# TOWN TOPICS

News Today - NOT Next Week

**Vaccine Appointment Info Links Page 2**

## A reminder for dog owners in Northampton County

All dogs over 3 months of age must be licensed. Lifetime licenses are available but, if you don't have one of those, you must purchase an annual license which is good from Jan. 1st to Dec. 31st.

Owners of unlicensed dogs can be subject to a fine of $300. Register on line or in person at the County Courthouse at 669 Washington Street, Easton, PA 18042. **https://www.northamptoncounty.org/.../DOG-LICENSES.aspx..**

## Roseto Ice Skating

The Roseto Borough ice skating rink is open. starting today February 6. It will be open daily from 9am to 7pm as weather permits. The rink is located under the pavilion at Roseto Ball Park. The only open gate is the main entrance off McKinley and Denisco streets. Bring your own skates.

## Winter Weather Advisory

**A winter weather advisory is in effect for the Slate Belt and portions of northern New Jersey and east central and northeast Pennsylvania. from 4 am to 7 pm Sunday for 3 to 5 inches of snow. Travel could be difficult Sunday morning through early Sunday afternoon. A heavy band of snowfall will overspread the area Sunday morning, continuing into Sunday afternoon. Snowfall rates of 1-2 in/hr will be possible. Snowfall will clear the area from SW-NE Sunday afternoon.**

**Bangor's Caidan Poff pulls his man to the mat during his 13-6 win by decision during Palisades' 39-31 win over Bangor for the Colonial League title.**
*Photo: Larry Cory* **PHOTO GALLERY**

## Palisades 39 Bangor 31

106 - Magditch (P) won by forfeit.
113 - Cashman (P) won by forfeit.
120 - Landon Uhler (B) md. Logan Winters (P), 10-2.
126 - Robert Curley (B) won by forfeit.
132 - Allen Klaver (B) p. Nate Armstrong (P), 3:54
138 - Zach Poff (B) p. Bela Pavlinsky (P), 3:30
145 - Caidan Poff (B) d. Jon DeNato (P), 13-6.
152 - Mason Smeland (P) d. Alex Klaver (B), 9-5.
160 - Jared Reto (B) p. Alex Armstrong (P), 0:56
172 - Kelleher (P) p. Sam Woolverton (B), 1:22
189 - Ben Haubert (P) won by forfeit.
215 - D. Haubert (P) p. Gabe Woolverton (B), 2:56
285 - Austin Winters (P) p. Jose Fuentes (B), 5:39


**Whether you are buying or selling a home, finding the right Realtor is the most important step. You need a Realtor with knowledge of today's changing market; someone with integrity and service to you. We pride ourselves in all those qualities and invite you to visit us**

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# Marketplace316 Open

Marketplace316 is hosting pop up vendor events every weekend in January!

For January only, spots are $20 per weekend!!!!

Message them to see if they have availability for what you sell!

**Send Message Here**

# Bangor Facade Grants

Looking for a brighter outlook and a brighter facade. If you want to improve your storefront or your homefront, we can help you with dollars to spend on improvements.

Bangor, PA facade grants through Slate Belt Rising are first come, first serve. For more information check out the Slate Belt Rising website: http://www.slatebeltrising.org/services/

## LVHN Vaccination Plans Page 18 (Click Here)

## St.Luke's Vaccination Plan Page 18 (Click Here)

Northampton County has a 24-hour hotline for all Human Services related emergencies.

Call 610-252-9060 for help and referrals.

# Magda Family Dental

**BANGOR**

323 Blue Valley Dr, (610) 588-1571

**magdafamilydental.com**

**STROUDSBURG**

17 South Sixth St.

(570) 420-9332

**magdadental.com**

# Food Pantry

Did you know The Salvation Army of Pen Argyl has a food pantry?

If you or anyone you know are in need of food, you are welcome to come Tuesdays from 10AM-12 Noon. Curbside pick-up provided. Questions? Please call 610-863-6677

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# Pennsylvania Eagle Cam

[See Live]

# East Bangor Fundraiser

Hoagies from Kunkletown General Store will arrive February 10th pick up between 4-6pm at the fire hall money can be dropped off at the hall February 2nd 5-6:30pm call or text 484-903-4556. $5.00

- Italian Provolone w/Onion or w/o Onion
- Ham & Swiss w/Onion or w/o Onion
- Turkey & American w/Onion or w/o Onion

## Daily Weather Updates slatebeltweather.com

# NWS Forecast - February 6

**Today**
Sunny, with a high near 36. West wind 5 to 15 mph, with gusts as high as 25 mph.

**Tonight**
A chance of snow, mainly after 4am. Increasing clouds, with a low around 21. West wind around 5 mph becoming calm. Chance of precipitation is 30%. New snow accumulation of less than a half inch possible.

**Sunday**
Snow, mainly before 4pm. High near 32. Northeast wind 5 to 10 mph becoming northwest in the afternoon. Chance of precipitation is 90%. New snow accumulation of 3 to 5 inches possible.

**Sunday Night**
Partly cloudy, with a low around 14. Northwest wind 5 to 10 mph.

**Monday**
Mostly sunny, with a high near 27. Northwest wind around 5 mph becoming south in the afternoon.

**Monday Night**
Mostly cloudy, with a low around 17.

**Tuesday**
A chance of snow before 2pm, then a chance of rain and snow. Mostly cloudy, with a high near 34. Chance of precipitation is 50%.

**Tuesday Night**
Mostly cloudy, with a low around 20.

**Wednesday**
Partly sunny, with a high near 28.

**Wednesday Night**
Mostly cloudy, with a low around 16.

**Thursday**
Mostly cloudy, with a high near 26.

# Vendor/Craft Show Planned for June

The Washington Twp Fire Co. 920 Washington Blvd. will sponsor a Vendor/Craft Show June 6, 2021 from 10am - 4pm.

Vendors/Crafters if you are interest in a space our contact info is on the flyer. Spaces are $30 for (1) 10ft x 10ft or $50 for (2) 10ft x 10ft. All spaces are outdoors and will be socially distanced apart from other vendors. No access to Utilities (water, electric, wifi, etc). Applications must be mailed. Vendors will be accepted as first come, first serve.

Outdoor Event - Rain or Shine. Food and Drinks For Space Info contact, Aundrea Morrison 610-984-7101 or email bdjm@gmail.com

# Join in Community Science

Learn how you can contribute to science Thursday, February 18th, 7:00-8:00pm.

Join them on Microsoft Teams for this virtual event that will introduce you to various community science projects. We'll guide you through how to get registered online so that you are ready to start entering data that you observe about birds, blooms, frogs, and more. Project Feeder Watch, Project Budburst, and Frog Watch USA will be featured. Participants must have use of the internet and the Microsoft Teams application via a computer, tablet, or mobile device. Registration is required to receive the invitation link for this virtual program.

You can view and register for community programs online at http://events.dcnr.pa.gov/

# Kims Kozy Crochet

Introducing a little shop in Bangor that makes crocheted baby blankets, throw blankets, doilies, organic soaps, candles. CBD soaps and more.They also do custom orders on crochet items, soaps- must be ordered by loaf(10 bars), also do custom candles must order 12 or more to do custom order. Inquire within.

**KimsKozyCrochet@yahoo.com**

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# Story Walk at Jacobsburg

A StoryWalk Weekdays and Weekends, Sunrise to Sunset is a trail with pages of a story book placed along the way.

This self-guided trail is a flat 1/3 mile walk good for families with young children. Start at the tree beyond our mailbox at 400 Belfast Rd./Gate B7 and end inside the garden with a special surprise!

The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Kellogg-Hubbard Library.

# Rapid Nasal Antigen Test Available in Wind Gap

Wind Gap Community Pharmacy announced that it has RAPID nasal antigen swab COVID testing available for $75. No appointmentS are needed. Results available in 10 minutes.

Open Hours: Monday through Friday 8-6 Saturday 8-1. They are located at 31 West 1st Street Wind Gap Pa 18091 610-881-4260

**Daily Weather Updates**
**slatebeltweather.com**

# All Aspects Restored & Recycled

All Aspects Restored & Recycled is OPEN Thursday, Friday & Saturday from 10-5 and Sunday 11-4;

In addition, they are open Monday- Wednesday or evenings, by appointment.

They are located at 1086 S Delaware Drive in Upper Mount Bethel, PA 18343, on Route 611 across from Twin Gap Farms in Stone Village. Gift Certificates and shipping are also available

Call 610-509-5881 to schedule or private message them.

# Roseto Mailroom Offers Pack, Ship And Drop-Off

The Roseto Mailroom offers a local Pack & Ship and Drop-off location for both UPS and FEDEX. We are located between Easton and East Stroudsburg on route 191 in the borough of Roseto PA.

Authorized ship center for UPS and FEDEX. Drop off location for UPS and FEDEX. USPS shipping available.

https://www.facebook.com/rosetomailroom/
https://rosetomailroom.com/
frontdesk@rosetomailroom.com

# Unwanted Med Disposal

Residents are urged to remove expired, unwanted, or unused medicines from the home to reduce the chance of accidents or misuse and to prevent the drugs from entering the environment.

