

Slate Belt Town Topics

SPORTS & SPECIAL EVENTS



Slate Belt 7-Day Forecast



Current Weather



**WEATHER
AND YOUR HEALTH**



Arthritis Forecast



Weather Radar



Obituaries



Asthma

Asthma Forecast



Crosswords



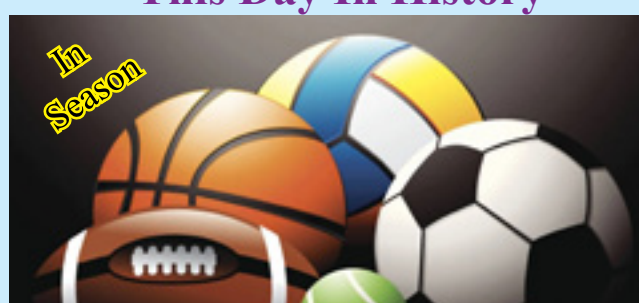
This Day In History



Sinus Forecast



Sports History Today



In Season

SCOREBOARD



Air Quality

Slate Belt Public Libraries

Slate Belt Church Information



Pollen - Allergies

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UPDATED EVERYDAY**

(Including Weekends and Holidays)

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Ultra Violet Rays



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It Takes This Many Minutes For The Average Kid To Get Bored



By Talker Research

A new survey has found the average parent has to come up with four new activities daily to keep their children entertained.

The poll of 2,000 U.S. parents found four in 10 parents always or often struggle to find ideas to keep their kids entertained.

And while most parents believe their children have active imaginations, the average kid gets bored in just 33 minutes and 47% of children quickly become bored with what they're doing.

A third (35%) of parents said they feel stressed about finding new ideas for their kids as a result.

Commissioned by Elmer's and conducted by OnePoll, the study revealed 81% of parents have found their children are always looking for something to do when they come home from school or daycare.

Parents shared that, outside of the classroom, their kids are more likely to watch TV (80%) than to play with toys (67%). Many also said their kids like to play with siblings and friends after class (62%) or play with playsets (35%).

Over half (58%) are concerned about the amount of time their kids spend in front of a screen. The average kid reportedly spends 13 hours in front of a screen per week.

Other kids were found to prefer more hands-on play: 64% of parents said their children like to draw and color after school, alongside doing arts and crafts (46%) or sensory play (36%).

Four in five parents (81%) said their children prefer hands-on activities away from the screen.

Parents reported their kids felt happier when crafting than when having screen time (71%, compared to 55%). They were also found to be more satisfied (57%, compared to 50%) and less bored (6%, compared to 15%).

"Kids are spending a lot of time in front of screens, either for school or for fun after school. But it's clear that their screen time isn't filling the boredom that many are experiencing," said Nikki Lesperance, Brand Marketing Director at Elmer's. "We are big believers in offering kids a more hands-on approach to creativity, and the findings show the immediate benefits hands-on play and creative activities have for parents and kids alike."

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Tranquil Tuesday

 NATIONAL WEATHER SERVICE
 Philadelphia Mount Holly
 Issued: Tuesday, July 2nd, 2024 - 4:15 AM



➤ **Mostly sunny and pleasant through Wednesday**

Independence Day & Weekend Outlook

➤ Turning humid and hotter Thursday & through the weekend

➤ Daily chances for showers and storms, primarily during the afternoon and evening

Keep Your Picnic From Turning Poisonous

By Lori McFerran, LVHN

One of the joys of summer is packing up a basket with your favorite foods and heading to a park or beach. Or simply turning on the grill and relaxing in your backyard. These activities involve eating outdoors. And that requires a bit of thought to avoid complications from contaminated food.

When food is contaminated by bacteria, viruses or parasites, people who eat it can become sick. In the summer this is a concern because bacteria multiply rapidly at warm temperatures. Food is in the “danger zone” when it reaches 40 F–140 F and then remains at those temperatures for more than two hours. If the temperature outside is 90 F or above, that window decreases to one hour.

“Food poisoning is a general term we use for consequences of eating food that is left out or isn’t properly stored. It can be caused by a variety of pathogens,” says physician assistant Aron Zarowsky, PA-C, with LVPG Family Medicine–Hometown. “Symptoms can start anywhere from an hour to several hours after you eat the food. A more serious case may not show up for days or weeks.”

Is it ‘pasta-tively’ food poisoning?

Zarowsky says to look for symptoms such as abrupt onset of abdominal pain and nausea. “If you feel sick, consider what you have recently eaten. Think about whether things were left out too long, whether they were undercooked or if there was cross-contamination, such as if raw meat or poultry was stored or placed with other foods,” he says. “You can also talk with other people who ate the same food and see if they have the same symptoms.”

According to Zarowsky, it’s important to distinguish between mild and serious illness. Dehydration always warrants the emergency department at the hospital. These symptoms are serious, and you should seek emergency care if you experience them:

Diarrhea (six watery bowel movements in 24 hours)

Blood in a bowel movement or vomit

Fever greater than 101.3 F

Severe abdominal pain

Signs of dehydration (inability to tolerate liquids, dry mouth, lethargy, dizziness, confusion, dark urine, headache, muscle cramps)

Parents should get care for their child if they experience:

- Unusual changes in behavior or thinking
- Excessive thirst and little or no urination
- Weakness or dizziness
- Diarrhea that lasts more than a day
- Vomiting often
- In children under age 2, any fever
- In children older than 2, fever of 102 F or higher

If your symptoms do not fall into the above categories, Zarowsky advises to drink fluids to prevent dehydration, including those containing electrolytes. Eat small meals and consider a diet of bananas, rice, applesauce and toast (BRAT). Eat what you can tolerate and what’s easy. And rest.

He says that if symptoms do not resolve within 72 hours, go to an emergency department as it may indicate a more serious bacterial infection.

