

# Slate BeltTown Topics

www.sbttopics.com

Friday March 12, 2021

sbttopics@rcn.com

## Returning to Youth Sports after Experiencing COVID-19

Fourteen-year-old Daymeion Marshmon is eager to return to school sports, which he hasn't played since he had a mild bout of COVID-19 around the holidays. But that will have to wait until his lungs and heart recover from the after-effects of the virus.

Young athletes who had COVID-19 should seek medical clearance to rule out heart damage before returning to competitive sports, according to new American Academy of Pediatrics guidelines followed by pediatrics specialists at St. Luke's University Health Network.

Chair of Pediatrics Jennifer Janco, MD, says a dangerous inflammatory condition of the heart, called myocarditis, can sometimes be caused by COVID, though it's rare. The American Academy of Pediatrics advice comes from an "abundance of caution," she says, adding that doctors at SLUHN so far have treated only a few youngsters who had symptoms that could signal that the heart muscle was impacted by the coronavirus.

Dr. Janco says the American Academy who had COVID over less than four discuss their health physician prior to Daymeion's twin COVID at the same serious symptoms for the loss of smell didn't experience heart returned to the gym.



If pre-teens and teens have more moderate-to-severe symptoms for four days or longer, or were hospitalized for COVID, they might need to see a pediatric cardiologist for more tests and possibly abstain from competition longer for recuperation. At a time when the medical community is still learning, the information can change often.

Daymeion and Dayvion's mother, Danielle Demesyeux, a nurse at St. Luke's, took Daymeion to the ER when he had a tight chest, racing heart and breathing difficulties during a workout. Heart and blood tests, and a chest x-ray done there all came back normal. His pediatrician referred him to Pediatric Cardiologist Elizabeth Adams, DO, who ordered more tests for him, including wearing a walking heart monitor for five days, which also was normal. Meanwhile, Daymeion continued having labored breathing and a racing heartbeat without exertion.

Mark McGill, MD, St. Luke's Pediatric Cardiologist, says the American Academy of Pediatrics guidelines address "a grey area" of this virus, adding, "There's a lot we don't know yet about the effects of COVID on the heart, though some viruses, including COVID, can damage the heart if they enter it."

He hasn't treated many children for myocarditis caused by the virus so far and says the recommended approach of speaking with the patient and parents about recent symptoms first is likely the best initial avenue.

## Slate Belt Weather

### Slate Belt News Briefs

#### Mission of Love Food Bank Free Box Food Meals

- Distribution 3/8, 3/15, 3/22 4-6pm
- Pick up Location at Waste Management
- Main office 910 West Pa. Ave., Pen Argyl
- While Supplies Last "Working Together For Your Community" This distribution event is in partnership with Waste Management

#### Girl Scout Troop 874 Blood Drive

Girl Scout Troop 874 is hosting a local blood drive at the VFW Post 739 at 202 Veterans Drive just off Route 191 south of Bangor on Monday, March 29 from 11am - 4pm.

Contact Anne Rausch Wagner to sign up or follow link to sign up directly. Appointments are required.

[https://donor.giveapint.org/.../sche.../drive\\_schedule/83710](https://donor.giveapint.org/.../sche.../drive_schedule/83710)

Each donor receives a box of Girl Scout Cookies as a thank you.

#### St. Patty's favorites from Little Creek Barbecue!

Saturday and Sunday... Come enjoy Macaron & Wine pairings featuring **The Best Macarons** we've EVER had from Ladylike Macarons in Bangor.

For Friday night dinner reservations: Call/text 484-484-8907

Email [clevergirlwinery@gmail.com](mailto:clevergirlwinery@gmail.com)

*This Friday's menu, March 12th...*

**Irish Colcannon Soup:** a traditional Irish dish made with potatoes & cabbage, served with Irish potato bread - \$10

**Irish Bangers And Mash** with onion gravy made with Guinness - \$15

**"Old Fashioned" Tuna Noodle Casserole** - \$13

**Irish Apple Cake** - \$7.50



#### Bangor Elks Friday Specials

Specials for this Friday, March 12

- Meatball Sub with chips \$7
- Fish Sandwich with side of slaw and chips \$8
- Call ahead orders recommended. 484-866-7233

#### GCS Annual Bird Walk

Grand Central Sanitation in Pen Argyl will hold their annual bird walk Saturday March 13 at 11am. A new flyer has been posted to the Grand Central Sanitation Facebook page

Whether you are buying or selling a home, finding the right Realtor is the most important step. You need a Realtor with knowledge of today's changing market; someone with integrity and service to you. We pride ourselves in all those qualities and invite you to visit us

EXPERIENCE ... EXCELLENCE



[www.slatebeltexecutives.com](http://www.slatebeltexecutives.com)

**Joe & Nancy Kessler**  
Corinne Groff & Colin Kessler  
**REALTY EXECUTIVES**  
31 W. First St. Wind Gap, PA 18091  
610-863-8444





## Marketplace316 Open

Marketplace316 is hosting pop up vendor events every weekend in January!

Message them to see if they have availability for what you sell! [Send Message Here](#)

## Bangor Facade Grants

Looking for a brighter outlook and a brighter facade. If you want to improve your storefront or your homefront, we can help you with dollars to spend on improvements.

Bangor, PA facade grants through Slate Belt Rising are first come, first serve. For more information check out the Slate Belt Rising website: <http://www.slatebeltrising.org/services/>

## Aging Agency Call Line

Lamont McClure and the Area Agency on Aging Division (AAA) are operating a call line on Friday mornings for Northampton County Seniors to make appointments for COVID-19 vaccinations. This service is intended for those who lack computer or internet access. AAA staff members will make 100 appointments per clinic date. Vaccination clinics will be held at the Wind Creek Event Center at 77 Wind Creek Blvd. Bethlehem, PA.