Most municipal buildings in Northampton County, including the Courthouse at 669 Washington St. in Easton, offer collection boxes for unused prescription medication.

In the Slate Belt go to ...

Washington Township 1021 Wash. BVLD, Bangor

Slate Belt Regional Police 6292 Sullivan Trail, Naz.

# High-Risk Activities for Getting COVID 19

Here are examples of activities and situations that can increase your risk of exposure to COVID-19:

- Going to a large social gathering like a wedding, funeral, or party.
- Attending a mass gathering like a sporting event, concert, or parade.
- Being in crowds — for example, in restaurants, bars, airports, bus and train stations, or movie theaters.
- Traveling on a cruise ship or river boat

# Library's Foreign Language Vocabulary Builder

The Bangor Public Library announces that it has added LingoLITE to its online reference offerings which helps users learn basic words and phrases in 30 languages using interactive native speaker videos.

"Foreign language training and references are very popular at the library, but in the past, we've never been able to offer one source for learning so many languages using such an interactive video format, so we're very excited to offer this database to our patrons," says Kathleen Lynch, Director at Bangor Public Library.

LingoLITE is a vocabulary builder and contains thousands of native speaker video clips in 30 languages including Spanish, French, Italian, German, Chinese, Japanese, Chinese, Farsi, Hindi, German, Swahili, Thai, and 18 others.

Anyone can access LingoLITE using the library's computers, or from anywhere in the world from the library's portal at www.bangorlibrary.org with their library card.

LingoLITE was designed anyone who wants to learn basic terms and phrases in a new language. The resource has glossaries for greetings, introductions, food, transportation, relations, numbers, and more.

This is an example of the Library's mission to increase its coverage of topics that are of interest to its diverse population of patrons young and old.

# St. John's Cemetery

Donations for St. John's Cemetery in Bangor are being accepted for maintenance. You can mail them to St. John's Cemetery c/o Carol Hummel, 136 Messinger Street, Bangor, Pa 18013.

# PUMP Needs Your Help

With an increase of 30%-40% of people coming because of COVID-19, PUMP is currently serving 150 - 175 families who receive food weekly from the pantry. All the food is distributed by approximately 30 to 40 volunteers.

Food supply also has risen 25%-30% and continues to come from donations, Second Harvest, Trader Joe's, Northampton County and Salvation Army.

They are asking at this time for the communities cooperation in helping secure the funds to purchase a parcel of land and construction of a new building.

Donations can be sent directly to Portland Upper Mt. Bethel Food Pantry Inc. P.O. Box 69 Portland Pa. 18351 or visit the PUMP at 111 State St, Portland Pa.. Mondays from 9:30 AM to 12 PM.

# All-You-Can-Eat Breakfast

Bangor Elks Lodge #1106 All-you-can-eat-breakfast First Sunday of every month 7 am – 11 am. Starting Superbowl Sunday February 7th, 2021

# Snowshoes and Hiking Poles Available

Monday thru Friday, 8:00 AM-2:30 PM at Jacobsburg Visitor Center, 400 Belfast Road, Nazareth

Borrow snowshoe equipment to use on Jacobsburg's trails this winter! Snowshoes are available for folks of any age or shoe size, including small children.

Snowshoes will not be made available during times of insufficient snow cover, at least six inches of snow is required.

To borrow equipment, you must provide a driver's license or other form of state issued identification. More information call 610-746-2801 or email jacobsburgsp@pa.gov.

Check their website for current winter conditions and snow depth: https://www.dcnr.pa.gov/StateParks/WinterReport/Pages/default.aspx

# State Food Assistance

Pennsylvania State officials have encouraged all Pennsylvania residents to take full advantage of all food assistance programs, if needed, over the holiday season.

"Pennsylvania's food assistance programs were built for times like these and no one should be too shy to take advantage of what they have to offer," said Russell Redding, secretary of the Pennsylvania Department of Agriculture.

But those assets haven't stopped the covid-19 pandemic from destabilizing personal finances and causing heightened food insecurity for millions of residents. Compared to 2018, when roughly 11% of adults in Pennsylvania were food insecure, Redding said 15.5% experience the issue this year.

The difference is even starker when it comes to children in the state. In 2018, 15% children experienced food insecurity. That number has climbed to 24% in 2020.

Local food pantries saw greater demand especially early in the pandemic and through the summer, with miles-long lines at each weekly distribution and millions of pounds of food provided.

"Food insecurity was a problem for millions of Americans before March 2020," said Teresa Miller, secretary of the Department of Human Services.

# CDC Expands the Definition of 'Close Contact'

The Centers for Disease Control and Prevention released new guidelines on Wednesday regarding what counts as "close contact" with someone who has COVID-19.

The expanded definition includes brief but repeated exposure to others with the virus that adds up to 15 minutes over a 24-hour period. Previously, the CDC defined close contact as spending 15 consecutive minutes or more within six feet of someone with COVID-19.

**This makes mask-wearing even more important for preventing transmission**

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# Where to Eat

## Napoli Pizza

Dine-In, pick up & delivery. 610-588-1455, 444 S 1st St, Bangor. M- Sat 11-9. Sun. 12-8, Tue - Closed. More Info: Click Here

## Slate Belt Diner

Open for take out. Outdoor Dining 610-452-9205, 370 Blue Valley Drive. More Info: Click Here

## Daisy Family Restaurant

Open 11-9 Sun-Thurs. 11-10 Fri. & Sat. Order by phone for curbside pickup and have your food brought to your vehicle, or order at the counter and take it with you. 6589 Sullivan Trail Wind Gap, (610) 863-4044. Cash or credit still accepted. More info: Click Here

## Three Brothers Pizza

Three Brothers Pizza is now open in the former Plainfield Diner on Sullivan Trail. Dine In 7am- 10pm Call 610-863-4950 to order.

More Info: Click Here

## Mt. Bethel Diner

Mt. Bethel Diner open for Dine-In and Take-Out Mon - Sun 8am - 7pm. Call ahead to order 570-897-6409, 2600 N. Delaware Drive, Mt. Bethel,Pa 18343.

More Info: Click Here

## Family & Friends Takeout

Family and friends country restaurant is open for take out at are window or curbside pick up. Full menu available. Call for daily specials 610-759-7477. They are located on route 512 in wind gap next to Albanese garden center. More info: Click Here

## Gap Diner

The Gap Diner in Wind Gap is open for dining-in Sun.-Wed 6am-Midnight and 24 hrs Thurs, Fri, & Sat. More info: **Click Here**

## TK's Restaurant

TK's will open June 5 in their outdoor seating and To Go services. 7am - 11pm 7 Days A Week. 570-897-6112. There will be a 75-minute limit for each table service if instructed by staff.NO MORE than 10 people per table unless you are a family from the SAME household. To See menu: Click Here

## Little Creek BBQ

Hours: Thurs, Fri & Sat 2-7. Sun. 12-5. Closed Mon, Tue, Wed. 610-588-3831.More info: Click Here

## Fuher's Tavern & Grill

Fuhrer's Tavern & Grill at 104 Main St., Portland has opened (previously O'Neill's Place) Non-smoking. Families welcome. Masks required. No bar seating Table seating at 25% capacity. Reservations not required but suggested. Outside seating available. Open 10 am - 9 pm. Kitchen open 11-9, last seating at 8 .last call for food and drinks at 8:30. (570) 897-5590.

**WHERE TO EAT** continued on page 9

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debbie.pettinari.wz73@statefarm.com

# Where to Eat

## Sal's Pizza

Sal's Pizza 487 E. Moorestown Road, Wind Gap. 610-863-7665. Open daily 11am -9pm. Closed Tuesday More Info: Click Here

## Doughboys

Original Doughboys Pizza and Restaurant, 230 W. Moorestown Rd, Wind Gap. Open 11-9 daily. 610-759-3776. More Info: Click Here

## Pen Argyl Pizza

Pen Argyl Pizza 510 E. Main St, Pen Argyl. 610-863-6670. M-Sat (11-10) Sun (10-10)

More Info: Click Here

## 512 Restaurant

512 Restaurant 2 East Pennsylvania Ave, Pen Argyl. Tues-Sunday, Curbside and delivery. 610-881-4540.

More Info: Click Here

## Detzi's Tavern

Detzi's Tavern 570 North Lehigh Ave., Wind Gap. 863-9882. Open 4 -7:30. and Noon-7:30 Wed., Thurs, Fri & Sat. More Info: Click Here

## Slate Pub

Slate Pub 509 E. Main St., Pen Argyl. 610-881-4700. Opens 12. No reservations will be taken at this time. All social distancing and government mandates will be followed.

- Masks must be except at the table.
- No more than 4 people per table.
- Tables must remain 6' apart

More Info: Click Here

## Broadway Pub

Broadway Pub 62 Broadway, Bangor. 610-452-9226. COVID Hrs. Tues-Sun (2-8).

