

# Slate Belt Town Topics

AREA'S ONLY DAILY ONLINE PUBLICATION AT SBTOPICS.COM

## Bangor Trust Brewing Soft Opening



Story ...Page 7

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# Leap Day Outdoors at Lake Minsi

It's Leap Day! February 29. You get an extra day this year. You've been saving up for this day for 4 years now, so why not enjoy nature in a different way, through a Mindful Outdoor Experience. Being in and engaging with Nature has been shown to help reduce stress, improve feelings of happiness and free up creativity, as well as lower heart rate and blood pressure, and boost the immune system.

Join a fun and relaxing experience at Minsi Lake where you will be guided through an exploration of the forest, trails, creeks, and (hopefully) even the lake bed itself. While walking and sitting, you will be invited to use all of your senses to connect with nature, each other, and yourself.

No fee. The event is generously provided by Northampton County Parks.

Meet at the west parking area. The parking area

doesn't have an address but this is the address of the property right next door:

49 Blue Mountain Drive, Bangor PA 18013

This is a rain or shine event. Open to anyone 13 years of age or older.

Anyone under 18 must be accompanied by an adult.

No dogs please.

Dress for the weather. We will be walking on mostly flat surfaces and sitting. There will be some paved/dirt trails. We will also be free walking on the lake bed itself (weather dependent). So wear clothes and shoes you don't mind getting dirty and muddy. Muck type boots if you have them. Bring something to sit on, like a small blanket or rubber mat, or even a small camping chair. Whatever you bring you will have to carry.

You will be walking approximately 2 miles round trip, and at a slow pace.

## BAHS Band Pops Concert

Bangor Area High School Bands Pops Concert Featuring John Williams compositions from Raiders of the Lost Ark and Schindler's List. We Side Story medley and others will be held Tuesday, March 3, 7:30 PM in the M. Craig Paine Performing Arts Theater at Bangor High School

## Art Therapy At Bloom Is Back

Art Therapy At Bloom Is Back for women 18+ with sessions scheduled for Monday, March 9, 2020 Monday, March 23, Monday, April 6, and Monday, April 20. Join them for a free women's art therapy group from 10:00 AM - 11:30 AM

The group is led by a licensed therapist.

## Bangor Womens Club Card Party

Bangor Womens Club Card Party will be held 11:30 Thursday April 16 at Prince of Peace Church, Johnsonville. Tickets are \$12 pp. Event will provide a soup and sandwich lunch with homemade cake. Afternoon snacks, table prizes, and door prizes. Contact Barbara Frutchev at 610-588-0196 for full information and reservations.



# Slate Belt Area Happenings

**February 29**

## **Starry Night Paint and Sip**

Starry Night Paint and Sip at Mountain View Winery Hosted by Girls on the Run Pocono Saturday at 6 PM – 9:30 PM Mountain View Vineyard, Winery & Brewery 2332 Walters Road, Stroudsburg. Come out Saturday February 29th for a beautiful starry night themed paint & sip \$45 per person. With each registration of paint and sip you will receive your figlass of wine or beer complimentary!

Only 35 seats available for this event. Register early since our last Starry Night paint and Sip sold out. 50/50 raffle and great drink specials will be available.

**March 1**

## **Yomassage**

Yomassage™ in Bangor, PA Hosted by Greenleaf Soft Tissue Therapy 32 Market Street, Bangor. Tickets [app.acuityscheduling.com](http://app.acuityscheduling.com) Your therapist will walk you through a series of comfortable and supported Yomassage positions that will be held for 5-10 minutes Sunday at 1:00 PM - 2:30 PM March 1. Yomassage classes are typically 60-90 minutes and suitable for all levels, no experience required.

**March 3**

## **BAHS Band Pops Concert**

Bangor Area High School Bands Pops Concert Featuring John Williams compositions from Raiders of the Lost Ark and Schindler's List, West Side Story

medley and others will be held Tuesday, March 3, 7:30 PM in the M. Craig Paine Performing Arts Theater at Bangor High School.

