

Slate Belt Town Topics

AREA'S ONLY DAILY ONLINE PUBLICATION AT SBTOPICS.COM

Scholastic Sports Returning



by Larry Cory

High school sports for Bangor and Pen Argyl and all Pennsylvania schools is returning according to a press release today containing “preliminary guidance” from Pennsylvania Governor Tom Wolf.

“Pennsylvania has some of the best athletes and teams in the country and they can now begin to safely return to organized sports,” Gov. Wolf said. “This guidance balances keeping student athletes safe from COVID-19 while allowing them to participate in an important part of their lives.”

If you’re expecting things to return as we left them last year you should be prepared for the “new normal.” Social distancing, the number of event participants, and sanitization will have a significant impact on the way sports are structured.

Gatherings of all participants, including players, athletic staff, officials and spectators are limited to 25 in the yellow phase and 250, or 50 percent capacity, in the green phase.

This seemingly minor regulation could impact the

See SPORTS page 4

Return to Work Program

St. Luke’s Occupational Medicine, is launching a Return to Work as local communities begin to open at this point during the COVID-19 pandemic.

“We are ready to support businesses in the area to offer a comprehensive and robust package of services” said Benjamin Guerin, sales director for St. Luke’s Occupational Medicine.

The Program includes:

Return to Work Evaluations

Care Now sites provide comprehensive physical and clinical evaluation of employees.

Medical Policy Consultation

Board Certified Occupational Medicine physicians are available to help employers develop medical policy and guidance based on the company’s policy needs.

Mental Well-Being Support

Licensed mental health professionals are available to provide education and well-being support to empower employees and help them recognize and overcome stressors related to work life balance.

Onsite Employee Temperature Monitoring

The St. Luke’s team of healthcare professionals are trained to perform accurate measurements using non-contact infrared thermometers.

Fitness, Dietary, and Healthy Living

St. Luke’s exercise physiologists, dietitians and athletic trainers can provide guided recommendations for getting back on track after time off including dietary education and fitness guidance.

St. Luke’s ExecuHealth

A program offering executives a focused, evidence-based picture of their overall health and well-being in one day. This comprehensive physical ensures your executives can perform at their optimum level.

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Miss Julie's Classes

Check out the schedule of fabulous classes. Their five-week session is beginning the week of July 13.

They will adapt a common-sense approach as they integrate Covid19 Safety Procedures to their in-studio classes.

They also have some once-and-done workshops available in June, July, and August in case you want to just test the waters and your comfort level, or if you are not yet ready to commit to a 5-week session.

All classes will be live-streamed so you can take class from home instead of the studio!

See schedule here:

<https://www.facebook.com/missjuliesdance/>

NEW VIRUS CASE REPORT - JUNE 10

LOCATION	TOTAL CASES	NEW CASES
State	76,486	410
Northampton	3198	23
Monroe	1,344	2
Lehigh	3,895	5



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National Weather Service Forecast - June 11

Today

Showers and thunderstorms likely, mainly before 1pm. Some of the storms could produce heavy rain. Mostly cloudy, with a high near 83. West wind around 10 mph, with gusts as high as 20 mph. Chance of precipitation is 60%. Rainfall between a tenth and quarter of an inch, higher amounts in thunderstorms.

Tonight

Partly cloudy, with a low around 59. West wind around 5 mph becoming calm in the evening.

Friday

Sunny, with a high near 83. Calm wind becoming west around 5 mph in the afternoon.

Friday Night

Mostly clear, with a low around 56. West wind around 5 mph becoming north after midnight.

Saturday

A slight chance of showers after 3pm. Sunny, with a high near 75. North wind around 5 mph. Chance of precipitation is 20%.

Saturday Night

A chance of showers, mainly between 9pm and 3am. Partly cloudy, with a low around 54. Chance of precipitation is 30%.

Sunday

A chance of showers after 9am. Partly sunny, with a high near 73. Chance of precipitation is 40%.

Sunday Night

A chance of showers. Mostly cloudy, with a low around 56. Chance of precipitation is 50%.

Monday

A chance of showers. Mostly sunny, with a high near 72. Chance of precipitation is 50%.

Monday Night

A chance of showers. Partly cloudy, with a low around 57.

Hazardous Weather Risk

There is a slight risk for severe thunderstorms in the Slate Belt area later this evening. A broken line of showers and thunderstorms will move across the area on Thursday. Some of these storms could become severe. Damaging wind gusts will be the primary threat.

PennDOT Road Work - June 8 - 12

Plainfield Township Road name: Church Road Between: PA 512 and Delabole Road Daytime Lane restriction with flagging 06:00 PM To 11:00 PM. Start date: 6/8/20 Est completion date: 6/12/20

PA 33 South Between: Main Street (Tatamy) and PA 248. Daytime Restriction: Southbound lane restriction 09:00 AM To 02:00 PM. Start date: 6/8/20. Est completion date: 6/8/20

PA 33 South Between: PA 248 and US 22. Daytime Restriction: Southbound lane restriction 09:00 AM To 02:00 PM. Start date: 6/9/20 Est completion date: 6/9/20

PA 33 North Between: US 22 and PA 248. Daytime Northbound lane restriction 09:00 AM To 02:00 PM. Start date: 6/10/20. Est completion date: 6/10/20

PA 33 North Between: PA 248 and Main Street (Tatamy) Daytime Northbound lane restriction 09:00 AM To 02:00 PM. Start date: 6/11/20. Est completion date: 6/11/20

US 22 East. Between: PA 512 and PA 191. Daytime Eastbound lane restriction 09:00 AM To 02:00 PM. Start date: 6/8/20. Est completion date: 6/9/20

US 22 East Between: PA 191 and PA 33. Daytime Eastbound lane restriction): 09:00 AM To 02:00 PM. Start date: 6/10/20. Est completion date: 6/11/20

SPORTS continued from page one

Colonial League's football schedule with Schuylkill County schools if the counties are in different phases.

