

Slate Belt Town Topics

NEWS TODAY NOT NEXT WEEK

Fastnacht Donut Sale at Christ Lutheran Church

A Donut Sale will be held at Christ Evangelical Lutheran Church, 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church) on Tuesday, February 21st. Donuts are available powdered or plain and picked up by 1pm. The cost is \$10.00 per dozen. Orders are recommended and can be placed until February 18th. To place your order or for additional information call Chrissy at 610-588-0809.

Save The Date

Bangor High School Class of 1963 is going to hold their 60th reunion at the ScoreCard in Wind Gap on Saturday, July 15, 2023? They don't have all the details ironed out yet, but I will follow up with that at a later date.

Hello Spring Street Festival

Pen Argyl Borough, Saturday, April 15, 2023 from 10 am – 3 pm

South Robinson Ave. in Pen Argyl featuring vendors, crafters, food trucks, live music, and a Tricky Tray to benefit the local library.

Held by Blue Flame Events.

February 15, 2023

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(Click Above)

Pen Argyl's Sokal Athletes Bringing Home the Gold

by Larry Cory

Recently, the Sokal Fitness and training center in Pen Argyl took a group to DeSales and Villanova University and came home with 10 gold medals, 10 silver medals and eight bronze medals.

"I was very proud of the kids that went," said Sokol director Erl Person. "We had 13 kids trained (and) for ten weeks in the fall for Special Olympics power-lifting, we had 11."

According to their website: "Sokol 5-Tool Fitness is a not-for-profit organization that operates a sport fitness and baseball/softball training facility. It is administered and maintained by the Sokol USA Lodge 410 Board of Directors and members. The goal is to provide quality strength/conditioning/agility training and baseball/softball skill development for our members and local baseball and softball organizations. The facility is also available for rent."

Person is currently training his group for their next competition,

"We're probably taking eight or ten kids to Parkland February 25th for high school, teenage high school and team championships," he said. "Probably two or three of those are going to be Special Olympics kids."

Sokal is not a fancy gym with all the glitz and glimmer of LA Fitness.

Sokal, however, on Robinson Avenue in Pen Argyl is about as basic as a gym can be, yet they get the job done.

"It's the way we train here is very simple," said Person. "We focus on a small number of functional movements. Squat, bench press, dead lift and press."

This a process that doesn't produce results overnight.

"We work on form technique first and foremost, then as they perfect that, we start adding weight," Person says.

"They don't need fancy. They just need to come in and they know that everyone here is on their side," Person stressed.

"We don't want them competing against one another. We want them competing against themselves" he added. "You know every kid has to do better than they did the last time they were here. That's all we're looking for. It's old school. It's very old school."

Person is no stranger to athletic training he got off to a good start playing football at Pen Argyl High School for Coach Roy Cortez.

Since then he has become a Certified personal trainer through the CSM and a certified power-lifting coach through Special Olympics. When he is not at the gym he works for the FAA as an Electronics technician.



Medal Winners

- Justin Washington 1 Gold Medal
- Gage Higgins 1 Gold Medal
- Sammy Campbell 1 Gold Medal
- Mika Kanofsky 1 Gold Medal 3 Silver Medals
- Makenna Compton 1 Gold Medal 3 Silver Medals
- Christine DeHaven 3 Gold Medals 1 Silver Medal
- Tyler Youngkin - 4 Silver Medals
- Logan Wismer 4 Silver Medals
- James Morris 1 Bronze Medal and 3 4th place ribbons
- Markus Ikona 4 Gold Medals 1 Silver Medal





Slate Belt 7-Day Weather Forecast

Cloudy/Clearing 61 Today ... PM Showers 60 Thursday

National Weather Service Forecast - 6am Today

Today, Mostly cloudy, then gradually becoming sunny, with a high near 61. Southwest wind 5 to 15 mph.

Tonight, Mostly clear, with a low around 44. Southwest wind 5 to 10 mph.

Thursday, Showers, mainly after 1pm. High near 60. Light and variable wind becoming southeast 5 to 10 mph in the afternoon. Chance of precipitation is 80%. New precipitation amounts between a quarter and half of an inch possible.

Thursday Night, Showers. Low around 53. Breezy, with a southwest wind 10 to 15 mph increasing to 20 to 25 mph after midnight. Winds could gust as high as 35 mph. Chance of precipitation is 80%. New precipitation amounts between a tenth and quarter of an inch possible.

Friday, Showers likely, mainly before 1pm. Partly sunny, with a high near 54. Breezy, with a west wind 20 to 25 mph becoming northwest in the afternoon. Winds could gust as high as 40 mph. Chance of precipitation is 60%. New precipitation amounts between a tenth and quarter of an inch possible.

Friday Night, Mostly clear, with a low around 22. Blustery.

Saturday, Sunny, with a high near 41.

Saturday Night, Partly cloudy, with a low around 28.

Sunday, Partly sunny, with a high near 49.

Sunday Night, Mostly cloudy, with a low around 36.

Washington's Birthday, Mostly cloudy, with a high near 52.

Monday Night, A chance of showers. Mostly cloudy, with a low around 33. Chance of precipitation is 30%.

Tuesday, A chance of showers. Mostly sunny, with a high near 47. Chance of precipitation is 30%.



PLEASE Text Scores of Your Games to 570-688-3724

Happening Soon

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

February 16

BAHS Pops Concert

The Bangor Area High School Bands Pops Concert Thursday February 16, 7:30 PM at Performing Arts Theatre 187 Five Points Richmond Rd Bangor,

February 17

Family Science Night – Wings and Things

Friday, February 17 at 6:00pm to 7:30pm
Wings are found on many different types of animals! We will look at why certain animals are able to live in the sky while others remain on the ground. Families will then craft their own flighty friends to complete in various

February 18

Zumba Classes

Join Clean Slate in February for Zumba Classes on Saturdays at 118 S 1st, Bangor, PA. Call for more info 610-452-9348. They will start with 30-minute Zumba dance and keep it moving every Saturday! Connect with others for heart healthy movement and fun. EveryBODY can

February 19

Plainfield Bingo

The Plainfield Twp. Vol. Fire Co. will be hosting a Jackpot Bingo on Sunday, February 19, 2023. Doors open at 11am Games start at 1pm. Event will be held at our Banquet Facility located at 6480 Sullivan Trail, Wind Gap PA 18091. We will be having Regular

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State Farm

Debbie Pettinari Agency
106 S. Broadway, Wind Gap, PA
610-881-4433

www.debbieinsurespa.com
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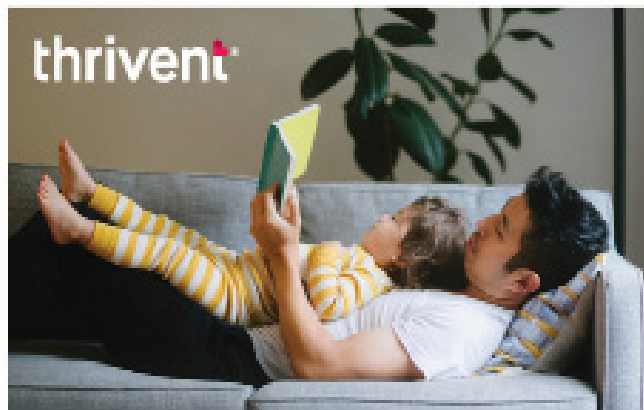
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Daily Schedule

Wednesday February 15

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Washington Township Supervisors Meet - Municipal Building, 7pm

Pen Argyl Park Board - 7pm

Plainfield Township Supervisors - Meets 7:00pm Municipal Building.

Slate Belt YMCA - Open 6:00am - 8:00pm

East Bangor Municipal Authority - Municipal Authority Hall, 555 Messinger St., East Bangor, 7:00pm

Thursday February 16

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Bingo - Plainfield Fire Co., 6:30pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Friday February 17

Bingo - Wind Gap Fire Co., 6:45.

