Slate Belt Town Topics

AREA'S ONLY DAILY ONLINE PUBLICATION AT SBTOPICS.COM



Wolf Opposes Trump Admin's Health Care Gender Edict

Governor Tom Wolf and cabinet members of his health and human services agencies today condemned the Trump Administration's final rule stripping hundreds of thousands Americans of their right to health care because of their sexual orientation and gender identity that was previously guaranteed under the Patient Protection and Affordable Care Act (ACA).

"This rule flies in the face of every policy and protection my administration has put in place," Gov. Wolf said. "Changing an Affordable Care Act rule that includes provisions for non-discrimination based on sex to include only male and female genders is another attempt to dismantle the ACA and put our LGBTQ community's well-being at greater risk by trying to delegitimize this vulnerable population. It is especially egregious to finalize a rule that could deny health care to anyone in the midst of a pandemic and on the anniversary of the Pulse nightclub mass shooting."

Strohe Golf Tournament

The Todd Strohe Memorial Golf Tournament will be held Saturday, August 15 at Whitetail Golf Course 8:00 Shotgun w/Lunch following. More info later.



Handwashing can help prevent 1 in 5 respiratory illnesses and 1 in 3 diarrheal illnesses. Take the time to wash your hands for 20 seconds or the time to soing the Happy Birthday song three times every time you wash!

If soap and water aren't available, use hand sanitizer with 60% alcohol to clean your hands.

A Clean Slate Needs You

A group supporting and reaching all Veterans and First Responders will meet 7pm the fourth Monday each Month at A Clean Slate Resource Center



and is free and confidential to join the "The what are you are you reading right now challenge."

They are in search of your time, talents, and gifts of those who can enhance community with sharing pathways of recovery, and supporting families.

Whether you are buying or selling a home, finding the right Realtor is the most important step. You need a Realtor with knowledge of today's changing market; someone with integrity and service to you. We pride ourselves in all those qualities and invite you to visit us

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Joe & Nancy Kessler Corinne Groff & Colin Kessler REALTY EXECUTIVES 31 W. First St. Wind Gap, PA 18091 610-863-8444







http//www.slatebeltexecutives.com/

Italian Village Sells Houses for \$1



June 12 (UPI) -- An Italian village that bills itself as "COVID-free" is attempting to attract new residents by selling homes for \$1 -- but the new owners must promise to renovate the houses.

Cinquefrondi, in the southern region of Calabria, bills itself as a "COVID-free village," as there haven't been any confirmed coronavirus cases reported in the community, and the Calabria region has one of Italy's lowest levels of reported cases.

Mayor Michele Conia said the "Operation Beauty" initiative is designed to attract new residents willing to renovate abandoned homes that have fallen into disrepair.

"Finding new owners for the many abandoned houses we have is a key part of the Operation Beauty [mission] that I have launched to recover degraded, lost parts of town," Conia told CNN.

"I grew up in Germany where my parents had migrated, then I came back to save my land. Too many people have fled from here over the decades, leaving behind empty houses. We can't succumb to resignation," he said.

The program offers the houses for only \$1, but the purchasers must pay an annual policy insurance fee of about \$280 until renovations on the homes are complete. The new owners of the homes will be subject to a \$22,470 fine if they do not complete renovations within three years.

Plainfield Twp Road Work

The following roads will be chip-sealed June 15, 16 and 17. Fulmer, Heimer, Mud Run, Sandt & School. Fresh oil/chips will be on the roadway surfaces on those dates and the week following.

NEW VIRUS CASE REPORT - JUNE 14

LOCATION	TOTAL CASES	NEW CASES
State	78,462	336
Northampton	3,240	8
Monroe	1,347	0
Lehigh	3,953	17



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Robin Tinsley

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PennDOT Road Work - June 15 - 19

Interstate 78 Between: Exit 67 (PA 412) and Exit 75 (To PA 611) Daytime Restriction: Moving operation in both directions 09:00 AM To 03:00 PM. Start date: 6/15/20. Est completion date: 6/18/20

Jacobsburg Road Between: State Park Road and Belfast Road Restriction: Closed and detoured for bridge repairs Start date:6/15/20 Est completion date: 9/22/20. All day restrictions.

US 22 East Between: Schoenersville Road and PA 33 Daytime Eastbound lane restriction 09:00 AM To 02:00 PM. Start date:6/15/20 Est completion date:6/18/20

Church Road Between: Delabole Road and 3rd Street, Wind Gap. Daytime Lane restriction with flagging 06:00 PM To 11:00 PM. Start date:6/15/20. Est completion date:6/19/20

PA 33 North Between: US 22 and Main Street (Tatamy) Daytime Northbound lane restriction 09:00 AM To 02:00 PM. Start date:6/15/20. Est completion date:6/18/20

Plainfield Township: Delabole Road Between: Sullivan Trail and Pen Argyl Road. Daytime Lane restriction with flagging. Start date:6/19/20 Est completion date:6/19/20

Daily Updates sbtopics.com

Ongoing Traffic Alerts

- Delabole Rd closed from American Bangor Road to Molasses Rd for Bridge repair.
- Roadwork on Belvidere Road both directions 0 miles West of DePues Ferry Road, PPL. Lane restriction.
- Damaged roadway on Five Points Richmond Road in both directions between Messenger St, Bangor, Park Drive and Sunset Drive. Lane restriction.
- **Roadwork on I-78 westbound** between Mile Post: 60.5 and Mile Post: 60.0. There is a lane restriction.
- **Roadwork on I-78 westbound** between .5 miles west of Exit 45: PA 863 and .7 miles west of Exit 35: PA 143 traffic disruption.
- US 22 between PA 191 and 25th Street Weekend restrictions Friday nights 9 PM thru Monday mornings at 6 am. Weeknight lane restrictions 9pm to 6am. (West bound first then East Bound)
- Jacobsburg Road Between: State Park Road and Belfast Road Restriction: Closed and detoured for bridge repairs Start date: 6/15/20 Est completion date: 9/22/20. All day restrictions.