Residents of Bethlehem City and Northampton County who are age sixty-five and older can call 610-865-7092 to schedule an appointment for a vaccination. AAA employees will also assist with registration at the Wind Creek clinics.

## Magda Family Dental

### BANGOR

323 Blue Valley Dr, (610) 588-1571  
[magdafamilydental.com](http://magdafamilydental.com)

### STROUDSBURG

17 South Sixth St.  
(570) 420-9332  
[magdadental.com](http://magdadental.com)



TOM AHEARN  
Licensed  
Electrician

## Ahearn Electric and Home Improvement

COMMERCIAL & RESIDENTIAL ELECTRIC  
Serving the Lehigh Valley & Poconos

Bangor, PA - 484-515-1134; e-mail: tfajr@epix.net

Web: [ahearnelectrichomeimprovement.com](http://ahearnelectrichomeimprovement.com)



## Columbia Lenten Dinners

Columbia Fire Co. Lenten dinners are now available. Reservations only, seating times 5:00, 5:30, 6:15, 6:45, & 7:30.

Reservations: Ken Tillman @ 610-659-0130 if no answer call back, do not leave a message. Reservations begin February 22. No walk-ins.

Please follow Covid-19 protocol. New menu will be posted early in the week.

## Blue Lotus Wellness Center

Breathe and connect to nature Sunday, March 21 at 11 am with this deeply focused Yoga Hike accompanied by an introduction to AromaTouch, which is a clinical approach to applying essential oils along energy meridians and visceral contact points of the back and feet to help balance sympathetic and parasympathetic nervous systems of the body. \$20.

Tickets: [bluelotusnazareth.com/shop/ols/products/aromatouch-yoga-hike](http://bluelotusnazareth.com/shop/ols/products/aromatouch-yoga-hike)

## Vendor/Craft Show

The Washington Twp Fire Co. 920 Washington Blvd. will sponsor a Vendor/Craft Show June 6, 2021 from 10am - 4pm.

Vendors/Crafters if you are interest in a space our contact info is on the flyer. Spaces are \$30 for (1) 10ft x 10ft or \$50 for (2) 10ft x 10ft.

All spaces are outdoors and will be socially distanced apart from other vendors. No access to Utilities (water, electric, wifi, etc). Applications must be mailed. Vendors will be accepted as first come, first serve.

Outdoor Event - Rain or Shine. Food and Drinks



## Story Walk at Jacobsburg

A StoryWalk Weekdays and Weekends, Sunrise to Sunset is a trail with pages of a story book placed along the way.

This self-guided trail is a flat 1/3 mile walk good for families with young children. Start at the tree beyond our mailbox at 400 Belfast Rd./ Gate B7 and end inside the garden with a special surprise!

The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Kellogg-Hubbard Library.

## Slate Belt Y Child Care

The Greater Valley YMCA has announced the expansion of its child care offerings at its Slate Belt location. Beginning March 15, the Y will offer care for toddlers and preschool children ages 2 through 5 in its newly-constructed child care wing.

## DALE ALBERT'S GARAGE Inc.



- Oil Change •
- Tires - Tune-Ups •
- Wheel Alignment •
- Major or Minor Repair •
- PA Emissions and Inspection •



### A to Z Performance Engines

19 Blue Valley Drive, Bangor  
610-588-1902 Fax 588-1887  
[stodd86@frontier.com](mailto:stodd86@frontier.com)



Erie Insurance®  
Above all in SERVICE™ since 1925  
Auto • Home • Business • Life

Save when you insure your home and auto with ERIE. You can have superb insurance coverage, outstanding service, great rates and discounts too. Take advantage of ERIE's multi-policy discount and we're willing to bet your tail will be waggin'. Also ask us about ERIE's other available discounts.



### Robin Tinsley

Sabatino Insurance Agency Inc  
17 S Robinson Ave  
Pen Argyl, PA 18072-1765  
[ROBIN@SABATINOINS.COM](mailto:ROBIN@SABATINOINS.COM)  
610-863-6033

Discounts, rates and coverages vary by state and are subject to eligibility and applicable rates and rules. ERIE® insurance services are provided by one or more of the following insurers: Erie Insurance Exchange, Erie Insurance Company, Erie Insurance Property & Casualty Company, Flagship City Insurance Company and Erie Family Life Insurance Company (home offices: Erie, Pennsylvania) or Erie Insurance Company of New York (home office: Rochester, New York). Not all companies are licensed or operate in all states. Not all products are offered in all states. Go to [erieinsurance.com](http://erieinsurance.com) for company licensure and territory information. S1693 10/15

# Hometown BRAND CENTER

APPLIANCE SALES, SERVICE & SUPPORT



# OVER 25 BRANDS

CLICK HERE FOR STORE INFO - [www.hometownsaves.com](http://www.hometownsaves.com)



## KLINE'S AUTO REPAIR

460 South First St. Bangor, Pa ~ 610-588-4140

[www.klinesautorepair.com](http://www.klinesautorepair.com)



### AUTO REPAIRS

MAJOR or MINOR

Bruce J. Kline

6 PACKS  
FOR SALE

## MT. BETHEL BEVERAGE

Beer Soda Lottery Ice Tobacco



[www.mt-bethel-beverage.com](http://www.mt-bethel-beverage.com)

3 Mt. Bethel Plaza, Rt. 512

Hours: Mon-Thurs 9-8; Fri-Sat 9-9  
Sunday 10:00-4pm - 570-897-BEER



## AT VCA, WE CARE

Get to know our professional, friendly team with a "Welcome" **FREE FIRST EXAM** at our convenient location!