‘Turnip the beet’ on food safety

The least of your concerns on a picnic are the ants. It’s more important to take care in cleaning, preparing and storing food so it remains edible and does not make you and your family sick. Start with packing your picnic:

Make sure to include ice or frozen gel packs for your cold foods. Keep your food in a cooler at 40 F or below until served. Put foods like chicken salad in individual containers and place them directly on ice.

Roseto Summer Reading in the Park

“Birds, Bees and Butterflies”

Easter Egg Hunt



Easter Snack

Crafts

Wednesday, July 3

10:00-11:30

Roseto Ballpark

Take-Home Gifts

Free Book

KS-6th Grade
Younger ones are welcome,
just ask that an adult stays with them.

Wear spring colors for an extra coin 🦋

Bring a guest for an extra coin 🐝

Treasure Chest
Treat



Art Design by Sophie Delle



A devout Catholic, dressed in dried banana leaves, participates in a Mass at the church of Saint John the Baptist in Philippines. Photo: Aaron Favila (AP)

Bangor Elks Lodge Presents:

A Special

TRICKY TRAY and BINGO NIGHT

Proceeds from the Tricky Tray will benefit the Bangor 150th Anniversary Celebration Planning Committee.

Sat. Aug. 3rd

120 Broadway, Bangor Pa

Doors open at 3:00 PM

\$1300

Tricky Tray Tickets sold until 7pm

Bingo Games begin at 6:00pm

JACKPOT

The kitchen opens at 4:30, so come and enjoy a great night out benefiting two great causes!

Must be 21 or older to play.

No outside food or drink.

For more information about the tricky tray call:

610-588-6894

You will not need to be present to claim your tricky tray prizes.



New Pastor

The East Bangor United Methodist Community Church welcomes The Rev. Todd Lattig as their new pastor. Todd is a writer, an artist and a musician. He and his wife, Bernadette, have two daughters, Katie and Lorien.

Todd is passionate about liturgy, worship, mission and community building and has a profound interest in Christian history, as well as dynamic Christian education. Rev. Todd's first Sunday in the pulpit will be July 7th and we invite your presence as a sign of welcoming him to the church and community. For more information, go to www.ebumc.org.

Free Takeout Dinner

The East Bangor United Methodist Community Church welcomes you to a FREE "Sloppy Joes" Dinner on Sunday, July 7th, from 4:00 to 4:30 p.m. This is TAKE-OUT ONLY. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA. Questions, call 610-588-4453 or visit ebumc.org.

Bangor National Night Out

Join Bangor Police Department and our Bangor Area Emergency Services departments for National Night Out! August 6 from 6-9.

Liberty Carnival

Carnival at Liberty Fire Company #2, 67 N 8th St, Bangor, PA 5:30pm to 11:55pm July 11,12,13

Steamed Clams/Shrimp/Sausage Sandwiches/Hamburgers/Hot Dogs/Fries/Fried Treats/Ice Cream/Beer Tent & Bar/Kid's Games/Bounce House/Live Entertainment.

Entertainment Schedule:

July 11th - Chuck Schubert

July 12th - DJ Derek (All Out DJ's)

July 13th - Romeo Vegas



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BANGOR 150 YEARS
BANGOR PARK

HELICOPTER GOLF BALL DROP

SAT. AUG. 10, 2024
6:pm



FIRST PRIZE	\$1000.00
SECOND PRIZE	\$500.00
THIRD PRIZE	\$250.00

GIFT CARDS

- Bono Pizza
- Broadway Pub
- Miller's Paint Store
- Johnnie's Restaurant & Pizza
- Richmond Brewery
- Johnsonville Inn

TICKETS

AVAILABLE AT:
Miller's Paint Store
Bray's Newstand

**BENEFITS BANGOR'S 150TH ANNIVERSARY
CELEBRATION IN 2025**

Bake Sale at Ace Hardware For Bangor's 150th June 29 From 11-4

To kick off summer the Bangor 150 committee will be selling homemade baked goods in front of ACE Hardware this Saturday June 29th from 11-4

Mark your Calendars!

We also have a bingo event and tricky tray where jackpot is up to \$1300 at the Bangor Elks Sat Aug. 3rd and if anybody would like to donate a basket towards the tricky tray, please drop it off at Miller's Paint store in Bangor or contact or contact Sherry Haycock. Again we thank you for your support. Looking forward to seeing everyone for Bangor 150th anniversary celebration!

Helicopter Ball Drop

In other news we are going to have an exciting event at Bangor Park stadium.... A helicopter golf ball drop Saturday, August 10th @ 6pm tickets are \$10.... closest to hole in one: first prize is \$1,000 second \$500 and 3rd \$250 and next 7 winners will receive gift card prizes to local businesses. You don't need to be present to win!

These tickets will be available at Miller's Paint store and Bray's new stand! This also benefits our 150th celebration! Come out and enjoy the fun

Pool Pals Meeting

The Weona Park Pool Pals will meet on Monday, July 1st at 7:00 in the social room of the Borough Administrative Building on North Robinson Avenue. Fundraising activities will be discussed in their continuing efforts to raise funds for a pool at Weona Park. The public is encouraged to meet with the pool pals on Monday.

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BVFS Tractor and Car Show



PHOTO GALLERY
Photos: Larry Cory



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Boost Your Well-Being at Pilates & Wellness



Owner Francine Huber cuts the ribbon to officially open Pilates and Wellness at 34 Market Street Bangor. Also pictured (L-R) Cassie Zona, Web Design; Nesha Parker, Herbalist; Huber, Beth Duyssen, Slate Belt Chamber of Commerce; Rep From Ann Flood's office, Brian Fenstermaker, Slate Belt Rising; Kurt Derr, Rep from Lisa Boscola's office; and Marc Sperling, Bangor Borough Councilman. Photo Larry Cory.

by Larry Cory

If you're in need of exercise to rev up your well being then Pilates and Wellness could be your thing.

