Terminan Topics News Today - <u>NOT</u> Next Week	Covid 19 Stats2Road Work3,4Happenings
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Evidence for Masks Was Weak But All Has Changed

by German Lopez@vox.com

Over the past couple of months, the world has received more evidence that face masks really can play a crucial role in the fight against the Covid-19 pandemic.

It's a significant shift from earlier this year, when the evidence for mask-wearing was so weak that government authorities and public

health experts publicly cast



to

doubts on face coverings as a preventive measure against the coronavirus. Worried about the low supply of masks for health care workers, Surgeon General Jerome Adams, among others, said the public should "STOP BUYING MASKS!"

That changed when the Centers for Disease Control and Prevention finally recommended in April that the general public use masks, particularly in places where social distancing is hard

social distancing is hard to achieve. Government officials and experts cited a "precautionary principle," arguing that an unproven benefit was worth it since the potential harms and costs of mask-wearing are so low.

See MASKS page 4

State Grants Over \$2.1 Million for Cleaner Fuel Vehicles

Harrisburg, PA – The Wolf Administration today awarded more than \$2.1 million in 2019 Alternative Fuel Incentive Grants (AFIGs)

18 cleaner fuel vehicle projects statewide that will help improve air quality and public health and reduce greenhouse gas emissions to address climate change.

"We're committed to helping Pennsylvanians breathe cleaner air at school, in their neighborhoods, and at their workplaces and to reducing climate change by putting more cleaner fuel vehicles in use around the state," said Department of Environmental Protection (DEP) Secretary Patrick McDonnell.

Eighteen vehicle replacement projects, located in 13 counties, will put 82 cleaner fuel vehicles in use. They're expected to reduce annual greenhouse gas emissions by an estimated 1,349 metric tons per year.

The AFIG Program supports replacement of older gasoline- or diesel-fueled vehicles with cleaner fuel vehicles and fueling stations for these vehicles to

See CLEANER page 2

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EXPERIENCE ... EXCELLENCE





Ending Addiction Stigma

Pennsylvania, through its Department of Drug and Alcohol Programs (DDAP), will be one of three founding partners and the first state partner with Shatterproof in supporting the nonprofit's national strategy to end addiction stigma across



the

include country. Other founding partners

The Hartford and the Brian Mendell Memorial Foundation.

"The Movement to End Addiction Stigma, "identifies nine commonly cited drivers of the opioid epidemic, seven of which are either partially or entirely driven by stigma. Also, the strategy addresses four key areas of stigma, including public stigma, structural stigma, selfstigma and stigma against medications for treatment.

"For decades stigma has cast a shadow over people battling substance use disorder and their families," said DDAP Secretary Jen Smith. "So much so, that people don't enter treatment for their disease for fear of public perception. That must change. "

Pennsylvania is the first state to participate in the strategic plan and will be focusing on ending public stigma.

The commonwealth's slated project is a partnership between DDAP, Penn State University's Douglas W. Pollock Center for Addiction Outreach and Research and The Public Goods Project set to launch in September 2020.

CLEANER continued from page one

reduce emissions of harmful pollutants. Electric, ethanol, biodiesel, compressed natural gas (CNG), liquefied propane gas, and other cleaner fuels are supported. Local governments, schools, businesses, and organizations may apply for grants. DEP administers the AFIG Program under the Pennsylvania Alternative Fuels Incentive Act of 2004.

The 2019 AFIG recipients are as follows: Lehigh University: \$15,000 for 2 vehicles.

NEW VIRUS CASE REPORT - JULY 2	22
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LOCATION	TOTAL CASES	NEW CASES
State	103,396	631
Northampton	3,669	15
Monroe	1,534	4
Lehigh	4,600	15



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Big Time at Columbia

Columbia Fire Co. will be open for a drive up service (if you live close they will also take walk up orders), Thursday through Saturday July 23,24,25.

They will be serving their famous Sausage and Pepper sandwiches, Cheesesteaks, and Chicken Cheesesteaks, all sandwiches will be \$6, cash only. Serving begins at 5 PM.

North Bangor Fire Co. make fresh cut french fries. Blue Valley Rescue squad will be serving hot dogs and ice cream.

Enter the drive up heading north on Garibaldi and they will be set up in front of their engine bays.

Big Time Queen Coronation

The crowning of both Our Lady of Mt. Carmel and the 2020 Big Time Queen, Isabella Goffredo will take place on Sunday, July 26th at 3pm at the church plaza. The traditional Procession follows. Those coming to witness the crowning and procession, please be cautious with distancing and always wear a mask, for your own safety and the other person besides, in front and at the back of you. Please don't be complacent.

Tenant Assistance for Eviction

If you need tenant assistance to stop eviction in Northampton County, call 610-438-1763 or email Ziana Keith, zkeith@thirdstreetalliance.org

Also, you can Call 211 to be connected to the Northampton County C-MED program seeking rental assistance, especially residents who are 14 days or less away from losing their residence and have either a Notice to Quit or a Lockout Order/Notice

Ongoing Traffic Alerts

- Delabole Rd closed from American Bangor Road to Molasses Rd for Bridge repair .
- **Roadwork on Belvidere Road both directions** 0 miles West of DePues Ferry Road, PPL. Lane restriction.
- **Roadwork on I-78 westbound** between Mile Post: 60.5 and Mile Post: 60.0. There is a lane restriction.
- Roadwork on I-78 westbound between .5 miles west of Exit 45: PA 863 and .7 miles west of Exit 35: PA 143 traffic disruption.
- US 22 between PA 191 and 25th Street Weekend restrictions Friday nights 9 PM thru Monday mornings at 6 am. Weeknight lane restrictions 9pm to 6am. (West bound first then East Bound)
- Jacobsburg Road Between: State Park Road and Belfast Road Restriction: Closed and detoured for bridge repairs Start date:6/15/20 Est completion date: 9/22/20. All day restrictions.
- Portland Borough and Upper Mount Bethel Township. Boulder Drive Between: State Street and Middle Village Road. Boulder Drive will be closed and detoured. Detour will route passenger vehicles on Middle Village Road, PA 611 and State Street. Truck detour will route truck traffic on Middle Village Road, Jacoby Creek Road, Railroad Avenue, PA 611 and State Street. The closure is related to the replacement of the State Street Bridge over Jacoby Creek. Est completion date: 8/31/21