**March 6**

## **Kids Night Out**

Join Bloom Friday, March 6th for Kid's Night Out - A Paint Night For Kids. Kids can enjoy art themed activities, which include completed project while parents enjoy 2.5 hours any way they want! Leave your kids in trusted care and take advantage of some time to run errands, relax or have a kid free meal! There are several restaurants within walking distance from the studio. For ages 5 and up from 6:00-8:30. Kids may bring a snack to have while they're here. The cost is \$30, register online now to save your spot!

## **Flower and Garden Show**

Spring will be in full bloom March 6-7-8 at the Lehigh Valley Flower and Garden Show at the Allentown Fairgrounds. Tickets are available online and at the door; children age 12 and under are admitted free. Friday, March 6 is \$5 Senior Day at the Door. Free parking.

For complete info, seminar and activity schedules, plus a list of vendors visit: [www.LehighValleyFlowerandGardenShow.com](http://www.LehighValleyFlowerandGardenShow.com).

**March 7**

## **Gnome Man's Band**

Don't miss the Gnome Man's Band, March 7. This

**See Page 7**

## **Weather Forecast**

- **Today - A slight chance of snow showers before 3pm, then a slight chance of snow showers after 4pm. Mostly cloudy, with a high near 31. West wind 10 to 15 mph. Chance of precipitation is 20%.**
- **Tonight - A slight chance of snow showers before 10pm. Partly cloudy, with a low around 20. Northwest wind 5 to 10 mph. Chance of precipitation is 20%.**

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## PA 511 Traffic Alerts - 7:00am Today

- **Albion Avenue in Pen Argyl from W. Applegate to W. Babbitt** will be closed until March 3
- **Delabole Rd closed from American Bangor Road to Molasses Rd** for Bridge repair until mid June, 2020.
- **Roadwork on Belvidere Road both directions** 0 miles West of DePues Ferry Road, PPL. Lane restriction.
- **Damaged roadway on Five Points - Richmond Road** in both directions between Messenger St, Bangor, Park Drive and Sunset Drive. Lane restriction.
- **Roadwork on I-78 westbound** between Mile Post: 60.5 and Mile Post: 60.0. There is a lane restriction.
- **Roadwork on I-78 westbound** between .5 miles west of Exit 45: PA 863 - and .7 miles west of Exit 35: PA 143 - traffic disruption.



## NJ 511 Traffic Alerts

- Usual Volume Delays

## Hazardous Weather Alert

- Winds could gust as high as 45 mph on Thursday into Thursday night.

## PennDOT Work Schedule March 1 -6

- **Interstate 78 Between: Exit 71 (PA 33) and Exit 75 (To PA 611)** Eastbound lane restriction 09:00 AM To 03:00 PM. Start date: 3/4/20 Est completion date: 3/4/20
- **Interstate 78 Between: Exit 71 (PA 33) and Exit 75 (To PA 611)** Westbound lane restriction 09:00 AM To 03:00 PM. Start date: 3/5/20 Est completion date: 3/5/20
- **Interstate 78 East Between: Exit 71 (PA 33) and Exit 75 (To PA 611)** Eastbound lane restriction 09:00 AM To 02:00 PM. Start date: 3/4/20 Est completion date: 3/4/20
- **PA 191 Between: Clyde Road and Mill Road Lane** restriction with flagging 09:00 AM To 02:00 PM. Start date: 3/2/20 Est completion date: 3/6/20
- **PA 33 South Between: Wind Gap Borough and PA 512.** Southbound lane restriction 09:00 AM To 02:00 PM. Start date: 3/2/20 Est completion date: 3/4/20
- **PA 33 South Between: PA 191 and Tatamy Road** Interchange. Lane restriction southbound 09:00 AM To 02:00 PM. Start date: 3/5/20. Est completion date: 3/5/20
- **Plainfield Township Filetown Road Between: Sullivan Trail and Jacobsburg Road.** Lane restriction with flagging 09:00 AM To 02:00 PM. Start date: 3/6/20. Est completion date: 3/6/20
- **Interstate 78 West Between: Exit 75 (To PA 611) and Exit 71 (PA 33)** Westbound lane restriction 09:00 AM To 02:00 PM. Start date: 3/5/20 Est completion date: 3/5/20



