



EASTER EGG HUNT AND PANCAKE BREAKFAST HOSTED BY THE LMBT RECREATION BOARD AND LMBT SANDT'S EDDY FIRE DEPARTMENT

Join us for some egg hunting fun!

When: Saturday, April 1, 2023 (Rain date – Saturday, April 8th)

Where: Riverton field and pavilion – 7701 Martins Creek Belvidere Highway

Time: 10:30 a.m. to 12:30 p.m.

Breakfast will be held from 10:30 a.m. to 11:30 a.m.

Cost for Breakfast: Adults \$8, children 5 - 10 years \$5, children 4 and under free. Pre-payment is required for the breakfast by Wednesday, 3/29/23 at the Township Office – 2004 Hutchison Ave. Martins Creek, PA 18063 - cash, check or credit card is accepted. Contact Melissa at (610) 252-5074 if you have any questions.

Easter Egg hunt will start promptly at 12 noon.

Egg Hunt for Children Ages 12 years old or younger There will be lots of eggs and goody bags for the children!

PAHS Seeks Head Girls Soccer Coach

Pen Argyl High School has an immediate opening for a Girls Head Soccer Coach.,

Brief Job Description: To provide instruction regarding the knowledge and skills involved in the participation of students in girls soccer. To provide the necessary supervision/direction for the participating students, both individually and as a group.

Requirement: Should possess the knowledge and skills with which to coach Girls Soccer. Should possess the ability with which to safely direct/supervise a program of this kind.

Salary: Depending upon years of experience

Apply In Writing To:

Tim Egan, Athletic Director Pen Argyl Area High School 501 W. Laurel

Avenue Pen Argyl, PA 18072 **Telephone:** (610)863-1293 **Email:** Egan.tim@penargylsd.org

Applications Due: March 26, 2023. On Or Before:

Fishing Equipment Available

When: Monday thru Friday, 8:00am to 2:30pm

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth

Borrow fly rods, spinning rods, fly boxes, and tackle to use in Jacobsburg's creeks! To borrow equipment, you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

Adventure Backpacks Available

When: Monday thru Friday, 8:00am to 2:30pm

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth

Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars, notepad, colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsburgsp@pa.gov



PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

Spring Sports Season Openers

March 17 - Palisades Tennis at Pen Argyl L 3-2

March 17 - Bangor Softball at Freedom L 5-2

March 17 - East Stroudsburg Baseball W 4-0

March 18 - East Stroudsburg Softball at Pen Argyl W 5-3

March 18 - Northampton Boys Tennis at Bangor L 4-3

March 21 - Northern Lehigh Track at Pen Argyl 3:30pm

March 21 - Palisades Track at Bangor 4:00pm

March 21 - NDES Tennis at Bangor 4:00pm

March 22 - Wilson Baseball at Pen Argyl 4:00pm

March 22 - Wilson Softball at Pen Argyl 4:00p

March 22 - Palisades Baseball at Bangor, 4:00pm

March 22 - Palisades Softball at Bangor, 4:00pm

March 23 - Bangor Tennis at Southern Lehigh, 4:00pm

March 23 - Palmerton Tennis at Pen Argyl, 4:00

March 24- Jim Thorpe Tennis at Bangor, 4:00pm

March 24 - Pen Argyl Baseball at Moravian, 4:00pm

March 24 - Bangor Baseball at Wilson, 4:00pm

March 24 - Bangor Softball at Wilson, 4:00pm

March 25 - NDGP Baseball at Pen Argyl, 4:00pm

March 25 - NDGP Softball at Pen Argyl, 4:00pm

March 27 - Palisades Tennis at Bangor, 4:00pm

March 27 - Saucon Valley Tennis at Pen Argyl, 4:00pm

March 28 - Pen Argyl Track at Saucon Valley, 4:00pm

March 28 - Pen Argyl Tennis at Moravian, 4:00pm

March 28 - Bangor at Whitehall Tennis, 3:30pm

March 28 - Pen Argyl Baseball at Saucon Valley, 4:00pm

March 28 - Pen Argyl Softball at Saucon Valley, 4:00pm

March 28 - Bangor Baseball at NDGP, 4:00pm

March 28 - Bangor Softball at NDGP, 4:00pm

March 28 - Bangor Track at Catasauqua 4:00pm

March 30 - Pen Argyl Tennis at Wilson, 4:00pm

March 30 - Saucon Valley Baseball at Bangor, 4:00pm

March 30 - Saucon Valley Softball at Bangor, 4:00pm

March 30 - Bangor at Salisbury Tennis, 4:00pm

March 31 - Pen Argyl Tennis at NDES, 4:00pm

April 1 - Bangor Baseball at Pen Argyl 11:00am

April 1 - Bangor Softball at Pen Argyl 11:00am

April 3 - NDGP Tennis at Bangor, 4:00pm

April 3 - S. Lehigh Tennis at Pen Argyl, 4:00pm

April 3 - Palisades Baseball at Pen Argyl, 4:00pm

April 3 - Palisades Softball at Pen Argyl, 4:00pm

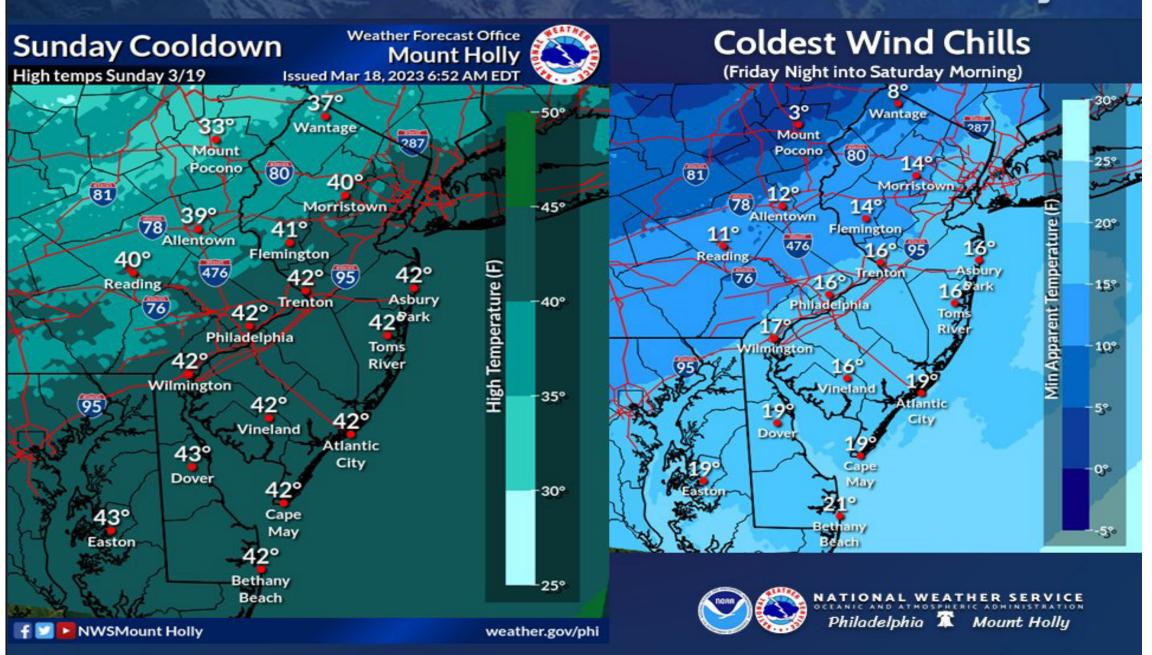
April 4 - Moravian Acad. Baseball at Bangor 4:00

April 4 - NDGP Track at Bangor 4:00pm





Late Winter Weekend Coldsnap



Easter Egg Hunt And Pancake Breakfast Hosted By LMBT Recreation Board & LMBT Sandt's Eddy Fire Department

Want to enjoy some egg hunting fun Saturday, April 1, 2023 (Rain date – Saturday, April 8th at Riverton field and pavilion – 7701 Martins Creek Belvidere Highway from 10:30 a.m. to 12:30 p.m.

Breakfast will be held from 10:30 a.m. to 11:30 a.m. Cost for Breakfast: Adults \$8, children 5 - 10 years \$5, children 4 and under free.

Pre-payment is required for the breakfast by Wednesday, 3/29/23 at the Township Office – 2004 Hutchison Ave. Martins Creek, PA 18063 - cash, check or credit card is accepted. Contact Melissa at (610) 252-5074 if you have any questions. Easter Egg hunt will start promptly at 12 noon. Egg Hunt for Children Ages 12 years old or younger There will be lots of eggs and goody bags for the children!

LMBT was awarded a Hotel Room Rental Tax Grant for this event from the Northampton County Dept. of Community & Economic Development.

LMBT Bike Run

Sunday, May 21, 2023 at 12 pm B.A.C.K. Rides for the Red at Riverside Barr Sponsored by Lower Mt Bethel Sandt's Eddy Fire Company

Bike Run starting and ending at Riverside Barr \$25 for Rider \$20 for passengers includes event tee shirt, Breakfast sandwich and coffee other food and drinks will be available for purchase.

There will be vendors a Tricky Tray, 50/50 raffle and Off The Road Band featuring Greg Smith will be preforming. Event is open to the public come on out for a good time and support your local Fire Company.

Girl Scouts Need Your Help

Girl Scouts have been working to help Valor foundation. They have been decorating hundreds of toiletries bags to be given out at Valor Stand downs to help our local homeless Veterans and community members. Shampoo, body wash/soap, sanitizer, toothpaste, men's and women's deodorant, combs/brushes, chapstick/lip balm and feminine hygiene products (pads/tampons).

Donations are needed by March 31st. Items can be dropped off or picked up locally, contact Staci Zemen on Facebook. If you'd like to make a monetary/Venmo or gift card donation, can also be accepted and used to purchase above items.





New items only!

- Shampoo
- ☐ Soaps/Body Wash
- Toothpaste
- □ Deodorant (men & women)
- Combs/Brushes
- □ Chapstick/Lip Balm
- Feminine Hygiene (pads/tampons)





Christ Presbyterian Church, 332 Kennedy Dr, Bangor PA 18013

Make Better Beverage Choices



Drink water

Choose water over sugary drinks + serve water during meals.



Cut coffee calories

Choose a low-fat milk + sprinkle cinnamon for flavor



Compare food labels

Check calories, amounts of added sugars + servings



Grab a bottle on the go

Carry a clean, reusable water bottle to fill throughout the day



Jazz up your drink

Add flavor to your water with lemon lime or orange slices

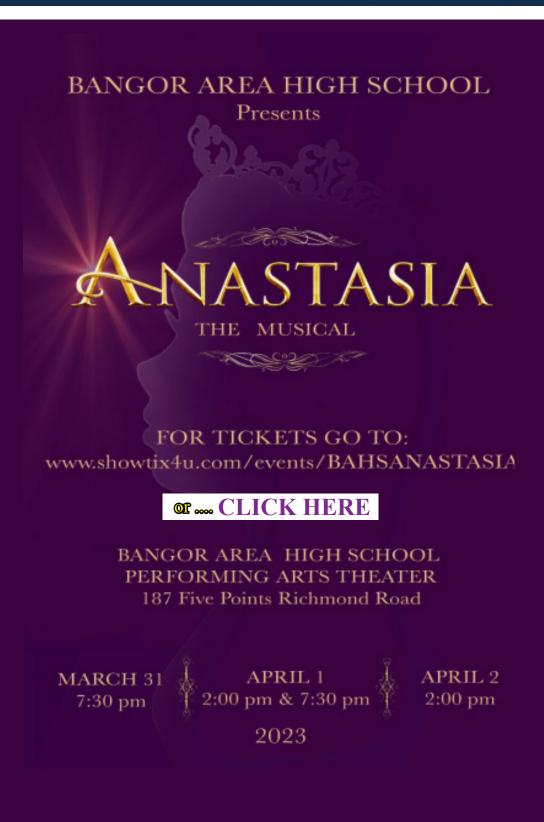




PUBLISH YOUR EVENT

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Women Empowerment Group

Women's support/skill development group where we focus on wellness & mental health over the course of 5 group sessions is planned for A Clean Slate. A safe and trusting group setting where the issues and challenges of women are addressed starting Thursday March 30th 6-7pm

-pre-registration is required

-must commit to attending all sessions Erica Parker, Facilitator: (619) -452-9348 A Clean Slate 118 S. 1st Street, Bangor. info@cleanslatebangor.org

Cookbooks in the Book Nook

Do you like to cook or collect cookbooks? If so, stop into the Blue Mt. Community Library, located at 216 S. Robinson Ave. Pen Argyl and browse through the Book Nook.

