

Slate Belt Town Topics

sbttopics@rcn.com

Wednesday March 31, 2021

www.sbttopics.com

Zoe Edmonds: Pen Argyl's Powerlifting Extraordinaire



by Hannah Bonanducci

Many young adults participate in local sports, whether it be with their school or a local recreational team. There are plenty of opportunities to get involved with any type of team, but for powerlifter Zoe Edmonds, a sophomore at Pen Argyl High School, she's taken the initiative to train on her own and beat state records.

"Lifting is a huge part of my life," Edmonds said. "It all started about three years ago when I did not play any sports. I started working out casually at Sokol Fitness in Pen Argyl, and I began to love it and thrive in the gym environment."

After seeing her potential, her coach encouraged her to start lifting competitively.

"My coach and I decided that I should start seriously training and start powerlifting," Edmonds said. "Powerlifting is much different than just working out and lifting. It involves a lot of time spent in the weight room, a healthy diet and sleep schedule, and so much more. I weight train 3 days a week, then workout the other 3 days and have Sundays off."

Edmonds went to her first competition when she was just 14 years old and has competed twice since.

Competitions are amazing," Edmonds said. "The mix of nerves and excitement makes you so pumped up. In a competition, you have to weigh in and then get ready to lift. You squat, bench, and deadlift three times, and your best lift is the one that

See EDMONDS page 9



Edmonds with trainer Justyn Persson (L) of Sokol and Erl Persson her powerlifting head coach from Sokol.

ZOOM Paint Night



Come to a Zoom Paint Night on Friday April 9th from 6:30-8pm. This is geared towards elementary aged children but would be fun for the whole family!

Artist Karin will guide each painter step by step over Zoom to create this adorable Zebra. Kits are \$12 each and include basic instructions, paints, canvas and brushes.

They are available for purchase at <http://www.bloombangor.org/shop/zebra> and will be ready for pick up in the studio at 34 Broadway beginning on Tuesday April 6 at 11am.

Pick up your kit Tuesday - Friday April 6-9th between 11am and 5pm. A Zoom link will be sent via email on Friday morning. They look forward to seeing you on ZOOM!!!

The Chill Returns

Winter will give us a parting shot when temperatures dip below freezing. After rain today and Thursday, low temperatures will drop into the mid 20s Thursday and Friday nights after highs in the 40s. Warmer weather will return next week.

Slate Belt Weather

Whether you are buying or selling a home, finding the right Realtor is the most important step. You need a Realtor with knowledge of today's changing market; someone with integrity and service to you. We pride ourselves in all those qualities and invite you to visit us

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Marketplace316 Open

Marketplace316 is hosting pop up vendor events every weekend in January!

Message them to see if they have availability for what you sell! [Send Message Here](#)

Bangor Facade Grants

Looking for a brighter outlook and a brighter facade. If you want to improve your storefront or your homefront, we can help you with dollars to spend on improvements.

Bangor, PA facade grants through Slate Belt Rising are first come, first serve. For more information check out the Slate Belt Rising website: <http://www.slatebeltrising.org/services/>

The East Bangor UMC 136 W. Central Ave. (Rt. 512)

Sat., March 27

-8:00 p.m. AA Meeting

Sun., March 28

-10:00 a.m. Worship Live & on Zoom

Thurs., April 1

-7:00 p.m. Holy Thursday Service Live & Zoom

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(570) 420-9332

magdadental.com



Daily Weather Updates

slatebeltweather.com

Food & Wine Festival

The Lehigh Valley Food & Wine Festival is returning in grand style June 3-12, both virtually and at participating restaurants. Plans are in the works for a special online event featuring Chef Emeril Lagasse, the first-ever Lehigh Valley Food & Wine Festival Restaurant Week, and an in-person "sponsors only" event showcasing restaurant favorites from festivals past.

Vendor/Craft Show

The Washington Twp Fire Co. 920 Washington Blvd. will sponsor a Vendor/Craft Show June 6, 2021 from 10am - 4pm.

Vendors/Crafters if you are interest in a space our contact info is on the flyer. Spaces are \$30 for (1) 10ft x 10ft or \$50 for (2) 10ft x 10ft.

All spaces are outdoors and will be socially distanced apart from other vendors. No access to Utilities (water, electric, wifi, etc). Applications must be mailed. Vendors will be accepted as first come, first serve.

Outdoor Event - Rain or Shine. Food and Drinks For Space Info contact, Aundrea Morrison 610-984-7101 or email bdjm@gmail.com



Story Walk at Jacobsburg

A StoryWalk Weekdays and Weekends, Sunrise to Sunset is a trail with pages of a story book placed along the way.

This self-guided trail is a flat 1/3 mile walk good for families with young children. Start at the tree beyond our mailbox at 400 Belfast Rd./ Gate B7 and end inside the garden with a special surprise!

The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Kellogg-Hubbard Library.

