

Slate Belt Town Topics

NEWS TODAY NOT NEXT WEEK

Summer Fun

Bangor Pool

Hours: 12-7 Monday - Friday

11-7 Saturday and Sunday

Weona Park Carousel and Golf

Fridays 3-9

Saturdays, Sundays & July 4 - 1-9

From 9/9 to 10/1 - Saturdays & Sundays 1-8.

Summer Sounds

Wind Gap 6:00pm July 2

Weona Park 6:00pm June 25

St. John's Cemetery Appeal

Donations provide revenue for lawn and tree maintenance and snow removal. Please send

Donations to:

St. John's Cemetery
c/o Carol A. Hummel
PO Box 9
Bangor, PA 18013

**Free Firewood
(Beech & Birch)
Marsh Lane, Wind Gap
Call: 610-674-5537**

June 25, 2023

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BLUE FLAME EVENTS & SLATE BELT RISING
PRESENTS

3rd annual

SHOP-N-STROLL W/ YOUR PUP AT WIND GAP PARK

Join us for a day in the park with
(or without) your pups!

~Vendors/Crafters (pet and non-pet related)
Adoptable Dogs ~ Pet Rescues ~ Food Trucks ~
Music ~ and MORE!

July 8, 2023
10AM - 3PM

Wind Gap Park
Located at Corner of
S. Lehigh Ave. & E. 3rd St.
Wind Gap, PA

We're looking for vendors/crafters, food vendors, rescues, and more.

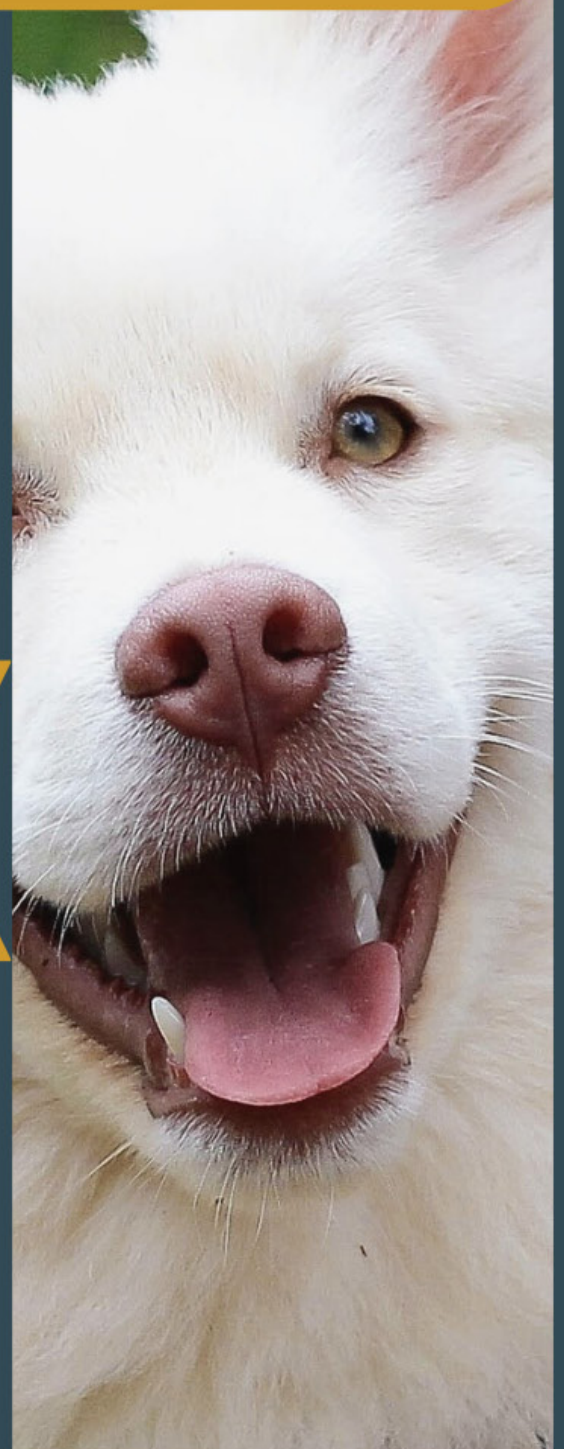
To register text (272)-200-8163

Vendors/Crafters = \$40 per 10x10 space - Food Vendors = \$50



SLATE BELT
PENNSYLVANIA

BLUE FLAME
EVENTS



WWW II LIVING HISTORY



One Out Of 10 People Never Drink Water

“Hydration Is So Important, But It’s Very Easy To Let It Slide.”

By Rich Jenkins via SWNS

Millions of adults are consuming less water than the recommended daily allowance - with one in 10 admitting they never drink it.

UK research into the drinking habits of the nation found the average adult drinks around one liter of water each day.

But guidelines from health experts say the optimal amount is closer to two or three liters daily.

The study of 2,000 Brits found exactly half have no idea how much water they should be taking on.

And of those who understand how much they need, 39 percent confess they only have the recommended daily allowance of water ‘once in a blue moon.’

A spokesperson from Zip Water, which commissioned the study, said: “Hydration is so important, but it’s very easy to let it slide.

“The goal is to never feel thirsty - if you feel like you really need some water, you’ve probably already left it slightly too late.

“A great way to help is to have a water bottle on you at all times, it’s very easy to regularly have a sip if it’s always nearby.”

Of those who don’t drink enough H₂O, 10 percent feel anxious when they haven’t got enough, and 14 percent are easily irritated.

More than one in three feel sluggish and tired (both 34 percent), while 18 percent find it difficult to focus and a further 15 percent get a bit weak.

Are you drinking enough water? (Photo by Andrea Piacquadio via Pexels)

And 11 percent admitted to feeling distracted when not getting enough fluid on board.

The main reasons for avoiding drinking water are not liking it from the tap (27 percent), disliking the taste in general (24 percent), and finding it boring (25 percent).

As many as four in 10, however, simply prefer drinking other things, with 35 percent of all adults saying they drink tea and coffee more than anything else.

As a result, 46 percent get nagged by others for not taking on enough water, according to the One-Poll.com figures.

To try and up their intake, 30 percent do keep a water bottle handy to sip from throughout the day, and 29 percent plug some first thing in the morning.

Nearly three in 10 (28 percent) will keep a glass near their bed so it’s handy to have after a night out, to attempt some last-minute rehydration.

More than half of water drinkers (57 percent) buy bottled drinking water, spending an average of £5.70 (\$7.25) a month on the luxury.



The Perils of Vaping Continue To Grow

Vaping, or the use of electronic cigarettes (e-cigarettes), has been a topic of concern and research in recent years. While it is often promoted as a safer alternative to traditional tobacco smoking, there is growing evidence to suggest that vaping is not without its risks. Here are some reasons why vaping can be considered bad for your health:

Nicotine addiction: Most e-cigarettes contain nicotine, which is a highly addictive substance. Nicotine addiction can lead to dependence and make it difficult for individuals to quit vaping. This addiction can have adverse effects on the brain, especially in young people whose brains are still developing.

Respiratory issues: Vaping has been associated with various respiratory problems. E-cigarette aerosols can contain harmful chemicals such as volatile organic compounds, heavy metals, and ultrafine particles, which can irritate and damage the lungs. This can lead to symptoms like coughing, wheezing, and shortness of breath.

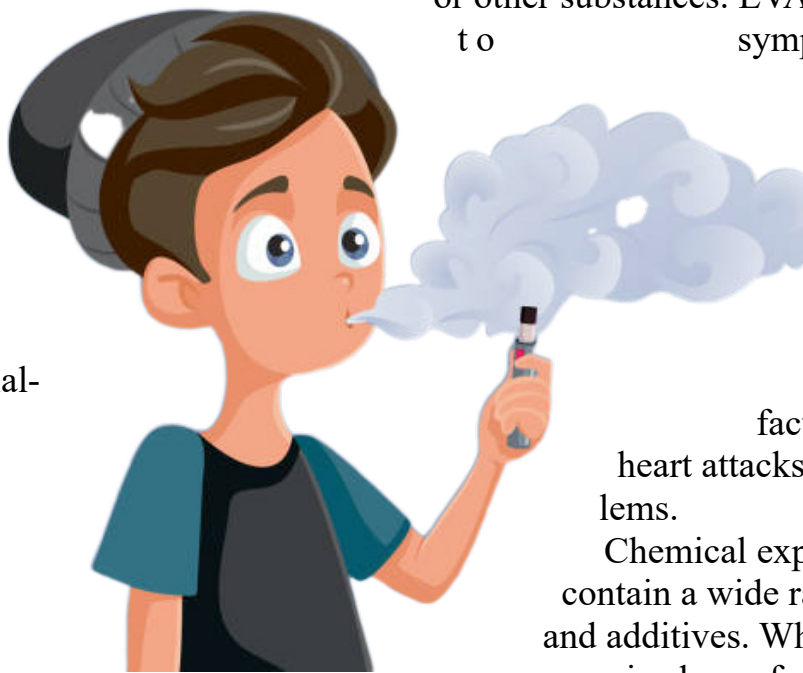
Lung damage: A condition called e-cigarette or vaping-

associated lung injury (EVALI) has emerged, primarily affecting individuals who use e-cigarettes containing tetrahydrocannabinol (THC) or other substances. EVALI can cause severe lung damage, leading to symptoms such as chest pain, cough, fever, and difficulty breathing. In some cases, it has even been fatal.

Cardiovascular risks: Vaping has been shown to have negative effects on the cardiovascular system. The inhalation of e-cigarette aerosols can increase heart rate, blood pressure, and the risk of blood clots. These factors can contribute to an increased risk of heart attacks, strokes, and other cardiovascular problems.

Chemical exposure: E-cigarette liquids and aerosols can contain a wide range of chemicals, including flavorings and additives. While some of these chemicals are generally recognized as safe for consumption, their safety when inhaled into the lungs is not well understood. Some flavorings used in e-cigarettes have been linked to lung toxicity and other health issues.

Effect on youth: Vaping has become popular among young people,



During 2020 – 2022, **sales** of **disposable e-cigarette devices** and **flavors** popular among youth **increased.**



Recreational Vehicle Laws Enacted in Pen Argyl

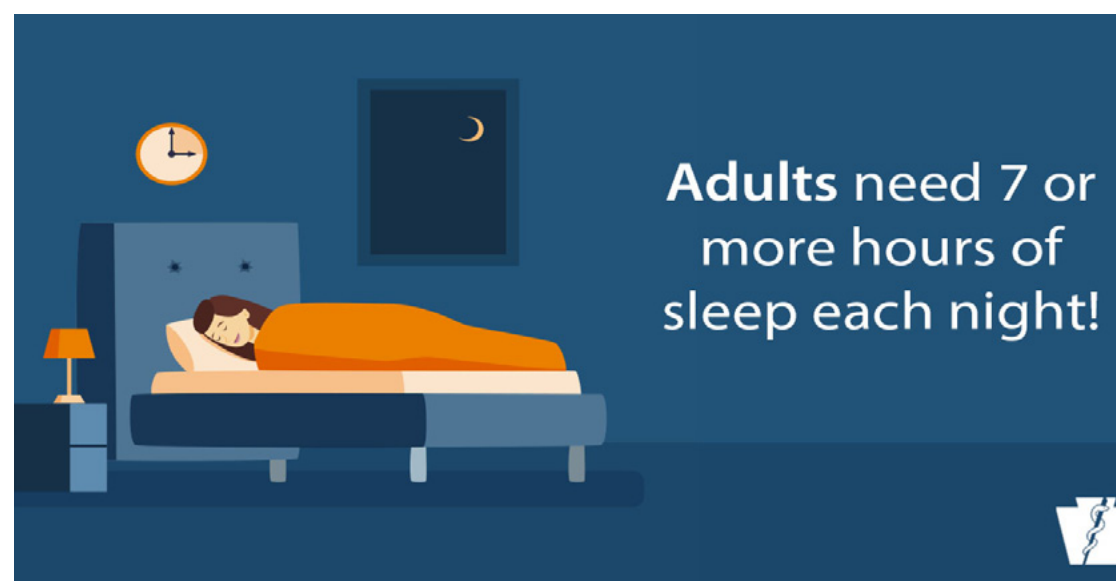
Please note: Chapter 103. Vehicles and Traffic , Article VI. Parking of Recreational Vehicles ,

§ 103-26. Time limit for parking on public property. States: The parking of a recreational vehicle upon any public property, including public streets, for any period of time in excess of 72 consecutive hours is prohibited. The consecutive hours shall not be considered broken or terminated unless the recreational vehicle shall have been removed from public property, including public streets, for a period of 48 consecutive hours.