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday February 18

Blue Mountain Library - Open 10-12

Bangor Public Library - Open 10-4

Slate Belt YMCA - 8-4

Slate Belt Heritage Center - Open 12-3

Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday February 19

Slate Belt Heritage Center - Open 12-3.

Slate Belt YMCA - 10-2

Monday February 20

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue

Valley Farm Show

Plainfield Township Planning Commission - Municipal Building, 7:00 pm.

Lower Mount Bethel Supervisors - Meets Centerfield Building - 7pm

Pump - 8:30-11:30

Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday February 21

Bingo - Portland Fire Co., 7pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 10-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show

Mission of Love Food Pantry & Clothes Closet - N. Main St., Bangor, 10-2

Roseto Planning Commission - 7:00pm Borough Hall

Slate Belt YMCA - Open 6:00am - 8:00pm

Washing Twsp. Planning - 7pm

Wind Gap Boro - Council 7pm

Wednesday February 22

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

UMBT Planning Commission - Township Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Thursday February 23

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

UMBT Planning Commission - Township Building, 7:30pm

Slate Belt YMCA - Open 6:00am - 8:00pm

Friday February 24

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.

Blue Mountain Library - Open 10-12 & 6-8pm

Bangor Public Library - Open 1-8



Wind Gap

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CHEVROLET

Daily Schedule

Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show
UMBT Planning Commission - Township Building, 7:30pm
Slate Belt YMCA - Open 6:00am - 8:00pm

Saturday February 25

Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-4
Slate Belt YMCA - 8-4
Slate Belt Heritage Center - Open 12-3
Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday February 26

Fellowship Dinner - First UMC Bangor, 12:30-1:30.
Portland Sunday Sundaes - 6:30 - 8:00pm (Summer only)
Slate Belt Heritage Center - Open 12-3.
Slate Belt YMCA - 10-2

Monday February 27

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show
Bangor Borough Council - Workshop, Bee Hive, 7:00pm
Pump - 8:30-11:30
UMBT Supervisors - 7pm
Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday February 28

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show

Washington Twp. Recreation - 7pm
Roseto Zoning - 7pm
Slate Belt YMCA - Open 6:00am - 8:00pm
UMBT Zoning - 7pm Room, 7pm

Wednesday March 1

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 7pm.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
LMBT Recreation Board - 7pm, Centerfield building
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Zoning - 7pm

Thursday March 2

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Bingo - Plainfield Fire Co., 6:30pm
Plainfield Environmental Advisory Board - Municipal Building, 7:00pm
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Planning - 7pm

Friday March 3

Bingo - Wind Gap Fire Co., 6:45.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday March 4

Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-4
Mission of Love Soup Kitchen - N.

Main St., Bangor. 11-2
Slate Belt YMCA - 8-4
Slate Belt Heritage Center - Open 12-3
Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday March 5

Fellowship Dinner - East Bangor UMC, 4-6.
Slate Belt Heritage Center - Open 12-3.
Slate Belt YMCA - 10-2
All-You-Can Eat Breakfast - Bangor Elks 8-12pm. Adults \$10. Kid 6-12 \$6. Under 6 - Free.

Monday March 6

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Pen Argyl Sewer Committee - 4:30 P.M. Council Chambers
Pen Argyl Municipal Authority - 5:00 P.M. Council Chambers
Washington Township Zoning Board - Municipal Building, 6:30 pm.
Roseto Borough Council - Municipal Building, 7:30pm
Lower Mount Bethel Supervisors - Meets Centerfield Building, 7pm
Portland Borough Council - Borough Hall, 7:00pm
Pen Argyl Council - 7pm
Pen Argyl GFWC - St. John , Pen Argyl, 7pm
Slate Belt YMCA - Open 6:00am - 8:00pm
Pump - 8:30-11:30
Weona Park Pals - 7pm
Wind Gap Boro Council - 7pm

Tuesday March 7

Bangor Public Library - Open 1-8

Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Plainfield Township Planning Commission - Municipal Building, 7:00 pm.

Lower Mount Bethel Supervisors - Meets Centerfield Building - 7pm

Pump - 8:30-11:30
Slate Belt YMCA - Open 6:00am - 8:00pm

Wednesday March 8

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
LMBT Recreation Board - 7pm, Centerfield building
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Zoning - 7pm

Thursday March 9

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Bingo - Plainfield Fire Co., 6:30pm
Slate Belt YMCA - Open 6:00am - 8:00pm

Friday March 10

Bingo - Wind Gap Fire Co., 6:45.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday March 11

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SLATE BELT TODAY BY THE NUMBERS

Temperature

(Yesterday)

High

53

(Today's Forecast)

High

61

Low

36

Low

44

COPD

0 1 2 3 4 5 6 7 8 9 10



Combination of weather factors that can make one less or more likely to develop a pulmonary attack. Lower numbers are less while higher numbers increase the chance.

Asthma Index

0 1 2 3 4 5 6 7 8 9 10



Combination of weather factors that can trigger asthma. A higher index mean more people w/asthma could be affected by temperature and allergens.

Sinus Headache

0 1 2 3 4 5 6 7 8 9 10



Combination of weather factors that can make one less or more likely to develop a migraine. Lower numbers are less while higher numbers increase the chance.

Migraine Headache

0 1 2 3 4 5 6 7 8 9 10



Combination of weather factors that can make one less or more likely to develop a migraine. Lower numbers are less while higher numbers increase the chance.

Common Cold

0 1 2 3 4 5 6 7 8 9 10



Combination of weather factors that can make one less or more likely to catch a cold.. Lower numbers are less while higher numbers increase the chance.

Air Quality

AM Reading

Columbia N.J - 60

Bethlehem - 38

Allentown - 37

Monroe - ND

Good 0-50

Moderate (51-100)

Bad for Some (101-150)

Very Bad 150+



Arthritis Index

0 1 2 3 4 5 6 7 8 9 10



Scale of 0-10 with 0 indicating a very low risk of weather-related arthritis pain, and 10 indicating the highest chance of pain.

Cooling Degree Days

Yesterday

0

Season

0

Used to track energy use. Add the daily high and low temperatures, divide by 2 and add 65 to calculate heating degree days.

Rainfall/Snowfall

Rain

Recent - 0.00

Month - 0.02

Year - 5.23 (+2.8)

Snow

Recent - 0.0

Month - 1.5

Season - 4.00

UV Index

0 1 2 3 4 5 6 7 8 9 10 11 12



Moderate Risk Today From 12pm-2pm

(Ultra Violet Rays) Lower number indicates low risk of harm from unprotected sun exposure, higher numbers indicate greater risk

Heating Degree Days

Yesterday

22

Season

3358

Used to track energy use. Add the daily high and low temperatures, divide by 2 and subtract 65 to calculate heating degree days.

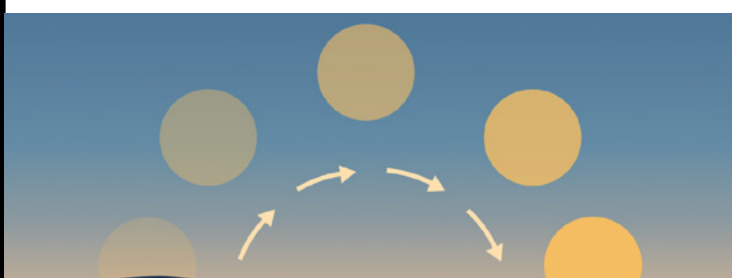
Sun

Sunrise

6:56 AM

Sunset

5:35 PM



Pollen-Allergy Forecast

0 1 2 3 4 5 6 7 8 9 10 11 12



Top Allergen - Juniper

Scale of 0-12 with zero indicating the least potential allergy and 12 the most. Most prevalent allergen is Ragweed

Flu Index

0 1 2 3 4 5 6 7 8 9 10



Flu index: (0-10) Combo of historical data and temperature. A high flu index means the spread of a flu is very favorable, assuming the disease is present

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SPECIAL EVENTS CONTINUED

bingo Games, Specials, Pull Tab tickets, 50/50, Tricky Tray, and many other games of chance to play. Presale tickets will be \$30.(please click on link for presale tickets) Tickets at the door will be \$35. Our Concession stand will be open.(No outside food or beverage allowed.)