Columcille Tours

Join renowned Celtic storyteller Tom Egan on his informative Columcille Park Tours beginning April 10, & continuing every second Saturday thru October 9 Tours begin at 9 and finish around 11:30. Tours start from the Stone Circle. You may Want to bring water, bug repellent, and sturdy footwear. Masks and social distancing are required for your safety. Columcille Megalith Park 2155 Fox Gap Road Bangor.

Slate Belt Y Child Care

The Greater Valley YMCA has announced the expansion of its child care offerings at its Slate Belt location. The Y now offers care for toddlers and preschool children ages 2 through 5 in its newly-constructed child care wing.

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Fri 8:00 AM - 6:00 PM • Sat 8:00 AM - 2:00 PM

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Introducing a little shop in Bangor that makes crocheted baby blankets, throw blankets, doilies, organic soaps, candles. CBD soaps and more. They also do custom orders on crochet items, soaps-must be ordered by loaf(10 bars), also do custom candles must order 12 or more to do custom order. Inquire within.

KimsKozyCrochet@yahoo.com

11 Broadway, Bangor PA

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

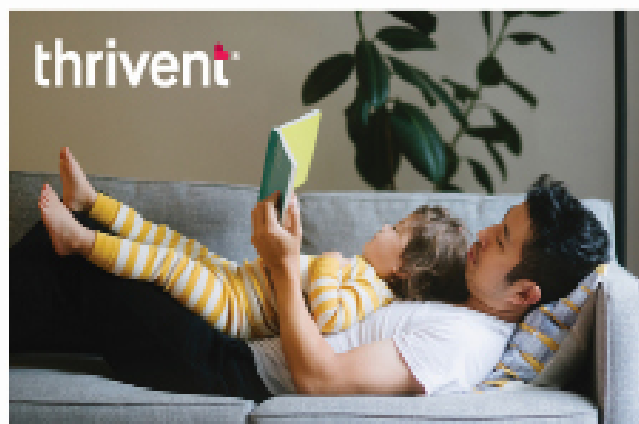
Avoid touching your eyes, nose, and mouth.



[cdc.gov/COVID19](https://www.cdc.gov/COVID19)

Daily Weather Updates

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Basic Boating Course

Saturday, April 17 at 9:00am to 5:00pm

The PA Basic Boating Course was developed to supply boaters with practical information, so they can make better informed decisions on the water. Instructors provide students with information to help them reduce the risk of injury and conflict on the water.

Students who successfully complete this course may apply for a Boating Safety Education Certificate issued by the Commission. This course will be held indoors and will only take place if there is a change in the current COVID-19 guidelines. Registration required. Updates regarding COVID-19 guidelines will be provided to registered participants via email. For questions call Andy Desko at 215-968-3631.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

All Aspects Restored & Recycled

All Aspects Restored & Recycled is OPEN Thursday, Friday & Saturday from 10-5 and Sunday 11-4;

In addition, they are open Monday- Wednesday or evenings, by appointment.

They are located at 1086 S Delaware Drive in Upper Mount Bethel, PA 18343, on Route 611 across from Twin Gap Farms in Stone Village. Gift Certificates and shipping are also available

Roseto Mailroom Offers Pack, Ship And Drop-Off

The Roseto Mailroom offers a local Pack & Ship and Drop-off location for both UPS and FEDEX. We are located between Easton and East Stroudsburg on route 191 in the borough of Roseto PA.

Authorized ship center for UPS and FEDEX. Drop off location for UPS and FEDEX. USPS

<https://www.facebook.com/rosetomailroom/>

<https://rosetomailroom.com/>

Mail-In Ballot Info

Registered voters who signed up to be on the permanent list to vote by mail will soon receive an application in the mail. Click on the link for an explanation for the reasons for the receipt of a mail-in ballot application and the options for its use.

<https://vimeo.com/pacounties/review/508454728/64ee77919d>

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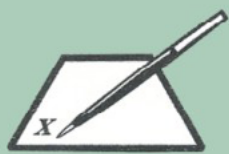
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St. John's Cemetery

Donations for St. John's Cemetery in Bangor are being accepted for maintenance. You can mail them to St. John's Cemetery c/o Carol Hummel, 136 Messinger Street, Bangor, Pa 18013.

PUMP Needs Your Help

With an increase of 30%-40% of people coming because of COVID-19, PUMP is currently serving 150 - 175 families who receive food weekly from the pantry. All the food is distributed by approximately 30 to 40 volunteers.

Food supply also has risen 25%-30% and continues to come from donations, Second Harvest, Trader Joe's, Northampton County and Salvation Army.

They are asking at this time for the communities cooperation in helping secure the funds to purchase a parcel of land and construction of a new building.

Donations can be sent directly to Portland Upper Mt. Bethel Food Pantry Inc. P.O. Box 69 Portland Pa. 18351 or visit the PUMP at 111 State St, Portland Pa.. Mondays from 9:30 AM to 12 PM.

Weona Anniversary Book

Purchase the 100th Anniversary History Book of Weona Park as a nostalgic present for a loved Pen Argyl resident.

