

Slate Belt Town Topics



Izaiah Searfass



Jayden Heller



Micah Kanofsky



Logan Wismer



Ty McKelvey

Sokol 410 Powerlifting of Pen Argyl Athletes Earn Bevy of Medals

There was a time when weight training was regarded as counter-productive for most sports. Today, activities like weight training, weight lifting, or pumping iron is fundamental for all sports.

Whether you are preparing to compete in football or ping pong there is an advantage to gaining strength. Combining weight training with conditioning and agilities is a great way to prepare sports or everyday life.

Erl Persson is Director of Programming Sokol 5 Tool Fitness and Head Coach of Sokol 410 Powerlifting for Sokol America. Sokol is located next to the Post Office on Robinson Avenue in Pen Argyl which is a popular spot for weight training.

Located is a former women's clothing store, Sokol has replaced dresses and woman's clothing with weights, dumbbells, barbells, a few old tires and other paraphernalia that is used for training athletes young and old.

Sokol, however, isn't a showplace for fancy equipment. It's about as basic a weight training facility can be, however, judging by the number

lifters who have won more than their share of medals, Sokol is a place where local athletes and others can reap the benefits of weight training.

Below is a list of Sokol trained athletes who won medals at the USA Powerlifting PA State High School/Youth Championships.

Zoe Edmonds - Gold Medal (Female Varsity - 60kg weight class)

Jake Malitzki - Bronze Medal (Male Varsity - 67.5 kg weight class)

Logan Wismer - Gold Medal (Male Varsity - 56 kg weight class)

Addison Mack - Silver Medal (Female JV - 75 kg weight class)

Markus Ikona - Great showing in the Male JV 110 kg weight class

Jayden Heller - Gold Medal (Youth 52 kg weight class)

Evan Tamandl - Silver Medal (Youth 60 kg weight class)

Izaiah Serfass - Silver Medal (Youth 52 kg weight class)

Izaiah Serfass set 7 PA state records, Jayden Heller set 5 PA state records and Addison Mack set an additional 2 state records.

Slate Belt Town Topics

sbttopics@rcn.com

February 10, 2022

www.sbttopics.com

BASD SLATER CHORALE
PRESENTS:

Disney Night

THURSDAY NIGHT
7PM

BANGOR HS THEATRE

Help Wanted

PT Sports photographer for the Slate Belt Town Topics. E-mail: sbttopics@rcn.com Call 570-688-3724

Cloudy 47 Today Sunny 46 Tomorrow

National Weather Service Forecast

Today, A slight chance of showers between 1pm and 2pm. Increasing clouds, with a high near 47. Breezy, with a west wind 5 to 10 mph increasing to 15 to 20 mph in the morning. Winds could gust as high as 30 mph. Chance of precipitation is 20%.

Thursday Night, Mostly clear, with a low around 26. West wind 5 to 10 mph.

Friday, Mostly sunny, with a high near 46. Light south wind becoming southwest 10 to 15 mph in the morning.

Friday Night, Mostly cloudy, with a low around 39. Southwest wind 5 to 10 mph.

Saturday, Partly sunny, with a high near 48.

Saturday Night, A chance of snow after 1am. Mostly cloudy, with a low around 25. Chance of precipitation is 30%.

Sunday, A chance of snow. Mostly cloudy, with a high near 31. Chance of precipitation is 30%.

Sunday Night, Mostly cloudy, with a low around 12.

Monday, Mostly sunny, with a high near 23.

Monday Night, Mostly clear, with a low around 12.

Tuesday, Sunny, with a high near 31.

Tuesday Night, Partly cloudy, with a low around 18.

Wednesday, Mostly sunny, with a high near 42.

Monday Mostly sunny, with a high near 29.

Air Quality: Good (0-50) Bethlehem (46) Columbia, NJ (UA).

Slate Belt Weather

Recent Papers You

May Have Missed

(Click Below to See)

- [February 9](#)
- [February 8](#)
- [February 7](#)
- [February 6](#)
- [February 5](#)
- [February 4](#)
- [February 3](#)

The Slate Belt's Only Daily Paper - sbttopics.com
News Today **NOT** Next Week



Bangor’s Briann Ohland connects on a jump shot during the Slaters’ 42-19 loss to Palisades in a Colonial League semi final at Catasauqua Wednesday night



Les Misérables
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FOR TICKETS go to:
www.showtix4u.com/events/bahslesmiserablesstudentedition

APRIL, 1 7:30pm | APRIL 2, 2:00pm & 7:30pm | APRIL 3, 2:00pm
2022

**Bangor Library
New Books**

January 28, 2022 to February 3, 2022

Adult Fiction

- Violeta: A Novel by Isabel Allende
- Her Hidden Genius: A Novel by Marie Benedict
- Find Me: A Novel by Alafair Burke
- The Magnolia Palace: A Novel by Fiona Davis
- The Party Crasher: A Novel by Sophie Kinsella
- Quicksilver by Dean R. Koontz