Recreational Vehicle is defined as:

The single-axle or multiple-axle structure mounted on wheels or otherwise capable of being made mobile for the purpose of travel or recreation and shall include, but not be limited to, travel trailers, mobile homes, tent trailers, boat trailers, home trailers and any trailers used to transport snowmobiles.

Please note that due to increased violations, public concern and parking congestion the Slate Belt Regional Police Department will begin to cite these types of vehicles beginning 6/26/2023



PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com
Send in text form. Do not send photos of text.

Pen Argyl High School Class of 1973 50th Reunion



The PAHS Class of 1973 celebrated their 50th class reunion at Green Pond Country Club. 62 classmates with a total of 108 with guests, attended the event. Their class was able to give scholarships to 3 deserving seniors from the class of 2023. Each senior also received a green knight key chain.

LOWER MT. BETHEL SANDT'S EDDY FIRE
COMPANY
PRESENTS

CAR, TRUCK & TRACTOR SHOW

October 22, 2023 / 10AM to 3PM

Gates open at 9AM

7701 Martins Creek Belvidere Hwy., Bangor, PA

HALLOWEEN
COSTUMES,
TRUNK-OR-
TREAT

VENDORS &
CRAFTERS

RIDES, TRICKY
TRAY

Rain Date October 28, 2023

WE'RE LOOKING FOR VENDORS & CRAFTERS TO JOIN US!
TO REGISTER TEXT (272)-200-8163 OR EMAIL BLUEFLAMEEVENTS@YAHOO.COM.
COST = \$40.00 PER 10X10



Liberty Fire Co. #2 Annual Carnival July 13th - 15th

STEAMED CLAMS

Shrimp
Burgers/Hot Dogs/Sausage
Sandwiches
French Fries & Fried Desserts
Ice Cream

Live Entertainment Every Night

Bounce House & Games For
The Kids!

67 N. 8th Street Bangor, PA

Preliminary Football Schedules

Bangor

8/25/	Bangor @ Palisades	7:00pm
9/1/	Bangor @ Jim Thorpe	7:00pm
9/8/	Southern Lehigh @ Bangor	7:00pm
9/15/	Saucon Valley @ Bangor	7:00pm
9/22/	Bangor @ Wilson	1:30pm
9/29/	Pottsville @ Bangor	7:00pm
10/6/	Bangor @ Lehigh	7:00pm
10/13/	Northwestern @ Bangor	7:00pm
10/20/	Bangor @ Blue Mountain	7:00pm
10/27/	Pen Argyl @ Bangor	7:00pm



Pen Argyl

8/26/	Wilson @ Pen Argyl	1:30pm
9/2/	Mahanoy @ Pen Argyl	1:30pm
9/8/	Pen Argyl @ Northern Lehigh	7:00pm
9/16/	Northwestern @ Pen Argyl	1:30pm
9/22/	Pen Argyl @ Catasauqua	7:00pm
9/29/	Pen Argyl @ Minersville	7:00pm
10/7/	Palisades @ Pen Argyl	1:30pm
10/14/	Schuylkill Haven @ Pen Argyl	1:30pm
10/20/	Pen Argyl @ Panther Valley	7:00pm
10/27/	Pen Argyl @ Bangor	7:00pm



Sixth Annual Slate Belt Sprint 5k

The Slate Belt Y 6th Annual Sprint 5K will be held Saturday August 19 starting 8:15 am at 315 W Pennsylvania Ave, Pen Argyl, PA This is a family event, as well as an event for competitive runners. The challenging, but achievable, course is great for beginners or experienced runners alike.

Register by July 23, 2023 to save! Registration is only \$25 and includes a race t-shirt. Children ages 8-11 can register for the 5k for only \$15 with a participating adult and will receive the same awesome t-shirt. Prices increase on 7/24 and 8/14, sign up early to save!

Children ages 7 and under can participate in the short Kids Fun Run for free. Start times: 7:00 a.m. Day of Registration Opens 8:15 a.m. 5k Run/Walk begins 9:15 a.m. Kids Fun Run begins

AWARDS: First Place Overall Male & Female, Top 3 Male & Female by Age Group: 11 & under, 12-19, 20-29, 30-39, 40-49, 50-59, 60 & up



Food Trucks at Twilight



JUNE 26: PAT'S PIZZA TRAILER

COME BY THE FLOWERING FOX TO ENJOY DINNER TO GO OR DINE HERE OPEN AIRE STYLE. BRING THE KIDS AND YOUR PUP AND LEAVE THE COOKING TO US

101 S ROBINSON AVE, PARKING LOT BEHIND BUILDING

Roseto Community Events

Summer Reading at the Park

June 21, 26
July 5, 12, 26
August 2, 9

10:00-11:30

Roseto Ballpark

Big Time Celebration

July 25-30

National Night Out

Tuesday, August 1
5:00-8:00

Roseto Ballpark

Roseto Community Yard Sale

August 4, 5, 6

Roseto Helping Hands Bake Sale

Saturday, September 10
ACE Hardware Capital Plaza

No Pumpkin Way! It's a Fall Festival! & Tricky Tray

Saturday, September 30
10:00-3:00

Roseto Ballpark

Roseto Fall Festival

Saturday, October 14
6:00-8:00

Roseto Ballpark

Veterans Day Service

Saturday, November 11
9:30

Mount Carmel Cemetery
711 Liberty Ave. Roseto

Roseto Helping Hands Bingo

Sunday, November 12
Doors open at 12 and Games begin at 1:00
American Legion
143 Garibaldi Ave. Roseto

Christmas Tree Lighting

Sunday, November 26
6:00

Blue Flame Holistic Fair

Blue Flame Events is hosting our first annual Holistic Fair inside the Palmer Park Mall on August 5th from 11AM to 4PM!

We're looking for vendors (holistic & non-holistic) to join us for this unique event. We're also looking for event contributors to participate in mini lectures and demonstrations. They're also looking for sponsors Vendor Cost = \$40 per space.

To request a registration link or sponsorship packages for text Blue Flame Events at (272)-200-8163 or email blueflameevents@yahoo.com.

<https://facebook.com/events/s/holistic-fair-explore-the-alte/1405325460242023/>

For more unique opportunities by Blue Flame Events check out our website at www.blueflameevents@yahoo.com

Key ways that parents can support their child's healthy development



Responding to children in a predictable way



Showing warmth + sensitivity



Having routines + household rules



Sharing books + talking with children



Supporting health + safety



Using appropriate discipline without harshness



BLUE FLAME EVENTS & SLATE BELT RISING PRESENTS

3rd annual

SHOP-N-STROLL W/ YOUR PUP AT WIND GAP PARK

Join us for a day in the park with (or without) your pups!

~Vendors/Crafters (pet and non-pet related)
Adoptable Dogs ~ Pet Rescues ~ Food Trucks ~
Music ~ and MORE!

July 8, 2023
10AM - 3PM

Wind Gap Park
Located at Corner of
S. Lehigh Ave. & E. 3rd St.
Wind Gap, PA

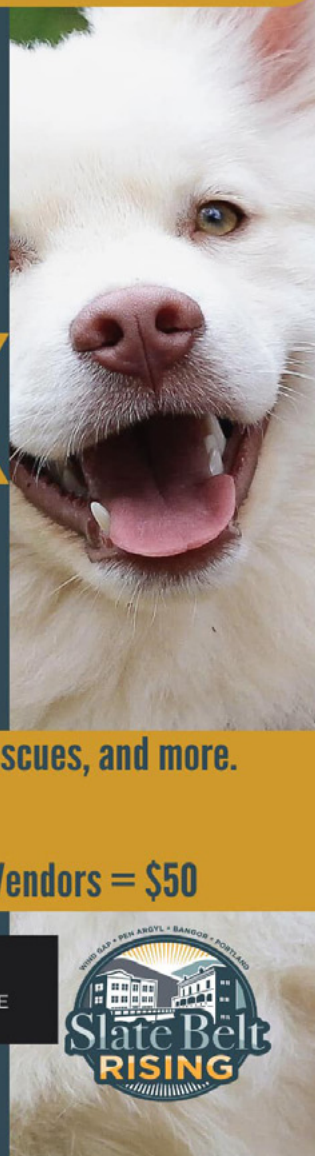
We're looking for vendors/crafters, food vendors, rescues, and more.

To register text (272)-200-8163

Vendors/Crafters = \$40 per 10x10 space - Food Vendors = \$50



SLATE BELT
PENNSYLVANIA



Red, White & Brewfest

The Red & White Brewfest will be held at Riverside Barr Saturday, July 1, 2023 At 6 Pm by The Boys of Psych and Chris Moser

Brace yourself for an awe-inspiring fireworks display by the renowned Pyro Joe. Watch as the night sky lights up with a dazzling array of colors, creating a magical atmosphere that will leave you breathless. HUGE bonfire following Fireworks display!

Get ready to rock out! We've lined up an incredible lineup featuring the high-energy performance of PSYCH, joined by the talented special guests, The Buzz, and One Way Back. This incredible lineup of live music will have you on your feet and singing along to your favorite tunes.

Prepare to be blown away by the stage, sound, and lightshow provided by Mystic Mountaintop Productions. Their cutting-edge technology, including a captivating video wall, will elevate the entire experience, immersing you in a visual feast that complements the music perfectly.

Food! Drink Specials - take advantage of our fantastic drink specials throughout the evening. Treat yourself to mouthwatering bites and refreshing beverages, ensuring your energy stays high as you celebrate with friends and loved ones.

Admission: \$10 Discount for Veterans.

Tracing the Roots of Conflict: the Creation of Israel

The Slate Belt Heritage Center will host their monthly historic presentation on Thursday, July 13, 2023 @ 7:00 PM. Speaker for the evening will be Mr. Marc Blau whose topic will be: 'Tracing the Roots of Conflict: The Creation of Israel'.

Mr. Blau, a former Social Studies teacher at Bangor Area High School, will discuss the events that have created the long-standing volatile conflict that the world has not been able to peacefully untangle. He will take you back to biblical days and follow the problems to the present.

You will leave the talk with a new perspective on the issues occurring in that area. With this program, the Heritage Center is expanding its monthly presentation to include topics of interest outside, as well as inside the Slate Belt. The program is free and open to the public. The Heritage Center is located at 30 North 1st Street, Bangor, PA.

For additional information contact: Karen Brewer @ 484-894-5661

Nazareth Center for the Arts Presents:

Creative Writing Club

FOR TEENS

Ages 13-18

Register at

www.nazaretharts.org

Four Sessions:
April 13, May 11,
June 8, July 13
6-8 PM

Flash fiction writing with prompt, workshop your work in progress, and share your work! Learn storytelling concepts from New York Times Bestselling author Kate Moretti



Summer Sounds 2023 Concerts

Weona Park

June 25

Joyous ...R&B, Soul, Pop, Punk

July 9

Riverside Rhythm ... 15+ Big Band instrumental and vocal hits from the 20s - big band era.

July

Lost Ramblers .. String Band playing Bluegrass, old time music & more.

August 6

Large Flowerheads ...Musical sights and sounds of the groovy 60s

August 20

Philadelphia Funk Authority ... More than funk . Party music from the past five decades

All concerts are free, begin at 6 P.M at Wind Gap or Weona Park Band shells, as noted. For Pen Argyl, please watch for notifications (Pen Argyl Borough WEB, Facebook, Nixel, etc.) on any weather-related change of venue or rescheduling of the event.

Wind Gap

July 2

TimeWhys ... Great music of the 60s

July 16

Steel Creek ...modern county, some classics and rock n' roll

July 30

Joey and the T-Birds ... 50s, 60s Doo Wop

August 13

New Individuals ..Oldies 60s and 70s

August 27

Last One Standing ... County, Classic Rock and oldies mix.

De-Stress & Ease Anxiety

Come out to
A Clean Slate to
learn about herbs
that help ease
anxiety and stress
while making your
very own flavorful
tea blend.



Saturday, July 1

2 p.m.

Class provided by Herbalist
Nesha Parker



\$10 Fee

Enjoy a cooling
and soothing iced
lavender lemonade or tea.

Light snacks provided.

A Clean Slate

118 South First St. - Bangor
Call Greg at 610-452-9348 with
any questions.



Severe Weather Outlook

Monday Afternoon and Evening

Philadelphia  Mount Holly

Issued 5:30 AM

Sunday, June 25, 2023

Hazards



Severe thunderstorms possible.

