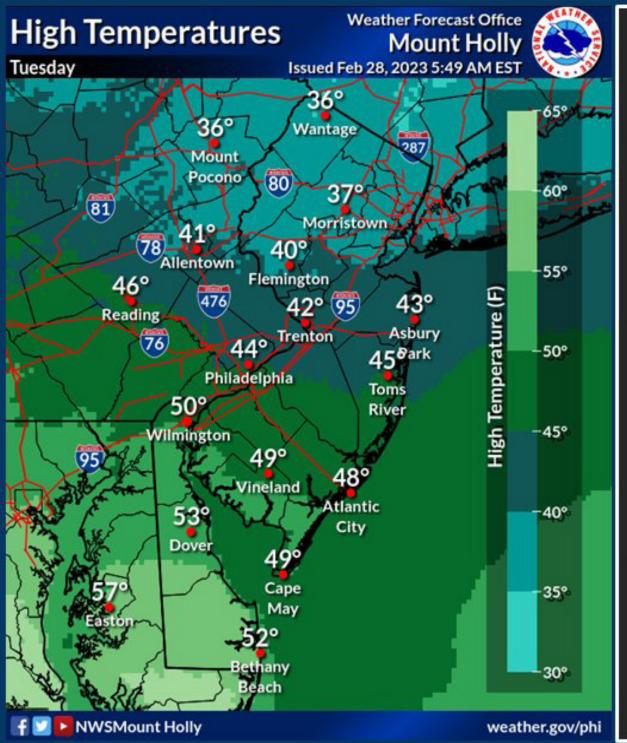
Slate Belt Town Topics

NEWS TODAY NOT NEXT WEEK

February 28, 2023 <u>INDEX</u> Weather Numbers Recent Pics Sports Special Events Church (Click Above)

Tuesday Outlook

SSUED: 6:00 AM- Tuesday, February 28, 2023



- Light rain and snow (up north) will taper off as the morning goes on
- Skies stay mostly cloudy through the day, clearing later in the afternoon
- Seasonal temperatures overall

Winter Weather Advisory Remains In Effect Until 1 pm

Snow mixed with sleet and freezing rain. Total snow accumulations of 3 to 5 inches and ice accumulations of a light glaze. In New Jersey, Warren. In Pennsylvania, Carbon and Northampton.

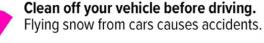
IMPACTS...Plan on slippery road conditions. The hazardous conditions could impact the morning commute.

ADDITIONAL DETAILS...Some sleet and freezing rain will mix at times for parts of the area.



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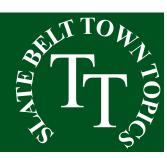
Keep it slow, and don't use cruise control. Roads can be slick even if they just look wet.

Leave extra distance between vehicles. Stay especially far from snow plows.





Entering Our 13th Year as Slate Belt's Only DAILY ONLINE PAPER Reaching 3,000 People Daily





This scene on South Franklin Street, Pen Argyl is evidence of the biggest snow of the season which blanketed the Slate Belt with 3.5 inches on grassy areas and 1.75 inches on asphalt surfaces last night and today. The total could vary with elevation making totals greater in some areas and less in others. This is the first measurable snowfall since January 25 and the most since two inches fell on December 16, 2022. Our total for the year is 7.5. Last year, 20 inches fell and 55 inches fell in 2020-21. *Photo: Larry Cory*

Free Ham Radio Classes Start March 7

Starting on March 7, the Delaware Lehigh Amateur Radio Club, Inc. will offer free classes for people who would like to obtain an amateur radio license. The class will run for 10 weeks and will prepare students to take the Federal Communications Commission's Amateur basic license examination.

Ham radio has played an important role in communications for more than 100 years and continues to do so. It is part of many emergency management plans because it can be used to communicate if landline telephone lines, cell towers and/or electric grids fail.

It also is a fun hobby for people who enjoy talking with amateur radio operators locally and around the world, participating in contests and field days, and even making contact with the International Space Station.

According to the American Radio Relay League (ARRL), the nationally recognized organization for ham radio operators, there are more than 750,000 amateur radio license holders in the United States and more than 3 million worldwide.

Based in Bethlehem, the Delaware Lehigh Amateur Radio Club (DLARC) has more than 100 members. It is a non-profit 501(C)(3) charitable organization. Classes are offered as a community service.

Classes will be held on Tuesdays from 7-9 p.m. at the Emergency Operations Center (EOC – formerly known as the 911 Center) at 100 Gracedale Avenue in Nazareth, Pennsylvania. For details or to register, contact KE3AW@arrl. net or call 610-419-9286

Luau by the Lake

Blue Flame Events is looking for a unique variety of vendors, crafters, and food trucks to join us at 407 Greenview Dr., Saylorsburg, PA on May 20th for the Luau by the Lake! To register for this unique opportunity simply text (272)-200-8163.

Vendors/Crafters = \$40 per space. Food Vendors = \$75 https://facebook.com/events/s/luau-by-the-lake/470525375222384/ For more opportunities check their website at www.blueflameevents.co

Delaware Riverfest

Delaware Riverfest 422 Delaware Avenue, Portland, Saturday, August 26, 2023 at 10 am by Blue Flame Events

Enjoy the day along the Delaware River shopping w/ vendors, food trucks, drinks, music, and more!

Wind Gap Shop-N-Stroll w/ Your Pup

Join the 3rd annual Shop-N-Stroll w/ Your Pup at Wind Gap Park Saturday, July 8, 2023 at 10 am.

Bring the pup out for a day of fun! No pup? That's okay! We will have pet rescues joining us with their adoptable pups!

There will be vendors/crafters (pet and non-pet related) to shop with, adoptable dogs, pet rescues, food trucks, music, and more!

Pup cooling stations will be set up throughout the event. There are also shaded areas for you and your pup to get out of the sun!

Free Breads And Sweets

Free breads and sweets are now available, two per person delivered every Wednesday and Friday at the shop in Nifty 'n Thrifty 31 and 38 Broadway, Bangor.

Royal Pancake Breakfast

The Bangor High School Drama Department will be hosting the eighth annual pancake breakfast Saturday, March 11 from 8am to 11am with the cast of "Anastasia" at the Bangor Area High School cafeteria. Anastasia tells the story of the mystery surrounding a young woman thought to be the Russian princess that may have escaped the Bolshevik's assignation of the Romanov family. It's a wonderful musical filled with mystery, intrigue, suspense, and many heartwarming moments.

- Pancakes, Sausage, Coffee, Juice, Tea, Hot Chocolate
- Musical Performances
- Photo Opportunities
- Raffles
- 50/50
- Activities for Children of All Ages
- Questions? Call or Text Jen Fassl, 908-727-0090
- Tickets can be pre-ordered or purchased at the door.
- \$10 Ages 12 & Up, \$8 Ages 3-11, 2 years & younger free.
- Breakfast Pre-Order Form due no later than March 3, 2023.
- Pre-orders will be held at the door check in when you arrive. See BASD website for cancellations.