Road Work - July 19- July 23

East Bangor, Upper Mount Bethel. Road name:PA 512 Between: Broad Street and PA 611. Daytime Lane restriction 09:00 AM To 02:00 PM with flagging. Start date: 7/20/20 Est completion date: 7/24/20

Bushkill Twp. Road name: Cherry Hill Road Between: Bushkill Center Road and Nazareth Drive. Daytime Lane restriction 09:00 AM To 02:00 PM with flagging. Start date: 7/20/20. Est completion date: 7/24/20

Bushkill Twp Road name: Filetown Road. Between: Jacobsburg Road and Sullivan Trail. Daytime Lane restriction 09:00 AM To 02:00 PM with flagging. Start date: 7/20/20. Est completion date: 7/20/20

Bushkill Twp. Road name: State Park Road. Between: Jacobsburg Road and Church Road. Daytime Lane restriction 09:00 AM To 02:00 PM with flagging. Start date: 7/21/20. Est completion date: 7/22/20

Bushkill Twp. Road name: Belfast Road. Between: Meyer Road and Jacobsburg Road. Daytime Lane restriction with flagging. Start date: 7/23/20. Est completion date: 7/24/20

MASKS continued from page one

Since then, scientists have done much more research on whether masks work, with new studies coming out over the past few months.

The research increasingly favors both individual mask-wearing and policies requiring universal masking. It suggests that masks not only help stop the spread of the coronavirus — by preventing the spread of virus-containing droplets that people spit out when they talk, sing, laugh, cough, sneeze, and so on — but that policies requiring masks work to significantly slow community transmission.

"The evidence on masks is getting better and better," Ashish Jha, faculty director of the Harvard Global Health Institute, told me. "None of it is bomb-proof evidence. It's not a large randomized trial. But given that that's unlikely to come ... we're now at a point where it's really, very good evidence."

The research doesn't mean that masks permit bad behavior: Hand-washing and physical distancing, are still crucial in the fight against Covid-19. But it does show that masks, coupled with other precautions, help.

NWS Forecast - July 23

Today

A slight chance of showers, then showers and thunderstorms likely after 11am. Some of the storms could produce gusty winds and heavy rain. Mostly cloudy, with a high near 86. Light west wind becoming southwest 5 to 10 mph in the morning. Chance of precipitation is 60%. New rainfall amounts between a tenth and quarter of an inch, except higher amounts possible in thunderstorms.

Tonight

Showers and thunderstorms likely, mainly before 10pm. Some of the storms could produce gusty winds and heavy rain. Mostly cloudy, with a low around 70. Southwest wind around 5 mph becoming calm. Chance of precipitation is 60%. New rainfall amounts between a quarter and half of an inch possible.

Friday

A slight chance of showers and thunderstorms. Partly sunny, with a high near 86. North wind around 5 mph. Chance of precipitation is 20%.

Friday Night

Partly cloudy, with a low around 66. Calm wind. **Saturday**

Sunny, with a high near 88. Calm wind.

Saturday Night

Partly cloudy, with a low around 67.

Sunday

Mostly sunny, with a high near 90.

Sunday Night

Partly cloudy, with a low around 69.

Monday

A chance of showers and thunderstorms after 2pm. Mostly sunny, with a high near 90. Chance of precipitation is 30%.

Monday Night

A chance of showers and thunderstorms before 8pm. Partly cloudy, with a low around 71. Chance of precipitation is 30%.

Tuesday

A chance of showers and thunderstorms. Mostly sunny, with a high near 87. Chance of precipitation is 40%.



Slate Belt Happenings

July 25

Bloom Yard Sales

On Saturday, July 25th from 8:30am - 2:30pm, there will be 3 yard sales happening!! All proceeds from the sales will be given to Bloom to help continue our mission of healing, empowering, and employing women survivors of trafficking, trauma and addiction. Locations:

- Mount Bethel Church Parking Lot, 1270 Belvidere Corner Rd, Mt. Bethel, PA
- Diane De Marzo, 1855 S. Delaware Dr, Mt Bethel, PA
- Faye Dean, 212 Knowlton St, Belvidere, NJ

July 26

Big Time Queen Crowning

The crowning of both Our Lady of Mt. Carmel and our 2020 Queen, Isabella Goffredo will take place on Sunday, July 26th at 3:00 p.m. at the church plaza. The traditional Procession will follow.

To those of you who will come to witness the crowning and procession, please be cautious with distancing and always wear a mask, for your own safety and the other person besides, in front and at the back of you. Please don't be complacent. Adhere to the guidelines.

EBUMCC Service

East Bangor United Methodist Community Church, 136 W. Central Ave., East Bangor, Sun., July 26 -10:00 a.m. Worship Service (Online)

July 27

Support Group

A group supporting and reaching all Veterans and First Responders will meet 7pm the fourth Monday each Month at A Clean Slate Resource Center and is free and confidential to join the "The what are you are you reading right now challenge."

They are in search of your time, talents, and gifts of those who can enhance community with sharing pathways of recovery, and supporting families.

July 29

Jacobsburg Weekly Weeders

July 29, August 19, 26 at 8:30am to 10:30am Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide

See HAPPENINGS page 6



CLICK HERE FOR STORE INFO - www.hometownsaves.com

HAPPENINGS continued from page 5

plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Volunteers will need to wear a mask, bring a water bottle, and practice social distancing. Registration is required in order to maintain small group sizes in accordance with the current health guidance. Register

for community programs online Click Here.

July 31-August 2 Roseto Community Yard Sale

Roseto Borough Annual Community Yard Sale will be held on Friday, July 31, 2020; Saturday, August 1, 2020 and Sunday, August 2, 2020. There will be no permit fee for the yard sale and residents do not need to register with Roseto Borough. Yard Sales may held at their own homes for all or any combination of the three days.