Stop on out and help support your local fire co!

Here is some insight what will be at the Bingo on Sunday. With your door admission you will receive a 9 board top bingo package for the regular bingo games. You will also receive your specials package.

February 21

Fastnacht Donut Sale at Christ Lutheran Church

A Donut Sale will be held at Christ Evangelical Lutheran Church, 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church) on Tuesday, February 21st. Donuts are available powdered or plain and picked up by 1pm. The cost is \$10.00 per dozen. Orders are recommended and can be placed until February 18th. To place your order or for additional information call Chrissy at 610-588-0809

February 23

Slavery in Bethlehem

The Rediscovered 1780 Register of Northampton County's Enslaved Persons February 23, 2023, 5:00 pm, John R. Austen Auditorium at Sigal Museum

During the American Revolution, local officials in Pennsylvania were required to compile a list of every enslaved man and woman in each county. Northampton County's "slave register" was thought to be lost—but it was rediscovered in June 2022! This register reveals surprising new information about enslaved men and women in Moravian Bethlehem and in its satellite communities.

This program is free for NCHGS members and \$5.00 for non-members.

More info: <https://sigalmuseum.org/contact/>

Ukulele Class

Ukulele Class Thursday, February 23, 2023 at 6:30 pm. Event by A Clean Slate, 118 S 1st St Bangor.

Jim is coming , from Sync to teach us how to play the ukulele. He will bring the instruments.. just show up with the willingness to learn and be prepared to have a fun night!

February 23,24

Project Feeder Watch Monitoring

Thursday, February 23 & Friday, February 24 at 8:30am to 3:30pm

You must have already participated in Birds and Bagels - Citizen Science and Monitor Training to register for this volunteer opportunity. Volunteer as a citizen scientist to observe and record bird observations at Jacobsburg's feeders. You can choose what times you would like to monitor

what hours you are available to monitor.

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

February 25

Exploring Jacobsburg's Foundations

Saturday, February 25 at 10:00am to 11:30am

Historically, the Bushkill Creek was dammed and diverted for many industrious activities. On this exploratory walk, we will piece together the clues of the past to imagine the village which would eventually become our namesake. Registration is required.

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

February 25

Zumba Classes

Join Clean Slate in February for Zumba Classes on Saturdays at 118 S 1st, Bangor, PA. Call for more info 610-452-9348. They will start with 30-minute Zumba dance and keep it moving every Saturday! Connect with others for heart healthy movement and fun. EveryBODY can

Cavity Nesting Boxes Install and Upkeep

Saturday, February 25 at 1:00pm to 3:30pm

Join us in preparing our nesting boxes for the upcoming season. We will be installing wood duck boxes and numbering the current nesting boxes on the homestead trail. Waders and equipment will be provided. Registration is required.

February 25,28

Boy Scout Fundraiser

Boy Scout Troop 102 of Saylorsburg is raising funds to purchase a new equipment trailer used to haul gear for the scouts' monthly campouts. You can support the Boy Scouts and enjoy a meal out by participating in our Dine and Donate at Texas Roadhouse in Stroudsburg on 2/25 and/or 2/28. Bring along this flyer or take a picture of it on your phone.

March 1

Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

March 2

Feeder Watch Monitoring



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Bagels - Citizen Science and Monitor Training to register for this volunteer opportunity. Volunteer as a citizen scientist to observe and record bird observations at Jacobsburg's feeders. You can choose what times you would like to monitor between the hours of 8:30AM- 3:30PM, all day commitment is not required. Register here to let us know what hours you are available to monitor.

Wednesday, March 2 at 8:30am to 3:30pm
Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 18064

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

March 3

Feeder Watch Monitoring

You must have already participated in Birds and Bagels - Citizen Science and Monitor Training to register for this volunteer opportunity. Volunteer as a citizen scientist to observe and record bird observations at Jacobsburg's feeders. You can choose what times you would like to monitor between the hours of 8:30AM- 3:30PM, all day commitment is not required. Register here to let us know what hours you are available to monitor.

Thursday, March 3 at 8:30am to 3:30pm
Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 18064

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

March 8

Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

March 11

Volunteer Event

Bogsucker Search, Invasive Species Removal, and Earth Day Prep

After lopping and chopping invasive species to prepare for our Earth Day tree planting event, we will celebrate our accomplishments with an evening hike to look for courting American Woodcocks. Registration Required.

Saturday, March 11 at 4:00pm to 8:00pm
Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 18064

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

March 15

Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven

Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

March 18

St. Patrick's Day & 3rd Annual Wineaversary Celebration

You won't want to miss this celebration Saturday March 18 2023 at noon! Participate in a pie-eating contest, or a hook-and-ring competition. We will also have a Leprechaun Token Toss and as part of your admission you will receive 10 free tokens and a spin on the prize wheel giving you the chance to win prizes! You won't want to miss this fantastic event! Be sure to get your tickets on Eventbrite and save \$5 on the cost of admission.

March 22

Lenten Study

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Hike for Health

Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 2.5 miles over uneven terrain. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov.

Wednesday, March 22 at 5:30pm to 7:00pm.
More dates through October 4, 2023. Jacobsburg Environmental Education Center 400 Belfast Rd, Nazareth, PA 1806

March 24

Family Science Night - Tantalizing Timberdoodles

The 'sky dance' or courtship display of the American Woodcock is a spectacle which is known to take place at Jacobsburg each year. This program will cover some of the interesting biology of the American Woodcock followed by a quiet meander at sunset as we look and listen for these twirling courtship flights. Registration is Required.

Friday, March 24 at 6:30am to 8:00pm. Jacobsburg Environmental Education Center, 400 Belfast Rd, Nazareth, PA 18064

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

March 25

Camp Papillon Animal Shelter Fund Raiser

Camp Papillon Animal Shelter presents a Wise Crackers comedy fundraiser located at Mountain View Vineyard in Stroudsburg, PA on Saturday, March 25, 2023 at 7:30 PM!

Doors will open at 6:30 PM. There will be a cash bar, food and a tricky tray. Tickets are \$30 each. Seating is limited so make sure to snag your chance to see three comedians fast!

You must be 18 years or older to attend.

To purchase tickets go to www.camppapillon.org or contact Sami Ely at 570-730-9226

Trees in Early Spring

Join us to learn how to identify trees without their leaves. We'll use bark, buds, branches, and other clues to help us differentiate common species found growing in Pennsylvania. Please wear warm layers and comfortable walking shoes. Registration is required.

Saturday, March 25 at 3:00pm to 4:30pm.
Jacobsburg Environmental Education Center, 400 Belfast Rd, Nazareth, PA 18064.

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

March 29

Cat Neutering

No Nonsense Neutering will be offering a cat transport (pets and ferals) down to the Allentown clinic for neutering/vaccinations. March 29

Location for pick up: Pen Argyl Municipal building parking lot Pick up 7am-730am. Drop off 5pm-530 pm Same day.

By appointment. For scheduling details please visit www.nnnlv.org/new-transport

March 29

Lenten Study

The East Bangor United Methodist Community Church will be offering a Lenten Study "Seven Words: Listening to Christ from the Cross." The sessions will be held at 10:30 a.m. and 7:00 p.m. on Wednesdays from March 1 through April 5. If you would like to participate, please let Pastor Dave know by February 5 so that materials can be ordered. The cost for the study guide is \$10.00. Call 610-588-4453 to sign up.

