NEWS TODAY NOT NEXT WEEK

Slate Belt Town Topics

sbtopics@rcn.com May 10, 2021 www.sbtopics.com



The Pen Argyl softball team visits Bangor today for a 4pm game at Bangor Middle School while the Green Knights' baseball team will play the Slaters 7pm at Bangor Park. Both Bangor teams will celebrate senior day. Pictured: Pen Argyl sophomore first basemen Katie Knecht pulls a long shot over the right field fence for a home run during the Knights' 8-4 win over Wilson last Friday.

Get Your Tail On The Trail' 165 Challenge Begins with a New Phone App

As participants begin the 165-Mile Challenge this year, they'll have a new app for the "Get Your Tail on the Trail" program, offered by St. Luke's University Health Network and the Delaware & Lehigh National Heritage Corridor (D&L). This free community initiative encourages people of all ages and abilities to meet their personal fitness goals.

From May 1 to November 8, the 165-Mile Challenge encourages participants to log 165 miles of exercise, such as walking, hiking, running, biking or paddling on the D& L trails or anywhere they choose.

- Logging miles and staying motivated has never been easier with our new app:
- Get exclusive content about nutrition, events and upcoming challenges
- Earn badges for your achievements based on your activity log
- Stay engaged all year round in activities and challenges
- Keep informed about your chapter and any organizations you are a member of
- Experience virtual tours of different parts of the trail
- Receive great prizes

To register, go to Get Your Tail on the Trail.

"Get Your Tail on the Trail" participants register for free as an individual or as part of an organization and log the miles doing a continuous activity for 10 minutes or more. While the program doesn't require participants to exercise exclusively on the 165-mile D&L Trail, it is a great centerpiece resource. The trail stretches from Wilkes-Barre to Bristol, Pennsylvania.

In addition to the 165-Mile Challenge that runs each May to November, there are special events throughout the year, including bike and hike outings, health fairs, history walks and more. Since we launched in 2013, close to 10,000 participants have logged over 5 million miles. Those who complete the challenge receive a reward. Past rewards have included t-shirts, hats, backpacks, and rain ponchos.

"Our goal is straightforward: To get people outside and get them active," says Kathy Ramson, St. Luke's Network Director for Healthy Living and Chronic Disease. "We want people to be physically active because it is one of the best ways to prevent chronic disease. There's a good deal of data that show that if you exercise 150 minutes a week, you're going to have better health outcomes overall."

Ramson said the program is purposefully simple. "If fitness is complicated, people won't do it," she says. "We make it simple because we want to eliminate the barriers."

Slate Belt News Briefs

Partly Cloudy Today Sunny Tuesday Weekend rainfall of .43 inches increased our

Weekend rainfall of .43 inches increased our monthly total to 2.30 inches. Normal for the month is 4.14. We have had measurable rainfall on 6 of the first 10 days of May.

No rain is expected until next weekend.

Today will be partly sunny, with a high near 61. North wind 5 to 10 mph.

Tonight, partly cloudy with a low around 41. Northwest wind around 5 mph.

Tuesday, sunny with a high near 60. West wind 5 to 15 mph.

Pollen Today: Moderate with a 5.1 rating on a scale of 12. Top pollen producers today will be Oak, Maple and birch.

UV Rays Today: Moderate risk of harm from unprotected sun exposure. Alert in effect for 6 hours between 11am–5pm. High of 5.5 on a scale of 12 at 3pm.

Slate Belt Weather

Bangor Park Yoga

This active movement session cultivates awareness of the body, while utilizing the breath for grounding. We will flow with intention; consciously engaging the muscles to increase strength, & holding postures for several breaths to increase flexibility. The steady pace of this class balances effort & ease, making it suitable for all practitioners

Thursday's at 6pm - 7pm

Cash donations are accepted and always appreciated!

Please arrive 10 minutes early and park your car in the lot accessible from the Broadway street entrance. The class is located in the field between this parking lot and the circle.