Adult Non-Fiction

- Revolution in Our Time: The Black Panther Party’s Promise to the People by Kekla Magoon
- The Betrayal of Anne Frank: A Cold Case Investigation by Rosemary Sullivan
- Easy Fiction
- Coffee Rabbit Snowdrop Lost by Betina Birkjaer
- Frozen 5 Minute Stories
- Have You Ever Seen a Flower? by Shawn Harris
- Wutaryoo by Nilah Magruder
- Bright Star by Yuyi Morales
- Pups to the Rescue!
- We Wait for the Sun by Dovey Johnson Roundtree
- A Walk in the Words by Hudson Talbott
- A Boy Named Isamu: A Story of Isamu Noguchi by James Yang

Easy Nonfiction

- Disney Frozen by Jennifer H. Keast
- Look and Find: Disney Frozen II by Emily Skwish
- Nina: A Story of Nina Simone by Traci N. Todd

Junior Fiction

- School Days According to Humphrey by Betty G. Birney
- The Unfairest of Them All by Shannon Hale
- Babymouse 2: Our Hero by Jennifer L. Holm
- Babymouse 5: Heartbreaker by Jennifer L. Holm
- Babymouse 6: Camp Babymouse by Jennifer L. Holm
- Babymouse 13: Cupcake Tycoon by Jennifer L. Holm
- Temple Alley Summer by Sachiko Kashiwaba
- Too Bright to See by Kyle Lukoff
- A Bird Will Soar by Alison Green Myers
- The Misadventures of Max Crumbly: Middle School Mayhem by Rachel Renee Russell
- Next Top Villain by Suzanne Selfors
- Cavemice 2: Watch Your Tail! by Geronimo Stilton

Young Adult Fiction

- How Moon Fuentes Fell in Love with the Universe by Raquel Vasquez Gilliland
- After the Game by Abbi Glines
- Under the Lights: A Field Party Novel by Abbi Glines
- The Last Cuentista by Dona Barba Higuera
- A Snake Falls to Earth by Darcie Little Badger

National Cream Cheese Brownie Day

On February 10, National Cream Cheese Brownie Day shines a spotlight on an irresistible dessert bar. Combining chocolate and cream cheese has long been a favorite in the bakery. When it's added to a brownie recipe the results are spectacular.

The brownie has been around since the 1800s but was first documented in 1906 in the cookbook The Boston Cooking School Cook Book. There are hundreds of cream cheese brownie recipes. However, we also enjoy them cut up into parfaits or mixed into ice cream. Add a dollop of whipped cream, berries or a sprinkle of nuts and fruit and they become a decadent dessert in their own right.

- Bake cream cheese brownies to share with friends, coworkers or family members.
- Try a new recipe such as this one: Cream Cheese Brownie recipe.
- Share your favorite recipe.
- Give a shout-out to the baker who makes the best cream cheese brownies.



QUESTION OF THE DAY

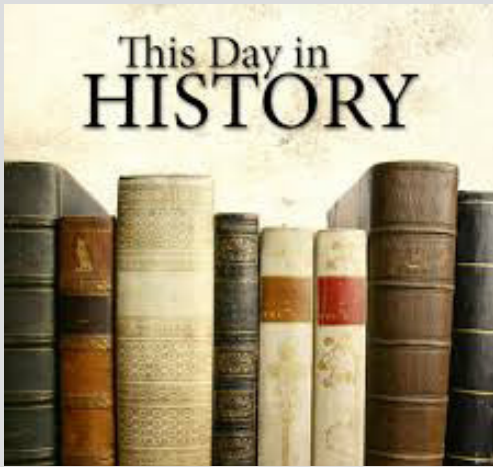
Which of the following types of clouds is the highest in the atmosphere, often appearing wispy and thin?

And the answer: cirrus clouds.

Often seen during fair weather, cirrus clouds are long and wispy, almost like strands of hair, and they sit very high in the sky. Due to their high altitude, cirrus clouds are made entirely of ice crystals.

You may better recognize these clouds in a gorgeous sunset or on a windy day— cirrus clouds are the highest cloud layer in the atmosphere and tend to be most reflective of its conditions. These delicate clouds tend to be the whitest in the sky, and their wisps can appear almost silky or tufty. Forming from the ascent of dry air, cirrus clouds freeze the water vapor in the air into ice. These ice crystals are responsible for the clouds' bright-white reflective nature.

Garry Kasparov lose Chess Game to Computer



On February 10, 1996, after three hours, world chess champion Garry Kasparov loses the first game of a six-game match against Deep Blue, an IBM computer capable of evaluating 200 million moves per second. Man was ultimately victorious over machine, however, as Kasparov bested Deep Blue in the match with three wins and two ties and took home the \$400,000 prize. An estimated 6 million people worldwide followed the action online.

Kasparov had previously defeated Deep Thought, the prototype for Deep Blue developed by IBM researchers in 1989, but he and other chess grandmasters had, on occasion, lost to computers in games that lasted an hour or less.

The February 1996 contest was significant in that it represented the first time a human and a computer had duked it out in a regulation, six-game match, in which each player had two hours to make 40 moves, two hours to finish the next 20 moves and then another 60 minutes to wrap up the game.