April 1

PLANTSTOCK

Blue Flame Events is hosting PLANTSTOCK at the beautiful Stony Run Winery in Breiningsville on April 1st from 12PM to 5PM! We're looking for plant vendors, non-plant related vendors, food trucks, and MORE! To register, simply text (272)-200-8163. The cost is \$40 for an outdoor space.

<https://facebook.com/events/s/plantstock/1889244844759015/>

SLATE BELT CHURCH INFORMATION



Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor

www.christpsb.org

More info 610-588-4864.

E-mail: info@christpsb.org.

Sunday Worship, 10:00 a.m.

in-person/Zoom/Facebook Live.

For more info: 610-588-4864.

Flicksville UCC

1337 Lower South Main St., Bangor

Pastor Ken Hess 610-588-4648

www.flicksvilleucc.com

Worship at 10:45am

Sunday School - 9:30am

Trinity Lutheran Church

404 Broadway Bangor (610-588-2023)

telcbangor@frontier.com

Sunday worship 10:30am

Sunday School: 10:15 - 11:30

Holy Communion: First and Third Sundays

Refreshments after. Masks optional.

East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor

February 18- A.A Meeting 8pm

February 12- 9:30 a.m. Worship Service

Adult Sunday School 10:30

February 16- Choir Rehearsal

(Live & on Zoom) 10:45 Fellowship Hour

(For Zoom, go to ebumc.org to sign in)

Christ Evangelical Lutheran Church

703 South Delaware Drive Mt. Bethel,
18343

<http://www.celcpa.org/>

Email: celcpaorg@yahoo.com

610-588-7056

Worship: Sundays 9:00 a.m.

Holy Communion: First and Third Sunday

Toddler Sunday School: Sept-May 10:15

Richmond United Methodist Church

Rev. Peter Jamieson, Pastor

<http://richmondumc.com/>

8538 Delaware Dr, Bangor, PA 18013

610.588.7317 | richmondumc@epix.net

Sunday Worship - Weekly at 10:00 a.m.

First United Methodist Church of Bangor

Pastor Elisandra Garcia - 610-588-4673

55 North Third Street, Bangor PA

11:00am service (Communion First Sunday)

Prince of Peace Ev. Lutheran Church

Rev. Michael J. Scholtes, 610-588-2355

2445 Lake Minsi Dr, Bangor

popbangor.org

poplcbangor@gmail.com

Sunday Worship 9:45 am (Weekly
Communion) Sunday School 8:30 am

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Worship Times &
Schedules Are Public
Service Announcements
Published Free by The
Slate Belt Town Topics



E-Mail Information to

sbtopics@rcn.com

Slate Belt Town Topics Sports



Wrestling

Girls Basketball

Boys Basketball

2022 -23 Sports Schedule

Pen Argyl Girls (19-5)

Pen Argyl Boys (8-13)

Pen Argyl Wrestling (10-4)

12/2	NDES W 64-12	2:30pm
12/3	Moravian W 45-34	1:00pm
12/6/	Saucon W 60-31	6:45pm
12/8/	Palmerton L 49-46	6:45pm
12/12/	Wilson W 62-24	6:45pm
12/19/	@ NDGP L 49-37	6:45pm
12/22	Lehigh W 46-37	6:45pm
12/21/	Bangor L 45-37	6:45pm
12/27	PME - W 47-38	6:00pm
1/5/	Palisades W 51-24	6:45pm
1/7/	Northwestern L 51-36	12:45pm
1/9/	Salisbury W 70-29	6:45pm
1/12/	Whitehall W 54-34	7:00pm
1/14/	S. Lehigh W 58-27	12:45pm
1/17/	Palisades W 55-24	6:45pm
1/19/	Catasauqua W 49-28	6:45pm
1/24/	Saucon W 52-35	6:45pm
1/26/	N. Lehigh W 61-33	6:45pm
1/28/	Wilson W 48-14)	12:45pm
2/1/	Moravian W 58-32	6:45pm
2/4/	NDGP W 37-28	12:45pm
2/7/	@ Bangor w 65-40	6:45pm
2/10	Bangor 48-40	
2/14	Palmerton (L) 68-67 (3OT)	

12/2	NDES L-55-44	4:00pm
12/3	Moravian L 51-36	2:45pm
12/6/	Saucon L 46-32	6:45pm
12/8/	Palmerton L 57-30	6:45pm
12/12/	Wilson W 58-41	6:45pm
12/19/	NDGP L 60-35	6:45pm
12/21/	@ Bangor W 45-40	6:45pm
12/22	@ Lehigh L 45-42	7:00pm
12/27	@ N. Warren W 50-36	1:30pm
12/28	@ Sussex W 57-37	TBA
1/5/	Palisades W 52-46	6:45pm
1/7/	Northwestern L 52-40	12:45pm
1/9/	Salisbury L 43 - 33	6:45pm
1/14/	S. Lehigh L 41-33	12:45pm
1/17/	Palisades W 51-41	6:45pm
1/19/	Catasauqua W 35-29	6:45pm
1/24/	Saucon L 36-22	6:45pm
1/26/	N. Lehigh W 65-30	6:45pm
1/28/	@ Wilson L 55-43	12:45pm
2/1/	Moravian L 41-33	6:45pm
2/4/	@ NDGP L 73-60	12:45pm
2/7/	Bangor L 56-39	6:45pm

12/2/	NDGP L 69-3.	7:00pm
12/3/	@Rough Rider	9:00am
2/7/	Saucon Valley L 43-24	7:00pm
12/16	Lehigh L 33-28	7:00pm
12/22/	@ Palmerton W 54-14	7:00pm
1/4/	@ Salisbury W 49-24	7:00pm
1/6/	@ Wilson W 35-27	7:00pm
1/7/	Upper Moreland W 33-30	9:00am
1/7	Norristown W 56-12	
1/7	Epicopal Acad. W 50-18	
1/7	Methacton L 42-28	
1/7	Penn Wood W 59-12	
1/11/	N. Lehigh W 63-9	7:00pm
1/18/	Palisades W 43-23	7:00pm
1/20	@Coal Cracker	4:00pm
1/21	@Coal Cracker	11:00am
1/27/	@Ultimate Warrior	11:00am
1/31/	@Bangor W 45-24	7:00pm

Bangor Girls (17-6)

Bangor Boys (13-10)

Bangor Wrestling (5-9)

12/6/	Moravian W 46 -27	6:45pm
12/8/	NDGP W 43-37	6:45pm
12/10	Northampton L 47-46	12:45pm
12/12	Catasauqua W 47-29	6:45pm
12/15	@ Palisades W 36-16	6:45pm
12/17	E'burg North W	1:00pm
12/19/	Saucon Valley W 41-27	6:45pm
12/21/	@ Pen Argyl W 45-37	6:45pm
12/27	@ Wm. Allen W 48-30.	2:30pm
12/28	@ NDES W 38-9	2:30pm
1/5/	Wilson W 52 - 32	6:45pm
1/7/	N. Lehigh W 47-37	12:45pm
1/9/	Northwestern L 61-25	6:45pm
1/12/	@ Salisbury W 42-22	6:45pm
1/17/	@ Wilson W 49-22	6:45pm
1/19/	@ S. Lehigh W 49-37	6:45pm
1/24/	Moravian W 38-32	6:45pm
1/26/	NDGP. L 37-28	6:45pm
1/28/	Palmerton L 46-25	
2/1/	Palisades W 54-34	
2/4/	Saucon Valley W 41-40	
2/7/	Pen Argyl L 65-40	
2/10	Pen Argyl L 48-40	
3/1		