According to numerous definitions on the internet, pilates is low impact which limits stress on your body meaning you are less likely to suffer any serious aches and pains. The old adage of "no pain - no gain" is not part of the regimen.

It's actually a combination of strength training, resistance training, and deep stretching, and the good news - is that it's inspired by yoga, ballet, and calisthenics, and involves a series of precise, controlled movements that flow into one another.

Even more good news is that you won't need to gallivant out of the Slate Belt to some busy corner of the Lehigh Valley to join. Pilates and Wellness is available close to home in the Slate Belt at 34 Market Street in Bangor which is the former location of the House of Sabatini.

If you want to go farther back it was the also the location of Arnt's

Appliances run by John Arnts who developed Clar-O-View TV which was the first cable TV system in the Slate Belt.

That, however, was in the 1950s. In 2024, Fran Huber, owner of Pilates and Wellness is "thrilled to share my journey and passion for Pilates with you."

"My adventure into the world of Pilates began over three decades ago when, as a mom of two, I sought a way to stay fit while keeping my family a priority," she said. "This journey led me to Romana's Pilates in New York, NY, where I underwent rigorous training from 2002 to 2006 to become a certified Classical Pilates instructor and then a Certified Peer Support Specialist in 2020."

She's a strong advocate for small business and especially empowering other women business owners. "To be part of this community, we're excited to be here. To be part of this," she said.

"Join me in embracing the transformative power of Pilates, where fitness meets family, and wellness is at the heart of everything we do, she added"

For more information see their website [HERE](#).



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Jerry DeLong Gone But Not Forgotten

by Larry Cory

If you have lived in Pen Argyl during the past 50 years or so, it's very likely that you have met, or at the very least, have heard about Jerry DeLong's contribution to the Pen Argyl Labor Day parade sponsored by Lookout Fire Co. #1 of Pen Argyl. Beyond the parade, Jerry is also an honorary member of the fire company.

According to a news release from Lookout, "Jerry is a simple man who has two prized possessions: his bicycle, which he rides to his borough hangouts and to lead the parade, and his tobacco pipe, which he is rarely without."

When this writer had an office in the early 2000s on West Pennsylvania

Avenue (Rt. 512) the week wouldn't be complete without a visit from Jerry. When I picked up our daily mail at the Pen Argyl Post Office, Jerry could often be seen hanging out at Black's across the street.

Jerry's parade experience goes back 57 years to 1966 when he was, according to a story in the Morning Call, voted the "Best Clown" in the Bangor Halloween Parade.

A few years later, he was given a special award for riding a "Decorated Bike" in the Pen Argyl Labor Day parade. He received subsequent awards in 1982, 1983, 1987, and 1992.

(This story is an excerpt from a story written in 2023)



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Members of the Blue Mt. Community Library Board sold sundaes at the “Philadelphia Funk” Weona Park Summer Sounds Concert on June 16. They will be back on June 30 for “Joyous.”

Golf Ball Drop for Bangor’s 150th

Participants enter the contest by purchasing a golf ball with your ticket number on it. At 6PM all the purchased golf balls are dropped onto Paul Farnan Field at the Bangor Memorial Park from a helicopter! The owner of the ball closest to the hole wins a prize!

1st Place Prize: \$1000.00

2nd Place Prize: \$500.00

3rd Place Prize: \$250.00

4th through 10th runner up prizes are Gift Certificates to:

5 Points Grill & Pub

Bono Pizza USA

Broadway Pub

Millers Paint Store

Johnnie’s Restaurant and Pizza

Richmond Farm and Brewery

Johnsonville Inn

Tickets are \$10.00 per ball and are available for purchase at: Miller’s Paint Store and Bray’s News Stand. We will happily deliver tickets as well, just send a DM to the Bangor Borough 150th Celebration Facebook page.



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Heat Wave Ends Cooler Today Warm Tuesday

Our extended heat wave ended yesterday after five days with a high temperature Sunday afternoon of 91.

Today, we should experience temperatures about 15 degrees cooler than yesterday which should bring a brief - but refreshing change.

Temperatures Tuesday, however, will soar into the upper 80s and low 90s. Thursday, will bring the onset of a potentially longer, cooler period.

A brief shower that wasn't enough to move the needle in the rain gauge Sunday did nothing to improve dry conditions.

According to the NWS there is an 80% chance for rain Wednesday and a 50% chance of showers and thunderstorms Saturday and Sunday.

Happening Soon.....

Weekly Weeders

Thursdays, June 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required.

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Butterflies of Jacobsburg

Saturday, June 29 at 3:00pm to 5:00pm

Join local butterfly enthusiast Bill Grant for this walk through the fields of Jacobsburg in search of these beautiful insects. He'll show you how to quickly identify local species and the best places to look for them. Participants should wear comfortable shoes. A hat, bottled water sunscreen, binoculars, and camera are recommended. This program is best for families with children ages 8 and up. Registration <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.



Joe Pilyar (R) and Elvira Woodruff (middle) received the Special Focus Award from the Slate Belt Heritage Center for their work with the Three Church Hill Arts & Historical Society and the Bell Tower. Rep. Ann Flood (L) presented the couple with a citation for their work. Photo Larry Cory

Pilyar & Woodruff Receive Special Focus Award



The Special Focus Award goes to an individual who is saving or conserving tradition or a body of knowledge. That individual(s) who contribute to educational information via exhibits, documentation, internet, archival, etc.

This year's award goes to the Three Church Hill Arts & Historical Society in Martins Creek, PA. A group of individuals purchased the former Good Shepard Lutheran Church, that was built in 1803, and retained it as an Arts and Historical building. It was established to preserve and share the areas' rich history, folklore, arts and humanities of the past and present. They are currently conducting numerous art shows, historic, food, musical and literary events.