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Of model of the click here

BANGOR AREA HIGH SCHOOL

PERFORMING ARTS THEATER

Cookbooks in the Book Nook

Do you like to cook or collect cookbooks? If so, stop into the Blue Mt. Community Library, located at 216 S. Robinson Ave. Pen Argyl and browse through the Book Nook. Along with many adult and children's gently used books and puzzles, there is a large collection of cookbooks available to purchase. The library is open M-Sa, 10:00 am to Noon, and M & Th 6:00 to 8:00 pm. Membership is not needed to purchase items in the Book Nook, but is free to all residents of the Pen Argyl Area School District. Nonresidents may join for a small yearly fee. The library also has Pen Argyl yearbooks available to buy. Call 610-863-3029 or visit our Facebook page or website at www.bmcl.org. for information about the library

Corned Beef & Cabbage Dinner

A Corned Beef & Cabbage Dinner will be held at Christ Evangelical Lutheran Church, 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church) on Saturday, March 11th from 3:30 pm to 7 pm. All you can eat meal includes dinner, water & dessert. Dine In or Take Out. For additional information call Chrissy at 610-588-0809.

Roseto Easter Bunny

Start planning now and mark your calendars. The Easter Bunny is coming to Roseto Ball Park April 1 at 11am. We also have coffee, juice and breakfast sandwiches available for purchase.

- Age groups include: 0-3, 4-6, 7-10. Prize eggs in each group.
- The Easter Bunny will be there.



For more Info: Kim @ 484-241-0441 or Debbie @ 610-751-7692 bamsptso@gmail.com



Custom Laminating











ASIA

2023

MARCH 31

7:30 pm

2:00 pm





Recent Features Pages 16-23

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February 28 2023

www.sbtopics.com

Special Events

Slate Belt 7-Day Weather Forecast Snow, Rain 39 Today ... Mostly Sunny 45 Wednesday

National Weather Service Forecast - 6am Today

Today, Rain, snow, freezing rain, and sleet likely before noon, then a chance of rain between noon and 3pm. Cloudy, with a high near 39. Northeast wind 10 to 15 mph becoming northwest 5 to 10 mph in the afternoon. Chance of precipitation is 60%. Little or no ice accumulation expected. Total daytime snow and sleet accumulation of less than a half inch possible.

Tonight, Partly cloudy, with a low around 22. West wind around 5 mph. **Wednesday,** Mostly sunny, with a high near 45. North wind 5 to 10 mph becoming south in the afternoon.

Wednesday Night, A chance of showers after 1am. Increasing clouds, with a low around 34. South wind around 5 mph becoming calm after midnight. Chance of precipitation is 30%. New precipitation amounts of less than a tenth of an inch possible.

Thursday, A chance of showers before 1pm. Partly sunny, with a high near 56. Northwest wind 5 to 15 mph. Chance of precipitation is 30%. New precipitation amounts of less than a tenth of an inch possible.

Thursday Night, A chance of snow and freezing rain after 1am. Mostly cloudy, with a low around 30. Chance of precipitation is 30%. New precipitation amounts of less than a tenth of an inch possible.

Friday, Rain, snow, and freezing rain likely before 1pm, then rain. High near 39. Chance of precipitation is 90%.

Friday Night, Rain, mainly before 1am. Low around 36. Breezy. Chance of precipitation is 90%.

Saturday, Mostly cloudy, with a high near 45. **Saturday Night,** Mostly cloudy, with a low around 29.

Sunday, Partly sunny, with a high near 42. **Sunday Night,** Mostly clear, with a low around 23.



PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

February 25,28 Boy Scout Fundraiser

Boy Scout Troop 102 of Saylorsburg is raising funds to purchase a new equipment trailer used to haul gear for the scouts' monthly campouts. You can support the Boy Scouts and enjoy a meal out by participating in our Dine and Donate at Texas Roadhouse in Stroudsburg on 2/25 and/or 2/28. Bring along this flyer or take a picture of it on your phone.

March 1 Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

March 2 Feeder Watch Monitoring

You must have already participated in Birds and Bagels - Citizen Science and Monitor Training to register for this volunteer opportunity. Volunteer as a citizen scientist to observe and record bird observations at

CONTINUED PAGE 8



Debbie Pettinari Agency 106 S. Broadway, Wind Gap, PA 610-881-4433 www.debbieinsurespa.com

debbie.pettinari.wz73@statefarm.com







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Daily Schedule

Tuesday February 28

Blue Mountain Library - Open 10-12 & 6-8pm **Bangor Public Library** - Open 1-8 Slate Belt Senior Center - Open 8-4. Blue Valley Slate Belt YMCA - 10-2 Farm Show Washington Twp. Recreation - 7pm Roseto Zoning - 7pm Slate Belt YMCA - Open 6:00am - 8:00pm UMBT Zoning - 7pm Room, 7pm

Wednesday March 1

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm. Blue Mountain Library - Open 10-12 **Bangor Public Library** - Open 1-8 LMBT Recreation Board - 7pm, Centerfield building Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Slate Belt YMCA - Open 6:00am - 8:00pm Wind Gap Zoning - 7pm

Thursday March 2

Blue Mountain Library - Open 10-12 & 6-8pm **Bangor Public Library** - Open 10-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Bingo - Plainfield Fire Co., 6:30pm Plainfield Environmental Advisory Board -Municipal Building, 7:00pm Slate Belt YMCA - Open 6:00am - 8:00pm Wind Gap Planning - 7pm

Friday March 3

Bingo - Wind Gap Fire Co., 6:45. Blue Mountain Library - Open 10-12 Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday March 4

Blue Mountain Library - Open 10-12 **Bangor Public Library** - Open 10-4 Mission of Love Soup Kitchen - N. Main St., Bangor. 11-2 Slate Belt YMCA - 8-4 Slate Belt Heritage Center - Open 12-3 Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday March 5

Fellowship Dinner - East Bangor UMC, 4-6. Slate Belt Heritage Center - Open 12-3. All-You-Can Eat Breaklfast - Bangor Elks 8-12pm. Adults \$10. Kid 6-12 \$6. Under 6 -Free.

Monday March 6

Blue Mountain Library - Open 10-12 & 6-8pm **Bangor Public Library** - Open 1-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Pen Argyl Sewer Committee - 4:30 P.M. **Council Chambers** Pen Argyl Municipal Authority - 5:00 P.M. **Council Chambers** Washington Township Zoning Board -Municipal Building, 6:30 pm. Roseto Borough Council - Municipal Building, 7:30pm Lower Mount Bethel Supervisors -Meets Centerfield Building, 7pm Portland Borough Council - Borough Hall, 7:00pm Pen Argyl Council - 7pm Pen Argyl GFWC - St. John , Pen Argyl, 7pm Slate Belt YMCA - Open 6:00am - 8:00pm Pump - 8:30-11:30 Weona Park Pals - 7pm Wind Gap Boro Council - 7pm

Tuesday March 7

Bangor Public Library - Open 1-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Plainfield Township Planning Commission -Municipal Building, 7:00 pm. Lower Mount Bethel Supervisors - Meets Centerfield Building - 7pm Pump - 8:30-11:30 Slate Belt YMCA - Open 6:00am - 8:00pm

Wednesday March 8

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 1-8 LMBT Recreation Board - 7pm, Centerfield building

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Slate Belt YMCA - Open 6:00am - 8:00pm



Wind Gap Zoning - 7pm

Thursday March 9

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Bingo - Plainfield Fire Co., 6:30pm Slate Belt YMCA - Open 6:00am -8:00pm