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# Area Schools Get \$130K School Safety Grants



**Bangor - \$40,000**

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**Pen Argyl \$35,000**

**“These grants will be put to good use—protecting our children by equipping schools to help keep them out of harm’s way.”**

**Rep. Joe Emrick (Former Teacher)**

## Area Schools Get \$130K in School Safety Grants

HARRISBURG — Rep. Joe Emrick (R-Northampton) today announced the School Safety and Security Committee has awarded \$130,000 in School Safety and Security Grants to school districts in the 137th Legislative District.

“These school districts deserve every penny of this funding,” Emrick said. “Having been a former teacher, I know that these grants will be put to good use—protecting our children by equipping schools to help keep them out of harm’s way.”

Those receiving grants locally are:

Bangor Area School District – \$40,000. Pen Argyl \$35,000

Easton Area School District – \$45,000. Nazareth Area School District – \$45,000.

The grants includes performing school safety assessments; purchasing security-related technology and equipment; supporting school safety-related and behavioral-health trainings; preparing all-hazards plans; hiring school resource officers, school police officers, school counselors, social workers and school psychologists; and providing for trauma-informed approaches to education.



# “A Breakfast You’ll Never Forget” Pancake Breakfast



The seventh annual pancake breakfast will be Saturday March 14, 2020 from 8AM to 11AM at the Bangor Area Middle School. Come out to enjoy a fabulous breakfast of pancakes and sausage while the cast of Carrie the Musical performs select songs from this year’s spring musical. Carrie the Musical is based on the novel by Stephen King. It provides powerful messages regarding bullying, abuse of power, self-doubt, and safe spaces. The musical follows the story of Carrie , a high school student who is bullied at school and abused by an overly protective mother at home. She has no place where

she feels comfortable. One of the last lines of the show is “What does it cost to be kind?” The pancake breakfast features restaurant quality food and top-notch service. Come out for a morning of food, musical performances, raffles, and crafts. Help create a “Kindness Chain” that will be used to decorate the lobby during the musical performances. There will be prom crowns to decorate and wear while posing in front of a beautiful backdrop for photo opportunities.

The breakfast will raise funds for the high school musical production of Carrie the Musical. Performance dates are: April 3-5, 2020. There is a special preview night for Gold Card patrons, April 1, 2020 at 7:00 PM. Tickets for the musical will be available for purchase at the pancake breakfast or you can call 610-599-7011 x1001 for further information regarding tickets for the musical.

Tickets for the “A Breakfast You’ll Never Forget” pancake breakfast can be purchased at the door, \$6.00 per person, children 2 and under are free. Please call Sue Bina, 610-588-3041, with any questions.

## Lunch With The Author

The Blue Mountain Community Library will hold their fifth annual Author Luncheon Thursday, April 30 at Grace United Methodist Church, 404 E. Mountain Ave with local author, Karen Katchur. She will discuss her latest Novel, “Cold Woods,” a gripping and suspenseful story spanning 30 years, that interweaves the past and the present with an unexpected finish. Copies available to purchase.

Luncheon at 12:00pm (Doors 11:30 am), soup, sandwich desserts and beverages. Tickets \$12 each in advance, purchased at the Library, located at 216 S. Robinson Ave., Pen Argyl, PA March 16 through April 18.

No tickets available at

the door. Hours are M-Sa, 10:00 am to Noon and M-Th, 6:00-8:00 pm. Call Lisa at 610-863-3029 for information or visit [www.bmcl.org](http://www.bmcl.org).



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# Bangor Trust Brewing Unveils New Venue

by Larry Cory

Bangor Trust Brewing unveiled its new location at 50 Broadway in Bangor just a few parking spaces west of their former location with a soft opening this weekend featuring new entertainment each night

Their new location is the former Hough Furniture Store which subsequently became a pizza place, and later a church..