August 1

Ice Cream - BBQ

Christ Evangelical Lutheran Church 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church) will hold a Take Out **Chicken Bar-b-cue on Saturday, August 1st.** You must pre-order your meal with pick up between 2pm and 5pm. The meal includes a delicious bar-b-



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- Some lifting required
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cue half of chicken, potato, homemade bread, spiced cabbage and dessert. The cost is \$13. To order, please call Chrissy at 610-588-0809 by July 27.

Christ Evangelical Lutheran Church will also be holding **Take Out Homemade Ice Cream** on Saturday, August 1st. This is a first come, first serve pick up between 2pm and 5pm. Available flavors are chocolate, vanilla, pineapple, butter pecan, peanut butter, strawberry and blueberry. Available in quarts only for \$10 each.

Sportsman Drawing

The Sportsman Drawing and Meat Raffle will be held on August 1, 2020. Purchase tickets through any member of Lookout Fire Co. No. 1. <u>www.</u> <u>lookoutfireco.com</u> or check their Facebook page

Come meet local author Jolynn Angelini from 1:00-3:00pm August 9 at the Bangor Public Library.

She will be sharing with her first book, *The Protectors*, a fast-paced thriller. The book is available for purchase from <u>www.iuniverse.com</u>

Space is limited. Please call to hold your space.

August 9

Come meet local author Jolynn Angelini from 1:00-3:00pm August 9 at the Bangor Public Library.

She will be sharing with her first book, *The Protectors*, a fast-paced thriller. The book is available for purchase from <u>www.iuniverse.com</u>

Space is limited. Please call to hold your space. Event will take place in the library parking lot. Bring own chair. Social distancing and masks as needed.

August 10-14

Online VBS

East Bangor United Methodist Community Church is offering Online VBS! Vacation Bible School will be available online this year for kids ages 4-12 from August 10th-14th. The theme is "High Seas

See HAPPENINGS page 7



HAPPENINGS continued from page 10

Expedition". Supply kits will be available for pickup at the church. Deadline to register is Wednesday, Aug. 5th. For more information and to register online go to www.ebumc.org. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA. (610-588-4453)

August 11

Bach At Noon

Bach At Noon performances are presented by The Bach Choir of Bethlehem at St. John's Lutheran Church in downtown Allentown. These concerts will be videotaped, featuring smaller ensembles of musicians who incorporate safe social distancing, appearing online on The Bach Choir's You Tube channel. The August Bach at Noon performance has been endowed by Reverend Ronald R. Miller in loving memory of Maestro James A. Simms, and to continue to share the fruits of his life-giving labors in music-making.

August 12

Hike for Health

Wednesday, August 12, September 16, and October 14 at 5:30pm to 7:00pm

Join us after work for a hike with a St. Luke's University health professional! Get some exercise while learning about health and fitness outdoors. Each hike will include a presentation from a guest health professional on topics such as physical fitness, stretching, and nutrition. A different guest will hike with us each month, sharing a topic that they specialize in. We will hike at a brisk pace over uneven terrain for 2 to 2.5 miles guided by a center educator. Our guest will be available during the hike to discuss the topic of the day and answer your questions. This program is being provided in partnership with St. Luke's University Health Network and the Get Your Tail on the Trail initiative. Meet at the Visitor Center at 400 Belfast Road, Nazareth, PA. Participants must be in possession of a face mask and practice proper social distancing while attending the program. Registration is required in order to limit group size in accordance with current health guidelines. Register for community programs online Click Here.

Slate Belt Textile Industry

The Slate Belt Heritage Center will be posting their next program on their Facebook page on Thursday, August 13th. Marc Blau, Karen Brewer, Dan Carrescia and Fred Derea will be presenting the Center's new book about the textile industries, "A History of the Slate Belt Textile Industry". All four authors will be talking about the research and hard work that went into the creation of this book, including discovering where all of the mills were located.

August 15

Strohe Golf Tournament

The Todd Strohe Memorial Golf Tournament will be held Saturday, August 15 at Whitetail Golf Course 8:00 Shotgun w/Lunch following. More info later.

August 15-16 Heritage Center Opening

The Slate Belt Heritage Center will be opening for the season, after a five month delay caused by the Covid-19 pandemic. It will be open to the general public for the first time on Saturday, August 15 and Sunday, August 16, from 12:00 - 3:00. The Heritage Center will then be open every weekend until the end of October.

August 16

Vendor and Craft Fair

See HAPPENINGS page 11



Daily Updates sbtopics.com

August 13

Where to Eat

Napoli Pizza

Dine-In, pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. M- Sat 11-9. Sun. 12-8, Tue - Closed. More Info: Click Here

Slate Belt Diner

Open for take out. Outdoor Dining 610-452-9205, 370 Blue Valley Drive. More Info: <u>Click Here</u>

Daisy Family Restaurant

Open 11-9 Sun-Thurs. 11-10 Fri. & Sat. Order by phone for curbside pickup and have your food brought to your vehicle, or order at the counter and take it with you. 6589 Sullivan Trail Wind Gap, (610) 863-4044. Cash or credit still accepted. More info: <u>Click Here</u>

Three Brothers Pizza

Three Brothers Pizza is now open in the former Plainfield Diner on Sullivan Trail. Dine In 7am- 10pm Call 610-863-4950 to order.

More Info: Click Here

Mt. Bethel Diner

Mt. Bethel Diner is open for Dine-In and Take-Out Monday - Sunday 8am - 7pm. Call ahead to order 570-897-6409, 2600 N. Delaware Drive, Mt. Bethel, Pa 18343.

Family & Friends Takeout

Family and friends country restaurant is open for take out at are window or curbside pick up. Full menu available. Call for daily specials 610-759-7477. They are located on route 512 in wind gap next to Albanese garden center. More info: <u>Click Here</u>

Gap Diner

The Gap Diner in Wind Gap is open for dining-in Sun.-Wed 6am-Midnight and 24 hrs Thurs, Fri, & Sat. More info: <u>Click Here</u>

Little Creek BBQ

Hours: Tue--Wed 3-7. Thurs., Fri., Sat 11-7. Sundays 12-5. More info: <u>Click Here</u>

TK's Restaurant

TK's will open June 5 in their outdoor seating and To Go services. 7am - 11pm 7 Days A Week. 570-897-6112. There will be a 75-minute limit for each table service if instructed by staff.