Schools have a little "wobble room" since they can develop their own programs provided they are consistent with the available preliminary guidance.

The operative word here is preliminary since the Wolf administration is open to change if necessary.

".... as more public health information is available, the administration may work with impacted entities to release further guidance which could impact fall, winter, or spring seasons," according to the press release.

All of this, however, is moot with a return to the red phase if a second wave of the virus hits the area.



PA 511 Traffic Alerts

- **Delabole Rd closed from American Bangor Road to Molasses Rd** for Bridge repair .
- **Roadwork on Belvidere Road both directions** 0 miles West of DePues Ferry Road, PPL. Lane restriction.
- **Damaged roadway on Five Points - Richmond Road** in both directions between Messenger St, Bangor, Park Drive and Sunset Drive. Lane restriction.
- **Roadwork on I-78 westbound** between Mile Post: 60.5 and Mile Post: 60.0. There is a lane restriction.
- **Roadwork on I-78 westbound** between .5 miles west of Exit 45: PA 863 - and .7 miles west of Exit 35: PA 143 - traffic disruption.
- **US 22 between PA 191 and 25th Street** Weekend restrictions Friday nights 9 PM thru Monday mornings at 6 am. Weeknight lane restrictions 9pm to 6am. (West bound first then East Bound)

Daily Weather Updates
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Slate Belt Happenings

June 11

Yoga at Bangor Park

Join the Yoga program at Bangor Memorial Park Sunday's at 2:30pm, Tuesday's at 5:30pm or Thursday's at 10:30am

Sign up through their website at greenleafstt.com or via the event ticket link on their page.

June 13

Woodland Wander

Join local Clinical Herbalist, Theresa Bellettiere, Saturday June 13, 2020 1:00pm – 2:30 pm (Raindate: Sunday June 14, 2020) on a wonderful wander through the woodlands near the Delaware River. See early summer flowers, identify some common medicinal plants, learn about edible wild food & how to incorporate it into nutritious meals.

Contact Jerry Brunetti Environmental Welcome Center 7701 Martins Creek-Belvidere Highway Bangor, PA 18013

June 14

Chicken BBQ at Christ Lutheran

Christ Evangelical Lutheran Church 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church)

will hold a Take Out Chicken Bar-b-cue on Sunday, June 14th.

You must pre-order your meal with pick up between 1pm and 2:30pm.

The meal includes a delicious bar-b-cue half of chicken, potato, roll/biscuit, spiced cabbage and dessert. The cost is \$13.

To order, please call Chrissy at [610-588-0809](tel:610-588-0809) by June 8.

Bach at Noon

Bach At Noon performances are presented by The Bach Choir of Bethlehem at St. John's Lutheran Church in downtown Allentown. These concerts will be videotaped, featuring smaller ensembles of musicians who incorporate safe social distancing, appearing online on The Bach Choir's You Tube channel. Additional viewing options to be announced as they become available. The July Bach at Noon is named in honor and loving memory of Alice Anne Miller, and made possible in part by a generous legacy gift from The Century Fund and from Alice's sister, Joan Miller Moran.

See HAPPENINGS page 10

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Where to Eat

Napoli Pizza (610) 588-1455. 444 S 1st St, Bangor.
Open for pick up & delivery.

<https://www.facebook.com/pages/category/Pizza-Place/Napoli-Pizza-1448700338684153/>

Slate Belt Diner - open for take out. 610-452-9205,
370 Blue Valley Drive.

<https://www.facebook.com/Slate-Belt-Diner-720340071701299/>

Daisy Family Restaurant

Daisy Family Restaurant's full menu, including ice cream, is available for take out only. Order by phone for curbside pickup and have your food brought to your vehicle, OR order at the counter and take it with you. NO ONE IS PERMITTED TO DINE INSIDE. 6589 Sullivan Trail Wind Gap, (610) 863-4044. Cash or credit still accepted

<https://www.facebook.com/Daisy-Family-Restaurant-123454654441459/>

Three Brothers Pizza

Three Brothers Pizza is now open in the former Plainfield Diner on Sullivan Trail. Pandemic restrictions prevent in-house dining, but at 11 am today takeout will be available. Call 610-863-4950 to order.

<https://www.facebook.com/ThreeBrosPizzaWindGap/>

Mt. Bethel Diner

Mt. Bethel Diner is open for Take-Out only Monday - Sunday 8am - 7pm. Call ahead to order 570-897-6409, 2600 N. Delaware Drive, Mt. Bethel, Pa 18343.

www.facebook.com/pages/MtBethelDiner/153833271380910

Takeout Food Tips

Getting takeout from your favorite restaurant for dinner? Use these tips to stay safe:

- Mobile phone order + pay online or by phone
- Accept take-out without in-person contact

Gap Diner Take-out

The Gap Diner in Wind Gap is open for take out and curb side delivery family meals packs. Specials include chicken parmesan serves 4-6, eggplant parmesan serves 4-6, spaghetti & meatballs serves 4-6, hamburger/cheeseburger kit serves 6. Check out their website for details at

<https://www.facebook.com/Gap-Diner-251394928285680/>

Family & Friends Takeout

Family and friends country restaurant is open for take out at are window or curbside pick up. Full menu available. Call for daily specials 610-759-7477. They are located on route 512 in wind gap next to Albanese garden center.

<https://www.facebook.com/pages/Family-and-Friends-Country-Restaurant-Inc/109628362406359>

Little Creek BBQ

Little Creek hours for May are 3-7pm Tuesday through Saturday and Sunday's 12-5pm.

They have a limited meat selection, but they have all of their sides & desserts available and Sweet Tea.

Orders must be placed by phone - they will accept all forms of payment - cash, MC, Visa, Discover & AMEX. Orders will be curbside pick-up or delivery.

NO ONE will be allowed inside the building until restrictions for are lifted. Cash payments for curbside pick-up will be taken at the vehicle, delivery cash payments will be taken at the door. If you would like a "knock and drop" delivery - they prefer credit/debit over the phone. Daily Specials & Menu will be posted each morning by 8am.