### SPECIAL OFFERS:

- Senior Citizen Tuesdays (10% OFF non-discounted services\*)
- VCA Care Club® Wellness Plans\*\*

### VCA AVH ANIMAL HOSPITAL

1027 Blue Valley Drive, Pen Argyl, PA 18072

610-863-7111 [VCAavh.com](http://VCAavh.com)



\*Free initial health exam for new clients only. Not to be combined with any other offer. Not good towards boarding, grooming, prescription and non-prescription medication, and retail items. Not good towards emergency and/or specialty veterinary services. Coupon good for up to two pets (dogs or cats only) per household. Redeemable only at a general practice VCA Animal Hospital. For pet owners who are aged 18 and older. Offer expires on 12/31/2016. Cashier Code: 700.500. \*\* VCA CareClub® Wellness Plans are preventive pet healthcare plans and are not insurance plans. VCA CareClub® Wellness Plans do not cover any services which are not specifically identified in the VCA CareClub® Wellness Plan purchased.



### BUSINESS HOURS

Mon 8:00 AM - 8:00 PM • Tue 8:00 AM - 6:00 PM

Wed-Thu 8:00 AM - 8:00 PM

Fri 8:00 AM - 6:00 PM • Sat 8:00 AM - 2:00 PM

## Kims Kozy Crochet

Introducing a little shop in Bangor that makes crocheted baby blankets, throw blankets, doilies, organic soaps, candles. CBD soaps and more. They also do custom orders on crochet items, soaps-must be ordered by loaf(10 bars), also do custom candles must order 12 or more to do custom order. Inquire within.

[KimsKozyCrochet@yahoo.com](mailto:KimsKozyCrochet@yahoo.com)

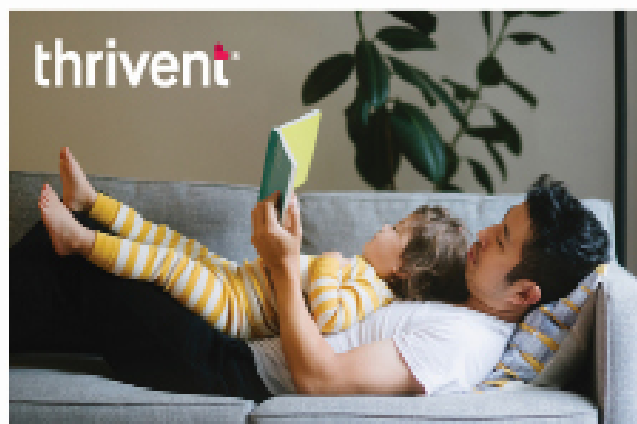
11 Broadway, Bangor PA

## Takeout Corned Beef & Cabbage Dinner

A takeout Corned Beef & Cabbage Dinner will be hosted by Christ Evangelical Lutheran Church, 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church) on Saturday, March 13.

Please call Chrissy at 610-588-080 to pre-order your Corned Beef & Cabbage dinner by March 10. Pick up the dinners from 3 pm to 6 pm.

Dinners are \$13 and include corned beef, cabbage, carrots, potatoes, pickled beets & a dessert.. For additional information call Chrissy at 610-588-0809.



## A life worth living

Is a life worth insuring.

Live your life to the fullest knowing your family can continue the one you envisioned for them—even when you're gone. Purchase insurance today to protect their tomorrow.

Schedule time to discuss your needs today.

Jewel Williamson-Burns, CLU®, FIC

Financial Associate

18 Mauch Chunk St, Nazareth, PA 18064

610-746-0344

[jewel.williamson-burns@thrivent.com](mailto:jewel.williamson-burns@thrivent.com)

[connect.thrivent.com/jewel-williamson-burns](http://connect.thrivent.com/jewel-williamson-burns)

CA Insurance 0M53186

This is a solicitation for insurance. A licensed insurance agent/producer may contact you. This contract has exclusions, limitations, and terms under which the benefits may be reduced, or the contract may be discontinued. For costs and complete details of coverage, contact your licensed insurance agent/producer. Thrivent is the marketing name for Thrivent Financial for Lutherans. Insurance products issued by Thrivent. Not available in all states. Licensed agent/producer of Thrivent. [thrivent.com/disclosures](http://thrivent.com/disclosures) 206861 IR-20

## Basic Boating Course

Saturday, April 17 at 9:00am to 5:00pm

The PA Basic Boating Course was developed to supply boaters with practical information, so they can make better informed decisions on the water. Instructors provide students with information to help them reduce the risk of injury and conflict on the water.

Students who successfully complete this course may apply for a Boating Safety Education Certificate issued by the Commission. This course will be held indoors and will only take place if there is a change in the current COVID-19 guidelines. Registration required. Updates regarding COVID-19 guidelines will be provided to registered participants via email. For questions call Andy Desko at 215-968-3631.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

## All Aspects Restored & Recycled

All Aspects Restored & Recycled is OPEN Thursday, Friday & Saturday from 10-5 and Sunday 11-4;

In addition, they are open Monday- Wednesday or evenings, by appointment.

They are located at 1086 S Delaware Drive in Upper Mount Bethel, PA 18343, on Route 611 across from Twin Gap Farms in Stone Village. Gift Certificates and shipping are also available

## Roseto Mailroom Offers Pack, Ship And Drop-Off

The Roseto Mailroom offers a local Pack & Ship and Drop-off location for both UPS and FEDEX. We are located between Easton and East Stroudsburg on route 191 in the borough of Roseto PA.

Authorized ship center for UPS and FEDEX. Drop off location for UPS and FEDEX. USPS

<https://www.facebook.com/rosetomailroom/>

<https://rosetomailroom.com/>

## Mail-In Ballot Info

Registered voters who signed up to be on the permanent list to vote by mail will soon receive an application in the mail. Click on the link for an explanation for the reasons for the receipt of a mail-in ballot application and the options for its use.