Small Business Grants

An additional \$225 million in state grants, funded through the federal CARES Act, will soon be available to support small businesses that were impacted by the COVID-19 public health crisis and the governor's business closure order.

Eligible businesses will now be able to use the grants to cover operating expenses during the pandemic shutdown and transition to re-opening, and for technical assistance including training and guidance for business owners as they stabilize and relaunch their businesses.

New Library Books

New in the Bangor Public Library June 11-18,

Adult Fiction

- The boy from the woods by Harlan Coben
- Hit List by Stuart Woods
- Journey of the pharaohs: a novel from the NUMA files by Clive Cussler
- Long range by C.J Box
- One minute out by Mark Greaney
- The red lotus: a novel by Chris Bohjalian

Easy Fiction

Double bass blues by Andrea Loney



Daily Weather Updates sbtopics.com

NWS Forecast - June 15

Today

Mostly sunny, with a high near 74. East wind around 5 mph.

Tonight

Partly cloudy, with a low around 51. Calm wind.

Tuesday

Mostly sunny, with a high near 77. Calm wind becoming northeast around 5 mph in the morning.

Tuesday Night

Partly cloudy, with a low around 53. Southeast wind around 5 mph becoming calm.

Wednesday

Mostly sunny, with a high near 80. Calm wind becoming northeast around 5 mph.

Wednesday Night

Partly cloudy, with a low around 56.

Thursday

A chance of showers after 2pm. Mostly sunny, with a high near 83. Chance of precipitation is 30%.

Thursday Night

A chance of showers before 8pm. Mostly cloudy, with a low around 62. Chance of precipitation is 30%.

Friday

A chance of showers after 2pm. Partly sunny, with a high near 86. Chance of precipitation is 40%.

Friday Night

A chance of showers before 8pm. Partly cloudy, with a low around 65. Chance of precipitation is 30%.

Saturday

A chance of showers and thunderstorms. Mostly sunny, with a high near 89. Chance of precipitation is 30%.

Slate Belt Happenings

June 16

Tasty Tuesdays

Trinity Lutheran Church, located at 4th and Broadway in Bangor, offers a free bag lunch program to children, their families and anyone in the community this summer. Tasty Tuesdays begins on Tuesday, June 2 and runs thru mid August.

Due to the Covid-19 pandemic, lunches will contain non perishable food items and will be available for drive-up/walk-up pick up in the large church parking lot.

Each lunch contains water, juice, healthy snack bar, chips, fruit/fruit cup, and a choice of a main food item such as canned soup/tuna/pasta and more. Call the church at 610-588-2023 to register.

East Bangor Taco Tuesdays

East Bangor Volunteer Fire Co. is sponsoring Taco Tuesday Take-out from 4-8pm June 9, 16, and 30. Hard Taco's are \$2, Soft Tacos \$3, Taco Salad Bowl, \$7 and a Kids Meal Hotdog and Mac & Cheese \$3.

Text or call order ahead starting Mondays before, or order in person. Call 484-903-4556. Pick up at the hall doors.

June 18

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Bangor, PA - 484-515-1134: e-mail: tfajr@epix.net

Web: ahearnelectrichomeimprovement.com

Heritage Center June Program

Walt Cole will be talking about his upcoming book about the 100th Anniversary of Weona Park in Pen Argyl on the Slate Belt Heritage Center's Facebook page on Thursday, June 18.

June 20

Columcille Gathering

Join a small, socially distanced Columcille gathering on Saturday, June 20, 11:00am-5:00pm Skyy Lane Resource Center.

Opening Premiering their new collection of gemstones—curated by our On-Site Coordinator, Jill Chunko—as well as books and DVDs featuring the writings of their founder and oral histories captured on film.

June 21

EBUMC Service

East Bangor United Methodist Community Church 136 W. Central Ave. East Bangor will hold an online service 10am Sunday June 21.

June 23

Tasty Tuesdays

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See HAPPENINGS page 6







CLICK HERE FOR STORE INFO - www.hometownsaves.com

HAPPENINGS continued from page 5

lot.

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June 30

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HELP WANTED

Mt. Bethel Beverage

#3 Mt. Bethel Plaza – Mt. Bethel, PA 18343 570.897.2337



- Part Time Day Shift
- Some weekends
- Some lifting required
- Apply in Person.
- Perfect for Retiree!

Must be 18 years of age or older

Each lunch contains water, juice, healthy snack bar, chips, fruit/fruit cup, and a choice of a main food item such as canned soup/tuna/pasta and more. Call the church at 610-588-2023 to register.

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Text or call order ahead starting Mondays before, or order in person. Call 484-903-4556. Pick up at the hall doors.

July 4

July Fourth Parade

The UMBT & Portland Borough Parade on the Fourth of July at 11am is gearing up to roll out with uplifting patriotic spirit.

The route will start at the Dunkin Donuts in Portland and go left up Delaware Ave, then left on Turkey Ridge Road and left on Saddle Creek Drive. Left again onto Million Dollar Hwy taking a right on Ramblewood, a left onto Totts Gap Road straight to Johnsonville Road where it will cross 512 to Orchard Road and a left on to Evergreen Road to through Evergreen Village going left on Flintlock passing the Clubhouse then left onto Revolutionary and left onto Powderhorn back out onto Evergreen and ending at 611.