Co-owners Leo Bongiorno and Traci McGinty have spent considerable time remodeling the venue .They plan to focus more entertainment than they did before with a new stage and lighting just inside the main entrance. Past the stage there are tables and a new bar where patrons can eat and enjoy unique beverage offerings in full view of the stage.

“We hope to offer lite faire with quality food,” Bongiorno said. “The beer will evolve.”

They plan to offer at least four draft beers, including other area-produced craft beverages like wines from Franklin Hill and Tolino vineyards, spirits from Bethlehem’s Social Still and Trumbauersville’s Faber Liquors as well as beers from Perkasio’s Free Will Brewing Co., Chambersburg’s Roy Pitz Brewing Co. and Philadelphia’s Yards Brewing Co.

For the brewery’s reopening this weekend, he hopes to have one Bangor Trust beer — Weizenheimer Hefeweizen, an unfiltered Bavarian weizen beer brewed with 54% wheat and 2-row pale malt.

Other popular brews that will be returning include Pig Earth, a darker copper colored ale brewed with 100% organic malts and citra hops; and Bangor Hard Ginger Beer brewed with organic grist, wheat and barley malts, fresh ginger and lemon.

Trust’s mantra is “local first, sustainability second and organic third in that order,” Bongiorno says.

About 75% of their food will come from Klein Farms in the Slate Belt.

“We take a healthy approach to diet,” he says. “We have a New York and Mediterranean kitchen with a very down-to-earth selection,” he added.

For now, Bangor Trust is outsourcing its food offerings using Little Creek Barbecue, Dinky’s from Bangor and others.



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# Slate Belt Area Happenings

benefit show for the Nazareth Center for the Arts will feature a performance by the ever-popular group, a 50/50 raffle, and snacks for sale to benefit the Center. Doors open at 7:00pm, and the show will run from 7:30-9:30pm. \$15. BYOB. Tickets are limited, and will be available soon at [www.nazaretharts.org](http://www.nazaretharts.org). Please RSVP to [nazaretharts@gmail.com](mailto:nazaretharts@gmail.com).

## **Chicken/Waffle Family Dinner**

Chicken & Waffle Family Style Dinner will be held Saturday, March 7 from 4 pm – 7 pm at Hope United Church of Christ, 2nd Street, Wind Gap. Adults - \$10.00. Ages 6-12 - \$5.00. Children 5 and eat FREE!

## **Needle Felting Workshop**

Join Bloom Saturday, March 7, 11:30 AM - 2:00 PM for a beginner Needle Felting Workshop. We'll create adorable animals or objects using all natural fibers and needles. The reservation is \$40 and includes the tools, materials, as well as 2 1/2 hours of introductory teaching on needle felting to create as much as you can. Come learn a new creative activity -- you'll get started with these adorable critters and be inspired to create so much more! Space is limited so make your reservation TODAY to secure your spot.

## **March 8**

### **American Legion Riders**

The American Legion Riders have their monthly meeting on Sunday, March 8 at 10:30 AM at the American Legion Post 927, Route 209 and Fairgrounds Road, Gilbert.

The American Legion Riders contribute to Veterans, the Community, and enjoy riding.

For more information, contact President Everett "Skippy" Shaver, 570-977-8208 or [everett.shaver@yahoo.com](mailto:everett.shaver@yahoo.com).

## **March 11**

### **Hike for Health**

Wednesday, March 11, April 8, May 13, June 17, July 8, August 12, September 16, and October 14 at 5:30pm to 7:00pm

Come to Jacobsburg after work for a hike with a St. Luke's University health professional! Get some exercise while learning about health and fitness outdoors. You will hike at a brisk pace over uneven terrain for 2 to 2.5 miles guided by a center educator. A guest will be available during the hike to discuss the topic of the day and answer your questions. Meet

at the Visitor Center at 400 Belfast Road, Nazareth, PA. Registration is not required.

## **Monroe County Garden Club**

The Monroe County Garden Club will meet on Wednesday, March 11 at 11:30 AM at the Kettle Creek Environmental Center, 8050 Running Valley Rd, Stroudsburg.