Friday March 10

Bingo - Wind Gap Fire Co., 6:45. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday March 11

Blue Mountain Library - 10-12 Bangor Public Library - 10-4 Columcille Tours - Free. 9:30-11:30. Meet at Stone circle. Slate Belt YMCA -8-4 Slate Belt Heritage Center -Open 12-3 Hone Faith & Pasawary Creater

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am -12:30pm

Sunday March 12

Breakfast - Bushkill Volunteer Fire C. 7:30-12:30. Fellowship Dinner - Breaking Bread soup kitchen, 4:00pm. Cross Road Baptist, Bangor. Slate Belt Heritage Center -Open 12-3. Slate Belt YMCA - 10-2

Monday March 13 Blue Mountain Library - Open

10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open
8-3:30. Blue Valley Farm Show
Pen Argyl Sewer Auth. - 4:30pm
(If needed)
Pen Argyl Municipal Auth. - 5pm
(If needed)
Bangor Borough Council - Meets
Bee Hive Community Center, 7pm
Portland Council - 7pm
Pump - 8:30-11:30
Upper Mount Bethel Supervisors
Meets 7:00pm
Roseto Borough Council Municipal Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday March 14

Bingo - Portland Fire Co., 7pm. **Blue Mountain Library** - Open 10-12

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-12 Slate Belt YMCA - Open 6:00am - 8:00pm

Wednesday March 15

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm. Blue Mountain Library - Open 10-12 Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Washington Township Supervisors Meet - Municipal Building, 7pm

Pen Argyl Park Board - 7pm Plainfield Township Supervisors - Meets 7:00pm Municipal Building. Slate Belt YMCA - Open 6:00am -

8:00pm

Daily Schedule

East Bangor Municipal Authority - Municipal Authority Hall, 555 Messinger St., East Bangor, 7:00pm

Thursday March 16

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open 10-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Bingo - Plainfield Fire Co., 6:30pm Slate Belt YMCA - Open 6:00am -8:00pm

Friday March 17

Bingo - Wind Gap Fire Co., 6:45. **Blue Mountain Library** - Open 10-12 **Bangor Public Library** - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday March 18

Blue Mountain Library - Open 10-12 Bangor Public Library - Open 10-4

Slate Belt YMCA - 8-4 Slate Belt Heritage Center -Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am -12:30pm

Sunday March 19

Slate Belt Heritage Center -Open 12-3. Slate Belt YMCA - 10-2

Monday March 20

Blue Mountain Library - Open 10-12 & 6-8pm Bangor Public Library - Open

1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show Plainfield Township Planning Commission - Municipal Building, 7:00 pm. Lower Mount Bethel Supervisors - Meets Centerfield Building - 7pm Pump - 8:30-11:30

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday March 21

Bingo - Portland Fire Co., 7pm. Blue Mountain Library - Open 10-12 & 6-8pm **Bangor Public Library** - Open 10-8 Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show **Mission of Love Food Pantry** & Clothes Closet - N. Main St., Bangor, 10-2 **Roseto Planning Commission -**7:00pm Borough Hall Slate Belt YMCA - Open 6:00am -8:00pm Washing Twsp. Planning -7pm Wind Gap Boro - Council 7pm

Wednesday March 22

Bingo - Bushkill Fire Co. Doors
5pm. Bingo 6:45 pm.
Blue Mountain Library - Open
10-12 & 6-8pm
Bangor Public Library - Open
1-8
Slate Belt Senior Center - Open
8-4. Blue Valley Farm Show
UMBT Planning Commission Township Building, 7:30pm
Slate Belt YMCA - Open 6:00am
- 8:00pm

Thursday March 23 Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.





CLICK HERE FOR STORE INFO - WWW.hometownsaves.com

SLATE BELT TODAY BY THE NUMBERS

Temperature (Yesterday)HighLow4326(Today's Forecast26HighLow3922	COPD 0 1 2 3 4 5 6 7 8 9 10 T Combination of weather factors that can make one less or more likely to develop a pulmonary attack. Lower numbers are less while higher numbers increase the chance.	Asthma Index 0 1 2 3 4 5 6 7 8 9 10 T Combination of weather factors that can trigger asthma. A higher index mean more people w/asthma could be affected by temperature and allergens.
Sinus Headache 0 1 2 3 4 5 6 7 8 9 10 T Combination of weather factors that can make one less or more likely to develop a migraine. Lower numbers are less while higher numbers increase the chance.	Migraine Headache0 1 2 3 4 5 6 7 8 9 10111 <t< th=""><th>Common Cold 0 1 2 3 4 5 6 7 8 9 10 1 Combination of weather factors that can make one less or more likely to catch a cold Lower numbers are less while higher numbers increase the chance.</th></t<>	Common Cold 0 1 2 3 4 5 6 7 8 9 10 1 Combination of weather factors that can make one less or more likely to catch a cold Lower numbers are less while higher numbers increase the chance.
Air QualityAM ReadingColumbia N.J - 23Bethlehem - 23Allentown - 21Monroe - 32Good 0-50Moderate (51-100)Bad for Some (101-150)Very Bad 150+	Arthritis Index 0 1 2 3 4 5 6 7 8 9 10 T Scale of 0-10 with 0 indicating a very low risk of weather-related arthritis pain, and 10 indicating the highest chance of pain.	Cooling Degree DaysYesterdaySeason0000Used to track energy use. Add the daily high and low temperatures, divide by 2 and add 65 to calculate heating degree days.
Rainfall/SnowfallRainSnowRecent - 0.00Recent - 3.5Month - 0.77Month - 3.5Year - 5.79 (+2.8)Season - 7.50	UV Index 0 1 2 3 4 5 6 7 8 9 10 11 12 T No Risk Today (Ultra Violet Rays) Lower number indicates low risk of harm from unprotected sun exposure, higher numbers indicate greater risk	Heating Degree DaysYesterdaySeason313706Used to track energy use. Add the dailyhigh and low temperatures, divide by2 and subtract 65 to calculate heatingdegree days.
SunSunriseSunset6:37 AM5:51 PM	Pollen-Allergy Forecast 0 1 2 3 4 5 6 7 8 9 10 11 12 Top Allergen - Juniper Scale of 0-12 with zero indicating the least potential allergy and 12 the most. Most prevalent allergen is Ragweed	Flu Index 0 1 2 3 4 5 6 7 8 9 10 T Flu index: (0-10) Combo of historical data and temperature. A high flu index means the spread of a flu is very favorable, assuming the disease is present

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SPECIAL EVENTS CONTINUED

Jacobsburg's feeders. You can choose what times you would like to monitor between the hours of 8:30AM- 3:30PM, all day commitment is not required. Register here to let us know what hours you are available to monitor.