July 10-12

Plainfield Yard Sales

The 2020 Plainfield Township Community Yard Sales will be held on July 10, 11, 12, 2020 from 8:00 AM to 2:00 PM.

August 1

Sportsman Drawing

The Sportsman Drawing and Meat Raffle will be

See **HAPPENINGS** page 7



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HAPPENINGS continued from page 10

held on August 1, 2020. Purchase tickets through any member of Lookout Fire Co. No. 1. www.lookoutfireco.com or check their Facebook page

August 11

Bach At Noon

Bach At Noon performances are presented by The Bach Choir of Bethlehem at St. John's Lutheran Church in downtown Allentown. These concerts will be videotaped, featuring smaller ensembles of musicians who incorporate safe social distancing, appearing online on The Bach Choir's You Tube channel. The August Bach at Noon performance has been endowed by Reverend Ronald R. Miller in loving memory of Maestro James A. Simms, and to continue to share the fruits of his life-giving labors in music-making.

August 16

Vendor and Craft Fair

The Washington Township Volunteer Fire Company is having a Vendor & Craft Fair on Sunday August 16th, 2020 (new date) from 9am to 3pm. Food and Drinks will be sold by the fire company.

This is an outdoor event and it will be held whether rain or shine. If you are interested in a space contact Brett Morrison at 484-542-9517, Aundrea Morrison at 610-984-7101, or email at bdjm987@gmail.com

September 5-7

Bangor Yard Sales

Get ready for the Bangor Borough town-wide yard sale taking place Labor Day weekend, Sept. 5-7! The Borough waives the yard sale permit and you have the opportunity to find some treasures and release your unused items to someone who can use them.

September 12

Bangor Car & Bike Show

Rev up your engines for plenty of prizes, trophies and fun for the entire family! The Bangor Car & Bike show and competition is back on Broadway in historic Bangor on Saturday, September 12 from 10am - 3pm (rain-date Sunday, September 13)...

Goody bag & tshirt pre-registration: Sign up your car or bike early and save \$5 on the entry fee PLUS get a really cool goody bag & commemorative tshirt! Pre-registration is \$10 by 6/12 at hbbapa.org. Pre-

Registration does not reserve your spot in the show, but gets you a goody bag and tshirt. Goody bags and tshirts are limited to the first 50 pre-registrations.

Car & bike show competition entry: If you'd like to enter your vehicle in the competition, please arrive on September 12 to Main & Broadway between 8am and 9:45am to enter the competition. Be sure to bring your pre-registration form OR register day-of for \$15.

Car & bike show sponsors: They are presently accepting prize and award sponsorship. Please visit https://www.hbbapa.org/car-show.html to download a form.

September 26

Neon 5K and Fun Run

The Bangor Elementary PTO is once again hosting its 4th Neon 5K Fun Run/Walk on 8asm September 26, 2020. Participants in the Neon 5K and Fun Run/Walk will go through 5 Splatter Stations where they will get splattered with color dust. All the money raised will benefit students attending DeFranco, Washington and Five Points Elementary Schools

Celtic Youth Fiddle Competition

A Youth Fiddle Competition September 26, will be held at the Charlie Brown Ice House, Bethlehem at Celtic Classic Highland Games and Festival.

This unique fiddle contest primarily focuses on Celtic fiddling styles, including Irish, Scottish, Cape Breton, Shetland, and Galician. Two age categories divide the



Daily Updates sbtopics.com

Where to Eat

Napoli Pizza

Open for pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. More Info: Click Here

Slate Belt Diner

Open for take out. 610-452-9205, 370 Blue Valley Drive. More Info: Click Here

Daisy Family Restaurant

Daisy Family Restaurant's full menu, including ice cream, is available for take out only. Order by phone for curbside pickup and have your food brought to your vehicle, OR order at the counter and take it with you. NO ONE IS PERMITTED TO DINE INSIDE. 6589 Sullivan Trail Wind Gap, (610) 863-4044. Cash or credit still accepted. More info: Click Here

Three Brothers Pizza

Three Brothers Pizza is now open in the former Plainfield Diner on Sullivan Trail. Pandemic restrictions prevent in-house dining, but at 11 am today takeout will be available. Call 610-863-4950 to order.

More Info: Click Here

Mt. Bethel Diner

Mt. Bethel Diner is open for Take-Out only Monday - Sunday 8am - 7pm. Call ahead to order 570-897-6409, 2600 N. Delaware Drive, Mt. Bethel, Pa 18343.

More Info: Click Here

Family & Friends Takeout

Family and friends country restaurant is open for take out at are window or curbside pick up. Full menu available. Call for daily specials 610-759-7477. They are located on route 512 in wind gap next to Albanese garden center. More info: Click Here

Gap Diner Take-out

The Gap Diner in Wind Gap is open for take out and curbside delivery family meals. Specials: chicken parmesan serves 4-6, eggplant parmesan serves 4-6, spaghetti & meatballs serves 4-6, hamburger/cheeseburger kit serves 6. More info: Click Here

Little Creek BBQ

June Hours: Tue-Sat 3 pm-7 pm & Sunday 12pm-5pm. Have a limited meat selection, but they have all of their sides & desserts available and Sweet Tea.

Place orders by phone - accept all forms of payment - cash, MC, Visa, Discover & AMEX. Orders will be curbside pick-up or delivery.