Primary Threats:



Damaging wind gusts to 60-70 mph and large hail.



Localized flash flooding.



Timing

Approximately 3-9 PM
from west to east.

Greatest severe thunderstorm potential could be in the form of a squall line crossing the region.

Updates: weather.gov/phi



Severe Outlook

1 - MARGINAL (MRGL)	2 - SLIGHT (SLGT)	3 - ENHANCED (ENH)	4 - MODERATE (MDT)	5 - HIGH (HIGH)
Isolated severe thunderstorms possible.	Scattered severe storms possible.	Numerous severe storms possible.	Widespread severe storms likely.	Widespread severe storms expected.
Linked in duration and/or coverage and/or intensity.	Short-lived and/or not widespread, isolated intense storms possible.	More persistent and/or widespread, a few intense.	Complex, widespread and intense.	Long-lived, very widespread and particularly intense.



Excessive Rainfall Outlook

No Area/Label	MARGINAL (MRGL)	SLIGHT (SLGT)	MODERATE (MDT)	HIGH (HIGH)
Floods are generally not expected.	Isolated flash floods possible.	Scattered flash floods possible.	Numerous flash floods likely.	Widespread flash floods expected.
	Localized and generally affecting areas that can experience rapid runoff with heavy rainfall.	Mainly localized. Most vulnerable are urban areas, roads, small streams and washes. Isolated significant flash floods possible.	Numerous flash flooding events with significant property possible. Many vehicles may flood, seriously affecting major roads.	Severe, widespread flash flooding. Areas that don't already experience flash flooding could result in significant property loss and possibly in greater danger.

Sangria Around the World

The 3rd annual Sangria Around the World Festival is coming on July 15th & July 16th and Blue Flame Events is looking for food vendors that represent food from all around the world! Here are some countries we're still looking for food trucks for, but we're open to others as well!

For this event, Stone Lake Winery will be making homemade sangrias that will be paired with the different foods from around the globe! Spaces are filling up fast so be sure to register today!

They are also looking for unique vendors & crafters to join them. This is an outdoor event and spaces are 10x10. Spaces for vendors & crafters are VERY limited! To register text (272)-200-8163.

BLUE VALLEY FARM SHOW YOUTH ADVISORY

ALL MOTOR SHOW!

Cow Chip Bingo **Tricky Tray**

BLUE VALLEY FARM SHOW GROUNDS

JUNE 25TH 12PM-4PM


YOGA CLASS

With
*Registered Yoga Teacher
Becky Gillen* **200 Hour RYT!**

Tuesdays

8 - 8:45 PM

**\$8 Suggested
Donation Per Class**



118 South First Street - Bangor - 610-452-9348
greg@cleanslatebangor.org

Come to Shop-N-Stroll w/ Your Pup

Come to Shop-N-Stroll w/ Your Pup at Wind Gap Park Saturday, July 8, 2017
At 10 Am – 3 Pm

Join them for the 3rd annual Shop-N-Stroll w/ Your Pup at Wind Gap Park! Bring the pup out for a day of fun! No pup? That's okay! We will have pet rescues joining us with their adoptable pups!

There will be vendors/crafters (pet and non-pet related) to shop with, adoptable dogs, pet rescues, food trucks, music, and more!

Pup cooling stations will be set up throughout the event. There are also shaded areas for you and your pup to get out of the sun

Pen Argyl Yard Sales

Pen Argyl Community Yard Sales - No permit needed. June 9th – 11th & September 15th – 17th.

LMBT Seeks Car Show Vendors

Lower Mt Bethel Sandt's Eddy Fire Company is hosting their annual Car, Truck & Tractor Show on October 22nd from 10AM to 3PM.

Blue Flame Events is now looking for vendors and crafters to join us for this fantastic event! To request a registration simply text (272)-200-8163 or email blueflameevents@yahoo.com! Cost is \$40 per outdoor 10x10 space.

**Text Scores of Your Games to
570-688-3724**

BANGOR FARMERS' MARKET



WEDNESDAY EVENINGS 4PM-8PM
**BEGINNING JULY 12TH AND CONTINUING
THROUGH OCTOBER (WEATHER PERMITTING)**

FRESH MEATS, PRODUCE, SOAPS, BAKED GOODS AND MORE!
LOCATED ON BROADWAY IN BANGOR, PA. 18013

**SHOP THE MARKET AND OUR MANY DOWNTOWN BANGOR
STORES. GRAB A BITE TO EAT AT ONE OF OUR
RESTAURANTS, PUBS, OR WINERIES**



FOR VENDOR FORMS

EMAIL BANGORMARKETING@JANELLCONNOLLY.COM

Slate Belt Town Topics

NEWS TODAY NOT NEXT WEEK

sbtopics@rcn.com

June 25 2023

www.sbtopics.com

Slate Belt 7-Day Weather Forecast

Showers and Thunderstorms 83 Today Showers and Thunderstorms 83 Monday

National Weather Service Forecast - 6am Today

Today, Showers and thunderstorms likely, then showers and possibly a thunderstorm after 4pm. Patchy fog before 8am. High near 83. Calm wind becoming south around 5 mph in the afternoon. Chance of precipitation is 80%. New rainfall amounts between a tenth and quarter of an inch, except higher amounts possible in thunderstorms.

Tonight, Showers and thunderstorms likely, mainly before 7pm, then showers likely and possibly a thunderstorm after 4am. Patchy fog after 5am. Otherwise, mostly cloudy, with a low around 66. South wind around 5 mph becoming calm. Chance of precipitation is 60%. New rainfall amounts of less than a tenth of an inch, except higher amounts possible in thunderstorms.

Monday, Showers and thunderstorms. Patchy fog before 8am. High near 83. Southeast wind 5 to 10 mph, with gusts as high as 20 mph. Chance of precipitation is 80%. New rainfall amounts between 1 and 2 inches possible.

Monday Night, Showers and thunderstorms before 11pm, then showers and possibly a thunderstorm between 11pm and 2am, then a chance of showers and thunderstorms after 2am. Some of the storms could produce gusty winds and heavy rain. Low around 65. Southeast wind 5 to 10 mph, with gusts as high as 20 mph. Chance of precipitation is 80%. New rainfall amounts between three quarters and one inch possible.

Tuesday, A chance of showers, then showers and possibly a thunderstorm after 2pm. High near 77. Southeast wind 10 to 15 mph. Chance of precipitation is 80%. New rainfall amounts between a half and three quarters of an inch possible.

Tuesday Night, Showers and possibly a thunderstorm before 8pm, then a chance of showers and thunderstorms between 8pm and 2am, then a slight chance of showers after 2am. Low around 64. Chance of precipitation is 80%. Rainfall between a tenth and quarter of an inch, except higher possible in thunderstorms.

Wednesday, Showers likely and possibly a thunderstorm, mainly after 2pm. Partly sunny, with a high near 77. Chance of precipitation is 70%.

Wednesday Night, Showers likely and possibly a thunderstorm before 8pm, then a chance of showers and thunderstorms between 8pm and 2am. Mostly cloudy, with a low around 61.

CURRENT WEATHER
Updated
Every 2 Minutes
Temperature
Wind, Rain
MORE
[CLICK HERE](#)

Special Events

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

June 25

Free Ice Cream

The Portland Community Events Committee invites the community out for FREE ice cream. You'll find the ice cream cart and committee members at the Portland Park and Walk in downtown Portland..

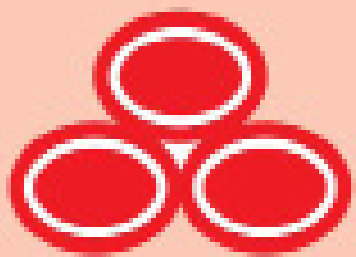
June 28

Watershed Educator Workshop – Field Day

Wednesday, June 28 at 8:00am to 5:00pm

Educators with any certification for grades 6-12 are invited to join us for an introduction to the Bureau of State Parks' Watershed Education Curriculum to discover lessons and resources that can be used to teach cross-curricular, inquiry-based lessons in the classroom that will prepare students for an optional field experience at a stream. A fee of \$15.00 may be paid in advance or at the beginning of the in-person portion of the workshop. Exact cash, checks made out to the Commonwealth of Pennsylvania, and credit cards are accepted. The in-person field day, held at Jacobsburg Environmental Education Center, will provide the opportunity to practice inquiry-based teaching techniques while using State Parks' Watershed Education Curriculum and lessons as a guide. Teachers will receive the curriculum and supplemental materials to ensure confidence while teaching Watershed Education with an emphasis on PA STEELS! You MUST attend one virtual meeting AND the field day to be awarded 14 Act 48 Hours. Register for both the virtual

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State Farm

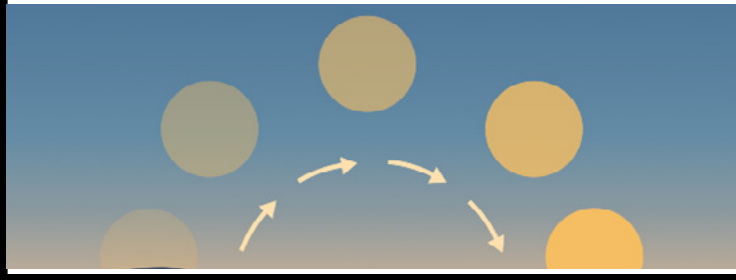
Debbie Pettinari Agency
106 S. Broadway, Wind Gap, PA
610-881-4433

www.debbieinsurespa.com

debbie.pettinari.wz73@statefarm.com



SLATE BELT WEATHER AND YOU

<div>Temperature</div> <div>(Today's Forecast</div> <div>HighLow</div> <div>8366</div> <div>Daily Average Temps</div> <div>8260</div>	<div>COPD</div> <div>0 1 2 3 4 5 6 7 8 9 10</div> <div>↑</div> <div>Combination of weather factors that can make one less or more likely to develop a pulmonary attack. Lower numbers are less while higher numbers increase the chance.</div>	<div>Asthma Index</div> <div>0 1 2 3 4 5 6 7 8 9 10</div> <div>↑</div> <div>Combination of weather factors that can trigger asthma. A higher index mean more people w/asthma could be affected by temperature and allergens.</div>
<div>Sinus Headache</div> <div>0 1 2 3 4 5 6 7 8 9 10</div> <div>↑</div> <div>Combination of weather factors that can make one less or more likely to develop a migraine. Lower numbers are less while higher numbers increase the chance.</div>	<div>Migraine Headache</div> <div>0 1 2 3 4 5 6 7 8 9 10</div> <div>↑</div> <div>Combination of weather factors that can make one less or more likely to develop a migraine. Lower numbers are less while higher numbers increase the chance.</div>	<div>Common Cold</div> <div>0 1 2 3 4 5 6 7 8 9 10</div> <div>↑</div> <div>Combination of weather factors that can make one less or more likely to catch a cold.. Lower numbers are less while higher numbers increase the chance.</div>
<div>Air Quality</div> <div>AM Reading→</div> <div>Columbia N.J -18</div> <div>Bethlehem - 24</div> <div>Allentown - 29</div> <div>Monroe - 4</div> <div>Good 0-50</div> <div>Moderate (51-100)</div> <div>Bad for Some (101-150)</div> <div>Very Bad 150+</div>	<div>Arthritis Index</div> <div>0 1 2 3 4 5 6 7 8 9 10</div> <div>↑</div> <div>Scale of 0-10 with 0 indicating a very low risk of weather-related arthritis pain, and 10 indicating the highest chance of pain.</div>	<div>Cooling Degree Days</div> <div>YesterdaySeason</div> <div>5189</div> <div>Used to track energy use. Add the daily high and low temperatures, divide by 2 and add 65 to calculate heating degree days.</div>
<div>Rainfall/Snowfall</div> <div>RainSnow</div> <div>Recent - .2.03</div> <div>Recent - 0.0</div> <div>Month - 3.74</div> <div>Month - 0.0</div> <div>Year - 21.03</div> <div>Season - 10.50</div>	<div>UV Index</div> <div>0 1 2 3 4 5 6 7 8 9 10 11 12</div> <div>↑</div> <div>Very High Risk -10:00am - 5:00pm Today</div> <div>(Ultra Violet Rays) Lower number indicates low risk of harm from unprotected sun exposure, higher numbers indicate greater risk</div>	<div>Heating Degree Days</div> <div>YesterdaySeason</div> <div>05167</div> <div>Used to track energy use. Add the daily high and low temperatures, divide by 2 and subtract 65 to calculate heating degree days.</div>
<div>Sun</div> <div>SunriseSunset</div> <div>5:30 AM8:37 PM</div> <div></div>	<div>Pollen-Allergy Forecast</div> <div>0 1 2 3 4 5 6 7 8 9 10 11 12</div> <div>↑</div> <div>Top Allergens - Grasses, Dock, Plantain</div> <div>Scale of 0-12 with zero indicating the least potential allergy and 12 the most. Most prevalent allergen is Ragweed</div>	<div>Flu Index</div> <div>0 1 2 3 4 5 6 7 8 9 10</div> <div>↑</div> <div>Flu index: (0-10) Combo of historical data and temperature. A high flu index means the spread of a flu is very favorable, assuming the disease is present</div>