Yoga Class

Starting his month at the Nazareth Center fro the Arts, Tom Albani will instruct a yoga class for all levels of experience on Tuesday, Thursday, and Saturday mornings from 9:30 to 10:30. See more at their website.

Open Mic

The Nazareth Center for the Arts offers open mic is the second Wednesday of every month at 7 p.m. Come to sing or play, or just listen. It's BYO-instrument and BYOB..

Blue Mt. Library

Adult Fiction:

- A New York Secret, Ella Carey
- Apples Never Fall, Liane Moriarty
- Blush, Jamie Brenner
- Hostage, Clare MacKintosh
- Three Words for Goodbye, Hazel Gaynor
- A Slow Fire Burning, Paula Hawkins
- What I Never Expected, Jennifer Archer
- Blind Tiger, Sandra Brown
- The Husbands, Chandler Baker
- Billy Summers, Stephen King
- The Wish, Nicholas Sparks
- State of Terror, Hillary Clinton
- Vortex, Catherine Coulter
- Radar Girls, Sara Ackerman
- Foul Play, Stuart Woods
- Not A Happy Family, Shari Lapena
- The Show Girl, Nicola Harrison

Large Print:

- Sleigh Bells Ring, RaeAnne Thayne
- Forgiving Paris, Karen Kingsbury

Non-fiction:

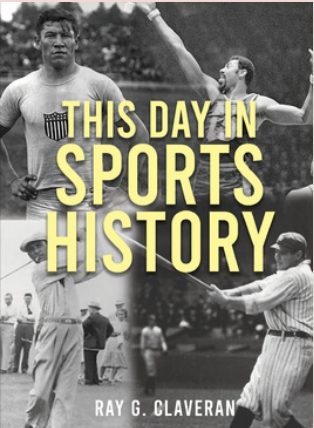
- Peril, Bob Woodward
- Taking Paris, Martin Dugga

.....On This Day.....

- 60** St Paul thought to have been shipwrecked at Malta
- 1720** Edmond Halley appointed as the second Astronomer Royal at the Greenwich Observatory
- 1763** Treaty of Paris ends French-Indian War, surrendering Canada to Britain
- 1824** Simón Bolívar named dictator by the Congress of Peru
- 1879** Henry Morton Stanley departs for the Congo
- 1906** British battleship HMS Dreadnought launches after only 100 days, renders all other capital ships obsolete with its revolutionary design
- 1952** India holds its first general election: Prime Minister Jawaharlal Nehru remains in power1537 Pope Paul III routes Cardinal Pole to England

On This Day in Sports History

- 1908** Canadian world heavyweight boxing champion Tommy Burns KOs Englishman Jack Palmer in round 4 in London in his 8th title defence
- 1912** Hobbs & Rhodes make 323 cricket opening stand v Aust at MCG
- 1920** Baseball outlaws all pitches involving tampering with ball
- 1924** Bucky Harris at 27, becomes youngest baseball manager (Washington Senators)
- 1925** AL decides to alternate leagues for game 1 of World Series each year
- 1926** Building of Olympic Stadium Amsterdam, begins
- 1932** Sweden goes 1-2 in the 18k cross country event at the Lake Placid Winter Olympics; Sven Utterström wins gold ahead of teammate Axel WikströmArthur





State Belt Town Topics Event Calendar



PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

February 12

The Henrys of Boulton (and Elsewhere)

Saturday, February 12 at 10:30am to 11:30am

The Henrys at Boulton loved to research their family history. They relied on a vast trove of family papers and tended to fill in the blanks with interesting stories, which later historians have

repeated as fact. Twenty-first century research has uncovered, however, lots of new material that just wasn't available to these nineteenth-century historians. This new material reveals that the Henry family history is even more interesting than the Henrys themselves may have realized! Join Dr. Scott Paul Gordon for this presentation of his research into the Henry family. Registration is required.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

February 13

Museum and a Movie: The Cry of Jazz

Museum and a Movie: The Cry of Jazz will be presented February 13, 2022, 12:00 pm, in John R. Austen Auditorium at Sigal Museum, 342 Northampton St, Easton.

The Northampton County Historical and Genealogical Society Museum and a Movie series showcases independent, international, and historical short films relevant to our museum exhibits and the communities we serve.

February 2022's feature is The Cry of Jazz, a 1959 documentary from director Edward O. Bland that connects Jazz to African American history. Set in Chicago at a jazz appreciation club, the film is split into two alternating styles; conversations between club members, both black and white, are interspersed among documentary-style scenes of African American life in Chicago. Rather than being strictly a documentary about jazz as a musical genre, the film uses jazz as a metaphor for understanding the African American experience of living in Chicago in the 1950s.

In 2010, The Cry of Jazz was selected by the Library of Congress for preservation in the United States National Film Registry, citing it as a "culturally, historically, or aesthetically significant" film.

The Cry of Jazz is 34 minutes in length and will be shown at 12:00, 1:00, and 2:00 PM in the John R. Austen Auditorium of the Sigal Museum. Sigal Museum is open with masks and social distancing required for all guests. Visit us: Thursdays – Saturdays 10 am – 4 pm and Sundays from 12 noon – 4 pm.