NO MORE than 10 people per table unless you are a family from the SAME household. To See menu: <u>Click Here</u>

WHERE TO EAT continued on page 9





Where to Eat

Sal's Pizza

Sal's Pizza 487 E. Moorestown Road, Wind Gap. 610-863-7665. Open daily 11am -9pm. Closed Tuesday Mor Info: <u>Click Here</u>

Doughboys

Original Doughboys Pizza and Restaurant, 230 W. Moorestown Rd, Wind Gap. Open 11-9 daily. 610-759-3776. More Info: <u>Click Here</u>

Pen Argyl Pizza

Pen Argyl Pizza 510 E. Main St, Pen Argyl. 610-863-6670. M-Sat (11-10) Sun (10-10) More Info: <u>Click Here</u>

512 Restaurant

512 Restaurant 2 East Pennsylvania Ave, Pen Argyl. Tues-Sunday, Curbside and delivery. 610-881-4540. More Info: <u>Click Here</u>

Detzi's Tavern

Detzi's Tavern 570 North Lehigh Ave., Wind Gap. 863-9882. Open 4 -7:30. and Noon-7:30 Wed., Thurs, Fri & Sat. More Info: <u>Click Here</u>

Slate Pub

Slate Pub 509 E. Main St., Pen Argyl. 610-881-4700. Opens 12. Tables both under and outside the tent. No reservations will be taken at this time. All social distancing and government mandates will be followed.

- Masks must be except at the table.
- No more than 4 people per table.
- Tables must remain 6' apart
- More Info: Click Here

Broadway Pub

Broadway Pub 62 Broadway, Bangor. 610-452-9226. COVID Hrs. Tues-Sun (2-8). More Info: <u>Click Here</u>

Five Points Grill & Pub

Five Points Grill & Pub 1001 Mt. Bethel Highway, Mt. Bethel. 610-588-1773. Closed until further notice. More Info: <u>Click Here</u>

Boar Barbecue

Boar Barbecue 690 Allegheny Road, Mt. Bethel. 484-908-3407. More Info: <u>Click Here</u>

JT Grill

JT Grill at Miller's Egg Ranch on Route 12, East Bangor is serving breakfast and lunch from 10am-3pm Tuesdays through Saturdays! Tuesday, June 9th lunch special:Italian Hot Dog with Beverage Outdoor seating available. More info: <u>Click Here</u>

These Restaurant listings are free because of the limitations placed on eateries due to the Coronavirus pandemic. If you have any other listing you want to add contact Slate Belt Town Topics sbtopics@rcn.com or call 610-863-1988

Daily COVID 19 Updates sbtopics.com



HELP WANTED Circulation Assistant Bangor Public Library.

Duties And Responsibilities: 1. Staffs Circulation Desk, 2. Uses the integrated library system to perform all circulation functions including checking materials in & out, renewing materials, collecting fines, issuing and updating Library ID cards, etc.3. Notifies patrons when requested Inter-Library Loan materials are available, 4. Maintains stock of library forms as needed, 5. Follows established procedures for opening and closing the library 6. Performs regular shelf maintenance. 7. Assist patrons in the selection and location of books and other library materials. 8. Assists patrons with use of the computers, photocopier, microfilm, etc.9. Performs miscellaneous duties such as answering the telephone, shelving library materials, faxing, making photocopies, etc.

Qualifications: Education/Training: High school diploma or GED required; previous library experience preferred; Criminal Clearances. EOE

Schedule: Wednesday 4:00-8:00 pm, Thursday 5:00-8:00 pm, (2) Thursdays a month 2:00-5:00 pm (2) Saturdays a month 10:00 am. – 4:00 pm. On call to fill in for emergency call outs Library Contact: Phone: 610-588-1931. Email: <u>director@bangorlibrary.org</u>

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BUSINESS HOURS Mon 8:00 AM - 8:00 PM • Tue 8:00 AM - 6:00 PM Wed-Thu 8:00 AM - 8:00 PM Fri 8:00 AM - 6:00 PM • Sat 8:00 AM - 2:00 PM

HAPPENINGS continued from page 7

The Washington Township Volunteer Fire Company is having a Vendor & Craft Fair on Sunday August 16th, 2020 (new date) from 9am to 3pm. Food and Drinks will be sold by the fire company.

This is an outdoor event and it will be held whether rain or shine. If you are interested in a space contact Brett Morrison at 484-542-9517, Aundrea Morrison at 610-984-7101, or email at <u>bdjm987@gmail.com</u>

August 19

Jacobsburg Weekly Weeders

Wednesday, August 19, 26 at 8:30am to 10:30am Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Volunteers will need to wear a mask, bring a water bottle, and practice social distancing. Registration is required in order to maintain small group sizes in accordance with the current health guidance. Register for community programs online <u>Click Here.</u>

August 26

Jacobsburg Weekly Weeders

Wednesday, August 26 at 8:30am to 10:30am Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Volunteers will need to wear a mask, bring a water bottle, and practice social distancing. Registration is required in order to maintain small group sizes in accordance with the current health guidance. Register for community programs online <u>Click Here.</u>

September 5-7

Bangor Yard Sales

Get ready for the Bangor Borough town-wide yard sale taking place Labor Day weekend, Sept. 5-7! The Borough waives the yard sale permit and you have the opportunity to find some treasures and release your unused items to someone who can use them.

HAPPENINGS continued from page 11

September 12

Bangor Car & Bike Show

Rev up your engines for plenty of prizes, trophies and fun for the entire family! The Bangor Car & Bike show and competition is back on Broadway in historic Bangor on Saturday, September 12 from 10am - 3pm (rain-date Sunday, September 13)..

Goody bag & tshirt pre-registration: Sign up your car or bike early and save \$5 on the entry fee PLUS get a really cool goody bag & commemorative tshirt! Pre-registration is \$10 by 6/12 at <u>hbbapa.org</u>. Pre-Registration does not reserve your spot in the show, but gets you a goody bag and tshirt. Goody bags and tshirts are limited to the first 50 pre-registrations.

Car & bike show competition entry: If you'd like to enter your vehicle in the competition, please arrive on September 12 to Main & Broadway between 8am and 9:45am to enter the competition. Be sure to bring your pre-registration form OR register day-of for \$15.

