

Slate Belt Town Topics

NEWS TODAY NOT NEXT WEEK

April 15, 2023

INDEX

Weather

Numbers

Recent Pics

Sports

Special Events

Church

(Click Above)



PRESENTS

HELLO SPRING!

Street Festival

WE'RE FILLING THE STREET WITH FAMILY FUN!

**APRIL 15, 2023
10:00AM - 3:00PM**

SOUTH ROBINSON AVE., PEN ARGYL, PA 18072

**FOOD TRUCKS
& ADULT
BEVERAGES**

**VENDORS
&
CRAFTERS**

LIVE MUSIC

TRICKY TRAY

**All proceeds from the Tricky Tray will benefit
Blue Mountain Community Library!**

**Tricky Tray tickets can be purchased the day of
the event.**

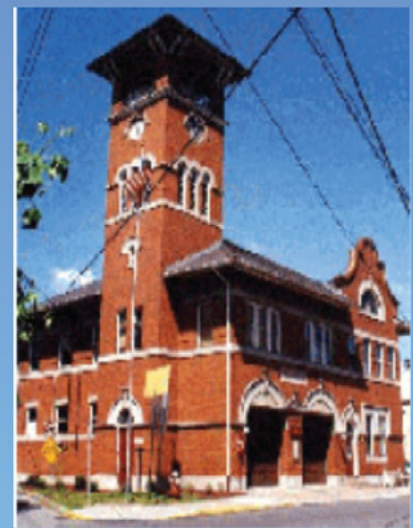
Pet friendly ~ Open to the public

WWW.BLUEFLAMEEVENTS.CO

Slate Belt Heritage Center Spring Opening Saturday April 22

Centuries of Service A Salute to Slate Belt Service Clubs

Dedication of the New
Hoist Pavillion Next Door
In Bethel Park 11:00 am



Saturdays & Sundays 12-3 pm
30 North 1st St, Bangor, PA.

**SLATE BELT'S ONLY DAILY PAPER REACHING
3,000 PEOPLE IN THE SLATE BELT EVERY DAY**

Gym Or No Gym Finding - Your Ideal Exercise Routine

(NAPSI)—They say old habits die hard, but for a lot of people the last two years have proven otherwise. The COVID-19 pandemic fueled a seismic shift in the way people view physical and mental health—and lately, many have had a chance to reflect on old habits and routines.

If you're looking to improve your physical or mental health, there may be no better tool than exercise. It offers numerous benefits including lower blood pressure, improved bone health and reduced risk of diseases. Moving your body stimulates different parts of your brain to release feel-good chemicals including serotonin, endorphins and dopamine, leading to a cascade effect of better sleep, sharper thinking, reduced stress and enhanced mood.

With the mass adoption of hybrid work models that let you swap your morning commutes with a sweat session or moment of mindfulness, the reopening of gyms and fitness centers and spring right around the corner, now's a good time to replace your old, tired routines.

Tom Holland, exercise physiologist and Bowflex fitness advisor, says it's an exciting moment in fitness and a great time for people to begin thinking about what their exercise routine might look like, with so many options available including working out at home, outside or at the gym.

Here are a few ideas to help you get started:

- Take up a new at-home routine: At-home workouts are the new normal for many and can be just as effective as a workout done at a gym—not to mention easier to fit into a busy routine. Fitness apps such as the JRNY digital fitness platform (<https://www.bowflex.com/jrny.html>)—which offers a range of classes including strength, stretching, yoga and Pilates—can be great tools to take the guesswork out of trying a new exercise.

“At-home fitness equipment is better than ever, you no longer need

to get a workout,”
“With technologies and connected machines, you can get the kind of customized, comprehensive fitness plans that were once reserved for professional athletes.”



home fitness is better than before and no longer a gym

membership in a great says Holland. new digital such as wearables machines, you can get



Versatile home equipment such as the Bowflex VeloCore Bike 22” (<https://www.bowflex.com/bikes/velocore/100914.html>) are great for getting in a cardio session without the need to go to a gym. With the JRNY app on the VeloCore bike, you can tour new cities, participate in trainer-led rides or catch up on your favorite shows on Netflix, Hulu, Amazon Prime Video, HBO Max and Disney+.

- Sweat the small stuff: Even small amounts of exercise can be beneficial. If you're at a desk or sitting still most of the day, try standing up at frequent intervals throughout the day, going for walks or doing short workouts such as jumping jacks or squats. This can help counter the negative effects of a sedentary lifestyle, which is especially important in the work-from-home era.

- Get outside: There's a strong link between time spent outdoors and physiological benefits, including reduced stress and mental fatigue and improved mood.

“Consider taking a daily walk or picking up an outdoor hobby to ensure you're getting enough time outside,” suggests Holland. “Pets can be a great reason to get outside more frequently, so if you've ever thought about getting a dog, maybe now is the time!”

- Take up a family or group activity: Exercise doesn't have to be a solo activity. In fact, it can be a great opportunity to spend some quality time with ends and family. Recreational sports such as pickleball are easy to learn and can be accessible fun for the whole family, no matter the age or ability level.

“Pickleball is a new activity I've discovered and one my whole family has been enjoying,” Holland adds. “If you're thinking about giving it a try but are concerned about your fitness level, I recommend exercises like bodyweight squats, skaters and jumping jacks as a warm-up to get your body in pickleball-playing shape.”

Advertise Your Event For Less in the Town Topics
Call/Text us at 570-688-3724 or email sbttopics@rcn.com

Slater Softball Youth Day



TOWN TOPICS DAILY SLATE BELT HEALTH & WEATHER NUMBERS

Air Quality		Arthritis Index	Asthma Index
Today's Forecast - Moderate			
AM Reading		0 1 2 3 4 5 6 7 8 9 10	0 1 2 3 4 5 6 7 8 9 10
Columbia N.J - 69	→	↑	↑
Bethlehem - 57			
Allentown -58			
Monroe - ND			
Good 0-50		Scale of 0-10 with 0 indicating a very low risk of weather-related arthritis pain, 10 indicating the highest	
Moderate 51-100		Combination of weather factors that can trigger asthma. A higher index means more people w/asthma could be affected by weather factors, such as temperature or allergens.	
Bad for Some (101-150)			
Very Bad 150+			

Heritage Center Service Clubs Exhibit Opens to Public April 22

“Centuries of Service: A Salute to Slate Belt Service Clubs” opens to the public Saturday, April 22, from 12 – 3 pm at the Slate Belt Heritage Center.

Service is people helping people without any expectation of reward. The new show follows the growth of service clubs, from the mutual benefit societies that only aided members, to the 20th century clubs that gave men, women, boys, and girls a voice and promoted good citizenship, to today’s national organizations that are open to all.

You’ll discover why people formed these clubs, get a glimpse into some of the “secret” early rituals, and connect their causes and mission to the community. From the Knights of the Golden Eagle to the Weona Park Pals, all worked (and played) to serve the Slate Belt.

You can also enjoy refreshed exhibits that feature early Slate Belt History, from the Lenape to the European settlers like the Beck family, to the waves of European immigrants that found employment in the slate, textile and garment industries. The fire-fighting exhibit features antique apparatus from the Slate Belt’s golden industrial age.

This year they collaborate with the Quarry Hoist Group and Totts Gap Art Institute, which will dedicate the new pavilion for the S. Flory Manufacturing Company Hoist in Bethel Park next door the heritage Center on North First St..




The dedication ceremony starts at 11 am and demonstrations will continue through the afternoon. The Heritage Center (adjacent to Bethel Park) will open from 12 - 3, serve light snacks, and have special displays of Flory Manufacturing material. You’ll be able to view a continuous slide show that highlights the life of the hoist from the quarry to its new home.


The Heritage Center will also unveil the new outdoor signage sponsored by a Northampton County Department of Community and Economic Development Hotel Tax Grant. The NPS standard display signs bring Slate Belt history out of the museum and into downtown Bangor.

The Slate Belt Heritage Center is located in the 1907 Town Hall building at 30 North First Street, Bangor, PA. Founded in 1999, the Center is a not-for-profit- 501 (c) 3 that collects, preserves, interprets and makes public the history, ethnic traditions and industrial heritage of the area. SBHC is open Saturdays and Sundays, noon to 3 PM from mid-April through October and Sundays, November through March, noon - 3PM. Tours and research time can be scheduled by appointment.







Check their Facebook page at [Slatebeltheritagecenter-SBHC](https://www.facebook.com/Slatebeltheritagecenter-SBHC) for program times, events and other news. Contact SBHC at 610-599-4993 or sbhc@frontier.com for further information.


Ideas to get you & your family moving!

-  Pick two 30-minute time slots for family activity time
-  Walk the dog with your children or exercise while you watch TV
-  Try doing something active before/after dinner & on weekends

 pennsylvania DEPARTMENT OF HEALTH

Physical activity helps to:

-  Maintain weight
-  Reduce high blood pressure
-  Reduce arthritis pain + associated disability
-  Reduce risk for type 2 diabetes, heart attack, stroke + several forms of cancer
-  Reduce risk for osteoporosis + falls
-  Reduce symptoms of depression + anxiety



STRONGER WITH SCHOOL BREAKFAST



School breakfast is shown to provide about...



48%
OF THE FRUIT



40%
OF THE DAIRY FOODS



30%
OF THE WHOLE GRAINS

students need for the entire day.

