

39th Annual National Night Out

August 2, 2022



5-8pm
Roseto Ballpark
Optimus Prime & Bumblebee
with
Roseto Helping Hands

Together promoting Awareness, Safety & Neighborhood Unity

Blue Valley Rescue
Columbia Fire Co #1
Defense Lady- Women's Safety
Elks Drug Awareness
Miss Julie Dance Studio
Roseto Police- Free Children's Photo ID
PA Representative Ann Flood
PA Senator Lisa Boscola

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Capitol ACE Hardware
Cascario Beer Distributors
Columbia Fire Co #1
Dinky's Ice Cream
Ginder's Greenhouse

Zito Automotive

Karasek Law Offices, LLC
Renna's Landscaping
Spectrum Signs
Vinnie's Pizza
Wei's Markets

Northampton County 4-H Plans Summer Activities



Northampton County 4-H Center Chicken Barbecue July 31

The Northampton County 4-H Center's Chicken BBQ starts serving at 12pm on Sunday July 31, 777 Bushkill Center Rd., Nazareth.

- Adult platters: ½ BBQ Chicken, baked potato, roll, pickled cabbage, or applesauce

- Child platters: Same as adult platters except ¼ BBQ chicken or just 1/2 chicken.

To pre-order call; 610-261-2219, leaving a message with order

August 4-H Events At Bangor Library

Saturday, August 6th @ 10:30am- Environmental Science

Wednesday, August 17th @ 1:30pm- Animals

4-H is the only youth organization based at land grant universities and often the first experience many young people have with higher education. Members will participate in different projects based on their interests, abilities, and the places where they live. 4-H projects are tools used to teach youth personal growth, development, appreciation of diversity, and life skills such as responsibility, sound decision making, initiative and appreciation.

This summer at the Bangor Public Library, 4-H will be bringing the learning experiences to you.

Youth will explore topics in animal science topics. Youth will set to meet live animals and get to make their own felted soaps to take home.

The second session will cover environmental science topics including hydroponics and run-off into streams. Youth will get to take home their own plant. Registration required.

Northampton County Fair

JULY 30-31, 2022

Let's all come out together to support Northampton County 4-H and the wonderful families that help make it so!

610-813-6613 ☎
777 Bushkill Center Rd, Nazareth PA 18064 📍



Advertise Your Event For Less in the Town Topics
Call/Text us at 570-688-3724 or email sbttopics@rcn.com

Slate Belt Town Topics

sbtopics@rcn.com

July 26 2022

www.sbtopics.com

Slate Belt Weather

Sunny 83 Today ... Mostly Sunny 85 Tuesday

National Weather Service Forecast

Today, Mostly sunny, with a high near 83. North wind around 5 mph becoming west in the afternoon.

Tonight, A slight chance of showers after 2am. Partly cloudy, with a low around 63. West wind around 5 mph becoming calm in the evening. Chance of precipitation is 20%.

Wednesday, A slight chance of showers before 9am, then a slight chance of showers after 3pm. Mostly sunny, with a high near 85. Calm wind becoming southwest around 5 mph in the afternoon. Chance of precipitation is 20%.

Wednesday Night, A slight chance of showers, then a chance of showers and thunderstorms after 9pm. Mostly cloudy, with a low around 69. Southwest wind around 5 mph. Chance of precipitation is 50%. New rainfall amounts of less than a tenth of an inch, except higher amounts possible in thunderstorms.

Thursday, A chance of showers and thunderstorms. Partly sunny, with a high near 88. West wind 5 to 10 mph. Chance of precipitation is 50%. New rainfall amounts of less than a tenth of an inch, except higher amounts possible in thunderstorms.

Thursday Night, A chance of showers and thunderstorms before midnight, then a slight chance of showers between midnight and 3am, then a slight chance of showers and thunderstorms after 3am. Mostly cloudy, with a low around 69. Chance of precipitation is 30%. New rainfall amounts of less than a tenth of an inch, except higher amounts possible in thunderstorms.

Air Quality: Moderate (50-100) Bethlehem (28) Columbia N.J. (40)

Pollen: 6.0 Medium (Top Allergen (s) Grasses, Plantain, Chenopods)

UV: Very High Risk Hours: 10-5. Peak 8.1 at 1:00 pm

.....Road Closure.....

- **Wind Gap - PA American Water** will be closing Upper & Lower Alpha Rd on Monday July 25 & Tuesday July 26 to replace old water mains.

Area Roadwork This Week

US 22 Between: 25th Street Interchange and Bethman Road Overpass Nighttime lane restrictions 07:00 PM To 06:00 AM for pavement rehabilitation work. Start date: 7/24/22 Est completion date: 7/30/22

PA 33 Between: US 22 and Monroe County Line. No restriction. Start date: 7/25/22 Est completion date: 7/28/22

Interstate 78 Between: Exit 67 (PA 412) and Exit 75 (To PA 611) Lane restriction 07:00 PM To 06:00 AM eastbound for concrete repair work. Expect delays. Start date: 7/25/22 Est completion date: 7/30/22

Interstate 78 West Between: Exit 75 (To PA 611) and Exit 60 (PA 309) No restriction for shoulder work. Start date: 7/25/22 Est completion date: 7/26/22

Interstate 78 East Between: Exit 60 (PA 309) and Exit 75 (To PA 611) Restriction: 09:00 AM To 02:00 PM. Shoulder work. Start date: 7/27/22 Est completion date: 7/28/22

Happening Soon

Tuesday July 26

Blue Mountain Library - 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

Washington Twp. Recreation - 7pm

Roseto Zoning - 7pm

Slate Belt YMCA - Open 6:00am - 8:00pm

UMBT Zoning - 7pm

Wednesday July 27

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30.