<https://www.facebook.com/Little-Creek-Bar-B-Cue-114984851845875/>

WHERE TO EAT continued on page 12



State Farm

Debbie Pettinari Agency
106 S. Broadway, Wind Gap, PA
610-881-4433

www.debbieinsurespa.com
debbie.pettinari.wz73@statefarm.com



HELP WANTED

Circulation Assistant Bangor Public Library.

Duties And Responsibilities: 1. Staffs Circulation Desk, 2. Uses the integrated library system to perform all circulation functions including checking materials in & out, renewing materials, collecting fines, issuing and updating Library ID cards, etc. 3. Notifies patrons when requested Inter-Library Loan materials are available, 4. Maintains stock of library forms as needed, 5. Follows established procedures for opening and closing the library 6. Performs regular shelf maintenance . 7. Assist patrons in the selection and location of books and other library materials. 8. Assists patrons with use of the computers, photocopier, microfilm, etc. 9. Performs miscellaneous duties such as answering the telephone, shelving library materials, faxing, making photocopies, etc.

Qualifications: Education/Training: High school diploma or GED required; previous library experience preferred; Criminal Clearances. EOE

Schedule: Wednesday 4:00-8:00 pm, Thursday 5:00-8:00 pm, (2) Thursdays a month 2:00-5:00 pm (2) Saturdays a month 10:00 am. – 4:00 pm. On call to fill in for emergency call outs Library Contact: Email: director@bangorlibrary.org Phone: 610-588-1931



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Plainfield Township - outdoor facilities remain open, however, Plainfield personnel can't sanitize the apparatus and playground equipment. They ask you to use common sense when bringing children to their facilities and not congregating in groups of five (5) or more as per the Centers for Disease Control Guidance.

East Bangor Fire Co. Needs

Due to the COVID-19 Virus the East Bangor Vol Fire Company is asking residents and business for items they need of to keep their crews safe. Items include:

Hand Sanitizer, Lysol spray, Tyvek suits, Lysol/Clorox wipes, Isopropyl Alcohol(rubbing alcohol) minimum 91%, Pure Aloe Vera gel, and Masks.

Call 610-462-1132 to make donation. Any help is appreciated! The Fire Co. can pick it up.

Washington Twsp Open Burning

Due to the Federal, State and County Disaster Declarations in place Washington Twp Fire Co. will restrict open burning to rainy days only with permission. Thank you for your understanding.

Bangor Pool Not Opening

According to statement on Facebook, "Regrettably, we have made the very hard decision not to open Memorial Park Pool for the 2020 summer season due to ongoing COVID-19 health and safety concerns and restrictions."

Mental Health Matters

Your mental health matters. If you need help coping or if you're experiencing a mental health crisis, please reach out for support:

Telephone National Suicide Prevention Lifeline: 1-800-273-8255

Military medal Veterans in Crisis: 1-800-273-8255 + press 1

Speech balloon Crisis Text Line: Text PA to 741-741

Car Show Cancelled

The 37th annual Wind Gap Car and Cruise Show scheduled for this summer has been cancelled due to the pandemic.

Slate Belt

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BUSINESS HOURS

Mon 8:00 AM - 8:00 PM • Tue 8:00 AM - 6:00 PM
Wed-Thu 8:00 AM - 8:00 PM
Fri 8:00 AM - 6:00 PM • Sat 8:00 AM - 2:00 PM

These Organizations Need Your Help

Recovery Revolution

Primary Contact: Jana Morris

Contact Information: (610) 599-7700

Current Need(s): Hand sanitizer, Lysol spray (aerosol), disinfecting wipes, box of disposable masks

Slater Family Network Foundation

Primary Contact: Patti Damour

Contact Information: (610) 599-7019 or
damourpa@bangorsd.org

Needs: Masks, gloves, Lysol cleaning supplies,

Lehigh Valley Health Network

Visit LVHN.org/helpfightcovid to find a drop-off location near you. Needs: Face shields, goggles, hand sanitizer, cleaning supplies and disinfectant, Isopropyl alcohol, Lysol and Clorox (including wipes), N95 masks, surgical masks, vinyl gloves

Gracedale Nursing Home

Primary Contact: Gracedale Volunteer Coordinator

Contact Information: (610) 829-3686

Current Need(s): PPE items

Miller-Keystone Blood Center

Contact Information: <https://www.giveapint.org/>

Current Needs: Blood donations



Hon. Leonard N. Zito

Judge: Court of Common Pleas Northampton County (Ret.)

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HAPPENINGS continued from page 2

Soloists: Sherezade Panthaki, soprano, Dashon Burton, bass-baritone and Mary Watt, oboe, with Loretta O'Sullivan, cello

East Bangor UMC

East Bangor UMC will hold an online service at 10pm.

June 16

Tasty Tuesdays

Trinity Lutheran Church, located at 4th and Broadway in Bangor, offers a free bag lunch program to children, their families and anyone in the community this summer. Tasty Tuesdays begins on Tuesday, June 2 and runs thru mid August.

Due to the Covid-19 pandemic, lunches will contain non perishable food items and will be available for drive-up/walk-up pick up in the large church parking lot.

Each lunch contains water, juice, healthy snack bar, chips, fruit/fruit cup, and a choice of a main food item such as canned soup/tuna/pasta and more. Call the church at 610-588-2023 to register.

East Bangor Taco Tuesdays

East Bangor Volunteer Fire Co. is sponsoring Taco Tuesday Take-out from 4-8pm June 9, 16, and 30. Hard Taco's are \$2, Soft Tacos \$3, Taco Salad Bowl, \$7 and a Kids Meal Hotdog and Mac & Cheese \$3.

Text or call order ahead starting Mondays before, or order in person. Call 484-903-4556. Pick up at the hall doors.

June 18

Heritage Center June Program

Walt Cole will be talking about his upcoming book about the 100th Anniversary of Weona Park in Pen Argyl on the Slate Belt Heritage Center's Facebook page on Thursday, June 18.