Based on the School Nutrition and Meal Cost Study, 2019



PA Senior Food Box Program

Seniors interested in participating should call

1-800-468-2433



Food Assistance Resources

dhs.pa.gov/SNAPcares | dhs.pa.gov/Ending-Hunger



Ribbon Cutting Ceremony
12:30pm with
the State Belt Chamber

Door Prizes, Raffles,
Burgers/Hotdogs!

*Kickoff
Celebration!*

Friday, April 28th Noon-5pm
100 Erdman Ave, Bangor

Saturday's Forecast



NATIONAL WEATHER SERVICE
OCEANIC AND ATMOSPHERIC ADMINISTRATION

Philadelphia/Mount Holly

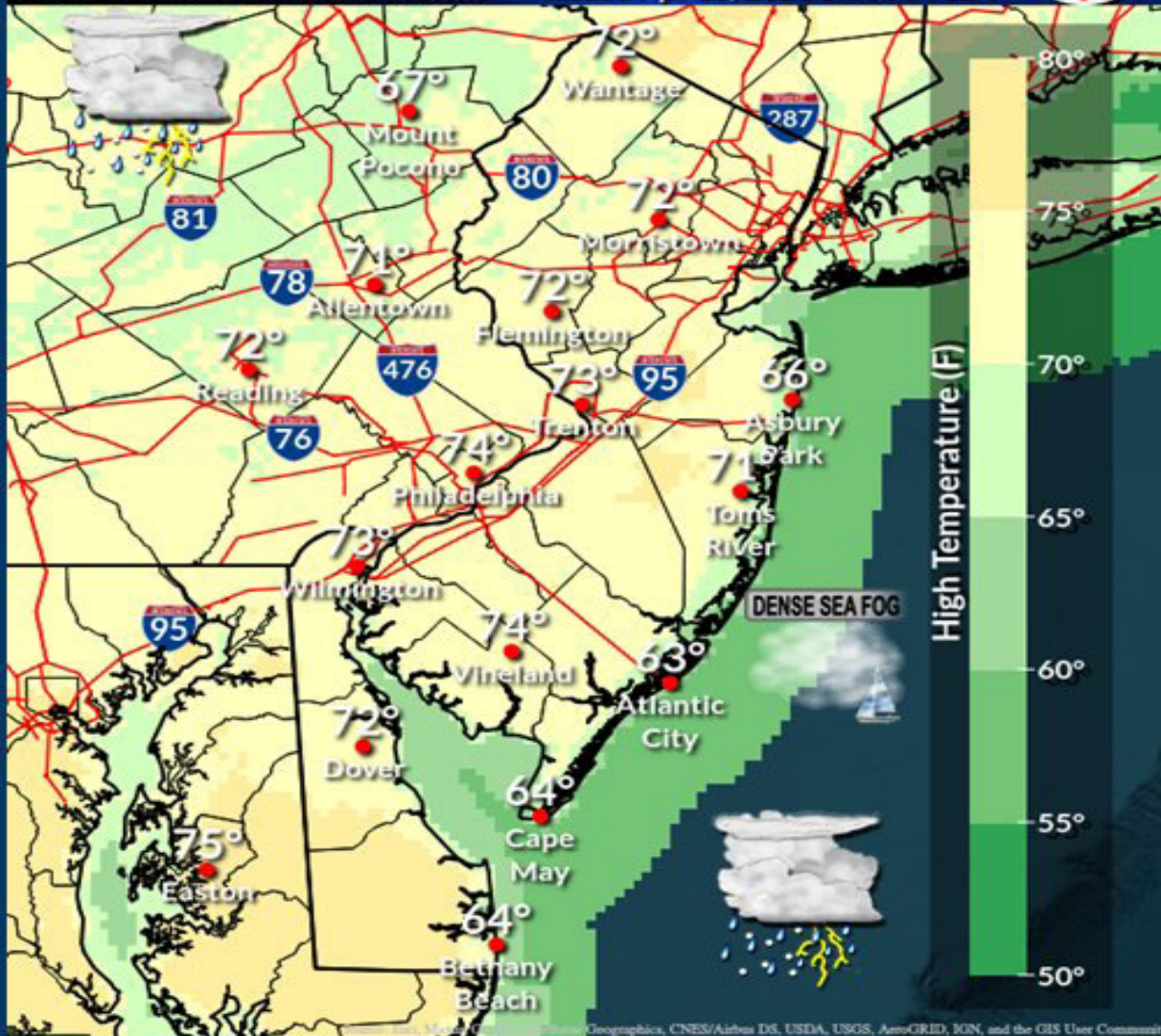
ISSUED: 6:30 AM - Saturday, April 15, 2023

Highs Saturday

Afternoon showers and storms

Weather Forecast Office
Mount Holly

Issued Apr 15, 2023 6:08 AM EDT



**Mostly cloudy and
not as warm, but
humid**

**Showers and a few
storms, mainly
during the
afternoon/evening**

**Small hail and gusty
winds possible with
some storms**

Slate Belt Town Topics

NEWS TODAY NOT NEXT WEEK

sbtopics@rcn.com

April 15 2023

www.sbtopics.com

Slate Belt 7-Day Weather Forecast

**Showers 70 Today ... Some Showers Cloudy 72 Sunday
Showers 65 Monday**

National Weather Service Forecast - 6am Today

Today, A chance of showers and thunderstorms, then showers and possibly a thunderstorm after 10am. High near 70. South wind around 5 mph. Chance of precipitation is 90%. Rainfall between a quarter and half of an inch possible.

Tonight, A chance of showers and thunderstorms. Patchy fog after 10pm. Otherwise, cloudy, with a low around 58. East wind around 5 mph becoming calm. Chance of precipitation is 50%. New rainfall amounts between a tenth and quarter of an inch, except higher amounts possible in thunderstorms.

Sunday, A slight chance of showers before 11am, then a slight chance of showers after 5pm. Patchy fog before 11am. Otherwise, mostly cloudy, with a high near 72. Calm wind becoming southeast around 5 mph in the afternoon. Chance of precipitation is 20%.

Sunday Night, A slight chance of showers before 11pm, then a chance of showers and thunderstorms between 11pm and 2am, then showers likely and possibly a thunderstorm after 2am. Mostly cloudy, with a low around 52. East wind around 10 mph. Chance of precipitation is 70%. New rainfall amounts of less than a tenth of an inch, except higher amounts possible in thunderstorms.

Monday, Showers likely and possibly a thunderstorm before 11am, then a chance of showers. Mostly cloudy, with a high near 65. Southeast wind around 10 mph becoming southwest in the morning. Winds could gust as high as 20 mph. Chance of precipitation is 60%. New precipitation amounts between a tenth and quarter of an inch, except higher amounts possible in thunderstorms.

Monday Night, Partly cloudy, low around 42.

Tuesday, Partly sunny, with a high near 55. Breezy.

Tuesday Night, Partly cloudy, with low 37.

Wednesday, Sunny, with a high near 61.

Wednesday Night, Mostly clear, with a low around 38.

Thursday, Mostly sunny, with a high near 73.

Thursday NightPartly cloudy, with a low around 50.

Friday, A chance of showers. Mostly sunny, with a high near 75. Chance of precipitation is 30%.

CURRENT WEATHER
Updated
Every 2 Minutes
Temperature
Wind, Rain
MORE
CLICK HERE

Special Events

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com Please send in text form. Do not send photos of text.

April 15

Geocaching for Scouts

Saturday, April 15 at 10:00am to 11:30am

Learn how to use a hand-held Geographical Positioning System Unit (GPS) to find hidden caches at Jacobsburg! This program is best for scouts ages 10 and up and will teach them the basic skills and ethics of geocaching. Registration is required for anyone planning to participate in the program.

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Hello Spring

Blue Flame Events is hosting the Hello Spring! Street Festival on April 15th from 10AM to 3PM! We're celebrating the season on S. Robinson Ave. in Pen Argyl! We're closing down the street! We're looking for unique vendors, crafters, and food trucks who would love to join us for this multi year event! To register simply text (272)-200-8163.

Vendor/Crafter=\$40 per 10x10

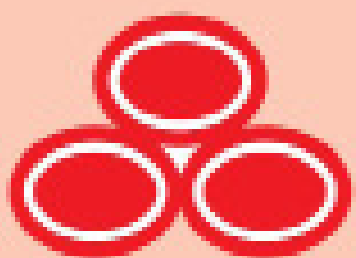
Food/Alcohol=\$65

April 18

Pool Pals Fund raiser

On Tuesday, April 18th, there will be a fundraising event at the Slate Pub and Hotel on 509 East Main Street. Please support our efforts to build a pool at Weona Park