Loaded with tons of photographs and information and lovingly put together by Walt Cole. Please contact the author at 610-863-6472. Checks payable to Pen Argyl Park and Athletic Association. Mailing options available

Cellar Door in Belvidere

Have you ever heard of The Cellar Door? It is a small business located in Belvidere, NJ.

They carry so many fantastic items including Candleman Creations LLC candles and wax melts!

<https://www.facebook.com/thecellardoormarket/>

St. Peter's In-Person Worship

Due to continued decrease in COVID Cases across the state, Governor Wolf's lifting of some restrictions and local school district reopening full time, Council approved to resume in-person worship starting March 21.

UMBT Softball Clinics and Registration

UMBT softballs winter clinic is extended into March. These are the dates in March, 9, 16, 23, & 30th. Same times same place.

UMBT softball registration extended to March 26th 2021.

<https://umbt.leagueapps.com/.../575292-umbt-softball...>

Vendors for Sweets & Treats Trail

They are looking for vendors for the May 16 sweets and treats trail in downtown Bangor for Mother's Day. You buy a ticket and go from store to vendor to store and try a different chocolate treat and then it gets judged at the end similar to a chilly trail. They want to have lots of vendors and music. If interested reach out to hbbapa@gmail.com.

Daily Weather Updates slatebeltweather.com

State Food Assistance

Pennsylvania State officials have encouraged all Pennsylvania residents to take full advantage of all food assistance programs, if needed, over the holiday season.

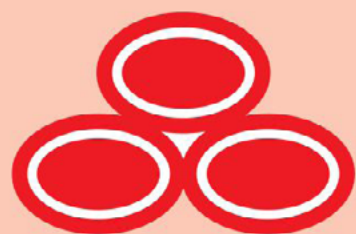
"Pennsylvania's food assistance programs were built for times like these and no one should be too shy to take advantage of what they have to offer," said Russell Redding, secretary of the Pennsylvania Department of Agriculture.

But those assets haven't stopped the covid-19 pandemic from destabilizing personal finances and causing heightened food insecurity for millions of residents. Compared to 2018, when roughly 11% of adults in Pennsylvania were food insecure, Redding said 15.5% experience the issue this year.

The difference is even starker when it comes to children in the state. In 2018, 15% children experienced food insecurity. That number has climbed to 24% in 2020.

Local food pantries saw greater demand especially early in the pandemic and through the summer, with miles-long lines at each weekly distribution and millions of pounds of food provided.

"Food insecurity was a problem for millions of Americans before March 2020," said Teresa Miller, secretary of the Department of Human Services.



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Slate Belt Chamber Offers Scholarships

The Slate Belt Chamber of Commerce is pleased to announce applications for Scholarship Achievement Award 2021 are available March 1st at the guidance departments of Bangor High School, Pen Argyl High School, Faith Christian & Career Institute of Technology.

The Slate Belt Chamber of Commerce will award one scholarship to a senior from each of the four area schools: Bangor, Pen Argyl, Faith Christian & Career Institute of Technology. Applicants must reside in the Slate Belt to apply.

The scholarships will be presented to the students based upon the following criteria; academic accomplishment, demonstrated service to school and/or community, demonstration of leadership capabilities and future vocational plans.

Please note: A separate award, The Frederick R. Curcio, Jr. Scholarship Award, may also be applied for at this time. To qualify a senior must have been enrolled in a computer science related course or planning to attend a Technical School of their choice or majoring in computer science.

Applications must be received by April 15, 2021

Home Heating Assistance

LIHEAP is a federally funded program that helps individuals and families pay their heating bills through home heating energy assistance grants. It also provides crisis grants to help in the event of an emergency or if a resident is in danger of losing his or her heat due to broken equipment, lack of fuel or termination of utility service.

The income eligibility guidelines for LIHEAP are set at 150% of the federal poverty income level. For example, the income limit for an individual is \$18,735; for a couple, the limit is \$25,365; and for a family of four, it is \$38,625. Residents may apply for LIHEAP online or by contacting the County Assistance Office in their county of residence.

Unwanted Med Disposal

Residents are urged to remove expired, unwanted, or unused medicines from the home to reduce the chance of accidents or misuse and to prevent the drugs from entering the environment.

Most municipal buildings in Northampton County, including the Courthouse at 669 Washington St. in Easton, offer collections for unused prescription medication. In the Slate Belt go to ...

Washington Township 1021 Wash. BVLD, Bangor

Slate Belt Regional Police 6292 Sullivan Trail, Naz.

Hotline for Human Services

Northampton County has a 24-hour Emergency hotline for all Human Services-related emergencies. Anyone struggling with a mental health crisis, abuse, neglect, suicidal thoughts, evictions, substance abuse, food insecurity, etc. can call 610-252-9060 for help and referrals.

Bangor Womens' Club Scholarship Applications

Bangor Area High School seniors are invited to participate in the Bangor Womens Club GFWC scholarship program for this year. The club plans to award a \$1000.00 scholarship to a 2021 graduate who plans to attend a four year college program this fall. Applications can be obtained in the Guidance Office at the high school. The deadline to submit

West Bangor Memorial Day Service

The West Bangor Memorial Association will not be sponsoring the annual Memorial Day services on May 15, 2021 due to the Covid-19 pandemic.