Bangor Library - New Books

Adult Fiction

Six Scorched Roses: A Crowns of Nyaxia Novella by Carissa Broadbent
The Spectacular: A Novel by Fiona Davis
Robert B. Parker's Bad Influence: A Sunny Randall Novel by Alison Gaylin
Back in a Spell by Lana Harper
Back in a Spell by Lana Harper
Love, Theoretically by Ali Hazelwood
The Five-Star Weekend by Elin Hilderbrand
Private Moscow by James Patterson
Court of Monsters and Men by Eliza Raine
Famous in a Small Town by Viola Shipman
The Puzzle Master: A Novel by Danielle Trussoni

Adult Nonfiction

The Band Plays On!: The Allentown Band's 175th Anniversary by Ron Demkee
The Book of Charlie: Wisdom From the Remarkable American Life of a 109-Year-Old Man by David Von Drehle

Large Print Adult Fiction

A Hiss Before Dying by Rita Mae Brown
Probable Claws: A Mrs. Murphy Mystery by Rita Mae Brown

Easy Fiction

Sister by Leia M. Johnson
How Leo Learned to be King by Marcus Pfister
The One and Only Sparkella and the Big Lie by Tatum Channing

Easy Non Fiction

The Tale of the Mandarin Ducks by Katherine Paterson

Junior Non Fiction

Catch a Crayfish, Count the Stars: Fun Projects, Skills, and Adventures for Outdoor Kids by Steven Rinella

Young Adult Fiction

Warriors: A Thief in ThunderClan by Dan Jolley

Young Adult Non Fiction

The Declaration of Independence: The Story Behind America's Founding Document and the Men Who Created it by Rod Gragg

DVDs

John Wick Chapter 4
Renfield
The Super Mario Bros. Movie

Blue Mountain Library - New Books

Adult Fiction:

A Chance Inheritance, Carolyn Brown
An Amish Forever Home, Amy Grochowski
The Book Club on Waverly Lane, Rachel Hanna
Code Name Sapphire, Pam Jenoff
The Greedy Three, Karen Katchur
The Mitford Affair, Marie Benedict
The Villa, Rachel Hawkins
The Sunshine Girls, Molly Fader
Unnatural History, Jonathan Kellerman
Someone Else's Shoes, Jojo Moyes
The Little Wartime Library, Kate Thompson
The Personal Assistant, Kimberly Belle
Just The Nicest Couple, Mary Kubica
The Amish Mother's Secret, Diane Craver

Large Print:

Tick Tock, Fern Michaels

Adult Non-fiction:

Head On, Larry Csonka
Running in Trauma Stilettos, Whitney Lyn Allen
Spare, Prince Harry, Duke of Sussex
Walk The Blue Line, James Patterson

Fundraiser

The Blue Mountain Community Library will hold a Fundraiser at The Scorecard, 130 N. Broadway, Wind Gap, PA on Tuesday, July 27 from 11:30 am to closing. The Scorecard will generously donate a portion of all food sales that day to the Library in Pen Argyl. The Fundraiser will include Dine-In or Take-Out orders. Please consider supporting YOUR library by enjoying good food from The Scorecard that day. The money will be used to purchase new books, meet the many expenses associated with maintaining the library and for programs offered to the public. Membership is free to all residents in the Pen Argyl School District and non-residents may join for a small yearly fee. For information, call 610-863-3029 or visit www.bmcl.org. Find us on Facebook and Instagram.

Summer Program

The Blue Mountain Community Library Summer Program will be held at the Plainfield Municipal Building on Wednesday, June 14 and Wednesday, June 28. On June 14, the children will tour the headquarters of the Slate Belt Regional Police and meet their new police dog. On June 28, the children will participate in a rock painting activity. Children will also listen to stories along with the activity. The programs are free and designed for children ages 4 through 9. They will begin at 10:30 am. Membership in the BMCL is not needed to participate, however, registration is required for all. Please call the library at 610-863-3029 during operating hours

Cookbooks in the Book Nook

Do you like to cook or collect cookbooks? If so, stop into the Blue Mt. Community Library, located at 216 S. Robinson Ave. Pen Argyl and browse through the Book Nook.

Along with many adult and children's gently used books and puzzles, there is a large collection of cookbooks available to purchase. The library is open M-Sa, 10:00 am to Noon, and M & Th 6:00 to 8:00 pm.

Membership is not needed to purchase items in the Book Nook, but is free to all residents of the Pen Argyl Area School District. Nonresidents may join for a small yearly fee.

The library also has Pen Argyl yearbooks available to buy. Call 610-863-3029 or visit our Facebook page or website at www.bmcl.org for information about the library

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29% of students
experienced poor
mental health and

42% felt persistently
sad or hopeless.



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Daily Schedule

Sunday June 25

Fellowship Dinner - First UMC Bangor, 12:30-1:30.

Portland Sunday Sundaes - 6:30 - 8:00pm (Summer only)

Slate Belt Heritage Center - Open 12-3.

Slate Belt YMCA - 10-2

Monday June 26

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

Bangor Borough Council - Workshop, Bee Hive, 7:00pm

Pump - 8:30-11:30

UMBT Supervisors - 7pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday June 27

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

Washington Twp. Recreation - 7pm

Roseto Zoning - 7pm

Slate Belt YMCA - Open 6:00am - 8:00pm

UMBT Zoning - 7pm Room, 7pm

Wednesday June 28

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Washington Township Supervisors Meet - Municipal Building, 3:30pm.

Slate Belt YMCA - Open 6:00am - 8:00pm

Plainfield Zoning - 6:30pm

UMBT Open Space Advisory 7pm

Thursday June 29

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

Slate Belt YMCA - 6:00am - 8:00pm

Pen Argyl Council Workshop - 7pm

Plainfield Supervisors - 7pm

Plainfield Twp Fire Co. Bingo - 6:30pm

Friday June 30

Bingo - Wind Gap Fire Co., 6:45.

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday June 31

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 10-4

Slate Belt YMCA - 8-4

Slate Belt Heritage Center - Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Saturday July 1

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 10-4

Mission of Love Soup Kitchen - N. Main St., Bangor. 11-2

Slate Belt YMCA - 8-4

Slate Belt Heritage Center - Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday July 2

Fellowship Dinner - East Bangor UMC, 4-6.

Slate Belt Heritage Center - Open 12-3.

Slate Belt YMCA - 10-2

All-You-Can Eat Breakfast - Bangor Elks 8-12pm. Adults \$10. Kid 6-12 \$6. Under 6 - Free.

Monday July 3

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Pen Argyl Sewer Committee - 4:30 P.M. Council Chambers

Pen Argyl Municipal Authority - 5:00 P.M. Council Chambers

Washington Township Zoning Board -



1043 S Broadway, Wind Gap, PA 18091-0248

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CHEVROLET

Daily Schedule

Municipal Building, 6:30 pm.
Roseto Borough Council -
Municipal Building, 7:30pm **Lower
Mount Bethel Supervisors** - Meets
Centerfield Building, 7pm
Portland Borough Council -
Borough Hall, 7:00pm
Pen Argyl Council - 7pm
Pen Argyl GFWC - St. John ,
Pen Argyl, 7pm
Slate Belt YMCA - Open 6:00am
- 8:00pm
Pump - 8:30-11:30
Weona Park Pals - 7pm
Wind Gap Boro Council - 7pm

Tuesday July 4

INDEPENDENCE DAY

Wednesday July 5

Bingo - Bushkill Fire Co. Doors
5pm. Bingo 6:45 pm..
Blue Mountain Library - Open
10-12
Bangor Public Library - Open
1-8
LMBT Recreation Board - 7pm,
Centerfield building
Slate Belt Senior Center - Open
8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 6:00am
- 8:00pm
Wind Gap Zoning - 7pm

Thursday July 6

Blue Mountain Library - Open 10-
12 & 6-8pm
Bangor Public Library - Open
10-8
Slate Belt Senior Center - Open
8-3:30. Blue Valley Farm Show
Bingo - Plainfield Fire Co., 6:30pm
**Plainfield Environmental Advisory
Board** - Municipal Building,
7:00pm
Slate Belt YMCA - Open 6:00am -
8:00pm

Wind Gap Planning - 7pm

Friday July 7

Bingo - Wind Gap Fire Co., 6:45.
Blue Mountain Library - Open
10-12
Bangor Public Library - Open
1-8
Slate Belt Senior Center - Open
8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 5:00am
- 9:00pm

Saturday July 8

Blue Mountain Library - 10-12
Bangor Public Library - 10-4
Columcille Tours - Free. 9:30-
11:30. Meet at Stone circle.
Slate Belt YMCA - 8-4
Slate Belt Heritage Center -
Open 12-3
Hope, Faith & Recovery Group,
every Saturday, at A Clean Slate,
118 S. 1st, St. Bangor. 11:30am -
12:30pm

Sunday July 9

Breakfast - Bushkill Volunteer
Fire C. 7:30-12:30.
Fellowship Dinner - Breaking
Bread soup kitchen, 4:00pm. Cross
Road Baptist, Bangor.
Slate Belt Heritage Center -
Open 12-3.
Slate Belt YMCA - 10-2
.

Monday July 10

Blue Mountain Library - Open
10-12 & 6-8pm
Bangor Public Library - Open
1-8
Slate Belt Senior Center - Open
8-3:30. Blue Valley Farm Show
Pen Argyl Sewer Auth. - 4:30pm
(If needed)
Pen Argyl Municipal Auth. - 5pm
(If needed)
Bangor Borough Council - Meets
Bee Hive Community Center, 7pm
Portland Council - 7pm

Pump - 8:30-11:30

**Upper Mount Bethel
Supervisors** - Meets 7:00pm
Roseto Borough Council -
Municipal Building, 7:30pm
Slate Belt YMCA - Open 6:00am
- 8:00pm

Tuesday July 11

Bingo - Portland Fire Co., 7pm.
Blue Mountain Library - Open
10-12
Bangor Public Library - Open
10-8
Slate Belt Senior Center - Open
8-3:30. Blue Valley Farm Show
**Mission of Love Food Pantry
& Clothes Closet** - N. Main St.,
Bangor, 10-12
Slate Belt YMCA - Open 6:00am
- 8:00pm

Wednesday July 12

Bingo - Bushkill Fire Co. Doors
5pm. Bingo 6:45 pm.
Blue Mountain Library - Open
10-12
Bangor Public Library - Open
1-8
Slate Belt Senior Center - Open
8-3:30. Blue Valley Farm Show
**Washington Township
Supervisors Meet** - Municipal
Building, 7pm
Pen Argyl Park Board - 7pm
Plainfield Township Supervisors
- Meets 7:00pm Municipal
Building.
Slate Belt YMCA - Open 6:00am -
8:00pm
East Bangor Municipal Authority
- Municipal Authority Hall, 555
Messinger St., East Bangor, 7:00pm

Thursday July 13

Blue Mountain Library - Open
10-12 & 6-8pm
Bangor Public Library - Open
10-8
Slate Belt Senior Center - Open

8-3:30. Blue Valley Farm Show
Bingo - Plainfield Fire Co., 6:30pm
Slate Belt YMCA - Open 6:00am -
8:00pm

Friday July 14

Bingo - Wind Gap Fire Co., 6:45.
Blue Mountain Library - Open
10-12
Bangor Public Library - Open
1-8
Slate Belt Senior Center - Open
8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 5:00am
- 9:00pm

Saturday July 15

Blue Mountain Library - Open
10-12
Bangor Public Library - Open
10-4
Slate Belt YMCA - 8-4
Slate Belt Heritage Center -
Open 12-3
Hope, Faith & Recovery Group,
every Saturday, at A Clean Slate,
118 S. 1st, St. Bangor. 11:30am -
12:30pm

Sunday July 16

Slate Belt Heritage Center -
Open 12-3.
Slate Belt YMCA - 10-2

Monday July 17

Blue Mountain Library - Open
10-12 & 6-8pm

Tuesday July 18

Bingo - Portland Fire Co., 7pm.
Blue Mountain Library - Open
10-12 & 6-8pm
Bangor Public Library - Open
10-8
Slate Belt Senior Center - Open
8-3:30. Blue Valley Farm Show
**Mission of Love Food Pantry
& Clothes Closet** - N. Main St.,

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SPECIAL EVENTS CONTINUED

meeting and field day separately on DCNR's calendar of events.