The guest speaker will be Ellen at Pocono Farmstand, who will present "Garden Potpourri" The Horticulture Theme is "Leprechaun's Choice". The design theme is "Mardi Gras Masquerading March". A floral arrangement is always included in a table design. Some fresh material is required, and dried materials may be incorporated into the design. A light luncheon will be served, \$5 for non-members. Everyone interested in gardening is invited to attend. For more information, contact President Robin Teets [rteets@ptd.net](mailto:rteets@ptd.net) or visit our website, <http://www.monroecountygardenclub.com/> and Join us on Facebook <https://www.facebook.com/MonroeCountyGardenClub/>

## **Kettle Creek for Kids**

Kettle Creek for Kids at the Meesing Outdoor Site On Wednesday, March 11, 1pm. Little ones are invited to take a tour of the sugarbush to learn all about the maple sugaring process! They will learn the history of maple sugaring and see how it is made today. Dress appropriately for the weather including shoes appropriate for trail walking!

This program is for young children ages 3-6. Cost: \$6/non-member, \$4/EE Center member. (Parents must attend with their child.) Preregistration is required and limited to 25 participants.

For more information or to preregister, call the Kettle Creek Environmental Education Center at (570) 629-3061, Monday - Friday from 8 a.m. - 4:30 p.m. and most Saturdays from 9 a.m.- 1 p.m. For more information on other programs we offer visit our website at [www.mcconservation.org](http://www.mcconservation.org).

## **March 12**

### **Monthly Glass Painting**

Bloom's monthly Thursday night Glass Painting is Thursday, March 12th from 6:30-8:30pm. Join Karin & the regulars @ the Craft Bar for a fun night of glass painting. One Glass, paint & instruction all included!



Additional glasses available for \$5.00 ea

### **Colored Pencil Workshop**

Colored Pencil Workshop will be held Thursday, March 12 at Bloom

6:30 PM - 8:30 PM

(Please email Jeff if you are coming and the number of your party, if applicable, so he can have a head count.) Questions and concerns are also welcome: jeffrey.michael@hotmail.com

The subject will be the human eye. Learn the basics of colored pencil technique while exploring shape, color, and reflections. New to drawing? This workshop is designed for anyone to have fun and get something out of it. No pressure, just encouraging teaching.

NOTE: As Bloom is a non-profit and material costs grow, there is now an additional \$5 cost for materials use, for a total of \$25 per person for the class.

**March 14**

### **Craft and Vendor Show**

Portland Craft & Vendor Show, Saturday March 14 from 9am to 3pm. Free admission and parking. ATM within walking distance. Handicap accessible. Kitchen open. For space availability please contact Stephanie 610-216-6716.

### **Volunteer Work Day**

Volunteer Work Day will be held Saturday, March 14 at 10:00am to 3:00pm

Come to Jacobsburg to spruce up their native gardens and bird blind area, including brush piles, mulching, dirt removal, and weeding. Work gloves and tools will be provided. Please dress for the weather and bring a lunch. Registration is required. Hike for Health

Wednesday, March 11, April 8, May 13, June 17, July 8, August 12, September 16, and October 14 at 5:30pm to 7:00pm

### **Celtic Classic Parade**

The streets of Bethlehem turn green on March 14th as thousands of emerald-clad revelers will sweep into Historic Bethlehem for the 9th Annual Celtic Classic Parade of Shamrocks organized by the Celtic Cultural Alliance (CCA).

The parade begins at 1:00 p.m. at 5th Avenue and W. Broad streets and proceeds east on Broad Street, turns right on to Main Street and heads south on Main Street. The parade concludes under the Hill-to-Hill Bridge. This free event has plenty of viewing along the sidewalks of the procession route.

### **Carrie Pancake Breakfast**

The seventh annual pancake breakfast will be Saturday March 14, 2020 from 8AM to 11AM at the Bangor Area Middle School. Come out to enjoy a fabulous breakfast of pancakes and sausage while the cast of Carrie the Musical performs select songs from this year's spring musical.