12/6/	Moravian W 58-47	6:45pm
12/8/	@ NDGP L 56-22.	6:45pm
12/10	Northampton W 46-39	1:00pm
12/12/	Catasauqua W 58-30	6:45pm
12/15/	Palisades W 36-16	6:45pm
12/17	@Pleasant Valley L	7:00pm
12/19/	Saucon Valley L 38-24	6:45pm
12/21/	Pen Argyl L 45-40	6:45pm
12/27	@ Easton L 47-39	7:30pm
12/27	@ Hatboro L 66-67	TBA
1/5/	@ Wilson W 51-48	6:45pm
1/7/	N. Lehigh W 70-33	12:45pm
1/9/	Northwestern W 60-57	6:45pm
1/12/	Salisbury W 58-28	6:45pm
1/17/	Wilson L 56-52	6:45pm
1/19/	S. Lehigh W 50-40	6:45pm
1/24/	@ Moravian W 65-56	6:45pm
1/26/	NDGP L 68-60	6:45pm
1/28/	Palmerton W 56-52	12:45pm
2/1/	Palisades W 65-42	6:45pm
2/4/	Saucon L 47-41	12:45pm
2/7/	Pen Argyl W 56-39	6:45pm
2/11	Palmerton L 64-42	
2/24		

12/3	North Penn L 46-22	
12/3	Abington L 57-15	
12/3	Pleasant Val. W 45-23	
12/3	Mariana Acad. W 60-12	
12/3	Honesdale L 58-18	
12/7/	Catasauqua L 43-24	7:00pm
12/9/	Palisades L 34-33	7:00pm
12/14/	Saucon Valley L 61-6	7:00pm
12/16/	@Belvidere W 54-24	7:00pm
12/20/	Wilson W 25-24	7:00pm
12/29	@ Trojan Wars	TBA
12/30/	@ Trojan Wars	TBA
1/4/	Northwestern L 37-30	7:00pm
1/11/	NDGP L 68-0	7:00pm
1/18/	S. Lehigh W 43-19	7:00pm
1/20	@Coal Cracker	1:45pm
1/21	@Coal Cracker	9:00am
1/26/	@ Del Val	7:00pm
1/31	PenArgyl L 45-29	7:00pm

High School Varsity Rosters 2022 - 23

Bangor Boys

5 Marquise Acree
14 Nickolas Castelletti
1 Alex Farensbach
12 Joshua Giaquinto
30 Quin Karner
3 Ashton Kluska
4 Bryan Marmol
2 Hunter McShane
11 Gavin Nelson
54 Cody Quagliato
20 Jeremiah Singer
23 Ryan Wildrick

Bangor Girls

4 Madyson Escuadro
2 Jayleigh Figurski
12 Kaylynn Figurski
11 Kyleena Gonzalez
14 Linzey Hann
21 Jade Hendricks
31 Caydence McLain
10 Jackelin Miller
25 Avery Nelson
3 Julia Pinter
43 Jace Polowy
1 Madeline Stout

Pen Argyl Wrestling

Ethan Alvarado 215
Riley Alvarado 172
Yakup Aybaz 285
Jonathon D'Alessandro 121
Luke Dalton 114
Michael Fuller 133
Bo Hatesaul 160
Noah Hillis 160
Arman Khan 215
Jace LaBar 121
Timothy McLain 189
Aidan McNulty 133
Parker Reimel 145
Tyler Scholato 152
David Siple 145
Carter Smith 107
Landen Smith 152
Benjamin 2025 114
Riley Stapp 189
Riley Waldron 145
Kody Ward 160

Pen Argyl Boys

12 Blake Boyer
50 Dominic Dauley
21 Christian Hershey
22 Ethan Holland
0 Trowne Irwin-Hill
10 Chase Kennedy
5 Lincoln Kuster
33 Jacob Martini
32 Jack McLaughlin
35 Thomas Mulroy
23 Bradley Rissmiller
24 Mason Soos
3 Damian Tyminski
4 Cayden Vishnesky

Pen Argyl Girls

3 Emma Albanese
15 Julia Antonioli
2 Mckenna Cunningham
44 Hailey Frey
1 Jasmine Holland
22 Macy Kotulka
24 Kayla Maggipinto
35 Alexandra Marshall
20 Natosha Morrison
21 Jillian Morro
10 Kristen O'Brien
33 Ashlyn Oessenick
4 Kylee Uhler
12 Julia Vargo
5 Ellianna Wallbillich
32 Grace Weaver
11 Callia Wilgus
42 Katie Wilgus

Pen Argyl Wrestling

Isaiah Adams
Luca Albanese
Adam Bartholomew
Connor Bartholomew
Hunter Beers
Michael Culver
Michael Culver
Rocco DeCesare
Gian Greggo
Kael Grim
Evan Johnson
Kristoffer Kessler
Nuallan King
Aidan Knorr
Brayden Krasnopera
Blayke Lacey
Cole Lobb
Cody Long
Zachary Metzgar
Alex Moser
Shane Moser
Collin Ramsay
Vincent Reto
Madacyn Rivera
Benjamin Whitley
Mgr Brooke Bowie
Mgr Delaney Brinker
Mgr Alexis Burrier

ALL COLONIAL LEAGUE TEAM SELECTIONS



**Damien Tyminski, Pen Argyl
Honorable Mention**



**Josh Giaquinto, Bangor
Unanimous First Team Choice**



**Ashton Kluska, Bangor
Second Team**

Huge Slater Rally Stops Knights 56-39

Pen Argyl Led 28-17 at Half



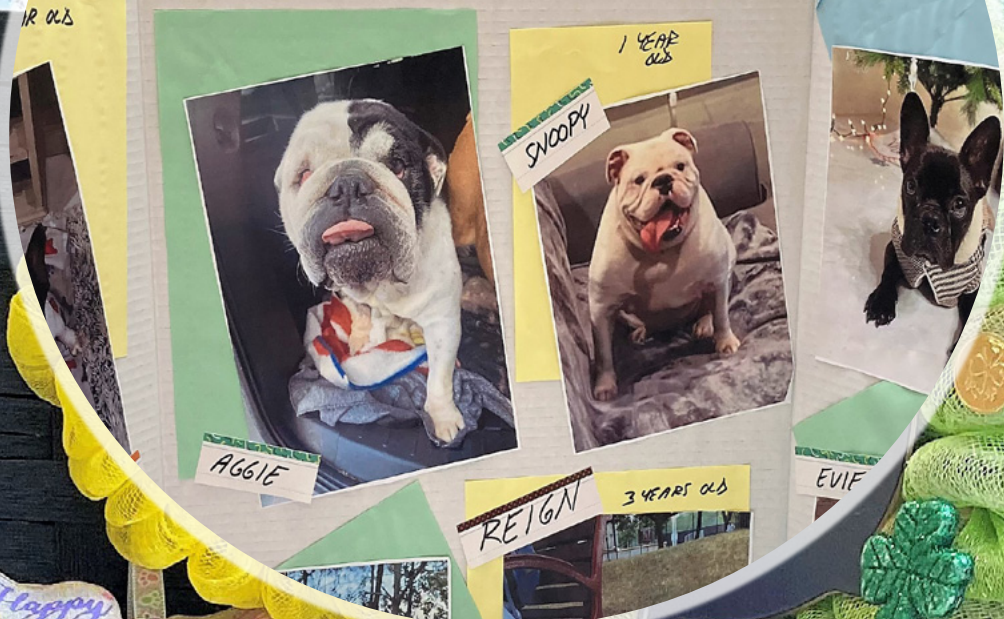
Bangor 56 Pen Argyl 39

Bangor Scoring: McShane 4, Kluska 14, Marmol 2, Giaquinto 28, Singer 6, Karner 2.
3-Pointers: Giaquinto 3, Singer 2, Kluska 1.