Cavity Nesting Box Hike

Wednesday, June 28 at 6:00pm to 8:30pm

Join our cavity nest monitors, Becca and Jeff, for a two-mile hike to count eggs, chicks, and fledglings in the nest boxes at the center. You may even encounter predation or parasitism! Either way, it's an excellent opportunity to take part in a tradition that has continued at Jacobsburg for 20+ years and learn more about common birds that use the nest boxes. Please wear comfortable footwear and dress for the weather. Registration is Required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

June 29

Jacobsburg Weekly Weeders

Thursday, June 1, 8, 15, 22, 29 Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

July 1

Red, White & Brewfest

The Red & White Brewfest will be held at Riverside Barr Saturday, July 1, 2023 At 6 Pm by The Boys of Psych and Chris Moser

Brace yourself for an awe-inspiring fireworks display by the renowned Pyro Joe. Watch as the night sky lights up with a dazzling array of colors, creating a magical atmosphere that will leave you breathless. HUGE bonfire following Fireworks display!

Get ready to rock out! We've lined up an incredible lineup featuring the high-energy performance of PSYCH, joined by the talented special guests, The Buzz, and One Way Back. This incredible lineup of live music will have you on your feet and singing along to your favorite tunes.

Prepare to be blown away by the stage, sound, and lightshow provided by Mystic Mountaintop Productions. Their cutting-edge technology, including a captivating video wall, will elevate the entire experience, immersing you in a visual feast that complements the music perfectly.

Food! Drink Specials - take advantage of our fantastic drink specials throughout the evening. Treat yourself to mouthwatering bites and refreshing beverages, ensuring your energy stays high as you celebrate with friends and loved ones.

July 2

Free Dinner

The East Bangor United Methodist Community Church welcomes you to a FREE "Beef BBQ Picnic" Dinner on Sunday, July 2nd from 4:00-4:30 p.m. This is TAKE-OUT ONLY. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA Questions? call 610-588-4453 or visit www.ebumc.org.

July 5

Butterfly Walk for Seniors

Wednesday, July 5 at 10:00am to 12:00pm or

Wednesday, July 19 at 10:00am to 12:00pm

Join butterfly enthusiast and conservation volunteer, Doug Burton, for a leisurely walk through the park to find different types of butterflies, learn about their host plants, and discuss conservation issues that may threaten populations. This program is for adults only. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

July 6

Weekly Weeders

Thursday, July 6, 13, 20, 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

July 8

Shop-N-Stroll w/ Your Pup

Come to Shop-N-Stroll w/ Your Pup at Wind Gap Park Saturday, July 8, 20 At 10 Am – 3 Pm

Join them for the 3rd annual Shop-N-Stroll w/ Your Pup at Wind Gap Park! Bring the pup out for a day of fun! No pup? That's okay! We will have pet rescues joining us with their adoptable pups!

There will be vendors/crafters (pet and non-pet related) to shop with, adoptable dogs, pet rescues, food trucks, music, and more!

Pup cooling stations will be set up throughout the event. There are also shaded areas for you and your pup to get out of the sun

Car Show

Washington Twp. 2nd annual Auto Show is set for 9-2 July 8. New this year is a flea market

Butterflies of Jacobsburg

Saturday, July 8 at 10:00am to 12:00pm

Join local butterfly enthusiast Bill Grant for this walk through the fields of Jacobsburg in search of these beautiful insects. He'll show you how to quickly identify local species and the best places to look for them. Participants should wear comfortable shoes. A hat, bottled water sunscreen,

binoculars, and camera are recommended. This program is best for families with children ages 8 and up. Registration is required. Please register all members of your party including adults and children as space for this program is limited to 20 attendees total. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Creek Critters

Saturday, July 8 at 2:00pm to 3:00pm

Join us to learn about the fascinating creatures living in Bushkill Creek. Equipment to study these animals will be provided. Wear close-toed shoes that can get wet and expect to be in the water up to your knees. This program is best for families with children ages 5 and up. Registration is required. Please register all members of your party including adults and children as space for this program is limited to 15 attendees total. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

July 12

Hike for Health

Wednesday, July 12 at 5:30pm to 7:00pm

Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 2.5 miles over uneven terrain. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov. Registration is not required.

July 13

Tracing the Roots of Conflict: the Creation of Israel

The Slate Belt Heritage Center will host their monthly historic presentation on Thursday, July 13, 2023 @ 7:00 PM. Speaker for the evening will be Mr. Marc Blau whose topic will be: ‘Tracing the Roots of Conflict: The Creation of Israel’.

Mr. Blau, a former Social Studies teacher at Bangor Area High School, will discuss the events that has created the long-standing volatile conflict that the world has not been able to peacefully untangle. He will take you back to biblical days and follow the problems to the present.

You will leave the talk with a new perspective on the issues occurring in that area. With this program, the Heritage Center is expanding its monthly presentation to include topics of interest outside, as well as inside the Slate Belt. The program is free and open to the public. The Heritage Center is located at 30 North 1st Street, Bangor, PA.

For additional information please contact: Karen Brewer @ 484-894-5661

Weekly Weeders

Thursday, July 13, 20, 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center’s native plant garden. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

July 15

BAHS Class of 1963

Bangor High School Class of 1963 is going to hold their 60th reunion at the ScoreCard in Wind Gap on Saturday, July 15, 2023. They don’t have all the details ironed out yet, but I will follow up with that at a later date.

July 15-16

Sangria Festival

Blue Flame Events is looking for unique food trucks as well as vendors and crafters to join them for the 3rd annual Sangria Around the World Festival at Stone Lake Inn, located in Saylorsburg July 15 & 16..

To register, text (272)-200-8163. Spaces are \$40 for an outdoor 10x10 space. Food vendors are \$75 per space.

<https://fb.me/e/0E93K77?mibextid=RQdjQZ>

For more upcoming events check out our website at www.blueflameevents.co!

July 19

Butterfly Walk for Seniors

Wednesday, July 5 at 10:00am to 12:00pm or

Wednesday, July 19 at 10:00am to 12:00pm

Join butterfly enthusiast and conservation volunteer, Doug Burton, for a leisurely walk through the park to find different types of butterflies, learn about their host plants, and discuss conservation issues that may threaten populations. This program is for adults only. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

July 20

Weekly Weeders

Thursday, July 20, 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center’s native plant garden. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

July 22

Summer of Pride

Please join us on July 22, 2023 from 12-6pm to

celebrate “Summer of Pride” we are joining in with Pocono Pride and Lehigh Valley Pride this year for the first annual Slate Belt Pride Fest. They are doing this to bring awareness, to educate and to build a better and stronger community. Please see our flyer below.

They are also looking for sponsorships, vendors and entertainment. So if you would like to join in all the fun that we are bringing please reach out to Marc Royal personally.

July 27

Weekly Weeders

Thursday, July 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center’s native plant garden. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

July 29

Beginner Archery

Saturday, July 29 at 9:00am to 11:00am or 1:00pm to 3:00pm

Can you hit the target? Learn the basics of archery at Jacobsburg! Join a park educator for two hours of learning and practicing field archery! Attendees must be at least 12 years old. No experience is required, and archery supplies will be provided. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

August 19

Sixth Annual Slate Belt Sprint 5k

The Slate Belt Y 6th Annual Sprint 5K will be held Saturday August 19 starting 8:15 am at 315 W Pennsylvania Ave, Pen Argyl, PA This is a family event, as well as an event for competitive runners. The challenging, but achievable, course is great for beginners or experienced runners alike.

Register by July 23, 2023 to save! Registration is only \$25 and includes a race t-shirt. Children ages 8-11 can register for the 5k for only \$15 with a participating adult and will receive the same awesome t-shirt. Prices increase on 7/24 and 8/14, sign up early to save!

Children ages 7 and under can participate in the short Kids Fun Run for free. Start times: 7:00 a.m. Day of Registration Opens 8:15 a.m. 5k Run/Walk begins 9:15 a.m. Kids Fun Run begins

AWARDS: First Place Overall Male & Female, Top 3 Male & Female by Age Group: 11 & under, 12-19, 20-29, 30-39, 40-49, 50-59, 60 & up

August 5

Holistic Fair

SLATE BELT CHURCH INFORMATION



Ruggiero
Funeral Home, LLC
Stephen Ruggiero, Supervisor

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6/12/23 - 6/16/23 6pm - 8:30pm

House on the Rock Family Church
1336 Jacobsburg Road, Wind Gap Pa 18091

Enter through the Seeds of Faith entrance
located at the south side of the building
(blue canopy)

For more information please contact
HOTR's Children's Ministry Director:
Gerry Weaver 610.762.9544
or visit our website www.hotrfc.org

REGISTER BY
MAY 12!



Trinity Lutheran Church

404 Broadway Bangor (610-588-20)

telcbangor@frontier.com

Sunday worship 10:30am

Sunday School: 10:15 - 11:30

Holy Communion: First and Third Sundays

Refreshments after. Masks optional.

East Bangor UMC

136 W. Central Ave. (Rt. 512) East Bangor

June 24- A.A Meeting 8pm

June 25- 9:30 a.m. Worship Service

June 25- Adult Sunday School

(Live & on Zoom) 10:45 Fellowship Hour

(For Zoom, go to ebumc.org to sign in)

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064

www.gracebelfastpa.org 610-759-9080

Email: gracebelfast@rcn.com

June 18

9:00 am Holy Communion,

Flicksville UCC

1337 Lower South Main St., Bangor

Pastor Ken Hess 610-588-4648

www.flicksvilleucc.com

Worship at 10:00am

Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor

www.christpsb.org

More info 610-588-4864.

E-mail: info@christpsb.org.

Sunday Worship, 10:00 a.m.

in-person/Zoom/Facebook Live.

For more info: 610-588-4864.

Christ Evangelical Lutheran Church

703 South Delaware Drive Mt. Bethel,
18343

<http://www.celepa.org/>

Email: celepaorg@yahoo.com

610-588-7056

Worship: Sundays 9:00 a.m.

Holy Communion: First and Third Sunday

Toddler Sunday School: Sept-May 10:15

Richmond United Methodist Church

Rev. Peter Jamieson, Pastor

<http://richmondumc.com/>

8538 Delaware Dr, Bangor, PA 18013

610.588.7317 | richmondumc@epix.net

Sunday Worship - Weekly at 10:00 a.m.

First United Methodist Church of Bangor

Pastor Elisandra Garcia - 610-588-4673

55 North Third Street, Bangor PA

11:00am service (Communion First Sunday)

Prince of Peace Ev. Lutheran Church

Rev. Michael J. Scholtes, 610-588-55

2445 Lake Minsi Dr, Bangor

popbangor.org

poplcbangor@gmail.com

Sunday Worship 9:45 am (Weekly
Communion) Sunday School 8:30 am

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Shaplin Jr.