Along with many adult and children's gently used books and puzzles, there is a large collection of cookbooks available to purchase. The library is open M-Sa, 10:00 am to Noon, and M & Th 6:00 to 8:00 pm.

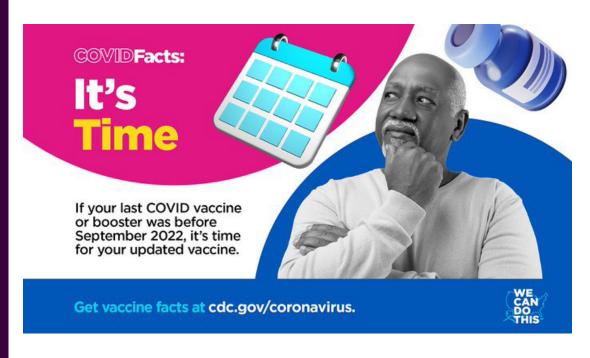
Membership is not needed to purchase items in the Book Nook, but is free to all residents of the Pen Argyl Area School District. Nonresidents may join for a small yearly fee.

The library also has Pen Argyl yearbooks available to buy. Call 610-863-3029 or visit our Facebook page or website at www.bmcl.org. for information about the library

Christ Presbyterian Egg Hunt
Christ Presbyterian Church of the Slate Belt is hosting an Easter Egg Hunt on Saturday, April 1 at 2PM.

Age categories are 1-3, 4-7 and 8 to 10. Prizes will be awarded in each age category. The Easter Bunny will make a visit too!

Come and join in the fun! Located at 332 Kennedy Drive, Bangor, PA 18013. Call 610-588-4864 for more details or check out our website: www. christpcsb.org





Extra Payments End



Due to changes in federal law, **SNAP households will** only receive one SNAP payment in March.

We encourage SNAP recipients to visit dhs.pa.gov/SNAPCares for more information and resources.



Recent Features Pages 16-23

sbtopics@rcn.com

March 19, 2023

www.sbtopics.com

Slate Belt 7-Day Weather Forecast

Inc. Clouds 38 Today Sunny 50 Monday

National Weather Service Forecast - 6am Today

Today, Increasing clouds, with a high near 38. Breezy, with a west wind 15 to 20 mph, with gusts as high as 30 mph.

Tonight, Mostly clear, with a low around 22. Southwest wind 5 to 10 mph.

Monday, Sunny, with a high near 50. Southwest wind 5 to 10 mph.

Monday Night, Mostly clear, with a low around 28. West wind around 5 mph.

Tuesday, Sunny, with a high near 56. West wind 5 to 10 mph, with gusts as high as 20 mph.

Tuesday Night, Partly cloudy, with a low around 33.

Wednesday, Partly sunny, with a high near 57.

Wednesday Night, A chance of showers after 2am. Mostly cloudy, with a low around 44. Chance of precipitation is 30%.

Thursday, A chance of showers before 8am, then a chance of showers after 2pm. Mostly cloudy, with a high near 63. Chance of precipitation is 30%.

Thursday Night, A chance of showers. Mostly cloudy, with a low around 49. Chance of precipitation is 30%.

Friday, A chance of showers. Cloudy, with a high near 64. Chance of precipitation is 50%.

Friday Night, A chance of showers. Mostly cloudy, with a low around 42. Chance of precipitation is 50%.

Saturday, A chance of showers. Partly sunny, with a high near 56. Chance of precipitation is 30%.



Special Events

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

March 22

Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

Hike for Health

Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 2.5 miles over uneven terrain. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov.

Wednesday, March 22 at 5:30pm to 7:00pm. More dates through October 4, 2023. Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 1806

March 24

Family Science Night - Tantalizing Timberdoo-

The 'sky dance' or courtship display of the American Woodcock is a spectacle which is known to take place at Jacobsburg each year.

CONTINUED PAGE 12



State Farm

Debbie Pettinari Agency 106 S. Broadway, Wind Gap, PA 610-881-4433

www.debbieinsurespa.com debbie.pettinari.wz73@statefarm.com





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Daily Schedule

Sunday March 19

Slate Belt Heritage Center - Open 12-3. Slate Belt YMCA - 10-2

Monday March 20

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Plainfield Township Planning Commission - Municipal Building, 7:00 pm.

Lower Mount Bethel Supervisors - Meets Centerfield Building - 7pm

Pump - 8:30-11:30

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday March 21

Bingo - Portland Fire Co., 7pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-2

Roseto Planning Commission - 7:00pm Borough Hall

Slate Belt YMCA - Open 6:00am - 8:00pm Washing Twsp. Planning - 7pm Wind Gap Boro - Council 7pm

Wednesday March 22

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

UMBT Planning Commission - Township Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Thursday March 23

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

UMBT Planning Commission - Township Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pmm

Friday March 24

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

UMBT Planning Commission - Township Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Saturday March 25

Blue Mountain Library - Open 10-12 Bangor Public Library - Open 10-4 Slate Belt YMCA - 8-4

State Bell YMCA - 8-4

Slate Belt Heritage Center - Open 12-3 Hope, Faith & Recovery Group, every

Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday March 26

Fellowship Dinner - First UMC Bangor, 12:30-1:30.