Architectural Award for Cyphers' Cottage

The Slate Belt Heritage Center Architectural Award goes to an individual who is saving or conserving a historic building, place or artifact where restoration is authentic to preservation. The award is to acknowledge individuals who have performed acts that promote and preserve the heritage of the Slate Belt. This year's award goes to The Cyphers Cottage. Jeffrey & Angelynn Cyphers restored the cottage in 2013. The construction of the cottage is very unique and was once used as a retreat for Nuns. A dated stone pillar at the property notes "circa 1900".

PUBLISH YOUR EVENT
To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

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Marc Blau (L) and Nancy Traves Broadbent (middle) received the Initiative Award from the Slate Belt Heritage Center for writing "Growing Up in the Slate Belt." Rep. Ann Flood (R) presented the authors with a citation for their work. **Photo Larry Cory**

BAHS Grads Author "Growing Up Slater"

The Slate Belt Heritage Center Initiative Award goes to an individual who has shown exemplary actions in promoting and preserving the heritage of the Slate Belt through In-Kind Actions. The award is to acknowledge individuals who have performed acts that promote and preserve the culture and heritage of the Slate Belt. This year's recipient is Nancy Traves Broadbent who is a graduate of Bangor Area High School, Class of 1971. While working on her memoirs she combined her work with research about the Slate Belt. Together with, Marc Blau, they co-authored the book, *Growing Up Slater*, which became an instant best seller for the Heritage Center. Nancy donated all of the profits from the book to the Center.

Third Pennsylvania Bird Atlas

Help Pennsylvania Identify Bird Conservation Priorities by Participating in the **Third Bird Atlas** Community Science Project

Pennsylvania's Third Bird Atlas launched on January 1, 2024; and your help is needed to understand the distribution, abundance, long-term change, and seasonal patterns of birds breeding in Pennsylvania!

The Atlas, sponsored by Hawk Mountain Sanctuary and the Pennsylvania Game Commission, is a community science project to determine when and where the state's 190 species of nesting birds are breeding.

During the next five years, volunteers will record bird species and breeding behaviors such as territorial birds, courtship, and nest building, and submit these observations to the **Pennsylvania Bird Atlas portal** in eBird.

Data collected during the Third Bird Atlas will be used to revise Pennsylvania's list of species of conservation concern and will help identify important habitats and conservation priorities.

The Pennsylvania Bird Atlas is asking birders of all skill levels to participate and contribute to bird conservation in Pennsylvania!

Cooler Comfortable Weather Monday

by Larry Cory

A brief respite from the current heat wave is expected tomorrow with temperatures 10-15 degrees cooler than we have experienced the past week.

High temperatures have reached 90 degrees or more for the past four days which is the longest Slate Belt heat wave in several years.

Today could become the sixth day of the if the official NWS Forecast comes to fruition.

Thundershowers over the past two nights have produced about one-half inch (.49) of rainfall.

Although the added rainfall has given area lawns and gardens some needed moisture its far short of what is needed to reach normal levels.

According to the official U.S. Drought Monitor, Eastern Northampton County is rated as abnormally dry. Another week of limited rainfall could push us into drought conditions.

Actually, with a cumulative rainfall of 25 inches this year we are experiencing normal or somewhat above normal conditions. However, June has been exceptionally dry with only one cumulative inch thus far. Combining that with heat wave has produced near drought conditions.

Thus far we have had 1.03 inches of rain fall in the Slate Belt in June, but that total could rise with the potential of more showers and thundershowers later today and tonight. Normal for June is 4.31 inches

A Heat index up to 103 is expected today in portions of northern New Jersey, east central, northeast, and southeast Pennsylvania until 8 pm this evening.

Heat related illnesses increase significantly during extreme heat and high humidity events.

Drink plenty of fluids, stay in an air-conditioned room, stay out of the sun, and check up on relatives and neighbors.

Take extra precautions when outside. Wear lightweight and loose fitting clothing. Try to limit strenuous activities to early morning or evening. Take action when you see symptoms of heat exhaustion and heat stroke.



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Focus on Nutrition at the Slate Belt YMCA

by Larry Cory

Food was the focus of the day at the Slate Belt YMCA for Congresswoman Susan Wild and the United States Deputy Secretary of Agriculture Secretary Xochitl Torres Small during their visit to the Slate Belt to promote nutritional programs this past Thursday morning.

During their stop at the YMCA, a tour of the facility included stops at the Community Garden where produce is available to seniors. They also visited with children in the Day Care room where the children were enjoying a snack. Rep Wild and Deputy Secretary Small also visited the lunch area that was set

up in one section of the YMCA gym.

Along the route they also got a peek at the Swimming pool, weight room and other areas of the facility that many people in the Slate Belt worked several years to achieve.

“I have visited a lot of places but this one is special,” said Congresswoman Wild. “I really love the layout. I love the pool area. Both for the community for adults and for the kids is tremendous. And the main thing that really struck me here today was the passion of everybody who works here. I think its really important that the Slate Belt has a facility like this.”



Want To Promote Your Business ?

Contact: Slate Belt Town Topics - 570-688-3724 or sbtopics@rcn.com

Regular Events Calendar

Monday July 1

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Pen Argyl Sewer Committee - 4:30 P.M. Council Chambers
Pen Argyl Municipal Authority - 5:00 P.M. Council Chambers
Washington Township Zoning Board - Municipal Building, 6:30 pm.
Roseto Borough Council - Municipal Building, 7:30pm
Lower Mount Bethel Supervisors - Meets Centerfield Building, 7pm
Portland Borough Council - Borough Hall, 7:00pm
Pen Argyl Council - 7pm
Pen Argyl GFWC - St. John , Pen Argyl, 7pm
Slate Belt YMCA - Open 6:00am - 8:00pm
Pump - 8:30-11:30
Weona Park Pals - 7pm
Wind Gap Boro Council - 7pm

Tuesday July 2

Bingo - Portland Fire Co., 7pm.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-12
Pen Argyl Woman's Club Meets 1:30 pm St.