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Susan McKean
President



3013 N. Delaware Drive

Mt. Bethel, PA 18343

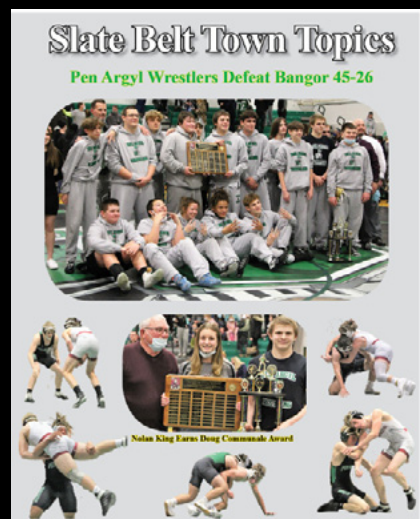
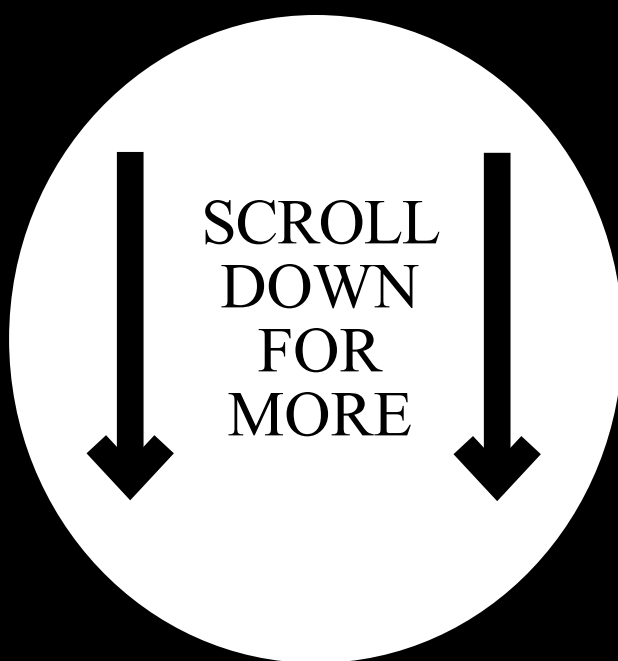
Phone: 570-897-9047

Fax: 570-897-9048

Toll Free: 888-325-2433

www.mountbethelabstract.com

Slate Belt Town Topics Recent Feature Pages



Read the Town Topics With Fresh News
Every Day



On Wednesday, June 14 Chief Hoadley and Officer Lowe of the Slate Belt Regional Police introduced Zorro to the participants of the Blue Mountain Community Library's Summer Fun.

Bangor GFWC Womens Club End-Of-Year Luncheon

The Bangor Womens Club GFWC held the end of year luncheon at TK's on June 13. Carolyn Smith, President introduced Marie Balson, Chair Veterans Committee. Marie, Betty Josephson and Carolyn Smith are working on a two-year project to make and donate 25 lap robes to area veterans at the Slate Belt Nursing Home. To date they have made 14 sewn and knitted lap robes. In addition, June Hess's neighbor made and donated 11 crocheted lap robes. GFWC PA Bangor club was organized in 1913 and Federated in 1916. The club will not hold any meetings over the summer, but we'll be back in September. For information contact Bonnie Due , Membership chair at dobdue@ptd.net.



(Pictured L-R) Betty Josephson and Marie Balson; June Hess and Marie Balson



FOOD | BEER | WINE & SPIRITS | MUSIC

45 BROADWAY, BANGOR, PA 18013 | THURSDAYS 5 PM - 9 PM

Father's Day Car Show



Photos: Larry Cory
PHOTO GALLERY
More Photos Tomorrow

Learn New Director of On Campus Recruiting at Michigan State



Bangor graduate Jenna Learn has been hired as Michigan State’s new director of on-campus recruiting, according to SpartanMag.com. She is the second major hire for Michigan State’s new executive director of player personnel and recruiting, Mark Diethorn. Learn is a former recruiting staffer at South Florida.

Preliminary Football Schedules

Bangor		
8/25/	Bangor @ Palisades	7:00pm
9/1/	Bangor @ Jim Thorpe	7:00pm
9/8/	Southern Lehigh @ Bangor	7:00pm
9/15/	Saucon Valley @ Bangor	7:00pm
9/22/	Bangor @ Wilson	7:00pm
9/29/	Pottsville @ Bangor	7:00pm
10/6/	Bangor @ Lehigh	7:00pm
10/13/	Northwestern @ Bangor	7:00pm
10/20/	Bangor @ Blue Mountain	7:00pm
10/27/	Pen Argyl @ Bangor	7:00pm



Pen Argyl		
8/26/	Wilson @ Pen Argyl	1:30pm
9/2/	Mahanoy @ Pen Argyl	1:30pm
9/8/	Pen Argyl @ Northern Lehigh	7:00pm
9/16/	Northwestern @ Pen Argyl	1:30pm
9/22/	Pen Argyl @ Catasauqua	7:00pm
9/29/	Pen Argyl @ Minersville	7:00pm
10/7/	Palisades @ Pen Argyl	1:30pm
10/14/	Schuylkill Haven @ Pen Argyl	1:30pm
10/20/	Pen Argyl @ Panther Valley	7:00pm
10/27/	Pen Argyl @ Bangor	7:00pm



Sixth Annual Slate Belt Sprint 5k

The Slate Belt Y 6th Annual Sprint 5K will be held Saturday August 19 starting 8:15 am at 315 W Pennsylvania Ave, Pen Argyl, PA This is a family event, as well as an event for competitive runners. The challenging, but achievable, course is great for beginners or experienced runners alike. Register by July 23, 2023 to save! Registration is only \$25 and includes a race t-shirt. Children ages 8-11 can register for the 5k for only \$15 with a participating adult and will receive the same awesome t-shirt. Prices increase on 7/24 and 8/14, sign up early to save!

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AWARDS: First Place Overall Male & Female, Top 3 Male & Female by Age Group: 11 & under, 12-19, 20-29, 30-39, 40-49, 50-59, 60 & up

Former Slater Tony Jones Earns Fourth Place in NCAA Track



Former Bangor High School track and basketball star Tony Jones took fourth place in the NCAA track championship high jump with a leap of 7'1". Jones completed his career at Mississippi State after three years at Wake Forest.

Recognizing the Legacy of Juneteenth Monday

Official Holiday

Juneteenth (officially Juneteenth National Independence Day) is a federal holiday in the United States commemorating the emancipation of enslaved African Americans.

Deriving its name from combining June and nineteenth, it is celebrated on the anniversary of the order, issued by Major General Gordon Granger on June 19, 1865, proclaiming freedom for slaves in Texas.[

Originating in Galveston, Juneteenth has since been observed annually in various parts of the United States, often broadly celebrating African-American culture. The day was first recognized as a federal holiday in 2021, when President Joe Biden signed the Juneteenth National Independence Day Act into law after the efforts of Lula Briggs Galloway, Opal Lee, and others

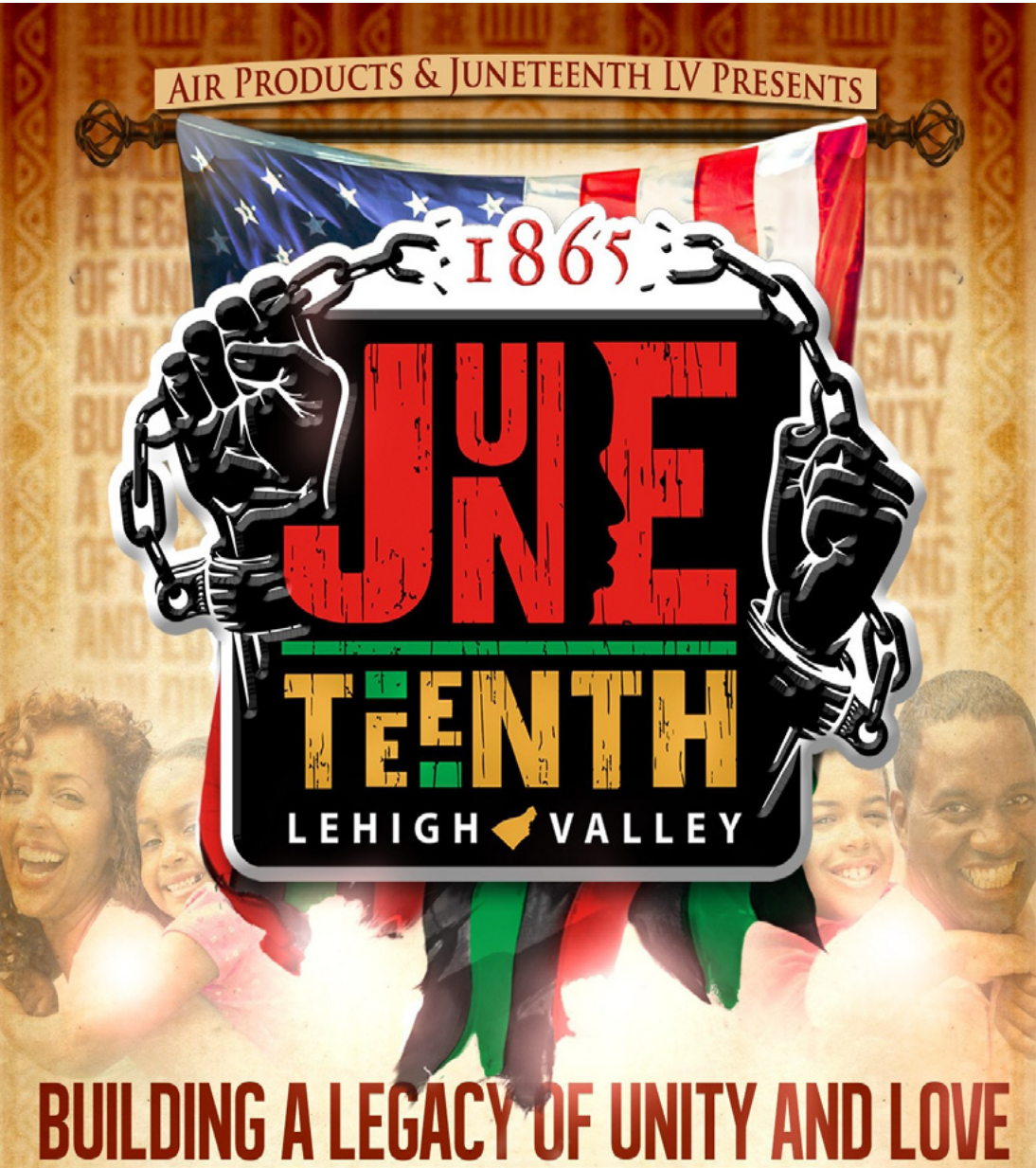
Delaware Water Gap Area Evidence of Slavery in PA

As Juneteenth is inaugurated as a federal holiday, it is important to note that slavery was not exclusively a southern regional issue. Slavery existed within the park.

The Callahan House is believed to have been a stop on the underground railroad for freedom seekers. The Van Campen Inn, located on Old Mine Road, was the site of a working farm that enslaved people.

In New Jersey, it wasn't until 1846 that the state banned slavery and even then made exemptions for enslaved people to become "apprentices" and "to continue until such person is discharged." An 1850 Federal Census counted 236 enslaved people in the state including Caesar Soult, who was the last enslaved person to be counted in Sussex County. He was freed prior to his death on March 11, 1860. His age was unknown but "in the neighborhood of one hundred." The 1860 Federal Census lists it at 107.

As we observe Juneteenth, we acknowledge our past as we continue to work towards a more inclusive future.



Juneteenth Parade In Easton

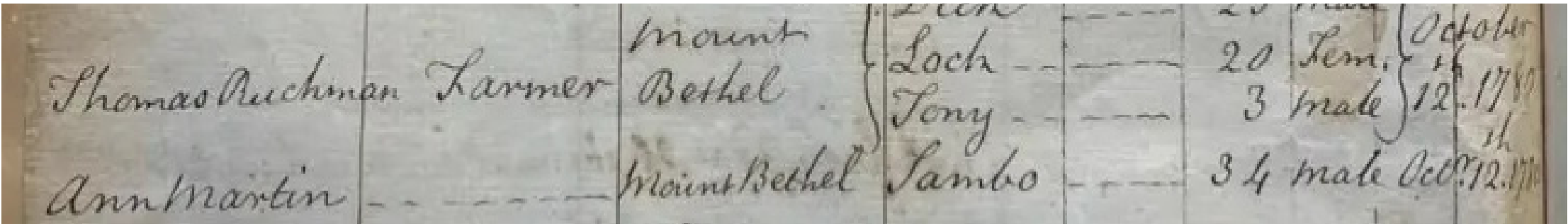
Juneteenth Lehigh Valley will present the first Juneteenth Parade in the Lehigh Valley that brings together agencies from Allentown, Bethlehem, and Easton on Northampton St. in Easton, PA on Monday, June 19th from 12:00-3:00 p.m.

The processional will feature area leaders from the African American community, drumlines and steppers, fraternities and sororities, children's



The Callahan House, also known as the Jacob Helm House, is a historic home located in the Delaware Water Gap National Recreation Area south of Milford, in Dingman Township, Pike County, Pennsylvania. It was built in two sections, with the older dated to about 1800 and the later to about 1820. It is a long, 1+1/2-story, clapboard-clad frame dwelling with a steep gable roof. It features exposed chimney backs at the first floor exterior in the Dutch style, and a porch along the newer wing.