February 16

Fly Tying Series For Teens

Wednesday Evenings February 16, March 2, March 16 at 6:30pm to 8:30pm and

Saturday, March 26 at 10:00am to 1:00pm

During this free five-part series, students will have the chance to learn about freshwater communities while gaining new skills in tying their own flies. On the last day of the series, students will have the opportunity to test their flies on the water while practicing casting techniques and fishing using loaner equipment provided by the PA Fish and Boat Commission while under the supervision of Trout Unlimited and Jacobsburg Environmental Education Center staff. Ages: 12-18. You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

February 17

Crayola Bakery Treats & Wine

Experience the fun of Crayola as an adult while you get to indulge in treats from local bakeries paired with wines from Easton Wine Project and Tolino Vineyards, have the opportunity to paint your own wine glass and check out the brand new show "Chaos and Creativity"!

Thursday, February 17th from 5:30-7PM! Tickets \$25Featuring wines from Easton Wine Project and Tolino Vineyards and Sweet Treats from all your Easton Favorites! Link to register: https://lnkd.in/eTrG_4gj

Click for Calendar 2



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Thurs 8:00 AM - 7:00 PM

Fri 8:00 AM - 5:00 PM • Sat 8:00 AM - 2:00 PM

Calendar 2

February 19

Advanced Watershed Education Teacher Workshop

Saturday, February 19 at 9:00am to 12:00pm

Watershed Education (WE) is an inquiry-based, interdisciplinary curriculum that is geared for students in grades 6-12. Developed by the DCNR Bureau of State Parks, WE helps educators utilize local natural resources as a valuable teaching tool. This workshop will specifically focus on the chemical water quality sampling component of the curriculum. Teachers who are already familiar with educating about watersheds and water quality issues will benefit from this advanced workshop that will provide resources on how to teach chemical concepts, how to maintain water quality testing equipment, and how to manage a chemistry lab outdoors.

Educators attending this workshop will receive the chemistry portion of the Bureau of State Parks award-winning Watershed Education curriculum and their own water quality test kit. Cost is \$10 payable at the workshop with cash or check made

payable to the "Commonwealth of Pennsylvania". Participants will receive 3 hours of Act 48 credit. Registration is required.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>.

Great Backyard Bird Count

Saturday, February 19 at 1:30pm to 3:30pm

Participate in the Great Backyard Bird Count with a bird walk in the fields and forests of Jacobsburg. This year marks 25 years for this community science program that collects data on winter birds by asking people to identify birds over a 15-minute time period and submit their results. Your data will be part of this global initiative! Tips on bird identification will be included.

February 26

Growing Up Black in Easton: Dr. Karen Britt

Please come for an afternoon of conversation and insight with Dr. Karen Britt, Professor of Business and Economics and founder of Juneteenth Lehigh

Click for Calendar 3

DALE ALBERT'S GARAGE Inc.

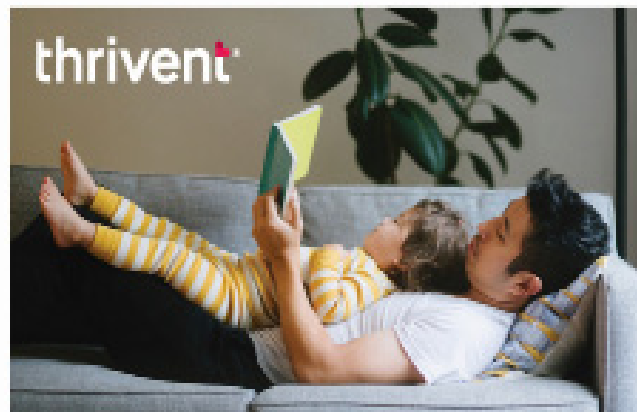


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CHEVROLET

Calendar 3

Valley February 26, 2022, 1:00 pm

.Dr. Britt will speak about her childhood growing up black in Easton, the dichotomy she saw between different neighborhoods, the changes in her educational experiences, and the cultural shifts she encountered coming of age in the 1970s.

This program is being held in collaboration with the American Association of University Women, Easton PA Branch.

Following the conversation, Dr. Britt and the AAUW will provide participants with action steps to further our understandings of power, privilege, and equity.

This program will be filmed and made digitally available on NCHGS's

Learn How to Dance From a Pro

Ballroom, Latin, Swing Social Dance at TC Dance Club International - PA in Wind Gap is offering lessons in Ballroom, Latin, and Swing Social Dance, Saturday, February 26, 2022 from 7 p.m. – 10 p.m.