June 20

Columcille Gathering

Join a small, socially distanced Columcille gathering on Saturday, June 20, 11:00am-5:00pm Skyy Lane Resource Center.

Opening Premiering their new collection of gemstones—curated by our On-Site Coordinator, Jill Chunko—as well as books and DVDs featuring the writings of their founder and oral histories captured

on film.

June 23

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SBNR Needs Masks & Gowns

Slate Belt Nursing and Rehabilitation Center. is in desperate need of masks and long sleeve gowns.

They currently have no patients or staff testing positive for coronavirus, and want that to continue.

The majority of their patients are elderly and arrive there when they are released from the hospital, but not well enough to go home.

Portland Mount Bethel Food Pantry

111 State St, Portland, PA 18343. (570) 897-5847

Mondays 10am-11:30 a.m. and 6pm-7:30 p.m.

Curbside service is available.

Pen Argyl Parking Meters

Parking Meter Enforcement in Pen Argyl has been suspended.

Mass Suspension

The Allentown Catholic Diocese has extended its suspension of Masses through Holy Week, meaning churches will be empty on Easter — the holiest day on the Christian calendar, commemorating the Resurrection of Christ

Blood Donations Needed

There is a critical need for blood and platelets across. If you would like to #donateblood, you can find the closest location here: <http://rcblood.org/2UyPOkerc>

Mission of Love Food Pantry

555 N Main St Bangor, PA., 610-599-0369

Tues 9 a.m. to noon through the COVID-19 mitigation (Offering drive up service only).

United Way

United Way of the Greater Lehigh Valley
Dial 2-1-1 or 855-501-6785 Bangor Office - 610-588-8011. Mon-Fri 9 a.m. to 5 p.m.

Johnsonville Farm & Garden Mkt

Closed Mondays for the time being. Open Tuesday through Saturday 8-3, Sunday 8-1. Call (610)599-0163 and they will be glad to answer your questions.

PA 211

PA 211 has text auto-notifications that provide the latest assistance and crisis information. To receive updates - text PACOVID to 898-211

BASD Student meals available via curbside pickup between 10:00 am and 12:00 p.m. Not on weekends. e-mailed orders through meals@bangorsd.org by 5:00 p.m. the day prior to pick up.

Slate Belt Senior Center Open M-F 11-12:30 For Meal Service OnLY

Portland Borough Playground - closed

Public Libraries - closed until further notice. Bangor patrons may use drop box. No fines. Nothing overdue. **REAL ID enforcement deadline** extended by one year to Oct. 1, 2021, in light of the coronavirus pandemic.

Main Street Market

Open 9 am - 6 pm, 7 days a week, effective Thursday, March 19 From 9 a.m. - 10 a.m. they will hold special shopping hours for shoppers 65 and over, the immune compromised as well as pregnant women.

Waste Management

Please bag all trash and place in your trash can or Toter. Please do not leave any trash items loose in these containers.

Recycling should be loose. They can't collect bagged recycling since plastic bags tangle the machines

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*Richard
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Where to Eat

Sal's Pizza

Sal's Pizza 487 E. Moorestown Road, Wind Gap. 610-863-7665. Open daily 11am -9pm. Closed Tuesdays. <https://www.facebook.com/salsandhome/>

Doughboys

Original Doughboys Pizza and Restaurant, 230 W. Moorestown Rd, Wind Gap. 610-759-3776

<https://www.facebook.com/Original-Doughboys-Pizza-Restaurant-116182055070460/>

Pen Argyl Pizza

Pen Argyl Pizza 510 E. Main St, Pen Argyl. 610-863-6670. M-Sat (11-10) Sun (10-10)

<https://www.facebook.com/pages/Pen-Argyl-Pizza/114149941950498>

512 Restaurant

512 Restaurant 2 East Pennsylvania Ave, Pen Argyl. Tues-Sunday, Curbside and delivery. 610-881-4540

<https://www.facebook.com/512-Restaurant-224862864746697/>

Detzi's Tavern

Detzi's Tavern 570 North Lehigh Ave., Wind Gap. 863-9882. Open 4 -7:30.

<https://www.facebook.com/detzistavern/>

Slate Pub

Slate Pub 509 E. Main St., Pen Argyl. 610-881-4700. Opens 12. Tables both under and outside the tent. No reservations will be taken at this time. All social distancing and government mandates will be followed.

- Masks must be except at the table.
- No more than 4 people per table.
- Tables must remain 6' apart

<https://www.facebook.com/slatepub/>

Broadway Pub

Broadway Pub 62 Broadway, Bangor. 610-452-9226. COVID Hrs. Tues-Sun (2-8)

<https://www.facebook.com/Broadway-Pub-105855556106/>

Five Points Grill & Pub

Five Points Grill & Pub 1001 Mt. Bethel Highway, Mt. Bethel. 610-588-1773. Thurs-Sat. Order online only. <https://www.facebook.com/5PointsGrillPub/>

TK's Restaurant

TK's will open June 5 in their outdoor seating and To Go services. 7am - 11pm 7 Days A Week. Reservations are HIGHLY encouraged as seating is limited. 570-897-6112

They are temporarily suspending the \$20 minimum for credit card purchases. There will be a 75-minute limit for each table service if instructed by staff.

NO MORE than 10 people per table unless you are a family from the SAME household. Menu is available on your mobile device at

www.tksrestaurant.com

Disposable cutlery, plates and cups will be utilized. Masks must be worn at all times except when seated at the table. No standing permitted.

They are doing our best to offer as much of their classic "We never close" service as possible. They hope the restrictions will be lifted soon and they can't wait to see you all again!

Boar Barbecue

Boar Barbecue 690 Allegheny Road, Mt. Bethel. 484-908-3407. Opens June 6.

<https://www.facebook.com/boarpitbarbecue/>

JT Grill

JT Grill at Miller's Egg Ranch on Route 12, East Bangor is serving breakfast and lunch from 10am-3pm Tuesdays through Saturdays! Tuesday, June 9th lunch special: Italian Hot Dog with Beverage Outdoor seating available!