<https://vimeo.com/pacounties/review/508454728/64ee77919d>



1043 S Broadway, Wind Gap, PA 18091-0248

Sales:(888) 624-8103 Service (877) 847-5755



CHEVROLET



## Mt. Bethel Abstract

Complete Title Insurance Services

**Susan McKean**

President



3013 N. Delaware Drive

Mt. Bethel, PA 18343

Phone: 570-897-9047

Fax: 570-897-9048

Toll Free: 888-325-2433

[www.mountbethelabstract.com](http://www.mountbethelabstract.com)

## Malachowski & Son, LLC

Mt. Bethel, PA

*Providing Quality Service for 30 Years...*

- Plumbing • Well Pumps
- Air Conditioning Service & Install
- Certified Water Treatment Installers
- Bathroom Remodel • New Home Construction
- Furnace Cleanings • Heating Service & Repairs



**570-897-5443**

[www.malachowskiandson.com](http://www.malachowskiandson.com)

## RICHARD M. SHAPLIN

FINANCIAL SERVICES

*Richard  
Shaplin Sr.*



*Richard  
Shaplin Jr.*

**610-559-5197**

308 Spring Garden Street • Easton, PA 18042

*Securities offered through Royal Alliance  
Associates, Inc., Member FINRA, SIPC.*

**Ruggiero**  
Funeral Home, LLC  
Stephen Ruggiero, Supervisor

Serving The Slate Belt For Over A Century

Traditional Funerals - Serving All Faiths  
Full Service - Cremation - Pre-planning

**For More Information  
and Obituaries See**

[www.ruggierofuneralhome.com](http://www.ruggierofuneralhome.com)

Independently Owned by Stephen J. Ruggiero  
126 PENNSYLVANIA AVE., PEN ARGYL, PA  
PH: 610-863-5750 FAX: 610-863-8537

## St. John's Cemetery

Donations for St. John's Cemetery in Bangor are being accepted for maintenance. You can mail them to St. John's Cemetery c/o Carol Hummel, 136 Messinger Street, Bangor, Pa 18013.

## PUMP Needs Your Help

With an increase of 30%-40% of people coming because of COVID-19, PUMP is currently serving 150 - 175 families who receive food weekly from the pantry. All the food is distributed by approximately 30 to 40 volunteers.

Food supply also has risen 25%-30% and continues to come from donations, Second Harvest, Trader Joe's, Northampton County and Salvation Army.

They are asking at this time for the communities cooperation in helping secure the funds to purchase a parcel of land and construction of a new building.

Donations can be sent directly to Portland Upper Mt. Bethel Food Pantry Inc. P.O. Box 69 Portland Pa. 18351 or visit the PUMP at 111 State St, Portland Pa.. Mondays from 9:30 AM to 12 PM.

## Weona Anniversary Book

Purchase the 100th Anniversary History Book of Weona Park as a nostalgic present for a loved Pen Argyl resident.

Loaded with tons of photographs and information and lovingly put together by Walt Cole. Please contact the author at 610-863-6472. Checks payable to Pen Argyl Park and Athletic Association. Mailing options available

## Cellar Door in Belvidere

Have you ever heard of The Cellar Door? It is a small business located in Belvidere, NJ.

They carry so many fantastic items including Candleman Creations LLC candles and wax melts!

<https://www.facebook.com/thecellardoormarket/>

## St. Peter's In-Person Worship

Due to continued decrease in COVID Cases across the state, Governor Wolf's lifting of some restrictions and local school district reopening full time, Council approved to resume in-person worship starting March 21.

## Women in American History

March is Women's History Month, and the Slate Belt Heritage Center is commemorating that in a monthly presentation, "Women's Roles in American History and Culture." This will be posted on their Facebook page Thursday, March 18.

While many articles you read will focus on a specific woman or women, their presentation will be looking at the bigger picture, namely, what was women's life like throughout our country's history? The presentation will look first at how Hollywood has created false images and how those false images affect how we look at our own past.

Then, viewers will take a journey through the centuries, from the 1700's to the present, looking at the wide variety of opportunities and obstacles that impacted women's lives, including the legal system, which has played a major role in the lives of women over the centuries. The presenter will be Cheryl Statham, retired Director of Education and Programming at Quiet Valley Living Historical Farm.

Prepare to rethink what you know, and learn the actual history.

## State Food Assistance

Pennsylvania State officials have encouraged all Pennsylvania residents to take full advantage of all food assistance programs, if needed, over the holiday season.

"Pennsylvania's food assistance programs were built for times like these and no one should be too shy to take advantage of what they have to offer," said Russell Redding, secretary of the Pennsylvania Department of Agriculture.

But those assets haven't stopped the covid-19 pandemic from destabilizing personal finances and causing heightened food insecurity for millions of residents. Compared to 2018, when roughly 11% of adults in Pennsylvania were food insecure, Redding said 15.5% experience the issue this year.

The difference is even starker when it comes to children in the state. In 2018, 15% children experienced food insecurity. That number has climbed to 24% in 2020.

Local food pantries saw greater demand especially early in the pandemic and through the summer, with miles-long lines at each weekly distribution and millions of pounds of food provided.

"Food insecurity was a problem for millions of Americans before March 2020," said Teresa Miller, secretary of the Department of Human Services.



**State Farm**

**Debbie Pettinari Agency**  
106 S. Broadway, Wind Gap, PA  
**610-881-4433**

[www.debbieinsurespa.com](http://www.debbieinsurespa.com)

[debbie.pettinari.wz73@statefarm.com](mailto:debbie.pettinari.wz73@statefarm.com)





## Slate Belt Chamber Offers Scholarships

The Slate Belt Chamber of Commerce is pleased to announce applications for Scholarship Achievement Award 2021 are available March 1st at the guidance departments of Bangor High School, Pen Argyl High School, Faith Christian & Career Institute of Technology.