It served as an inn, and is believed to have been a station on the Underground Railroad.



A slave register of 1780 for Northampton County includes the names of slave and slaveowners, **including two from Mt Bethel**. Professor Scott Gordon found the document while combing through records of the Historical Society of Pennsylvania.

Bangor Women's Club Donates To Library, Introduces 2023 HOBY Winner

Carolyn Smith President Bangor Womens Club GFWC introduced Deanna Keyser Education Chair to present \$1000 donation check to Kathleen Lynch, Bangor Public Library. The Bangor club has been a supporter of the public library since it was founded in 1921.

Deanna introduced 2023 HOBY winner Gianni Goodrich and his mother Alicia Zito and 2022 HOBY winner Megan Engle with her mother Lindsay Engle. Both HOBY winners spoke about the experiences they have had with the HOBY Organization.

The Bangor Club holds various events throughout the year to raise monies for their community projects. Some of the events are Fall and Spring Bake Sale, Wreath decorating and sale, and card/game party. The club appreciates all the support for our events.

Carolyn Smith attended the Pennsylvania Clubwoman Convention in Pittsburg in May. She was pleased to accept two awards on behalf of the Bangor Club.

The first was a Communication award for partnering with local newspapers and establishing a regular article series on a variety of topics. Articles were published over 8 months. Topics included the club's 105-year anniversary as a federated club, a member's 50-year anniversary in GFWC, HOBY winners, new officers' installation, projects in the community, bake sales, PA State Executive Board members visitations, fundraising events, and donation awards.

The second was an Arts and Culture award for the presentation by Carolyn Smith who spoke about the Cultural Holidays celebrated around the globe. The begin with The Lunar New Year and went on with Ukrainian Eggs, Oceanic Art, supporting Heifer International and Ukrainian's bombing of wheat fields. India's Diwali, the Festival of Light, a time to celebrate light over darkness.

Besides the club awards The winners of the student literature, photography and art were announced. A huge thank you to Heidi Bates for spearheading the local 2023 GFWC Festival of Arts and the local schools who encouraged their students to participate. In the fall the 2024 program will begin. Looking forward to a lot of great submissions.

Literature Short Story

Category 1 Grades K-2 * 3rd place Jessie Henninger

Category 4 Grades 9-12 * 3rd place Connor Roddy

High School Photography

Color Living Things * 1st place Jessica Reinhart

Black and White Living Things * 1st place Sophia Lanier

Color Still Life * 2nd place Sophia Lanier

Student Art

Division 2 Grades 3,4,5 * 1st place Lacy Strouse

Division 3 Grades 6,7,8 * 2nd place Vivianne Ruch



(l-r) Alicia Zito mother of 2023 HOBY winner Gianni Goodrich, Deanna Keyser Education Chair Bangor Womens Club, Megan Engle 2022 HOBY winner with mother Lindsay Engle



Deanna Keyser (l) presenting check to Kathleen Lynch Bangor Public Library



In 2021, **14.9%** of **children** ages 5–17 had received **mental health treatment** in the past 12 months

bit.ly/NCHS1017

www.cdc.gov/nchs



Pen Argy BBQ & Brew Event



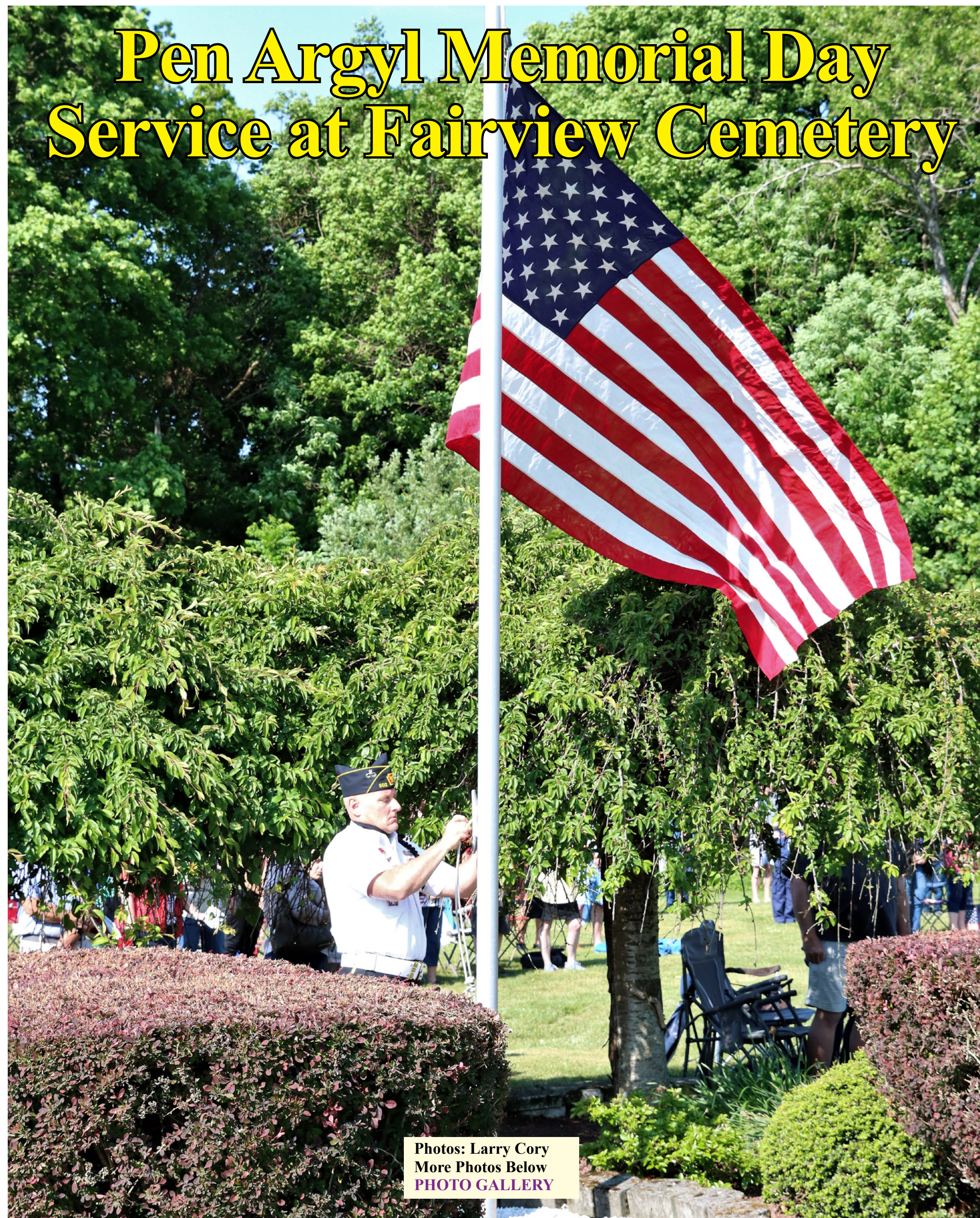


PUBLISH YOUR EVENT
To publish info about your event, e-mail [s btopics@rcn.com](mailto:btopics@rcn.com) Please send in text form. Do not send photos of text.

Jumping Into June Summer Festival



Pen Argyl Memorial Day Service at Fairview Cemetery



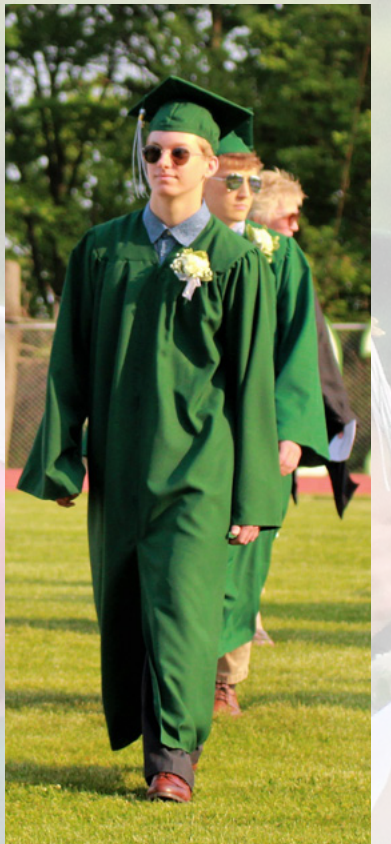
Photos: Larry Cory
More Photos Below
[PHOTO GALLERY](#)

Memorial Day Ceremony at PAHS



Photos: Elliot Lorrah-pfeifer
More Photos Below
[PHOTO GALLERY](#)

PAHS CLASS OF 20



Photos: Katrina Valente
More photos below
PHOTO GALLERY



Bangor High School athletes announced their plans for playing sports in college yesterday during a program presented in Bill Pensyl gym. Seated: Tommy Aulisi and Dylan Miller. Standing: Hunter Rydell, Jacob Hartzell, Eric Striba and Emma Toth.

Tommy Aulisi

- Baseball
- Albright College
- 4 year letter winner in baseball
- 1 year letter winner in football
- 1 year letter winner in golf
- Lehigh Valley Live athlete of the year nominee
- Member of the 20 Colonial League Champion
- Baseball team
- Planned Major: Secondary Education

Dylan Miller

- Football
- King's College
- 4 year letter winner in football
- 2 year letter winner in baseball
- Football Captain 2 years
- McDonald's All-Star Football Game
- Colonial/Schuylkill All-Star Football game
- Richard Forster Award Winner
- Member of the 20 Colonial League Champion
- Baseball Team
- Planned Major: Business Administration, Sport Management

Hunter Rydell

- Baseball
- Misericordia University
- 4 year letter winner in Baseball
- Baseball Captain 1 year
- Colonial League Player of the week
- Lehigh Valley Live Player of the week
- Member of the 20 Colonial League Champion
- Baseball Team
- Planned Major: Exercise Science

Eric Striba

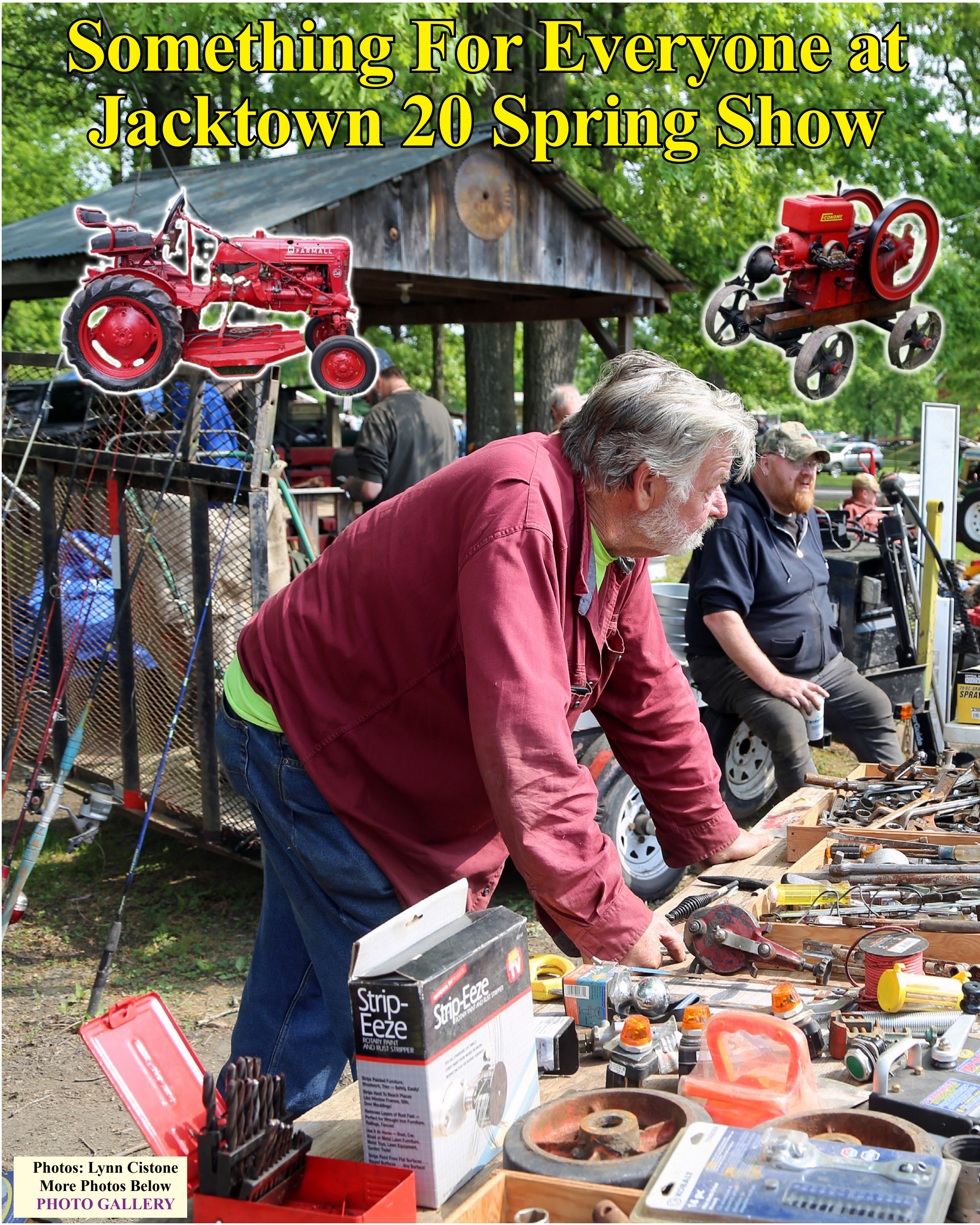
- Football
- Bloomsburg University
- 4 year letter winner in football
- Football Captain 2 years
- Mini Maxwell Award nominee
- McDonald's All-Star Game
- Colonial/Schuylkill All-Star Football game
- 2 x Morning Call Player of the game
- MVP Bangor vs Pen Argyl Game
- Team offensive player of the year
- Planned Major: Business and Finance