CONTINUED PAGE 14



State Farm

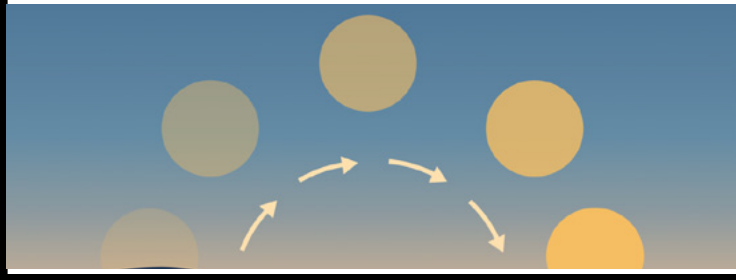
Debbie Pettinari Agency
106 S. Broadway, Wind Gap, PA
610-881-4433

www.debbieinsurespa.com

debbie.pettinari.wz73@statefarm.com



SLATE BELT TODAY BY THE NUMBERS

<div>Temperature</div> <div>(Today's Forecast</div> <div><div>High</div><div>Low</div></div> <div><div>70</div><div>58</div></div> <div>Daily Average Temps</div> <div><div>61</div><div>38</div></div>	<div>COPD</div> <div><div>012345678910</div><div>↑</div></div> <div>Combination of weather factors that can make one less or more likely to develop a pulmonary attack. Lower numbers are less while higher numbers increase the chance.</div>	<div>Asthma Index</div> <div><div>012345678910</div><div>↑</div></div> <div>Combination of weather factors that can trigger asthma. A higher index mean more people w/asthma could be affected by temperature and allergens.</div>
<div>Sinus Headache</div> <div><div>012345678910</div><div>↑</div></div> <div>Combination of weather factors that can make one less or more likely to develop a migraine. Lower numbers are less while higher numbers increase the chance.</div>	<div>Migraine Headache</div> <div><div>012345678910</div><div>↑</div></div> <div>Combination of weather factors that can make one less or more likely to develop a migraine. Lower numbers are less while higher numbers increase the chance.</div>	<div>Common Cold</div> <div><div>012345678910</div><div>↑</div></div> <div>Combination of weather factors that can make one less or more likely to catch a cold.. Lower numbers are less while higher numbers increase the chance.</div>
<div>Air Quality</div> <div><div>AM Reading</div><div>→</div><div>Good 0-50</div><div>Moderate (51-100)</div><div>Bad for Some (101-150)</div><div>Very Bad 150+</div></div> <div><div>Columbia N.J - 5</div><div>Bethlehem - 25</div><div>Allentown - 25</div><div>Monroe - 19</div></div>	<div>Arthritis Index</div> <div><div>012345678910</div><div>↑</div></div> <div>Scale of 0-10 with 0 indicating a very low risk of weather-related arthritis pain, and 10 indicating the highest chance of pain.</div>	<div>Cooling Degree Days</div> <div><div>Yesterday</div><div>Season</div></div> <div><div>10</div><div>36</div></div> <div>Used to track energy use. Add the daily high and low temperatures, divide by 2 and add 65 to calculate heating degree days.</div>
<div>Rainfall/Snowfall</div> <div><div>Rain</div><div>Snow</div></div> <div><div>Recent - 0.00</div><div>Recent - 0.0</div><div>Month - 0.54</div><div>Month - 6.5</div><div>Year - 10.89</div><div>Season - 10.50</div></div>	<div>UV Index</div> <div><div>0123456789101112</div><div>↑</div></div> <div>High Risk - 11am - 4:00pm Today</div> <div>(Ultra Violet Rays) Lower number indicates low risk of harm from unprotected sun exposure, higher numbers indicate greater risk</div>	<div>Heating Degree Days</div> <div><div>Yesterday</div><div>Season</div></div> <div><div>1</div><div>4665</div></div> <div>Used to track energy use. Add the daily high and low temperatures, divide by 2 and subtract 65 to calculate heating degree days.</div>
<div>Sun</div> <div><div>Sunrise</div><div>Sunset</div></div> <div><div>6:22 AM</div><div>7:40 PM</div></div> <div></div>	<div>Pollen-Allergy Forecast</div> <div><div>0123456789101112</div><div>↑</div></div> <div>Top Allergens - Maple, Juniper, Alder</div> <div>Scale of 0-12 with zero indicating the least potential allergy and 12 the most. Most prevalent allergen is Ragweed</div>	<div>Flu Index</div> <div><div>012345678910</div><div>↑</div></div> <div>Flu index: (0-10) Combo of historical data and temperature. A high flu index means the spread of a flu is very favorable, assuming the disease is present</div>



4th ANNUAL FARM JUBILEE

TO BENEFIT THE **BANGOR PUBLIC LIBRARY**

SATURDAY, APRIL 29, 2023

11AM to 2PM (Rain or Shine)

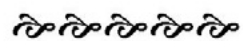


EAST BANGOR PARK

Park Road, East Bangor



Farm fun for all ages! Petting Zoo,
Corn Pit, Wool Spinning, Food Trucks, and More!!!!



\$5.00 Admission ~ 2 Years of Age and Under FREE

BANGOR PUBLIC LIBRARY

39 South Main Street, Bangor, PA 18013
610-588-4136 bangorlibrary.org

Huge Rummage Sale

Richmond United Methodist Church
8538 Delaware Dr
Bangor, PA

Friday April 21 9-2
Saturday April 22 9-1



Get great deals on
household goods, antiques,
collectibles, toys, furniture
& much more.

Fill A Bag for \$5.00 Saturday!

Light Lunch
and
Bake Sale



DID YOU KNOW?

Northampton County
has a 24-hour emergency
hotline for all Human Services-
related emergencies.

Anyone struggling with a
mental health crisis, abuse,
neglect, suicidal thoughts,
evictions, substance abuse,
food insecurity, etc. can call:

610-252-9060
FOR HELP AND
REFERRALS

PEN ARGYL FOOTBALL BREAKFAST



Sunday, May 21st

8:00am-1:00pm

Wind Gap Fire Hall

\$10/person cash only

\$5 for under 10 y/o

3 y/o & under eat free

Buffet & basket raffle



Bangor Library - New Books

Adult Fiction

- Old Babes in the Woods: Stories by Margaret Atwood
- Picture in the Sand by Peter Blauner
- Hiss & Tell by Rita Mae Brown
- Lemon Curd Killer: Tea Shop Mystery by Laura Childs
- Community Board by Tara Conklin
- The Echo of Old Books: A Novel by Barbara Davis
- The Man in the Iron Mask by Alexandre Dumas
- One of Us by J. T. Ellison
- The Gray Man by Mark Greaney
- Mrs. England by Stacey Halls
- The Wedding Veil: A Novel by Kristy Woodson Harvey
- The Perfumist of Paris by Alka Joshi
- A House with Good Bones by T. Kingfisher
- The Golden Spoon: A Novel by Jessa Maxwell
- On the Line by Fern Michaels
- Countdown by James Patterson
- Go As a River by Shelley Read
- A Kingdom of Venom and Vows by Holly Renee
- Loyalty by Lisa Scottoline
- A Day of Fallen Night by Samantha Shannon
- The Priory of the Orange Tree by Samantha Shannon
- The Little Wartime Library by Kate Thompson
- Hang the Moon: A Novel by Jeannette Walls
- Decent People: A Novel by De'Shawn Charles Winslow

Adult Non Fiction

- Chess for Dummies by James Eade
- Enchantment: Awakening Wonder in an Anxious Age by Katherine May
- All My Knotted-up Life: A Memoir by Beth Moore
- Empress of the Nile: The Daredevil Archaeologist Who Saved Egypt's Ancient Temples from Destruction by Lynne Olson
- Madame Restell: The Life, Death, and Resurrection of Old New York's Most by Jennifer Wright

Easy Fiction

- Twenty Questions by Mac Barnett
- Time Train by Paul Fleischman
- How to Talk Like a Bear by Charlie Grandy
- The Fantastic Bureau of Imagination by Brad Montague
- For the Love of Autumn by Patricia Polacco
- Good Night, Sister by Katherine Schwarzenegger
- Waddle! By Rufus Butler Seder
- How to Catch a Garden Fairy: A Springtime Adventure by Alice Walstead

Junior Fiction

- The Windeby Puzzle: History and Story by Lois Lowry
- Sunlight on the Snow Leopard by Mary Pope Osborne
- Twenty Thousand Fleas Under the Sea by Dav Pilkey
- Young Adult Fiction
- Flowerheart by Catherine Bakewell

DVDs

- PAW Patrol, Aqua Pups
- Pearl Harbor

PUBLISH YOUR EVENT

To publish info about your event, e-mail sbtopics@rcn.com
Please send in text form. Do not send photos of text.

Blue Mountain Library - New Books

Adult Fiction:

A Chance Inheritance, Carolyn Brown
An Amish Forever Home, Amy Grochowski
The Book Club on Waverly Lane, Rachel Hanna
Code Name Sapphire, Pam Jenoff
The Greedy Three, Karen Katchur
The Mitford Affair, Marie Benedict
The Villa, Rachel Hawkins
The Sunshine Girls, Molly Fader
Unnatural History, Jonathan Kellerman
Someone Else's Shoes, Jojo Moyes
The Little Wartime Library, Kate Thompson
The Personal Assistant, Kimberly Belle
Just The Nicest Couple, Mary Kubica
The Amish Mother's Secret, Diane Craver

Large Print:

Tick Tock, Fern Michaels

Adult Non-fiction:

Head On, Larry Csonka
Running in Trauma Stilettos, Whitney Lyn Allen
Spare, Prince Harry, Duke of Sussex
Walk The Blue Line, James Patterson

Cookbooks in the Book Nook

Do you like to cook or collect cookbooks? If so, stop into the Blue Mt. Community Library, located at 216 S. Robinson Ave. Pen Argyl and browse through the Book Nook.

Along with many adult and children's gently used books and puzzles, there is a large collection of cookbooks available to purchase. The library is open M-Sa, 10:00 am to Noon, and M & Th 6:00 to 8:00 pm.

Membership is not needed to purchase items in the Book Nook, but is free to all residents of the Pen Argyl Area School District. Nonresidents may join for a small yearly fee.

The library also has Pen Argyl yearbooks available to buy. Call 610-863-3029 or visit our Facebook page or website at www.bmcl.org for information about the library

Spring Silent Auction

The Blue Mountain Community Library is sponsoring a Spring Silent Auction that will be held Monday, April 17 through Wednesday, May 10, 2023.

There are twenty items which include small appliances, luggage, gardening tools and bedding. All are new and displayed on the first floor of the library and posted on our website at bmcl.org and social media.