Daily Weather Updates
slatebeltweather.com

County Assistance

In light of Pennsylvania's eviction moratorium expiring on August 31st, Lamont McClure reminds residents that Northampton County has approximately \$3.6 million available for rental assistance, rapid rehousing and utility payments. The Department of Human Services and the Department of Community and Economic Development worked together to develop the Community Mediation and Eviction Diversion Program (CMED). CMED offers experienced mediators, emergency financial assistance and rapid rehousing to prevent homelessness. Contact: Third Street Alliance at 610-438-1763 or email Ziana Keith at zkeith@thirdstreetalliance.org

Teacher Vaccinations

St. Luke's University Health Network is expediting COVID-19 vaccine access to area education employees.

To qualify for expedited access, education employees must meet Pennsylvania's Phase 1a eligibility criteria (age 16-64 with high-risk conditions, or anyone 65 and older) and have indicated their employer on their St. Luke's MyChart account.

St. Luke's has committed to providing area school districts with a portion of available appointments while continuing to provide equitable distribution to the remainder of those eligible in Phase 1A

Educator Employee Vaccine Information:

St. Luke's COVID-19 Vaccination Information: www.sluhn.org/vaccine

MyChart Questions:

Eligible educators are encouraged to log in or create a St. Luke's MyChart account. Questions related to MyChart can be answered by calling 1-866-STLUKES (785-8537), option 5. Please note that due to an overwhelming activity of phone calls you may be placed on a call-back list.

Weona Park Pool Study

To read about Pen Argyl's Pool Feasibility study [CLICK HERE](#)

Blood Donors Needed

Miller-Keystone Blood Center is seeking donors. Recent storms have cancelled blood drives and supplies are running low. Miller-Keystone has 6 donor centers located throughout the region with extended hours. Anyone interested in donating should call 1-800-B-A-DONOR or make an appointment at <https://www.giveapint.org/>

Food Pantry

Did you know The Salvation Army of Pen Argyl has a food pantry?

If you or anyone you know are in need of food, you are welcome to come Tuesdays from 10AM-12 Noon. Curbside pick-up provided. Questions? Please call 610-863-6677



**NORTHAMPTON COUNTY COVID-19
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COORDINATED HEALTH
3100 Emrick Blvd. Bethlehem

Monday/Wednesday/Friday - 9AM - 4PM
Tuesday/Thursday - 11AM - 6PM
Saturdays - 9AM - Noon

Aging Agency Call Line

Lamont McClure and the Area Agency on Aging Division (AAA) are operating a call line on Friday mornings for Northampton County Seniors to make appointments for COVID-19 vaccinations. This service is intended for those who lack computer or internet access. AAA staff members will make 100 appointments per clinic date.

Vaccination clinics will be held at the Wind Creek Event Center at 77 Wind Creek Blvd. Bethlehem, PA.

Residents of Bethlehem City and Northampton County who are age sixty-five and older can call 610-865-7092 to schedule an appointment for a vaccination. AAA employees will also assist with registration at the Wind Creek clinics.

Signs of Spring Hike

Saturday, April 10 at 3:00pm to 5:00pm

Looking for a way to beat the winter doldrums? Join us as we search for wildflowers, new plant growth, migrating birds and other signs of spring.

Be prepared for a moderate hike that may involve muddy slopes and uphill climbs. Please bring binoculars, a camera, water and a snack, and wear sturdy shoes. Registration is required. Registrants will be contacted with the meeting location prior to the event.

All participants over the age of two are required to wear a mask in order to participate. All participants are required to maintain a safe social distance at all times during the program. Our written health and safety plan is available upon request. Please register all members of your party including adults and children as space for this program is limited to 15 attendees total.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

If you need an accommodation to participate in a program please contact the park office at 610-746-2801 or jacobsburgsp@pa.gov. Interpreters for people who are deaf or hard of hearing are available for these educational programs with at least five days notice.

BMCL Mr. Pastie Fundraiser

The Blue Mountain Community Library is sponsoring a Mr. Pastie Fundraiser. Tickets will be able to purchase beginning March 1 through April 17, 2021. The choices available are: Beef with Onion, Beef without Onion, Chicken and Veggie. The price per Pastie is \$6.00.

Call the library at 610-863-3029 to place an order. Payment must be received by cash or check, and tickets will be mailed to you or available to pick up at the Library, 216 S. Robinson Ave., Pen Argyl, PA.

Each ticket is good for 1 pastie (Frozen or Freshly Baked). Tickets will be able to be redeemed beginning Sat., May 1 through Sat., July 31, 2021 at Mr. Pastie, 10 Bell Ave., Pen Argyl, PA.

Visit their website at www.bmcl.org or our Facebook page for more information. Please consider supporting your Library by participating in this fundraiser and helping a local business as well.