These Restaurant listings are free because of the limitations placed on eateries due to the Coronavirus pandemic. If you have any other listing you want to add contact Slate Belt Town Topics sbttopics@rcn.com or call 610-863-1988

Tuscarora Quarantine Hosts

Tuscarora is here to help! During the COVID-19 health crisis Tuscarora is opening its doors to first responders and medical professionals who need to be in quarantine.

Visit the Tuscarora website at tuscarora.org/covid-inquiry if you need to be in quarantine due to symptoms or self-imposed for the safety of those you love.

Your stay is free of charge as Tuscarora's way to say thank you for the way you sacrifice for the health

Slate Belt Textile History

The Slate Belt Heritage Center's *A History of the Slate Belt Textile Industry* will be released May 23.

The book follows the history of 376 mills from the early 1900's to present, and highlights the people responsible for the growth of the industry.

A post May 18, featured four co-authors speaking about contributions to the book on the center's Facebook page and the Sigel Museum website.

Pre-ordered books will be available May 23, from 9-noon. Pre-orders with paid shipping will be mailed that day. Call 610-599-4993 to purchase your book.

St. Luke's Care Now Open

St. Luke's Care Now – Wind Gap, 487 East Moorestown Road Wind Gap, 484-526-7850

Monday through Friday: 7:30 am – 10:30 pm

Saturday and Sunday: 8 am – 8 pm

Trinity Evangelical Lutheran Church, Bangor -
Online services only.

HUB Teen Center - closed until further notice

St. Luke's Coronavirus hotline - at 1-866-STLUKES (785-8537), option 7 or email us at coronavirus@sluhn.org

Weona Park

Weona Park is closed to all practices of any athletic teams. Equipment and pavilions will not be sanitized.

It is strongly advised that you do not utilize the park until further notice.

WTVFC Farmers Market

Washington Township Volunteer Fire Company is looking for local farmers/greenhouses who sell; vegetables, fruits, meats, honey, flowers, etc. and who would like to set up a farm stand at the fire house on Saturdays and Sundays from 8am to 4pm rain or shine.

WTVFC is looking to help raise funds but also help our Farmers who are unable to sell at their usual Carnivals and Flea Markets.

Spots sizes are determined by the farmer and will cost \$10 per day. All spots will be in a grassy area and must be cleaned up by the end of the day or the weekend.

Multiple farmers per day are welcome, but spots will be available on a first come, first serve basis.

Farmers are responsible for their own chairs, tables, coverings, etc.

No electric, water, or other utilities will be provided or available. WTVFC is not responsible for any lost/stolen belongings, equipment, etc. that is left on the property overnight.

For additional info or to reserve a spot call Brett Morrison at 484-542-9517 or Aundrea Morrison at 610-984-7101 or email bdjm987@gamil.com

KN95 masks for sale.

Wind Gap Community Pharmacy has KN95 masks for sale. They come either individually for \$5.50 a mask or a pack of 10 for \$55.00. Limited quantity!

They still have masks for free for the community along with free hand sanitizer. Located at 31 West 1st Street Wind Gap M-F 8-6:00, Sat 8 - 1610-881-4260.



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Donations for St. John's Cemetery

Donations for St. John's Cemetery in Bangor are being accepted for maintenance. You can mail them to St. John's Cemetery c/o Carol Hummel, 136 Messinger Street, Bangor, Pa 18013.

"Weona 100" Requests

Pen Argyl Borough requests volunteers, personal stories from Community for "Weona 100." A joint committee of borough officials and residents are planning a weekend of "Weona 100" festivities and activities on June 19-20, 2020. For more information about the Weona Park 100th Anniversary plans, contact Roberta Cowley at 484-695-2994 or email Weona100@gmail.com.

Heritage Center Monthly Schedule

June 18th @ 7:00 PM: Preservation Awards by Karen Brewer. July 9th @ 7:00 PM: 100th "Anniversary of Weona Park" by Walter Cole. August 13th @ 7:00 PM: "Anniversary of V-J Day" by Russ Stout. September 19th @ 7:00 PM: "1936 Slate Centennial Parade Video". October 8th @ 7:00 PM: Haunted Heritage Program Sundays: November 8th @ 2:00 PM: "Pearl Harbor Remembered" by Jim Paynter. December 13th @ 2:00 PM: "Great Slate Belt Trivia Contest" by Marc Blau

Fishing Rods and Tackle Available

When: Monday thru Friday, 8:00am to 2:30pm

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth

Borrow fishing poles and tackle to use in Jacobsburg's creeks! To borrow equipment, you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

Dinky's Job Openings

Be apart of the Dinky's Ice Cream family. They are looking for people to take food and ice cream orders, prepare food (mostly ice cream), stocking supplies, serving, charging people for their food, handling cash, credit cards, and a cash register, cleaning tables and counters, greeting customers and answering questions.

If you are hard working, honest and reliable please contact them today and join their new restaurant in South Bethlehem. Server experience is great but not needed, they'll train the right person 16 or older.

Celtic Cultural Scholarships

The Celtic Cultural Alliance (CCA) has announced that several scholarships will be awarded this year to students pursuing the study of Celtic dance, music, or art.

Please contact Marcie Mulligan, mmulligan@celticfest.org, for information related to either scholarship.

For more details about the scholarship programs and to download the applications, visit their webpage at Celtic Classic runs from September 25 through September 27, in downtown historic Bethlehem.

Let Washington Township Fire Co. Decorate Your Yard

Washington Twp Vol Fire Co would like to decorate your yard with some patriotism and thanks to all our local essential workers, front liners and volunteers serving during this pandemic.

They are doing this as a 'no contact' fundraiser for their fire company. They have had to postpone and cancel some of their popular fundraiser events due to the COVID and this will help them tremendously while uplifting spirits in our communities.