Portland Sunday Sundaes - 6:30 - 8:00pm (Summer only)

Slate Belt Heritage Center - Open 12-3. Slate Belt YMCA - 10-2

Monday March 27

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

Bangor Borough Council - Workshop, Bee Hive, 7:00pm

Pump - 8:30-11:30

UMBT Supervisors -7pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday March 28

Blue Mountain Library - Open 10-12 & 6-8pm **Bangor Public Library** - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

Washington Twp. Recreation - 7pm **Roseto Zoning** - 7pm



Daily Schedule

Saturday April 1

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 10-4

Mission of Love Soup Kitchen - N. Main St., Bangor. 11-2

Slate Belt YMCA - 8-4 Slate Belt Heritage Center -Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday April 2

Fellowship Dinner - East Bangor UMC, 4-6.

Slate Belt Heritage Center - Open 12-3.

Slate Belt YMCA - 10-2 All-You-Can Eat Breaklfast -

Bangor Elks 8-12pm. Adults \$10. Kid 6-12 \$6. Under 6 - Free.

Monday April 3

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Pen Argyl Sewer Committee - 4:30 P.M. Council Chambers

Pen Argyl Municipal Authority - 5:00 P.M. Council Chambers

Washington Township Zoning Board - Municipal Building, 6:30 pm.

Roseto Borough Council -Municipal Building, 7:30pm

Lower Mount Bethel Supervisors

- Meets Centerfield Building, 7pm **Portland Borough Council** -

Borough Hall, 7:00pm

Pen Argyl Council - 7pm Pen Argyl GFWC - St. John,

Pen Argyl, 7pm

Slate Belt YMCA - Open 6:00am

- 8:00pm **Pump - 8:30-11:30 Weona Park Pals -** 7pm

Tuesday April 4

Wind Gap Boro Council - 7pm

Bingo - Portland Fire Co., 7pm. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-12

Pen Argyl Woman's Club Meets 1:30 pm St. John's Lutheran.

Plainfield Parks & Rec - 7pm Slate Belt YMCA - Open 6:00am -8:00pm

Wind Gap Boro Council - 7pm (Monday Holiday meet Tuesday

Wednesday April 5

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm..

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 1-8

LMBT Recreation Board - 7pm, Centerfield building

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Slate Belt YMCA - Open 6:00am - 8:00pm

Wind Gap Zoning - 7pm

Thursday April 6

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Bingo - Plainfield Fire Co., 6:30pm Plainfield Environmental Advisory Board - Municipal Building, Slate Belt YMCA - Open 6:00am - 8:00pm

Wind Gap Planning - 7pm

Friday April 7

Bingo - Wind Gap Fire Co., 6:45. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday April 8

Blue Mountain Library - 10-12 Bangor Public Library - 10-4 Columcille Tours - Free. 9:30-11:30. Meet at Stone circle.

Slate Belt YMCA -8-4 Slate Belt Heritage Center -Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am -12:30pm

Sunday April 9

Breakfast - Bushkill Volunteer Fire C. 7:30-12:30.

Fellowship Dinner - Breaking Bread soup kitchen, 4:00pm. Cross Road Baptist, Bangor.

Slate Belt Heritage Center - Open 12-3.

Slate Belt YMCA - 10-2

Monday April 10

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Pen Argyl Sewer Auth. - 4:30pm (If needed)

Pen Argyl Municipal Auth. - 5pm (If needed)

Bangor Borough Council -

Meets Bee Hive Community Center, 7pm

Portland Council - 7pm Pump - 8:30-11:30

Upper Mount Bethel Supervisors - Meets 7:00pm

Roseto Borough Council -Municipal Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday April 11

Bingo - Portland Fire Co., 7pm. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-12

Slate Belt YMCA - Open 6:00am - 8:00pm

Wednesday April 12

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Washington Township Supervisors Meet - Municipal Building, 7pm

Pen Argyl Park Board - 7pm
Plainfield Township Supervisors
Mosts 7:00pm Municipal

- Meets 7:00pm Municipal Building.

Slate Belt YMCA - Open 6:00am - 8:00pm

East Bangor Municipal Authority
Municipal Authority Hall, 555
Messinger St., East Bangor, 7:00pm

Thursday April 13

Blue Mountain Library - Open 10-12 & 6-8pm



7:00pm





CLICK HERE FOR STORE INFO - www.hometownsaves.com

SLATE BELT TODAY BY THE NUMBERS

Temperature

(Yesterday)

<u>High</u>

Low

50

35

(Today's Forecast

High

Low

38

0 1 2 3 4 5 6 7 8 9 10



Combination of weather factors that can make one less or more likely to develop a migraine. Lower numbers are less while higher numbers increase the chance.

COPD

0 1 2 3 4 5 6 7 8 9 10



Combination of weather factors that can make one less or more likely to develop a pulmonary attack. Lower numbers are less while higher numbers increase the chance.

Asthma Index

0 1 2 3 4 5 6 7 8 9 10



Combination of weather factors that can trigger asthma. A higher index mean more people w/asthma could be affected by temperature and allergens.

Sinus Headache

0 1 2 3 4 5 6 7 8 9 10



Combination of weather factors that can make one less or more likely to develop a migraine. Lower numbers are less while higher numbers increase the chance.

Migraine Headache



Common Cold

0 1 2 3 4 5 6 7 8 9 10



Combination of weather factors that can make one less or more likely to catch a cold.. Lower numbers are less while higher numbers increase the chance.

Air Quality

AM Reading

→ Good 0-50

Columbia N.J - 30

Moderate (51-100)

Bethlehem - 36

Allentown - 31

Bad for Some (101-150)

Monroe - 31

Very Bad 150+

Arthritis Index

0 1 2 3 4 5 6 7 8 9 10



Scale of 0-10 with 0 indicating a very low risk of weather-related arthritis pain, and 10 indicating the highest chance of pain.

Cooling Degree Days

Yesterday

Season

0

Used to track energy use. Add the daily high and low temperatures, divide by 2 and add 65 to calculate heating degree days.

Rainfall/Snowfall

Rain

Snow

Recent - 0.00

Recent - 0.0

Month - 3.24

Month - 6.5

Year - 9.51

Season - 10.50

UV Index

0 1 2 3 4 5 6 7 8 9 10 11 12



Moderate Risk - 11am-4pm Today

(Ultra Violet Rays) Lower number indicates low risk of harm from unprotected sun exposure, higher numbers indicate greater risk

Heating Degree Days

Yesterday

Season

23

4223

Used to track energy use. Add the daily high and low temperatures, divide by 2 and subtract 65 to calculate heating degree days.