Festive UMBT Easter Celebration

Please come join the festive Upper Mt Bethel "Drive-Thru" April 3, 2021, 1535 Potomac St Mt Bethel, Pa.

Candy bags will be handed out and the Easter Bunny will be hopping along.

Filetown Road Closure

The Filetown Road (S.R. 1006) Bridge will be closed and have a detour plan in place from Monday, March 22, 2021 to Monday, August 16, 2021. Please note that this is a Pennsylvania Department of Transportation (PennDOT) project, and it will not be managed by Plainfield Township officials.

Spring Business Showcase

A Spring Business Showcase and Yard Sale will be held June 12 at 1310 Blue Valley Dr., Pen Argyl behind Pets Plus/Ignite Fitness.

Enjoy shopping with your Slate Belt Business owners as well as their yard sale vendors!

Spaces are \$20 for SBCC members, \$25 for non SBCC member..

Future Master Watershed Steward Camp

Tuesday-Friday, June 15-18 at 9:00am to 12:00pm

Youth ages 13-18 are invited to join DCNR at Jacobsburg Environmental Education Center and Penn State Extension Master Watershed Steward Volunteers for the Future Master Watershed Steward Day Camp program! Youth will learn about the environment, water resources management, and complete a stream-side service project along the Bushkill Creek.

Youth will participate in science based activities that focus on local watersheds and waterways with plenty of opportunities to get hands-on and participate in field investigations. Upon completion of the program, participants will receive a certificate and are eligible for 2 hours of service toward High School community service requirements.

This free program will be held outdoors and will only take place if there is a change in the current COVID-19 guidelines.

Updates regarding COVID-19 guidelines will be provided to registered participants via email. This camp is Tuesday, June 15th, Wednesday, June 16th, Thursday, June 17th, and Friday, June 18th from 9:00am - 12:00pm each day. Registration required.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.



Lehigh Valley Walk for Life

What better way to reflect on all that God has done through Bright Hope over the past 40 years than to go for a walk with purpose? Their 40th Anniversary Walk for Life fundraising goal is \$40,000. The funds raised will go towards supporting the ongoing client services in their clinics including pregnancy tests, ultrasounds, STI testing, prenatal vitamins as well as virtual and in-person ongoing education classes on pregnancy, parenting, healthy relationships and life skills.

This year, due to continued COVID-19 restrictions, they will be holding The Lehigh Valley Walk for Life in-person and virtually on Saturday, May 1st at 9:00am.

The in-person Walk for Life will take place at The Bethlehem Township Community Center at Pavilion one. Attendance to the in-person walk is capped at 125 people and you must register in advance. Masks will be required.

For those who feel more comfortable walking virtually, we completely understand. Please still register and be sure to mark yourself as a virtual walker. We will get a sponsorship form to you electronically or by mail. Please take photos and share them with us the day of the event!

Everyone who registers for our 40th Anniversary Walk for Life will receive a t-shirt for participating -- both in person and virtually. Please be sure to mark your t-shirt size when you register.

To join us for our 40th Anniversary Lehigh Valley Walk for Life, register by clicking this link <https://secure.ministrysync.com/ministrysync/event/?e=21362> or calling 610-821-4000 and ask for Amity.

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid touching your eyes, nose, and mouth.



[cdc.gov/COVID19](https://www.cdc.gov/COVID19)

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Grab & Go Paint & Plant Spring Kids Workshop

*An alternative to an in-person
workshop for ages 3 & up*

- Kit includes: A craft to paint -age appropriate (birdhouse, bug habitat , butterfly house, or wind chime.) Also includes: 6 pots, 3 plants, seeds, soil & directions).
- The Easter Bunny will make an appearance on Friday 4/2 for pickup and pictures. (time to be determined).
- Can't make it Friday? The Easter Bunny will deliver it to your home on Saturday 4/3 (some restrictions & delivery fee applies).
- Ginder Greenhouse 558 Lake Minsi Dr , Bangor, 610-588-0222
- gindergreenhouse@gmail.com
- Pickup time to be scheduled Price: \$25.00
- Delivery Charge: \$5 (within 10 miles of greenhouse) \$10 (11-20 miles from greenhouse) (delivery is limited & available on 1st come basis).
- Payment Method: on-line—www.gindergreenhouse.com
- Social distancing & masks are required when visiting the garden center.

Trout Season Starts in April

Mark your calendars for the statewide opening of trout season on Saturday, April 3, at 8:00 A.M. There will be no regional opening this year. Anglers have two more weeks to enjoy trout fishing statewide

Family Night Frog Find & Salamander

Friday, April 16 at 6:00pm to 7:30pm

Spring is here and our amphibian neighbors are springing out of the ground! Join us as we learn what amphibians are and what they've been doing all winter. They'll go on a two mile walk to look for frogs and salamanders just before sunset. Bring a flashlight and wear sturdy shoes that can get wet and muddy.

Registration is required. All participants over the age of two are required to wear a mask in order to participate. All participants are required to maintain a safe social distance at all times during the program.