Blue Valley Farm Show

Washington Township Supervisors Meet - Municipal Building, 3:30pm.

Slate Belt YMCA - Open 6:00am - 8:00pm

Plainfield Zoning - 6:30pm

UMBT Open Space Advisory 7pm

Thursday July 28

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

Slate Belt YMCA - 6:00am - 8:00pm

Pen Argyl Council Workshop - 7pm

Plainfield Supervisors - 7pm

Plainfield Twp Fire Co. Bingo - 6:30pm

UMBT Development - 7pm

Slate Belt Weather

ICYMI

(Click Below to Read)

[July 25](#)

[July 19](#)

[July 24](#)

[July 18](#)

[July 23](#)

[July 17](#)

[July 22](#)

[July 16](#)

[July 21](#)

[July 15](#)

[July 20](#)

[July 14](#)

Recent Photo Galleries



Roseto Big Time



Jacktown Show



Bangor Park Family Luau



Slate Belt Y Basketball Clinic



PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

July 28

Weekly Weeders

Thursday, July 28 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding

mats. Registration is required at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

July 31

Wind Gap Concert

Wind Gap Park Concert 6:00pm -Steel Creek

4-H Chicken BBQ

The Northampton County 4-H Center's Chicken BBQ starts serving at 12pm on Sunday July 31, 777 Bushkill Center Rd., Nazareth.

- Adult platters: ½ BBQ Chicken, baked potato, roll, pickled cabbage, or applesauce
- Child platters: Same as adult platters except ¼ BBQ chicken or just 1/2 chicken.

To pre-order call; 610-261-2219, leaving a message with order

August 1

Weona Park Pals

The Weona Park Pool Pals will meet on Monday, August 1st at 7:00 at the town hall social room on Robinson Avenue. Upcoming fundraising activities will be discussed. The public is encouraged and welcome to attend. Join them in this exciting adventure to have a pool at Weona Park.

Aug 5,6,7

Roseto Yard Sales

The annual Roseto Borough yard sale will be held the first weekend of August. day, Saturday and Sunday August 5th, 6th and 7th. The Borough waives the normal fees for this weekend, so setup and sell your treasures.

August 6

Ice Cream Social at Christ Lutheran

Christ Evangelical Lutheran Church 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church) will hold an Ice Cream Social on Saturday, August 6th from 3pm to 7pm.

Tasty homemade, hand-churned ice cream and baked goods will be accompanied by hot dogs, hamburgers, sausage, chicken bar-b-cue and beverages. There will also be a bake sale and a ake walk. So come on down for dinner, dessert and a fun time. Enjoy a DJ spinning hits from the 60s, 70s & 80s. For information Chrissy at

610-588-0809.

Riding the Blue Dragon's Back

Interested in learning more about the connections between Columcille Megalith Park and the tiny Hebridean island of Iona, Scotland? Columcille's founders, Bill Cohea and Fred Lindkivist would often to refer to this connection, or spiritual bridge, as "The Blue Dragon" and they would talk about the continued physical and spiritual exploration of the two sacred places as "riding the Blue Dragon's back." You are invited to join us as former Columcille Board President, now resident of Scotland, Denise Crawn* leads us amongst the interwoven sites, trails, and tales. Come rain or shine! We will meet in the Stone Circle. Along with your curiosity, you may wish to bring water, bug repellent and wear appropriate shoes and clothes for the weather and walking amongst the wooded paths. Suggested Donation: \$10.00 per person No reservation needed.

Denise Crawn is an Interfaith minister, author, and workshop leader. Once upon a time ago, she was introduced to Columcille Megalith Park and eventually moved next door, became dear friends with its founders, and served as a member of its Board of Directors for a number of years. In 2003, inspired by Bill and Fred's stories, she began her Iona adventures returning as often as possible. In 2013 she met her husband Nick on a ferry on the way to Iona commencing their "Ferry Tale come true"! Together they now reside in Scotland, and lead annual pilgrimages to the Isle of Iona through Walking Awake, LLC.

August 7

Aonghus Oakley Ames Miller 4x4 Truck Show

The first Annual Aonghus Oakley Ames Miller 4x4 Truck Show to fund Blue Collar Scholarship in his memory is planned for the Blue Valley Farm Show 1:00 p.m. Sunday August 7. Tickets · \$10 - \$45 www.eventbrite.com/e/310620603587

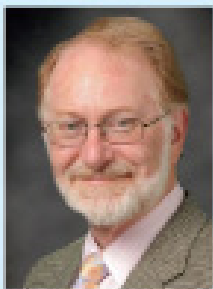
Fun! Trucks! Prizes! Food!

You can help pay it forward through the Blue Collar Scholarship!!! Check out www.aomfoundation.org/bluecollarscholarship for information!

Your Donation/ticket will enter you to win an hourly door prize and will be used as your vote for the Best in Show 4x 4 Truck!



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BUSINESS HOURS

Mon 8:00 AM - 7:00 PM • Tue - Wed 8:00 AM - 6:00 PM

Thurs 8:00 AM - 7:00 PM

Fri 8:00 AM - 5:00 PM • Sat 8:00 AM - 2:00 PM

Calendar 2

Your Truck Entry fee will get you a spot on the lot, a t-shirt and sticker with an opportunity to win one of three prize bundles!! Best in Show, Best 2014 and older, Best 2015 and newer!!!