(Remember to bring your own equipment such as a yoga mat, blanket, blocks, or a strap as they will not be provided.)

Sign Up Here --> https://app.acuityscheduling.com/schedule.php..

BAHS Musical

Bangor High School will present the musical, *The Secret Garden* later this year!! Performances are scheduled for:

- May 20 7:30 pm & May 21 7:30 pm
- May 22 2:00 pm & 7:30 pm
- May 23 2:00 pm & 7:30 pm

The musical will be held in the Craig Payne theater at Bangor Senior High school.

Ticket orders:

www.showtix4u.com/events/ bahsthesecretgarden

Call: 610-599-7011 Ext. 1001

Slate Belt Y Child Care

The Greater Valley YMCA has announced the expansion of its child care offerings at its Slate Belt location. The Y now offers care for toddlers and preschool children ages 2 through 5 in its newlyconstructed child care wing.

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Event Calendar

May 11

East Bangor Fundraiser

East Bangor Volunteer Fire Co. is offering takeout Tuesday May 11 from 4:30 - 7:00pm.

Meatball subs will be available for \$5.00 each. Please specify if you would like parmesan or mozzarella cheese.

Outside seating is available and cash bar for onpremises consumption. Text or call order ahead by calling 484-903-4556. Pick up at the hall door.

May 13

Weekly Weeders

Thursday, May 13 at 8:30am to 10:30am Thursday, May 20 at 8:30am to 10:30am Thursday, May 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required.

All participants over the age of two are required to wear a mask in order to participate. All participants are required to maintain a safe social distance at all times during the program. Our written health and safety plan is available upon request. Please register all members of your party as space for this program is limited to 4 attendees total each day. View and register for community programs online at https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg Wind Gap Community Pharmacy will host a drive-through COVID-19 vaccine clinic on Thursday, May 13, from 3-8 p.m. at the Bushkill Township Volunteer Fire Company located at 155 Firehouse Drive in Nazareth.

Drive - Thru Vaccinations

They're offering second doses of the Moderna vaccine to people who received their first dose at the last clinic on April 15. We're also offering first doses of the vaccine to those who have not yet received it.

Wind Gap Community Pharmacy staff will be administering the Moderna vaccine at the clinic.

You will need to make your own arrangements to acquire the second dose of the Moderna vaccine at a later date planned at this time. Talk to the staff at Wind Gap Community Pharmacy to learn about options to receive the second dose. It is very important for you to follow up and get the second

dose of the vaccine.

May 15

Church Rummage/Bake Sale

The Belfast Wesley United Methodist Church Rummage/Bake Sale will be held May 15 8:00am to 12:00pm, at Belfast Wesley United Methodist Church 607 School Road Nazareth,

Something for everyone. Please come out and join them. For more information please call Teddy at 1-908-235-8811. Masks are required to enter.

Plant, Yard, Bake Sale

St Peter's Annual Plant, Yard, Bake Sale 1422 Church Rd, Pen Argyl, PA. Saturday, May 15, 2021 at 9 AM EDT – 1 PM EDT.

Come out for their annual Plant, Yard Bake Sale. Vegetable plants, annuals and perennial flowers. Molasses crumb, cherry and rhubarb pies, cakes, cookies, brownies, and more. Lunch to Go (bar-b-que, hot dogs, chips, etc.

Spaces available for your yard sale items or crafts - \$10 (table not included).

Contact the church office for more details (610-863-6859)

All proceeds will benefit God's Garden of Grace and their four local food pantries.

Mental First Aid Course

Come participate in an Adult Mental Health First Aid Course May 15, 2021.

9AM to Noon - via Zoom

Led by: Rev. Dr. Emily B. Hall, D. Min, BCCi Registration Required

https://files.constantcontact.com/.../0c06e7c5-5b87-4869... Questions: please email hopeuccpastor@rcn.com

May 20

Heritage Center Presentation

Retired Pen Argyl Social Studies teacher, Walter Cole, will present a program on the Upper Edelman One-Room School May 20. The presentation will also cover other Plainfield Township one-room schools, common school activities and many interesting stories about what school life was like. He will actually be doing his presentation in the Upper Edelman School.