Pen Argyl Scoring: Irwin Hill 8, Tyminski 4, Kennedy 10, Hershey 15, Soos 2.
3-Pointers: Hershey 4, Irwin-Hill 1.

Photos: Elliot Lorah Pfeiffer
PHOTO GALLERY

ADOPTABLE



WELCOME

Valentine's Day Paws & Kisses Pet Expo



Photos: Janice Cory





Morro, Knights Overwhelm Bangor 65-40

Pen Argyl led 22-21 at Half



Pen Argyl 65 Bangor 40

Pen Argyl Scoring: Wallbillich 10, Morro 30, Katulka 10, Maggipinto 2, Marshal 5, Vargo 2, Weaver 2, Frey 2.

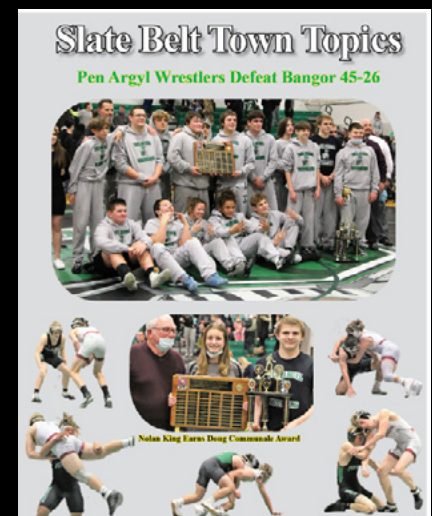
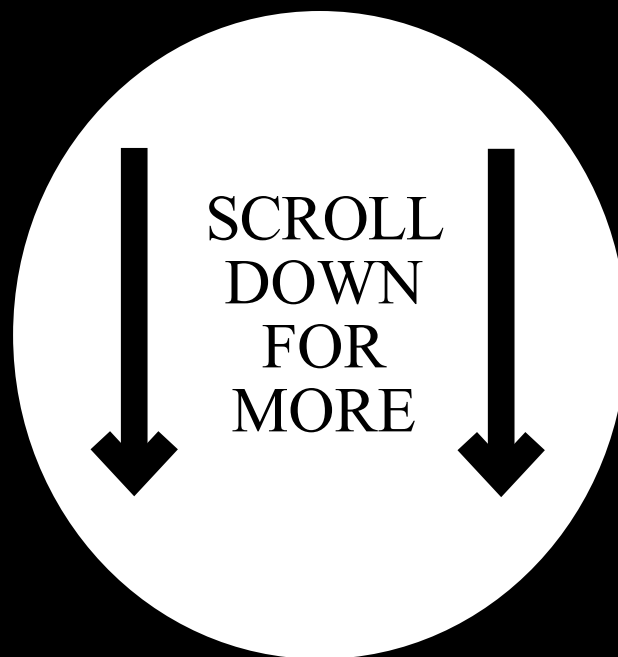
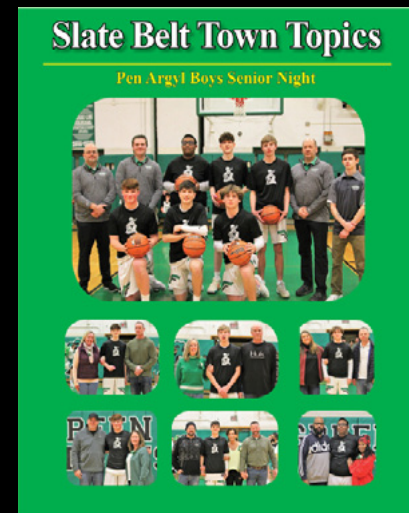
3-Pointers: Katulka 2, Morro 1.

Bangor Scoring: Stout 10, Figurski 6, Pinter 8, Gonzalez 3, Toth 12, Polowy 1.

3-Pointers: Stout 2, Gonzalez 1, Toth 1.

Photos: Lynn Cistone
PHOTO GALLERY

Slate Belt Town Topics Recent Feature Pages



Read the Town Topics With Fresh News
Every Day

TALLER PANTHERS OVERCOME BANGOR SLATERS 47-41



Photos: Larry Cory
PHOTO GALLERY

PEN ARGYL BOYS BASKETBALL SENIORS



Photos: Katrina Valente
PHOTO GALLERY

Boys Basketball
Moravian 41 Pen Argyl 33
Pen Argyl Scoring: Irwin-Hill 11,
Tyminski 4, Vishnesky 0, Kennedy
11, Hershey 5, Rissmiller 0, Soos 0,
Mulroy 2.
3-pointers: Irwin-Hill 1, Kennedy

TOP: (L-R) Mike Morris Head Coach, Thomas Mulroy, Chase Hershey, Trowne Irwin-Hill, John Stecz, Assistant Coach.

BELOW: Emily Stopfer, Haley Lacy, Kalista Weaast, Adrianna Moore, Alivia Flad.

NELSON'S RECORD SETTING 32 POINTS LEADS BANGOR TO 54-34 WIN

Record Setting Tuesday

Tuesday night was a night for records in the Slate Belt as Bangor's Avery Nelson set a girls single-game scoring record of 32 points vs Palisades. The sophomore also scored five three-pointers and was a perfect 7-7 from the free throw line.

According to information on the school's athletic website, Nelson broke the record of 31 points held by Helena Kline (1970,) Lori Dutt (1971), and Suzy DeFranco (1982)

In Pen Argyl, senior Jill Morro reached the 1,000-point plateau versus Moravian Academy. Going into the game she needed 25 points to reach the mark.

Unofficially, the last Green Knights to reach that level were Kirby Lutz in 2003. Collette Singer (1996) and Theresa Squarcia (1993)

Girls Basketball Bangor 54 Palisades 32

Bangor Scoring: Stout 7, Figurski 0, Pinter 5, Escuardo 2, Miller 0, Gonzalez 2, Nelson 32, Toth 2, Polowy 4.

3-Pointers: Nelson 5.

Pen Argyl 58 Moravian 32
(Individual Scoring Unavailable)

Photos: Lynn Cistone
[PHOTO GALLERY](#)