Vendors will be on site, food, music! Come join us and have a good time and enjoy the 4 x 4's

Free Dinner

The East Bangor United Methodist Community Church welcomes you to a FREE "Chicken & Noodle Casserole" Dinner on Sunday, August 7th from 4:00-4:30 p.m. This is TAKE-OUT ONLY. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA Questions? call 610-588-4453 or visit www.ebumc.org.

Weona Park Concert

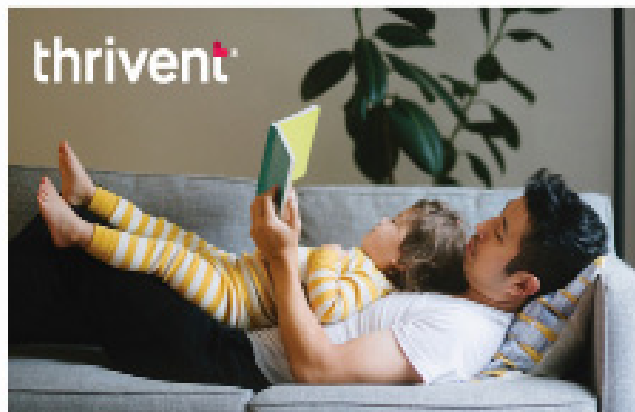
Moss Henry and the Bryophytes 6-8pm.

The Lenape' of the Slate Belt and Cold Air Cave

August 11

Cold Air Cave

The Slate Belt Heritage Center will hold their monthly historic program on Thursday, August



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11th @ 7:00 PM. Speaker for the evening will be Perry Morris, local historian.

Mr. Morris will present "The Lenape of the Slate Belt and Cold Air Cave" and will be explaining why the Cold Air Cave, which is located above Portland, on route 611, was sacred to the Lenape and the tourism it still attracts today. He will also portray the Lenape way of life, along with artifacts, the foods they ate and how they found their way through the forests and fields of the Slate Belt. The event is free and open to the public. The Heritage Center is located at 30 North 1st Street, Bangor, Pa. For additional information please contact: Karen Brewer @ 484-894-5661

August 12

Basketball Golf Scramble

The Pen Argyl Girls Basketball Golf Scramble Riverview Country Club, 1 Riverview Drive, Easton, PA 18040 will be held Friday, August 12, 2022; 8:15 am check-in, 9:00 am shot-gun start, 1:30 pm- lunch.

Registration: <https://tinyurl.com/mn6yn2fw>

\$100 Per Player/ \$400 Per Team

Includes:: Golf, Lunch, Putting, Long Drive and Pot of Gold Contests and Prizes

Registration Payable to: Todd Oessenick, Pen Argyl Girls' Basketball, 205 N. Broadway Wind Gap, PA 18091

Contact: Todd Oessenick- tcoslo@epix.net 610-390-6271 Brion Morro- brionmorro@gmail.com

August 14

Wind Gap Concert

Wind Gap Park Concert 6:00pm - Inch and the Echoes

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610 - 863 - 6100



CHEVROLET

Calendar 3

August 15-20

Summer Book Sale

The Friends of the Bangor Public Library will hold their Summer Book Sale at the Blue Valley Farm Show the week of August 16th-20th. The sale will be held in the large "Gray Display Barn" on the upper grounds of the fair on the following days:

Tuesday-Friday (15th-19th): 5:00 PM-10:00 PM
Saturday (20th): Noon-9:00 PM (\$5.00 Bag Day).

Over 1000 like new and gently used books, in all genres will be available for adults, teens and children. Fiction will be sorted according to author and non-fiction according to subject matter. If you are interested in helping and for additional information contact: Karen Brewer @ 484-894-5661.

August 20-21

WTVFC Semi-Annual Kids Mart

The Washington Twp Fire co. will hold their semi-annual Kids Mart from 9am-3pm at the fire co.

If you are you tired of paying too much for kids clothing that only fit for 1 season? This will be your ONE STOP SHOP for everything you need for your kiddos! Just in time for back to school shopping. Stock up on gently used items for kids and teens. There will be baby, kids and teens clothing. Along with shoes, baby gear, bedding, bedroom decor and furnishings, toys, outdoor play equipment, books, games, DVDs, sporting goods, strollers, carseats, bassinets and more

This is a great sale to stock up for new parents, foster parents, grandparents, teachers and early childhood educators.

\$2 per person entry fee

Interested in selling? Outdoor, covered pavillion, and indoor spaces now available to rent. Don't want to haul your own tables? We will also have tables to rent for your convenience! You set your prices, you keep all of your profit from your sales!

For more information on selling, contact Jenna. Email-fire38kidsmart@hotmail.com

Phone - 570-656-2701

Come out and help make this a big event for your local volunteer fire department!

All proceeds benefit Washington Township Volunteer Fire Co.

August 20

5K Race

The Blue Valley Farm Show 5k will be held August 20 at 9:30am. Registration entry fee \$12. Registration details unavailable.

August 21

Weona Park Concert

Desire 6-8pm.

August 27

Delaware Riverfest - Vendors,

Food & More

Enjoy the day along the Delaware River shopping with vendors, delicious food, drinks, music, and more!

August 27, 2022 from 10AM to 3PM, 422 Delaware Avenue Portland, PA 18351

For vendor opportunities email blueflameevents@yahoo.com

Registration cost is \$30 Per 10 x 10 space

August 28

Wind Gap Concert

Wind Gap Park Concert 6:00pm - Joey and the T-Birds

Stackhouse Car Show

A car show in memory of Tommy Stackhouse will be held Sunday August 28th from 9am to 3pm at the Blue Valley Show Complex 707 American Bangor Road.

Auto Show - Craft Vendors — Auto Parts Swap meet — Food — Games — K9 Demonstration — Free Admission — Live Entertainment - Something for EVERYONE !

