dawn Gurski and Nichla Huggins-Pierre, who saw a need for lacrosse due to a growing number of kids venturing outside our community to find youth lacrosse programs.

This year they entered a boys middle school group in the Lehigh Valley Youth Lacrosse program, competing against other colonial league schools. Their goal is to build a feeder program by adding more teams each year in all age levels. Ultimately they hope to have a full, all-ages program and get the support of the Bangor Area School District to add a lacrosse program to the high school in the near future.

Their program would not be where it is without their sponsors. They thank all of their sponsors for their support and donations to help get the program up and running.

For more information on Bangor Lacrosse, email then at slaterslax@gmail.com or check them out on Facebook at bangorlacrosse. *Photos: Kris Ordinsky Parks*