**March 15**

### **Mulligan Bowling Tourney**

Rotary Club of the Slate Belt will hold its 8th Annual Mulligan Bowling Tournament at Blue Valley Lanes in Wind Gap on Sunday, March 15th. This innovative event is for both Sanctioned and Non-Sanctioned Bowlers. 1 in 6 Bowlers will wind a cash prize. Registration fee is \$30.00. "Did you ever wish you could have a Mulligan for rolling a bad ball?" With this event you can. For more information or to register contact: Karin Susan Breitlach at ksbvet@ptd.net or 610-390-0351 or Ed Gallagher at ed@kseent.com or 610-657-6796

**March 17**

### **UMBT's first Seniors' Club Meeting**

UMBT's first Seniors' Club Meeting will occur Tuesday, March 17 on Saint Patrick's Day at the Chelsea Sun from 12pm – 1pm. Wear your green if you would like to but you're not required. They will have a free lunch with chicken marsala, pasta and meatballs. If you have dietary restrictions, please let them know and they will accommodate. There will be refreshments and desert.

You will discuss what kind of Seniors' Club you want and what kind of activities you want to engage in. Additionally, they will have a guest speaker to be named shortly.

This will be a fun time and you can get to know each other and build long-lasting friendships. You can join the Seniors' Club no matter where you are from. All Seniors are welcome! 55 and older or close to that age.

**March 20**

### **Family Night**

Family Night - Frog Find and Salamander will be held Friday, March 20 at 6:30pm to 8:00pm at Jacobsburg.

Do you know what an amphibian is? Discover what makes this group of animals and the vernal ponds that

they depend on unique. Vernal ponds are temporary bodies of water that form in spring from rain and snow melt. Please dress for the weather, wear waterproof footwear, and bring a flashlight. Registration is required <https://events.dcnr.pa.gov/>

## **Hofstra Chamber Choir**

The Hofstra Chamber Choir will sing 7pm March 20 at Prince of Peace Lutheran Church 2445 Lake Minsi Drive, Bangor. Admission is free. For tickets and more information call 908-310-1196.

**March 21**

### **Ziggy Blue**

Area favorite Ziggy Blue is performing at the Nazareth Center for The Arts March 21 at 7pm! Tickets are \$10 and will be available soon at [www.nazaretharts.org](http://www.nazaretharts.org). Please RSVP to [nazaretharts@gmail.com](mailto:nazaretharts@gmail.com)

**March 25**

### **Songbird Workshop**

Pennsylvania Songbirds Workshop for Teachers is planned for Wednesday, March 25 from 8:00am to 4:00pm

Pennsylvania Songbirds is a hands-on interdisciplinary K-12 teachers' resource and activity guide about songbirds. It includes classroom activities on bird biology, habitats, observing and identifying songbirds, migration, research, and specific actions to help songbirds. Fee \$25.00. Workshop includes PA Songbirds activity guide, a bird banding presentation, and lunch. Act 48 hours are available. Registration is required <https://events.dcnr.pa.gov/>

**March 27**

### **Spotted Lanternfly**

A Spotted Lanternfly presentation will be held Friday, March 27 at 7:00pm to 8:00pm at Jacobsburg.

Join Amy Korman from Penn State Extension as she talks about Spotted Lanternfly biology, their effect on local flora, and what citizens can do the help stop the spread of these invasive insects. Registration is required <https://events.dcnr.pa.gov/>

**March 28**

### **Meet a Local Author**

Meet local author Jolynn Angelini Saturday 10-12am, March 28 at the Bangor Public Library. She will be sharing her first book, *The Protectors*, a fast-paced thriller that is available for purchase from [iuniverse.com](http://iuniverse.com) and Amazon and Barnes and Noble

Space is limited. Please call the Library at 610-588-

4136 to hold your space.