Bids may be placed in person or by calling 610 863 3029 during hours of operation.

Please stop by the library to view the items and place your bid.

The winners will be contacted on Thursday, May 11, 2023.



Adults need 7 or
more hours of
sleep each night!



KLINE'S AUTO REPAIR

460 South First St. Bangor, Pa ~ 610-588-4140

www.klinesautorepair.com



AUTO REPAIRS

MAJOR or MINOR

Bruce J. Kline

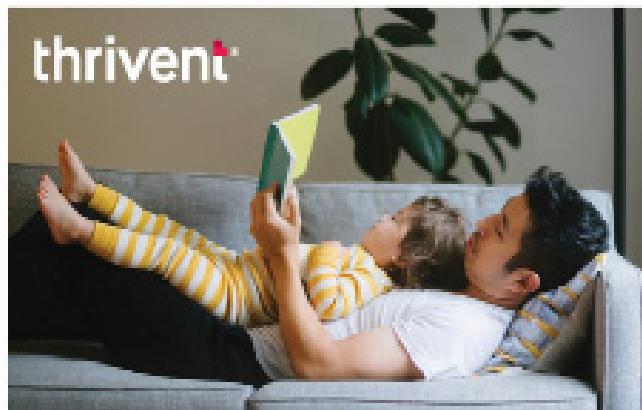
DALE ALBERT'S GARAGE Inc.



- Oil Change •
- Tires - Tune-Ups •
- Wheel Alignment •
- Major or Minor Repair •
- PA Emissions and Inspection •

A to Z Performance Engines

19 Blue Valley Drive, Bangor
610-588-1902 Fax 588-1887
stodd86@frontier.com



A life worth living

Is a life worth insuring.

Live your life to the fullest knowing your family can continue the one you envisioned for them—even when you're gone. Purchase insurance today to protect their tomorrow.

Schedule time to discuss your needs today.

Jewel Williamson-Burns, CLU®, FIC
Financial Associate
18 Mauch Chunk St., Nazareth, PA 18064
610-746-0344
jewel.williamson-burns@thrivent.com
connect.thrivent.com/jewel-williamson-burns
CA Insurance 0M53186

This is a solicitation for insurance. A licensed insurance agent/producer may contact you. This contract has exclusions, limitations, and terms under which the benefits may be reduced, or the contract may be discontinued. For costs and complete details of coverage, contact your licensed insurance agent/producer. Thrivent is the marketing name for Thrivent Financial for Lutherans. Insurance products issued by Thrivent. Not available in all states. Licensed agent/producer of Thrivent. Thrivent.com/Insurance. 296B6L R8-20

Daily Schedule

Saturday April 15

Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-4
Slate Belt YMCA - 8-4
Slate Belt Heritage Center - Open 12-3
Hope, Faith & Recovery Group, every
Saturday, at A Clean Slate, 118 S. 1st, St. Bangor.
11:30am - 12:30pm

Sunday April 16

Slate Belt Heritage Center - Open 12-3.
Slate Belt YMCA - 10-2

Monday April 17

Blue Mountain Library - Open 10-12 &
6-8pm

Tuesday April 18

Bingo - Portland Fire Co., 7pm.
Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue
Valley Farm Show
Mission of Love Food Pantry & Clothes Closet
- N. Main St., Bangor, 10-2
Roseto Planning Commission - 7:00pm
Borough Hall
Slate Belt YMCA - Open 6:00am - 8:00pm
Washing Twsp. Planning - 7pm
Wind Gap Boro - Council 7pm

Wednesday April 19

Bingo - Bushkill Fire Co. Doors 5pm. Bingo
6:45 pm..
Blue Mountain Library - Open 10-12 &
6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-4. Blue
Valley Farm Show
UMBT Planning Commission - Township
Building, 7:30pm
Slate Belt YMCA - Open 6:00am - 8:00pm

Thursday April 20

Bingo - Bushkill Fire Co. Doors 5pm. Bingo
7pm.
Blue Mountain Library - Open 10-12 &
6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-4. Blue
Valley Farm Show
UMBT Planning Commission - Township

Building, 7:30pm
Slate Belt YMCA - Open 6:00am - 8:00pm

Friday April 21

Bingo - Bushkill Fire Co. Doors 5pm. Bingo
7pm.
Blue Mountain Library - Open 10-12 &
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Slate Belt Senior Center - Open 8-4. Blue
Valley Farm Show
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Saturday April 22

Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-4
Slate Belt YMCA - 8-4
Slate Belt Heritage Center - Open 12-3
Hope, Faith & Recovery Group, every
Saturday, at A Clean Slate, 118 S. 1st, St.
Bangor. 11:30am - 12:30pm

Sunday April 23

Fellowship Dinner - First UMC Bangor,
12:30-1:30.
Portland Sunday Sundaes - 6:30 - 8:00pm
(Summer only)
Slate Belt Heritage Center - Open 12-3.
Slate Belt YMCA - 10-2

Monday April 24

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-4. Blue
Valley Farm Show
Bangor Borough Council - Workshop, Bee
Hive, 7:00pm
Pump - 8:30-11:30
UMBT Supervisors - 7pm
Slate Belt YMCA - Open 6:00am - 8:00pm

Tuesday April 25

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-4. Blue Valley
Farm Show
Washington Twp. Recreation - 7pm
Roseto Zoning - 7pm
Slate Belt YMCA - Open 6:00am - 8:00pm
UMBT Zoning - 7pm Room, 7pm



Wind Gap

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Daily Schedule

Wednesday April 26

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm.
Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Washington Township Supervisors Meet - Municipal Building, 3:30pm.
Slate Belt YMCA - Open 6:00am - 8:00pm
Plainfield Zoning - 6:30pm
UMBT Open Space Advisory 7pm

Thursday April 27

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-4. Blue Valley Farm Show
Slate Belt YMCA - 6:00am - 8:00pm
Pen Argyl Council Workshop - 7pm
Plainfield Supervisors - 7pm
Plainfield Twp Fire Co. Bingo - 6:30pm
UMBT Development - 7pm

Friday April 28

Bingo - Wind Gap Fire Co., 6:45.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 5:00am - 9:00pm

Saturday April 29

Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-4
Slate Belt YMCA - 8-4
Slate Belt Heritage Center -

Open 12-3
Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm

Sunday April 30

Slate Belt Heritage Center - Open 12-3.
Slate Belt YMCA - 10-2

Monday May 1

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Pen Argyl Sewer Committee - 4:30 P.M. Council Chambers
Pen Argyl Municipal Authority - 5:00 P.M. Council Chambers
Washington Township Zoning Board - Municipal Building, 6:30 pm.
Roseto Borough Council - Municipal Building, 7:30pm
Lower Mount Bethel Supervisors - Meets Centerfield Building, 7pm
Portland Borough Council - Borough Hall, 7:00pm
Pen Argyl Council - 7pm
Pen Argyl GFWC - St. John , Pen Argyl, 7pm
Slate Belt YMCA - Open 6:00am - 8:00pm
Pump - 8:30-11:30
Weona Park Pals - 7pm
Wind Gap Boro Council - 7pm

Tuesday May 2

Bingo - Portland Fire Co., 7pm.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Mission of Love Food Pantry & Clothes Closet - N. Main St.,

Bangor, 10-12
Pen Argyl Woman's Club Meets 1:30 pm St. John's Lutheran.
Plainfield Parks & Rec - 7pm
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Boro Council - 7pm (Monday Holiday meet Tuesday)

Wednesday May 3

Bingo - Bushkill Fire Co. Doors 5pm. Bingo 6:45 pm..
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
LMBT Recreation Board - 7pm, Centerfield building
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Zoning - 7pm
Bangor Pool - Open 12-7

Thursday May 4

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 10-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Bingo - Plainfield Fire Co., 6:30pm
Plainfield Environmental Advisory Board - Municipal Building, 7:00pm
Slate Belt YMCA - Open 6:00am - 8:00pm
Wind Gap Planning - 7pm
Bangor Pool - Open 12-7

Friday May 5

Bingo - Wind Gap Fire Co., 6:45.
Blue Mountain Library - Open 10-12
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Slate Belt YMCA - Open 5:00am

- 9:00pm
Bangor Pool - Open 12-7

Saturday May 6

Blue Mountain Library - Open 10-12
Bangor Public Library - Open 10-4
Mission of Love Soup Kitchen - N. Main St., Bangor. 11-2
Slate Belt YMCA - 8-4
Slate Belt Heritage Center - Open 12-3
Hope, Faith & Recovery Group, every Saturday, at A Clean Slate, 118 S. 1st, St. Bangor. 11:30am - 12:30pm
Bangor Pool - Open 11-7
Weona Park - Carousel & Golf Open 3-9

Sunday May 7

Fellowship Dinner - East Bangor UMC, 4-6.
Slate Belt Heritage Center - Open 12-3.
Slate Belt YMCA - 10-2
All-You-Can Eat Breakfast - Bangor Elks 8-12pm. Adults \$10. Kid 6-12 \$6. Under 6 - Free.
Bangor Pool - Open 11-7
Weona Park - Carousel & Golf Open 3-9

Monday May 8

Blue Mountain Library - Open 10-12 & 6-8pm
Bangor Public Library - Open 1-8
Slate Belt Senior Center - Open 8-3:30. Blue Valley Farm Show
Pen Argyl Sewer Auth. - 4:30pm (If needed)
Pen Argyl Municipal Auth. - 5pm (If needed)
Bangor Borough Council - Meets Bee Hive Community Center, 7pm
Portland Council - 7pm
Pump - 8:30-11:30
Upper Mount Bethel

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SPECIAL EVENTS CONTINUED

April 19

Woodland Wildflower Walk

Wednesday, April 19 at 1:00pm to 2:30pm

Join conservation volunteer Doug Burton for a one-mile hike in Sobers Run to learn about the early spring blooms scattered throughout the forest. Please wear sturdy shoes and dress for the weather. Registration is required.