Their written health and safety plan is available upon request. Please register all members of your party including adults and children as space for this program is limited to 15 attendees total.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

If you need an accommodation to participate in a program please contact the park office at 610-746-2801 or jacobsburgsp@pa.gov. Interpreters for people who are deaf or hard of hearing are available for educational programs with at least five days notice.

Where To Eat

Little Creek BBQ

Hours: Thurs, Fri & Sat 2-7. Sun. 12-5. Closed Mon, Tue, Wed. 610-588-3831. Info: [Click Here](#)

Sal's Pizza

Sal's Pizza 487 E. Moorestown Road, Wind Gap. 610-863-7665. More Info: [Click Here](#)

Doughboys

230 W. Moorestown Rd, Wind Gap. . 610-759-3776. More Info: [Click Here](#)

Pen Argyl Pizza

Pen Argyl Pizza 510 E. Main St, Pen Argyl. 610-863-6670. More Info: [Click Here](#)

512 Restaurant

512 Restaurant 2 East Pennsylvania Ave, Pen Argyl. 610-881-4540. More Info: [Click Here](#)

Detzi's Tavern

Detzi's Tavern 570 North Lehigh Ave., Wind Gap. 863-9882. More Info: [Click Here](#)

Slate Pub

Slate Pub 509 E. Main St., Pen Argyl. 610-881-4700. More Info: [Click Here](#)

Broadway Pub

Broadway Pub 62 Broadway, Bangor. 610-452-9226. More Info: [Click Here](#)

Boar Barbecue

Boar Barbecue 690 Allegheny Road, Mt. Bethel. 484-908-3407. **CLOSED FOR SEASON.** More Info: [Click Here](#)

Five Points Grill & Pub

Five Points Grill & Pub 1001 Mt. Bethel Highway, Mt. Bethel. 610-588-1773. . More Info: [Click Here](#)

M & M Vineyards

M & M Vineyards 18 Shepherds Hill Dr. Bangor. See their website at. <http://mmvineyards.com>

East Bangor UMC

136 W. Central Ave. (Rt. 512) East Bangor, PA
Thurs., April 1

-7:00 p.m. Maundy Thursday w/communion
(Live & on Zoom)

Fri., April 2

-12:00-3:00 p.m. Sanctuary Open for
Meditation

Sat., April 3

-8:00 p.m. AA Meeting

Sun., April 4

-10:00 a.m. Easter Sunday (Live & on Zoom)
(call for reservation: 610-588-4453)

(For Zoom, go to ebumc.org to sign-in)

Dinky's

Dinky's Ice Cream Parlor Rte 191 and Broadway in Bangor. More info [Click Here](#)

Clever Girl Winery

Clever Girl Winery's 15 Broadway in Bangor (484) 484-8907 www.clevergirlwinery.com/

Napoli Pizza

Dine-In, pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. [Click Here](#)

Napoli Pizza

Dine-In, pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. [Click Here](#)

Slate Belt Diner

610-452-9205, 370 Blue Valley Drive. More Info: [Click Here](#)

Daisy Family Restaurant

6589 Sullivan Trail Wind Gap, (610) 863-4044. More info: [Click Here](#)

Three Brothers Pizza

Three Brothers Pizza at Plainfield Diner, Sullivan Trail. 610-863-4950 .More Info: [Click Here](#)

Mt. Bethel Diner

570-897-6409, 2600 N. Delaware Drive, Mt. Bethel, Pa 18343. More Info: [Click Here](#)

Family & Friends

610-759-7477. Rt 512 Wind Gap. More info: [Click Here](#)

Gap Diner

Rt. 512 Wind Gap. More info: [Click Here](#)

TK's Restaurant

570-897-6112. Rt 611, Mt. Bethel More info: [Click Here](#)

Fuher's Tavern & Grill

104 Main St., Portland (570) 897-5590.

Annual Tack Swap

On Saturday, April 10, 2021, the annual tack swap or "equine garage sale" will be held at the Northampton County 4-H Center, Nazareth, PA.

The tack swap will be held from 11 AM - 2 PM; vendors will start setting up after 9 AM. The public is invited to attend. Masks are required and Social Distancing is enforced.

The Northampton County 4-H Center is located at 777 Bushkill Center Rd., 2.2 miles south of Rte. 512 from the traffic light for Bushkill Center Rd. or 3 miles north of Nazareth on Bushkill Center Rd.

There will be new and used items for sale for all horse interests and disciplines. Also there will be horse crafts, Breyer model horses, clothing, and other horse related items. All indoor sale areas are pre-sold; sellers wishing an outside space, the areas are on a first-come the day of the swap. There are no consignments. No live animals are permitted; no dogs permitted.

Limited food, courtesy of the Northampton Cty. 4-H Center, will be available during the sale hours. This is a rain or shine event; being held inside their non-heated buildings and outside.