Cash payments for curbside will be taken at the vehicle, delivery cash payments at the door. If you would like a "knock and drop" delivery - they prefer credit/debit over the phone. Daily Specials & Menu will posted each morning by 8am. More info: Click Here

WHERE TO EAT continued on page 9





Debbie Pettinari Agency 106 S. Broadway, Wind Gap, PA 610-881-4433

www.debbieinsurespa.com

debbie.pettinari.wz73@statefarm.com



Where to Eat

Sal's Pizza

Sal's Pizza 487 E. Moorestown Road, Wind Gap. 610-863-7665. Open daily 11am -9pm. Closed Tuesday Mor Info: Click Here

Doughboys

Original Doughboys Pizza and Restaurant, 230 W. Moorestown Rd, Wind Gap. 610-759-3776. More Info: Click Here

Pen Argyl Pizza

Pen Argyl Pizza 510 E. Main St, Pen Argyl. 610-863-6670. M-Sat (11-10) Sun (10-10)

More Info: Click Here

512 Restaurant

512 Restaurant 2 East Pennsylvania Ave, Pen Argyl. Tues-Sunday, Curbside and delivery. 610-881-4540.

More Info: Click Here

Detzi's Tavern

Detzi's Tavern 570 North Lehigh Ave., Wind Gap. 863-9882. Open 4 -7:30. More Info: Click Here

Slate Pub

Slate Pub 509 E. Main St., Pen Argyl. 610-881-4700. Opens 12. Tables both under and outside the tent. No reservations will be taken at this time. All social distancing and government mandates will be followed.

- Masks must be except at the table.
- No more than 4 people per table.
- Tables must remain 6' apart

More Info: Click Here

Broadway Pub

Broadway Pub 62 Broadway, Bangor. 610-452-9226. COVID Hrs. Tues-Sun (2-8).

More Info: Click Here

Five Points Grill & Pub

Five Points Grill & Pub 1001 Mt. Bethel Highway, Mt. Bethel. 610-588-1773. Thurs-Sat. Order online only. More Info: Click Here

TK's Restaurant

TK's will open June 5 in their outdoor seating and To Go services. 7am - 11pm 7 Days A Week. Reservations are HIGHLY encouraged as seating is limited. 570-897-6112

They are temporarily suspending the \$20 minimum for credit card purchases. There will be a 75-minute limit for each table service if instructed by staff.

NO MORE than 10 people per table unless you are a family from the SAME household. To See menu:

Click Here

Disposable cutlery, plates and cups will be utilized. Masks must be worn at all times except when seated at the table. No standing permitted.

They are doing our best to offer as much of their classic "We never close" service as possible. They hope the restrictions will be lifted soon and they can't wait to see you all again!

Boar Barbecue

Boar Barbecue 690 Allegheny Road, Mt. Bethel. 484-908-3407. More Info: <u>Click Here</u>

JT Grill

JT Grill at Miller's Egg Ranch on Route 12, East Bangor is serving breakfast and lunch from 10am-3pm Tuesdays through Saturdays! Tuesday, June 9th lunch special:Italian Hot Dog with Beverage Outdoor seating available. More info: Click Here

These Restaurant listings are free because of the limitations placed on eateries due to the Coronavirus pandemic. If you have any other listing you want to add contact Slate Belt Town Topics sbtopics@rcn.com or call 610-863-1988

HELP WANTED

Circulation Assistant Bangor Public Library.

Duties And Responsibilities: 1. Staffs Circulation Desk, 2. Uses the integrated library system to perform all circulation functions including checking materials in & out, renewing materials, collecting fines, issuing and updating Library ID cards, etc.3. Notifies patrons when requested Inter-Library Loan materials are available, 4. Maintains stock of library forms as needed, 5. Follows established procedures for opening and closing the library 6. Performs regular shelf maintenance. 7. Assist patrons in the selection and location of books and other library materials. 8. Assists patrons with use of the computers, photocopier, microfilm, etc.9. Performs miscellaneous duties such as answering the telephone, shelving library materials, faxing, making photocopies, etc.

Qualifications: Education/Training: High school diploma or GED required; previous library experience preferred; Criminal Clearances. EOE

Schedule: Wednesday 4:00-8:00 pm, Thursday 5:00-8:00 pm, (2) Thursdays a month 2:00-5:00 pm (2) Saturdays a month 10:00 am. – 4:00 pm. On call to fill in for emergency call outs Library Contact: Phone: 610-588-1931. Email: director@bangorlibrary.org



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outdoor facilities remain open, however, Plainfield personnel can't sanitize the apparatus and playground equipment. They ask you to use common sense when bringing children to their facilities and not congregating in groups of five (5) or more as per the Centers for Disease Control Guidance.

East Bangor Fire Co. Needs

Due to the COVID-19 Virus the East Bangor Vol Fire Company is asking residents and business for items they need of to keep their crews safe. Items include:

Hand Sanitizer, Lysol spray, Tyvek suits, Lysol/Clorox wipes, Isopropyl Alcohol(rubbing alcohol) minimum 91%, Pure Aloe Vera gel, and Masks.

Call 610-462-1132 to make donation. Any help is appreciated! The Fire Co. can pick it up.

Washington Open Burning

Due to the Federal, State and County Disaster Declarations in place Washington Twp Fire Co. will restrict open burning to rainy days only with permission. Thank you for your understanding.

Bangor Pool Not Opening

According to statement on Facebook, "Regrettably, we have made the very hard decision not to open Memorial Park Pool for the 2020 summer season due

Mental Health Matters

Your mental health matters. If you need help coping or if you're experiencing a mental health crisis, please reach out for support:

Telephone National Suicide Prevention Lifeline: 1-800-273-8255

Military medal Veterans in Crisis: 1-800-273-8255 + press 1

Speech balloon Crisis Text Line: Text PA to 741-741

Car Show Cancelled

The 37th annual Wind Gap Car and Cruise Show scheduled for this summer has been cancelled due to the pandemic.