CONGRATULATIONS

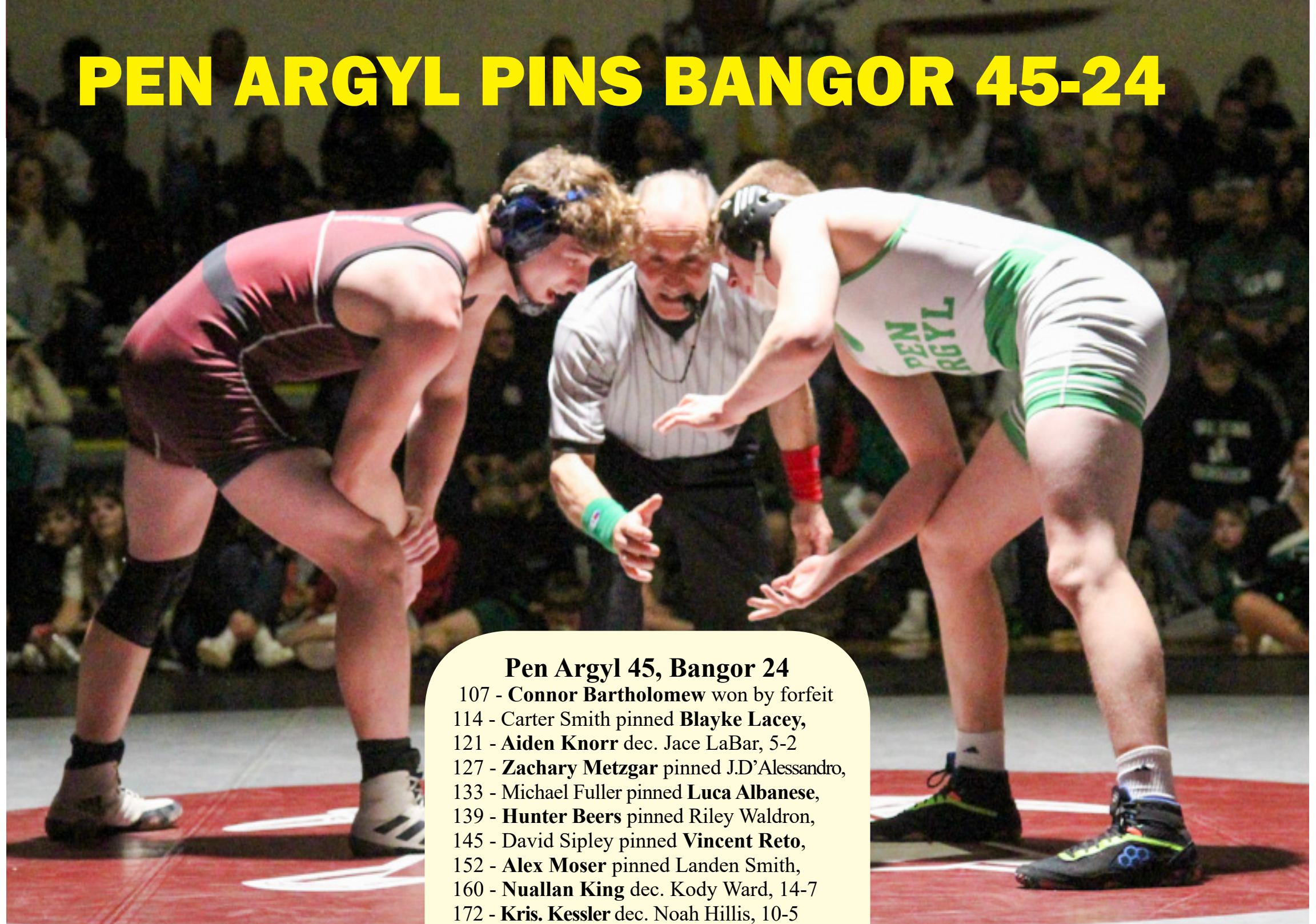
1,  **POINTS**

Jill Morro #21



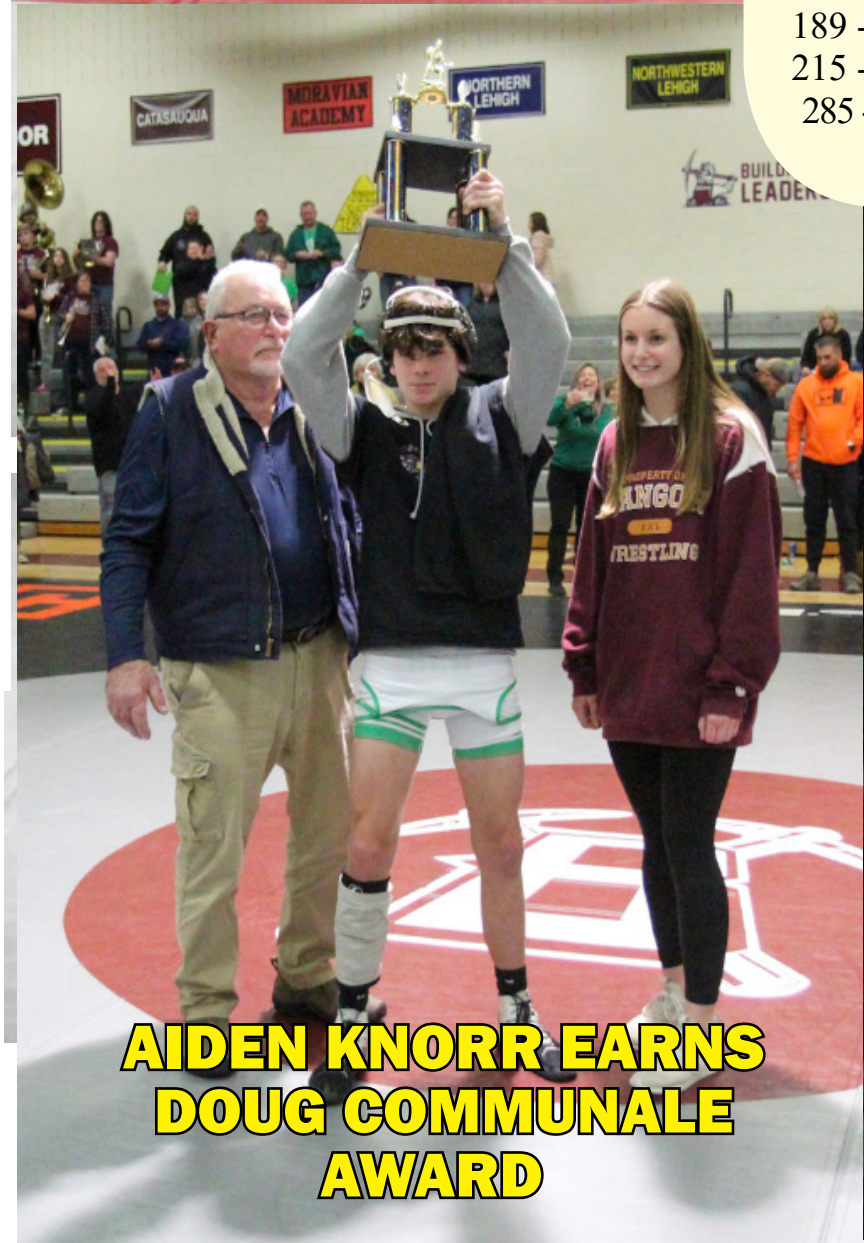
Photos: Katrina Valente
PHOTO GALLERY

PEN ARGYL PINS BANGOR 45-24

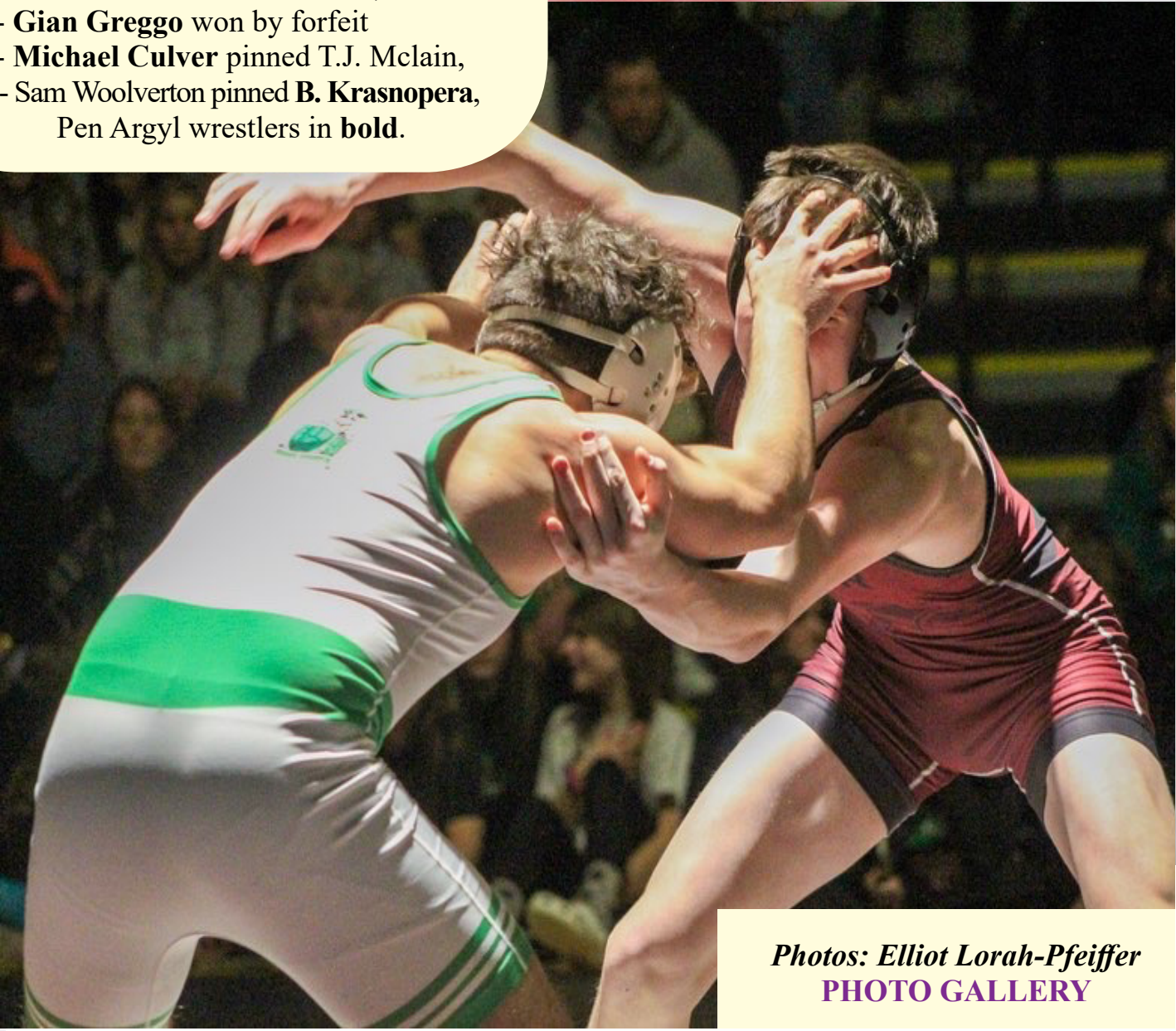


Pen Argyl 45, Bangor 24

- 107 - Connor Bartholomew won by forfeit
 - 114 - Carter Smith pinned **Blayke Lacey**,
 - 121 - **Aiden Knorr** dec. Jace LaBar, 5-2
 - 127 - **Zachary Metzgar** pinned J.D'Alessandro,
 - 133 - Michael Fuller pinned **Luca Albanese**,
 - 139 - **Hunter Beers** pinned Riley Waldron,
 - 145 - David Siple pinned **Vincent Reto**,
 - 152 - **Alex Moser** pinned Landen Smith,
 - 160 - **Nuallan King** dec. Kody Ward, 14-7
 - 172 - **Kris. Kessler** dec. Noah Hillis, 10-5
 - 189 - **Gian Greggo** won by forfeit
 - 215 - **Michael Culver** pinned T.J. McLain,
 - 285 - Sam Woolverton pinned **B. Krasnopera**,
- Pen Argyl wrestlers in **bold**.



AIDEN KNORR EARNS DOUG COMMUNALE AWARD



Photos: Elliot Lorah-Pfeiffer
PHOTO GALLERY

SCORELESS THIRD QUARTER DOOMS BANGOR IN 46-25 LOSS TO PALMERTON



SLATERS	Home	4:22	Guests
1 Farnsbach	10	2	4
2 McShane			
3 Kluska			
4 Marmol			
11 Nelson			
12 Giaquinto			
14 Castelletti			
20 Singer	2		3
21 Prado			
22 Keith			
23 Wildrick			
30 Karner			
52 Koza			
54 Quagliato			

2004-05
SPORTSMANSHIP AWARD
BANGOR AREA SCHOOLS
P.I.A.A. Basketball Officials - Stroudsburg Chapter

CRUSADERS	7
2 NILES	
3 RODGERS	
4 PEZ	
5 BOYLE	
10 BOWN	
11 VASSALLO	
12 HOFF	
14 LESSIG	
21 SMITH	
23 HOBBS	
24 MARRINS	
34 DARNOLD	
35 MASLOKA	

2004-05
SPORTSMANSHIP AWARD
BANGOR AREA SCHOOLS
P.I.A.A. Basketball Officials - Stroudsburg Chapter

BANGOR WRESTLING STATE PLACE WINNERS	
BOY AL FROST	5' 00" 104 lbs. J.A.
TRIP FINE DONALD	5' 00" 104 lbs. B.A.
SCOTT SCOTT HOOKMAN	5' 00" 104 lbs. B.A.