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

Sustainability Tour

April may be known for Spring but it is also considered "Earth Month"! In partnership with the Slate Belt Chamber and the Green Knight Economic Development Corporation, WM will be hosting a sustainability tour on April 19th at 5:30 PM. The tour will include a visit inside the Green Knight Energy Center in which guests will learn how WM and the Green Knight Economic Development Corporation create electricity from the waste that is disposed in the Grand Central Landfill.

Immediately following this site visit, guests will board a bus to tour the facility. All ages are welcome – but interested guests must register to secure your spot on the bus. (a great opportunity for Scouts and youth groups too!)

Please feel free to share the attached flyer with friends and family. To register, either email myself or Beth at info@slatebeltchamber.org

Light refreshments will be available.

April 20

Bangor Womens Club GFWC Card Party

The PANDEMIC is over! SPRING is here! The Bangor Womens Club GFWC is planning to host a card/game party on Thursday April 20th from 1 to 4 pm at Trinity United Church of Christ, 632 S. Delaware Drive, Mt Bethel, PA (Stone Church). Members will be serving desserts, snacks, and beverages.

Door prizes for everyone and table prizes too! Bring your Scrabble tiles; Dominoes; Bridge, Hoss, and Pinochle cards; Plus, any other game that suits your fancy. Contact your friends and set up your tables. Call Heidi Bates at 610-599-8815 for reservations by Thursday April 13th. Tickets are \$10 per person to attend. Looking forward to seeing everyone come out for a fun afternoon.

Weekly Weeders

Thursday, April 20, & 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding

mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

April 21

Household Goods Sale

Get great deals on household goods, antiques, collectibles, toys, furniture and much more! Light lunch and bake sale. Fill a bag for \$5 on Saturday! April 21, 9-2 and April 22, 9-1. Richmond United Methodist Church, 8538 Delaware Dr., Bangor, PA

April 22

Earth Day Tree Planting

Saturday, April 22 at 10:00am to 11:00am, 11:00am to 12:00pm, 12:00pm to 1:00pm. 1:00pm to 2:00pm, or 2:00pm to 3:00pm

Sign up to celebrate Earth Day with us! Choose an hour-long time slot and meet us in front of the visitor center at the hour you have chosen. You will have an opportunity to learn about invasive species and their ecological impacts, and then replace one with a native sapling. This conservation project aims to strengthen the riparian buffer along the Bushkill Creek and provide habitat for wildlife. Tools and instruction will be provided. In the event we run out of saplings to plant, there are always invasive plants to remove. Please wear sturdy shoes and dress for the weather. Registration is required.

Centuries of Service

"Centuries of Service: A Salute to Slate Belt Service Clubs" opens to the public Saturday, April 22, from 12:00 – 3:00 pm at the Slate Belt Heritage Center.

Quarry Pavilion Dedication

April 22nd @ 11:00 AM, The Slate Quarry Hoist Pavilion will be dedicated in addition to the three new Historic Signs that are being placed around town.

April 25

Night of Jazz

April 25th 7:30 PM the Bangor High School Band Night of Jazz will be held at the High School Theater Five Points Richmond Rd. Bangor

April 27

Weekly Weeders

Thursday, April 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Registration is required. <https://events.dcnr.pa.gov/search/events?order=date>

<https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>

April 29

Adult Bingo

Adult Bingo at Wind Gap Fire Social Hall
Saturday, April 29, 2023 at 4 pm Must Be +21

Doors open at 2 PM Bingo starts at 4!! 50/50
Raffle, Tricky Tray, Food and Beverages

Bangor Library Farm Jubilee Returns

The 4th Annual Farm Jubilee will take place on
Saturday, April 29, from 11 a.m. until 2 p.m. in East
Bangor Park. The event, sponsored by the Bangor
Public Library and its Board of Trustees, is the
library's big fundraiser of the year. Admission is \$5.

Many farm-related vendors will be present,
including a petting zoo, corn pit, wood spinning,
and honeybees and plants. There will also be a
basket raffle, as well as food and music.

Kids Mart

April 29 & 30 9am-3pm

Are you tired of paying too much for kids clothing
that only fit for 1 season? This will be your ONE
STOP SHOP for everything you need for your
kiddos! Just in time for summer! Stock up on gently
used items for kids and teens. There will be baby,
kids and teens clothing.

Along with shoes, baby gear, bedding, bedroom
decor and furnishings, toys, outdoor play equipment,
books, games, DVDs, sporting goods, strollers,
carseats, bassinets and more!

This is a great sale to stock up for new parents,
foster parents, grandparents, teachers and early
childhood educators.

SAVE THE DATE AND SAVE BIG!

\$2 per person entry fee

May 1

Pool Pals Meeting

The next Weona Park Pool Pals meeting will be
Monday, May 1st at 7:00 at the borough social hall
on North Robinson Avenue. The public is invited
to attend the meeting as the pool pals discuss future
fundraising events.

May 3

Hike for Health

Wednesday, May 3 at 5:30pm to 7:00pm

Get moving after work with a brisk hike at
Jacobsburg! These guided monthly hikes are 2 to
2.5 miles over uneven terrain. Dogs are welcome to
hike on a leash. Meet at the Visitor Center flagpole
at 400 Belfast Road. Registration is not required.
Join the email reminder list by contacting us at 610-
746-2801 or jacobsburgsp@pa.gov. Registration is
not required. [https://events.dcnr.pa.gov/search/
events?order=date&search=jacobsburg](https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg)

May 4

Jacobsburg Weekly Weeders

Thursday, May 4, 11, 18, & 25 at 8:30am to
10:30am

Interested in learning more about gardening with
native plants? Volunteer to work alongside our
education staff as they mulch, pull weeds, divide

plants, and amend soil in the center's native plant
garden. We provide instruction, tools, and weeding
mats. Registration is required. [https://events.dcnr.
pa.gov/search/events?order=date&search=jaco
bsburg](https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg)

Chorus Concert

May 4th 7:30 PM the Bangor High School Chorus
Concert will be held in the High School Theater
Five Points Richmond Rd. Bangor

May 6

Basic Boating Course

Saturday, May 6 at 9:00am to 5:00pm

The PA Fish & Boat Commission's PA Basic
Boating Course was developed to supply boaters
with practical information so they can make better
informed decisions on the water. Instructors provide
students with information to help them reduce the
risk of injury and conflict on the water. Students
who successfully complete this course may apply
for a Boating Safety Education Certificate issued
by the Commission. This course will be held
indoors. Registration required. For questions call
Andy Desko at 215-968-3631. [https://events.dcnr.
pa.gov/search/events?order=date&search=jaco
bsburg](https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg)

May 10

Band Concert

May 10th 7:30 PM the Bangor High School
Spring Band Concert High will be held in the
School Theater Five Points Richmond Rd. Bangor

May 11

Jacobsburg Weekly Weeders

Thursday, May 4, 11, 18, & 25 at 8:30am to
10:30am

Interested in learning more about gardening with
native plants? Volunteer to work alongside our
education staff as they mulch, pull weeds, divide
plants, and amend soil in the center's native plant
garden. We provide instruction, tools, and weeding
mats. Registration is required. [https://events.dcnr.
pa.gov/search/events?order=date&search=jaco
bsburg](https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg)

May 15

Beginner Birding for Retirees

Monday, May 15 at 9:00am to 11:00am

It's never too late to pick up a new hobby. The act
of "birding" simply means to observe birds in their
natural habitat. Conservation volunteers Doug and
Dan will help you discover the entertaining aspects
of looking and listening for birds while on a short
hike around the center. Please wear sturdy shoes
and dress for the weather. Registration is required
[https://events.dcnr.pa.gov/search/events?order
=date&search=jacobsburg](https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg)

May 17

Watershed Education Edu-

cator Workshop – Virtual

Wednesday, May 17 at 3:30pm to 5:00pm,
Thursday, May 25, or June 8 at 6:00pm to 7:30pm

Educators with any certification for grades 6-12
are invited to join us virtually for an introduction
to the Bureau of State Parks' Watershed Education
Curriculum to discover lessons and resources that
can be used to teach cross-curricular, inquiry-
based lessons in the classroom that will prepare
students for an optional field experience at a
stream. An online homework assignment will
follow. You MUST attend a virtual meeting AND
the field day (Thursday, June 28) to be awarded
14 Act 48 Hours. Register for both the virtual
meeting and field day separately on DCNR's
calendar of events. [https://events.dcnr.pa.gov/
search/events?order=date&search=jacobsbu
rg](https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg)

May 18

Jacobsburg Weekly Weeders

Thursday, May 4, 11, 18, & 25 at 8:30am to
10:30am

Interested in learning more about gardening
with native plants? Volunteer to work alongside
our education staff as they mulch, pull weeds,
divide plants, and amend soil in the center's native
plant garden. We provide instruction, tools, and
weeding mats. Registration is required. [https://
events.dcnr.pa.gov/search/events?order=date
&search=jacobsburg](https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg)

May 20

Sliding Into Summer Festival

Join us for the 2nd annual Sliding Into Summer
Event! This is day by the lake that you won't want
to miss.