**March 29**

### **PA Alumni Assoc. Bingo**

Pen Argyl Area Alumni Association Bingo. Featuring Designer bags and cash prizes. Sunday, March 29, 2020, Wind Gap Fire Company Social Hall, 111 N. Broadway Wind Gap, PA 18091. Doors Open at 11:30AM, Bingo starts at 1:00PM. 20 regular games, special bingos, Tricky Tray, & 50/50. Tickets are \$20 in advance \$25 at the door. Light lunch will be available. For tickets call 610-863-4600. Proceeds Benefit The Alumni Scholarship Fund.

### **Breakfast With Easter Bunny**

The Slate Belt Rotary Club will be holding its 9th Annual Breakfast with the Easter Bunny on Saturday March 29th at The Scorecard Restaurant, 130 N. Broadway in Wind Gap. The event is from 9:00 AM to 11:00 AM. There will be a tricky tray, 50/50 and other surprises at the event. Come join the fun!

The Club is asking for a Donation for the Breakfast. Pay what you wish. Tickets are available at The Scorecard, from any Rotary Member.

**April 4**

### **Brick Bingo**

Brick Bingo, will be held Saturday April 4. Doors open at 11am, Bingo begins at 1pm. ALL new this year a small Lego themed Tricky tray held during bingo, drawing immediately following bingo. Advance tickets are \$20. Group tickets available, click open flyer for info. Kids are welcome to play accompanied by an adult. Kitchen open for lunch and snacks. Contact Stephanie for tickets 610-216-6716 or [brickbingo@portlandhookandladder.com](mailto:brickbingo@portlandhookandladder.com).

**April 22**

### **Earth Day Turns 50**

This year marks the 50th celebration of Earth Day! GCS will be celebrating at the education center April 22 with friend Paul Karner as he explains his journey as a Federally Licensed Bird Bander.

Immediately following Paul's presentation, they will hold a Myth Busting Session about those common recycling items.

Free snacks, crafts and fun for the whole family!

**April 30**

### **Lunch With The Author**

The Blue Mountain Community Library will hold their fifth annual Author Luncheon Thursday, April 30



# *Public Service Announcements*

## **Home Heating Assistance**

LIHEAP is a federally funded program that helps individuals and families pay their heating bills through home heating energy assistance grants. It also provides crisis grants to help in the event of an emergency or if a resident is in danger of losing his or her heat due to broken equipment, lack of fuel or termination of utility service.

The income eligibility guidelines for LIHEAP are set at 150% of the federal poverty income level. For example, the income limit for an individual is \$18,735; for a couple, the limit is \$25,365; and for a family of four, it is \$38,625.

Residents may apply for LIHEAP online or by contacting the County Assistance Office in their county of residence.

## **Free Screenings For Seniors**

The Slate Belt Senior Center in will be hosting FREE health screening for seniors in the Slate Belt Area. Screenings will be led by nursing students under the guidance of their professors.

Screenings of blood pressures, medication education related to diabetes heart disease and overall health concerns.

All interested seniors are welcome during the hours of 9:00am-11:00am. Dates: 4/14,4/16,4/23, 4/28,4/30, 5/5,5/7,5/19,5/21

## **Lunch With The Author**

The Blue Mountain Community Library will hold their fifth annual Author Luncheon Thursday, April 30 at Grace United Methodist Church, 404 E. Mountain Ave with local author, Karen Katchur. She will discuss her latest Novel, "Cold Woods," a gripping and suspenseful story spanning 30 years, that interweaves the past and the present with an unexpected finish. Copies available to purchase.

Luncheon at 12:00pm (Doors 11:30 am), soup, sandwich desserts and beverages. Tickets \$12 each in advance, purchased at the Library, located at 216 S. Robinson Ave., Pen Argyl, PA March 16 through April 18. No tickets available at the door. Hours are M-Sa, 10:00 am to Noon and M-Th, 6:00-8:00 pm. Call Lisa at 610-863-3029 for information or visit [www.bmcl.org](http://www.bmcl.org).