Music by a Ballroom, Latin DJ

Refreshments will be served & BYOB

Lessons given by professional instructor. All level of dancers welcome, with or without a partner, to enjoy their 3,100 square foot dance floor

Call Richard at 610-881-1000 for directions or more information

Directions - 33-N to exit 512 bath/wind gap. right off exit, go to light and turn right, TC 1/2 mile on right - 33-S to exit Wind Gap/Bath, left off exit, go to light and turn right, TC 1/2 mile on right

March 1

Fastnacht Donut Sale at Christ Lutheran

A Donut Sale will be held at Christ Evangelical Lutheran Church, 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church) on Tuesday, March 1st. These delicious homemade donuts are available powdered or plain. Donuts should be picked up by 1pm. The cost is \$8.00 per dozen. Orders are recommended and can be placed until February 25th. To place your order or for additional information call Chrissy at 610-588-0809.

March 12

Parade of Shamrocks

The Celtic Cultural Alliance invites all organizations, teams and businesses to participate in the 12th Annual Parade of Shamrocks. CCA is encouraging organizations, teams and businesses to participate in the parade. “Anyone can participate in the parade. It’s a great way for your organization to gain visibility and get your message out, as every group is recognized on Astound Broadband powered by RCN broadcast and there will be several thousand people lining the streets.” Says Jayne Ann Recker, Executive Director of the Celtic Cultural Alliance.

The parade will be shown on Astound Broadband on March 12th and available on video on demand.

Parade registrations will be accepted through February 28th and can be found at www.celticfest.org.

The parade begins at 1:00 p.m. at 5th Avenue and W. Broad streets and proceeds east on Broad Street, turns right on to Main Street and heads south on Main Street. The parade concludes under the Hill-to-Hill Bridge.

March 19

Vendor Extravaganza

Spring Has Sprung Vendor Extravaganza & Tricky Tray is planned for 10-3 March 19, 2022 at the Slate Belt Branch of the Greater Valley YMCA

March 20

Saint Pat's Day Parade

Finally, the PIAC is happy to announce the 43rd Annual St. Patrick's Day Parade. Please join them on Sunday, March 20th, The parade will begin at Stroudsburg High School and end at Crystal St. in East Stroudsburg. Step off time for the participants in the parade will be at 1:15 PM to accommodate the 1:30 PM live parade start time on BRC Channel 13.

March 26

Sportsman's Dinner

Mt. Bethel Fire Co. Sportsman's Banquet 2022 2341 N Delaware Dr, Mt Bethel, Saturday, March 26, 2022 At 4 Pm Hot Off The Press!!! Sportsman's Dinner And Raffle Date Set For March 26Th 2022. Doors Open At 4 With Dinner At 6. More Info On Tickets And Prizes To Come.

April 2

Flash Back to the 70s & 80s Dance

The First Annual Theme Dance, “Flash Back To the 70's & 80's” has been planned for April 2 from 6:00 p.m. to 11:00 p.m. at the Blue Valley Farm Show with Awareness 365. Let's defeat Breast Cancer together. “Turning Pain Into Power” Non-Profit Organization

Prizes For Best Dressed , 50/50 * Door Prizes * Tricky Tray, Music by Romeo Vegas, Photo Booth By Rockin Rameley

Tickets \$25.00 Per Person

To Purchase Tickets Call/Text: Tammy Pritchard @ (484)-239-8997

Jennifer Mutchler @ (610)-442-5786, Jena Rutt @ (570)-977-3324

Janelle Miller @ (484)-634-2355.

Beer & Wine included BYOB, Soda, Water Lite Food

May 6,7,8

Spring Book Sale

Spring Book Sale: Friday, Saturday, Sunday, May 6th, 7th & 8th at the Bee Hive Community Center.

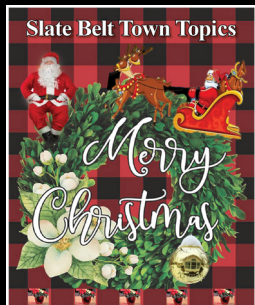
Along with a Costume Jewelry Sale. For additional information contact: Karen Brewer @ 484-894-5661

WHAT'S GOING ON????

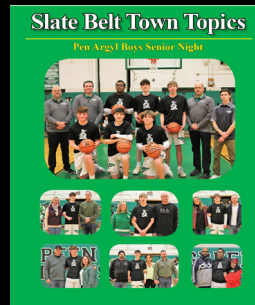
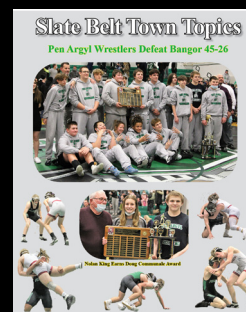
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Slate Belt Church Information



Trinity Lutheran Church

404 Broadway Bangor (610-588-2023)

Pastor: Larry Laine

telcbangor@frontier.com

Website: www.tlcbangor.com

Sunday worship 10:30 a.m.

Holy Communion: First and Third Sundays
Refreshments after. Masks optional.

East Bangor UMC

136 W. Central Ave. (Rt.512) East Bangor

Sun February 6

-9:30 a.m. Worship Service (Live & on Zoom)

(For Zoom, go to ebumc.org to sign in)

10:30 a.m. - Fellowship Hour

Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor

www.christpcsb.org

More info 610-588-4864.

E-mail: info@christpcsb.org.