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*Free initial health exam for new clients only. Not to be combined with any other offer. Not good towards boarding, grooming, prescription and non-prescription medication, and retail items. Not good towards emergency and/or specialty veterinary services. Coupon good for up to two pets (dogs or cats only) per household. Redeemable only at a general practice VCA Animal Hospital. For pet owners who are aged 18 and older. Offer expires on 12/31/2016. Cashier Code: 700.500. ** VCA CareClub® Wellness Plans are preventive pet healthcare plans and are not insurance plans. VCA CareClub® Wellness Plans do not cover any services which are not specifically identified in the VCA CareClub® Wellness Plan purchased.



BUSINESS HOURS

Mon 8:00 AM - 8:00 PM • Tue 8:00 AM - 6:00 PM Wed-Thu 8:00 AM - 8:00 PM

Fri 8:00 AM - 6:00 PM • Sat 8:00 AM - 2:00 PM

Free Meals For Kids

Reminder for parents of school-aged children: If your child gets free meals when school is in session, you can receive money for meals through the Pandemic Electronic Benefit Transfer (P-EBT) program

Details: http://on.pa.gov/2MOkvPc. Application: http://on.pa.gov/3d5j0b6.

Pen Argyl Borough Pen Argyl Borough office staff will be conducting

Pen Argyl Borough office staff will be conducting business but there will be no face to face interactions. If you have general business with the Borough, please call 610-863-4119 or email the department you might need:

secretary@penargylborough.com (general matters, sewer billing questions and final sale certifications).

admin@penargylborough.com (general matters, feral cat questions and rental registrations).

manager@penargylborough.com (all of the above and any other questions you might have regarding the Borough.)

Roseto Park Closed

Due to the mandates in place by Governor Wolf regarding COVID-19, "Stay at Home", six foot social distancing, social gatherings of ten or less in the red phase and 25 or less in yellow phase Roseto Borough Council at their regular monthly meeting approved the closure of the Roseto Borough Park until Northampton County is open in the "green phase" of the Governor's reopening process.

Mount Bethel COVID Tests

Mt Bethel Pharmacy has all things covid readily available. Hand sanitizer,masks,gloves, zinc, vitamin c. And they are getting in covid testing kits to do the testing in the pharmacy. No script needed!

Call them for more info!570-582-2027

Waste Management

Please bag all trash and place in your trash can or Toter. Please do not leave any trash items loose in these containers.

Recycling should be loose. They can't collect bagged recycling since plastic bags tangle the machines.

Weona Park Closed

Weona Park in Pen Argyl is now closed to all visitors In an e-mailed statement SBRPD said, "After several attempts to educate users of Weona Park to please heed the warnings regarding "social distancing" and restrictions on public gatherings, Pen Argyl Borough must take the step to close Weona Park to any visitors. It is extremely unfortunate that certain individuals have made decisions to continue to place others in jeopardy amid concerns about the potential spread of COVID-19.

All portions of Weona Park are now closed to the public. If found in violation of the emergency closure, you will be prosecuted to the fullest extent of the law."

Coronavirus Hotline

Call 1-866-STLUKES (785-8537), option 7 or email us at coronavirus@sluhn.org

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These Organizations Need Your Help

Recovery Revolution

Primary Contact: Jana Morris

Contact Information: (610) 599-7700

Current Need(s): Hand sanitizer, Lysol spray (aersol), disinfecting wipes, box of disposable masks

Slater Family Network Foundation

Primary Contact: Patti Damour

Contact Information: (610) 599-7019 or

damourpa@bangorsd.org

Needs: Masks, gloves, Lysol cleaning supplies,

Lehigh Valley Health Network

Visit LVHN.org/helpfightcovid to find a drop-off location near you . Needs: Face shields, goggles, hand sanitizer, cleaning supplies and disinfectant, Isopropyl alcohol, Lysol and Clorox (including wipes), N95 masks, surgical masks, vinyl gloves

Gracedale Nursing Home

Primary Contact: Gracedale Volunteer Coordinator

Contact Information: (610) 829-3686

Current Need(s): PPE items

Miller-Keystone Blood Center

Contact Information: https://www.giveapint.org/

Current Needs: Blood donations



Hon. Leonard N. Zito

Judge: Court of Common Pleas Northampton County (Ret.)

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"GOAL POSTS TO SOCKS AND EVERYTHING IN BETWEEN"

Phone 610-588-2958 Fax 610-588-8461

E-Mail: dukessports@fastnet





SBNR Needs Masks & Gowns

Slate Belt Nursing and Rehabilitation Center. is in desperate need of masks and long sleeve gowns.

They currently have no patients or staff testing positive for coronavirus, and want that to continue.

The majority of their patients are elderly and arrive there when they are released from the hospital, but not well enough to go home.

Portland Mount Bethel Food Pantry

111 State St, Portland, PA 18343. (570) 897-5847 Mondays 10am-11:30 a.m. and 6pm-7:30 p.m. Curbside service is available.

Pen Argyl Parking Meters

Parking Meter Enforcement in Pen Argyl has been suspended.

Blood Donations Needed

There is a critical need for blood and platelets across. If you would like to #donateblood, you can find the closest location here: http://rcblood.org/2UyPOkcrc

Mission of Love Food Pantry

555 N Main St Bangor, PA., 610-599-0369 Tues 9 a.m. to noon through the COVID-19 mitigation (Offering drive up service only).

United Way

United Way of the Greater Lehigh Valley Dial 2-1-1 or 855-501-6785 Bangor Office - 610-588-8011. Mon-Fri 9 a.m. to 5 p.m.

PA 211

PA 211 has text auto-notifications that provide the latest assistance and crisis information. To receive updates - text PACOVID to 898-211

Slate Belt Senior Center Open M-F 11-12:30 For Meal Service OnLY

Portland Borough Playground - closed

Public Libraries - closed until further notice. Bangor patrons may use drop box. No fines. Nothing overdue.