You will be decorated within a few days of placing your order through JCC Screenprinting. The website will be up and running in the next few days. Online ordering will be running through the summer months. Memorial Day is this weekend. June 14th is flag day. The Fourth of July. And don't forget Labor Day in September.

You can show your appreciation in this way by either displaying in your own yard or ordering for someone else's yard to say thanks.

Your \$50 contribution to WTVFC will include one dozen American flags and also a double sided thank you sign with our logo that you keep.

Scholarship Awards

The Slate Belt Chamber of Commerce congratulates the following students chosen to receive the 2020 Slate Belt Chamber of Commerce Scholarship Awards:

- Lindsay Hoffer, Bangor High School
- Derek Lasher, Career Institute of Technology (Bangor High School)
- Megan Guthrie, Pen Argyl High School
- Jonathan Ruth recipient of the Frederick R. Curcio Jr. Award of Bangor High School/CIT.

Pen Argyl Borough

Pen Argyl Borough office staff will be conducting business but there will be no face to face interactions. If you have general business with the Borough, please call 610-863-4119 or email the department you might need:

secretary@penargylborough.com (general matters, sewer billing questions and final sale certifications).

admin@penargylborough.com (general matters, feral cat questions and rental registrations).

manager@penargylborough.com (all of the above and any other questions you might have regarding the Borough.)

Greenhouse Free Delivery

Thomas Greenhouse in Mount Bethel offers Free Deliveries to Portland, Mt Bethel and Bangor. 484-661- 6553 Rt 512 between East Bangor and Mt. Bethel

Waste Management

Please bag all trash and place in your trash can or Toter. Please do not leave any trash items loose in these containers.

Recycling should be loose. They can't collect bagged recycling since plastic bags tangle the machines.

Weona Park Closed

According to a news release by the Slate Belt Regional Police Weona Park in Pen Argyl is now closed to all visitors

In an e-mailed statement SBRPD said, "After several attempts to educate users of Weona Park to please heed the warnings regarding "social distancing" and restrictions on public gatherings, Pen Argyl Borough must take the step to close Weona Park to any visitors. It is extremely unfortunate that certain individuals have made decisions to continue to place others in jeopardy amid concerns about the potential spread of COVID-19.

All portions of Weona Park are now closed to the public. If found in violation of the emergency closure, you will be prosecuted to the fullest extent of the law."

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Mount Bethel COVID Tests

Mt Bethel Pharmacy has all things covid readily available. Hand sanitizer, masks, gloves, zinc, vitamin c. And they are getting in covid testing kits to do the testing in the pharmacy. No script needed!

Call them for more info! 570-582-2027

Weona Park Centennial

A Centennial book is being written to commemorate the 100th Anniversary of Weona Park in Pen Argyl.

Anyone with fond memories or interesting stories should send them to Walt Cole at wrcole3@gmail.com. This would include any information from your parents or grandparents. Perhaps a grandparent or great-grandparent helped to build the park, or worked on a WPA project during the Depression. Perhaps you worked at the park, were a life guard or had an interesting experience.

Stories about sporting events, swimming, or any activities would be of interest. They are also interested in pictures of family reunions, church gatherings or other organizations having picnics at the park.

Do you have any pictures of the kiddie Ferris Wheel, train or cars that you would be willing to share?

They are also looking for pictures of the clay tennis courts, the old miniature golf course, the band shell and events at the athletic field. Please check out those old photo albums for memories to share.

PPL Waives Late Fees

PPL Electric Utilities has waived all late payment fees and announced it will not cut service. PPL has several programs available to help customers having a hard time paying their bills: OnTrack offers a lower, fixed monthly bill and debt forgiveness for customers who make 150 percent of the poverty level or less. CARES can help customers experiencing a temporary hardship. Calling [1-800-358-6623](tel:1-800-358-6623)

Met-Ed Suspends Shut-offs

Effective immediately, Met-Ed is temporarily discontinuing power shutoffs for customers who are past due on their electric bills. FirstEnergy, Met-Ed's parent company, will continue to monitor the coronavirus response situation and adjust the shutoff policy in the future as circumstances develop.

Met-Ed encourages customers who are having difficulty paying their electric bill to contact its customer service department at 1-800-545-7741 to discuss customer assistance programs.

Roseto Park Closed

Due to the mandates in place by Governor Wolf regarding COVID-19, "Stay at Home", six foot social distancing, social gatherings of ten or less in the red phase and 25 or less in yellow phase Roseto Borough Council at their regular monthly meeting approved the closure of the Roseto Borough Park until Northampton County is open in the "green phase" of the Governor's reopening process.

Talking and Breathing May Spread The virus

People resistant to social distancing may reconsider that thought after a prestigious scientific panel told the White House Wednesday night that research shows the coronavirus can be spread not just by sneezes or coughs, but also just by talking, or possibly even just breathing.

"While the current [coronavirus] specific research is limited, the results of available studies are consistent with aerosolization of virus from normal breathing," according to the letter, written by Dr. Harvey Fineberg, chairman of a committee with the National Academy

of Sciences.

Fineberg said that he will start wearing a mask when he goes to the grocery store.

Several other experts are now talking about wearing masks every time you interact with the public during essential visits to places like your local grocery store or pharmacy.

Considering that people with no coronavirus symptoms at all can carry the virus, a simple conversation with someone like that could spread the virus to you if you are less than six feet apart.

HAPPENINGS continued from page 10

a Kids Meal Hotdog and Mac & Cheese \$3.

Text or call order ahead starting Mondays before, or order in person. Call 484-903-4556. Pick up at the hall doors.

August 11

Bach At Noon

Bach At Noon performances are presented by The Bach Choir of Bethlehem at St. John's Lutheran Church in downtown Allentown. These concerts will be videotaped, featuring smaller ensembles of musicians who incorporate safe social distancing, appearing online on The Bach Choir's You Tube channel. The August Bach at Noon performance has been endowed by Reverend Ronald R. Miller in loving memory of Maestro James A. Simms, and to continue to share the fruits of his life-giving labors in music-making.