Sunday Worship, 10:30 a.m. in-person/Zoom/
Facebook Live. For more info: 610-588-4864.

Christ Evangelical Lutheran Church

703 South Delaware Drive Mt. Bethel, 18343

<http://www.celcpa.org/> Pastor: Larry Laine

Email: celcpaorg@yahoo.com

610-588-7056

Worship: Sundays 9:00 a.m.

Holy Comunion: First and Third Sunday
Toddler Sunday School: Sept-May 10:15 -11:15

Daily Weather Updates
slatebeltweather.com

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Richmond United Methodist Church

Rev. Peter Jamieson, Pastor

<http://richmondumc.com/>

8538 Delaware Dr, Bangor, PA 18013

610.588.7317 | richmondumc@epix.net

Sunday Worship - Weekly at 10:00 a.m.

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064

www.gracebelfastpa.org 610-759-9080

Email: gracebelfast@rcn.com

Feb 6 9:00 a.m. - Fifth Sunday after Epiphany
.... Holy Communion

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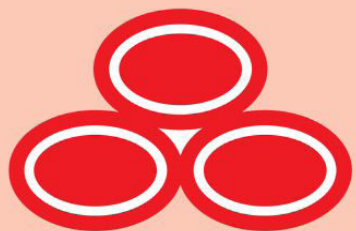
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VALOR Clinic Thursday Meetings

"You knew that you had each other's backs in battle. That can't change now that you're home. Find your brothers. Fight for each other as hard and as desperately as you did when people were shooting at you." - Unknown

Every Thursday night at 7:00pm is an open invite to all veterans to join the Peer to Peer group in a safe environment at Paul's House 1130 Scenic Drive. Kunkletown, PA.

You are welcome to join them for dinner at 6:00pm.

Slate Belt Y Child Care

The Greater Valley YMCA has announced the expansion of its child care offerings at its Slate Belt location. The Y now offers care for toddlers and preschool children ages 2 through 5 in its newly-constructed child care wing.

Northampton County Aging Agency Call Line

Lamont McClure and the Area Agency on Aging Division (AAA) are operating a call line on Friday mornings for all Northampton County Seniors to make appointments for COVID-19 vaccinations.

This service is intended for those who lack computer or internet access. AAA staff members will make 100 appointments per clinic date. Vaccination clinics will be held at the Wind Creek Event Center at 77 Wind Creek Blvd. Bethlehem, PA.

Residents of Bethlehem City and Northampton County who are age sixty-five and older can call 610-865-7092 to schedule an appointment for a vaccination. AAA employees will also assist with registration at the Wind Creek clinics.

Snowshoes and Hiking Poles Available

When: Monday thru Friday, 8:15 AM-3:30 PM
Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth

Borrow snowshoe equipment to use on Jacobsburg's trails this winter! Snowshoes are available for folks of any age or shoe size, including small children. Snowshoes will not be made available during times of insufficient snow cover, at least six inches of snow is required. To borrow equipment, you must provide a driver's license or other form of state issued identification. For more information call 610-746-2801 or email jacobsburgsp@pa.gov. You can check our website for current winter conditions and snow depth: <https://www.dcnr.pa.gov/StateParks/WinterReport/Pages/default.aspx>

Hotline for Human Services

Northampton County has a 24-hour Emergency hotline for all Human Services-related emergencies. Anyone struggling with a mental health crisis, abuse, neglect, suicidal thoughts, evictions, substance abuse, food insecurity, etc. can call 610-252-9060 for help and referrals.

Appointments Required for Vaccines at LVHN

Lehigh Valley, Pa. (Oct. 29, 2021) – Beginning Monday, Nov. 1, Lehigh Valley Health Network (LVHN) will offer COVID-19 vaccinations, including booster shots, through appointment only. Walk-in vaccinations are no longer available at this time.

They have made this change in response to an increased demand for vaccines and booster shots, and in anticipation of the Pfizer/BioNTech vaccine receiving emergency use authorization (EUA) for children ages 5-11. Appointment-only vaccinations support the safety and experience of those receiving vaccines under our care, allowing our clinicians to adequately plan and prepare for the number of individuals expected at each location.

You can schedule an appointment for a booster dose or first dose by calling our vaccine hotline at 833-584-6283 (833-LVHN-CVD) Monday-Friday, 8:30 a.m.-5:30 p.m. or by using MyLVHN, our patient portal.

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News Today NOT Next Week

Slate Belt Town Topics Sports



Wrestling

Girls Basketball

Boys Basketball



McCormick Karner (23) looks to drive to the basket during the Slaters' 54-23 win over Southern Lehigh Friday night. Karner scored 11 points and is the team's leading scorer for the season with 136 points and a 12.3 average. She also has made 34 of 45 free throw attempts for a 76% average. Photo Larry Cory [PHOTO GALLERY](#).



Bangor's Kael Godshalk (R) pictured with Bangor Head Football Coach Paul Reduzzi, was one of 55 football players in Pennsylvania to earn a mini Maxwell award this year.