Sun

Sunrise 7:07 AM

Sunset 7:12 PM

Pollen-Allergy Forecast

0 1 2 3 4 5 6 7 8 9 10 11 12



Top Allergen - Maple, Juniper, Elm

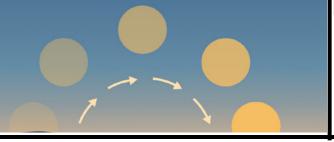
Scale of 0-12 with zero indicating the least potential allergy and 12 the most. Most prevalent allergen is Ragweed

Flu Index

0 1 2 3 4 5 6 7 8 9 10



Flu index: (0-10) Combo of historical data and temperature. A high flu index means the spread of a flu is very favorable, assuming the disease is present







Mon 8:00 AM - 8:00 PM • Tue 8:00 AM - 6:00 PM



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SPECIAL EVENTS CONTINUED

This program will cover some of the interesting biology of the American Woodcock followed by a quiet meander at sunset as we look and listen for these twirling courtship flights. Registration is Required.

Friday, March 24 at 6:30am to 8:00pm. Jacobsburg Environmental Education Center, 400 Belfast Rd, Nazareth, PA 18064

https://events.dcnr.pa.gov/search/events?orde r=date&search=jacobsburg

March 24-25

Gigantic Yard Sale

It's Super, It's GIGANTIC...It's the Super Gigantic Garage Sale at the Allentown Fairgrounds, March 25-26, 2023. This historic indoor garage sale features over 200 sellers in one location. This unique Sale offers a variety of new, used, and cherished household items from cleared-out attics, sheds, garages, and storage units. With the influx of new sellers, there will be even more treasures and bargains. In fact, the sale is so large that it occupies both halls at the Allentown Fairgrounds, Agri-plex, located next to the Allentown Farmers Market

March 25

Camp Papillon Animal Shelter Fund Raiser

Camp Papillon Animal Shelter presents a Wise Crackers comedy fundraiser located at Mountain View Vineyard in Stroudsburg, PA on Saturday, March 25, 2023 at 7:30 PM!

Doors will open at 6:30 PM. There will be a cash bar, food and a tricky tray. Tickets are \$30 each. Seating is limited so make sure to snag your chance to see three comedians fast!

You must be 18 years or older to attend.

To purchase tickets go to www.camppapillon. org or contact Sami Ely at 570-730-9226

Trees in Early Spring

Join us to learn how to identify trees without their leaves. We'll use bark, buds, branches, and other clues to help us differentiate common species found growing in Pennsylvania. Please wear warm layers and comfortable walking shoes. Registration is required.

Saturday, March 25 at 3:00pm to 4:30pm. Jacobsburg Environmental Education Center, 400 Belfast Rd, Nazareth, PA 18064.

https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg.

Celestial Wildlife

Did you know that the night sky is filled with all sorts of wildlife? Join us for this nighttime adventure as we use our imagination and search the sky for bears, lions, dogs, bulls and even dragons!

Please dress warmly and wear sturdy shoes. Bring a blanket to sit on, a flashlight (with a red filter if available), snack, water, and binoculars if you have them. This program is best for families with children ages 8 years old and up. Please note that the park will not provide telescopes at this program. Registration is required. Registrants will be contacted with the meeting location prior to the event.

Saturday, March 25 at 7:30pm to 9:30pm. Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 18064

https://events.dcnr.pa.gov/search/events?ord er=date&search=jacobsburg.

March 29

Cat Neutering

No Nonsense Neutering will be offering a cat transport (pets and ferals) down to the Allentown clinic for neutering/vaccinations.March 29

Location for pick up: Pen Argyl Municipal building parking lot Pick up 7am-730am. Drop off 5pm-530 pm Same day.

By appointment. For scheduling details please visit www.nnnlv.org/new-transport

March 29

Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

March 30 Weekly Weeders

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required.

Thursday, March 30 at 8:30am to 10:30am. More dates through October 26, 2023

Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 18064.

https://events.dcnr.pa.gov/search/events?ord er=date&search=jacobsburg

Women Empowerment Group

Women's support/skill development group where we focus on wellness & mental health over the course of 5 group sessions is planned for A Clean Slate. A safe and trusting group setting where the issues and challenges of women are addressed starting Thursday March 30th 6-7pm

-pre-registration is required

-must commit to attending all sessions Erica Parker, Facilitator: (619) -452-9348

A Clean Slate 118 S. 1st Street, Bangor.

info@cleanslatebangor.org

April 1

PLANTSTOCK

Blue Flame Events is hosting PLANTSTOCK at the beautiful Stony Run Winery in Breiningsville on April 1st from 12PM to 5PM! We're looking for plant vendors, non-plant related vendors, food trucks, and MORE! To register, simply text (272)-200-8163. The cost is \$40 for an outdoor space.

https://facebook.com/events/s plantstock/1889244844759015/

April 1

Roseto Easter Bunny.

Start planning now and mark your calendars. The Easter Bunny is coming to Roseto Ball Park April 1 at 11am. We also have coffee, juice and breakfast sandwiches available for purchase.

Age groups include: 0-3, 4-6, 7-10. Prize eggs in each group.

The Easter Buuny will be there.

LMBT Egg Hunt/Breakfast

Want to enjoy some egg hunting fun Saturday, April 1, 2023 (Rain date – Saturday, April 8th at Riverton field and pavilion – 7701 Martins Creek Belvidere Highway from 10:30 a.m. to 12:30 p.m. Breakfast will be held from 10:30 a.m. to 11:30 a.m.

Cost for Breakfast: Adults \$8, children 5 - 10 years \$5, children 4 and under free.

Pre-payment is required for the breakfast by Wednesday, 3/29/23 at the Township Office -2004Hutchison Ave. Martins Creek, PA 18063 - cash, check or credit card is accepted. Contact Melissa at (610) 252-5074 if you have any questions.