August 16

Vendor and Craft Fair

The Washington Township Volunteer Fire Company is having a Vendor & Craft Fair on Sunday August 16th, 2020 (new date) from 9am to 3pm. Food and Drinks will be sold by the fire company.

This is an outdoor event and it will be held whether rain or shine. If you are interested in a space contact Brett Morrison at 484-542-9517, Aundrea Morrison at 610-984-7101, or email at bdjm987@gmail.com

September 5-7

Bangor Yard Sales

Get ready for the Bangor Borough town-wide yard sale taking place Labor Day weekend, Sept. 5-7! The Borough waives the yard sale permit and you have the opportunity to find some treasures and release your unused items to someone who can use them.

September 12

Bangor Car & Bike Show

Rev up your engines for plenty of prizes, trophies and fun for the entire family! The Bangor Car & Bike show and competition is back on Broadway in historic Bangor on Saturday, September 12 from 10am - 3pm (rain-date Sunday, September 13)..

Goody bag & tshirt pre-registration: Sign up your car or bike early and save \$5 on the entry fee PLUS get a really cool goody bag & commemorative tshirt!

Pre-registration is \$10 by 6/12 at hbbapa.org. Pre-Registration does not reserve your spot in the show, but gets you a goody bag and tshirt. Goody bags and tshirts are limited to the first 50 pre-registrations.

Car & bike show competition entry: If you'd like to enter your vehicle in the competition, please arrive on September 12 to Main & Broadway between 8am and 9:45am to enter the competition. Be sure to bring your pre-registration form OR register day-of for \$15.

Car & bike show sponsors: They are presently accepting prize and award sponsorship. Please visit <https://www.hbbapa.org/car-show.html> to download a form.

September 26

Celtic Youth Fiddle Competition

A Youth Fiddle Competition September 26, will be held at the Charlie Brown Ice House, Bethlehem at Celtic Classic Highland Games and Festival.

This unique fiddle contest primarily focuses on Celtic fiddling styles, including Irish, Scottish, Cape Breton, Shetland, and Galician. Two age categories divide the contest, and monetary prizes are given to the top 3 in each division.

Sunday, September 27, at 10:00 a.m. at the Celtic Heritage Hollow stage, a Celtic fiddle workshop for youth will be held at Celtic Heritage Hollow at Celtic Classic Highland Games and Festival.

For more information and to register, visit http://www.celticfest.org/celtic_classic_youth_fiddle competition. For questions, please contact Marcie Mulligan at mmulligan@celticfest.org

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Avoiding Foggy Glasses for Mask Users

1. **Adjust the ties** or the ear loops so the mask fits snugly against your face. If the air is going out the top, you don't have your mask on correctly. Most of your breath should be going through the mask. If you feel the air going in or out around the mask, tighten the ties.

2. **Athletic tape** is also a possibility, however, if you wear the same mask day after day, the tape may harm the mask.

3. **Soapy water.** A British surgeon published a paper in 2011 showing that washing your glasses with soapy water and letting them air dry can help. Soap acts as a surfactant — which stands for surface active agent — and the soapy water leaves behind a thin film that stops the water molecules from forming droplets that lead to fog.

4. **You can buy commercial anti-fogging wipes** and sprays, but it could get expensive. One brand, FogTech Dx, sells on Amazon for \$30 for 20 wipes — or about \$1.50 per wipe. One treatment is supposed to last for three to five days

Wipe and sprays may be difficult to buy right now. Some sites we went to suggested you that they are on back order. Other sources say it may 2-4 weeks to get them online. However, if you know someone who is an avid swimmer he or she may have some.



Home Heating Assistance

LIHEAP is a federally funded program that helps individuals and families pay their heating bills through home heating energy assistance grants. It also provides crisis grants to help in the event of an emergency or if a resident is in danger of losing his or her heat due to broken equipment, lack of fuel or termination of utility service.

The income eligibility guidelines for LIHEAP are set at 150% of the federal poverty income level. For example, the income limit for an individual is \$18,735; for a couple, the limit is \$25,365; and for a family of four, it is \$38,625.

Residents may apply for LIHEAP online or by contacting the County Assistance Office in their county of residence.

Support Group For Vets & First Responders

A new confidential support group for veterans and first responders is available at A Clean Slate on the corner of Broadway and First St. (Rt. 191) in Bangor.

The group meets the third Monday of the month from 7pm to 8pm. It is free.

A professional counselor will facilitate the group. All are welcome. No sign-up is needed. Call 610-452-9348 for more info.

Restaurant Week

Coming this July 5-12! the Slate Belt Chamber of Commerce is asking the participating restaurants to pick a local business that will offer a discount. This will expand restaurant week to include retail stores. When you visit a restaurant during restaurant week, save your receipt and visit that participating retailer, show your receipt to receive a discount. If interested in participating in restaurant week call the office. Their display racks are getting a bit low with your business cards and flyers. Stop by today and update your information.

Struggling With Substances?

People struggling with substances can now walk in for drug and alcohol assessments at the Clean Slate Bangor, 100 South First Street St, Bangor 610-452-9348 Mondays from 10am - 12pm Many times this is the first step toward treatment and a new life.