Wednesday, March 2 at 8:30am to 3:30pm Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 18064

https://events.dcnr.pa.gov/search/events?orde r=date&search=jacobsburg

March 3

Feeder Watch Monitoring

You must have already participated in Birds and Bagels - Citizen Science and Monitor Training to register for this volunteer opportunity. Volunteer as a citizen scientist to observe and record bird observations at Jacobsburg's feeders. You can choose what times you would like to monitor between the hours of 8:30AM- 3:30PM, all day commitment is not required. Register here to let us know what hours you are available to monitor. Thursday, March 3 at 8:30am to 3:30pm Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 18064

https://events.dcnr.pa.gov/search/events?orde r=date&search=jacobsburg

March 5 Free Dinner

The East Bangor United Methodist Community Church welcomes you to a FREE "Chicken/Sausage Fettucini Alfredo" Dinner on Sunday, March 5th, from 4:00-4:30 p.m. This is TAKE-OUT ONLY. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA Questions? call 610-588-4453 or visit **www.ebumc.org.**

March 7

Pool Pals Fundraiser

The Weona Park Pool Pals will have a fundraising event on Tuesday, March 7th at the Scorecard Sports Bar and Grill located at 130 N. Broadway in Wind Gap. The hours are from 4 PM to 2 AM. Please support their continuing efforts to build a pool.

March 8

Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

March 11

Volunteer Event

Bogsucker Search, Invasive Species Removal, and Earth Day Prep

After lopping and chopping invasive species to prepare for our Earth Day tree planting event,

we will celebrate our accomplishments with an evening hike to look for courting American Woodcocks. Registration Required.

Saturday, March 11 at 4:00pm to 8:00pm Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 18064

https://events.dcnr.pa.gov/search/events?ord er=date&search=jacobsburg

Royal Pancake Breakfast

The Bangor High School Drama Department will be hosting the eighth annual pancake breakfast Saturday, March 11 from 8am to 11am with the cast of "Anastasia" at the Bangor Area High School cafeteria. Anastasia tells the story of the mystery surrounding a young woman thought to be the Russian princess that may have escaped the Bolshevik's assignation of the Romanov family. It's a wonderful musical filled with mystery, intrigue, suspense, and many heartwarming moments.

- Pancakes, Sausage, Coffee, Juice, Tea, Hot Chocolate
- Musical Performances
- Photo Opportunities
- Raffles
- 50/50
- Activities for Children of All Ages
- Questions? Call or Text Jen Fassl, 908-727-0090
- Tickets can be pre-ordered or purchased at the door.
- \$10-Ages 12 & Up, \$8-Ages 3-11, 2 years & younger free.
- Breakfast Pre-Order Form due no later than March 3, 2023.
- Pre-orders will be held at the door check in when you arrive.

See BASD website for cancellations.

March 12

Welsh Day Presentation

Bangor's Annual Welsh Day Event: "Over Thirty Years of Celebrating Community"

The Slate Belt Heritage Center will hold their monthly historic program on Sunday March 12th @ 2:00 PM. Speaker for the afternoon will be Mr. John Reinhart, President of the St. David's Welsh Society whose topic will be: "Bangor's Annual Welsh Day Event: Over Thirty Years of Celebrating Community".

Diverse American communities have thrived throughout history by celebrating that diversity and working toward beneficial projects and goals. For over thirty years,

Bangor's Welsh Day events drew thousands of visitors to the Slate Belt resulting in economic, cultural, and political gains for many in the region. Through pictures, artifacts and first-hand accounts, you will see just how influential these events were and how busy Labor Day weekends became in the Slate Belt.

The event is free and open to the public. The Heritage Center is located at 30 North 1st Street,

Bangor, PA. For additional information contact:

Karen Brewer @ 484-894-5661.

March 15

Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

March 18 St. Patrick's Day & 3rd Annual Wineaversary Celebration

You won't want to miss this celebration Saturday March 18 2023 at noon.! Participate in a pieeating contest, or a hook-and-ring competition. We will also have a Leprechaun Token Toss and as part of your admission you will receive 10 free tokens and a spin on the prize wheel giving you the chance to win prizes! You won't want to miss this fantastic event! Be sure to get your tickets on Eventbrite and save \$5 on the cost of admission.

March 22 Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

Hike for Health

Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 2.5 miles over uneven terrain. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov.

Wednesday, March 22 at 5:30pm to 7:00pm. More dates through October 4, 2023. Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 1806

March 24

Family Science Night - Tantalizing Timberdoodles

The 'sky dance' or courtship display of the American Woodcock is a spectacle which is known to take place at Jacobsburg each year. This program will cover some of the interesting biology of the American Woodcock followed by a quiet meander at sunset as we look and listen for these twirling courtship flights. Registration is Required.

Friday, March 24 at 6:30am to 8:00pm. Jacobsburg Environmental Education Center, 400 Belfast Rd, Nazareth, PA 18064

https://events.dcnr.pa.gov/search/events?orde r=date&search=jacobsburg

March 25

Camp Papillon Animal Shelter Fund Raiser

Camp Papillon Animal Shelter presents a Wise Crackers comedy fundraiser located at Mountain View Vineyard in Stroudsburg, PA on Saturday, March 25, 2023 at 7:30 PM!

Doors will open at 6:30 PM. There will be a cash bar, food and a tricky tray. Tickets are \$30 each. Seating is limited so make sure to snag your chance to see three comedians fast!

You must be 18 years or older to attend.

To purchase tickets go to **www.camppapillon.** org or contact Sami Ely at 570-730-9226

Trees in Early Spring

Join us to learn how to identify trees without their leaves. We'll use bark, buds, branches, and other clues to help us differentiate common species found growing in Pennsylvania. Please wear warm layers and comfortable walking shoes. Registration is required.

Saturday, March 25 at 3:00pm to 4:30pm. Jacobsburg Environmental Education Center, 400 Belfast Rd, Nazareth, PA 18064.

https://events.dcnr.pa.gov/search/events?orde r=date&search=jacobsburg.

Celestial Wildlife

Did you know that the night sky is filled with all sorts of wildlife? Join us for this nighttime adventure as we use our imagination and search the sky for bears, lions, dogs, bulls and even dragons!

Please dress warmly and wear sturdy shoes. Bring a blanket to sit on, a flashlight (with a red filter if available), snack, water, and binoculars if you have them. This program is best for families with children ages 8 years old and up. Please note that the park will not provide telescopes at this program. Registration is required. Registrants will be contacted with the meeting location prior to the event.

Saturday, March 25 at 7:30pm to 9:30pm. Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 18064

https://events.dcnr.pa.gov/search/events?orde r=date&search=jacobsburg.

March 29

Cat Neutering

No Nonsense Neutering will be offering a cat transport (pets and ferals) down to the Allentown clinic for neutering/vaccinations.March 29

Location for pick up: Pen Argyl Municipal building parking lot Pick up 7am-730am. Drop off 5pm-530 pm Same day.

By appointment. For scheduling details

please visit www.nnnlv.org/new-transport March 29

Lenten Study

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Weekly Weeders

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required.

Thursday, March 30 at 8:30am to 10:30am. More dates through October 26, 2023

Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 18064.

https://events.dcnr.pa.gov/search/events?ord er=date&search=jacobsburg

April 1

PLANTSTOCK

Blue Flame Events is hosting PLANTSTOCK at the beautiful Stony Run Winery in Breiningsville on April 1st from 12PM to 5PM! We're looking for plant vendors, non-plant related vendors, food trucks, and MORE! To register, simply text (272)-200-8163. The cost is \$40 for an outdoor space.

https://facebook.com/events/s/ plantstock/1889244844759015/

April 1 Roseto Easter Bunny.

Start planning now and mark your calendars. The Easter Bunny is coming to Roseto Ball Park April 1 at 11am. We also have coffee, juice and breakfast sandwiches available for purchase.