Tuner Cars — Hot Rods Trucks — Vans — Motorcycles — Antiques • Big Rigs — 4X4

Monster Trucks - Aircraft— utility Trucks - Police, Fire and Rescue apparatus on display— Kids Power wheels show - This event is open to anything with a motor.

Craft Show and meet Vendors Wanted!!

For Information call or Text Bob @ 484-239-5294

September 10

Roseto Flea Market

Come join us the Roseto Helping Hands Vendor and Flea Market Event September 10, 2022 from 9:00 a.m. to 4:00 p.m. at the Roseto Ball Park located at the corner of McKinley and Denisco Roads in Roseto. Food will be available for purchase!

If you wish to be a Vendor, please contact Darlene Dunbar via text at 908-619-7643 or email at darlendunbar@entermail.net.

Sept 11,12

Revolutionary War Weekend

Jacobsburg Revolutionary War Weekend September 10,11 10am - 3pm

September 16

Trapping

Pennsylvania Trappers Association District 10 Trappers Convention: September 16, 2022 12-6pm, and September 17, 2022 8am-6pm. West End Fairgrounds 570 Fairgrounds Rd. Gilbert, PA. Free admission. There will be something for every sportsman at this convention. Tailgaters welcome. Contact Bob Counterman 610-759-9203

Sept 17-19, 2022

Hot Air Balloon Festival

2022 Lancaster Hot Air Balloon Festival Sep 17, 2022 At 6 Pm – Sep 19, 2022 At 9

The Lancaster Balloon Festival is a one-of-a-kind event in Lancaster County, Pennsylvania. Hosted in the village of Bird-in-Hand, PA the festival features the mass launch of dozens of big, beautiful balloon, family entertainment, fire works, delicious food, Amish goods, and even buggy rides!

September 18

MDPH Open Show

An MDPH Oipen Show is scheduled for 9:00 a.m. Sunday, September 18 at 2557 Ackermanville Rd, Bangor,

September 23-25

Celtic Classic 35th Anniversary

The Celtic Cultural Alliance has announced its music line-up for the 35th annual celebration of the Celtic Classic Highland Games and Festival, which will take place on September 23-25, 2022, in downtown Bethlehem.

"We are excited this year that many of our crowd favorites are returning, like Gerry Timlin, The Steel City Rovers and Low Lily. "Being an anniversary year, we tried to cover all the Celtic genres from trad to Celtic rock" explained Jayne Ann Recker, Executive Director. Across the Pond, Dave North Trio and The McKrells will



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Slate Belt Church Information



Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor

www.christpcs.org

More info 610-588-4864.

E-mail: info@christpcs.org.

Sunday Worship, 10:00 a.m. (Until 9/11)

in-person/Zoom/Facebook Live.

For more info: 610-588-4864.

Flicksville UCC

1337 Lower South Main St., Bangor

Pastor Ken Hess 610-588-4648

www.flicksvilleucc.com

Summer Worship at 10 AM
following social distancing guidelines

Trinity Lutheran Church

404 Broadway Bangor (610-588-2023)

telcbangor@frontier.com

Website: www.tlcbangor.com

Sunday worship 9:00 a.m.

Holy Communion: First and Third Sundays

Refreshments after. Masks optional.

East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor

Sat. July 23- 8pm AA Meeting

Sun July 24-9:30 a.m. Worship Service

(Live & on Zoom) 10:45 Fellowship Hour

(For Zoom, go to ebumc.org to sign in)

First United Methodist Church of Bangor

Pastor Elisandra Garcia - 610-588-4673

55 North Third Street, Bangor PA

11:00am service (Communion First Sunday)

Christ Evangelical Lutheran Church

703 South Delaware Drive Mt. Bethel, 18343

<http://www.celepa.org/>

Email: celepaorg@yahoo.com

610-588-7056

Worship: Sundays 9:00 a.m.

Holy Communion: First and Third Sunday

Toddler Sunday School: Sept-May 10:15

Richmond United Methodist Church

Rev. Peter Jamieson, Pastor

<http://richmondumc.com/>

8538 Delaware Dr, Bangor, PA 18013

610.588.7317 | richmondumc@epix.net

Sunday Worship - Weekly at 10:00 a.m.

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064

www.gracebelfastpa.org 610-759-9080

Email: gracebelfast@rcn.com

July 14- 9:00 a.m. -7th Sunday after

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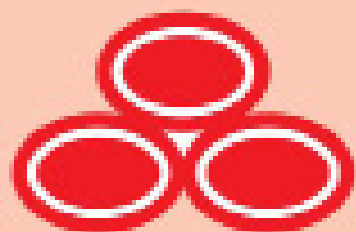
E-Mail: dukessports@fastnet



Church Worship Times And Schedules Are Public Service Announcements Published Free of Charge by The Slate Belt Town Topics

E-Mail Information to

sbtopics@rcn.com



State Farm

Debbie Pettinari Agency

106 S. Broadway, Wind Gap, PA

610-881-4433

www.debbieinsurespa.com

debbie.pettinari.wz73@statefarm.com



Deadline Extended for 2021 Property Tax/Rent Rebate Program

The deadline for senior citizens and Pennsylvanians with disabilities to apply for rebates on rent and property taxes paid in 2021 has been extended to Dec. 31.

The Property Tax/Rent Rebate Program benefits eligible Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with disabilities age 18 and older. The income limit is \$35,000 annually for homeowners and \$15,000 annually for renters, and half of Social Security income is excluded.

The maximum standard rebate for homeowners is \$650, but supplemental rebates for certain qualifying homeowners can boost rebates to \$975. The Department of Revenue automatically calculates supplemental rebates for qualifying homeowners.