The Slate Belt Chamber of Commerce will award one scholarship to a senior from each of the four area schools: Bangor, Pen Argyl, Faith Christian & Career Institute of Technology. Applicants must reside in the Slate Belt to apply.

The scholarships will be presented to the students based upon the following criteria; academic accomplishment, demonstrated service to school and/or community, demonstration of leadership capabilities and future vocational plans.

Please note: A separate award, The Frederick R. Curcio, Jr. Scholarship Award, may also be applied for at this time. To qualify a senior must have been enrolled in a computer science related course or planning to attend a Technical School of their choice or majoring in computer science.

Applications must be received by April 15, 2021

## Home Heating Assistance

LIHEAP is a federally funded program that helps individuals and families pay their heating bills through home heating energy assistance grants. It also provides crisis grants to help in the event of an emergency or if a resident is in danger of losing his or her heat due to broken equipment, lack of fuel or termination of utility service.

The income eligibility guidelines for LIHEAP are set at 150% of the federal poverty income level. For example, the income limit for an individual is \$18,735; for a couple, the limit is \$25,365; and for a family of four, it is \$38,625. Residents may apply for LIHEAP online or by contacting the County Assistance Office in their county of residence.

## Unwanted Med Disposal

Residents are urged to remove expired, unwanted, or unused medicines from the home to reduce the chance of accidents or misuse and to prevent the drugs from entering the environment.

Most municipal buildings in Northampton County, including the Courthouse at 669 Washington St. in Easton, offer collections for unused prescription medication. In the Slate Belt go to ...

Washington Township 1021 Wash. BVLD, Bangor

Slate Belt Regional Police 6292 Sullivan Trail, Naz.

## 316 Marketplace in Wind Something For Everyone

The new Marketplace 316 in Wind Gap is impressive. It offers a place for Local Antiques and Collectables, Artisans, Resellers & Foods, only found in Wind Gap.

J's Royal Family, Unique Finds, Flay'd Meats, Candy Pickers, and Uncle Chuck's & Son's Furniture are just few of many vendors.

Despite the COVID 19 pandemic, Marketplace 316 opened July 4th to the delight of avid flea marketers.

The North Broadway location is a huge improvement over the former Wind Gap Flea Market. The new Flea Market appears to be twice the size it was a few years ago, allowing far more vendors to set up shop.

Although I'm not a weekend, flea market junkie, I occasionally enjoy going to Saylorsburg, Jake's on Route 100, Adamstown, PA and a place in Front Royal, Va. I'm happy to say that I am definitely adding Marketplace 316 to my list of favorites.

## Hotline for Human Services

Northampton County has a 24-hour Emergency hotline for all Human Services-related emergencies. Anyone struggling with a mental health crisis, abuse, neglect, suicidal thoughts, evictions, substance abuse, food insecurity, etc. can call 610-252-9060 for help and referrals.

## County Assistance

In light of Pennsylvania's eviction moratorium expiring on August 31st, Lamont McClure reminds residents that Northampton County has approximately \$3.6 million available for rental assistance, rapid rehousing and utility payments. The Department of Human Services and the Department of Community and Economic Development worked together to develop the Community Mediation and Eviction Diversion Program (CMED). CMED offers experienced mediators, emergency financial assistance and rapid rehousing to prevent homelessness. Contact: Third Street Alliance at 610-438-1763 or email Ziana Keith at [zkeith@thirdstreetalliance.org](mailto:zkeith@thirdstreetalliance.org)

## Teacher Vaccinations

St. Luke's University Health Network is expediting COVID-19 vaccine access to area education employees.

To qualify for expedited access, education employees must meet Pennsylvania's Phase 1a eligibility criteria (age 16-64 with high-risk conditions, or anyone 65 and older) and have indicated their employer on their St. Luke's MyChart account.

St. Luke's has committed to providing area school districts with a portion of available appointments while continuing to provide equitable distribution to the remainder of those eligible in Phase 1A

### Educator Employee Vaccine Information:

St. Luke's COVID-19 Vaccination Information: [www.sluhn.org/vaccine](http://www.sluhn.org/vaccine)

### MyChart Questions:

Eligible educators are encouraged to log in or create a St. Luke's MyChart account. Questions related to MyChart can be answered by calling 1-866-STLUKES (785-8537), option 5. Please note that due to an overwhelming activity of phone calls you may be placed on a call-back list.

## Weona Park Pool Study

To read about Pen Argyl's Pool Feasibility study [CLICK HERE](#)

## Blood Donors Needed

Miller-Keystone Blood Center is seeking donors. Recent storms have cancelled blood drives and supplies are running low. Miller-Keystone has 6 donor centers located throughout the region with extended hours. Anyone interested in donating should call 1-800-B-A-DONOR or make an appointment at <https://www.giveapint.org/>

## Food Pantry

Did you know The Salvation Army of Pen Argyl has a food pantry?

If you or anyone you know are in need of food, you are welcome to come Tuesdays from 10AM-12 Noon. Curbside pick-up provided. Questions? Please call 610-863-6677



## NORTHAMPTON COUNTY COVID-19 DRIVE-THROUGH TESTING SITE

**COORDINATED HEALTH**  
**3100 Emrick Blvd. Bethlehem**

**Monday/Wednesday/Friday - 9AM - 4PM**  
**Tuesday/Thursday - 11AM - 6PM**  
**Saturdays - 9AM - Noon**



## Lenten Services

The East Bangor United Methodist Community Church and Salem UMC Church of Danielsville are holding mid-week Lenten services Wednesdays at 6:30 p.m. on Zoom. Go to [www.ebumc.org](http://www.ebumc.org) to log-in.