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@garywarshaw

Mental Health Help During COVID-19

Crisis Text Line



**Text 'PA'
to 741741**

National Suicide Prevention Lifeline



1-800-273-8255

Preventing suicide in PA



**preventsuicide
pa.org/**

Disaster Distress Helpline



800-985-5990

Get Help Now for substance use disorder



1-800-662-4357

Veterans in crisis



**veterans
crisisline.net**

PA's support helpline



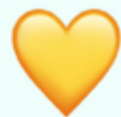
855-284-2494

Coping with COVID-19 stress



bit.ly/covid-coping

COVID-19 resources




**mhanational.
org/covid19**



GUIDANCE FOR BUSINESSES CLOSED DURING COVID-19



As businesses enter the Yellow Phase of the state's reopening plan, owners and operators of dormant buildings should flush building water systems

- 
- ✓ Develop a flushing plan
 - ✓ Flush the entire building
 - ✓ Clean faucets, shower heads, and other fixtures
 - ✓ Inspect equipment and conduct necessary maintenance
 - ✓ Consider developing an ongoing water management plan



COVID-19

REOPENING PHASES

WORK & CONGREGATE SETTINGS

SOCIAL SETTINGS

RED PHASE

- LIFE-SUSTAINING BUSINESSES ONLY
- RESTRICTIONS IN PLACE FOR PRISON + CONGREGATE CARE
- SCHOOLS CLOSED FOR IN-PERSON INSTRUCTION
- MOST CHILD CARE CLOSED

- STAY AT HOME ORDERED
- LARGE GATHERINGS PROHIBITED
- RESTAURANTS/BARS LIMITED TO CARRY-OUT + DELIVERY
- ONLY TRAVEL FOR LIFE-SUSTAINING PURPOSES

YELLOW PHASE

- TELEWORK MUST CONTINUE WHERE FEASIBLE
- BUSINESSES WITH IN-PERSON OPERATIONS MUST FOLLOW SAFETY ORDERS
- CHILD CARE OPEN COMPLYING WITH GUIDANCE
- RESTRICTIONS IN PLACE FOR PRISON + CONGREGATE CARE
- SCHOOLS CLOSED FOR IN-PERSON INSTRUCTION

- STAY AT HOME ORDER LIFTED FOR AGGRESSIVE MITIGATION
- LARGE GATHERINGS OF MORE THAN 25 PROHIBITED
- IN-PERSON RETAIL ALLOWED CURBSIDE/DELIVERY PREFERRED
- INDOOR RECREATION, HEALTH AND WELLNESS FACILITIES (SUCH AS GYMS, SPAS, HAIR SALONS, NAIL SALONS AND OTHER ENTITIES THAT PROVIDE MASSAGE THERAPY), AND ALL ENTERTAINMENT (SUCH AS CASINOS, THEATERS) REMAIN CLOSED
- RESTAURANTS/BARS LIMITED TO CARRY-OUT + DELIVERY

GREEN PHASE

- ALL BUSINESSES MUST FOLLOW CDC AND PA DEPARTMENT OF HEALTH GUIDELINES

- AGGRESSIVE MITIGATION LIFTED
- INDIVIDUALS MUST FOLLOW CDC AND PA DEPARTMENT OF HEALTH GUIDELINES

Man-Made Purple Martin Nests at Lake Minsi



Purple Martins, according to many experts, have developed a positive relationship with humans and appear to rely on man-made nesting sites like the structures at Lake Minsi. (Photo to right)

Successfully attracting and hosting a Purple Martin colony depends on selecting quality housing, having suitable habitat, and practicing active colony management

Martin housing is placed in the most open spot available (at least 40', but preferably 60' from trees or buildings) and within 100' of human housing or activity. Proximity to humans and a wide-open location help protect the martins from predators.

Bangor PD Needs Sanitizing Products

Due to a shortage of hand sanitizer, Clorox and Lysol products, the Bangor Police Department is asking if anyone has any extra hand sanitizer, Clorox or Lysol wipes and would like to donate them, if so call (610-588-4720) or stop by the station.

SBRPD Needs Sanitizing Products

Slate Belt Regional Police Department need disinfecting wipes (Clorox type). Their officers are out performing their jobs, dealing with our neighbors and friends where help is needed; all while attempting to keep themselves and their own families safe during these unusual times. If you should have a container of antiseptic wipes that you would be willing to donate, we would be ever so grateful. Just one container, we aren't asking you to deplete your supply, just one container from a few people would tide us over until the stores are resupplied again. They are wiping down cars, duty belts, radios, pretty much everything... constantly...for your protection and ours. Call 610.759.8517
DO NOT call 9-1-1

Martin housing should raise and lower vertically on a telescoping pole, lanyard, or winch system. Housing will need to be lowered—sometimes on a daily basis—to remove House Sparrow and European Starling nests. Regular monitoring of active martin nests is essential; landlords who do not monitor their colony will not know if they are losing martins to snakes, owls, hawks, parasite infestation, etc

The purple martin is the largest swallow in North America. Despite their name, purple martins are not truly purple. Their dark blackish-blue feathers have an iridescent sheen caused by the refraction of incident light giving them a bright blue to navy blue or deep purple appearance.

They are known for their speed, agility, and characteristic mix of rapid flapping and gliding flight pattern. When approaching their nests they will dive from the sky at great speeds with their wings tucked.

Martins make their nests in cavities, either natural or artificial. Martins are insectivores and primarily feed by hawking, a strategy of catching insects in the air during flight

The martins migrate to the Amazon basin in winter

St. Luke's Care Now Open

St. Luke's Care Now – Wind Gap, 487 East Moorestown Road Wind Gap, 484-526-7850

Monday through Friday: 7:30 am – 10:30 pm

Saturday and Sunday: 8 am – 8 pm

Clothing for Octoberfest

Since everyone is cleaning out their closets, etc. If you have pants or jeans (any size, even kids) with holes that are not repairable or even long sleeve shirts, please save them for Octoberfest (Bangor Park). They can use them for scarecrow making. (Even if they don't have the event this year, they will save them for next year)

Former COVID 19 Patients Asked to Donate Plasma

Have you or do you know someone that has recovered from COVID 19? If so you can donate your plasma to help others with COVID 19. For more information call me at 570-449-586 or visit www.giveapint.org.

BEHAVIORAL HEALTH

SUPPORT & REFERRAL HELPLINE

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MASK WEARING TIPS

DO:

- ✓ Wear a mask when you leave home
- ✓ Make sure it covers your nose and mouth
- ✓ Be sure that you can breathe through it
- ✓ Continue practicing social distancing

DON'T:

- ✗ Touch mask while wearing it
- ✗ Touch the front of mask when removing it
- ✗ Use on children under 2
- ✗ Wear if you have trouble breathing