Daily Weather Updates
slatebeltweather.com

TRICKY TRAY FOR THERESA WINELANDER

Theresa has recently lost her battle to stage 4 cervical cancer. She was only 27 years old with 2 children, a 10-year-old son & a 2-year-old daughter. Join us in raising money for her children and to help cover her expenses.



**LOTS OF BASKETS/PRIZES
INCLUDING HIGH-VALUE ITEMS
FOOD AVAILABLE FOR PURCHASE!**

PLEASE JOIN US!

**APRIL 25, 2021
DOORS OPEN 1PM**

**East Bangor Park
Park Road, East Bangor**

Valor Volunteers Needed

Have you been looking for a way to give back to your community and the men and women who have served our country? Please consider Volunteering for VALOR Clinic Foundation!

Assistance is needed in many areas, cleaning, cooking, yard work, administrative work, inventory, sorting, packing trucks, fundraising and so much more. DO you have a skill that you want to use and share?

Many of their volunteer needs can be done right at Paul's House, others can be done in your own home or out the community.

Volunteer meetings held the first Monday Of every month.

We appreciate it even if you can spare an hour or two a week. They are located 1130 Scenic Drive, Kunkletown.

To volunteer call 570-664-6468



Barnes Petting Zoo in Mt. Bethel

Welcome to Barnes Yard Petting Zoo! We are the home of the Rainbow Ponies. We serve the Lehigh Valley, New Jersey and beyond for all of your petting zoo and pony needs. Our goal is to take the "what is that?" factor out of the common equation that is human beings living in harmony with animals. PO Box 322 Mount Bethel PA 18343 (570) 269-3361 barnesyardpettingzoo@gmail.com

Easter Bunny Coming to Roseto

Roseto Helping Hands and the Columbia Fire company in Roseto announces the expected arrival of the Easter Bunny on the fire truck between 1:00pm and 1:30pm on Saturday April 3rd.

The Bunny will arrive at the fire hall around 1:30. There you can have professional pictures taken with the Easter Bunny. The cost for pictures will be \$5.00. The address is 164 Garibaldi Ave in Roseto. Have you been looking to get out and have your children visit with the Easter Bunny? Join them. Everything will be outside.

Slate Belt Rising Scholarships

Slate Belt Rising, a program of Community Action Committee of the Lehigh Valley, announced it is now accepting applications for its 2021 Scholarship Program. The \$500 scholarships are available to high school seniors who have been accepted at a four-year university/college, community college, technical school, or entering the workforce in a trade; as well as adults continuing their education. Applicants must reside in the Bangor Area School District or Pen Argyl School District.

Applicants are required to submit an application, two letters of recommendation, and official school transcripts. Scholarship funds must be used exclusively for tuition at post-secondary educational institutions that normally maintain a regular faculty and curriculum, and for fees, books, supplies, and equipment required for courses at such institutions, for room and board expenses payable to the institution, or for the purchase of tools for a student entering the workforce in a trade.

Vendors for Sweets & Treats Trail

They are looking for vendors for the May 16 sweets and treats trail in downtown Bangor for Mother's Day. You buy a ticket and go from store to vendor to store and try a different chocolate treat and then it gets judged at the end similar to a chilly trail. They want to have lots of vendors and music. If interested reach out to hbbapa@gmail.com.

Bangor High School Bands Hosting Fundraising Shoe Drive April 16,17

The public is invited to participate in a shoe drive Friday, April 16th from 2:30-5:30 PM & Saturday, April 17th from 9AM-noon at Bangor Area High School (Theater entrance); 187 Five Points Richmond Rd. Bangor, to raise funds for the Bangor Area HS Bands. Donations of gently worn, used and new shoes will be accepted. The money raised is determined by the total weight of the shoes collected.

All donated shoes will be redistributed to micro-enterprise partners through Funds2Orgs, a for profit social enterprise, and used in developing nations for impoverished people to start their own businesses.

By donating your gently worn, used and news shoes to the Bangor Area High School Bands, your shoes are given a second chance to make a difference.

The Bangor Area High School "Slater" Bands have been the pride of the Slate Belt for generations. Drawing on the area's unique Welsh history, the marching band has served as musical ambassadors to the community in regionally, nationally and internationally over most of the past century. The Concert and Jazz ensembles are consistently recognized for students' superior musicianship. Over 100 students regularly are involved in the Bangor Area High School Band Program. It is the goal of the Bangor Bands to develop young adults who value responsibility, community & excellence in music and all aspects of their lives.



Fourth Monday Book Study

The East Bangor United Methodist Community Church will offer a "Fourth Monday Book Study" (April through July) discussing Gordon MacDonald's novel, "Who Stole My Church: What to Do When the Church You Love Tries to Enter the 21st Century". The book can be purchased through booksellers such as: Amazon, Barnes & Noble, and Cokesbury. Please read Chapters 1-4 in preparation for the first session, April 26th, which will be on Zoom from 7-8 p.m. Go to www.ebumc.org for Zoom log-in information. (Pastor Dave Goss, 610-588-4453)

Gardening Party For Adults

Join a Gardening Party For Adults Sunday April 11 from 12-2.