Age groups include: 0-3, 4-6, 7-10. Prize eggs in each group.

The Easter Buuny will be there.

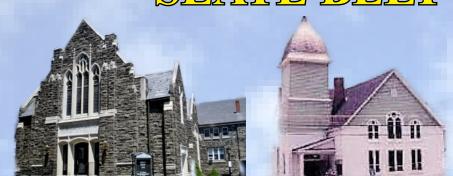
Easter Egg Hunt

Mark your Calendars & Join us for our second Annual Family Day and Free Community Easter Egg Hunt!Aspects by the Barn Our event will be from 10am- 4pm on Saturday, April 1st.

DETAILS: We will have three age groups for an Easter Egg Hunt, Prizes, Photos with the Easter Bunny, Face Painting, several Artisan Vendor Tents in our side parking lot, Food Trucks, Wine Tents, Live Music, a Bounce House, Petting Zoo, In Store Specials & More!

Free Admission but you must register for the Easter Egg Hunt so we know how many kids to expect per age group! Make sure to put your child('s) name and age in the Notes section at

SLATE BELT CHURCH INFORMATION



Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor www.christpcsb.org More info 610-588-4864.
E-mail: info@christpcsb.org. Sunday Worship, 10:00 a.m.
in-person/Zoom/Facebook Live.

Flicksville UCC

For more info: 610-588-4864.

1337 Lower South Main St., Bangor Pastor Ken Hess 610-588-4648

www.flicksvilleucc.com

Worship at 10:45am Sunday School - 9:30am

Mt. Bethel Abstract Complete Title Insurance Services Susan McKean President 3013 N. Delaware Drive Mt. Bethel, PA 18343 Phone: 570-897-9047 Fax: 570-897-9048 Toll Free: 888-325-2433

www.mountbethelabstract.com

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www.malachowskiandson.com

Trinity Lutheran Church

404 Broadway Bangor (610-588-2023) telcbangor@frontier.com Sunday worship 10:30am Sunday School:10:15 - 11:30 Holy Communion: First and Third Sundays Refreshments after. Masks optional.

East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor February 25- A.A Meeting 8pm
Fenruary 26- 9:30 a.m. Worship Service Adult Sunday School 10::30
March 1 - Ash wednesday Service 7pm March 2- Choir Rehearsal
(Live & on Zoom) 10:45 Fellowship Hour

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064 www.gracebelfastpa.org 610-759-9080 Email:gracebelfast@rcn.com February 26 9:00 am Holy Communion, 10am Sunday Morning Adventures

Worship Times & Schedules Are Public Service Announcements Published Free by The Slate Belt Town Topics

E-Mail Information to sbtopics@rcn.com

Christ Evangelical Lutheran Church

703 South Delaware Drive Mt. Bethel, 18343

http://www.celcpa.org/ Email: celcpaorg@yahoo.com 610-588-7056 Worship: Sundays 9:00 a.m. Holy Communion: First and Third Sunday Toddler Sunday School: Sept-May 10:15

Richmond United Methodist Church

Rev. Peter Jamieson, Pastor http://richmondumc.com/ 8538 Delaware Dr, Bangor, PA 18013 610.588.7317 | richmondumc@epix.net Sunday Worship - Weekly at 10:00 a.m.

First United Methodist Church of Bangor

Pastor Elisandra Garcia - 610-588-4673 55 North Third Street, Bangor PA 11:00am service (Communion First Sunday)

Prince of Peace Ev. Lutheran Church

Rev. Michael J. Scholtes, 610-588-2355 2445 Lake Minsi Dr, Bangor popbangor.org poplcbangor@gmail.com Sunday Worship 9:45 am (Weekly Communion) Sunday School 8:30 am



308 Spring Garden Street • Easton, PA 18042 Securities offered through Royal Alliance Associates, Inc., Member FINRA, SIPC.

Slate Belt Town Topics Sports



Wrestling

Girls Basketball

Boys Basketball

2022 -23 Sports Schedule

Pen	Argyl Gi	rls (19-	5)
	DES W 64-12	•	0pm
12/3 M	loravian W 45-	-34 1:0	0pm
12/6/ Sa	aucon W 60-3	1 6:4	5pm
12/8/ Pa	almerton L 49	-46 6:4	5pm
12/12/W	ilson W 62-24	4 <u>6:4</u>	5pm
12/19/a) NDGP L49-3	37 6 :4	5pm
	ehighton W 40		5pm
	angor L 45-37		5pm
12/27 PI	ME - W 47-38	6:0	0pm
1/5/ Pa	alisades W 51	-24 6:4	5pm
1/7/ N	orthwestern L5	51-36 12:4	5pm
1/9/ Sa	alisbury W 70	-29 6:4	5pm
1/12/ W	hitehall W 54	-34 7:0	0pm
1/14/ S.	Lehigh W 58	-27 12:4	5pm
1/17/ Pa	alisades W 55	- 24 6:4	5pm
1/19/ Ca	atasauqua W 4	<mark>49-28 6</mark> :4	5pm
1/24/ Sa	aucon W 52-3	5 6:4	5pm
1/26/ N	. Lehigh W 6	1-33 6:4	5pm
1/28/ W	ilson W 48-1	4) 12:4	5pm
2/1/ M	loravian W 58	3-32 6:4	5pm
2/4/ N	DGP W 37-2	8 12:4	5pm
2/7/ (a)	Bangor W 6	5-40 6.4	5nm

- 2/7/ @ Bangor W 65-40 6:45pm
- 2/10 Bangor W 48-402/14 Palmerton (L) 68-67 (30T)

Bangor Girls (17-6)

12/6/	Moravian W 46 - 27 6:45 pm
12/8/	NDGP W 43-37 6:45pm
12/10	Northampton L47-46 12:45pm
12/12	Catasauqua W 47-29 6:45pm
12/15	@ Palisades W 36-16 6:45pm
12/17	E'burg North W 1:00pm
12/19/	Saucon ValleyW 41-27 6:45pm
12/21/	@ Pen Argyl W 45-376:45pm
12/27	@ Wm. Allen W 48-30. 2:30pm
12/28	@ NDES W 38-9 2:30pm
1/5/	Wilson W 52 - 32 6:45pm
1/7/	N. Lehigh W 47-37 12:45pm
1/9/	Northwestern L 61-25 6:45pm
1/12/	@ Salisbury W 42-22 6:45pm
1/17/	@ Wilson W 49-22 6:45pm
1/19/	@ S. Lehigh W 49-37 6:45pm
1/24/	Moravian W 38-32 6:45pm
1/26/	NDGP. L 37-28 6:45pm
1/28/	Palmerton L 46-25
2/1/	Palisades W 54-34
2/4/	Saucon Valley W 41-30
2/7/	Pen Argyl L 65-40
2/10	Pen Argyl L 48-40
3/1	