John's Lutheran.

Plainfield Parks & Rec - 7pm
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Boro Council - 7pm
 (Monday Holiday meet Tuesday)

Wednesday July 3

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm..
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
LMBT Recreation Board - 7pm, Centerfield building
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Zoning - 7pm
Bangor Pool - Open 12-7

Thursday July 4

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Bingo - Plainfield Fire Co., 6:30pm
Plainfield Environmental Advisory Board - Municipal Building, 7:00pm
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Planning - 7pm
Bangor Pool - Open 12-7

Friday July 5

Bingo - Wind Gap Fire Co., 6:45.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 5:00am - 9:00pm
Bangor Pool - Open 12-7

Saturday July 6

Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-4
Mission of Love Soup Kitchen - N. Main St., Bangor. 11-2
Slate Belt YMCA - 8-4
Slate Belt Heritage Center - Open 12-3
Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm
Bangor Pool - Open 11-7
Weona Park - Carousel & Golf Open 3-9

Sunday July 7

Fellowship Dinner - East Bangor UMC, 4-6.
Slate Belt Heritage Center - Open 12-3.
Slate Belt YMCA - 10-2
All-You-Can Eat Breakfast - Bangor Elks 8-12pm. Adults \$10. Kid 6-12 \$6. Under 6 - Free.
Bangor Pool - Open 11-7
Weona Park - Carousel & Golf Open 3-9

Monday July 8

Blue Mountain Library - Open 10-12 & 6-8pm

thrivent

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Special Events

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

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20TH CLASS REUNION



28 SEPT
2024

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FORKS, PA

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formal invitation to follow

Weona Park Summer Schedule

May 31-Sept. 25 - Hours of operation will be as follows: Fridays: 3 PM - 9 PM - Sizzling Sale \$2 off a game of Golf. **Saturday and Sundays & July 4** - 1 PM - 9 PM. Fidelity Bank's Sweet Treat Truck - 6/28, 7/26, 8/23 & 9/20 - free ice cream from 4 PM to 7 PM.

Bangor Memorial Park Summer Schedule

July 12th Movie Night (July 13th Rain Date)
July 19th Luau (July 20th Rain Date)
August 2nd Movie Night (August 3rd Rain Date)
August 6th National Night Out

August 11th Car Show

August 24th Pooch Plunge

October 12th and 13th Octoberfest

*All at Bangor Memorial Park

St. John's Cemetery

St. John's Cemetery in Bangor is accepting donations for lawn maintenance and upkeep of the grounds

All members of the Cemetery Board are volunteers. Please mail your contributions to:

St. John's Cemetery
c/o Carol A. Hummel
PO Box 9
Bangor, PA 18013

Summer Sounds 2024 Wind Gap Park

July 7 - Brian Dean Moore
July 21 - New Individuals
August 4 - Joey and the T-Birds
August 18 - Jeff Krick - Elvis Tribute

Pen Argyl Weona Park

July 14 - Waitin on Sundown
July 28 - Riverside Rhythm
August 11 - Large Flower Heads
Time 6:00pm

Church Street Garage

The Church Street Garage located at the corner of Church and Third Streets in Bangor is reopening for the spring/summer/fall seasons.

The garage is open each Saturday from 8 am to noon, and offers a wide variety of items. Of special interest might be: dining room table with six padded chairs and two extra leaves, a ping-pong table, pool table, foosball table, air hockey table, framed prints, craft patterns and supplies, china, glassware, sterling/silver plate serving pieces, luggage, linens, kitchen appliances and utensils, and toys.

Many make-an-offer items are offered. New items are added each week, and donations are welcome during hours of operation. Please stop by and check us out. All proceeds benefit Our Lady of Good Counsel Church.

!

Feral Cat Program

Pen Argyl Borough has a new contract with FURR/Fix in Bangor. Contact the Borough office for information about the trap neuter return program exclusively for feral cats (free vouchers provided with proof of I.D.).

DiscoverE Adventure Backpacks Available

When: Monday thru Friday, 8:00am to 2:30pm
Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth

Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars, note pad, colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

Fishing Equipment Available

When: Monday thru Friday, 8:00am to 2:30pm
Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth

Borrow fly rods, spinning rods, fly boxes, and tackle to use in Jacobsburg's creeks! To borrow equipment, you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

Quality Family Time

Come to the Slate Belt Y on Fridays for some quality family time! They will have an assortment of board games to choose from.

Register online at gv-ymca.org under Family Friday Programs!

Family Friday's are FREE for members!
Snacks and water available for purchase

Helicopter Ball Drop

At Bangor Park stadium.... A helicopter golf ball drop Saturday, August 10th @ 6pm tickets are \$10.... closest to hole in one: first prize is \$1,000 second \$500 and 3rd \$250 and next 7 winners will receive gift card prizes to local businesses. You don't need to be present to win!

These tickets will be available at Miller's Paint store and Bray's new stand! This also benefits our 150th celebration! Come out and enjoy the fun

July 1

Pool Pals Meeting

The Weona Park Pool Pals will meet on Monday, July 1st at 7:00 in the social room of the Borough Administrative Building on North Robinson Avenue. Fundraising activities will be discussed in their continuing efforts to raise funds for a pool at Weona Park. The public is encouraged to meet with the pool pals on Monday.

July 4

Weekly Weeders

Thursdays, July 4, 11, 18, 25 at 8:30am to 10:30am
Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

July 6

WTVFC Car Show

Washington Twsp. Volunteer Fire Co. will hold its third annual Car show 9:30am to 2:00pm Saturday July 6 at 920 Washington Blvd, Bangor.