- Understand Seed Packets (when to plant and where)!
- How to start seeds and transplant started plants!
- Step by Step instructions to care for your plants!
- Let us help you with your gardening plans!

Farm and Forest LLC. and Aurelia's Kickin' Kitchen are teaming up to deliver a value packed Gardening Party/Class, at the farm.

Whether you're a beginner who has never planted anything in your life or if you're a seasoned gardener looking to make starting your garden a little easier this year, you won't want to miss out on this!!

Planning a traditional garden, a raised garden or even a container garden, this garden party will have you gardening ready.

With over 70 started plants you will have the perfect size garden to feed your family this summer! Or, if it's just you, your friends will love you for all the fresh produce you can share with them!

Come plant with them.

Invite your friends, family members, neighbors, etc. Better yet, tag them below. And let's get to planting

Register Online

<https://FARMANDFORESTLLC.square.site>

Weekly Weeders at Jacobsburg

Thursday, April 8 at 8:30am to 10:30am

Thursday, April 15 at 8:30am to 10:30am

Thursday, April 22 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required.

All participants over the age of two are required to wear a mask in order to participate. All participants are required to maintain a safe social distance at all times during the program. Our written health and safety plan is available upon request. Please register all members of your party as space for this program is limited to 4 attendees total each day.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Lookout Fire Co. Will Spreading Easter Cheer

Easter is right around the corner, and Lookout Fire Company No.1 is excited to say that this year they will be spreading Easter cheer throughout the borough on Saturday, April 3rd from 11am until roughly 2pm for children ages 10 and under.

They will be doing this in place of their Easter Egg Hunt. As a result of restrictions still in place on Saturday April 3rd, as well as the health and safety of the community as their number one concern, they have opted out of holding our Easter Egg Hunt at Weona Park.

On Saturday, April 3rd, there will be a small group of fire company members who will be driving around town in the fire trucks to deliver candy filled Easter bags. While they have taken recommended precautions when packaging the eggs, you will find that they put them in easy to disinfect baggies if you choose to clean them as well.

They will begin the Easter cheer run at 11am for residents who live west and below route 512 and work our way east through the borough.

When you hear the fire truck, come outside so that they can toss a bag of Easter candy to your children and family. They ask that you remain on your porch or sidewalk in order to keep recommended social distance.

Clean Slate Yoga Mediation Meeting

The Clean Slate will hold Breathe, Move, Recover: Yoga Meditation Recovery Meeting In coordination with Hope Center and Sync Recovery, there will be a Yoga/Meditation recovery meeting starting on April 6th at 1:30PM. There will be a total of 4 sessions that span for 6 weeks at a time. (Both in person and zoom). For A Clean Slate, this will be in person at the center.

All the instructors are certified and have years of experience. Kindly print and post the attached flier at your respective Centers.

EDMONDS continued from page one

counts. You compete against other people based on your age, weight, and gender.”

At only 15 years old, Edmonds currently holds the 1st place title in Pennsylvania and ranks within the top 15 in the country for her age group. On top of that, she also holds all seven state records. But beyond her incredible accomplishments and hours spent training, she still enjoys the sport as a hobby.

“I think the confidence I've gained from lifting is beyond what I ever would have thought,” Edmonds said. “I love the power and gains I receive, as well as knowing I can only rely on myself in powerlifting. It is completely independent, and I have to trust myself and my abilities. It is really a wonderful feeling when something you have worked on for months has paid off.”

And her hard work certainly has paid off. We look forward to seeing what she'll be able to accomplish next!

Signs of Spring Hike

Saturday, April 10 at 3:00pm to 5:00pm

Looking for a way to beat the winter doldrums? Search for wildflowers, new plant growth, migrating birds and other signs of spring. Be prepared for a moderate hike that may involve muddy slopes and uphill climbs. Bring binoculars, camera, water and snack, and wear sturdy shoes. Registration required. Registrants will be contacted with the meeting location prior to the event. All participants over the age of two are required to wear a mask in order to participate. All participants are required to maintain a safe social distance at all times during the program. Our written health and safety plan is available upon request. Register all members including adults and children. Space is limited to 15 attendees total.

Celestial Wildlife

Saturday, April 10 at 7:30pm to 9:30pm

Did you know that the night sky is filled with all sorts of wildlife? Join us for this nighttime adventure as we use our imagination and search the sky for bears, lions, dogs, bulls and even dragons! Please dress warmly and wear sturdy shoes. Bring a blanket to sit on, a flashlight (with a red filter if available), water, a snack, and binoculars if you have them. Please note that the park will not provide telescopes at this program. This program is best for families with children ages 8 and up. Registration is required. Registrants will be contacted with the meeting location prior to the event. All participants over the age of two are required to wear a mask in order to participate. All participants are required to maintain a safe social distance at all times during the program. Our written health and safety plan is available upon request. Please register all members of your party including adults and children as space for this program is limited to 15 attendees total.

Family Night - Frog Find and Salameander

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Daily Weather Updates
slatebeltweather.com