The program will be available to view on the Heritage Center's Facebook page, starting on Thursday, May 20 at 7:00 p.m. Walter Cole was a Pen Argyl teacher for 40 years, teaching early

See Calendar Next Page











Calendar Continued

American and local history. He is currently a board member of the Heritage Center, and has conducted over 100 oral history interviews for the Center. Mr. Cole is also the author of the recently published book on the 100th Anniversary of Weona Park, and Weona Park Centennial Calendar.

BAHS Musical

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Performances are scheduled for

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- May 23 2:00 pm & 7:30 pm

The will be held in the Craig Payne theater at Bangor Senior High school.

Ticket orders:

www.showtix4u.com/events/bahsthesecretgarden Call: 610-599-7011 Ext. 1001

May 21

Families First Fundraiser at Blue Ridge Winery A Families First Fundraiser will be held at



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Blue Ridge Estate Vineyard & Winery & The Underground Experience Friday, May 21 from 4-7pm.

Please join Families First for their spring fundraiser and enjoy wine tasting and basket raffles. Admission tickets are \$25.00 per person. To purchase tickets, contact:

- Molly Jones- Plainfield Elementary School
- Ilka O'Donovan- Wind Gap Middle School
- Spring Shank- Pen Argyl High School Masks and social distancing are required.

May 22

Jacobsburg Bug HuntSaturday, May 22 at 2:00pm to 3:00pm

Join us while we take a closer look at bugs or more scientifically, arthropods. We will then try and catch some of these creatures for an up-close encounter. Registration is required. Registrants will be contacted with the meeting location prior to the event.

All participants over the age of two are required to wear a mask to participate. All participants are required to maintain a safe social distance at all times during the program. Our written health and safety plan is available upon request.

Please register all members of your party including adults and children as space for this program is limited to 15 attendees total.

View and register for community programs online at https://events.dcnr.pa.gov/search/events?order= date&search=jacobsburg

Columcille Tours

Celtic storyteller Tom Egan leads walking tours at 9 a.m. every other Saturday through Oct. 9. Tours start from the stone circle and last until about 11:30 a.m.

May 29 Borough Yard Sale **Craft Vendor Event**

The Borough of Portland will be holding Town Wide Yard Sales, Saturday, May 29, 2021 from 8am to 2pm. There will be a map of participating homes will being given out at the Mayor's Table located at the Park and Walk in downtown Portland. An Outdoor Craft and Vendor Event will be held Saturday, May 29, 2021 from 9am to 3pm, to benefit Portland Hook and Ladder Co. #1 at the Portland Train Depot, Rt 611 in downtown Portland. Craft and Vendor Info contact Stephanie at 610-216-6716.

See Calendar Next Page



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BUSINESS HOURS

Mon 8:00 AM - 8:00 PM • Tue 8:00 AM - 6:00 PM Wed-Thu 8:00 AM - 8:00 PM Fri 8:00 AM - 6:00 PM • Sat 8:00 AM - 2:00 PM



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Calendar Continued

Blue Mountain Library Half Price Book Sale

The Blue Mountain Community Library will hold a Half-Price Book Nook Sale on Saturday, May 29, 2021 from 10:00 am to 12:00 pm. Anyone wishing to come into the Library must call for a scheduled appointment.

Thirty-minute time slots will be assigned with a maximum of 3 people per time slot. The book nook is located on the second floor of the library at 216 S. Robinson Ave., Pen Argyl, PA. The phone number is 610-863-3029.

Masks are required and gloves will be supplied by the library. Cash and checks will be accepted. Please no \$50 bills.

For information, visit our website at www.bmcl. org or find us on Facebook at www.facebook.com/ bmclpenargyl.