Pe	n Argyl Boys (8-13)
12/2	NDES L-55-44 4:00pm
12/3	Moravian L 51-36 2:45pm
12/6/	Saucon L 46-32 6:45pm
12/8/	Palmerton L 57-30 6:45pm
12/12/	Wilson W 58-41 6:45pm
12/19/	NDGP L 60-35 6:45pm
12/21/	@ BangorW 45-40 6:45pm
12/22	@ Lehighton L 45-42 7:00pm
12/27	@ N.Warren W 50-361:30pm
12/28	@ Sussex W 57-37 TBA
1/5/	Palisades W 52-46 6:45pm
1/7/	Northwestern L 52-40 12:45pm
1///	
1/9/	Salisbury L 43 - 33 6:45pm
1/9/	Salisbury L 43 - 33 6:45pm
1/9/ 1/14/	Salisbury L 43 - 33 6:45pm S. Lehigh L 41-33 12:45pm
1/9/ 1/14/ 1/17/	Salisbury L 43 - 33 6:45pm S. Lehigh L 41-33 12:45pm Palisades W 51-41 6:45pm
1/9/ 1/14/ 1/17/ 1/19/	Salisbury L 43 - 33 6:45pm S. Lehigh L 41-33 12:45pm Palisades W 51-41 6:45pm Catasauqua W 35-29 6:45pm
1/9/ 1/14/ 1/17/ 1/19/ 1/24/	Salisbury L 43 - 33 6:45pm S. Lehigh L 41-33 12:45pm Palisades W 51-41 6:45pm Catasauqua W 35-29 6:45pm Saucon L 36-22 6:45pm
1/9/ 1/14/ 1/17/ 1/19/ 1/24/ 1/26/	Salisbury L 43 - 336:45pmS. Lehigh L 41-3312:45pmPalisades W 51-416:45pmCatasauqua W 35-296:45pmSaucon L 36-226:45pmN. Lehigh W 65-306:45pm
1/9/ 1/14/ 1/17/ 1/19/ 1/24/ 1/26/ 1/28/	Salisbury L 43 - 336:45pmS. Lehigh L 41-3312:45pmPalisades W 51-416:45pmCatasauqua W 35-296:45pmSaucon L 36-226:45pmN. Lehigh W 65-306:45pm@ Wilson L 55-4312:45pm
1/9/ 1/14/ 1/17/ 1/19/ 1/24/ 1/26/ 1/28/ 2/1/	Salisbury L 43 - 336:45pmS. Lehigh L 41-3312:45pmPalisades W 51-416:45pmCatasauqua W 35-296:45pmSaucon L 36-226:45pmN. Lehigh W 65-306:45pm@ Wilson L 55-4312:45pmMoravian L 41-336:45pm

Pen Argyl Wrestling (10-4) 12/2/ NDGP L 69-3. 7:00pm 12/3/ @Rough Rider 9:00am Saucon Valley L 43-24 7:00pm 2/7/12/16 Lehighton L 33-28 7:00pm 12/22/@ Palmerton W54-14 7:00pm @ Salisbury W 49-24 7:00pm 1/4/ 1/6/ @ Wilson W 35-27 7:00pm 1/7/ Upper Moreland W33-30 9:00am NorristownW 56-12 1/7Epicopal Acad. W 50-18 1/7Methacton L42-28 1/7Penn Wood W 59-12 1/71/11/ N. Lehigh W 63-9 7:00pm 1/18/ Palisades W43-23 7:00pm 4:00pm (a)Coal Cracker 1/20@Coal Cracker 11:00am 1/211/27/ @Ultimate Warrior 11:00am 1/31/ @Bangor W 45-24 7:00pm

Bangor Boys (13-10)

12/6/	Moravian W 58-47	6:45pm
	(<i>a</i>) NDGP L 56-22.	6:45pm
	Northampton W 46-39	-
	Catasauqua W 58-30	6:45pm
	Palisades W 36-16	6:45pm
		-
	@Pleasant ValleyL	7:00pm
and the second se	Saucon Valley L 38-24	
	Pen Argyl L 45-40	6:45pm
12/27	@ Easton L 47-39	7:30pm
12/27	@ Hatboro L 66-67	TBA
1/5/	@ Wilson W 51-48	6:45pm
1/7/	N. Lehigh W 70-33 1	2:45pm
1/9/	Northwestern W 60-57	6:45pm
1/12/	Salisbury W 58-28	6:45pm
1/17/	Wilson L 56-52	6:45pm
1/19/	S. Lehigh W 50-40	6:45pm
1/24/	@ Moravian W 65-56	6:45pm
1/26/	NDGP L 68-60	6:45pm
1/28/		2:45pm
2/1/	Palisades W 65-42	6:45pm
2/4/		2:45pm
2/7/	Pen Argyl W 56-39	6:45pm
2/11	U	0. -
2/11	Palmerton L 64-42	

Bangor Wrestling (5-9)

12/3	North Penn L 46-22
12/3	Abington L57-15
12/3	Pleasant Val. W 45-23
12/3	Mariana Acad. W 60-12
12/3	Honesdale L 58-18
12/7/	Catasauqua L 43-24 7:00pm
12/9/	Palisades L 34-33 7:00pm
12/14/	Saucon Valley L 61-6 7:00pm
12/16/	@Belvidere W 54-247:00pm
12/20/	Wilson W 25-24 7:00pm
12/29	@ Trojan Wars TBA
12/30/	@ Trojan Wars TBA
1/4/	Northwestern L 37-30 7:00pm
1/11/	NDGP L 68-0 7:00pm
1/18/	S. Lehigh W 43-19 7:00pm
1/20	<pre>@Coal Cracker 1:45pm</pre>
1/21	<pre>@Coal Cracker 9:00am</pre>
1/26/	@ Del Val7:00pm
1/31	PenArgylL45-29 7:00pm

2/24

High School Varsity Rosters 2022 - 23

Bangor Boys

- 5 Marquise Acree
- 14 Nickolas Castelletti
- 1 Alex Farensbach
- 12 Joshua Giaquinto
- 30 Quin Karner
- 3 Ashton Kluska
- 4 Bryan Marmol
- 2 Hunter McShane
- 11 Gavin Nelson
- 54 Cody Quagliato
- 20 Jeremiah Singer
- 23 Ryan Wildrick

Bangor Girls

Madyson Escuadro 4 Jayleigh Figurski 2 12 Kaylynn Figurski Kyleena Gonzalez 11 14 Linzey Hann 21 Jade Hendricks Caydence McLain 31 10 Jackelin Miller 25 Avery Nelson Julia Pinter 3 43 Jace Polowy Madeline Stout 1

Pen Argyl Boys

- 12 Blake Boyer
- 50 Dominic Dauley
- 21 Christian Hershey
- 22 Ethan Holland
- 0 Trowne Irwin-Hill
- 10 Chase Kennedy
- 5 Lincoln Kuster
- 33 Jacob Martini
- 32 Jack McLaughlin
- 35 Thomas Mulroy
- 23 Bradley Rissmiller
- 24 Mason Soos
- 3 Damian Tyminski
- 4 Cayden Vishnesky

Pen Argyl Girls

- 3 Emma Albanese
- 15 Julia Antonioli
- 2 Mckenna Cunningham
- 44 Hailey Frey
- 1 Jasmine Holland
- 22 Macy Kotulka
- 24 Kayla Maggipinto35 Alexandra Marshall
- 20 Natosha Morrison
- 21 Jillian Morro
- 10 Kristen O'Brien
- 33 Ashlyn Oessenick
- 4 Kylee Uhler
- 12 Julia Vargo
- 5 Ellianna Wallbillich
- 32 Grace Weaver
- 11 Callia Wilgus
- 42 Katie Wilgus