Spend your day with friends and family tasting
delicious foods from a variety of unique food
trucks. While your there be sure to check out the
variety of wines, sangrias, hard Italian ice, and
craft beer. Don't forget to shop with a variety of
vendors and crafters for that much needed summer
decor! Before you call it a day sit by the lake and
enjoy a variety of games and activities with your
friends and family! Saturday, May 20, 2023 at
1 PM

Birds of a Feather

Saturday, May 20 at 9:00am to 10:30am

Rise and shine! Over 150 species of birds
have been recorded at Jacobsburg. Amateur
birdwatchers will improve their skills at identifying
birds by sight and sound during this morning hike.
Intermediate and experienced birders will also
enjoy these walks. Wear comfortable walking
shoes and bring binoculars and a field guide.
Registration is required. [https://events.dcnr.
pa.gov/search/events?order=date&search=ja
cobsburg](https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg)

Wildflower Folklore

Saturday, May 20 at 1:00pm to 3:00pm

Join us on a two-hour search for the late
spring botanical treasures of Jacobsburg! We'll
discuss how flowers got their names as well as

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Gerry Weaver 610.762.9544
or visit our website www.hotrfc.org

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Trinity Lutheran Church

404 Broadway Bangor (610-588-2023)

telcbangor@frontier.com

Sunday worship 10:30am

Sunday School: 10:15 - 11:30

Holy Communion: First and Third Sundays

Refreshments after. Masks optional.

East Bangor UMC

136 W. Central Ave. (Rt. 512) East Bangor

April 1- A.A Meeting 8pm

April 2- 9:30 a.m. Palm Sunday Worship Service

April 2 Adult Sunday School 10:30

March 5- Lenten Study

(Live & on Zoom) 10:45 Fellowship Hour

(For Zoom, go to ebumc.org to sign in)

Grace Lutheran Church

5907 Sullivan Trail, Nazareth Pa 18064

www.gracebelfastpa.org 610-759-9080

Email: gracebelfast@rcn.com

Palm Sunday w/Palms

April 2: 9:00 am Holy Communion,
10am Sunday Morning Adventures

Flicksville UCC

1337 Lower South Main St., Bangor

Pastor Ken Hess 610-588-4648

www.flicksvilleucc.com

Worship at 10:45am

Sunday School - 9:30am

Christ Presbyterian Church of The Slate Belt

332 Kennedy Drive, Bangor

www.christpsb.org

More info 610-588-4864.

E-mail: info@christpsb.org.

Sunday Worship, 10:00 a.m.
in-person/Zoom/Facebook Live.

For more info: 610-588-4864.



Christ Evangelical Lutheran Church

703 South Delaware Drive Mt. Bethel,
18343

<http://www.celepa.org/>

Email: celepaorg@yahoo.com

610-588-7056

Worship: Sundays 9:00 a.m.

Holy Communion: First and Third Sunday

Toddler Sunday School: Sept-May 10:15

Richmond United Methodist Church

Rev. Peter Jamieson, Pastor

<http://richmondumc.com/>

8538 Delaware Dr, Bangor, PA 18013

610.588.7317 | richmondumc@epix.net

Sunday Worship - Weekly at 10:00 a.m.

First United Methodist Church of Bangor

Pastor Elisandra Garcia - 610-588-4673

55 North Third Street, Bangor PA

11:00am service (Communion First Sunday)

Prince of Peace Ev. Lutheran Church

Rev. Michael J. Scholtes, 610-588-2355

2445 Lake Minsi Dr, Bangor

popbangor.org

poplcbangor@gmail.com

Sunday Worship 9:45 am (Weekly
Communion) Sunday School 8:30 am

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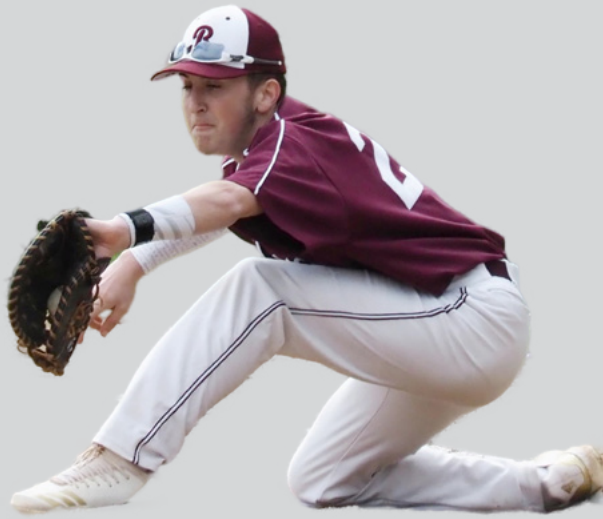
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Slate Belt Town Topics Sports



2023 Sports Schedule

Bangor Baseball (9-0)

(H) 03/17/23 4:00 PM vs East Stroudsburg S. W 4-0
(H) 03/22/23 4:00 PM vs Palisade W 9-7
(A) 03/24/23 4:00 PM vs Wilson Area W 8-6
(A) 03/28/23 4:00 PM vs Notre Dame GP W 14-1
(H) 03/30/23 4:00 PM vs Saucon Valley W 4-3
(A) 04/03/23 4:00 PM vs Northwestern W 19-1
(H) 04/04/23 4:00 PM vs Moravian Academy W 11-0
(A) 04/12/23 4:00 PM vs Salisbury W 12-10
(H) 04/14/23 4:00 PM vs Catasauqua W 12-2
(A) 04/15/23 11:00 AM vs Nazareth Area
(A) 04/17/23 4:00 PM vs Pen Argyl Area
(A) 04/18/23 4:00 PM vs Northern Lehigh
(H) 04/20/23 4:00 PM vs Palmerton Area
(A) 04/22/23 11:00 AM vs Southern Lehigh
(A) 04/24/23 4:00 PM vs Palisades
(H) 04/26/23 4:00 PM vs Wilson Area
(A) 04/28/23 4:00 PM vs Moravian Academy
(H) 05/02/23 7:00 PM vs NDGP
(A) 05/04/23 4:15 PM vs Saucon Valley
(H) 05/08/23 7:00 PM vs Pen Argyl Area

Bangor Softball (5-4)

(A) 03/17/23 4:00 PM vs Freedom L 5-2
(H) 03/22/23 4:00 PM vs Palisades L 4-1
(A) 03/24/23 4:00 PM vs Wilson Area W 9-7
(A) 03/28/23 4:00 PM vs Notre Dame G.P. W 9-3
(H) 03/30/23 4:00 PM vs Saucon Valley W 14-3
(A) 04/03/23 4:00 PM vs Northwestern Lehigh L 9-5
(A) 04/06/23 4:00 PM vs Easton Area L
(A) 04/12/23 4:00 PM vs Salisbury W 22-10
(H) 04/14/23 4:00 PM vs Catasauqua W 6-1
(A) 04/15/23 12:30 PM vs Nazareth Area
(A) 04/17/23 4:00 PM vs Pen Argyl Area
(A) 04/18/23 4:00 PM vs Northern Lehigh
(H) 04/20/23 4:00 PM vs Palmerton Area
(A) 04/22/23 5:00 PM vs S. L.Colonial League Pla...
(A) 04/24/23 4:00 PM vs Palisades
(A) 04/28/23 4:00 PM vs Northampton Area
(H) 05/02/23 4:00 PM vs NDGP Senior Night
(H) 05/02/23 5:00 PM Senior Night BAMS Cafe
(A) 05/04/23 4:15 PM vs Saucon Valley
(H) 05/06/23 10:00 AM Hit-A-Thon
(H) 05/08/23 4:00 PM vs Pen Argyl Area

Bangor Boys (2-3) Girls Track (2-3)

H) 03/21/23 4:00 PM vs Palisades
Boys L 71-70 Girls L 92-53
(A) 03/28/23 3:30 PM vs Catasauqua HS
Boys W 83-58 Girls W 75-71
(H) 04/04/23 4:00 PM vs Notre Dame G.P.
Girls L 110-40 Boys L 82-67
(A) 04/11/23 3:30 PM vs Pen Argyl
Boys W 93-57 Girls W 104-43
(A) 04/11/23 3:30 PM vs Palmerton
Boys W 105-45 Girls L 103-46
(H) 04/18/23 4:00 PM vs Southern Lehigh
(H) 04/25/23 4:00 PM vs Multiple Opponents
(H) 05/02/23 4:00 PM vs Multiple Opponents

Bangor Tennis (7-6)

(A) 03/18/23 10:00 AM vs Northampton Area 3 - 4 L
(H) 03/20/23 4:00 PM vs Wilson Area 5 - 0 W
(H) 03/21/23 4:00 PM vs Notre Dame - 4 - 1 W
(H) 03/24/23 4:00 PM vs Jim Thorpe Area W 5-0
(A) 03/28/23 3:30 PM vs Whitehall W 3-2
(A) 03/29/23 4:00 PM vs Southern Lehigh L 4-1
(A) 03/30/23 4:00 PM vs Salisbury W 4-1
(H) 04/03/23 4:00 PM vs Notre Dame G.P. W 5-0
(A) 04/04/23 3:30 PM vs Stroudsburg L 4-2
(H) 04/05/23 3:30 PM vs Easton Area L 5-2
(H) 04/10/23 4:00 PM vs Saucon Valley L 5-0
(A) 04/12/23 4:00 PM vs Moravian Academy W 5-0
(H) 04/13/23 4:00 PM vs Palmerton W 3-2
(H) 04/14/23 3:30 PM vs Nazareth Area
(A) 04/17/23 4:00 PM vs Pen Argyl Area
(H) 04/18/23 4:00 PM vs Palisades