Claimants are encouraged to file their rebate applications online by visiting mypath.pa.gov. No account is required. Applicants who still wish to file a paper application form may obtain Property Tax/Rent Rebate claim forms (PA-1000) and related information on the Department of Revenue's website or by calling 1-888-222-9190.

Rebates will be distributed beginning July 1, as required by law. The easiest way to check the status of your rebate after July 1 is to use the Where's My Rebate? tool. To check on the status of your claim, you will need your Social Security number, claim year and date of birth

#BeatTheHeat tips



- drink plenty of water
- stay cool indoors
- use sunscreen of SPF 15 or higher
- limit outdoor activity
- avoid alcohol & caffeine
- wear light-colored, loose clothing
- check on older family & friends
- never leave kids, older adults or pets in unattended vehicles



Maternal Mental Health Hotline

CALL OR TEXT
1-833-9-HELP4MOMS
(1-833-943-5746)

HHS.gov

Heat Exhaustion

- Dizziness
- Nausea
- Weakness



Heat Stroke

- Confusion
- Throbbing headache
- Unconsciousness



Drink water, move to cooler, air-conditioned, or shaded space

CALL 911, loosen or dampen clothing, use cool compress on forehead and neck

CS 330323-0

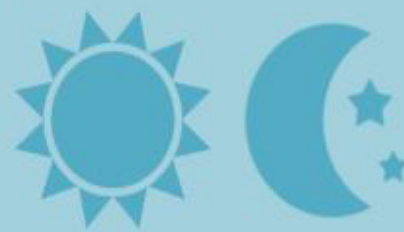
10 Early Signs and Symptoms of Alzheimer's

1. Memory loss that disrupts daily life
2. Challenges in planning or solving problems
3. Difficulty completing familiar tasks
4. Confusion with time or place
5. Trouble understanding visual images and spatial relationships
6. New problems with words in speaking or writing
7. Misplacing things and losing the ability to retrace steps
8. Decreased or poor judgment
9. Withdrawal from work or social activities
10. Changes in mood and personality



content credit: Alzheimer's Association

PREVENT MOSQUITO-SPREAD DISEASE: AVOID MOSQUITO BITES



AVOID BITES AT
DAWN & DUSK



USE FDA-REGISTERED
INSECT REPELLENT



WEAR LONG SLEEVES
& LONG PANTS



REMOVE STANDING
WATER AROUND HOME

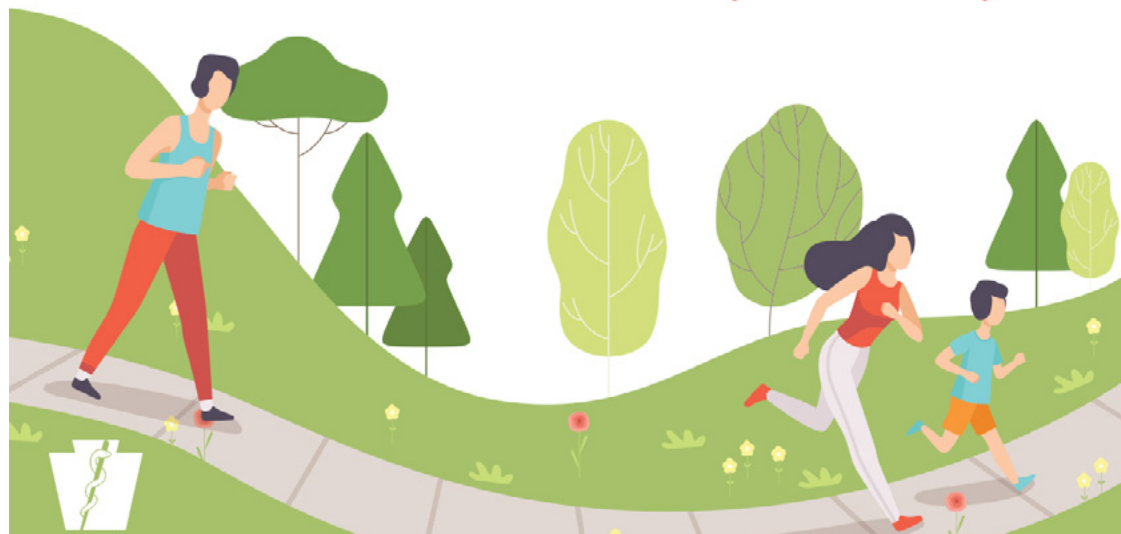




Tumble dry clothes on high heat for 10 minutes to kill ticks on dry clothing.



Make exercise a family activity!



FOOD SAFETY TIPS

- **WASH** your hands with soap and water before preparing food.
- **SEPARATE** raw meats from other foods.
- **CLEAN** fruits and vegetables to remove dirt.
- **CHECK** internal temperature with a food thermometer.
- **REFRIGERATE** leftover foods promptly.