More Info: Click Here

**Daily Weather Updates slatebeltweather.com**

## Boar Barbecue

Boar Barbecue 690 Allegheny Road, Mt. Bethel. 484-908-3407. **CLOSED FOR SEASON.** More Info: Click Here

## Five Points Grill & Pub

Five Points Grill & Pub 1001 Mt. Bethel Highway, Mt. Bethel. 610-588-1773. Reservations are highly encouraged! It helps make your dining experience run as smoothly as possible. Please call us at (610)588-1773. More Info: Click Here

## M &M Vineyards Open

M & M Vineyards 18 Shepherds Hill Dr. Bangor is open for **CURBSIDE** pick-up, carry-out, and wine tasting.

Hours: Friday: 2:00 PM - 8:00 PM, Saturday: 12:00 PM - 6:00 PM Sunday: 12:00 PM - 6:00 PM

Look for them on Facebook or see their website at. http://mmvineyards.com/

## Dinky's Hours in Bangor

Dinky's Ice Cream Parlor on the corner of Rte 191 and Broadway in Bangor is open Thursday & Friday 3-8 Saturday & Sunday 12-8. Even with the COVID 19 restrictions you can still support your local businesses. More info **Click Here**

## Clever Girl Winery Tasting Room Now Open

Clever Girl Winery's tasting room is now open at 15 Broadway in Bangor Fridays from 4:30-7:30pm, and Saturdays & Sundays from noon to 5pm.

They look forward to sharing their passion for wine with you. They are a 21 and over establishment.

**These Restaurant listings are free because of the limitations placed on eateries due to the Coronavirus pandemic. If you have any other listings you want to add contact Slate Belt Town Topics sbtopics@rcn.com or call 610-863-1988**

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# Bangor Library New Books

**January 28 - February 4**

**Adult Fiction**
Egg Shooters by Laura Childs

**Adult Non-Fiction**
Jewish Holiday Baking: Inspired Recipes for Rosh Hashanah, Hanukkah, Purim, Passover, and More by Uri Scheft

**Easy Fiction**
Love Is My Favorite Thing by Emma Chichester Clark
Kamala and Maya's Big Idea by Meena Harris
Eyes that Kiss in the Corners by Joanna Ho
Mirabel's Missing Valentines by Janet Lawler
Ducks on the Road by Anita Lobel
Champ and Major: First Dogs by Joy McCullough
How to Catch the Tooth Fairy by Adam Wallace

**Easy Non Fiction**
Dinosaur Lady: The Daring Discoveries of Mary Anning, the First Paleontologist by Linda Skeers
Joey: The Story of Joe Biden by Jill Biden
Prince by Maria Isabel Sanchez Vegara

**Junior Non-Fiction**
Joe Biden: Our 46th President by Beatrice Gormley
Who Is Kamala Harris? By Kirsten Anderson
Young Adult Fiction
The Knife of Never Letting Go by Patrick Ness

**DVDs**
The Good Dinosaur
The Lion King 2: Simba's Pride
Toy Story 3

# Blue Mt. Community Library

**New Books January 2021**

**Adult Fiction**
Troubled Blood, Robert Galbraith
The Book of Two Ways, Jodi Picoult
The Wonder Boy of Whistle Stop, Fannie Flagg
South of the Buttonwood tree, Heather Webber
Confessions on the 7:45, Lisa Unger
Girls of Brackenhill, Kate Moretti
Eli's Promise, Ronald Balson
The Southern Side of Paradise, Kristy Harvey Woodson

**Adult Non-Fiction**
The Guns at Last Light, Rick Atkinson
Route 529, Patricia Roberts
Valiant Ambition, Nathaniel Philbrick

**Adult Reference**
100th Anniversary - History of Weona Park, Walter Cole

# Library Gift Basket Fundraiser

The Blue Mt. Community Library will sponsor a Valentine Gift Basket Fundraiser. The basket will be featured on their website at www.bmcl.org and their Facebook page.

Call the library at 610-863-3029 to place a bid from January 11 through February 6.

The library is currently open to visit on Mondays 10 am-Noon and 6-8 pm. They are also open Fridays and Saturdays 10 am - Noon by appointment.

When entering the library you must wear a mask and gloves will be provided to you. They are also open to borrow **CURBSIDE** on Thursdays morning and evening shifts, as well as all other shifts by calling the library to ask for the book(s) you want and a time to come to pick them up.

All books are sanitized and quarantined for your safety. Library membership is free to all residents in the Pen Argyl Area School District and non-residents may open a membership for a small yearly fee.

# County Assistance

In light of Pennsylvania's eviction moratorium expiring on August 31st, Lamont McClure reminds residents that Northampton County has approximately $3.6 million available for rental assistance, rapid rehousing and utility payments. The Department of Human Services and the Department of Community and Economic Development worked together to develop the Community Mediation and Eviction Diversion Program (CMED). CMED offers experienced mediators, emergency financial assistance and rapid rehousing to prevent homelessness. Contact: Third Street Alliance at 610-438-1763 or email Ziana Keith at zkeith@thirdstreetalliance.org

# Hotline for Human Services

Northampton County has a 24-hour Emergency hotline for all Human Services-related emergencies. Anyone struggling with a mental health crisis, abuse, neglect, suicidal thoughts, evictions, substance abuse, food insecurity, etc. can call 610-252-9060 for help and referrals.

# Confidential Grief Group

A Clean Slate is partnering with Kainoa's Ohana to start their 6-week confidential grief group for parents/caretakers who have lost their child to a stigmatized death (addiction/suicide).

This has been a very powerful group that has filled a need in our area. This group caps at a small number so please pass this on to anyone who may benefit. They are looking at starting Saturday mornings in mid-October. For more information or to sign up contact jana@recoveryrevolution.org 610-599-7700.

# Free Souper Bowl Supper

The East Bangor United Methodist Community Church welcomes you to a FREE "Souper Bowl" Supper (Chicken Orzo & Beef Barley) on Sunday, Feb. 7th, from 4:00-4:30 p.m.

The church is located at 136 West Central Avenue Route 512), East Bangor, PA. **Take Out Only.** Questions? Please call 610-588-4453 or visit http://ebumc.org/.

# Northampton County Needs Cafeteria Service Provider

Northampton Countyseeks proposals to furnish all services, labor and materials necessary to provide the County Government Center with Cafeteria Services (RFP #305-2102).

"Our good folks who work at the Government Center and the jurors who come to serve here need quality food at a reasonable price," says Lamont McClure. "That's what we are trying to accomplish here."

Times of operation would be from 7:30 A.M. – 2:30 P.M., Monday through Friday.

Specification documents can be downloaded at www.publicpurchase.com or by contacting the Procurement Office at gpurchasing@northamptoncounty.org or by calling 610-829-6177.

Proposals are due January 28, 2021, no later than 2:00 P.M. prevailing time

**The Bangor Womens Club GFWC installed new officers for the 2020-2022 term. (L-R) Joyce Barilla, Recording Secretary; June Hess, Assistant Recording Secretary; Judy Shaw, Treasurer; Robin Young, Assistant Treasurer; and Heidi Bates, President; Seated Diane Lovelace, Second Vice President. Missing from photo June Jones, First Vice President, and Judy Newcomb, Corresponding Secretary.**

# Pen Argyl Schedule Update

- 1/15/21 JV & Varsity Boys Basketball @ Moravian...moved to 2/16/21 same times
- 1/16/21 JV & Varsity Boys Basketball vs. Palmerton...moved to 2/12/21 at 5:30 & 6:45pm
- 1/16/21 JV & Varsity Girls Basketball @ Palmerton....moved to 2/18/21 at 5:30 & 6:45pm
- 1/19/21 JV & Varsity Boys Basketball @ Wilson...moved to 2/6/21 same times
- 1/21/21 JV & Varsity Boys Basketball vs. Palisades....moved to 2/15/21 same times
- 1/23/21 JV & Varsity Boys Basketball vs. NDES....moved to 2/4/21 5:30 & 6:45pm
- 1/26/21 JV & Varsity Boys Basketball vs. Salisbury...moved to 1/27/21 same times

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# Rescheduled Games

- Bangor's games with Salisbury will be rescheduled for Thursday, February 4th.

**Pen Argyl**

- JV & Varsity Boys Basketball on Saturday, Feb. 6 with Wilson rescheduled to Feb. 17, at 5:30/6:45pm
- JV & Varsity Girls Basketball on Feb 3 at Bangor postponed to Sat. February 6 at 10:00/11:15am.
- JV & Varsity Boys Basketball on February 3rd vs. Bangor have been postponed, TBA.
- JH & Varsity Wrestling on Feb 3 at Lehighton postponed to Friday, Feb 5 at 6:00/7:00pm,
- MS Boys Basketball tomorrow at Wilson has rescheduled to Feb 15. at 5pm,
- Colonial League Wrestling Semifinal at Bangor has been rescheduled to February 4th at 7:30pm, .