REAL ID enforcement deadline extended by one year to Oct. 1, 2021, in light of the coronavirus pandemic.

Main Street Market

Open 9 am - 6 pm, 7 days a week, effective Thursday, March 19 From 9 a.m. - 10 a.m. they will hold special shopping hours for shoppers 65 and over, the immune compromised as well as pregnant women.

Waste Management

Please bag all trash and place in your trash can or Toter. Please do not leave any trash items loose in these containers.

Recycling should be loose. They can not collect bagged recycling since plastic bags tangle the machines.

KN95 masks for sale.

Wind Gap Community Pharmacy has KN95 masks for sale. They come either individually for \$5.50 a mask or a pack of 10 for \$55.00. Limited quantity!

They still have masks for free for the community along with free hand sanitizer.Located at 31 West 1st Street Wind Gap M-F 8-6:00, Sat 8 -1610-881-4260.

Tuscarora Quarantine Hosts

Tuscarora is here to help! During the COVID-19 health crisis Tuscarora is opening its doors to first responders and medical professionals who need to be in quarantine.

Visit the Tuscarora website at tuscarora.org/covid-inquiry if you need to be in quarantine due to symptoms or self-imposed for the safety of those you love.

Your stay is free of charge as Tuscarora's way to say thank you for the way you sacrifice for the health of others!

St. Luke's Care Now Open

St. Luke's Care Now – Wind Gap, 487 East Moorestown Road Wind Gap, 484-526-7850 Monday through Friday: 7:30 am – 10:30 pm Saturday and Sunday: 8 am – 8 pm

HUB Teen Center

Closed until further notice

Avoiding Foggy Glasses for Mask Users

1. Adjust the If the air is goof your breath or out around

- **Athletic** day after day,
- 3. Soapy wawashing your Soap acts as a



ties or the ear loops so the mask fits snugly against your face. ing out the top, you don't have your mask on correctly. Most should be going through the mask. If you feel the air going in the mask, tighten the ties.

tape is also a possibilty, however, if you wear the same mask the tape may harm the mask.

ter. A British surgeon published a paper in 2011 showing that glasses with soapy water and letting them air dry can help. surfactant — which stands for surface active agent — and the

soapy water leaves behind a thin film that stops the water molecules from forming droplets that lead to fog.

4. You can buy commercial anti-fogging wipes and sprays, but it could get expensive. One brand, FogTech Dx, sells on Amazon for \$30 for 20 wipes — or about \$1.50 per wipe. One treatment is supposed to last for three to five days

Wipe and sprays may be difficult to buy right now. Some sites we went to suggested you that they are on back order. Other sources say it may 2-4 weeks to get them online. However, if you know someone who is an avis swimmer he or she may have some.

Talking and Breathing May Spread The virus

People resistant to social distancing may reconsider that thought after a prestigious scientific panel told the White House Wednesday night that research shows the coronavirus can be spread not just by sneezes or coughs, but also just by talking, or possibly even just breathing.

"While the current [coronavirus] specific research is limited, the results of available studies are consistent with aerosolization of virus from normal breathing," according to the letter, written by Dr. Harvey Fineberg,

chairman of a committee with the National Academy

Met-Ed Suspends Shut-offs

Effective immediately, Met-Ed is temporarily discontinuing power shutoffs for customers who are past due on their electric bills. FirstEnergy, Met-Ed's parent company, will continue to monitor the coronavirus response situation and adjust the shutoff policy in the future as circumstances develop.

Met-Ed encourages customers who are having difficulty paying their electric bill to contact its customer service department at 1-800-545-7741 to discuss customer assistance programs.

of Sciences.

Fineberg said that he will start wearing a mask when he goes to the grocery store.

Several other experts are now talking about wearing masks every time you interact with the public during essential visits to places like your local grocery store or pharmacy.

Considering that people with no coronovirus symptoms at all can carry the virus, a simple conversation with someone like that could spread the virus to you if you are less than six feet apart.

PPL Waives Late Fees

PPL Electric Utilities has waived all late payment fees and announced it will not cut service. PPL has several programs available to help customers having a hard time paying their bills:OnTrack offers a lower, fixed monthly bill and debt forgiveness for customers who make 150 percent of the poverty level or less. CARES can help customers experiencing a temporary hardship. Calling <u>1-800-358-6623</u>

Public Service Announcements

Let Washington Township Fire Co. Decorate Your Yard

Washington Twp Vol Fire Co would like to decorate your yard with some patriotism and thanks to all our local essential workers, front liners and volunteers serving during this pandemic.

They are doing this as a 'no contact' fundraiser for their fire company. They have had to postpone and cancel some of their popular fundraiser events due to the COVID and this will help them tremendously while uplifting spirits in our communities.

You will be decorated within a few days of placing your order through JCC Screenprinting. The website will be up and running in the next few days. Online ordering will be running through the summer months. Memorial Day is this weekend. June 14th is flag day. The Fourth of July. And don't forget Labor Day in September.

You can show your appreciation in this way by either displaying in your own yard or ordering for someone else's yard to say thanks.

Your \$50 contribution to WTVFC will include one dozen American flags and also a double sided thank you sign with our logo that you keep.

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 - Website Videos sbtopics@rcn.com

Weona Park Book

A Centennial book is being written to commemorate the 100th Anniversary of Weona Park in Pen Argyl.

Anyone with fond memories or interesting stories should send them to Walt Cole at wrcole3@gmailcom This would include any information from your parents or grandparents. Perhaps a grandparent or great-grandparent helped to build the park, or worked on a WPA project during the Depression. Perhaps you worked at the park, were a life guard or had an interesting experience.