## Introducing Artist Sue Pettit

Meet artist Sue Pettit Saturdays, March 13 and 20 and Sundays, March 14 and 21 from 2 to 4 p.m. - and view her work at the opening reception for her exhibit at the Nazareth Center for the Arts

Sue Pettit of Bethlehem Township is surprisingly new to this. It was just three years ago that she taught herself to paint. She started out with alcohol inks on glass Christmas balls. Then she moved to acrylics on tiles before switching to canvases.

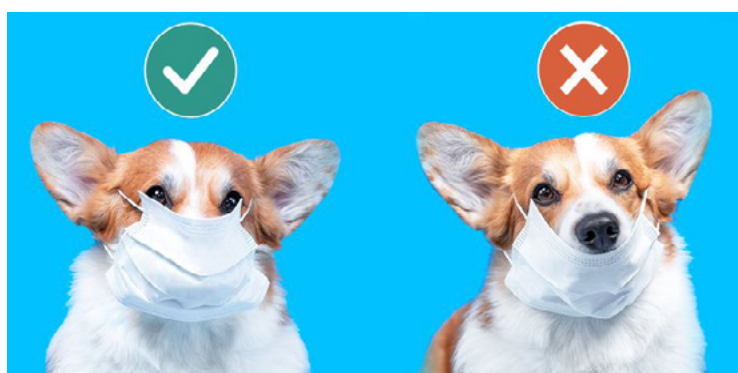
"Not only were they bigger, but they also weighed considerably less!" the 72-year-old former school librarian says. "And there I found my passion. And what amazes me more, the tremors from the Parkinson's I have do not bother me at all when I'm creating."

## Bangor Library Lego Challenge

The Lego Challenge is here! This month's theme is going to be food! The Lego Challenge is for all kids aged 12 and under! Build us your best food item and then take a picture of it! Send us a picture through the library's email.

All pictures must be in by March 20th! Pictures will be posted on March 22, and the food that gets the most votes wins !! Please include kids name and age. No names will be posted on the Facebook page

The email is [info@bangorlibrary.org](mailto:info@bangorlibrary.org)



**WEAR YOUR MASK CORRECTLY!** 

### STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

**Avoid touching your eyes, nose, and mouth.**



[cdc.gov/COVID19](https://www.cdc.gov/COVID19)

## BMCL Mr. Pastie Fundraiser

The Blue Mountain Community Library is sponsoring a Mr. Pastie Fundraiser. Tickets will be able to purchase beginning March 1 through April 17, 2021. The choices available are: Beef with Onion, Beef without Onion, Chicken and Veggie. The price per Pastie is \$6.00.

Call the library at 610-863-3029 to place an order. Payment must be received by cash or check, and tickets will be mailed to you or available to pick up at the Library, 216 S. Robinson Ave., Pen Argyl, PA.

Each ticket is good for 1 pastie (Frozen or Freshly Baked). Tickets will be able to be redeemed beginning Sat., May 1 through Sat., July 31, 2021 at Mr. Pastie, 10 Bell Ave., Pen Argyl, PA.

Visit their website at [www.bmcl.org](http://www.bmcl.org) or our Facebook page for more information. Please consider supporting your Library by participating in this fundraiser and helping a local business as well.

## GCS Annual Bird Walk

Grand Central Sanitation in Pen Argyl is rescheduling their annual bird walk to March 13, 2021 for 11am. A new flyer will be posted to the Grand Central Sanitation Facebook page

## Daily Weather Updates [slatebeltweather.com](http://slatebeltweather.com)

## Filetown Road Closure

The Filetown Road (S.R. 1006) Bridge will be closed and have a detour plan in place from Monday, March 22, 2021 to Monday, August 16, 2021. Please note that this is a Pennsylvania Department of Transportation (PennDOT) project, and it will not be managed by Plainfield Township officials.

## Spring Business Showcase

A Spring Business Showcase and Yard Sale will be held June 12 at 1310 Blue Valley Dr., Pen Argyl behind Pets Plus/Ignite Fitness.

Enjoy shopping with your Slate Belt Business owners as well as their yard sale vendors!

Spaces are \$20 for SBCC members, \$25 for non SBCC member..

## Future Master Watershed Steward Camp

Tuesday-Friday, June 15-18 at 9:00am to 12:00pm

Youth ages 13-18 are invited to join DCNR at Jacobsburg Environmental Education Center and Penn State Extension Master Watershed Steward Volunteers for the Future Master Watershed Steward Day Camp program! Youth will learn about the environment, water resources management, and complete a stream-side service project along the Bushkill Creek.

Youth will participate in science based activities that focus on local watersheds and waterways with plenty of opportunities to get hands-on and participate in field investigations. Upon completion of the program, participants will receive a certificate and are eligible for 2 hours of service toward High School community service requirements.

This free program will be held outdoors and will only take place if there is a change in the current COVID-19 guidelines.

Updates regarding COVID-19 guidelines will be provided to registered participants via email. This camp is Tuesday, June 15th, Wednesday, June 16th, Thursday, June 17th, and Friday, June 18th from 9:00am - 12:00pm each day. Registration required.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

## Lehigh Valley Walk for Life

What better way to reflect on all that God has done through Bright Hope over the past 40 years than to go for a walk with purpose? Their 40th Anniversary Walk for Life fundraising goal is \$40,000. The funds raised will go towards supporting the ongoing client services in their clinics including pregnancy tests, ultrasounds, STI testing, prenatal vitamins as well as virtual and in-person ongoing education classes on pregnancy, parenting, healthy relationships and life skills.

This year, due to continued COVID-19 restrictions, they will be holding The Lehigh Valley Walk for Life in-person and virtually on Saturday, May 1st at 9:00am.