Easter Egg hunt will start promptly at 12 noon. Egg Hunt for Children Ages 12 years old or younger There will be lots of eggs and goody bags for the children!

Christ Presbyterian Egg Hunt

Christ Presbyterian Church of the Slate Belt is hosting an Easter Egg Hunt on Saturday, April 1 at 2PM. Age categories are 1-3, 4-7 and 8 to 10. Prizes will be awarded in each age category. The Easter Bunny will make a visit too! Come and join in the fun! Located at 332 Kennedy Drive, Bangor, PA 18013. Call 610-588-4864 for more details or check out our website: www.christpcsb.org

Easter Egg Hunt
Mark your Calendars & Join us for our second Annual Family Day and Free Community Easter Egg Hunt! Aspects by the Barn Our event will be from 10am-4pm on Saturday, April 1st.

DETAILS: We will have three age groups for an Easter Egg Hunt, Prizes, Photos with the Easter Bunny, Face Painting, several Artisan Vendor Tents in our side parking lot, Food Trucks, Wine Tents, Live Music, a Bounce House, Petting Zoo, In Store Specials & More!

Free Admission but you must register for the Easter Egg Hunt so we know how many kids to expect per age group! Make sure to put your child('s) name and age in the Notes section at

registration.

EASTER EGG HUNT: We will have three age groups for our Free Easter Egg Hunt. Ages 1-4 will be at 12:00pm, Ages 5-7 at 12:15pm and Ages 8-12 at 12:30pm. There will be full Easter Basket prizes for each age group!

April 2

Easter Egg Hunt
Easter Egg Hunt - Scooter at Millers, 96 Mt. Bethel Hwy., Bangor, (Former Miller's Egg Ranch) Sunday April 2 from 2-4pm. Egg Hunt starts 2:30.

Rain Date April 7.

April 5

Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

April 6

Weekly Weeders

Thursday, April 6, 13, 20, & 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. https://events.dcnr. pa.gov/search/events?order=date&search=jaco bsburg

April 12

Hike for Health

Wednesday, April 12 at 5:30pm to 7:00pm

Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 2.5 miles over uneven terrain. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov. Registration is not required.

April 13

Weekly Weeders

Thursday, April 13, 20, & 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. https://events.dcnr. pa.gov/search/events?order=date&search=jaco **bsburg**

April 15

Geocaching for Scouts

Saturday, April 15 at 10:00am to 11:30am Learn how to use a hand-held Geographical Positioning System Unit (GPS) to find hidden caches at Jacobsburg! This program is best for scouts ages 10 and up and will teach them the basic skills and ethics of geocaching. Registration is required for anyone planning to participate in the program.

https://events.dcnr.pa.gov/search/events?ord er=date&search=jacobsburg

April 19

Woodland Wildflower Walk

Wednesday, April 19 at 1:00pm to 2:30pm Join conservation volunteer Doug Burton for a one-mile hike in Sobers Run to learn about the early spring blooms scattered throughout the forest. Please wear sturdy shoes and dress for the weather. Registration is required.

https://events.dcnr.pa.gov/search/events?ord er=date&search=jacobsburg

April 20

Bangor Womens Club GFWC Card Party

The PANDEMIC is over! SPRING is here! The Bangor Womens Club GFWC is planning to host a card/game party on Thursday April 20th from 1 to 4 pm at Trinity United Church of Christ, 632 S. Delaware Drive, Mt Bethel, PA (Stone Church). Members will be serving desserts, snacks, and beverages.

Door prizes for everyone and table prizes too! Bring your Scrabble tiles; Dominoes; Bridge, Hoss, and Pinochle cards; Plus, any other game that suits your fancy. Contact your friends and set up your tables. Call Heidi Bates at 610-599-8815 for reservations by Thursday April 13th. Tickets are \$10 per person to attend. Looking forward to seeing everyone come out for a fun afternoon.

Weekly Weeders

Thursday, April 20, & 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. https:// events.dcnr.pa.gov/search/events?order=date &search=jacobsburg

April 22

Earth Day Tree Planting

Saturday, April 22 at 10:00am to 11:00am, 11:00am to 12:00pm, 12:00pm to 1:00pm. 1:00pm to 2:00pm, or 2:00pm to 3:00pm

SLATTE BELT CHURCH INFORMATION











Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor www.christpcsb.org
More info 610-588-4864.
E-mail: info@christpcsb.org.
Sunday Worship, 10:00 a.m.
in-person/Zoom/Facebook Live.
For more info: 610-588-4864.

Flicksville UCC

1337 Lower South Main St., Bangor Pastor Ken Hess 610-588-4648 www.flicksvilleucc.com

> Worship at 10:45am Sunday School - 9:30am

Mt. Bethel Abstract

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www.malachowskiandson.com

Trinity Lutheran Church

404 Broadway Bangor (610-588-2023)

telcbangor@frontier.com Sunday worship 10:30am Sunday School:10:15 - 11:30

Holy Communion: First and Third Sundays **Refreshments after. Masks optional.**

East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor
March 18- A.A Meeting 8pm
March 19- 9:30 a.m. Worship Service
March 19 Adult Sunday School
March 23- Choir Rehearsal
(Live & on Zoom) 10:45 Fellowship Hour
(For Zoom, go to ebumc.org to sign in)

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064 www.gracebelfastpa.org 610-759-9080 Email:gracebelfast@rcn.com

March 19: 9:00 am Holy Communion, 10am Sunday Morning Adventures

Prince of Peace

Johnsonville

Holy Week Schedule

Maundy Thursday: 7:00 pm Good Friday: 7:00 pm

Easter Sunday: 6:00 am and 9:45 am Easter Breakfast: 7:30 - 9:30 am

Worship Times &
Schedules Are Public
Service Announcements
Published Free by The
Slate Belt Town Topics

E-Mail Information to sbtopics@rcn.com

Christ Evangelical Lutheran Church

703 South Delaware Drive Mt. Bethel, 18343

http://www.celcpa.org/ Email: celcpaorg@yahoo.com 610-588-7056

Worship: Sundays 9:00 a.m. Holy Communion: First and Third Sunday Toddler Sunday School: Sept-May 10:15

Richmond United Methodist Church

Rev. Peter Jamieson, Pastor http://richmondumc.com/ 8538 Delaware Dr, Bangor, PA 18013 610.588.7317 | richmondumc@epix.net Sunday Worship - Weekly at 10:00 a.m.