## **UMBT Girls Recreational Softball**

Registration for UMBT Girls Recreational Softball is open through March 6, 2020 for girls between the ages of 4 and those not turning 21 before July 1, 2020 who reside in either Bangor, East Bangor, Upper Mount Bethel, Lower Mount Bethel, Portland, Washington, or Roseto. Register at <http://umbt.leagueapps.com/> or check FaceBook at UMBT Softball Organization. Registration is \$60 per player, \$55 for each subsequent sibling.

## **Support Group For Vets & First Responders**

A new confidential support group for veterans and first responders is available at A Clean Slate on the corner of Broadway and First St. (Rt. 191) in Bangor.

The group meets the third Monday of the month from 7pm to 8pm. It is free.

A professional counselor will facilitate the group. All are welcome. No sign-up is needed. Call 610-452-9348 for more info.

## **Weona Calendars Available**

After many months of hard work, the 100th Anniversary of Weona Park 2020 Calendar is completed. Put together by Walter Cole, former History teacher at Pen Argyl High School and member of the Slate Belt Heritage Center, it features pictures, past and present, of the park and events

# *Public Service Announcements*

that took place there, as well as in early Pen Argyl.

This Limited-Edition Calendar is now available to purchase at a cost of \$15.00, cash or check only. Checks should be made payable to "Pen Argyl Borough". The Calendar is on display at the Blue Mt. Community Library, 216 S. Robinson Ave., Pen Argyl. To purchase or for more information, call Walt Cole at 610-863-6472.

## **Struggling With Substances?**

People struggling with substances can now walk in for drug and alcohol assessments at the Clean Slate Bangor, 100 South First Street St, Bangor 610-452-9348 Mondays from 10am - 12pm Many times this is the first step toward treatment and a new life.

## **Help Track Bald Eagle Population**

The Pennsylvania Game Commission is asking for the public's help to track the state's growing bald eagle population. After reaching a low of just three nesting bald eagle pairs in the Commonwealth in the early 1980s, officials now estimate there are more than 300 nesting pairs here.

While bald eagles are no longer listed as a threatened species in Pennsylvania, they are still protected by the U.S. Bald and Golden Eagle Protection Act, which prohibits taking of the birds, nests or eggs. If you spot a bald eagle nest, please use proper etiquette to avoid disturbing the birds.

To review bald eagle nest guidelines, or to report your nest sighting to the game commission, click here.

## **Donations for St. John's Cemetery**

Donations for St. John's Cemetery in Bangor are being accepted for maintenance. You can mail them to St. John's Cemetery c/o Carol Hummel, 136 Messinger Street, Bangor, Pa 18013.

"Weona 100" Requests

Pen Argyl Borough requests volunteers, personal stories from Community for "Weona 100." A joint committee of borough officials and residents are planning a weekend of "Weona 100" festivities and activities on June 19-20, 2020. For more information about the Weona Park 100th Anniversary plans, contact Roberta Cowley at 484-695-2994 or email Weona100@gmail.com.

## **Heritage Center Monthly Schedule**

2020: Sundays: March 8th @ 2:00 PM: "Leopold Conservation Farming Award" by Richard DiFebo.

Thursdays: April 16th @ 7:00 PM: "Textile Book Reveal & Signing" by Committee. May 14th @ 7:00 PM: "Garment - Textile Book Process" by Committee. June 18th @ 7:00 PM: Preservation Awards by Karen Brewer. July 9th @ 7:00 PM: 100th "Anniversary of Weona Park" by Walter Cole. August 13th @ 7:00 PM: "Anniversary of V-J Day" by Russ Stout. September 19th @ 7:00 PM: "1936 Slate Centennial Parade Video". October 8th @ 7:00 PM: Haunted Heritage Program

Sundays: November 8th @ 2:00 PM: "Pearl Harbor Remembered" by Jim Paynter. December 13th @ 2:00 PM: "Great Slate Belt Trivia Contest" by Marc Blau

## **Restaurant Week**

Coming this July 5-12! This year the Slate Belt Chamber of Commerce is asking the participating restaurants to pick a local business that will offer a discount. This will expand our restaurant week to include our retail stores. So when you visit a restaurant during restaurant week, save your receipt