Car & bike show sponsors: They are presently accepting prize and award sponsorship. Please visit <u>https://www.hbbapa.org/car-show.html</u> to download a form.

September 16

Hike for Health

Wednesday, J September 16, and October 14 at 5:30pm to 7:00pm

Join us after work for a hike with a St. Luke's University health professional! Get some exercise while learning about health and fitness outdoors. Each hike will include a presentation from a guest health professional on topics such as physical fitness, stretching, and nutrition. A different guest will hike with us each month, sharing a topic that they specialize in. We will hike at a brisk pace over uneven terrain for 2 to 2.5 miles guided by a center educator. Our guest will be available during the hike to discuss the topic of the day and answer your questions. This program is being provided in partnership with St. Luke's University Health Network and the Get Your Tail on the Trail initiative. Meet at the Visitor Center at 400 Belfast Road, Nazareth, PA. Participants must be in possession of a face mask and practice proper social

See HAPPENINGS page 19

Free Meals For Kids

Reminder for parents of school-aged children: If your child gets free meals when school is in session, you can receive money for meals through the Pandemic Electronic Benefit Transfer (P-EBT) program

Details: <u>http://on.pa.gov/2MOkvPc.</u> Application: <u>http://on.pa.gov/3d5j0b6.</u>



Bangor Library New Books June 25 - July 2

Adult Fiction

1917

Mrs. Lincoln's Sisters: a Novel by Chiaverini Jennifer Fair Warning by Michael Connelly The Goodbye Man by Jeffrey Deaver The Guest List: a Novel by Lucy Foley The Lies that Bind: a Novel by Emily Giffin The Southern Book Club's Guide to Slaving Vampires by Grady Hendrix The City We Became by N. K. Jemisin The Book of Longings by Sue Monk Kidd Someone Like You: a Novel by Karen Kingsbury The Moment of Tenderness by Madeleine L'Engle Robert B. Parker's Grudge Match by Mike Lupica Tom Clancy Firing Point by Mike Maden The Girl in White Gloves: a Novel of Grace Kelly by Kerri Maher The Key to Happily Ever After by Tif Marcelo Fearless by Fern Michaels Texas Outlaw by James Patterson A Conspiracy of Bones by Kathy Reichs Hideaway by Nora Roberts The Last Odyssey: a Thriller by James Rollins Chosen Ones by Veronica Roth In Five Years: a Novel by Rebecca Serle The Heirloom Garden by Viola Shipman All Adults here by Emma Straub Girls of Summer: a Novel by Nancy Thayer Redhead by the Side of the Road: a Novely by Anne Tyler Big Summer: a Novel by Jennifer Weiner Valentine: a Novel by Elizabeth Wetmore The Book of Lost Friends: a Novel by Lisa Wingate The Engineer's Wife by Tracey Enerson Wood **Junior Fiction** The One and Only Bob **Easy Fiction** The World Needs More Purple People by Kristen Bell I Believe I Can by Grace Byers **DVDs** Birds of Prey: and the fantabulous Emancipation of One Harley Quinn Call the Midwife: Season 9 Cats Clue the Movie The Gentlemen The Hunt The Invisible Man

Blue Mt. Community Library

Located at 216 S. Robinson Ave., Pen Argyl, PA. Open: M, Th and Sat from 10-Noon and M, & Th from 6-8 PM. Visit the website at <u>www.</u> <u>bmcl.org</u> or call 610-863-3029 for information or to request books. Their Facebook page is <u>www.</u> <u>facebook.com/bmclpenargyl.</u>

New Fiction

The Secret Guests -Benjamin Black Recipe for a Perfect Wife - Karma Brown Last Day- Luanne Rice Dear Edward - Ann Napolitano The Big Lie- James Grippando The Other Mrs.-Mary Kubica Lady Clementin - Marie Benedict Behind Every Lie - Christina McDonald The Vineyards of Champagne - Juliet Blackwell Lies That Bind - Ashley Farley Cold Heart Creek - Lisa Regan When We Left Cuba - Chanel Cleeton Spring House - Mary Ellen Taylor Sisters By Choice - Susan Mallery The Book Woman of Troublesome Creek - Kim M. Richardson An Everyday Hero - Laura Trentham The Girl He Used to Know - Tracey Garvis Graves The Fifth Column - Andrew Gross The Other Bennet Sister-Janice Hadlow A Reasonable Doubt-Phillip Margolin The Red Lotus-Chris Bohjalian Mercy House -Alena Dillon Weather- Jenny Offill Long Bright River-Liz Moore The Favorite Daughter-Kaira Rouda Twisted Fate-Dana Miller The Grace Kelly Dress-Brenda Janowitz The Sun Down Motel-Simone St. James The Scent Keeper - Erica Bauermeister In an Instant - Suznane Redfearn Snow Creek-Gregg Olsen Thief River Falls-Brian Freeman **Crooked River-Douglas Preston** The Boy from the Wood-Harlan Coben The Beach House-Rachel Hanna The Book of Lost Friends-Lisa Wingate A Long Petal of the Sea-Isabel Allende The Words I Never Wrote-Jane Thynne

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			Page 14
Crisis Text Line Text 'PA' to 741741	National S Preven Lifelin V 1-800-273	tion ne	Preventing suicide in PA b preventsuicide pa.org/
Disaster Distress Helpline 800-985-5990	Get Help Now for substance use disorder		Veterans in crisis veterans crisisline.net
PA's support helpline NEW 855-284-2494	Coping COVID-19	stress	COVID-19 resources mhanational. org/covid19
Banquet Facility	nearsal Parties mpany Parties oliday Parties y Parties/Sweet 16 se From II Hall Seats up to 50 plainfieldfireco.com nd Gap, PA	Work & Occupation Screen Printing Embroidery Servi Digital Color Print COACHES & VOLUME DISCO	Authorized Dealer Duke Bloodworth 22 Broadway Bangor,PA 18072 S Equipment And Uniforms onal Wear Banners, Decals & WALL BANGERZ, Wall Posters

Avoiding Foggy Glasses for Mask Users

1. Adjust the

If the air is goof your breath or out around 2. Athletic day after day, 3. Soapy wawashing your Soap acts as a



ties or the ear loops so the mask fits snugly against your face. ing out the top, you don't have your mask on correctly. Most should be going through the mask. If you feel the air going in the mask, tighten the ties.

tape is also a possibility, however, if you wear the same mask the tape may harm the mask.

ter. A British surgeon published a paper in 2011 showing that glasses with soapy water and letting them air dry can help. surfactant — which stands for surface active agent — and the

soapy water leaves behind a thin film that stops the water molecules from forming droplets that lead to fog.