Stories about sporting events, swimming, or any activities would be of interest. They are also interested in pictures of family reunions, church gatherings or other organizations having picnics at the park. They are also looking for pictures of the clay tennis courts, the old miniature golf course, the band shell and events at the athletic field. Please check out those old photo albums for memories to share.

Celtic Cultural Scholarships

The Celtic Cultural Alliance (CCA) has announced that several scholarships will be awarded this year to students pursuing the study of Celtic dance, music, or art.

Please contact Marcie Mulligan, mmulligan@celticfest.org, for information related to either scholarship.

For more details about the scholarship programs and to download the applications, visit their webpage at the Celtic Classic which runs from September 25 through September 27, in downtown historic Bethlehem.



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Public Service Announcements

WTVFC Farmers Market

Washington Township Volunteer Fire Company is looking for local farmers/greenhouses who sell; vegetables, fruits, meats, honey, flowers, etc. and who would like to set up a farm stand at the fire house on Saturdays and Sundays from 8am to 4pm rain or shine.

WTVFC is looking to help raise funds but also help our Farmers who are unable to sell at their usual Carnivals and Flea Markets.

Spots sizes are determined by the farmer and will cost \$10 per day. All spots will be in a grassy area and must be cleaned up by the end of the day or the weekend. Multiple farmers per day are welcome, but spots will be available on a first come, first serve basis.

Farmers are responsible for their own chairs, tables, coverings, etc. No electric, water, or other utilities will be provided or available. WTVFC is not responsible for any lost/stolen belongings, equipment, etc. that is left on the property overnight.

For additional info or to reserve a spot call Brett Morrison at 484-542-9517 or Aundrea Morrison at 610-984-7101 or email bdjm987@gamil.com

Tasty Tuesdays

Trinity Lutheran Church, located at 4th and Broadway in Bangor, offers a free bag lunch program to children, their families and anyone in the community this summer. Tasty Tuesdays begins on Tuesday, June 2 and runs thru mid August.

Due to the Covid-19 pandemic, lunches will contain non perishable food items and will be available for drive-up/walk-up pick up in the large church parking lot.

Each lunch contains water, juice, healthy snack bar, chips, fruit/fruit cup, and a choice of a main food item such as canned soup/tuna/pasta and more. Call the church at 610-588-2023 to register.

Slate Belt Textile History

The Slate Belt Heritage Center's *A History of the Slate Belt Textile Industry* will be released May 23.

The book follows the history of 376 mills from the early 1900's to present, and highlights the people responsible for the growth of the industry.

A post May 18, featured four co-authors speaking about contributions to the book on the center's Facebook page and the Sigel Museum website.

Pre-ordered books will be available May 23, from 9-noon. Pre-orders with paid shipping will be mailed that day. Call 610-599-4993 to purchase your book.

St. John's Cemetery

Donations for St. John's Cemetery in Bangor are being accepted for maintenance. You can mail them to St. John's Cemetery c/o Carol Hummel, 136 Messinger Street, Bangor, Pa 18013.

"Weona 100" Requests

Pen Argyl requests volunteers, personal stories from for "Weona 100." A joint committee of borough officials and residents are planning a weekend of "Weona 100" festivities and activities on June 19-20, 2020. For more information about the Weona Park 100th Anniversary plans, contact Roberta Cowley at 484-695-2994 or email Weona 100@gmail.com.

Miss Julie's Classes

Miss Julies five-week session is beginning the week of July 13. They will use Covid 19 Safety Procedures to their in-studio classes.

They offer once-and-done workshops in June, July, and August if you want to just test the waters, or if you are not yet ready to commit to a 5-week sssion.

All classes will be live-streamed so you can take class from home instead of the studio!

See schedule: Click Here

Public Service Announcements

Home Heating Assistance

LIHEAP is a federally funded program that helps individuals and families pay their heating bills through home heating energy assistance grants. It also provides crisis grants to help in the event of an emergency or if a resident is in danger of losing his or her heat due to broken equipment, lack of fuel or termination of utility service.

The income eligibility guidelines for LIHEAP are set at 150% of the federal poverty income level. For example, the income limit for an individual is \$18,735; for a couple, the limit is \$25,365; and for a family of four, it is \$38,625.

Residents may apply for LIHEAP online or by contacting the County Assistance Office in their county of residence.

Struggling With Substances?

People struggling with substances can now walk in for drug and alcohol assessments at the Clean Slate Bangor, 100 South First Street St, Bangor 610-452-9348 Mondays from 10am - 12pm Many times this is the first step toward treatment and a new life.

Former COVID 19 Patients Asked to Donate Plasma

Have you or do you know someone that has recovered from COVID 19? If so you can donate your plasma to help others with COVID 19. For more information call me at 570-449-586 or visit www.giveapint.org.

Don't Just Push Germs Around, Eliminate Them

Many cleaning tools give the impression that they are killing germs and cleaning your home when in reality they are simply spreading germs to other more hidden areas of your home. The only way to avoid this is by sanitizing these cleaning tools, such as mops, dusters, and dishrags between uses or they will continue to spread bacteria around your house. This issue often goes unnoticed, as some of the most sparkling clean homes can be saturated with bacteria while other

How to clean your phone



First and foremost, you will want to consult the website for the manufacturer of your phone or carrying case for any specific instructions that they might have in order to avoid damaging your device or case.

Many manufacturers, including Apple, have provided recommendations due to the COVID-19 pandemic.