## Bangor 51 Northern Lehigh 3

106 - No match (0-0)
113 - No match (0-0)
120 - Brenden Smay dec. Landon Uhler, 9-4 (0-3)
126 - Allen Klaver won by forfeit (6-3)
132 - Robert Curley won by forfeit (12-3)
138 - Zachary Poff won by forfeit (18-3)
145 - Caidan Poff won by forfeit (24-3)
152 - Alex Klaver dec. Jon Zemlansky, 15-9 (27-3)
160 - Jared Reto pinned Chase Moffit, 4:00 (33-3)
172 - Sam Woolverton won by forfeit (39-3)
189 - Gabe Woolverton won by forfeit (45-3)
215 - Jose Fuentes-Maldonado won forfeit (51-3)
285 - No match (51-3)

Northampton County has a 24-hour hotline for all Human Services related emergencies.

Call 610-252-9060 for help and referrals.

**Daily Weather Updates**
**slatebeltweather.com**

# Bangor Girls Lose Boys Games Postponed

The Bangor Girls basketball team (5-2) gave undefeated and league-leading Northwestern (6-0) all they could handle Thursday night before losing 47-41.

The Tigers led from the second quarter on taking a 21-14 lead at half and increasing the margin to 31-22 entering the final quarter. The Slaters nearly doubled their output in the final period, outscoring the Tigers 19-16.

In the end, Northwestern made 8 of 12 free throws in the final going to win 47-41.

Bangor forced 23 turnovers offsetting their own total of 19. The major difference came at the foul line where Northwestern went to the line 15 times, making 10 while Bangor was 4 for 4, all of which were scored by Brynn Holland.

Madison Kluska led the Slaters with 13 points, Holland followed with 8, Emily Ohland and McCormick Karner 6, Emma Stout with 4 and Emma Toth and Madeline Stout 2.

## Bangor Boys

The Boys, remain idle resulting from schedule changes. Northwestern has been moved to February 11, Northern Lehigh to February 15, and Southern Lehigh, scheduled for tomorrow, to February 6

# Streaming Links

(Click on the home team schools)

**Bangor**
**Catasauqua**
**Moravian Academy**
**Northern Lehigh**
**Northwestern**
**Notre Dame GP**
**Palisades**
**Palmerton**
**Pen Argyl**
**Salisbury**
**Saucon Valley**
**Southern Lehigh**

# Lady Slaters Win 53-26

The Bangor Girls (6-2) got back on the winning track with a 53-26 win over Northern Lehigh. The Slaters jumped out to lead of 18-9, at the end of the first quarter and gradually pulled away, outscoring the Bulldogs 29-10 in the second half.

Brynn Holland led the team with 15 points and Madison Kluska hit three from behind the arc and scored 13 points. McCormick Karaer added 8, Emma Stoudt and Emma Toth 6, and Madeline Stout 5. The Slaters had 11 turnovers to 19 by the Northern Lehigh.

**Brynn Holland (21) led Bangor with 15 points in the Slater's 53-26 win.** *Sbtt Photo Lynn Cistone*

**PHOTO GALLERY**

# Spring Baseball News

Spring registration will be open from January 16, 2021 to February 19,2021 for the Competitive Rookies (8), Minors (9-10) and Majors (11-12).

Registration for Instructional also known as T-Ball (4-5) and Rookies (6-7) will be from January 16th to March 6th.

There will be an email going out to everyone in the next few weeks and registration will be accepted via the www.slaterbaseball.com website.

There will be COVID protocols in place that will be outlined in a separate document and will be presented during the online registration process. If anyone has any questions email stauffer.michael@hotmail.com

# Area Sports Schedule

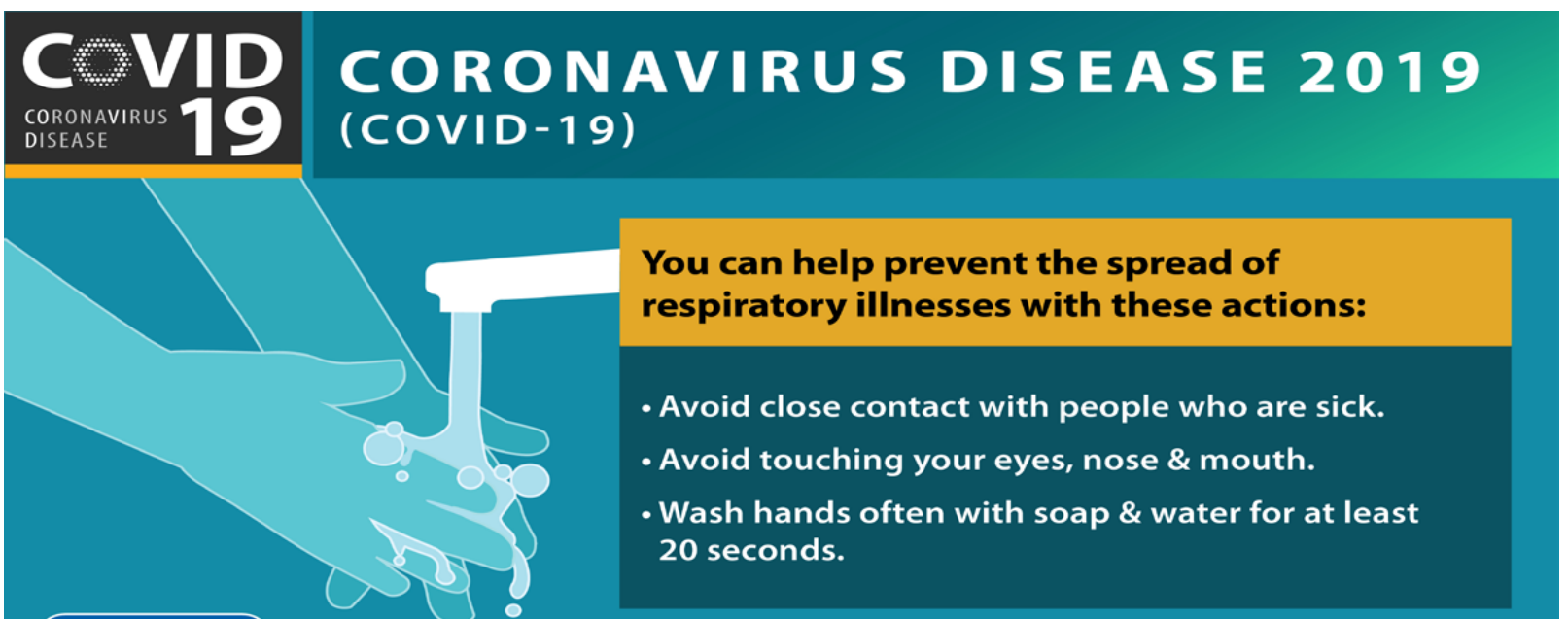
**Friday February 5**
Pen Argyl Wrestling at Lehighton, 7pm
Palisades Wrestling at Bangor, 6pm
**Friday February 6**
Pen Argyl Girls at Bangor, 11:15 am
Bangor Boys at Southern Lehigh, 4:00pm

**Allen, Klaver, Jared Reto, Robert Curley and Managers Mylaina Shippers, and Abby Buck were honored during Bangor Wrestlng Senior night Wednesday.** *Photo: Courtesy Bangor Athletics*

**Landon Uhler pictured with coaches Richie Smith and Ken Brewer was presented the Douglas Communale Memorial Award.**

## Bangor 45 Pen Argyl 15

106 & 113 No Matches
120 - Landon Uhler pinned Hennessey Ruppert, 3:33
126 - Allen Klaver dec. Alex Moser, 2-0
132 - Robert Curley won by forfeit
138 - Lorenzo Reto dec. Zachary Poff, 7-0
145 - Caidan Poff pinned Dylan Ashenfalder, 4:52
152 - Riley Stapp won by forfeit
160 - Alex Klaver pinned Gian Greggo, 2:27
172 - Jared Reto won by forfeit
189 - Cole Dorshimer pinned Gabe Woolverton, 4:54
215 - Jose Fuentes-Maldonado pinMichael Culver, 1:14
285 - Aiden Compton won by forfeit



# Heritage Center Reopens

The Slate Belt Heritage Center has reopened for visitors for the remainder of the winter season. The Center will be open every Sunday, from 12:00- 3:00 until the beginning of April.

Their monthly presentations will continue to be posted on our Facebook page, Slate-Belt-Heritage-Center-SBHC. Their next presentation will be by Cullen King, entitled "Their Past, Our Future: Why our History Should Provide Hope Today." Cullen grew up in Pen Argyl, and attended the College of Wooster and the University of Michigan, focusing on Library and Archival Work. He served as an intern at the Slate Belt Heritage Center during the summer of 2020. He will speakabout the insights he gained as an intern about the importance of history, and discuss the website that he created for the Center

The presentation will be posted on the Center's Facebook page on Thursday, January 21st. All past programs are archived on the Facebook page as well. Please check out this interesting view of history and their place in it. The Slate Belt Heritage Center is a 501©3 organization, concerned with the preservation and teaching about the culture and artifacts of the various groups that settled in the Slate Belt

# Cellar Door in Belvidere

Have you ever heard of The Cellar Door? It is a small business located in Belvidere, NJ. They carry so many fantastic items including Candleman Creations LLC candles and wax melts!

https://www.facebook.com/thecellardoormarket/

# Annual Heritage Center Preservation Awards

The Slate Belt Heritage Center is now accepting applications for its Annual Preservation Award, which seeks to acknowledge individuals who have performed exemplary acts to promote and preserve the culture and heritage of the Slate Belt. Candidates may be an individual or group and may be nominated by themselves or another party.