Jacob Hartzell

- Cross Country and Track & Field
- York College of Pennsylvania
- 4 year letter winner in cross country
- 4 year letter winner in track & field
- Cross Country Captain 1 year
- Track & Field Captain 1 year
- Cross Country Awards: Colonial League All-
- League, Team MVP
- Track & Field Awards: Colonial League 3rd Place
- Javelin, member of the Colonial League 4th place
- 4 x 800 relay team, District XI qualifier in the Javelin, Discus, and 4 x 800 Relay
- Team MVP



Something For Everyone at Jacktown 20 Spring Show



Photos: Lynn Cistone
More Photos Below
[PHOTO GALLERY](#)

Slate Belt Heritage Center Announces Winners For 20 Annual Preservation Awards

Special Focus Award Hope Horn

The Special Focus Award goes to an individual who has shown exemplary actions in saving or conserving traditions or a body of knowledge and contributes to educational information. This award is to acknowledge individuals who have performed acts that promote and preserve the culture and heritage of the Slate Belt. This year's winner is Ms. Hope Horn. Ms. Horn was nominated back in February 2020 due to her continuous teachings of the 'Wool School' out of the former Oughoughton one-room schoolhouse in Richmond, PA.

Ms. Horn has spent countless hours in her school teaching classes on dying, spinning and weaving products from wool, while using her own sheep and goats, and doing all the sheering herself along with dying the wool with natural produces like goldenrod. She also sells products at the adjacent restored general store located next to the school. Ms. Horn has a passion for passing on educational information and conserving a traditional body of knowledge. For this, she has been nominated for the Special Focus Award for 20.

Architectural Award Raymond DiFebo

The Architectural Award goes to an individual who has shown an exemplary act in saving or conserving a historic building, place or artifact where restoration is authentic to preservation. The award is to acknowledge individuals who have performed acts that promote and preserve the culture and heritage of the Slate Belt. This year's winner is Mr. Raymond DiFebo. Mr. DiFebo was also nominated back in February 2020 for his work taking the former pre-1900s Fosbinder Butcher Shop located in Martin's Creek and restoring it as a place of residence. The original store counter now rests in the kitchen. Additionally, the original posts and beams, block and tackle for moving carcasses, meat hooks, wainscoting and tin ceiling have also been retained, along with the storeroom for animal hides and the concrete smokehouse. Mr. DiFebo has preserved a historic building, as well as authentic and original artifacts. For this he has been nominated for the Architectural Award for 20.



Hope Horn With Her Spinning Wheel

acquiring knowledge in agriculture, animal husbandry and organic farming. Overall, she believed that Upper Mount Bethel, the Bangor Area, and the Slate Belt needed such a vital resource to nurture and compliment the rural nature of the surrounding region by fostering farm and garden practices and supplying the basic resources needed to promote such a lifestyle in the community. For this, her business has been nominated for the Architectural Award/Business Category for 20

Architectural Business Award Aline Haddad and Jesse Poliskiewicz

Additionally within the Architectural Award, SBHC also recognizes businesses who have shown an exemplary act in saving or conserving a historic building, place or artifact where restoration is authentic to preservation. The award is to acknowledge businesses who have performed acts that promote and preserve the culture and heritage of the Slate Belt. This year's winner is Johnsonville Farm & Garden. Owners, Aline Haddad and Jesse Poliskiewicz operate a community-based general store stocked with agricultural necessities and local products. In general, Ms. Haddad came up with the concept of restoring and reopening the former store when she returned home from college in 2012 after

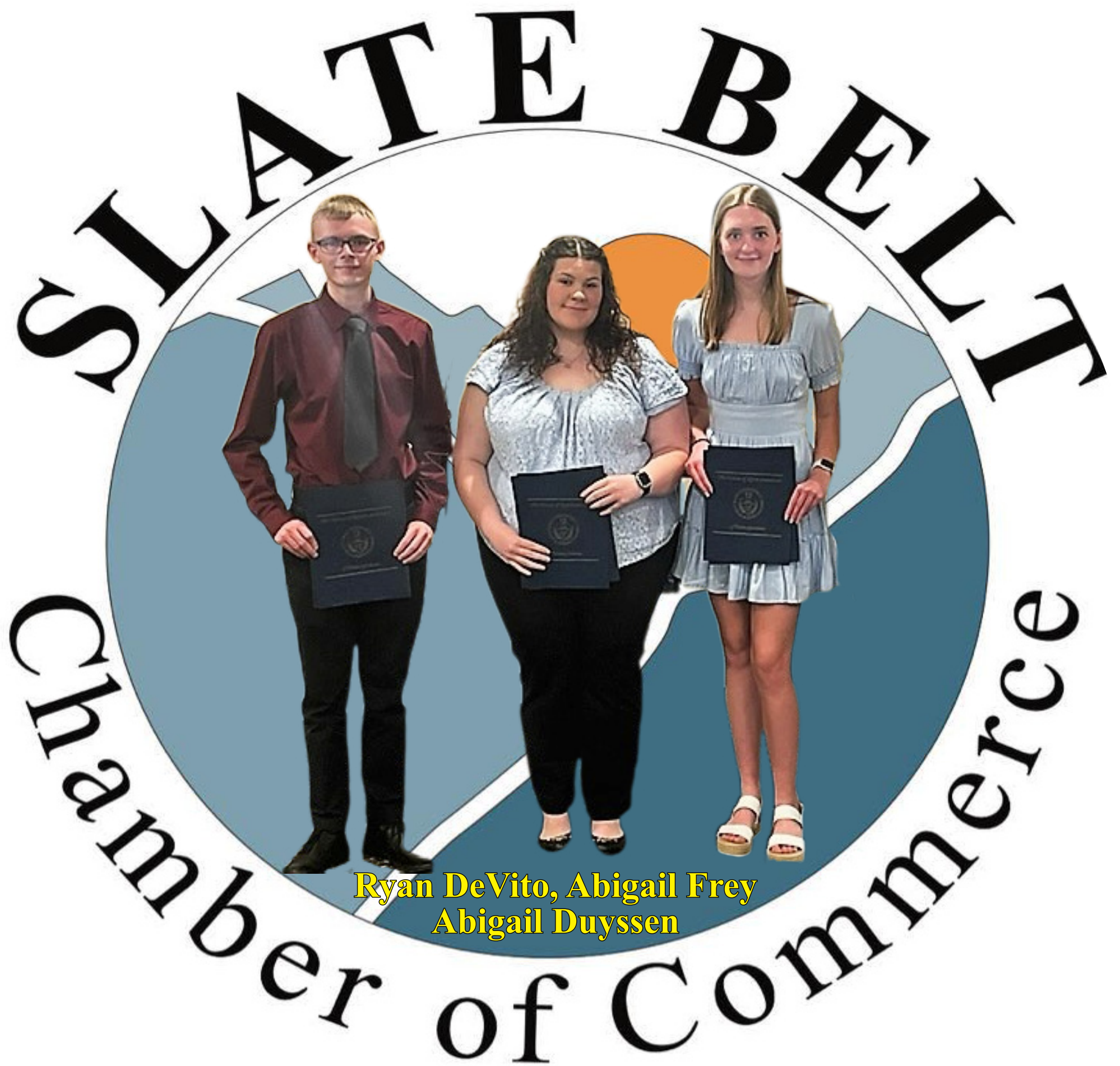
West Bangor Memorial Day

West Bangor Memorial Day Services: will be held May 29, 11:00AM at the Memorial Site, Second Street, West Bangor, PA.

The speaker will be SGM Mark D. Baylis.

In case of inclement weather, services will be held at the St. Joseph's Episcopal Church Social Hall, Verona Avenue, West Bangor. The public is invited to attend

Scholarship Winners



**Ryan DeVito, Abigail Frey
Abigail Duyssen**

Ryan DeBellis - Pen Argyl ASD
Misericordia University
Undergraduate: Healthcare Management
Graduate: Physical Therapy
(Missing from photo)

Abigail Duyssen - Bangor ASD
US Military Academy at West Point
Undergraduate: Life Science
Graduate: Veterinary School

Abigail Frey - CIT
St Lukes Nursing Program
Registered Nurse

The Frederick R. Curcio Jr. Scholarship Award:
Ryan DeVito - CIT
Northampton Community College
Information Science

Pen Argyl High School Honor Graduates

**Alaina Hall - Valedictorian,
Pen Argyl High School 20**

PARENTS: Andrew and Penny Hall

ACADEMIC AWARDS/HONORS RECEIVED

- AP Literature - AP & WE Service Learning Project (2022-20)
- Alumni Award - Top Junior
- ASVAB Award - 11
- Academic Award in English - 11
- Academic Award in Science - 11
- Academic Award in Mathematics - 10, 11
- First Honor Roll - 9, 10, 11, 12
- Top Five in Class Award - 9, 10
- Top Ten in Class of 20 - 11

ORGANIZATIONS/CLUBS/ACTIVITIES

-
- Leo Club 9, 10, 11, 12
- Do Something Club 11, 12; Secretary 12
- Envirothon 12
- Reading Olympics 12

COMMUNITY INVOLVEMENT:

- Leo Club
- Do Something Club

COLLEGE PLANS

Muhlenberg College to major in Neuroscience.



**PAHS Graduation
6:00pm May**

**Elaina Eibeck, Salutatorian, Pen Argyl
High School 20**

PARENTS: Jennifer and Peter Eibeck
ACADEMIC AWARDS/HONORS RECEIVED

- First Honor Roll 9, 10, 11, 12
- National Honor Society 11, 12, President 11, 12
- Hugh O’Brian Youth Leadership Conference 10
- Academic Award in English 9, 10
- Academic Award in Mathematics 9
- Academic Award in Science 9
- Academic Award in Social Studies 9, 10
- Top Five in Class Award 9, 10
- Top Ten in Class of 20 11
- George Eastman Young Leaders Award 11
- Rensselaer Medal 11

ORGANIZATIONS/CLUBS/ACTIVITIES

- AP Literature - AP & WE Service Learning Project (2022-20)
- Concert Band 9, 10, 11, 12
- Mini-Thon Leadership - 11, 12; Fundraising Head 12
- Character Education, Secretary
- National Honor Society, President
- Mock Trial, Co-Captain
- TV Studio, 9, 10, 11, 12
- Yearbook 12; Assistant Managing Editor and Copy Editor 12
- Aavidum 9
- District-wide Advisory Council Board 9, 10, 11
- District-wide Technology Assistant 11, 12
- Mock Trial (Lawyer) 9, 10, 11, 12; Captain 12; District Playoffs 9, 10, 11, 12
- Knights Order (Character Education) 9, 10, 11, 12; Secretary 11, 12
- Class President 9, 10

ATHLETICS

- Girl’s Volleyball, Varsity Girls’ Soccer, 9

COMMUNITY INVOLVEMENT:

- Easton Public Library Volunteer
- Bridge Beyond Addiction Volunteer
- Co-Ed Soccer Coach Volunteer
- Chandler Nursing Home Volunteer

COLLEGE PLANS:

Messiah University double major: International Relations & Chinese Studies.