July 7

Free Takeout Dinner

The East Bangor United Methodist Community Church welcomes you to a FREE "Sloppy Joes" Dinner on Sunday, July 7th, from 4:00 to 4:30 p.m. This is TAKE-OUT ONLY. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA. Questions, call 610-588-4453 or visit ebumc.org.

July 10

Hike for Health

Wednesday, July 10 at 5:30pm to 7:00pm
Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 3 miles over uneven terrain. You must be able to maintain a hiking pace of two miles per hour to attend. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. This monthly hiking program will repeat on August 14, September 4, and October 2 at the same time and place. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov.

July 11-13

Liberty Carnival

Carnival at Liberty Fire Company #2, 67 N 8th St, Bangor, PA 5:30pm to 11:55pm July 11,12,13
Steamed Clams/Shrimp/Sausage Sandwiches/Hamburgers/Hot Dogs/Fries/Fried Treats/Ice Cream/Beer Tent & Bar/Kid's Games/Bounce House/Live Entertainment.

Entertainment Schedule:

July 11th - Chuck Schubert
July 12th - DJ Derek (All Out DJ's)
July 13th - Romeo Vegas

July 11

Weekly Weeders

Thursdays, July 11, 18, 25 at 8:30am to 10:30am
Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

[search=jacobsburg](https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg)

Gymnastics in the Slate Belt

The Slate Belt Heritage Center will present: "Gymnastics in the Slate Belt" on Thursday, July 11th @ 7:00 PM. Former Pen Argyl History teacher and Bangor High School graduate, Walter Cole, will give a four part presentation which will include information on the 50th Anniversary of "The Parkettes" which was founded by former Slate Belt residents Bill & Donna Strauss. There will also be a presentation about Pen Argyl's Kristen Maloney who won many national championships and was a member of the U. S. Women's Gymnastics team. This team won the bronze medal at the 2000 Sydney, Australia Olympics.

July 14-20

Northampton County Junior Conservation School

Sunday, July 14 to Saturday, July 20, 2024

This weeklong residential environmental education experience offers students ages 13-17 an opportunity to work with other youth and adults in a hands-on, non-traditional learning experience. Instruction includes hiking, archery, camping, canoeing, forest ecology, boater water safety, water quality monitoring, firearms safety and handling, and other outdoor experiences. Conservation School places a strong emphasis on field experiences to educate and instill a conservation ethic in its students. The program is designed to develop the leaders of the next generation who have an awareness of the critical environmental and ecological issues that affect our communities and how decision-making and management practices can limit those impacts. The school is staffed by a group of dedicated volunteers composed of sportsmen, returning students, community leaders, state agencies, and organizations. Instruction is provided by Jacobsburg Environmental Education Center and other professionals from the conservation and environmental fields. The school is held at the Northampton County 4-H Center 777 Bushkill Center Road Nazareth, PA 18064. A \$50.00 registration fee is required to attend NCJCS, the \$50.00 will be refunded upon the student's successful completion of the week of school. Registration is open now at www.ncjcs.org. Please fill out the online application at <https://ncjcs.org/preapp/> to register for the 2024 session.

July 18

Weekly Weeders

Thursdays, July 18, 25 at 8:30am to 10:30am
Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

events.dcnr.pa.gov/search/events?order=date&search=jacobsburg

July 19,20,21

July Jacktown Show

'Jacktown-Blue Mountain Antique Gas & Steam Engine Association 1279 Richmond Rd, will hold its July show July 19,20,21. 7-9pm Friday-Saturday and 7-4 Sunday.

July 20

Introduction to Field Botany

Saturday, July 20 at 10:00am to 11:00am
Many plants may look similar at first glimpse, and it can be overwhelming trying to sort them all out. Join us and learn basic skills in plant identification using keys and field guides. We will focus on common plants and plant families found at Jacobsburg. Please bring water, a snack, wear sturdy shoes and dress appropriately for the weather. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Share Your Yard with Nature

Saturday, July 20 at 2:00pm to 3:00pm
Lawns are hard work. They need the proper amount of fertilizer and water and let's not forget all the mowing! On top of that they don't provide much useful habitat to pollinators and other wildlife. Join us to learn about the advantages of letting go of that grass by converting some lawn to meadow or woodland. Please bring water, a snack, wear sturdy shoes and dress appropriately for the weather. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Art of Schernschitte

Saturday, July 20 local historian, Cheryl Statham will demonstrate and instruct on the German Art of "Schernschitte" a Pennsylvania Dutch form of fancy paper cutting at the Slate Belt Heritage Center. Cheryl is also a craftsperson and retired museum educator. The "Smokin' Pastie" food truck will also be selling contemporary versions of the traditional ethnic food treat, the Cornish Pasty.

July 21

Christmas Wood Cut-Outs

Sunday, July 21 at the Slate Belt Heritage Center Perry Morris will demonstrate and distribute cut-out wooden Christmas ornaments. Both days will also feature the Center's special exhibit "25 Years of Memories" which celebrates the Heritage Center's quarter century of preserving and presenting Slate Belt History. Each room shows a special anniversary highlight.

July 25

Weekly Weeders

Thursdays, July 25 at 8:30am to 10:30am
Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

August 3 Mind, Body & Spirit Expo

Explore an incredible selection of the best in alternative health, wellness, holistic products and resources Saturday August 3 at the Palmer Park Mall at 11:00am.

Expand your mind and take in mini-sessions and presentations featuring psychics, experts and holistic practitioners at the top of their fields! It will be a fantastic day to nourish your mind, body & spirit.

Registration is open for vendors, demonstrators, practitioners, and speakers, To register simply click the link below.

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Bangor's 150th Fund Raiser

A Tricky Tray and Bingo night fundraiser for Bangor's 150th is planned for the Bangor Elks starting at 3:00pm Saturday August 3. Bingo begins at 6:00pm, Tricky Tray tickets sold until 7:00pm. Kitchen opens at 4:30pm. More info call 610-588-6894.