4. You can buy commercial anti-fogging wipes and sprays, but it could get expensive. One brand,

FogTech Dx, sells on Amazon for \$30 for 20 wipes — or about \$1.50 per wipe. One treatment is supposed to last for three to five days

Wipe and sprays may be difficult to buy right now. Some sites we went to suggested you that they are on back order. Other sources say it may 2-4 weeks to get them online. However, if you know someone who is an avis swimmer he or she may have some.

Talking and Breathing May Spread The virus

People resistant to social distancing may reconsider that thought after a prestigious scientific panel told the White House Wednesday night that research shows the coronavirus can be spread not just by sneezes or coughs, but also just by talking, or possibly even just breathing.

"While the current [coronavirus] specific research is limited, the results of available studies are consistent with aerosolization of virus from normal breathing," according to the letter, written by Dr. Harvey Fineberg, chairman of a committee with the National Academy

Met-Ed Suspends Shut-offs

Effective immediately, Met-Ed is temporarily discontinuing power shutoffs for customers who are past due on their electric bills. FirstEnergy, Met-Ed's parent company, will continue to monitor the coronavirus response situation and adjust the shutoff policy in the future as circumstances develop.

Met-Ed encourages customers who are having difficulty paying their electric bill to contact its customer service department at 1-800-545-7741 to discuss customer assistance programs.

of Sciences.

Fineberg said that he will start wearing a mask when he goes to the grocery store.

Several other experts are now talking about wearing masks every time you interact with the public during essential visits to places like your local grocery store or pharmacy.

Considering that people with no coronovirus symptoms at all can carry the virus, a simple conversation with someone like that could spread the virus to you if you are less than six feet apart.

PPL Waives Late Fees

PPL Electric Utilities has waived all late payment fees and announced it will not cut service. PPL has several programs available to help customers having a hard time paying their bills:OnTrack offers a lower, fixed monthly bill and debt forgiveness for customers who make 150 percent of the poverty level or less. CARES can help customers experiencing a temporary hardship. Calling <u>1-800-358-6623</u>

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Public Service Announcements

Let Washington Township Fire Co. Decorate Your Yard

Washington Twp Vol Fire Co would like to decorate your yard with some patriotism and thanks to all our local essential workers, front liners and volunteers serving during this pandemic.

They are doing this as a 'no contact' fundraiser for their fire company. They have had to postpone and cancel some of their popular fundraiser events due to the COVID and this will help them tremendously while uplifting spirits in our communities.

You will be decorated within a few days of placing your order through JCC Screenprinting. The website will be up and running in the next few days. Online ordering will be running through the summer months. Memorial Day is this weekend. The Fourth of July. And don't forget Labor Day in September.

You can show your appreciation in this way by either displaying in your own yard or ordering for someone else's yard to say thanks.

Your \$50 contribution to WTVFC will include one dozen American flags and also a double sided thank you sign with our logo that you keep.

http://Stores.inksoft.com/wtvfc/

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 sbtopics@rcn.com

Weona Park Book

A Centennial book is being written to commemorate the 100th Anniversary of Weona Park in Pen Argyl.

Anyone with fond memories or interesting stories should send them to Walt Cole at <u>wrcole3@gmailcom</u> This would include any information from your parents or grandparents. Perhaps a grandparent or great-grandparent helped to build the park, or worked on a WPA project during the Depression. Perhaps you worked at the park, were a life guard or had an interesting experience.

Stories about sporting events, swimming, or any activities would be of interest. They are also interested in pictures of family reunions, church gatherings or other organizations having picnics at the park. They are also looking for pictures of the clay tennis courts, the old miniature golf course, the band shell and events at the athletic field. Please check out those old photo albums for memories to share.

Celtic Cultural Scholarships

The Celtic Cultural Alliance (CCA) has announced that several scholarships will be awarded this year to students pursuing the study of Celtic dance, music, or art.

Please contact Marcie Mulligan, mmulligan@ celticfest.org, for information related to either scholarship.

For more details about the scholarship programs and to download the applications, visit their webpage at the Celtic Classic which runs from September 25 through September 27, in downtown historic Bethlehem.



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Public Service Announcements

WTVFC Farmers Market

Washington Township Volunteer Fire Company is looking for local farmers/greenhouses who sell; vegetables, fruits, meats, honey, flowers, etc. and who would like to set up a farm stand at the fire house on Saturdays and Sundays from 8am to 4pm rain or shine.

WTVFC is looking to help raise funds but also help our Farmers who are unable to sell at their usual Carnivals and Flea Markets.

Spots sizes are determined by the farmer and will cost \$10 per day. All spots will be in a grassy area and must be cleaned up by the end of the day or the weekend. Multiple farmers per day are welcome, but spots will be available on a first come, first serve basis.

Farmers are responsible for their own chairs, tables, coverings, etc. No electric, water, or other utilities will be provided or available. WTVFC is not responsible for any lost/stolen belongings, equipment, etc. that is left on the property overnight.

For additional info or to reserve a spot call Brett Morrison at 484-542-9517 or Aundrea Morrison at 610-984-7101 or email <u>bdjm987@gamil.com</u>

Tasty Tuesdays

Trinity Lutheran Church, located at 4th and Broadway in Bangor, offers a free bag lunch program to children, their families and anyone in the community this summer. Tasty Tuesdays begins on Tuesday, June 2 and runs thru mid August.

Due to the Covid-19 pandemic, lunches will contain non perishable food items and will be available for drive-up/walk-up pick up in the large church parking lot.

Each lunch contains water, juice, healthy snack bar, chips, fruit/fruit cup, and a choice of a main food item such as canned soup/tuna/pasta and more. Call the church at 610-588-2023 to register.