Pen Argyl Baseball (5-3)

(H) 03/17/23 3:30 PM vs East Stroudsburg North
(H) 03/22/23 4:00 PM vs Wilson Area L 4-3
(A) 03/24/23 4:00 PM vs Moravian ppd
(H) 03/27/23 11:00 AM vs Notre Dame W 12-11.
(A) 03/28/23 4:15 PM vs Saucon Valley L 12-0
(H) 03/30/23 4:00 PM vs Notre Dame E.S. W 14-5
(A) 04/03/23 4:00 PM vs Palisades W 6-0
(A) 04/05/23 4:15 PM vs Northwestern L 12-2
(A) 04/06/23 4:00 PM vs Moravian W 12-2
(H) 04/10/23 4:00 PM vs Catasauqua W 14-13
(A) 04/12/23 4:00 PM vs Northern Lehigh
(H) 04/14/23 4:00 PM vs Palmerton Area
(H) 04/17/23 4:00 PM vs Bangor Area
(H) 04/20/23 4:00 PM vs Southern Lehigh
(H) 04/22/23 11:00 AM vs Palisades
(A) 04/24/23 4:00 PM vs Wilson Area
(H) 04/26/23 4:00 PM vs Moravian Academy
(A) 04/27/23 4:00 PM vs Notre Dame G.P.
(A) 04/29/23 2:00 PM vs Lehigh Area
(H) 05/02/23 4:00 PM vs Saucon Valley Senior Day
(A) 05/04/23 4:00 PM vs Salisbury
(A) 05/08/23 7:00 PM vs Bangor Area Bangor Park

Pen Argyl Boys (1-3) Girls (0-4) Track

(H) Northern Lehigh
Boys W 82-50 Girls L 101 - 47
(A) 03/28/23 4:00 PM vs Saucon Valley
Boys L Girls L
(H) 04/04/23 3:30 PM vs Southern Lehigh
Girls L 127-23 Boys L 191-49
(H) 04/11/23 3:30 PM vs Bangor
Boys L Girls L
(H) 04/11/23 3:30 PM vs Palmerton
Boys L 99-51 Girls L 115-35
(H) 04/18/23 3:30 PM vs Multiple Opponents
(A) 04/22/23 9:30 AM Zephyr Invitational Whitehall
(A) 04/25/23 4:00 PM Salisbury Home Meet
Palisades

Pen Argyl Softball(5-1)

(H) 03/18/23 11:00 AM vs ESS W 5-3
(H) 03/22/23 4:00 PM vs Wilson Area L 3-2
(A) 03/28/23 4:15 PM vs Saucon Valley HS W 3-0
(A) 04/03/23 4:00 PM vs Palisades HS W 3-1
(A) Notre Dame W 6-5
(A) 04/06/23 4:00 PM vs Stroudsburg HS
(H) 04/10/23 4:00 PM vs Catasauqua HS W 9-3
(A) 04/12/23 4:00 PM vs Northern Lehigh
(H) 04/14/23 4:00 PM vs Palmerton Area
(H) 04/15/23 11:00 AM vs Pocono Mountain East
(H) 04/17/23 4:00 PM vs Bangor Area
(A) 04/18/23 4:00 PM vs Northwestern Lehigh
(H) 04/20/23 4:00 PM vs Southern Lehigh
(H) 04/22/23 3:00 PM vs CL Play Day Pates Park
(A) 04/24/23 4:00 PM vs Wilson Area HS
(A) 04/27/23 4:00 PM vs Notre Dame G.P.
(A) 04/29/23 2:00 PM vs Lehigh Area
(H) 05/02/23 4:00 PM vs Saucon Valley Senior Day
(A) 05/04/23 4:00 PM vs Salisbury
(A) 05/08/23 4:00 PM vs Bangor Area

Pen Argyl Tennis (2-7)

(H) 03/17/23 4:00 PM vs Palisades L 3-2
(H) 03/23/23 4:00 PM vs Palmerton Area ppd
(A) 03/27/23 4:00 PM vs Saucon Valley ppd
(A) 03/28/23 4:00 PM vs Moravian Academy L 5-0
(A) 03/30/23 4:00 PM vs Wilson Area W 5-0
(A) 03/31/23 4:00 PM vs Notre Dame
(H) 04/03/23 4:00 PM vs Southern Lehigh L 5-0
(H) 04/04/23 4:00 PM vs Lehigh Area L 5-0
(A) 04/06/23 3:30 PM vs Jim Thorpe W 5-0
(A) 04/10/23 4:00 PM vs Palisades L 3-2
(H) 04/12/23 4:00 PM vs Salisbury L 5-0
(H) 04/14/23 4:00 PM vs Palmerton Area
(A) 04/15/23 11:00 AM vs Whitehall
(H) 04/17/23 4:00 PM vs Bangor Area Sr. Night

Team Rosters

Bangor Tennis

Caleb Atkinson 2025
Hayden Burns 2023
Max Culbertson 2023
Kaden Dowd 2023
Jonathan Frank 2024
Joshua Gallagher 2024
Reed Guerin 2023
Olivia Hall Manager 2025
Karla Hampton Mgr 2024
Justin McNeely 2023
Evan Refvik 2023
David Saunders 2025
Chayse Strohe 2026
Piotr Sulewski 2023

Pen Argyl Tennis

Hunter Beers Soph
Mason Beers Senior
Blake Boyer Soph
Lucas Doney Junior
Evan Frable Sophomore
Justin Garrity Freshman
Jonathan Hauspurg Junior
Jacob Hockman Freshman
Andrew Kondisko Junior
Cole Lobb Freshman
Fletcher Marsh Freshman
Matthew Oakley Senior
Jacob Oyer Sophomore
Collin Ramsay Freshman
Vincent Reto Junior
Mason Soos Freshman

Bangor Softball

1 Kyleena Gonzalez 2024
2 Kelli Snow 2026
4 Emma Schwartz 2023
7 Mikaela Caprood 2023
8 Cameron Howarth 2026
9 Brook Hermanski 2025
10 Abby Orlemann 2026
11 Jade Hendricks 2024
12 Caliana Huratiak 2026
15 Kristina Langdon 2023
16 Emma Etzkorn 2023
19 Grace Hartzell 2026
21 Jaelyn Silfies 2024
20 Marissa Siu 2025
23 Jayleigh Figurski 2023
22 Kaylynn Figurski 2026
24 Jackelin Miller 2026



Bangor Baseball

1 Dylan Keith 2025
2 Hunter Rydell 2023
4 Max Siu 2024
6 Braiden Pysher 2023
5 Jacob LaBarre 2025
7 Ashdon Buist 2024
8 Kurtis Snyder 2025
9 Thomas Buck 2023
10 Riley Stapp 2024
11 Blake Kornafel 2024
13 Gregory Campbell 2024
15 Tyler Balok 2025
21 Ryan Orellana 2023
22 Dylan Miller 2023
22 Andrew Bosco 2024
24 Thomas Aulisi 2023
25 Nolan Koza 2025
27 Cody Quagliato 2024
45 Gavin Nelson 2024

Pen Argyl Baseball

Kalista Weeast Manager
Bethany Kuster Manager
1 Dylan Corsetti OF 2024
2 Lance Albanese OF 2024
3 Riley Badua C-P 2024
4 Jacob Guthrie OF-P 2023
5 Luke Hackman IF 2024
7 Kristoffer Kessler IF 2023
8 Nicholas Haros C-P 2026
10 Brad Rissmiller IF-P 2024
11 Jacob Dieter IF-P 2023
14 Logan Dehart IF-P 2024
15 Lucas Lerch IF-P 2025
18 Gavin Cunningham IF-C 2024
20 Colin McMahon IF-P 2025
21 Cayden Vishnesky 2026
24 Alex Moser OF 2024



Bangor Girls Track & Field

Vera Cooper 2023
Kylie DallaPalu 2026
Abigail Damiecki 2024
Hannah Flyte 2026
Sydney Flyte 2025
Jenna Freeman 2023
Ariana Hartzell 2026
Grace Hartzell 2026
Hannah Hartzell 2026
Sarah Hartzell 2024
Madison Heckman 2026
Hailey Howell 2026
Ana Jones 2024
Addison Karasek 2024
Sophia Lanier 2026
Jacklyn Law 2026
Saiyuri Lopez 2025
Abigail Maguire 2023
Kirsten Murphy 2023
Cecilia O'Brien 2023
Julia Pinter 2024
Addison Priestaf 2025
Chloe Proko 2024
Kaylee Simmons 2024
Brynn Stackhouse 2026
Nia Suarez 2024
Emma Szabo 2023

Pen Argyl Softball

2 Madacyn Rivera IF-OF 2025
4 Addison Mack C-OF 2025
7 Callie Schneck 2B 2023
9 Delaney Brinker 3B-OF-P 2025
10 Miyah Rivera P 2024
11 Jillian Bradley OF-1B-P 2025
12 Grace Weaver SS-P 2025
13 Kristen O'Brien OF-1B 2024
21 Ashlyn Oessenick OF 2026
23 Shea Black OF 2025
24 Isabella Groves OF 2024
27 Katie Knecht 1B 2023
28 Andrea Black C-3B 2023
33 Madison Abbott CF 2023
34 Hailey Frey 3B 2023