First United Methodist Church of Bangor

Pastor Elisandra Garcia - 610-588-4673 55 North Third Street, Bangor PA 11:00am service (Communion First Sunday)

Prince of Peace Ev. Lutheran Church

Rev. Michael J. Scholtes, 610-588-2355 2445 Lake Minsi Dr, Bangor

> popbangor.org poplcbangor@gmail.com

Sunday Worship 9:45 am (Weekly Communion) Sunday School 8:30 am



Richard Shaplin Sr.



Richard Shaplin Jr,

610-559-5197

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Slate Belt Town Topics Sports



2022 -23 Sports Schedule

2022 23 Sports Schedule							
Pen Argyl Girls (21-6)	P	en Argyl Boys (8	8-13)	Pen	Argyl Wrestling	(10-4)	
12/2 NDES W 64-12	12/2	NDES L-55-44			NDGP L 69-3.	7:00pm	
12/3 Moravian W 45-34	12/3	Moravian L 51-36	-		@Rough Rider	9:00am	
12/6/ Saucon W 60-31	12/6/	Saucon L 46-32	6:45pm				
12/8/ Palmerton L 49-46		Palmerton L 57-30	-		Lehighton L 33-28		
12/12/ Wilson W 62-24		/ Wilson W 58-41	-		/@ Palmerton W54-14	-	
12/19/NDGP L49-37			_			-	
12/22 Lehighton W 46-37		NDGP L 60-35	6:45pm		@ Salisbury W 49-24	-	
12/21/Bangor L 45-37		@ BangorW 45-40	6:45pm		@ Wilson W 35-27		
12/27 PME - W 47-38		@ Lehighton L 45-4	-		Upper Moreland W33-30	9:00am	
1/5/ Palisades W 51-24	12/27			1/7	NorristownW 56-12	10	
1/7/ Northwestern L51-36 1/9/ Salisbury W 70-29	12/28		TBA		Epicopal Acad. W 50	-18	
1/9/ Salisbury W 70-29 1/12/ Whitehall W 54-34	1/5/	Palisades W 52-46	6:45pm		Methacton L42-28		
1/14/ S. Lehigh W 58-27	1/7/	Northwestern L 52-40			Penn Wood W 59-12		
1/17/ Palisades W 55-24	1/9/	Salisbury L 43 - 33	6:45pm	1/11/	N. Lehigh W 63-9	7:00pm	
1/19/ Catasauqua W 49-28	1/14/	S. Lehigh L41-33	12:45pm	1/18/	Palisades W43-23	7:00pm	
1/24/ Saucon W 52-35	1/17/	Palisades W 51-41	6:45pm	1/20	@Coal Cracker	4:00pm	
1/26/ N. Lehigh W 61-33	1/19/	Catasauqua W 35-2	9 6:45pm	1/21	@Coal Cracker	11:00am	
1/28/ Wilson W 48-14)	1/24/	Saucon L 36-22	6:45pm	1/27/	@Ultimate Warrior	11:00am	
2/1/ Moravian W 58-32	1/26/	N. Lehigh W 65-30	6:45pm	1/31/	@Bangor W 45-24	7:00pm	
2/4/ NDGP W 37-28	1/28/	@ Wilson L 55-43	12:45pm				
2/7/ Bangor W 65-40	2/1/	Moravian L 41-33	6:45pm				
2/10 Bangor W 48-40	2/4/	@ NDGP L 73-60					
2/14 Palmerton (L) 68-67 (3OT)	2/7/	Bangor L 56-39	6:45pm				
2/28 NDGP W 50-42	2, ,,		or is pin				
3/3 Palmerton W 53-36							
3/10 Lake Lehman L 62-36	D	angon Dovig (12	11)	Ro	ngar Wrastling	(5_0)	
		angor Boys (13-			ngor Wrestling		
Bangor Girls (18-8)	12/6/	Moravian W 58-47	6:45pm	12/3	North Penn L 46	-22	
Bangor Girls (18-8) 12/6/ Moravian W 46 -27	12/6/ 12/8/	Moravian W 58-47 @ NDGP L 56-22.	6:45pm 6:45pm	12/3 12/3	North Penn L 46 Abington L57-	-22 -15	
Bangor Girls (18-8) 12/6/ Moravian W 46 -27 12/8/ NDGP W 43-37	12/6/ 12/8/ 12/10	Moravian W 58-47 @ NDGP L 56-22. Northampton W 46-3	6:45pm 6:45pm 9 1:00pm	12/3 12/3 12/3	North Penn L 46 Abington L57- Pleasant Val. W 45	-22 -15 5-23	
Bangor Girls (18-8) 12/6/ Moravian W 46 -27 12/8/ NDGP W 43-37 12/10 Northampton L 47-46	12/6/ 12/8/ 12/10 12/12/	Moravian W 58-47 @ NDGP L 56-22. Northampton W 46-3 Catasauqua W 58-30	6:45pm 6:45pm 9 1:00pm 6:45pm	12/3 12/3 12/3 12/3	North Penn L 46 Abington L57- Pleasant Val. W 45 Mariana Acad. W 60	-22 -15 5-23 0-12	
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High School Varsity Rosters 2022 - 23

Bangor Boys

- 5 Marquise Acree
- 14 Nickolas Castelletti
- Alex Farensbach
- 12 Joshua Giaquinto
- 30 Quin Karner
- Ashton Kluska
- Bryan Marmol
- Hunter McShane
- 11 Gavin Nelson
- 54 Cody Quagliato
- 20 Jeremiah Singer
- 23 Ryan Wildrick

Bangor Girls

- Madyson Escuadro
- Jayleigh Figurski
- 12 Kaylynn Figurski
- Kyleena Gonzalez
- 14 Linzey Hann
- 21 Jade Hendricks
- Caydence McLain
- 10 Jackelin Miller
- 25 Avery Nelson
- 3 Julia Pinter
- 43 Jace Polowy
- Madeline Stout