While specific instructions may vary depending on your device, Apple advises the following:

- Use only a soft, lint-free cloth.
- Avoid excessive wiping.
- Unplug all power sources, devices, and cables.
- · Keep liquids away from your device.
- Don't allow moisture to get into any openings.
- Avoid aerosol sprays, bleaches, and abrasives.
- Avoid spraying cleaners directly onto your device.
- Apple is recommending the use of 70 percent isopropyl alcohol wipes or Clorox Disinfecting Wipes to wipe down any hard, nonporous surfaces.

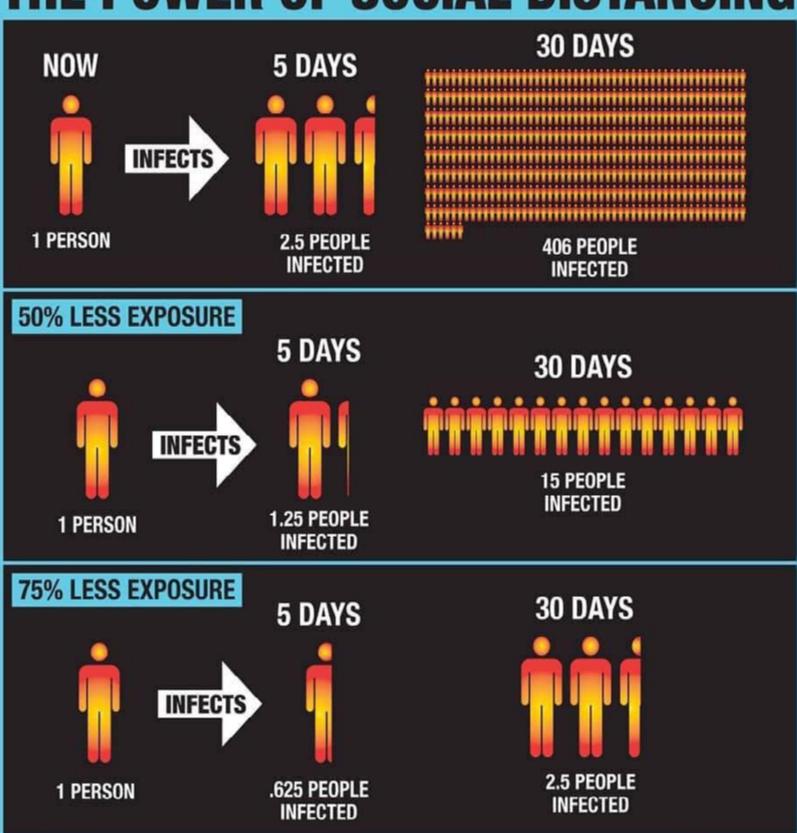
However, they say you should avoid using them on leather or fabric to prevent damage. According to Dr. Donald W. Schaffner, extension specialist in food science and distinguished professor at Rutgers University, these are "fairly gentle disinfectants."

However, you should avoid using chlorine bleach, according to Schaffner. This could damage your phone. Westenberg further suggested that keeping your phone in a sealed case will make it easier to wipe it down with disinfectant wipes.

Source: Healthline

@garvwarshaw

THE POWER OF SOCIAL DISTANCING



@SignerLab

Mental Health Help During COVID-19

Crisis Text Line



Text 'PA' to 741741 National Suicide
Prevention
Lifeline



1-800-273-8255

Preventing suicide in PA



preventsuicide pa.org/

Disaster Distress Helpline



800-985-5990

Get Help Now for substance use disorder



1-800-662-4357

Veterans in crisis



veterans crisisline.net

PA's support helpline



855-284-2494

Coping with COVID-19 stress



bit.ly/covid-coping

COVID-19 resources



mhanational. org/covid19

RED DHASE

VELLOW PHASE

PRFFN DHASF

COVID-19 REOPENING PHASES

WORK & CONGREGATE SETTINGS

LIFE-SUSTAINING BUSINESSES ONLY

- RESTRICTIONS IN PLACE FOR PRISON + CONGREGATE CARE
- SCHOOLS CLOSED
 FOR IN-PERSON INSTRUCTION
- MOST CHILD CARE CLOSED

• TELEWORK MUST CONTINUE WHERE FEASIBLE

- BUSINESSES WITH IN-PERSON OPERATIONS MUST FOLLOW SAFETY ORDERS
- CHILD CARE OPEN COMPLYING WITH GUIDANCE
- RESTRICTIONS IN PLACE FOR PRISON + CONGREGATE CARE
- SCHOOLS CLOSED
 FOR IN-PERSON INSTRUCTION

SOCIAL SETTINGS

- STAY AT HOME ORDERED
- LARGE GATHERINGS PROHIBITED
- RESTAURANTS/BARS LIMITED TO CARRY-OUT + DELIVERY
- ONLY TRAVEL FOR LIFE-SUSTAINING PURPOSES
- STAY AT HOME ORDER LIFTED FOR AGGRESSIVE MITIGATION
- LARGE GATHERINGS OF MORE THAN 25 PROHIBITED
- IN-PERSON RETAIL ALLOWED CURBSIDE/DELIVERY PREFERRED
- INDOOR RECREATION, HEALTH
 AND WELLNESS FACILITIES (SUCH AS
 GYMS, SPAS, HAIR SALONS, NAIL
 SALONS AND OTHER ENTITIES THAT
 PROVIDE MASSAGE THERAPY), AND
 ALL ENTERTAINMENT (SUCH AS
 CASINOS, THEATERS) REMAIN CLOSED
- RESTAURANTS/BARS LIMITED TO CARRY-OUT + DELIVERY

- ALL BUSINESSES MUST FOLLOW CDC AND PA DEPARTMENT OF HEALTH GUIDELINES
- AGGRESSIVE MITIGATION LIFTED
- INDIVIDUALS MUST FOLLOW CDC AND PA DEPARTMENT OF HEALTH GUIDELINES