Pen Argyl's Damian Tyminski (3) attempts to block a shot by Bangor's Josh Giaquinto during the Knights' 61-58 loss to Bangor in overtime Tuesday night at Pen Argyl Photo: Hannah Bonanducci. [PHOTO GALLERY](#)

The Slate Belt's Only Daily Paper - sbtopics.com
News Today **NOT** Next Week



! NEW VACCINE UPDATE



Adolescents & teens ages 12 to 18 years old who received a COVID-19 vaccine should get a booster.

They can get their booster at least 5 months after completing their primary Pfizer-BioNTech series.

FIND OUT MORE AT CDC.GOV/CORONAVIRUS



328941-0



Sports Schedules



Bangor Boys (11-10)

Dec 11	Northampton @ Bangor	12:45pm	L 52-42
Dec 14	Bangor @ Wilson	6:45pm	L 58-35
Dec 16	Notre Dame G.P. @ Bangor	6:45pm	L 78-68
Dec 18	Bangor @ Palisades	12:45pm	W 65-51
Dec 20	Bangor @ Salisbury	6:45pm	L 55-30
Dec 28	Bangor vs P’burg @Easton	7:30pm	L 54-51
Jan 3	Freedom @ Bangor	7:00pm	L 51-47
Jan 4	Bangor @ Pen Argyl	6:45pm	W 61-58 (OT)
Jan 6	Saucon Valley @ Bangor	6:45pm	W 59-36
Jan 8	Catasauqua @ Bangor	12:45pm	W 68-35
Jan 10	Bangor @ Northwestern	6:45pm	L 52-50 (2OT)
Jan 12	Northern Lehigh @ Bangor	6:45pm	W 64-32
Jan 14	Bangor @ Southern Lehigh	6:45pm	L 65-33
Jan 20	Bangor @ Saucon Valley	6:45pm	W 64-41
Jan 22	Wilson @ Bangor	12:45pm	W 52-45
Jan 25	Bangor @ Notre Dame G.P.	6:45pm	L 79-44
Jan 27	Palisades @ Bangor	6:45pm	W 80-53
Jan 31	NDES @ Bangor	6:45pm	W 46-43
Feb 1	Bangor @ Moravian Academy	6:45pm	W 56-47
Feb 4	Pen Argyl @ Bangor	6:45pm	W 68-35
Feb 7	Bangor @ Palmerton	6:45pm	L 74-72 (OT)

Bangor Girls (15-5)

Dec 11	Bangor @Pleasant Valley	12:45pm	ppd
Dec 14	Bangor @ Wilson	6:45pm	L 49-35
Dec 16	Bangor @ NDGP .	6:45pm	W 45-41
Dec 18	Palisades @ Bangor	12:45pm	W 50-25
Dec 20	Salisbury @ Bangor	6:45pm	W 50-24
Dec 28	Bangor @ Wilson	6:00pm	W 43-22
Jan 4	Pen Argyl @ Bangor	6:45pm	W 50-35
Jan 6	Bangor @ Saucon Valley	6:45pm	W 58-34
Jan 8	Bangor @ Catasauqua	11:45am	W 61-34
Jan 10	Northwestern @ Bangor	6:45pm	L 64-44
Jan 12	Bangor @ No. Lehigh	6:45pm	W 47-37
Jan 14	So. Lehigh @ Bangor	6:45pm	W 54-23
Jan 19	Bangor @ Pleasant Valley	6:00pm	W 44-20
Jan 20	Saucon Valley @ Bangor	6:45pm	W 44-34
Jan 22	Bangor @ Dieruff	2:30pm	W 38-33
Jan 24	Bangor @ Allentown Central	7:00pm	L 49-16
Jan 25	NDGP @ Bangor	6:45pm	L 47-34
Jan 27	Bangor @ Palisades	6:45pm	W 50-23
Jan 31	Bangor @Nazareth	7:00pm	L 56-35
Feb 1	Moravian @ Bangor	6:45pm	W 52-40
Feb 4	Bangor @ Pen Argyl	6:45pm	W 46-39
Feb 5	Eastburg North @ Bangor	12:45pm	
Feb 8	Palmerton @ Bangor	6:45pm	

Bangor Wrestling (6-8)

Dec 11	Freedom	8:30am	L.... 52-21
Dec 11	Honesdale		L ... 58-12
Dec 11	North Penn		W ... 39-34
Dec 11	St. Joes’s Prep		W ... 42-27
Dec 11	Pleasant Valley		L ... 46-24
Dec 15	Catasauqua @ Bangor	7:00pm	L ... 42-24
Dec 17	Belvidere		W ... 42-27
Dec 21	Wilson @ Bangor	7:00pm	W ... 42-27
Dec 29	Trojan Wars	TBA	
Dec 30	Trojan Wars	TBA	
Jan 5	Bangor @ NDGP.	7:00pm	L.... 67-0
Jan 8	Saucon @ Bangor	7:00pm	L.... 70-6
Jan 11	So. Lehigh @ Bangor	7:00pm	L.... 36-34
Jan 13	Bangor @ Palisades	7:00pm	W.... 40-25
Jan 19	Bangor @ Northwestern	7:00pm	W.... 33-25
Jan 21	Coal Cracker @Lehighton	TBA	
Jan 21	Coal Cracker @Lehighton	TBA	
Jan 26	Pen Argyl @ Bangor	7:00pm	L 45-26