The in-person Walk for Life will take place at The Bethlehem Township Community Center at Pavilion one. Attendance to the in-person walk is capped at 125 people and you must register in advance. Masks will be required.

For those who feel more comfortable walking virtually, we completely understand. Please still register and be sure to mark yourself as a virtual walker. We will get a sponsorship form to you electronically or by mail. Please take photos and share them with us the day of the event!

Everyone who registers for our 40th Anniversary Walk for Life will receive a t-shirt for participating -- both in person and virtually. Please be sure to mark your t-shirt size when you register.

To join us for our 40th Anniversary Lehigh Valley Walk for Life, register by clicking this link <https://secure.ministrysync.com/ministrysync/event/?e=21362> or calling 610-821-4000 and ask for Amity.



# Grab & Go Paint & Plant Spring Kids Workshop

*An alternative to an in-person  
workshop for ages 3 & up*

- Kit includes: A craft to paint -age appropriate (birdhouse, bug habitat, butterfly house, or wind chime.) Also includes: 6 pots, 3 plants, seeds, soil & directions).
- The Easter Bunny will make an appearance on Friday 4/2 for pickup and pictures. (time to be determined).
- Can't make it Friday? The Easter Bunny will deliver it to your home on Saturday 4/3 (some restrictions & delivery fee applies).
- Ginder Greenhouse 558 Lake Minsi Dr., Bangor, 610-588-0222
- [gindergreenhouse@gmail.com](mailto:gindergreenhouse@gmail.com)
- Pickup time to be scheduled Price: \$25.00
- Delivery Charge: \$5 (within 10 miles of greenhouse) \$10 (11-20 miles from greenhouse) (delivery is limited & available on 1st come basis).
- Payment Method: on-line—[www.gindergreenhouse.com](http://www.gindergreenhouse.com)
- Social distancing & masks are required when visiting the garden center.

## East Bangor UMC

136 W. Central Ave. (Rt. 512) East Bangor

Sat., March 13

-8:00 p.m. AA Meeting

Sun., March 14

-10:00 a.m. Worship Live & on Zoom

Wed., March 17

-6:30 p.m. Lenten Service on Zoom

Thurs., March 18

-7:00 p.m. Bible Study on Zoom

## Slate Belt Y Child Care

Exciting news! At the Y, they offer safe, accredited, enriching child care, and at the Slate Belt and Suburban North Branches, their child care offerings are growing.

**The Slate Belt Branch's program will provide care for toddlers and preschoolers beginning March 15,** and our Suburban North Branch's preschool program is reopening. Learn more here: <https://bit.ly/2xkGpS5>

## Thomas Greenhouse

Thomas Greenhouse & Country Store is opening Friday March 19th

They are so excited to show everyone what new items they will have available

Greenhouse is full with many varieties of annuals, perennials, Hangers, Herbs, vegetables and More. Check back for daily updates.

## Trout Season Starts in April

Mark your calendars for the statewide opening of trout season on Saturday, April 3, at 8:00 A.M. There will be no regional opening this year. Anglers have two more weeks to enjoy trout fishing statewide

## Where To Eat

### Little Creek BBQ

Hours: Thurs, Fri & Sat 2-7. Sun. 12-5. Closed Mon, Tue, Wed. 610-588-3831. Info: [Click Here](#)

### Sal's Pizza

Sal's Pizza 487 E. Moorestown Road, Wind Gap. 610-863-7665. More Info: [Click Here](#)

### Doughboys

230 W. Moorestown Rd, Wind Gap. . 610-759-3776. More Info: [Click Here](#)

### Pen Argyl Pizza

Pen Argyl Pizza 510 E. Main St, Pen Argyl. 610-863-6670. More Info: [Click Here](#)

### 512 Restaurant

512 Restaurant 2 East Pennsylvania Ave, Pen Argyl. 610-881-4540. More Info: [Click Here](#)

### Detzi's Tavern

Detzi's Tavern 570 North Lehigh Ave., Wind Gap. 863-9882. More Info: [Click Here](#)

### Slate Pub

Slate Pub 509 E. Main St., Pen Argyl. 610-881-4700. More Info: [Click Here](#)

### Broadway Pub

Broadway Pub 62 Broadway, Bangor. 610-452-9226. More Info: [Click Here](#)

### Boar Barbecue

Boar Barbecue 690 Allegheny Road, Mt. Bethel. 484-908-3407. **CLOSED FOR SEASON.** More Info: [Click Here](#)

### Five Points Grill & Pub

Five Points Grill & Pub 1001 Mt. Bethel Highway, Mt. Bethel. 610-588-1773. . More Info: [Click Here](#)

### M & M Vineyards

M & M Vineyards 18 Shepherds Hill Dr. Bangor. See their website at. <http://mmvineyards.com>

### Legion Baseball Sign-Ups

Roseto Legion will be holding Baseball sign ups on March 27, 2021 from 11 am to 1 pm for boys 16 to 18 years of age.

(Can not turn 19 before January 1, 2021)

And must live in the Bangor area School District.

Sign ups will be at the Roseto Legion 143 Garibaldi Ave, Roseto PA (Please enter from the rear of the Legion off of Roseto Ave)

If you can not make it to the live sign ups, you can email Steve at [bvrschief71@gmail.com](mailto:bvrschief71@gmail.com) with your interest in playing.