Pen Argyl Boys Track & Field

Diego Arce 11
Evan Keat 11
Jack Binder 9
Colton Keat 12
Gavin Casey 10
John Keller 10
Dominic Dauley 11
Brayden Krasnopera 10
Ryan DeBellis 12
Taylor LaBarre 12
Keegan Deremer 11
Blayke Lacey 9
Amadio Eisenhower 11
Scott Lamoreaux 11
Terrell Estes 9
Zachary Metzgar 9
Kelton Giamoni 9

Pen Argyl Girls Track & Field

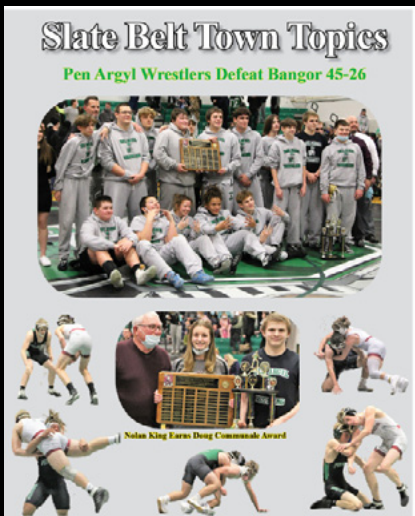
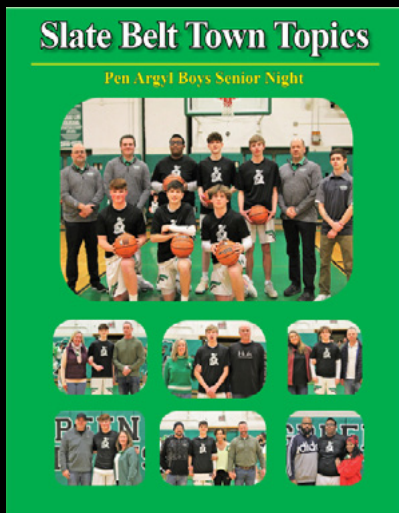
Emma Albanese 10
Natosha Morrison 9
Carlena Alfred 9
Madilynn Moyer 9
Julia Antonioli 11
Finley Schneck 10
Julia Apostol 11
Grace Shenk 9
Olivia Apostol 10
Rylee Straub-Keiper 11
Danielle DeBellis 10
Sophia Turtzo 11
Brooke Engler 10
Ella Wagner 12
Lilly Falletta 11
Ellianna Wallbillich 11
Hannah Fitch 10
Katrina Webber 12
Kaylie Hettel 10
Kayla Weeast 10
Ella Mamana 9
Callia Wilgus 10

Bangor Boys Track & Field

Alex Alvarado 2026
Riley Alvarado 2024
Tyler Campbell 2026
Tyler Carlson 2026
Jack Coleman 2025
Kamal Crockett 2026
Kaden Dowd 2023
Kaden Graziano 2024
Jacob Hartzell 2023
Eric Hays 2026
Eric Hays 2026
Jacob Hillis 2026
Noah Hillis 2024
Markus Kiernan 2024
Dylan Krugh 2024
Aiden Lilly 2026
Brody Martin 2025
Isaac Martin 2025
Justin McNeely 2023
Tyler Naysmith 2025
Ivan O'Rourke 2025
Steven Paolillo 2026
Anthony Pelucacci 2026
Anthony Regalado-Baez 2023
Joseph Roldan 2025
Makhias Romain 2024
Landon Sandt 2025
Parker Sandt 2024
Tyler Scholato 2026
Mason Siple 2026
Landen Smith 2024
Maddox Spinelli 2026
Noah Stacknick 2025
Brian Stetz 2026
Isaac Stevens 2024
Brody Stone 2023
Cameron Stout 2024
Brandon Striba 2025
Owen Sylvester 2024
Alden Twist 2025
Jaydon Vilmenay 2023



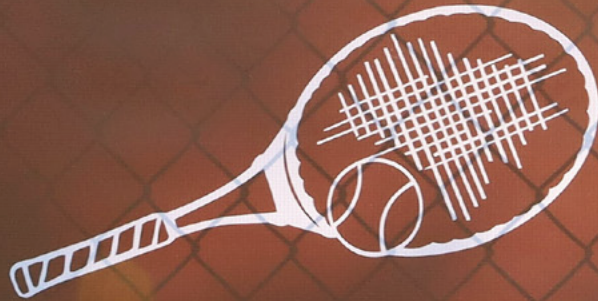
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BANGOR TENNIS

Senior Night



Congratulations and Best Wishes!



Bangor Tennis Seniors were honored yesterday after the team's 3-2 win over Palmerton. Back: Max Culbertson, Piotr Sulewski, Reed Guerin, Evan Refvik. Front: Justin McNeely, Hayden Burns, Kaden Dowd. Photo: Larry Cory

Real Estate Project Underway



View from Middletown Road looking northwest toward the mountain.



Plainfield Easter Egg Hunt



Photos: Elliot Lorah-Pfeifer



Wind Gap Easter Egg Hunt



Photos: Elliot Lorah-Pfeifer
PHOTO GALLERY
More Photos Below

Weona Park Easter Egg Hunt



Photo: Larry Cory
PHOTO GALLERY
More Photos Below



Slate Belt Town Topics

NEWS TODAY NOT NEXT WEEK

sbttopics@rcn.com

April 9 2023

www.sbttopics.com

Happy Easter



April 9, 2023

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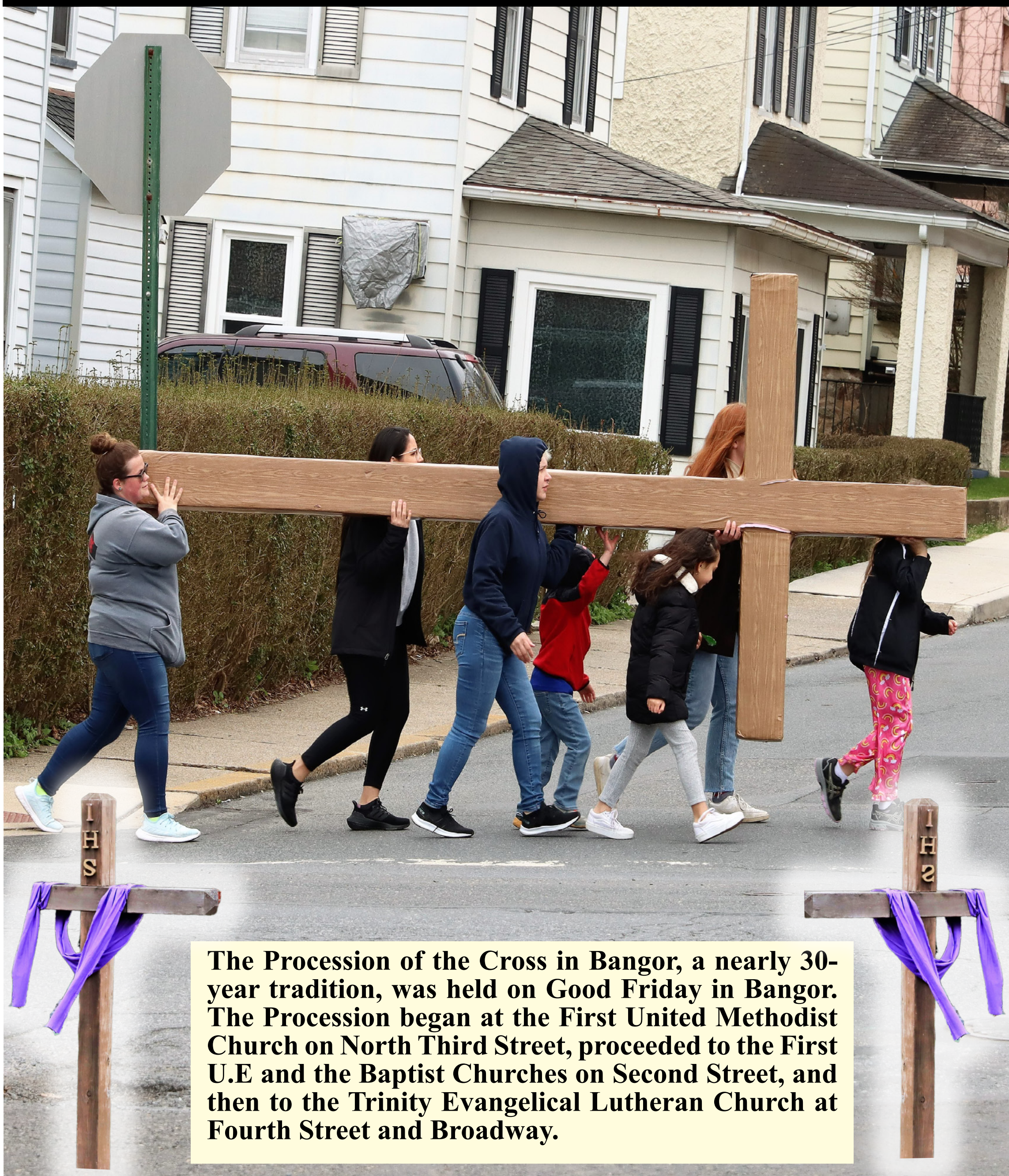
Washington Township Egg Hunt



Photos: Larry Cory
PHOTO GALLERY
More Photos Below



Procession of The Cross



The Procession of the Cross in Bangor, a nearly 30-year tradition, was held on Good Friday in Bangor. The Procession began at the First United Methodist Church on North Third Street, proceeded to the First U.E and the Baptist Churches on Second Street, and then to the Trinity Evangelical Lutheran Church at Fourth Street and Broadway.



PA - S. Lehigh Track & Field