Pen Argyl Wrestling

I CHAIgyl WI	Country			
Ethan Alvarado	215			
Riley Alvarado	172			
Yakup Aybaz	285			
Jonathon D'Alessandro 121				
Luke Dalton	114			
Michael Fuller	133			
Bo Hatesaul	160			
Noah Hillis	160			
Arman Khan	215			
Jace LaBar	121			
Timothy McLain	189			
Aidan McNulty	133			
Parker Reimel	145			
Tyler Scholato	152			
David Sipley	145			
Carter Smith	107			
Landen Smith	152			
Benjamin 2025	114			
Riley Stapp	189			
Riley Waldron	145			
Kody Ward	160			

Pen Argyl Boys

- 12 Blake Boyer
- 50 Dominic Dauley
- Christian Hershey 21
- Ethan Holland
- 0 Trowne Irwin-Hill
- 10 Chase Kennedy
- 5 Lincoln Kuster
- 33 Jacob Martini
- 32 Jack McLaughlin
- 35 Thomas Mulroy
- 23 Bradley Rissmiller
- 24 Mason Soos
- Damian Tyminski
- Cayden Vishnesky

Pen Argyl Girls

- Emma Albanese
- 3 Julia Antonioli
- 2 Mckenna Cunningham
- 44 Hailey Frey
- 1 Jasmine Holland
- 22 Macy Kotulka
- Kayla Maggipinto
- Alexandra Marshall 35
- 20 Natosha Morrison
- 21 Jillian Morro
- Kristen O'Brien 10
- 33 Ashlyn Oessenick
- 4 Kylee Uhler
- 12 Julia Vargo
- Ellianna Wallbillich 5
- 32 Grace Weaver
- Callia Wilgus 11
- 42 Katie Wilgus

Pen Argyl Wrestling

Isaiah Adams

Luca Albanese

Adam Bartholomew Connor Bartholomew

Hunter Beers

Michael Culver

Michael Culver

Rocco DeCesare

Gian Greggo

Kael Grim

Evan Johnson

Kristoffer Kessler

Nuallan King

Aidan Knorr

Brayden Krasnopera

Blayke Lacey

Cole Lobb

Cody Long

Zachary Metzgar

Alex Moser

Shane Moser

Collin Ramsay

Vincent Reto

Madacyn Rivera

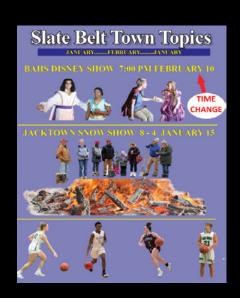
Benjamin Whitley

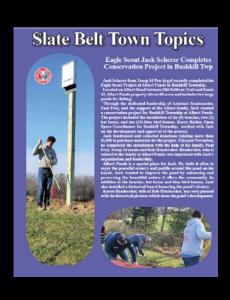
Mgr Brooke Bowie

MgrDelaney Brinker

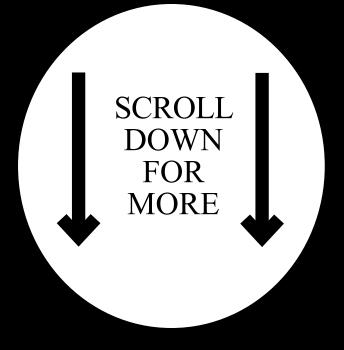
MgrAlexis Burrier

Slate Belt Town Topics Recent Feature Pages

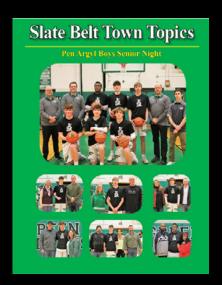


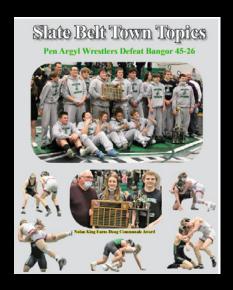












Read the Town Topics With Fresh News

Every Day





Royal Pancake Breakfast









MARCH 5-11

Restaurant Week

Allegheny Creek Brewing Co

690 Allegheny Road, UMBT

American Lobster

1420 Jacobsburg Road, Plainfield Twp

Broadway Pub

62 Broadway & Rt. 191 Bangor

Cafe On Broadway

21 S. Broadway, Wind Gap

512 Deli

32 Murray St., Bangor

Good Azz Eats

492 E. Main St., Pen Argyl

Five Points Grill & Pub

1001 Mount Bethel Highway, UMBT

Fuhrer's Tavern & Grill

104 Main St., Portland

Port 2 Flavors

425 Delaware Ave., Portland

Richmond Farm & Brewery

1290 5 Points Richmond Road, Washington Township

Rustica Artisan

1101 Allegheny Road, UMBT

Scorecard Sports Bar & Grill

130 N. Broadway,, Wind Gap

Info:

https://slatebeltchamber.org/ restaurant-week-2023



Scorecard Sports Bar & Gril



Rustica Artisan



The Bangor Slaters finished second in District XI 5A after losing to Bethlehem Catholic 48-35 in a game played at Easton Middle School. (Beca incidentally won its 7th consecutive District title) Pictured in the front row (I tor) are: Emma Toth, Grace Hartzell, Kyleena Gonzalez, Madyson Escuadro, Jayleigh Figurski, Kaylynn Figurski. The athletes in the top row (I to r) are as follows: Caydence McLain, Avery Nelson, Julia Pinter. Jade Hendricks, Jace Polowy, Linzey Hann, Hannah Hartzell, Jackelin Miller, Madeline Stout. Bangor opens state tournament play next Saturday at 1:00pm entertaining the third place team from District 1, which unofficially appears to be Bishop Shanahan (22-4). Photo: Lynn Cistone

Sunday, March 5

- Some clouds in the north, otherwise mostly sunny.
- West to northwest wind increasing to 10 to 15 MPH.
- Temperatures 4 to 8 degrees above normal.







Happy Birthday Jerry