BASD Free Meals Program

Bangor Area School District continues to offer free breakfasts and lunches to students through July and August. Curb-side pick up remains 10-11:30am Monday-Thursday. Email meals@bangorsd.org to reserve.

St. John's Cemetery

Donations for St. John's Cemetery in Bangor are being accepted for maintenance. You can mail them to St. John's Cemetery c/o Carol Hummel, 136 Messinger Street, Bangor, Pa 18013.

PPE Supplies For Pen Argyl

County Executive Lamont McClure and Northampton County has provided Pen Argyl Borough with some PPE supplies to distribute to non-profits and small businesses in the Borough to assist in the reopening process.

There is a limited supply, so they are first come, first serve. They have some masks, gloves, sanitizing wipes and hand sanitizer. Call 610-863-1822 to request supplies and set up an appointment for pick up.

BLUE MT

continued from page 13

The Jetsetters- Amanda Eyre Ward **New Large Print** The Fifth Avenue Story Society - Rachel Hauck The Protective One - Shelley Shepard Gray Smokescreen - Iris Johansen When You See Me-Lisa Gardner The Shape of Night-Tess Gerritsen Fearless- Fern Michaels One Little Lie-Colleen Coble After Sundown-Linda Howard The Operator-Gretchen Berg A Conspiracy of Bones-Kathy Reichs Camino Winds-John Grisham The Trustworthy One- Shelley Shepard Gray Someone Like You- Karen Kingsbury **Non-Fiction** The Garden State Parkway Murders -Christian Barth Pearls of Wisdom- Barbara Bush Hill Women- Cassie Chambers The Splendid and the Vile- Erik Larson High Achiever- Tiffany Jenkins

The Mamba Mentality- Kobe Bryant

Public Service Announcements

Home Heating Assistance

LIHEAP is a federally funded program that helps individuals and families pay their heating bills through home heating energy assistance grants. It also provides crisis grants to help in the event of an emergency or if a resident is in danger of losing his or her heat due to broken equipment, lack of fuel or termination of utility service.

The income eligibility guidelines for LIHEAP are set at 150% of the federal poverty income level. For example, the income limit for an individual is \$18,735; for a couple, the limit is \$25,365; and for a family of four, it is \$38,625.

Residents may apply for LIHEAP online or by contacting the County Assistance Office in their county of residence.

Struggling With Substances?

People struggling with substances can now walk in for drug and alcohol assessments at the Clean Slate Bangor, 100 South First Street St, Bangor 610-452-9348 Mondays from 10am - 12pm Many times this is the first step toward treatment and a new life.

Former COVID 19 Patients Asked to Donate Plasma

Have you or do you know someone that has recovered from COVID 19? If so you can donate your plasma to help others with COVID 19. For more information call me at 570-449-586 or visit <u>www.giveapint.org.</u>

Big Time Information

Columbia Fire Co. decided that they will be open for business starting Wed. July 22nd through Saturday July 25th as well as possibly Sunday the 26th before the crowning of the Queen and the Procession.

They have implemented procedures that will follow the guidelines recommended by the CDC. They encourage everyone to come out and support them.

BASD Free Meals Program

Bangor Area School District offers free breakfasts and lunches to students through July and August. Curb-side pick up remains 10-11:30am Monday-Thursday. Email meals@bangorsd.org to reserve.

Plainfield Reopening

Plainfield Township is participating in the Northampton County COVID-19 Reopening Readiness Program to help small businesses and non-profits reopen . A limited amount of surgical masks, wipes, hand sanitizer, and gloves are available at the Township for small businesses and non-profits located in the Township. Call the 610-759-6944 for more info or to schedule a time to pick up this PPE. All PPE supplies are available on a first-come, first-served basis until supplies run out.

Clothing for Qctoberfest

Since everyone is cleaning out their closets, etc. If you have pants or jeans (any size, even kids) with holes that are not repairable or even long sleeve shirts, please save them for Octoberfest (Bangor Park). They can use them for scarecrow making. (Even if they don't have the event this year, they will save them for next year)

Bangor Park Movie

The Bangor Park Board is hosting a Movie night featuring Trolls World Tour on Friday night, July 17 (rain date is July 18th). The movie starts at dusk, which is around 8:30 pm.

Seating will be on the large grassy area in front of the pool building and all family groups will need to be seated 6-feet apart from other family groups. If you want to attend but don't feel comfortable sitting on the grass, there will be 15 parking spaces available within view of the movie screen. Those spaces are by reservation only and need to be reserved in advance by emailing <u>bangorparkboard@gmail.com</u>

There is no charge for the movie but a suggested donation of \$5 per car is much appreciated. Dinky's Ice Cream Parlor will be on site selling food and refreshments. More info: call or text at 610-751-7692

Slate Belt Area Happenings

HAPPENINGS continued from page 12

distancing while attending the program. Registration is required in order to limit group size in accordance with current health guidelines. Register for community programs online <u>Click Here.</u>

September 26

Neon 5K and Fun Run

The Bangor Elementary PTO is once again hosting its 4th Neon 5K Fun Run/Walk on 8asm September 26, 2020. Participants in the Neon 5K and Fun Run/Walk will go through 5 Splatter Stations where they will get splattered with color dust. All the money raised will benefit students attending DeFranco, Washington and Five Points Elementary Schools

Celtic Youth Fiddle Competition

A Youth Fiddle Competition September 26, will be held at the Charlie Brown Ice House, Bethlehem at Celtic Classic Highland Games and Festival.

This unique fiddle contest primarily focuses on Celtic fiddling styles, including Irish, Scottish, Cape Breton, Shetland, and Galician. Two age categories divide the contest, and monetary prizes are given to the top 3 in each division.

Sunday, September 27, at 10:00 a.m. at the Celtic Heritage Hollow stage, a Celtic fiddle workshop for youth will be held at Celtic Heritage Hollow at Celtic Classic Highland Games and Festival.