There are three categories: Initiative Award, Architectural Award and Special Focus Award. Detailed descriptions of these categories, as well as the criteria involved may be found on the Heritage Center's web site, SBHC.org, and Facebook page, Slate-Belt-Heritage-Center-SBHC.

Nominations will be accepted this fall and will be reviewed in January. Awards will be presented in June 2021.

Interested parties may obtain an application at the Heritage Center on Sundays from 12 – 3, at all local municipal offices or by contacting Jason Huggan at 484-754-2480.

Please help us recognize those people who are working to preserve our history.

# 2021 PA Fishing Licenses

2021 PA fishing licenses are now on sale from the PA Fish and Boat Commission. Licenses, permits and gift vouchers can be purchased online or by visiting retail license issuing agents.

Valid immediately for up to 13 months through Dec. 31, 2021. Multi-year options are also available in increments of 3, 5, and 10 years.

https://www.fishandboat.com/Pages/default.aspx

# St. Luke's Plan for Vaccinating Communities

St. Luke's has engaged in extensive preparations to expand COVID-19 vaccination access to the general population in a smooth, orderly and safe fashion.

St. Luke's thus far has concentrated its vaccination efforts on Phase 1a priority groups As they prepare for the state to move into the next phase as announced today, St. Luke's has developed a process to allow individuals to sign-up for notifications regarding the vaccine.

"We are proceeding in a thoughtful, orderly and safe way," says Jeffrey Jahre, MD, St. Luke's Senior VPMA regarding the Department of Health's announcement today. "As per the state, we are opening scheduling to individuals age 65+ and those with medical conditions. To avoid lines and chaos, we are prioritizing individuals at the highest risk starting with individuals 75+ and rapidly working down the list as we have supplies.

We anticipate that with increased supplies in manufacturing and the addition of other vaccines, like Johnson & Johnson's, that there will be rapid increase in our ability to accommodate the entire population."

As of today, anyone can pre-register for vaccination through the St. Luke's MyChart portal at www.sluhn.org/vaccine. Those who do not have a MyChart account may create one.

Alternatively, individuals who are currently eligible to receive the vaccine (health care providers, nursing home staff and first responders) may call, 1-866-STLUKES (785-8537), option 7.

After completing a brief questionnaire, MyChart users will be notified when it is their turn to schedule an appointment for the vaccine, which they will be able to do online.

If accessing MyChart via the St. Luke's mobile app, users can find the COVID-19 Vaccine pre-registration under "Questionnaires à Optional Questionnaires."

Questions related to MyChart can found here or by calling 1-866-STLUKES (785-8537), option 5.

# LVHN COVID-19 Vaccination

If your are age 75 or older, or people age 65 and older as well as people ages 16-64 with serious medical conditions, you can receive a COVID-19 vaccination. Schedule your appointment today to get vaccinated at LVHN's first drive-through COVID-19 vaccination clinic at Dorney Park in Allentown Jan. 27, 8 a.m. to 4 p.m.

An appointment is required at this and all of LVHN's vaccination locations. The vaccination is free.

Making an appointment is easy.

Step 1: Sign in to MyLVHN

Make sure your account settings are correct (Log in and click "Menu," "Account Settings," and then edit).

Step 2: Make an appointment

When you are logged in to MyLVHN, you will see a notification that you have a COVID-19 vaccine to schedule. To set up your appointment, press "Schedule Now."

Press "Schedule now" to schedule your first dose of the COVID-19 Vaccine

While MyLVHN is the fastest, easiest way to schedule an appointment, another option is to call 833-LVHN-CVD (833-584-6283). The ability to schedule an appointment is dependent upon the supply of available vaccine at LVHN, which is determined by the State of Pennsylvania.

# Odyssey Edu-camp

Odyssey Edu-camp is ready to TAKE OFF into the spring semester! Do you want your child to join us? Each morning students are guided and assisted through their online education program and three afternoons a week get to enjoy a fun filled afternoon day camp! Tuesdays feature gym, Wednesdays feature art, and Thursdays feature music!

If you are ready to join us sign your child up today, or learn more by visiting https://www.tuscarora.org/odyssey

**Daily Weather Updates**
**sbtopics.com**

# Northampton County Drive-Thru COVID Testing

To get a test at the drive-thru site an individual must report or display one or more CDC-recognized symptoms of COVID-19. Please bring your ID and insurance card with you. Tests are free for Northampton County residents who don't have insurance.

NORTHAMPTON COUNTY COVID-19
DRIVE-THROUGH TESTING SITE

COORDINATED HEALTH

3100 Emrick Blvd. Bethlehem

Monday/Wednesday/Friday - 9AM - 4PM
Tuesday/Thursday - 11AM - 6PM
Saturdays - 9AM - Noon

# Cornonavirus Variant May Spread 70% Faster

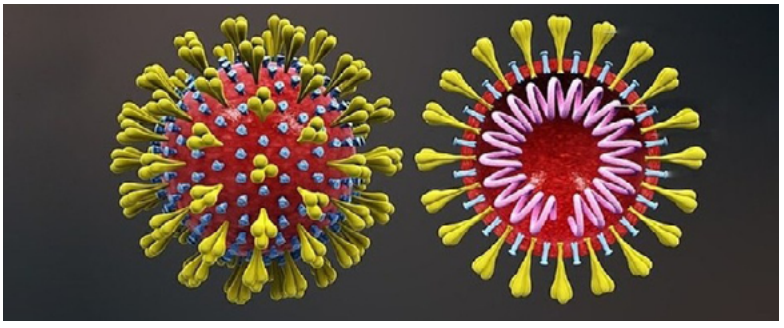
Just as vaccines begin to offer hope for a path out of the pandemic, officials in Britain this past weekend sounded an urgent alarm about what they called a highly contagious new variant of the coronavirus circulating in England.

Citing the rapid spread of the virus through London and surrounding areas, Prime Minister Boris Johnson imposed the country's most stringent lockdown since March.

But the estimate of greater transmissibility — British officials said the variant was as much as 70 percent more transmissible — is based on modeling and has not been confirmed in lab experiments, Dr. Cevik added.

Several experts urged caution, saying it would take years — not months — for the virus to evolve enough to render the current vaccines impotent.

"No one should worry that there is going to be a



single catastrophic mutation that suddenly renders all immunity and antibodies useless," Dr. Bloom said.

"It is going to be a process that occurs over the time scale of multiple years and requires the accumulation of multiple viral mutations," he added. "It's not going to be like an on-off switch."

The scientific nuance mattered little to Britain's neighbors. Worried by the potential influx of travelers carrying the variant, the Netherlands said it would suspend flights from Britain from Sunday until Jan. 1.

# Dolores Savitz Honored for 45 Years of Service

Pen Argyl Borough Secretary Dolores Savitz has resigned after 45 years of dedicated service to the Borough. Recently, she was presented with citations from government officials. She also received the Pennsylvania Association of Borough's Trustee Award. Don't be surprised if you see her at Borough Hall graciously assisting in the transition. Administrative Assistant Julianne Lemak has been appointed Borough Secretary.

**Heidi Bates was installed as the new Bangor Women's Club by outgoing President Carol Akam.**

# Tips to avoid getting and spreading COVID-19

## In public:

Wear a mask in public settings, including on public transportation and in transportation hubs such as airports and stations. Stay at least 6 feet (about 2 arms' length) from anyone who is not from your household.

## Bathrooms and rest stops:

Wash your hands with soap and water for at least 20 seconds after using the bathroom and after you have been in a public place. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.

## Getting gas:

Use disinfectig wipes on handles and buttons at the gas pumps before you touch them (if available).

After fueling, use a hand sanitizer with at least 60% alcohol. When you get to your destination, wash your hands with soap and water for at least 20 seconds.

# Takeout Food Tips

Getting takeout from your favorite restaurant for dinner? Use these tips to stay safe:

- Mobile phone order + pay online or by phone
- Accept take-out without in-person contact
- Stay 6 feet away from others
- Soap wash your hands after pickup

**Slateford Inn (R) and Five Points Restaurant (L) are now both open for business. Recently, John Birmingham of UMBT was able to deliver donations to the bartenders and servers who have been impacted by the restrictions due to the Coronavirus.**

**Bangor Womens Club treasurer, Judy Shaw (far right), is shown presenting Bangor Public Library Director Kathleen Lynch with a check for $900. Also pictured is Yvonne Humphreys (far left) member of both Bangor Women's Club and the Friends of the Library and Patty Zito, president of Friends of the Bangor Library. The Womens Club obtained wreaths from a local greenhouse and nine club members festively decorated them. The wreaths were sold at the library during Small Business weekend in November by Friends of the Library. Proceeds of the sale were matched by the club.**

# Vaccine Scams

The FBI has warned of one of the fastest-growing frauds in the U.S. right now — scams related to the COVID-19 vaccine.