### Dinky's

Dinky's Ice Cream Parlor Rte 191 and Broadway in Bangor. More info [Click Here](#)

### Clever Girl Winery

Clever Girl Winery's 15 Broadway in Bangor (484) 484-8907 [www.clevergirlwinery.com/](http://www.clevergirlwinery.com/)

### Napoli Pizza

Dine-In, pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. [Click Here](#)

### Napoli Pizza

Dine-In, pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. [Click Here](#)

### Slate Belt Diner

610-452-9205, 370 Blue Valley Drive. More Info: [Click Here](#)

### Daisy Family Restaurant

6589 Sullivan Trail Wind Gap, (610) 863-4044. More info: [Click Here](#)

### Three Brothers Pizza

Three Brothers Pizza at Plainfield Diner, Sullivan Trail. 610-863-4950 .More Info: [Click Here](#)

### Mt. Bethel Diner

570-897-6409, 2600 N. Delaware Drive, Mt. Bethel, Pa 18343. More Info: [Click Here](#)

### Family & Friends

610-759-7477. Rt 512 Wind Gap. More info: [Click Here](#)

### Gap Diner

Rt. 512 Wind Gap. More info: [Click Here](#)

### TK's Restaurant

570-897-6112. Rt 611, Mt. Bethel More info: [Click Here](#)

### Fuher's Tavern & Grill

104 Main St., Portland (570) 897-5590.

### Annual Tack Swap

On Saturday, April 10, 2021, the annual tack swap or "equine garage sale" will be held at the Northampton County 4-H Center, Nazareth, PA.

The tack swap will be held from 11 AM - 2 PM; vendors will start setting up after 9 AM. The public is invited to attend. Masks are required and Social Distancing is enforced.

The Northampton County 4-H Center is located at 777 Bushkill Center Rd., 2.2 miles south of Rte. 512 from the traffic light for Bushkill Center Rd. or 3 miles north of Nazareth on Bushkill Center Rd.

There will be new and used items for sale for all horse interests and disciplines. Also there will be horse crafts, Breyer model horses, clothing, and other horse related items. All indoor sale areas are pre-sold; sellers wishing an outside space, the areas are on a first-come the day of the swap. There are no consignments. No live animals are permitted; no dogs permitted.

Limited food, courtesy of the Northampton Cty. 4-H Center, will be available during the sale hours. This is a rain or shine event; being held inside their non-heated buildings and outside.





# Slaters Colonial League Champions



**Bangor won Colonial League gold Friday night at Moravian Academy where the Slaters earned a heart-pounding 83-75 win over Notre Dame Green Pond.** Sbtt Photo: Larry Cory [PHOTO GALLERY](#) (100 Photos)

by Larry Cory

Hollywood couldn't have created a better scenario for Bangor's 83-75 win over Notre Dame Green Pond Friday night. No super script writer could have written a better chapter with all of the elements for an incredible moment.

Championship games by their nature ooze excitement, and this game had all of that and more. Coming into the game Bangor needed to face an opponent that had beaten them just a short time ago on the Slaters' floor. Moreover, they needed a win playing their third playoff game in just four days.

Putting this in better perspective, one needs to understand that neither team takes a ho-hum, laid-back approach to the game. They go at each other at both ends of the court for a full 32 minutes with mind-boggling intensity.

Let's also factor into the equation that this was a game played in a somewhat eerie ambience without fans because of the COVID 19 pandemic. Imagine watching the NBA finals on TV in deafening silence

Weather also reared it ugly side, limiting practice time over the past few weeks forcing school closings. When schools are closed teams can not practice.

Lack of practice, however, was not evident last night when the Crusaders jumped out to a quick 13-6 lead in the first quarter, making four three-pointers, but Bangor fought back quickly forcing a 15-15 tie and trailing only 18-17 entering the second quarter.

Bangor and Notre Dame stayed close throughout the second, as Bangor still trailed 40-38 at half. Gabe Zeiba (13) CJ Miles (10) and Josh Giaquinto (9) led the Slaters through the first 16 minutes while Brendan Boyle (12) the area's leading scorer, and Logan Rickert (11) were high for the Crusaders.

With Bangor turning up the heat defensively in the second half, Boyle was held to mere 2 points and finished the game with 14. The Slaters, meanwhile, took a 43-42 at the 6:33 mark of the third and only relinquished that lead for a few moments as Bangor maintained control for the win. Miles and Zieba led Bangor with 25 points each. Giaquinto scored 19, and Dan Heald added 10. Justin Petersen and Jimmy Merklinger each scored two and played solid defense.

Zieba was 6-6 from the free throw line and Miles 7-9 down the stretch. Miles' free throw with 7.7 seconds to play elevated him to the 1,000-point career level.



**CJ Miles (R) of Bangor became the newest member of the Colonial League 1,000-point career scoring club when he reached 1,001 during an 83-75 win over Notre Dame Friday. Derek Troxell (L) of Catasauqua reached the 1,000-point mark a few days earlier.** (See BAHS School History - Right) Sbtt Photo: Larry Cory [PHOTO GALLERY](#) (100 Photos)

**Bangor CJ Miles** 1,000-Point career mark will be forever remembered as the only Slater to hit that plateau in a season shortened by a Pandemic. Miles played in just 12 regular season games while the other Slater 1000-point members played in 20 or more games except for Frank Butz in 1959 when Bangor played an 18-game schedule.

Miles started the season averaging 30 ppg and ended with a 26.6 ppg regular season mark. At that rate, had he played in the 10 games lost due to COVID 19, his total would be 1267 going into District play.



## Boys

1619 Bron Holland 1987  
1184 Michael Martino 2016  
1152 Brad Pensyl 1978  
1125 Ben Holland 2019\*  
1101 Scott Thomas 1989  
1067 Reece Jones 2017  
1060 Frank Butz 1959  
1049 Frank Scagliotta 1968  
1029 Alex Colton 2013  
1001 CJ Miles 2021  
\*Unofficial Total

## Girls\*\*

Suzy DeFranco .....(1983)  
Ashley Capozzolo .....(2006)  
Sarah Colton .....(2009)  
Morgan McCollian .....(2013)  
\*\* Final Totals U/A