June 3

Food & Wine Festival

The Lehigh Valley Food & Wine Festival is returning in grand style June 3-12, both virtually and at participating restaurants. Plans are in the works for a special online event featuring Chef Emeril Lagasse, the first-ever Lehigh Valley Food & Wine Festival Restaurant Week, and an in-person "sponsors only" event showcasing restaurant favorites from festivals past.

June 5

Mount Bethel Meltdown

Mount Bethel Meltdown Cheese Event will be held at 805 Orchard Rd, Mt Bethel, Saturday, June 5, 2021 from 12-9pm

Hardball Cider celebrates one of their favorite ingredients with a cheese event to melt any heart! Three Cheese Vendors starting at NOON:

*Massive Mac 'n' Cheese menu by FonDippity Food truck with NINE different MAC options!

*All things cheese like loaded nachos, quesadillas, and more by The Nacho Depot!

*Local artisan cheeses for those with a more sophisticated palate, paired with a cider flight!

Live Music all day, No cover.

June 6 **Vendor/Craft Show**

The Washington Twp Fire Co. 920 Washington Blvd. will sponsor a Vendor/Craft Show June 6, 2021 from 10am - 4pm.

Vendors/Crafters if you are interest in a space our contact info is on the flyer. Spaces are \$30 for (1) 10ft x 10ft or \$50 for (2) 10ft x 10ft. All spaces are outdoors and will be socially distanced apart from other vendors. No access to Utilities (water, electric, wifi, etc). Applications must be mailed. Vendors will be accepted as first come, first serve.

Outdoor Event - Rain or Shine. Food and Drinks For Space Info contact, Aundrea Morrison 610-984-7101 or email bdjm@gmail.com

June 15

Master Watershed Steward Day Camp - Afternoons

Tuesday-Friday, June 15-18 at 1:30pm to 4:30pm Youth ages 13-18 are invited to join DCNR at Jacobsburg Environmental Education Center and Penn State Extension Master Watershed Steward Volunteers for the Future Master Watershed Steward Day Camp program! Youth will learn about the environment, water resources management, and complete a stream-side service project along the Bushkill Creek. Youth will participate in sciencebased activities that focus on local watersheds and waterways with plenty of opportunities to get hands-on and participate in field investigations. Upon completion of the program, participants will receive a certificate and are eligible for 2 hours of service toward High School community service requirements. This free program will be held outdoors and will only take place if there is a change in the current COVID-19 guidelines. This camp is Tuesday, June 15th, Wednesday, June 16th, Thursday, June 17th, and Friday, June 18th from 1:30pm - 4:30pm each day. Registration required.

You can view and register for community programs online at https://events.dcnr.pa.gov/ search/events?order=date&search=jacobsburg.

June 24

Tails And Tales Summer Reading Program

Readers of all ages will explore the animal kingdom this summer as Bangor Public Library presents "Tails and Tales" during their summer library program. Activities may include songs, group games, crafts, art projects, science and engineering experiments, and more.

The 2021 Summer Reading Program is open to all young people, who are in preschool through young adult, with programs, prize drawings, storytimes, a reading club, and more. Families

See Calendar Next Page



State Farm

Debbie Pettinari Agency 106 S. Broadway, Wind Gap, PA 610-881-4433

www.debbieinsurespa.com debbie.pettinari.wz73@statefarm.com



Calendar Continued

are invited to join the Read-to-Me portion of the program. "Tails and Tales" begins on Thursday, June 24, 2021. For more information, call the Bangor Public library at 610-588-4136 or visit thier website, www.bangorlibrary.org

All programs are free of charge.

July 30

Bushkill Yard Sales

Residents of Bushkill Township will be having yard sales at their homes on Friday July 30th and Saturday July 31 from 9am-5pm.

Check registration list for specifics- some addresses will have additional days or adjusted times based on residents preference

Message Bushkill Community Yard Sale on Facebook or email them for a list of addresses, including a maps link for a convenient route to be sure you get to all the locations.