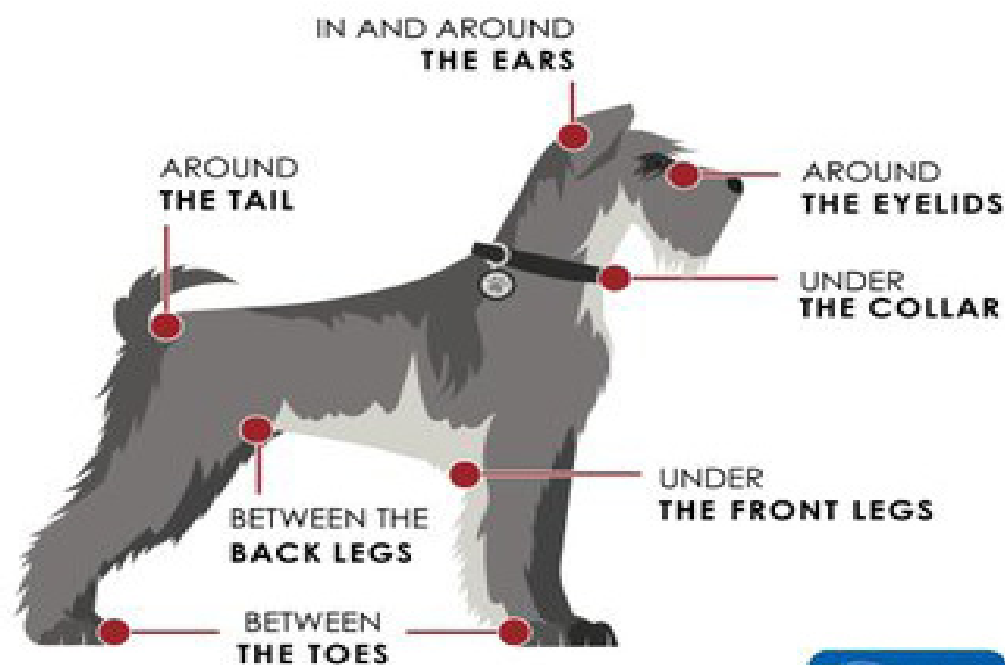
Spending **2 hours a week in nature** is associated with good health and wellbeing!

Aim for 60 minutes
of physical activity
EVERY DAY!

**NEVER LEAVE CHILDREN,
OLDER ADULTS OR PETS
IN A PARKED VEHICLE**



WHERE TO CHECK YOUR PET FOR TICKS



DRINK WATER
before you're
thirsty to avoid
heat-related illness!



DID YOU KNOW

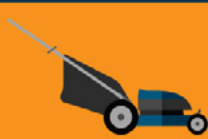
you can lose some of your hearing after a few minutes around these noises?



Centers for Disease Control and Prevention
National Center for Environmental Health



Ambulance Sirens
110-129 dB



Lawn Mowers
80-100 dB

Fireworks
140-160 dB



Always protect your hearing. Wear hearing protection such as earplugs or earmuffs.

Ways to Help NATIVE BEES



- Plant native trees. Trees provide a large nectar source from their blossoms and habitat for some bees.
- Plant native plants that bloom during the spring, summer, and fall to provide a continuous food source.
- Avoid using herbicides, pesticides, and insecticides. Find organic ways to garden and remove pests.
- Provide water and habitat such as bare soil in your garden for ground-nesting bees, leave plant stems standing in winter, dead trees or fallen logs, or bee nesting houses.
- Participate in citizen science opportunities to help count bees like the Bumble Bee Watch, Great Sunflower Project, and more.
- Spread the word! Let others know how they can help.



Tips for planting a POLLINATOR GARDEN

- Choose native plants which provide nutritional value for pollinators and require less maintenance
- Choose native plants that bloom at different times (early spring – late fall), providing food all season
- Choose plants with flowers of different sizes, shapes, and colors for the diversity of pollinators
- Plant at least 3 or more of one kind of plant together to provide larger drifts of color to attract pollinators
- Form a weed barrier by planting natives closer together instead of using mulch or landscape fabric
- Save garden clean up until spring! Pollinators overwinter in different life stages



Mountain Laurel

Pennsylvania State Flower Facts



Chosen as state flower in 1933 by Governor Gifford Pinchot



Shrub that grows 4 to 10 feet high and blooms late May through June



Not an easy to grow landscaping plant, has particular soil needs



All parts of shrub are toxic to people and animals

Host plant for the Laurel Sphinx Moth



Attracts butterflies, hummingbirds, and other pollinators



Considered one of the most beautiful native flowering shrubs



Provides shelter for birds and small mammals in winter



Ways to Help Eastern MONARCHS



- Plant native nectar plants that bloom in the spring, summer, and fall in a sunny area.
- Plant the caterpillar host plant milkweed (butterfly weed *Asclepias tuberosa*, common milkweed *Asclepias syriaca*, swamp milkweed *Asclepias incarnata*).
- Avoid using herbicides and pesticides. Find organic ways to garden.
- Enhance monarch habitat by providing water and a place to shelter with dense patches of wildflowers and shrubs.
- Participate in citizen science opportunities where you can help track monarch sightings in spring and fall.
- Spread the word! Let others know how they can help.



Slate Belt Town Topics



Fall Sports



2022



Fall Sports Schedules 2022 (Preliminary Schedules)

Bangor Football (0-0)

8/26	Palisades @ Bangor	7:00pm
9/2	Jim Thorpe @ Bangor	7:00pm
9/9	Bangor @ S. Lehigh	7:00pm
9/16	Bangor @ Saucon Valley	7:00pm
9/23	Wilson @ Bangor	7:00pm
9/30	Bangor @ Pottsville	7:00pm
10/7	Lehigh @ Bangor	7:00pm
10/14	Bangor @ Northwestern	7:00pm
10/21	Blue Mountain @ Bangor	7:00pm
10/28	Bangor @ Pen Argyl	1:30pm

Bangor Field Hockey (0-0)