Emails or online advertisements regarding a vaccine waiting list or offers to get vaccine doses shipped directly to your homeYou cannot pay money to put your name on a list to get the vaccine or get early access to the vaccine. Beware of generic greetings, grammar and spelling mistakes, or suspicious links and attachments in email messages

Phone calls or emails from a "vaccine distribution site" or "health care provider/insurance company" asking for your personal information.

In these instances, do not provide your social security number, credit card, or bank information

Social media posts with disinformation about the vaccine's origins and efficacy. Many times these may be accompanied with links to malware-laden websites or sites selling worthless and/or harmful products.

# How to Talk About Terrorism With Kids

*Murphy Moroney,MSN*

Watching an angry mob storm the Capitol building in response to Trump losing a second term was incredibly disturbing.

While the destruction was hard enough to witness as an adult, many parents worry about how their kids will process such a dark event in US history. As an act of domestic terrorism that was incited by a sitting President, speaking with children about what happened is important.

Although parents might be hesitant to bring up the insurrection with young children, preschool-aged kids can digest a basic understanding of what happened, particularly if they saw images or video footage on TV.

**How Do You Explain What Transpired at the Capitol Building to Kids?**

Before diving into a serious conversation about the attack on the Capitol, Reena B. Patel, a parenting expert and educational psychologist, urges parents to create a safe space for kids of all ages by allowing them to ask questions and not forcing them to talk about the topic until they're ready.

She also emphasized the importance of listening to get kids' perspectives and using the word "sometimes" when talking about the event to remind children that not everyone acts in this manner.

What's the Best Way to Teach Kids About Patriotism?

"The best way is to discuss what patriotism is not. It is not using hate to make your opinion heard, harming others, or bullying others to change their views,"

# 316 Marketplace in Wind Gap Has Something For Everyone

The new Marketplace 316 in Wind Gap is impressive. It offers a place for Local Antiques and Collectables, Artisans, Resellers & Foods, only found in Wind Gap.

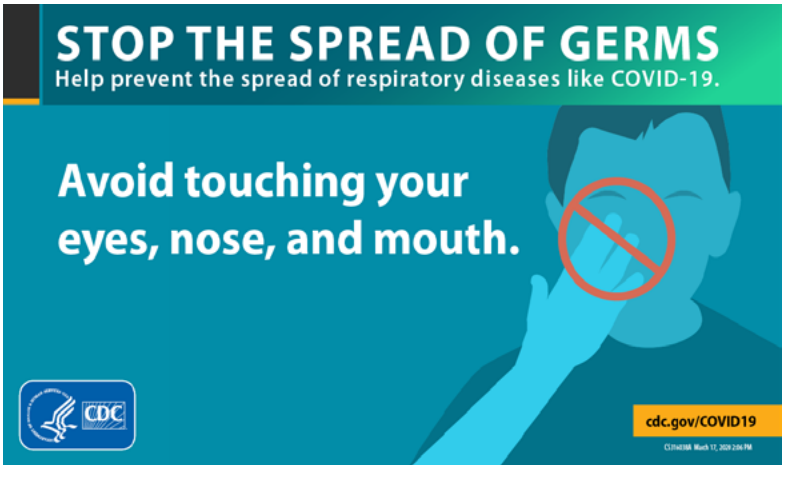
J's Royal Family, Unique Finds, Flay'd Meats, Candy Pickers, and Uncle Chuck's & Son's Furniture are just few of many vendors.

Despite the COVID 19 pandemic, Marketplace 316 opened July 4th to the delight of avid flea marketers.

The North Broadway location is a huge improvement over the former Wind Gap Flea Market. The new Flea Market appears to be twice the size it was a few years ago, allowing far more vendors to set up shop.

Although I'm not a weekend, flea market junkie, I occasionally enjoy going to Saylorsburg, Jake's on Route 100, Adamstown, PA and a place in Front Royal, Va. I'm happy to say that I am definitely adding Marketplace 316 to my list of favorites.

They are open Saturdays and Sundays from 8am to 4pm at 316 North Broadway, Wind Gap. Visit their website at www.marketplace-316.com.




# Commercial Lease Program

Slate Belt Rising, a program of Community Action Committee of the Lehigh Valley (CACLV), is introducing a Commercial Lease Subsidy Program to attract new and expanding businesses to the Boroughs of Bangor, Pen Argyl, Portland, and Wind Gap.

This program will provide businesses the support they need to get off the ground, helping to build more vibrant downtown areas that attract more businesses and the talent needed to build a competitive economy, thus creating a stronger and more resilient community.

"This will serve as an incentive for new businesses to open or other businesses to expand in the Boroughs of Bangor, Pen Argyl, Portland, and Wind Gap," said Stephen Reider, Director of Slate Belt Rising. "Our goals are to lower commercial vacancy rates, provide economic opportunity and create more vibrant business districts that are welcoming for residents and visitors alike."

The program will provide financial support to a minimum of five businesses during their first six months of operation. Selected businesses will receive 100% of rent payments (up to $1,500 monthly) for their first three months and 50% of rent payments (up to $750 monthly) for their next three months. The lease payments will be made for six consecutive months.

Slate Belt Rising anticipates that this will advance the economic viability of the Slate Belt through business development, job creation, and promotion of Slate Belt small businesses within and outside the community.

Any new business opening or moving into one of the boroughs or an existing business looking to open a second location within one of the boroughs may be eligible for the program. Applicants must be planning to lease between 500-5,000 square feet of first floor, market-rate office or retail space for a minimum 2-year term.

Applications are currently open and being accepted until February 12, 2021. For full guidelines and application, visit **slatebeltrising.org.**

# Vaccine's Period of Protection Uncertain

Director of the National Institute of Allergy and Infectious Diseases Dr Anthony Fauci said that at this stage there is not enough data to determine how long the protection offered by the Moderna or the Pfizer/BioNTech COVID-19 vaccines will last.

CEO of BioNTech Uğur Şahin also said he is optimistic the immunization effect of the vaccine would last for a year, but they won't know for sure until July 2021 because the data available at this time only dates back to July 2020, when they started their trial.

**What you need to know**

- There isn't enough data at this time to determine how long each vaccine will protect people
- BioNTech's CEO said trial patients need to be monitored for a full year to measure the long-term effectiveness of the vaccine
- The efficacy rate of vaccines is a measurement of how effective they are under ideal circumstances
- Although the vaccines protect people from COVID-19, experts don't yet know if it will prevent someone spreading the virus, so other precautions, such as masks, will still be important

# Home Heating Assistance

LIHEAP is a federally funded program that helps individuals and families pay their heating bills through home heating energy assistance grants. It also provides crisis grants to help in the event of an emergency or if a resident is in danger of losing his or her heat due to broken equipment, lack of fuel or termination of utility service.

The income eligibility guidelines for LIHEAP are set at 150% of the federal poverty income level. For example, the income limit for an individual is $18,735; for a couple, the limit is $25,365; and for a family of four, it is $38,625. Residents may apply for LIHEAP online or by contacting the County Assistance Office in their county of residence.

# Animals and COVID 19

A small number of pets worldwide, including cats and dogs, have been be infected with the virus that causes COVID-19, mostly after close contact with people with COVID-19.

Based on the limited information available to date, the risk of animals spreading COVID-19 to people is considered to be low.

Because there is a risk that people with COVID-19 could spread the virus to animals, CDC recommends that pet owners limit their pet's interaction with people outside their household.

- Keep cats indoors when possible and do not let them roam freely outside.
- Walk dogs on a leash at least 6 feet (2 meters) away from others.
- Avoid public places where a large number of people gather.
- Do not put a mask on pets. Masks could harm your pet.

There is no evidence that the virus can spread to people from the skin, fur, or hair of pets. Do not wipe or bathe your pet with chemical disinfectants, alcohol, hydrogen peroxide, or other products, such as hand sanitizer, counter-cleaning wipes, or other industrial or surface cleaners. Talk to your veterinarian if you have questions about appropriate products for bathing or cleaning your pet

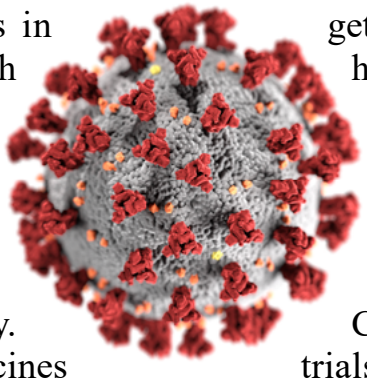
# Can You Get Flu & COVID Vaccines Simultaneously?

No. according to the CDC. You should not get a COVID-19 vaccine and a flu vaccine at the same time. COVID-19 vaccines should be given alone with at least 14 days either before or after you get any other vaccines, including a flu vaccine. This is because there is currently limited information on the safety and effectiveness of getting other vaccines at the same time as a COVID-19 vaccine.