August 6 Bangor National Night Out

Join Bangor Police Department and our Bangor Area Emergency Services departments for National Night Out! August 6 from 6-9. Wind Gap National Night Out

Wind Gap National Night Out

National Night Out Wind Gap starts Tuesday August 6 at 5pm conducted by Slate Belt Regional Police Department will be held in Wind Gap Park

August 6-9

Outdoor Explorers (Ages 6-8): Power of Water Session 1

Tuesday, August 6 to Friday, August 9 at 9:00am to 12:00pm

Water is essential for all life on earth. During this camp we will explore how water moves through systems and learn how wildlife and people

benefit. We'll discuss weather, historical water usage, water in habitats, and water conservation. Campers will even have an opportunity to build their own miniature waterwheel. So, WATER you waiting for? Let's explore! Please choose only one week of camp to sign up for. This camp begins on Tuesday, August 6th and ends on Friday, August 9th and will be from 9:00am - 12:00pm each day. There is a non-refundable \$25.00 registration fee for this camp. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

(Ages 9-12): Jacobsburg Survival Challenge Session

Tuesday, August 6 to Friday, August 9 at 9:00am to 12:00pm

Do you have what it takes to survive in the wilderness? Join us and learn how to prepare for the most common survival scenarios. There will be lots of fun activities including fire making, building shelters, and orienteering! Please choose only one week of camp to sign up for. This camp begins on Tuesday, August 6th and ends on Friday, August 9th and will be from 9:00am - 12:00pm each day. There is a non-refundable \$25.00 registration fee for this camp. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

August 10

Fairy & Folklore Festival

Bring the family out for a day filled with mystical and magical adventures 11:00am Saturday August 10 at the South Mall.

Come dressed in your best fairy or mystical creature costume for a chance to win a magical surprise. While you're there, hunt for fairies throughout the mall and be entered into a drawing for a surprise. Before you leave be sure to get your free keepsake photo at one of our enchanted photo stations.

Vendor registration is open! Cost is \$45 per space.

To register simply click the link below, text (272)-200-8163, or [email kstocker@blueflameevents.co](mailto:kstocker@blueflameevents.co).

August 13-16

Outdoor Explorers (Ages 6-8): Power of Water Session 2

Tuesday, August 13 to Friday, August 16 at 9:00am to 12:00pm

Water is essential for all life on earth. During this camp we will explore how water moves through systems and learn how wildlife and people benefit. We'll discuss weather, historical water usage, water in habitats, and water conservation. Campers will even have an opportunity to build their own miniature waterwheel. So, WATER you waiting for? Let's explore! Please choose only one week of camp to sign up for. This camp begins on Tuesday, August 13th and ends on Friday, August 16th and will be from 9:00am - 12:00pm each day. There is a non-refundable \$25.00 registration fee

for this camp.

(Ages 9-12): Jacobsburg Survival Challenge Session 2

Tuesday, August 13 to Friday, August 16 at 9:00am to 12:00pm

Do you have what it takes to survive in the wilderness? Join us and learn how to prepare for the most common survival scenarios. There will be lots of fun activities including fire making, building shelters, and orienteering! Please choose only one week of camp to sign up for. This camp begins on Tuesday, August 13th and ends on Friday, August 16th and will be from 9:00am - 12:00pm each day. There is a non-refundable \$25.00 registration fee for this camp. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

August 18

Sticks Reunion

The 24th Annual Sticks Reunion will held 3-7pm Sunday August 18 at the Mountain View Drag Strip 206 E. Mountain Road, Wind Gap.

See Muscle Cars, Street Rods, Antiques, Drag Cars, Motorcycles and enjoy Food, DJ Music, and door prizes.

Proceeds benefit Merit Awards for Career Institute of Technology, Slate Belt Junior Police Academy, Meals on Wheels and local food banks.

No alcoholic beverage and no pets.

More info: Wayne Bisher 610-703-4889 or Pro Zito 610-588-0521.

Stepmother 7

Victorian Days

Victorian Days will be held in Garret D Wall Park, Belvidere from 9:00am - 5:00pm September 7

September 10

Pen Argyl Women's Club Meeting

The next regular meeting will be held on September 10, 2024 at Weona Park, Pen Argyl, Pa. Details will be announced. Any woman interested in joining, please call 610-863-7371.

September 13-15

Pen Argyl Yard Sales

Pen Argyl will hold no-permit yard sales from September 13 through September 15

September 21

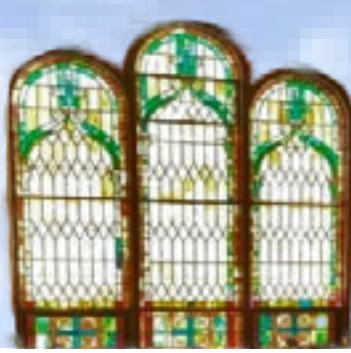
No Pumpkin Way

No Pumpkin Way! It's a Fall Festival & Tricky Tray!

Join us for the 2nd annual No Pumpkin Way, 10:00am Saturday September 21 It's a Fall Festival & Tricky Tray!

This family-friendly event will have a BIG Tricky Tray, a pumpkin throwing contest, delicious food, great music, FREE Fall digital photo, FREE

SLATE BELT CHURCH INFORMATION



Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor

www.christpcsb.org More info 610-588-4864.

E-mail: info@christpcsb.org.

Sunday Worship, 10:00 a.m. in-person/
Zoom/Facebook Live.



East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor

June 29 A.A Meeting 8pm

June 30- 9:30 a.m. Worship Service

Fellowship Follows Service

(For Zoom, go to ebumc.org to sign in)

Christ Evangelical Lutheran Church

703 South Delaware Drive

Mt. Bethel, 18343

<http://www.celcpa.org/>

Email: celcpaorg@yahoo.com

610-588-7056

Worship: Sundays 9:00 a.m.