8/29	Wilson @ Bangor	4:00pm
8/31	Palisades @ Bangor	4:00pm
9/3	Bangor @ Saucon Valley	10:00am
9/7	Moravian @ Bangor	4:00pm
9/9	Bangor @ N. Lehigh	3:45pm
9/10	ESS (Youth Day)	10:00 am
9/12	Palmerton @ Bangor	4:00pm
9/14	Bangor @ Pen Argyl	4:00pm
9/20	Bangor @ Wilson	4:00pm
9/22	Salisbury @ Bangor	4:00pm
9/23	Bangor @ S. Lehigh	4:00pm
9/26	Bangor @ Lehigh	4:00pm
9/28	Bangor @ Moravian	4:00pm
10/1	Bangor @ Catasauqua	2:00pm
10/4	Northwestern @ Bangor	4:00pm
10/6	Pen Argyl @ Bangor (Srs)	4:00pm
10/8	Northampton @ Bangor	10:00am

Pen Argyl Football (0-0)

8/27	Pen Argyl @ Wilson	2:30pm
9/2	Pen Argyl @ Mahanoy	7:00pm
9/9	N. Lehigh @ Pen Argyl	1:30pm
9/16	Pen Argyl @ Northwestern	7:00pm
9/23	Catasauqua @ Pen Argyl	1:30pm
9/30	Minersville @ Pen Argyl	1:30pm
10/7	Pen Argyl @ Palisades	7:00pm
10/14	Pen Argyl @ Schuylkill Haven	7:00pm
10/21	Pen Argyl @ Panther Valley	7:00pm
10/28	Bangor @ Pen Argyl	1:30pm

Pen Argyl Girls Soccer (0-0)

8/30	Pen Argyl @ Wilson	4:00pm
9/1	Northwestern @ Pen Argyl	4:00pm
9/6	Pen Argyl @ Catasauqua	4:00pm
9/8	NDGP @ Pen Argyl	4:00pm
9/13	Pen Argyl @ ESN	4:00pm
9/15	Pen Argyl @ N. Lehigh	4:00pm
9/17	Palisades @ Pen Argyl	10:00am
9/19	Pen Argyl @ Salisbury	7:00pm
9/21	Moravian @ Pen Argyl	4:00pm
9/27	Pen Argyl @ S. Lehigh	4:00pm
9/29	Saucon Valley @ Pen Argyl	4:00pm
10/3	Pen Argyl @ Palmerton	4:00pm
10/5	Bangor @ Pen Argyl	4:00pm
10/8	Lehigh @ Pen Argyl	10:00am
10/14	Pen Argyl @ NDES	4:00pm

Pen Argyl Field Hockey (0-0)

8/29	Moravian @ Pen Argyl	4:00pm
8/31	Pen Argyl @ Palmerton	4:00pm
9/3	Pen Argyl @ Palisades	10:00am
9/7	Pen Argyl @ Wilson	4:00pm
9/10	Saucon Valley @ Pen Argyl	10:00am
9/12	N. Lehigh @ Pen Argyl	4:00pm
9/14	Bangor @ Pen Argyl	4:00pm
9/17	Lehigh @ Pen Argyl	10:00am
9/20	Pen Argyl @ Moravian	4:00pm
9/22	Pen Argyl @ Northwestern	6:15pm
9/24	Pen Argyl @ Salisbury	1:30pm
9/26	Pen Argyl @ ESS	4:00pm
9/28	Wilson @ Pen Argyl	4:00pm
10/1	S. Lehigh @ Pen Argyl	2:00pm
10/4	Catasauqua @ Pen Argyl	4:00pm
10/6	Pen Argyl @ Bangor	4:00pm

Bangor (0-0) PA (0-0) Boys CC

9/7	Wilson, Southern Lehigh, Salisbury, Pen Argyl, Catasauqua @ Bangor	4:00pm
9/13	Saucon Valley, Pen Argyl, Palisades, Notre Dame G.P., Moravian Academy, Bangor @ Wilson	4:00pm
9/20	Wilson, Palmerton, Northwestern, Northern Lehigh, Bangor @ Pen Argyl	4:00pm
9/27	Wilson, Southern Lehigh, Pen Argyl, Catasauqua, Bangor @ Salisbury	4:30pm
Tue 10/4	Wilson, Saucon Valley, Pen Argyl, Notre Dame G.P., Moravian Academy, Bangor @ Palisades	4:00pm
10/11	Wilson, Pen Argyl, Palmerton, Northwestern, Bangor @ Northern Lehigh	4:00pm

Bangor (0-0) PA (0-0) Girls CC

9/7	Wilson, Southern Lehigh, Salisbury, Pen Argyl, Catasauqua @ Bangor	4:00pm
9/13	Saucon Valley, Pen Argyl, Palisades, Notre Dame G.P., Moravian Academy, Bangor @ Wilson	4:00pm
9/20	Wilson, Palmerton, Northwestern, Northern Lehigh, Bangor @ Pen Argyl	4:00pm
9/27	Wilson, Southern Lehigh, Pen Argyl, Catasauqua, Bangor @ Salisbury	4:30pm
Tue 10/4	Wilson, Saucon Valley, Pen Argyl, Notre Dame G.P., Moravian Academy, Bangor @ Palisades	4:00pm
10/11	Wilson, Pen Argyl, Palmerton, Northwestern, Bangor @ Northern Lehigh	4:00pm



Pen Argyl Girls Tennis (0-0)

8/22	Moravian A @ Pen Argyl	4:00pm
8/24	Pen Argyl @ Bangor	4:00pm
8/29	Wilson @ Pen Argyl	4:00pm
8/31	Pen Argyl @ NDGP.	4:00pm
9/1	Palisades @ Pen Argyl	4:00pm
9/6	Pen Argyl @ Saucon Valley	4:00pm
9/8	Pen Argyl @ Salisbury	4:00pm
9/14	S. Lehigh @ Pen Argyl	4:00pm
9/17	Jim Thorpe @ Pen Argyl	4:00pm
9/21	NDGP @ Pen Argyl	4:00pm
9/26	Pen Argyl @ Palisades	4:00pm