Pen Argyl Boys (6-15)

Dec 10	@ NDES	5:00pm	L 68-31
Dec 11	@ Moravian Academy	2:45pm	W 39-38
Dec 14	Pen Argyl @ Northwestern	6:45pm	L 45-43
Dec 16	Saucon Valley @ Pen Argyl	6:45pm	L 57-42
Dec 18	Pen Argyl @ Wilson	12:45pm	L 48-19
Dec 20	Notre Dame G.P. @ Pen Argyl	6:45pm	L 66-37
Dec 22	Pen Argyl @ Palisades	6:45pm	L 71-47
Dec 23	Lehighton @ Pen Argyl	6:45pm	L 45-40
Dec 27	Sussex Tech	1:30pm	W 46-39
Dec 28	North Warren	5:00pm	L 52-43
Jan 4	Bangor @ Pen Argyl	6:45pm	L -61-58 (OT)
Jan 8	Southern Lehigh @ Pen Argyl	12:45pm	L 40-33
Jan 12	Salisbury @ Pen Argyl	6:45pm	L 59-32
Jan 14	Pen Argyl @ Palmerton	6:45pm	L 55 43
Jan 18	Catasauqua @ Pen Argyl	6:45pm	W 50-38
Jan 20	Moravian @ Pen Argyl	6:45pm	W 40-28
Jan 21	Pen Argyl @ Northern Lehigh	6:45pm	W 50-43
Jan 25	Pen Argyl @ Saucon Valley	6:45pm	L 48-44
Jan 27	Wilson @ Pen Argyl	6:45pm	L 49-21
Feb 1	Palisades @ Pen Argyl	6:45pm	W 52-40
Feb 2	Pen Argyl @ Notre Dame G.P.	6:45pm	L 74-22
Feb 4	Pen Argyl @ Bangor	6:45pm	L 68-35

Pen Argyl Girls (13-9)

Dec 10	NDES	3:30pm	W 49-13
Dec 11	@ Moravian Academy	TBA	L 46-40
Dec 14	Northwestern @ Pen Argyl	6:45pm	L 35-33
Dec 16	Pen Argyl @ Saucon Valley	6:45pm	W 48-22
Dec 18	Wilson @ Pen Argyl	12:45pm	L 56-46
Dec 20	Pen Argyl @ NDGP.	6:45pm	L 46-37
Dec 22	Palisades @ Pen Argyl	6:45pm	W 53-25
Dec 23	Pen Argyl @Lehighton	6:45pm	L 41-37
Jan 4	Pen Argyl @ Bangor	6:45pm	L 50-35
Jan 6	Whitehall @ Pen Argyl	6:45pm	W 41-35
Jan 8	Pen Argyl @ So. Lehigh	12:45pm	W 58-35
Jan 10	Pen Argyl @ PME	6:00pm	W 57-48
Jan 12	Pen Argyl @ Salisbury	6:45pm	W 53-20
Jan 15	Pen Argyl @ Palmerton	11:15am	L 44-41
Jan 18	Pen Argyl @ Catasauqua	6:45pm	W 62-57
Jan 20	Pen Argyl @ Moravian	6:45pm	W 54-38
Jan 22	No. Lehigh @ Pen Argyl	11:15am	L 55-49
Jan 25	Saucon Valley @ Pen Argyl	6:45pm	W 52-23
Jan 27	Pen Argyl @ Wilson	6:45pm	W 56 -36
Feb 1	Pen Argyl @ Palisades	6:45pm	W 58 - 27
Feb 2	NDGP @ Pen Argyl	6:45pm	W 53-46
Feb 4	Bangor @ Pen Argyl	6:45pm	L 46-39

Pen Argyl Wrestling (4-5)

Dec 11	Rough Rider Wrestling	TBA	8th Place
Dec 15	Pen Argyl @ Southern Lehigh	7:00pm	L 39=21
Dec 21	Saucon Valley @ Pen Argyl	7:00pm	L 65-12
Dec 28	Hurricane Wrestling	TBA	
Dec 29	Hurricane Wrestling	TBA	
Jan 3	Notre Dame G.P. @ Pen Argyl	7:00pm	L 69-6
Jan 5	Palisades @ Pen Argyl	7:00pm	W 38-30
Jan 6	Lehighton @ Pen Argyl	7:00pm	L 48-30
Jan 11	Pen Argyl @ Salisbury	7:00pm	W60-18
Jan 13	Pen Argyl @ Wilson	7:00pm	L 35-34
Jan 19	Palmerton @ Pen Argyl	7:00pm	W 44-30
Jan 21	Coal Cracker @Lehighton	TBA	
Jan 21	Coal Cracker @Lehighton	TBA	
Jan 26	Pen Argyl @ Bangor	7:00pm	W 45-26
Jan 28,29	Ultimate Warrior	TBA	