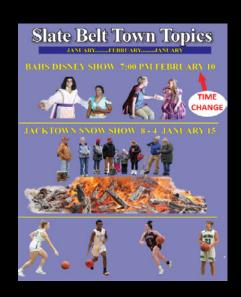
Pen Argyl Wrestling

01	
Ethan Alvarado	215
Riley Alvarado	172
Yakup Aybaz	285
Jonathon D'Alessand	ro 121
Luke Dalton	114
Michael Fuller	133
Bo Hatesaul	160
Noah Hillis	160
Arman Khan	215
Jace LaBar	121
Timothy McLain	189
Aidan McNulty	133
Parker Reimel	145
Tyler Scholato	152
David Sipley	145
Carter Smith	107
Landen Smith	152
Benjamin 2025	114
Riley Stapp	189
Riley Waldron	145
Kody Ward	160

Pen Argyl Wrestling

Isaiah Adams Luca Albanese Adam Bartholomew Connor Bartholomew Hunter Beers Michael Culver Michael Culver Rocco DeCesare Gian Greggo Kael Grim Evan Johnson Kristoffer Kessler Nuallan King Aidan Knorr Brayden Krasnopera Blayke Lacey Cole Lobb Cody Long Zachary Metzgar Alex Moser Shane Moser **Collin Ramsay** Vincent Reto Madacyn Rivera **Benjamin Whitley** Mgr Brooke Bowie MgrDelaney Brinker MgrAlexis Burrier

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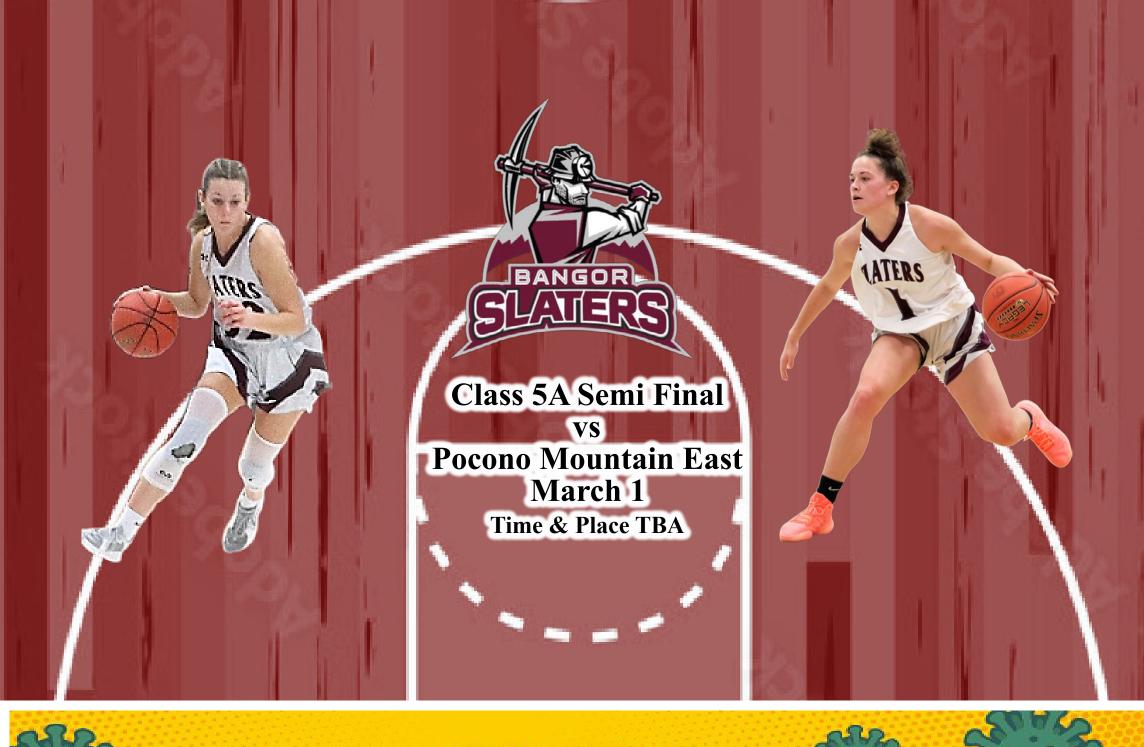
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SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common 🔮

ASH WEDNESDAY

In 2023, like in every year, Ash Wednesday is the first day of the liturgical season of Lent. It always falls six and half weeks before Easter, beginning the Lenten season of preparation for Christ's Resurrection on Easter Sunday.

Origin

Ash Wednesday dates back to the 11th century. Yet, the tradition of receiving ashes has even earlier roots — to the ancient Hebrew custom of clothing oneself in sackcloth and dusting oneself with ashes as a sign of penance

How Is The Date For Easter Determined Every Year?

The simple standard definition of Easter is that it is the first Sunday after the full Moon that occurs on or after the spring equinox. If the full Moon falls on a Sunday then Easter is the next Sunday.

Easter, also called Pascha or Resurrection Sunday, is a Christian festival and cultural holiday commemorating the resurrection of Jesus from the dead, described in the New Testament as having occurred on the third day of his burial following his crucifixion by the Romans at Calvary

It marks the first day of Lent in Western churches. The ashes symbolize penance and the dust from which God made people. When priests mark Christian's forehead with the ashes they often say, "Repent and believe in the Gospel," or "Remember that you are dust, and to dust you shall return



FASTNACHT DAY

Fastnacht Day or in Pennsylvania German: Faasenacht) is an annual Pennsylvania Dutch celebration that falls on Shrove Tuesday, the day before Ash Wednesday. The word translates to "Fasting Night" or "Almost Night" in English. The tradition is to eat the very best foods, which are part of the German tradition, and much of them, before the Lenten fast. Fastnachts (pronounced / fastnaxt/ in German) are doughnuts.

aka FAT TUESDAY

Festive day celebrated in France on Shrove Tuesday ALSO KNOWN AS Mardi Gras, (French: Fat Tuesday) (the Tuesday before Ash Wednesday), which marks the close of the pre-Lenten season. Fat Tuesday is the custom of using all the fats in the home before Lent in preparation for fasting and abstinence.

aka SHROVE TUESDAY

The Tuesday before Ash Wednesday, which marks the close of the pre-Lenten season. aka Pancake Tuesday is the day before Ash Wednesday, observed in many Christian countries through participating in confession and absolution, the ritual burning of the previous year's Holy Week palms, finalizing one's Lenten sacrifice, as well as eating pancakes and other sweets

Fastnacht Donut Sale at Christ Lutheran Church

A Donut Sale will be held at Christ Evangelical Lutheran Church, 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church) on Tuesday, February 21st. Donuts are available powdered or plain and picked up by 1pm. The cost is \$10.00 per dozen. Orders are recommended and can be placed until February 18th. To place your order or for additional information call Chrissy at 610-588-0809.



Lincoln and Washington's Birthday Morphed Into Presidents Day

Birthday Observance History

1876 - U.S. House of Reps proposed that April 14 (Lincoln) Assassination Date) would be a national holiday for Lincoln. 1900 - Post Offices closed in the afternoon.

1907 - All Northampton County Schools observed Lincoln's Birthday.