To be added to the list: If you are a resident of Bushkill Twsp and not registered yet, but would like to be, message us to be added to the vendor page

September 28 Families First 5K







One-mile Fun Walk

The Families First 5K One-mile Fun Walkwill be held at Wind Gap Park Saturday, September 28, 2019 from 9-11:30 am.

The event is open to anyone

The 5K/1 Mile Fun Walk will be held rain or shine. Registration will begin at 7:30 am on race day.

Registration Fees:

- \$20 per person BEFORE race day
- \$40 for a family of three or more BEFORE race day *family entry must be submitted together*
 - \$25 per person on race day
 - \$15 student entry

Entry includes t-shirt (guaranteed to the first 100 runners) and a raffle ticket for prizes. Awards will be given to the fastest overall male and female and to the top three finishers in each age category. The 1 Mile Fun Walk is noncompetitive.

This fundraiser supports the free programs of Families First: Families-In-Need, After-School Tutoring, College Scholarship Fund, Mentoring Programs, Adopt-A-Family, and many others.

Weona Park Pavillions

Weona Park Pavilions will be available for rent in the 2021 Summer Season. All CDC rules must be followed.

Please call 610-863-9249 for more rental information.

2021 rates are:

- Pavilion Rentals: Large pavilion \$150
- Kitchen: \$40.00
- Side A or B Large Pavilion:\$75.00
- Small pavilion: \$100.00

Daily Weather Updates

slatebeltweather.com

Slater Youth Football

Bangor Slater Youth Football Association reminder, that register is open. The season will soon be starting. Please watch out for posts on upcoming events/camps

Please use the link below to register.

https://slatersyouthfootball.sportngin.com/.../173494135

They are also looking for Coaches. If you are interested please email them at <u>bangorslatersyf@gmail.com</u>.

Any question please reach out to Rachel Mobley @ bangorslatersyfgmail.com

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CHURCH

East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor

Sat., May 15

-8:00 p.m. AA Meeting

Sun., May 16

-10:00 a.m. Worship Service (Live & on Zoom)

(For Zoom, go to ebumc.org to sign-in)

Pastor David Goss (610) 588-4453

Dial-A-Message (610) 588-3896

www.ebumc.org

Hotline for Human Services

Northampton County has a 24-hour Emergency hotline for all Human Services-related emergencies. Anyone struggling with a mental health crisis, abuse, neglect, suicidal thoughts, evictions, substance abuse, food insecurity, etc. can call 610-252-9060 for help and referrals.

County Assistance

In light of Pennsylvania's eviction moratorium expiring on August 31st, Lamont McClure reminds residents that Northampton County has approximately \$3.6 million available for rental assistance, rapid rehousing and utility payments. The Department of Human Services and the Department of Community and Economic Development worked together to develop the Community Mediation and Eviction Diversion Program (CMED). CMED offers experienced mediators, emergency financial assistance and rapid rehousing to prevent homelessness. Contact: Third Street Alliance at 610-438-1763 or email Ziana Keith at zkeith@thirdstreetalliance.org

Blood Donors Needed

Miller-Keystone Blood Center is seeking donors. Recent storms have cancelled blood drives and supplies are running low. Miller-Keystone has 6 donor centers located throughout the region with extended hours. Anyone interested in donating should call 1-800-B-A-DONOR or make an appointment at https://www.giveapint.org/

Food Pantry

Did you know The Salvation Army of Pen Argyl has a food pantry?

If you or anyone you know are in need of food, you are welcome to come Tuesdays from 10AM-12 Noon. Curbside pick-up provided. Questions? Please call 610-863-6677

Filetown Road Closure

The Filetown Road (S.R. 1006) Bridge will be closed and have a detour plan in place from Monday, March 22, 2021 to Monday, August 16, 2021.

Please note that this is a Pennsylvania Department of Transportation (PennDOT) project, and it will not be managed by Plainfield Township officials.