SCOTT SCOTT HOOKMAN	5' 00" 104 lbs. B.A.
FRANK SCOTT HOOKMAN	5' 00" 104 lbs. B.A.
SCOTT SCOTT HOOKMAN	5' 00" 104 lbs. B.A.

BANGOR DISTRICT CHAMPIONS	
1987 BOY AL FROST	5' 00" 104 lbs. J.A.
1988 BOY AL FROST	5' 00" 104 lbs. J.A.
1989 BOY AL FROST	5' 00" 104 lbs. J.A.
1990 BOY AL FROST	5' 00" 104 lbs. J.A.
1991 BOY AL FROST	5' 00" 104 lbs. J.A.
1992 BOY AL FROST	5' 00" 104 lbs. J.A.
1993 BOY AL FROST	5' 00" 104 lbs. J.A.
1994 BOY AL FROST	5' 00" 104 lbs. J.A.
1995 BOY AL FROST	5' 00" 104 lbs. J.A.
1996 BOY AL FROST	5' 00" 104 lbs. J.A.
1997 BOY AL FROST	5' 00" 104 lbs. J.A.
1998 BOY AL FROST	5' 00" 104 lbs. J.A.
1999 BOY AL FROST	5' 00" 104 lbs. J.A.
2000 BOY AL FROST	5' 00" 104 lbs. J.A.
2001 BOY AL FROST	5' 00" 104 lbs. J.A.
2002 BOY AL FROST	5' 00" 104 lbs. J.A.
2003 BOY AL FROST	5' 00" 104 lbs. J.A.
2004 BOY AL FROST	5' 00" 104 lbs. J.A.
2005 BOY AL FROST	5' 00" 104 lbs. J.A.
2006 BOY AL FROST	5' 00" 104 lbs. J.A.
2007 BOY AL FROST	5' 00" 104 lbs. J.A.
2008 BOY AL FROST	5' 00" 104 lbs. J.A.
2009 BOY AL FROST	5' 00" 104 lbs. J.A.
2010 BOY AL FROST	5' 00" 104 lbs. J.A.
2011 BOY AL FROST	5' 00" 104 lbs. J.A.
2012 BOY AL FROST	5' 00" 104 lbs. J.A.
2013 BOY AL FROST	5' 00" 104 lbs. J.A.
2014 BOY AL FROST	5' 00" 104 lbs. J.A.
2015 BOY AL FROST	5' 00" 104 lbs. J.A.
2016 BOY AL FROST	5' 00" 104 lbs. J.A.
2017 BOY AL FROST	5' 00" 104 lbs. J.A.
2018 BOY AL FROST	5' 00" 104 lbs. J.A.
2019 BOY AL FROST	5' 00" 104 lbs. J.A.
2020 BOY AL FROST	5' 00" 104 lbs. J.A.
2021 BOY AL FROST	5' 00" 104 lbs. J.A.
2022 BOY AL FROST	5' 00" 104 lbs. J.A.

Boys Basketball
Bangor 56 Palmerton 52
Wilson 55 Pen Argyl 43

Girls Basketball
Pen Argyl 48 Wilson 14
Palmerton 46 Bangor 25
(Individual Scoring unavailable for all Slate Belt Teams)

Photos: Larry Cory
PHOTO GALLERY