1909 - at the Music Hall in Bangor (next to the present Bangor PD office) Union Defenders Day and Lincoln's Birthday were observed by the Sons of Veterans of the Civil War.

1909 - The Shakespearian Literary Society in Pen Argyl observed Lincoln's Birthday.

1914 - Lehigh New England Railroad Shops closed.

1923 - Pen Argyl Schools observed Lincoln's birthday as a holiday.

1924 - Lincoln and Washington's Birthdays were observed in all Bangor Schools.

1924 - PAHS Class of 1924 held a Lincoln Birthday Party.

1936 - Bethlehem Schools Closed.

1939 - Merchants bank of Bangor's move to Broadway delayed by observance of Lincoln's Birthday.

1947 - Banks and Municipal offices closed but schools and post offices were open on Lincoln's Birthday.

Presidents Day History

By the end of WWII, the observance of Lincoln and Washington's birthdays waned except as magnets for special February sales.

Today their birthdays are included in Presidents' Day, which is a holiday in the United States celebrated on the third Monday of February to honor all people who served as presidents of the United States and, since 1879, has been the federal holiday honoring George Washington, who led the Continental Army to victory in the American Revolutionary War, presided at the Constitutional Convention of 1787, and was the first U.S. president.

Washington's Birthday was celebrated on February 22 from 1879 until 1970. To give federal employees a three-day weekend, in 1968 the Uniform Monday Holiday Act moved it to the third Monday in February, which can occur from February 15 to the 21st.

Lincoln's Birthday, February 12, was never a federal holiday, but nearly half the state governments have officially renamed their observances "Presidents' Day", "Washington and Lincoln Day", or other such designations. (In historical rankings of presidents of the United States, Lincoln and Washington are often the top two.





1789 - PRESENT



George Washington

(1789 - 1797)







Thomas Jefferson (1801 - 1809)

James Madison



(1809 - 1817)



James Monroe

(1817 - 1825)



John Quincy Adams

(1825 - 1829)





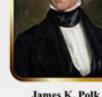
Martin Van Buren (1837 - 1841)



William Henry Harrison (1841 - 1841)



John Tyler (1841 - 1845)



James K. Polk (1845 - 1849)



Zachary Taylor (1849 - 1850)



Millard Fillmore (1850 - 1853)



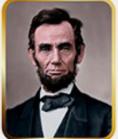
Franklin Pierce (1853 - 1857)



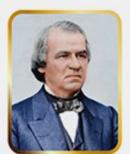
(1857 - 1861)

Andrew Jackson

(1829 - 1837)



Abraham Lincoln (1861 - 1865)



Andrew Johnson (1865 - 1869)

William McKinley

(1897 - 1901)

Harry S. Iruman

(1945 - 1953)

NT OF



Ulysses S. Grant (1869 - 1877)

Theodore Roosevelt

(1901 - 1909)

Dwight D. Eisenhower

(1953 - 1961)

George H. W. Bush

(1989 - 1993)



William Howard Taft

(1909 - 1913)

John F. Kennedy

(1961 - 1963)

Bill Clinton

(1993 - 2001)

Rutherford B. Hayes (1877 - 1881)



James A. Garfield (1881 - 1881)

Woodrow Wilson

(1913 - 1921)







(1885 - 1889)



Benjamin Harrison (1889 - 1893)



Franklin D. Roosevelt (1933 - 1945)



Konald Reagan (1981 - 1989)



Joe Biden (2021-)



Jimmy Carter (1977 - 1981)









Calvin Coolidge

(1923 - 1929)

Gerald Ford

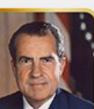








George W. Bush (2001 - 2009)



Richard Nixon



Donald Trump (2017 - 2021)







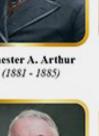
















Lyndon B. Johnson (1963 - 1969)

(2009 - 2017)

Warren G. Harding

(1969 - 1974)

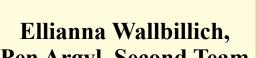
Barack Obama

BLOOMING WITCH HAZEL SURE SIGN OF SPRING Witch-hazels bloom earlier than other plants and stay in bloom longer. Most perennial plants bloom for roughly two weeks, but witch-hazel does so for eight weeks or more. It first opens in winter, usually during a warm spell, but the flowers don't die when the temperature drops. Instead, the ribbonlike petals curl up temporarily, and as soon as the temperature rises, they unfurl again

SIGNS OF THINGS TO COME

ALL COLONIAL LEAGUE TEAM SELECTIONS

KNIGHTS



KNIGHT

Jillian Morro, Pen Argyl **First Team**

LATERS

Pen Argyl, Second Team

Madeline Stout, Bangor **Honorable Mention**

Avery Nelson, Bangor **Second Team**

SI ATERS

SLATER

Julia Pinter, Bangor **Honorable Mention**

Pen Argyl's Sokal Athletes Bringing Home the Gold

by Larry Cory

Recently, the Sokal Fitness and training center in Pen Argyl took a group to DeSales and Villanova University and came home with 10 gold medals, 10 silver medals and eight bronze medals.

"I was very proud of the kids that went," said Sokol director Erl Person. "We had 13 kids trained (and) for ten weeks in the fall for Special Olympics power-lifting, we had 11."

and

to

According to their website: "Sokol 5-Tool Fitness is a not-for-profit organization that operates a sport fitness and baseball/softball training facility. It is administered and maintained by the Sokol USA

Lodge 410 Board of Directors members. The goal is provide quality strength/ conditioning/agility training and baseball/softball skill development for our members and local baseball and softball organizations. The facility is also available for rent."

Person is currently training his group for their next competition,

"We're probably taking eight or ten kids to Parkland School for Coach Roy Cortez. Since then he has become a Certified personal trainer through the CSM February 25th for high school, teenage high school and team championships," he said. "Probably two or three of those are going to be and a certified power-lifting coach through Special Olympics. When he is not at the gym he works for the FAA as an Electronics technician. Special Olympics kids."

Medal Winners

Justin Washington 1 Gold Medal Gage Higgins 1 Gold Medal Sammy Campbell 1 Gold Medal Mika Kanofsky 1 Gold Medal 3 Silver Medals Makenna Compton 1 Gold Medal 3 Silver Medals Christine DeHaven 3 Gold Medals 1 Silver Medal Tyler Youngkin - 4 Silver Medals Logan Wismer 4 Silver Medals James Morris 1 Bronze Medal and 3 4th place ribbons Markus Ikona 4 Gold Medals 1 Silver Medal



Sokal is not a fancy gym with all the glitz and glimmer of LA Fitness. Sokal, however, on Robinson Avenue in Pen Argyl is about as

basic as a gym can be, yet they get the job done. "It's the way we train here is very simple," said Person. "We focus on a small number of functional movements. Squat, bench press. dead lift and press."

This a process that doesn't produce results overnight. "We work on form technique first and foremost, then as they perfect that, we start adding weight." Person says.

"They don't need fancy. They just need to come in and they know that everyone here is on their side," Person stressed.

> "We don't want them competing against one another. We want then competing against themselves" he added. "You know every kid ha to do better than they did the las time they were here. That's al we're looking for. It's old school It's very old school."

Person is no stranger to athletic training he got off to a good start playing football at Pen Argyl High