Pen Argyl Golf (0-0)

8/11	Pen Argyl @ Palmerton	2:45pm
8/15	Moravian @ Pen Argyl	2:45pm
8/16	Pen Argyl @ Northwestern	10:00am
8/18	Bangor @ Pen Argyl	2:45pm
8/22	S. Lehigh @ Pen Argyl	2:45pm
8/23	Pen Argyl @ Wilson	2:45pm
8/24	Pen Argyl @ Saucon Valley	2:45pm
8/29	Salisbury @ Pen Argyl	2:45pm
8/30	Pen Argyl @ NDGP	2:45pm
9/1	Palmerton @ Pen Argyl	2:45pm
9/6	Pen Argyl @ Moravian	2:45pm
9/8	Northwestern @ Pen Argyl	2:45pm
9/12	Pen Argyl @ Bangor	2:45pm
9/14	Pen Argyl @ Stroudsburg	2:00pm
9/15	Pen Argyl @ NDES	2:30pm

Bangor Girls Tennis (0-0)

8/23	Bangor @ Salisbury	4:00pm
8/24	Pen Argyl @ Bangor	4:00pm
8/31	S. Lehigh @ Bangor	4:00pm
9/1	NDGP. @ Bangor	4:00pm
9/6	Bangor @ Moravian	4:00pm
9/8	Saucon Valley @ Bangor	4:00pm
9/9	Bangor @ Stroudsburg	3:30pm
9/10	Bangor @ Jim Thorpe	11:00am
9/12	Bangor @ Wilson	4:00pm
9/13	Pottsville @ Bangor	4:00pm
9/14	Bangor @ Palisades	4:00pm
9/17	Bangor @ Pleasant Valley	10:00am
9/19	Bangor @ Saucon Valley	4:00pm
9/21	Wilson @ Bangor	4:00pm
9/23	Northampton @ Bangor	3:30pm
9/26	Bangor @ NDES	4:00pm

Pen Argyl Boys Soccer (0-0)

8/30	Wilson @ Pen Argyl	4:00pm
9/1	Pen Argyl @ Northwestern	6:30pm
9/6	Catasauqua @ Pen Argyl	4:00pm
9/8	Pen Argyl @ NDGP.	4:00pm
9/15	N. Lehigh @ Pen Argyl	4:00pm
9/17	Pen Argyl @ Palisades	10:00am
9/19	Salisbury @ Pen Argyl	4:00pm
9/21	Pen Argyl @ Moravian	4:00pm
9/27	S. Lehigh @ Pen Argyl	4:00pm
9/29	Pen Argyl @ Saucon Valley	4:00pm
10/3	Palmerton @ Pen Argyl	4:00pm
10/5	Pen Argyl @ Bangor	4:00pm
10/8	Pen Argyl @ Jim Thorpe	10:00am
10/14	NDES @ Pen Argyl	4:00pm

Bangor Boys Soccer (0-0)

8/30	Bangor @ N. Lehigh	3:45pm
9/1	Palisades @ Bangor	4:00pm
9/6	Bangor @ Salisbury	4:00pm
9/8	Moravian @ Bangor	4:00pm
9/13	Bangor @ S. Lehigh	4:00pm
9/15	Saucon Valley @ Bangor	4:00pm
9/17	Bangor @ Palmerton	10:00am
9/21	Wilson @ Bangor	4:00pm
9/27	Bangor @ Northwestern	6:30pm
9/29	Catasauqua @ Bangor	4:00pm
9/30	ESS @ Bangor	4:00pm
10/1	Weatherly @ Bangor	1:00pm
10/3	Bangor @ NDGP.	4:00pm
10/5	Pen Argyl @ Bangor	4:00pm
10/8	Bangor @ Northampton	10:00am

Bangor Golf (0-0)

8/11	Bangor @ Moravian	2:45pm
8/12	ESS @ Bangor	11:00am
8/15	Northwestern @ Bangor	2:45pm
8/16	Saucon Valley @ Bangor	2:45pm
8/18	Bangor @ Pen Argyl	2:45pm
8/22	Palmerton @ Bangor	2:45pm
8/23	Salisbury @ Bangor	10:00am
8/25	Bangor @ NDGP	2:45pm
8/29	S. Lehigh @ Bangor	2:45pm
8/30	Bangor @ Palmerton	2:45pm
9/1	Moravian @ Bangor	2:45pm
9/6	Bangor @ Northwestern	2:45pm
9/8	Bangor @ Wilson	2:45pm
9/12	Pen Argyl @ Bangor	2:45pm

Bangor Girls Soccer (0-0)

8/30	Northern Lehigh @ Bangor	4:00pm
9/1	Bangor @ Palisades	4:00pm
9/6	Salisbury @ Bangor	4:00pm
9/8	Bangor @ Moravian	4:00pm
9/12	Pleasant Valley @ Bangor	4:00pm
9/13	Southern Lehigh @ Bangor	4:00pm
9/15	Bangor @ Saucon Valley	4:00pm
9/17	Palmerton @ Bangor	10:00am
9/21	Bangor @ Wilson	4:00pm
9/27	Northwestern @ Bangor	4:00pm
9/29	Bangor @ Catasauqua	4:00pm
10/1	Liberty @ Bangor	10:00am
10/3	Notre Dame G.P. @ Bangor	4:00pm
10/5	Bangor @ Pen Argyl	4:00pm
10/7	Stroudsburg @ Bangor	4:00pm
10/8	Northampton @ Bangor	10:00am