As more information becomes available, this recommendation may change. Your healthcare provider can help you decide the best vaccination schedule for you and your family

# Fact COVID-19 vaccines will not give you COVID-19

None of the COVID-19 vaccines currently in development or in use in the United States, contain the live virus that causes COVID-19. There are several different types of vaccines in development. However, the goal for each of them is to teach our immune systems how to recognize and fight the virus that causes COVID-19. Sometimes this process can cause symptoms, such as fever. These symptoms are normal and are a sign that the body is building immunity. Learn more about how COVID-19 vaccines work.



It typically takes a few weeks for the body to build immunity after vaccination. That means it's possible a person could be infected with the virus that causes COVID-19 just before or just after vaccination and get sick. This is because the vaccine has not had enough time to provide protection.

FACT: COVID-19 vaccines will not cause you to test positive on COVID-19 viral tests

Neither the recently authorized and recommended vaccines nor the other COVID-19 vaccines currently in clinical trials in the United States cause you to test positive on viral tests, which are used to see if you have a current infection.

# How Vaccine Recipients Felt After COVID-19

Lehigh Valley, Pa. (Dec. 22, 2020) - Wondering how it feels the day after a COVID-19 vaccine? Since Thursday, Lehigh Valley Health Network has administered more than 1,000 vaccinations to front-line, high-risk workers and plans to vaccinate about 6,000 more in the coming days.

Of those who received a vaccination, only three people reported side effects – one person had redness and swelling at the injection site, one had an itchy throat and the other had a fever. Symptoms for each person subsided quickly. Of the colleagues who had known severe allergies, no side effects were reported.

"Except for a sore arm at the injection site, much like how I felt when I got the flu shot, it is business as usual today," said Jennifer Rovella, DO, LVPG Pulmonary and Critical Care Medicine. "I feel great knowing that this is the beginning to the end of the pandemic."

Chantal Branco, RN, LVHN Patient Care Services, the first person in the region and at LVHN to receive the Pfizer authorized vaccine had a similar reaction. "I'm feeling great today. My left arm is a little sore but nothing that is keeping me from my normal daily activities."

Glenn Thompson, RN, LVHN Emergency Services, said that getting the shot didn't limit him in any way. "About 24 hours after getting the vaccine, I have no issues besides a slightly sore arm at the injection site."

Marcelo Gareca, MD, LVPG Infectious Diseases, even went a bit further in describing that he was not impacted by the vaccine.

"I am feeling fine. My arm is no sorer than when I get the flu shot. It did not stop me from doing yoga at home last night, working yesterday and today, or shoveling snow this morning."

The U.S. Food and Drug Administration says that the most commonly reported side effects are pain at the injection site, tiredness, headache, muscle pain, chills, joint pain and fever. It's important to remember that even if you do experience some of these mild symptoms, they usually go away within a day or two and the symptoms are far milder than what most people experience when they are sick with COVID-19. Medical officials say the vaccine cannot cause a COVID-19 infection.

While the shot itself cannot make you contagious, it is important for everyone to continue wearing a face mask. Officials say it is unclear at this point if the vaccine prevents people from becoming infected with COVID-19 or if it prevents feeling sick when infected. That means you could still transmit virus after you've received your shot.

To learn more and ask a question, visit **https://www.lvhn.org/treatments/covid-19-vaccines.**

# COVID-19 VACCINATION PHASES IN PENNSYLVANIA

## Phase 1A

- Long-term care facility residents

Health care personnel including, but not limited to:

- Emergency medical service personnel
- Nurses
- Nursing assistants
- Physicians
- Dentists
- Dental hygienists
- Chiropractors
- Therapists
- Phlebotomists
- Pharmacists
- Technicians
- Pharmacy technicians
- Health professions students and trainees
- Direct support professionals
- Clinical personnel in school settings or correctional facilities
- Contractual HCP not directly employed by the health care facility
- Persons not directly involved in patient care but potentially exposed to infectious material that can transmit disease among or from health care personnel and patients

## Phase 1B

- People ages 75 and older
- People in congregate settings not otherwise specified as LTCF and persons receiving home and community-based services
- First responders
- Correctional officers and other workers serving people in congregate care settings not included in Phase 1A
- Food and agricultural workers
- U.S. Postal Service workers
- Manufacturing workers
- Grocery store workers
- Education workers
- Clergy and other essential support for houses of worship
- Public transit workers
- Individuals caring for children or adults in early childhood and adult day programs

## Phase 1C

- People ages 65-74
- People aged 16-64 with high risk conditions causing increased risk for severe disease

Essential workers in these sectors:

- Transportation and logistics
- Water and wastewater
- Food service
- Housing construction
- Finance, including bank tellers
- Information technology
- Communications
- Energy, including nuclear reactors
- Legal services
- Federal, state, county and local government workers, including county election workers, elected officials and members of the judiciary and their staff
- Media
- Public safety
- Public health workers

## Phase 2

- All individuals not previously covered who are 16 and older and do not have a contraindication to the vaccine (note that at this time, only the Pfizer-BioNTech product is approved for those age 16 and 17)

# Kindergarten Registration Welcome Class Of 2034

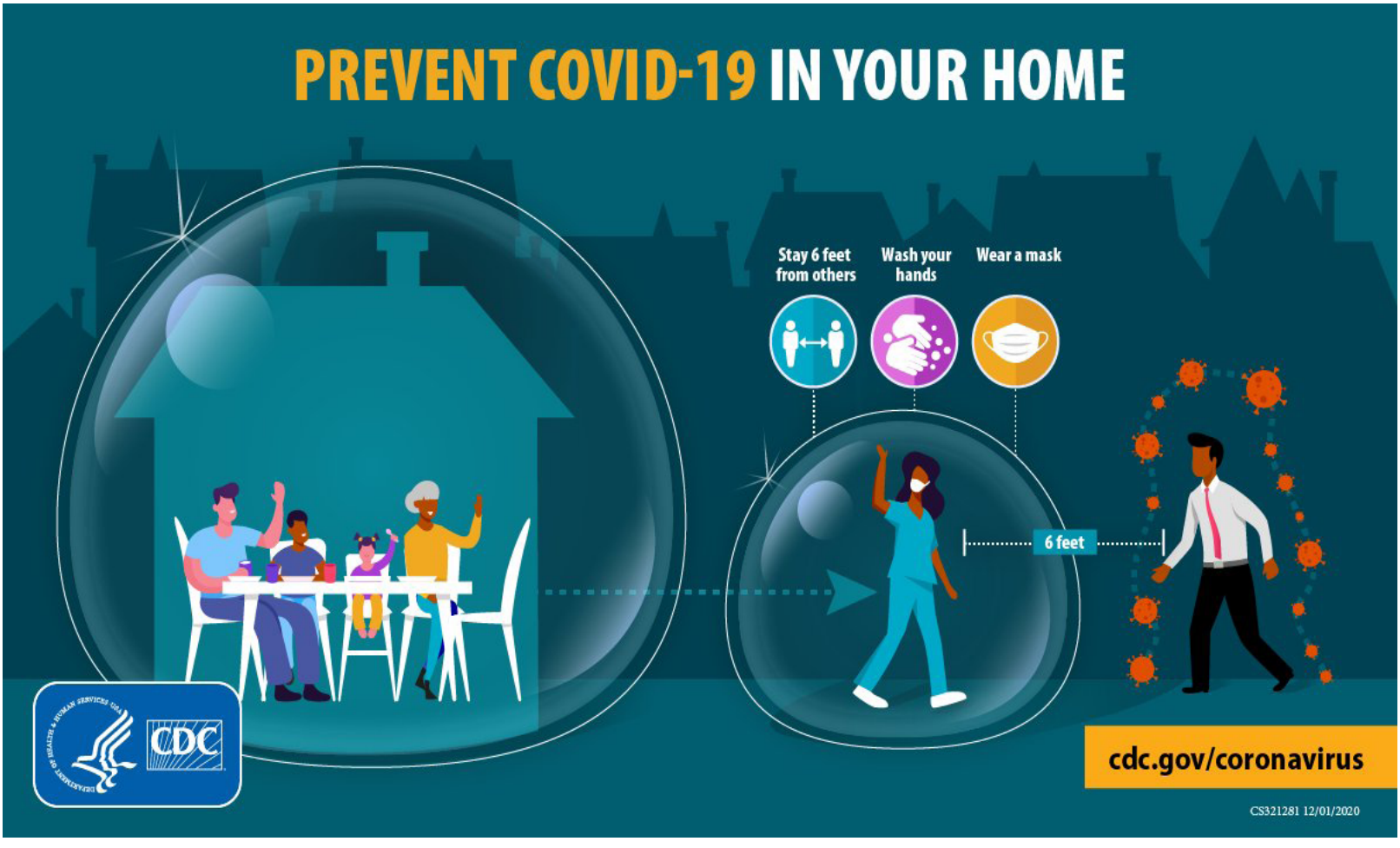
The Bangor Area School District (BASD) is excited to welcome the Class of 2034! The kindergarten team at Five Points Elementary School is excited to welcome our new kindergarten class to begin their education for the 2021-2022 School Year. A child is eligible for kindergarten

- If he/she is at least the age of five (5) years by August 30, 2021 (no exceptions).
- Resides within the boundaries of the BASD.
- Successfully completes the district's kindergarten screening process.