Holy Communion: First and Third Sunday

Toddler Sunday School: Sept-May 10:15

Richmond United Methodist Church

Rev. Peter Jamieson, Pastor

<http://richmondumc.com/>

8538 Delaware Dr, Bangor, PA 18013

610.588.7317 | richmondumc@epix.net

Sunday Worship - Weekly at 10:00 a.m.

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064

www.gracebelfastpa.org 610-759-9080

Email: gracebelfast@rcn.com

First United Methodist Church of Bangor

Pastor Elisandra Garcia - 610-588-4673

55 North Third Street, Bangor PA

11:00am service (Communion First Sunday)

Free Community Lunch -

Cancelled Until Further Notice

Prince of Peace Ev. Lutheran Church

Rev. Michael J. Scholtes, 610-588-55

2445 Lake Minsi Dr, Bangor

popbangor.org

popcbangor@gmail.com

Sunday Worship 9:45 am (Weekly
Communion) Sunday School 8:30 am

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Pastor Ken Hess 610-588-4648

www.flicksvilleucc.com

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Church Office Hours:

Tuesday & Thursday 10 AM – 1 PM

Children & Adult Sunday School 9:30

Trinity Lutheran Church

404 Broadway Bangor (610-588-20)

telcbangor@frontier.com

Sunday worship 10:30am

Holy Communion: First and Third Sundays

Want To Promote Your Business ?



Contact: Slate Belt Town Topics - 570-688-3724 or sbtopics@rcn.com

Bangor Library - New Books

New Books : June 28

Adult Fiction

Red Sky Mourning by Jack Carr
The Glassmaker: A Novel by Tracy Chevalier
The Next Mrs. Parrish: A Novel by Liv Constantine
The Midnight Feast: A Novel by Lucy Foley
The Little French Bistro: A Novel by Nina George
King of Wrath by Ana Huang
Same as if Ever Was by Claire Lombardo
Lolita by Vladimir Vladimirovich Nabokov
Sandwich: A Novel by Catherine Newman
Middle of the Night: A Novel by Riley Sager
15 Summers Later by RaeAnne Thayne
The Royal Librarian by Daisy Wood
Familiaris by David Wroblewski

Adult Non Fiction

When the Sea Came Alive: An Oral History of D-Day by Garrett M. Graff
The War on Warriors: Behind the Betrayal of the Men Who Keep Us Free by Pete Hegseth
What This Comedian Said Will Shock You by Bill Maher
Crossing the Desert: The Power of Embracing Life's Difficult Journeys by Payam Zamani

Easy Fiction

Hannah and Sugar by Kate Berube
Who's That Knocking on Christmas Eve
? by Jan Brett
Count to 10 With a Mouse by Margaret Wise Brown
Summer: A Solstice Story by Kelsey Ebben Gross

Junior Fiction

Making Friends (4) Together Forever by Kristen Gudsruk

Junior Non Fiction

Solstice: Around the World on the Longest, Shortest Day by Jen Breach

Young Adult Fiction

ASAP by Axie Oh

Summer Fun With The Library

Our first Blue Mountain Community Library program will begin on Wednesday, June 12 at the Plainfield Township Municipal Pavilion.

This event is for children ages 4 – 9 and begins at 10:30 am rain or shine. The time to register is NOW. You may stop by the library or call 610 863 3029 – registration is required.

Additional dates are:

July 10 and 24 @ Wind Gap Borough Park

August 7 and 21 @ Weona Park

Readers Raffle

Attention patrons of all ages! Read and win a chance for a free pizza!

This summer, each time your library card is scanned you will earn a coupon and be entered into our Raffle!

Two lucky winners will be chosen on the following dates: Saturday, June 29, Wednesday July 31 and Thursday, August 29, 2024.

New Books at BMCL

Adult Fiction –

The Last Letter, Rebecca Yarros
The Mystery Guest, Nita Prose
Table for Two, Amor Towles
Adult Large Print-
Toxic Prey, John Sandford
The Museum of Lost Quilts, Jennifer Chiaverini

Adult Non-fiction –

Coming Home, Brittney Griner

Young Adult Non-fiction-

Paris Teens Travel Guide, Athur Jery
Brazil, Sandra Branco
Vermont, Charles Morrissey
North Carolina, Ben Fortson
History in Tennessee, James Jones
Creating Connecticut, Walter Woodward
Alabama, Edwin Bridges
Complete Guide on BMX, Petru Vantu

Juvenile Non-fiction-

The History of Juneteenth, Arlisha Norwood
The Book of Turtles, Sy Montgomery
Blue Ringed octopus, Rachel Rose
A Book About Eagles, Dawson Seashore
Explore the Animal World of Costa Rica, Francella Bogantes
Who is Kamala Harris ?, Kirsten Anderson
Misty Copeland, Lexi Ryals
Hip Hop History for Kids, A.D. Largie

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**SLATE BELT TOWN TOPICS
SBTOPS.WEEBLY.COM**

Cookbooks in the Book Nook

Do you like to cook or collect cookbooks? If so, stop into the Blue Mt. Community Library, located at 216 S. Robinson Ave. Pen Argyl and browse through the Book Nook.

Along with many adult and children's gently used books and puzzles, there is a large collection of cookbooks available to purchase. The library is open M-Sa, 10:00 am to Noon, and M & Th 6:00 to 8:00 pm.

Membership is not needed to purchase items in the Book Nook, but is free to all residents of the Pen Argyl Area School District. Nonresidents may join for a small yearly fee.

The library also has Pen Argyl yearbooks available to buy. Call 610-863-3029 or visit our Facebook page or website at www.bmcl.org for information about the library