For more information and to register, visit <u>http://</u> <u>www.celticfest.org/celtic_classic_youth_fiddle</u> competition. For questions, please contact Marcie Mulligan at <u>mmulligan@celticfest.org</u> *October 14*

Hike for Health

Wednesday, October 14 at 5:30pm to 7:00pm

Join us after work for a hike with a St. Luke's University health professional! Get some exercise while learning about health and fitness outdoors. Each hike will include a presentation from a guest health professional on topics such as physical fitness, stretching, and nutrition. A different guest will hike with us each month, sharing a topic that they specialize in. We will hike at a brisk pace over uneven terrain for 2 to 2.5 miles guided by a center educator. Our guest will be available during the hike to discuss the topic of the day and answer your questions. This program is being provided in partnership with St. Luke's University Health Network and the Get Your Tail on the Trail initiative. Meet at the Visitor Center at 400 Belfast Road, Nazareth, PA. Participants must be in possession of a face mask and practice proper social distancing while attending the program. Registration is required in order to limit group size in accordance with current health guidelines. Register for community programs online <u>Click Here.</u>

PA Hunting Licenses

The PA Game Commission announced hunting and fur-taking licenses are now available.

General hunting licenses and fur-taker licenses cost \$20.90 each for Pennsylvania residents and \$101.90 for nonresidents. Resident senior hunters and furtakers, ages 65 and older, can purchase one-year licenses for \$13.90, or lifetime licenses for \$51.90. For \$101.90, resident seniors can purchase lifetime combination licenses for hunting and fur-taking privileges. A change in state law permits big-game hunting on the following Sundays: Nov. 15, for archery deer hunting; Nov. 22, for bear hunting; and, Nov. 29, for deer hunting during regular firearms season.

For additional information visit www.pgc.pa.gov.

Don't Just Push Germs Around, Eliminate Them

Many cleaning tools give the impression that they are killing germs and cleaning your home when in reality they are simply spreading germs to other more hidden areas of your home. The only way to avoid this is by sanitizing these cleaning tools, such as mops, dusters, and dishrags between uses or they will continue to spread bacteria around your house. This issue often goes unnoticed, as some of the most sparkling clean homes can be saturated with bacteria while other

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Pen Argyl 'Green' Updates

- Weona Park: Will be open and be in a "Use at Your Own Risk" state. This will include basketball, playgrounds and skate park. Bathrooms are closed.
- Pavilions: Will remain closed at this time. Decision to be made July 7, 2020.
- Miniature Golf: Will remain closed at this time. Decision to be made July 7, 2020.
- Carousel: Will remain closed at this time. Decision to be made July 7, 2020.
- Community Center: Will remain closed at this time. Decision to be made July 7, 2020.
- Field Rentals: Will remain closed at this time. Decision to be made July 7, 2020
- Borough Office: Access will still be by appointment only. This will eliminate congestion in the lobby and protect staff and visitors. Masks required.
- Parking Meters: Will begin to be enforced on Monday, June 29, 2020.
- If you have a specific question please email the Borough at manager@penargylborough. com or call Borough Office at 610.863-4119.

Fire, Rescue, & EMS Grant

The registration window for the COVID-19 Fire, Rescue, and EMS Grant is open through August 7, 2020 at 4:00 p.m.

The purpose of this grant is to provide some much needed financial assistance to first responders who have found it difficult to keep their operations running due to COVID-19.

As stated in Act 26, the money must be used for operational and equipment expenses.

Grant Registration

To register, carefully review the grant guidance (PDF), then access the grant portal by following these instructions (PDF). <u>Click Here</u>

You will need the following information to complete the registration in order to receive these funds. You may already have these numbers, but if you do not, please see the link above to acquire the necessary numbers in preparation for this registration.

How to clean your phone



First and foremost, you will want to consult the website for the manufacturer of your phone or carrying case for any specific instructions that they might have in order to avoid damaging your device or case.

Many manufacturers, including Apple, have provided recommendations due to the COVID-19 pandemic.

While specific instructions may vary depending on your device, Apple advises the following :

- Use only a soft, lint-free cloth.
- Avoid excessive wiping.
- Unplug all power sources, devices, and cables.
- Keep liquids away from your device.
- Don't allow moisture to get into any openings.
- Avoid aerosol sprays, bleaches, and abrasives.
- Avoid spraying cleaners directly onto your device.
- Apple is recommending the use of 70 percent isopropyl alcohol wipes or Clorox Disinfecting Wipes to wipe down any hard, nonporous surfaces.

However, they say you should avoid using them on leather or fabric to prevent damage. According to Dr. Donald W. Schaffner, extension specialist in food science and distinguished professor at Rutgers University, these are "fairly gentle disinfectants."

However, you should avoid using chlorine bleach, according to Schaffner. This could damage your phone. Westenberg further suggested that keeping your phone in a sealed case will make it easier to wipe it down with disinfectant wipes.

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#MaskUpPA



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Bangor Slater Face Masks

The BAHS Alumni Association is selling face masks with the Slater logo for \$9.98 each. There are three Slater logos to choose from. See below.

These masks have two breathable cotton/poly layers underneath making for a triple layer mask. There is also an inside pocket for a filter. Ear straps are adjustable and an additional head strap is available for purchase if you do not want to use the ear straps.

The masks come in Small, which fits most youth ages 1-6, Medium, which fits older children through small adults, and Large, which fits most teenagers and adults.

The masks can be bought online directly from the vendor and will be shipped to your address for a \$4.95 shipping fee, which covers all masks coming to the same address.

Visit this website to order and pay online: https:// basdmask2020.itemorder. com/ The website will



close on July 26. When it is closed, the masks will be produced and sent directly to you in approximately four weeks. Proceeds go to the BAHS Alumni Association and will be used for their scholarship and awards programs.

Quarry Holes Filled With Water and Hidden Dangers

During hot weather some quarry lakes look inviting, but there many hidden dangers: deep water, cold water, submerged abandoned machinery and car wrecks, underwater ledges and recesses, hidden currents and tunnels, submerged plants, dead animals and excrement, rubbish, pollution and dangerous algae.

The greatest danger is cold water which is much colder than rivers, lakes and the sea. Many quarries are so deep that they are fed with water from underground springs or aquifers. This water originates deep within the ground, and is extremely cold. You are likely to become exhausted much more quickly than you would think. In addition to this, a sudden plunge into cold water could cause your body to go into "shock".

Source: Slate Belt Regional Police