Kindergarten registration is online. Online kindergarten registration is available for parents and/or guardians through the District website www.bangorslaters.com. A parent only kindergarten registration information meeting is scheduled on Tuesday, January 26, 2021 at 7:00 p.m. via Zoom. The Zoom will be available on the District website. To schedule a screening appointment, the completed online registration and mandatory documents must be submitted and approved by the registration secretary. A completed registration includes:

- Parent/Guardian Photo Identification
- Proof of child's birth date (must be at least five (5) years by August 30, 2021)
- Two (2) proofs of residency
- Immunization
- Physical Exam Record
- Dental Exam Record

Once online registration is submitted and approved, Five Points Elementary School will contact parents/guardians regarding a kindergarten screening appointment. Because of COVID-19, the District has not determined kindergarten registration dates at this time. Our goal is to conduct in-person screening appointments when it is safe. All screenings are by appointment only. An adult must accompany the child(ren) for their screening appointment(s). Our kindergarten staff is eager to meet and work with your child.



# Nestles Donate to Slate Belt Rising

Nestlé Waters announced a $2,500 donation to Slate Belt Rising, a program of Community Action Committee of the Lehigh Valley (CACLV), to support its work of fostering comprehensive community and economic development in the Slate Belt Boroughs of Bangor, Pen Argyl, Portland, and Wind Gap. Slate Belt Rising brought together the four boroughs to collaborate and amplify their collective voices to help strengthen their ability to compete with other communities for investment.

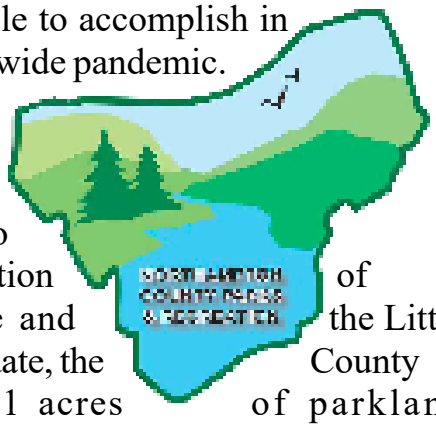
"As a member of the Slate Belt community, Nestlé Waters was pleased to support the work of Slate Belt Rising," said Eric Andreus, Natural Resource Manager at Nestlé Waters North America Inc. "The Slate Belt community has a rich history, and the work being done by Slate Belt Rising is strengthening the community through several important initiatives. We are proud to be a part of making a positive impact in the region."

Since 2016, Slate Belt Rising has secured, leveraged and invested over $1 million in projects in the Slate Belt, across many project areas including façade improvements, community events, youth programming, streetscape improvements, and municipal planning.

Most recently, Slate Belt Rising launched a Commercial Lease Subsidy Program to attract new and expanding businesses to the Boroughs of Bangor, Pen Argyl, Portland, and Wind Gap. The pilot program provides financial support to a minimum of five businesses during their first six months of operation.

# Northampton County Adds Twentith Park

Lamont McClure congratulates the Northampton County Department of Parks and Recreation for closing on the County's 20th park and all the other projects they were able to accomplish in 2020 despite a world-wide pandemic.



The County increased its number of park properties from eighteen to twenty with the addition of Hexenkopf Preserve and the Little Martins Preserve. To date, the County has preserved 3,451 acres of parkland and open space. Ned and Linda Heindel donated 76.76 acres, which includes the Hexenkopf Rock, to the County last autumn. Hexenkopf Rock has both cultural and geological importance and was once used as a shrine by the Lenni Lenape Indians. The County recently purchased the Little Martins Preserve –a 94 acre property in Lower Mount Bethel and Washington Township. Parks & Rec plans to install parking lots and trails at both sites in the future. The County also acquired 1.4 acres at the Stockertown Trailhead and will use that land to link existing trails.

"The future of Northampton County is green," says Lamont McClure. "Land preservation not only protects open spaces for future generations, it helps prevent warehouse proliferation now."

## NOT EVERYONE WITH COVID-19 FEELS SICK

New report: 238 young adult U.S. service members on a naval aircraft carrier tested positive for a current or previous infection of COVID-19

1 out of 5 reported no symptoms

# Jacobsburg Bridge Repair

Jacobsburg Road Between State Park Road and Belfast Road will be closed and detoured for repairs to the bridge over Bushkill Creek. Bridge Repair Type of restriction is 24 Hours starting Feb 1, 2021. Estimated Completion Date, February 2, 2021. The posted detour will route traffic on State Park Road, Sullivan Trail and Belfast Road. Allow for extra time and use caution driving through the area.

The bridge repairs are part of a $2.9 million contract to repair five bridges in the Lehigh Valley. Kriger Construction, Inc. of Scranton, Pa. is the general contractor.

Work on the bridge consists of bridge repairs including but not limited to structural repairs, deck repairs, concrete substructure repairs, masonry repairs, bearing repairs, joint repairs/joint sealing, painting, scour countermeasures and channel repairs, along with other miscellaneous construction.

# Grants Save Money and Reduce Pollution

Harrisburg, PA – Grant funding for energy efficiency and pollution prevention projects for small business owners and farmers is still available from the Pennsylvania Department of Environmental Protection (DEP) through the Small Business Advantage Grant program.

"This grant program was created with small businesses and farmers in mind. There are tremendous monetary savings available to Pennsylvania's small business owners by installing energy-efficient equipment, such as boilers, LED lighting, and Energy Star certified heating, ventilation, and air conditioning systems," said DEP Secretary Patrick McDonnell. "Pennsylvania farmers can also benefit by using these funds to undertake projects which will divert sediment and nutrient runoff from our waterways."

Pennsylvania farmers and other small business owners with 100 or fewer full-time employees are eligible for the grants. Projects must save the business a minimum of $500 and 25 percent annually in energy consumption or pollution related expenses. Natural resource protection projects are exempt from the minimums; however, the projects must be able to quantify sediment and nutrient reductions into nearby waterways.

Businesses can apply for 50 percent matching funds for equipment or materials, up to $7,000, when adopting energy-efficient or pollution prevention equipment or processes. Applications are considered on a first come, first served basis, and will be accepted until fiscal year 2020-21 funds are exhausted, or Monday, April 12, 2021, whichever occurs first.

The complete grant application package is available by visiting the DEP Small Business Ombudsman's Office's site.

To contact the Small Business Ombudsman's Office, call 717-772-5160 or email raepadvantagegrant@pa.gov.

# Slate Belt Area HOBY Recipients Named

Elaina Eibeck has been selected as the 2021 Hugh O'Brien youth leadership recipient.

She is the daughter of Peter and Jenny Eibeck.

Elaina is Pen Argyl High School's sophomore class president and also involved in TV studio, mock trial, character education, and concert band.

She has received academic awards in: english, math, social studies, and science.

Elaina also ranks in the top five of her class.

Outside of school she takes guitar lessons and attends Cornerstone Church in Easton.

The Hoby award was founded by well-known actor Hugh O'Brien in 1958.

The award is given annually to deserving sophomores across the nation.

Hoby's mission is to seek out and develop the leadership potential in youth and to encourage and prepare the next generation vital for America's future.

June Jones, First Vice President and Education Chair of Bangor Womens Club GFWC is pleased to announce that Benjamin Engle, a Bangor High School Sophomore has been selected to represent Bangor at the 2021 HOBY Leadership Training Program this spring.

Ben lives in Roseto with parents Dan and Lindsay and younger sister Megan. During winter he enjoys snowboarding. In summer enjoys the beach and fishing.

He is a member of the varsity football team .The past two seasons, he has enjoyed helping out with the Bangor Youth Football Club, on the 130's level. As a previous youth football player himself, he likes being able to teach and train the younger players. Combining school and extracurricular activities keeps Ben busy, but seeing the growth in the youth players' skills is why he enjoys helping out the team.

Ben's plans are to attend a 4-year college in pre-med majoring in human biology. He hopes to be a doctor in neurosurgery or plastic surgery. Ben is a proud Slater and has been a Bangor student since Kindergarten.

# Local Schools to Receive Nearly $12M In Funding

Rep. Joe Emrick (R-Northampton) announced that school districts in the 137th Legislative District will receive nearly $12 million in federal Elementary and Secondary School Emergency Relief (ESSER) funding as part of the federal Coronavirus Response and Relief Supplemental Appropriations Act (CCRSA).

"I am pleased that our local school districts are able to get this funding as it will allow them to continue to provide our children with an education, despite the obstacles caused by this pandemic," said Emrick.

The funding for each school district is as follows:

- Nazareth Area School District - $1.45 million.
- Easton Area School District - $8.56 million.
- Bangor Area School District - $1.87 million.

As part of the CCRSA, Congress and the current administration appropriated $54.3 billion for the ESSER Fund. Funding is distributed to states based on each state's proportionate share of Title I, Part A (Title I-A) funding. Funds are intended to support COVID-19 response efforts and spent on a wide range of allowable activities.